

MICHIGAN STATE

2008 Outdoor Track & Field



Michigan State Track & Field Outdoor Season Schedule

| <u>Date</u> | <u>Meet</u> | <u>Location</u> |
|----------------|---------------------------|----------------------------|
| MARCH | | |
| Fri. 28 | Raleigh Relays | Raleigh, N.C. |
| Sat. 29 | Raleigh Relays | Raleigh, N.C. |
| APRIL | | |
| Fri. 4 | Colonial Relays | Williamsburg, Va. |
| Sat. 5 | Colonial Relays | Williamsburg, Va. |
| Sat. 12 | SPARTAN INVITE | East Lansing, Mich. |
| Sat. 19 | EMU Classic | Ypsilanti, Mich. |
| Fri. 25 | Gina Relays | Hillsdale, Mich. |
| Sat. 26 | Gina Relays | Hillsdale, Mich. |
| MAY | | |
| Fri. 2 | Jesse Owens Track Classic | Columbus, Ohio |
| Sat. 3 | Jesse Owens Track Classic | Columbus, Ohio |
| Fri. 9 | Len Paddock Invite | Ann Arbor, Mich. |
| Sat. 10 | Len Paddock Invite | Ann Arbor, Mich. |
| Fri. 16 | Big Ten Championships | Champaign, Ill. |
| Sat. 17 | Big Ten Championships | Champaign, Ill. |
| Sun. 18 | Big Ten Championships | Champaign, Ill. |
| Fri. 30 | Regional Championships | Fayetteville, Ark. |
| Sat. 31 | Regional Championships | Fayetteville, Ark. |
| JUNE | | |
| Wed. 11 | NCAA Championships | Des Moines, Iowa |
| Thurs. 12 | NCAA Championships | Des Moines, Iowa |
| Fri. 13 | NCAA Championships | Des Moines, Iowa |
| Sat. 14 | NCAA Championships | Des Moines, Iowa |

*Olympic trials are set for June 27-July 6 in Eugene Ore.

Home meet in **BOLD**.

Michigan State Track & Field Coaching Staff

Walt Drenth - Director of Track & Field
Rita Arndt-Molis - Asst. Coach -- Distance
Randy Gillon - Asst. Coach -- Sprints
Chris Bostwick - Asst. Coach -- Jumps
John Newell - Asst. Coach -- Throws
Melanie Rhoden - Asst. Coach
Nicole Whitman - Volunteer Coach
Marquita Allen - Grad Assistant

BIG TEN OUTDOOR CHAMPIONSHIPS

Friday-Sunday, May 16-18

Champaign, Ill.



COMING UP - The Michigan State track & field team travels to Champaign, Ill., for the 2008 Big Ten Outdoor Championships on May 16-18, hosted by the University of Illinois at the Illinois Soccer and Track Stadium. The Illini host the championships for the first time since 1997. Events are scheduled to begin on Friday, May 16 at 1 p.m. ET with the decathlon 100m.

COVERAGE - The 2008 Big Ten Outdoor Track & Field Championships will be televised on a tape-delayed basis on May 22 at 8 p.m. ET on the Big Ten Network. Live results for the championships can be found at www.fightingillini.com.

2007 BIG TEN CHAMPIONSHIPS - Defending 2007 team champions are the Illinois (129 points) and Michigan (129) women's teams (co-champions) and the Wisconsin (145.5) men's team.

The Spartan women turned in a ninth-place performance at last year's championships with a total of 42 points, while the men came in 10th (28).

Meagan Halliwill is one of this year's returning athletes who are expected to score for the Green and White at the 2008 championships. Halliwill finished seventh in the hammer throw in 2007 with a personal-best toss of 52.14m (171-1). Halliwill blew past last year's personal best in every competition this season, setting a personal best of 57.80m (189-7 1/2) at the Jesse Owens Classic (5/3).

Junior Sarah Price put points on the board for the Spartans last year, finishing in eighth place with a time of 10:33.23 in the 3000m steeplechase.

Sophomore Charelise Davis gave MSU scores in both the 100m and 200m, setting personal bests in both events. Davis finished the 100m in sixth place (11.99) and came in seventh in the 200m with a time of 24.22.

WHO TO WATCH FOR - Sophomore Scott Beals returns after his fourth-place finish in the javelin at last year's outdoor championships. Beals' personal best was set at last year's event, where he came in with a launch of 63.40m (208-0). This spring, his season-best throw of 61.00m (200-1 1/2) came in the first meet of the season at the Raleigh Relays (3/29) in North Carolina.

Red-shirt junior Jeremy Orr has been sidelined for most of the season with an injury, but when healthy remains one of the top sprinters in the nation. Orr is coming off a successful indoor season in which he earned All-Big Ten honors after a second-place finish in the 400m (47.40) and third-place finish in the 200m (21.52) at the Big Ten Indoor Championships.

Emily MacLeod is having an exceptional sophomore season, as she has reached regional qualifying standards in both the 1500m and 5000m. MacLeod reached her first-qualifying mark at the Gina Relays in late April, finishing second behind MSU's Lisa Senkiewicz with a time of 16:51.62. She then cruised to another regional-qualifying finish in the 5000m at the Jesse Owens Classic (5/2), coming in third with a time of 4:25.71.

SENIOR SHOWCASE - Seniors Jason Brown and Meagan Halliwill have been exceptional for the throws teams, each hitting regional-qualifying marks in six-different competitions this season.

After not competing in the indoor season, Brown came out and threw a regional-qualifying mark in his first competition since spring of 2007. Brown's best



throw this year came at the Colonial Relays (4/4), as he finished with a distance of 17.57m (57-7 3/4) in the shot put, taking home top honors.

Halliwill has carried over her success from the 2008 indoor season, finishing in the top three in six of seven competitions this spring. The Spartan senior's best performance came at the Jesse Owens Classic (5/2) where she tossed a personal-best 57.80m (189-7 1/2) in the hammer throw, finishing sixth.

Lisa Senakiewich has paced the women's distance teams all season, competing in the 1500m and 5000m. Senakiewich placed ninth at last year's outdoor championships with a time of 4:28.70 in the 1500m. Senakiewich has already eclipsed that mark by more than four seconds this season, finishing first with a regional-qualifying time of 4:21.69 at the Colonial Relays (4/4). The senior has also qualified regionally in the 5000m, coming in first with a time of 16:35.00 at the Gina Relays (4/25).

Senior Jackie Walton has continued to impress as well in the 2008 outdoor season. Walton has finished first in 100m hurdles in five competitions this spring, running a regional-qualifying time in four of five. Her best outing of the year came at the Colonial Relays (4/4) where she crossed the finish line with a time of 13.78.

FRESHMAN HELP - Complimenting the strong senior core is MSU's excellent cast of young talent. Freshman Zoe Pelbart and Katie Shaw have been extremely competitive this season, making strong contributions to the Green and White field teams. Pelbart has hit the regional-qualifying standard in the javelin in all four competitions she has competed in this spring, finishing with a personal best of 48.42m (158-10 1/4), which ranks as the 24th-best throw in the nation this season.

Shaw has claimed the regional-qualifying mark in three competitions this year. Her best outing came at the Spartan Invitational with a first-place finish in the pole vault, leaping a distance 3.85m (12-7 1/2).

Freshman men's pole vaulter Logan Lynch is set for a strong performance at this year's outdoor championship, after placing fourth at the 2008 Big Ten Indoor Championships with personal-best 5.03m (16-6).

Triple jumper Kyron Foster has qualified for regional competition in his freshman campaign for the Spartans. Foster jumped a distance of 15.27m (50-1 1/4) at the Jesse Owens Classic (5/3).

SHE WILL BE MISSED - One of the more experienced Spartan distance runners, Nicole Bush, will not compete at this year's outdoor championships. Bush had an impressive performance at the 2008 indoor championships with a second-place finish in the 5000m (16:00.25). She stayed on pace the following night with a time of 9:18.98 in the 3000m, finishing third, and taking home All-Big Ten honors. She shined at the 2008 NCAA Indoor Championships as well, earning All-America honors after her fourth place finish (16:03.27) in the 5000m and sixth-place finish (9:13.48) in the 3000m. The Spartan senior has redshirted this outdoor season in order to train for the upcoming Olympic trials at the end of June.

JUMP AROUND - Although young, the Spartan jumps teams have had a very competitive outdoor season. Two freshmen, Kyron Foster (Triple Jump) and Katie Shaw (Pole Vault), have already set regional marks in their events. Kris Amos has consistently hit the 2.00m mark in the high jump this season, with his best performance coming at the Raleigh Relays (4/29) where he cleared 2.05m (6-8 3/4), just two inches short of the regional-qualifying mark of 2.10m.

Chaquerra Allen provides stability to a young squad in her senior season on the Spartan track & field team. Allen has had three-top 3 performances in the triple jump on the season, her best coming at the Spartan Invite (4/12), as she finished in the top spot with a distance of 11.97m (39-3 1/4).

2008 Men's Track & Field Regional Qualifiers

| Event-Qualifying Standard | Time/Distance |
|--|-------------------|
| Shot Put - 16.80m | |
| Jason Brown - Colonial Relays (4/4) | 17.57m (57-7 3/4) |
| Triple Jump - 15.00m | |
| Kyron Foster - Jesse Owens Classic (5/3) | 15.27m (50-1 1/4) |
| 800m - 1:50.40 | |
| Ian Boyle - Jesse Owens Classic (5/3) | 1:49.98 |
| 3000m Steeplechase - 9:07.00 | |
| Dustin Voss - Gina Relays (4/25) | 9:02.53 |

2008 TOP OUTDOOR TIMES

Women

| | | | |
|---------------------------|-----------|-------------------------------|----------------------|
| 100m Dash | | 4x100m Relay | |
| Erica Mann | 11.84 | Mann, Mandy, Walton, Gay..... | 45.99 |
| 100m Hurdles | | 4x400m Relay | |
| Jackie Walton | 13.78* | Mann, Mandy, Walton, Gay.. | 3:49.01 |
| 200m Dash | | Long Jump | |
| Erica Mann | 24.38 | Chaquerra Allen..... | 5.67m (18-7 1/4) |
| 400m Dash | | Triple Jump | |
| Amber Shelters..... | 56.03 | Chaquerra Allen... | 11.97m (39-3 1/4) |
| 400m Hurdles | | Javelin | |
| Jackie Walton | 1:03.67 | Zoe Pelbart..... | 48.42m (158-10 1/4)* |
| 800m Run | | Discus | |
| Jenna Nusholtz..... | 2:12.91 | Meagan Halliwill .. | 46.47m (152-5 1/2)* |
| 1500m Run | | Hammer Throw | |
| Lisa Senakiewich | 4:21.69* | Meagan Halliwill..... | 57.80m (189-7 1/2) |
| 3000m Steeplechase | | Shot Put | |
| Sarah Price | 10:53.80 | Ashley Lawrence..... | 13.59m (44-7) |
| 5000m Run | | Pole Vault | |
| Lisa Senakiewich | 16:35.00* | Katie Shaw | 3.85m (12-7 1/2)* |

Men

| | | | |
|----------------------------------|----------|---------------------|---------------------|
| 100m Dash | | High Jump | |
| Yury Ratomski..... | 10.86 | Kris Amos | 2.05m (6-8 3/4) |
| 200m Dash | | Long Jump | |
| Michael Smoot..... | 21.66 | Keith Hewlett..... | 6.69m (21-11 1/2) |
| 400m Dash | | Triple Jump | |
| Michael Smoot | 47.25 | Kyron Foster | 15.27m (50-1 1/4)* |
| 400m Hurdles | | Javelin | |
| Jack Hamilton..... | 52.79 | Scott Beals..... | 61.00m (200-1 1/2) |
| 800m Run | | Discus | |
| Ian Boyle..... | 1:49.98* | Anthony Agrusa .. | 49.36m (161-11 1/4) |
| 1500m Run | | Hammer Throw | |
| Ian Boyle..... | 3:50.58 | Kyle Strotbaum .. | 56.79m (186-3 3/4) |
| 3000m Steeplechase | | Shot Put | |
| Dustin Voss | 9:02.53* | Jason Brown..... | 17.57m (57-7 3/4)* |
| 5000m Run | | Pole Vault | |
| Max Goldak | 14:49.11 | Logan Lynch | 4.95m (16-3) |
| 4x100m Relay | | | |
| Orr, Ratomski, Smoot, Hamilton.. | 3:23.01 | | |

* Regional Qualifying Mark

2008 Women's Track & Field Regional Qualifiers

| Event-Qualifying Standard | Time/Distance |
|--|---------------------|
| Hammer Throw - 54.15m | |
| Meagan Halliwill - Jesse Owens Classic (5/3) | 57.80m (189-7 1/2) |
| Javelin - 43.45m | |
| Zoe Pelbart - Jesse Owens Classic (5/3) | 48.42m (158-10 1/4) |
| Pole Vault - 3.85m | |
| Katie Shaw - Spartan Invitational (4/12) | 3.85m (12-7 1/2) |
| 100m Hurdles - 13.92 | |
| Jackie Walton - Colonial Relays (4/4) | 13.78 |
| 1500m - 4:27.80 | |
| Lisa Senakiewich - Colonial Relays (4/4) | 4:21.69 |
| Emily MacLeod - Jesse Owens Classic (5/3) | 4:25.71 |
| 5000m - 16:52.00 | |
| Lisa Senakiewich - Gina Relays (4/25) | 16:35.00 |
| Emily MacLeod - Gina Relays (4/25) | 16:51.62 |



Spartan Schedule of Events

Friday, May 16

| | |
|------------|--|
| 1 p.m. | Decathlon 100m |
| 1:15 p.m. | Heptathlon 100m Hurdles |
| 1:45 p.m. | Decathlon Long Jump |
| 1:50 p.m. | Heptathlon High Jump |
| 2:30 p.m. | Men's Hammer Throw (trials & finals) - Strotbaum, Agrusa, Barrett, Yonker |
| 2:30 p.m. | Men's Pole Vault (trials & finals) - Lynch |
| 3:00 p.m. | Decathlon Shot Put |
| 3:45 p.m. | Decathlon High Jump |
| 3:50 p.m. | Heptathlon Shot Put |
| 4:30 p.m. | Women's Hammer Throw (trials & finals) - Halliwill, Lawrence |
| 5 p.m. | Heptathlon 200m |
| 6 p.m. | Decathlon 400m |
| 9:30 p.m. | Men's 10,000m (final) |
| 10:15 p.m. | Women's 10,000m (final) - McCormack |

Saturday, May 17

| | |
|------------|---|
| 10:30 a.m. | Decathlon 110m Hurdles |
| 11:10 am. | Decathlon Discus |
| 11:15 a.m. | Heptathlon Long Jump |
| 12:20 a.m. | Decathlon Pole Vault |
| 12:30 a.m. | Heptathlon Javelin |
| 2:15 p.m. | Decathlon Javelin |
| 2:15 p.m. | Men's High Jump (trial & finals) - Amos |
| 2:20 p.m. | Men's Long Jump (trials & finals) |
| 2:45 p.m. | Heptathlon 800m |
| 3:10 p.m. | Women's 4x100m Relay (trials) |
| 3:20 p.m. | Men's 4x100m Relay (trials) |
| 3:30 p.m. | Women's 1500m (trials) - MacLeod, Senakiewich, Myers, Smeltzer |
| 3:35 p.m. | Men's Discus (trials & finals) - Agrusa, McCarrick |
| 3:50 p.m. | Men's 1500m (trials) - Girard |
| 4:10 p.m. | Decathlon 1500m |
| 4:20 p.m. | Women's 400m (trials) - Shelters |
| 4:30 p.m. | Women's Shot Put (trials & finals) - Lawrence |
| 4:35 p.m. | Men's 400m (trials) - Smoot, Orr |
| 4:50 p.m. | Women's 100m (trials) - Gay, Mandy, Mann |
| 5:05 p.m. | Men's 100m (trials) - Ratomski |
| 5:20 p.m. | Women's 100m Hurdles (trials) - Walton |
| 5:35 p.m. | Women's Long Jump (trials & finals) - Allen |

| | |
|-----------|--|
| 5:35 p.m. | Men's 100m Hurdles (trials) |
| 5:50 p.m. | Women's 800m (trials) - Gross, Miller, Nusholtz |
| 6:15 p.m. | Men's 800m (trials) - Dacres, Boyle |
| 6:20 p.m. | Women's Javelin (trials & finals) - Pelbart |
| 6:25 p.m. | Women's 200m (trials) - Gay, Kowalski, Mann, Walton |
| 6:40 p.m. | Men's 200m (trials) - Hewlett, Ratomski, Smoot |
| 6:55 p.m. | Women's 400m Hurdles (trials) |
| 7:15 p.m. | Men's 400m Hurdles (trials) - Hamilton |
| 7:30 p.m. | Men's 3000m Steeplechase (finals) - Peterson, Voss, Grosskopf, Sprangel |
| 7:45 p.m. | Women's 3000m Steeplechase (finals) - Price |

Sunday, May 18

| | |
|-----------|---|
| 12 p.m. | Women's Triple Jump (trials & finals) - Allen |
| 12 p.m. | Women's Discus (trials & finals) - Halliwill, Lawrence |
| 1 p.m. | Women's Pole Vault (trials & finals) - Miller, Shaw |
| 1:30 p.m. | Men's Shot Put (trials & finals) - Brown, McCarrick |
| 1:30 p.m. | Women's High Jump (trials & finals) |
| 1:45 p.m. | Women's 4x100 Relay (finals) |
| 1:55 p.m. | Men's 4x100m Relay (finals) |
| 2:05 p.m. | Women's 1500m (finals) |
| 2:15 p.m. | Men's 1500m (finals) |
| 2:25 p.m. | Women's 100m Hurdles (finals) |
| 2:30 p.m. | Men's Triple Jump (trials & finals) - Foster |
| 2:30 p.m. | Men's Javelin (trials & finals) - Beals |
| 2:35 p.m. | Men's 110m Hurdles (finals) |
| 2:40 p.m. | Women's 400m (finals) |
| 2:45 p.m. | Men's 400m (finals) |
| 2:50 p.m. | Women's 100m (finals) |
| 2:55 p.m. | Men's 100m (finals) |
| 3:03 p.m. | Women's 800m (finals) |
| 3:08 p.m. | Men's 800m (finals) |
| 3:18 p.m. | Women's 400m Hurdles (finals) |
| 3:28 p.m. | Men's 400m Hurdles (finals) |
| 3:35 p.m. | Women's 200m (finals) |
| 3:42 p.m. | Men's 200m (finals) |
| 3:49 p.m. | Women's 5000m (finals) - Langenberg, MacLeod, Senakiewich, McCormack |
| 4:11 p.m. | Men's 5000m (finals) - Sprangel, Voss, Grosskopf |
| 4:33 p.m. | Women's 4x400m Relay (finals) |
| 4:45 p.m. | Men's 4x400m Relay (finals) |

*All Times Eastern

2008 Michigan State Outdoor Track & Field Rosters

Men

| Name | Event | Elig./Cl. | Hometown/Previous School |
|----------------------|-----------------|-----------|---|
| Anthony Agrusa | Throws | So. | Saint Clair Shores, Mich./Lake Shores |
| Kristopher Amos | Jumps | Fr. | Detroit, Mich./Wylie E. Graves |
| John Barrett | Throws | Fr./So. | Coldwater, Mich./Coldwater |
| Scott Beals | Throws | So. | Bloomfield Hills, Mich./Brother Rice |
| Spencer Beatty | XC/Distance | So. | Harbor Springs, Mich./Harbor Springs |
| David Bills | XC/Distance | Jr./Sr. | Williamston, Mich./Williamston |
| Ian Boyle | XC/Distance | So./Jr. | Pinckney, Mich./Pinckney |
| Jason Brown | Throws | Sr. | South Bend, Ind./Clay |
| David Callile | Sprints | Jr. | Canton, Mich./Lansing Community College |
| Kevin Dacres | Middle Distance | Sr. | Bronx, N.Y./Truman |
| Joe Dimambro | XC/Distance | Fr. | Fenton, Mich./Fenton |
| Kyron Foster | Jumps | Fr. | Deltona, Fla./Pine Ridge |
| Jay Gillespie | Throws | Fr. | Allen Park, Mich./Allen Park |
| Ian Girard | XC/Distance | Fr./So. | Chelsea, Mich./Chelsea |
| Max Goldak | XC/Distance | So./Jr. | Chesterton, Ind./Chesterton |
| Paul Grieve | XC/Distance | Fr. | Alden, Mich./Kalkaska |
| Patrick Grosskopf | XC/Distance | Fr./So. | Corunna, Mich./Corunna |
| Jake Hamilton | Hurdles | Fr./So. | Troy, Mich./Troy |
| Jerry Hessel | Multi | Fr./So. | New Haven, Mich./New Haven |
| Keith Hewlett | Jumps | Jr. | Detroit, Mich./Mississippi State |
| Josh Hofbauer | XC/Distance | So. | Harbor Springs, Mich./Harbor Springs |
| Nicholas Katssefaras | XC/Distance | So./Jr. | Pinckney, Mich./Pinckney |
| Shane Knoll | XC/Distance | Jr. | Warren, Mich./Lansing Community College |
| Daniel Lewis | XC/Distance | So./Jr. | Chelsea, Mich./Chelsea |
| Logan Lynch | Jumps | Fr. | Lambertville, Mich./Bedford |
| Brent McCarrick | Throws | So. | Morrice, Mich./Morrice |
| Jeremy Orr | Sprints | Sr. | Detroit, Mich./Henry Ford |
| Jim Pancoast | XC/Distance | Sr. | Stevensville, Mich./Lakeshore |
| Bill Peterson | XC/Distance | Sr. | Lake Orion, Mich./Lake Orion |
| Mike Quick | XC/Distance | Fr./So. | Bloomfield Hills, Mich./Lahser |
| Yury Ratomski | Sprints | Fr. | Novi, Mich./Novi |
| Aaron Simoneau | XC/Distance | Fr. | Manistee, Mich./Manistee |
| Michael Smoot | Sprints | Jr. | Trenton, Mich./Trenton |
| Adam Sprangel | XC/Distance | Sr. | Jackson, Mich./Vandercook Lake |
| Kyle Strotbaum | Throws | Jr./Sr. | Grand Rapids, Mich./West Catholic |
| Nick Tecca | XC/Distance | Fr. | Parchment, Mich./Parchment |
| Dustin Voss | XC/Distance | Jr./Sr. | Saline, Mich./Saline |
| Shane Wells | Sprints/Hurdles | Fr. | Romulus, Mich./Romulus |
| Brad Wentzel | Throws | Fr. | Allegan, Mich./Allegan |
| Dan Yonker | Throws | So. | Portage, Mich./Portage Central |

Women

| Name | Event | Elig./Cl. | Hometown/Previous School |
|----------------------|---------------|-----------|--|
| Chaquerra Allen | Jumps/Sprints | Sr. | Hilliard, Ohio/Darby |
| Ashley Casavant | XC/Distance | So. | Indianapolis, Ind./Cathedral |
| Catherine Daniels | Throws | Fr. | Whittemore, Mich./Whittemore-Prescott |
| Charelise Davis | Sprints | So. | Pittsburgh, Pa./Oakland Catholic |
| Leah Elenbaas | XC/Distance | So. | Greenville, Mich./Greenville |
| Tiffany Evans | XC/Distance | Fr. | Dublin, Ohio/Dublin |
| Michelle Gay | Sprints | So. | Lakewood, Kan./Notre Dame De Sion Prep |
| Megan Gebhart | XC/Distance | Fr. | Gillette, Wyo./Campbell County |
| Carlie Green | XC/Distance | Fr. | Milford, Mich./Milford |
| Jackie Gross | XC/Distance | Jr. | Marine City, Mich./Marine City |
| Meagan Halliwill | Throws | Sr. | Charlotte, Mich./Charlotte |
| Diane Hamilton | XC/Distance | Jr. | Battle Creek, Mich./Lakeview |
| Jennifer Hamilton | XC/Distance | So./Jr. | Battle Creek, Mich./Lakeview |
| Janet Hanchet | Javelin | Fr./So. | Canton, Mich./Canton |
| Stacey Harrington | Throws | Fr. | Lakeview, Mich./Lakeview |
| Elizabeth Hoefing | XC/Distance | So. | Rochester, Mich./Rochester |
| Brittany Howard | Sprints/Jumps | So. | Romulus, Mich./Romulus |
| Brittany Jensen | XC/Distance | So./Jr. | Pinckney, Mich./Pinckney |
| Hazel Joiner | Sprints | Fr. | Grand Rapids, Mich./Central |
| Katie Kelly | XC/Distance | Sr. | Port Austin, Mich./North Huron |
| Tricia Kowalski | Sprints | So./Jr. | Wyandotte, Mich./Wyandotte |
| Emily Langenberg | XC/Distance | Fr. | Grand Ledge, Mich./Grand Ledge |
| Ashley Lawrence | Throws | Fr./So. | Troy, Mich./Troy |
| Lauren Lindaman | Sprints | Fr. | West Des Moines, Iowa/Valley |
| Emily MacLeod | XC/Distance | So. | Cincinnati, Ohio/Mount Notre Dame |
| Laura Malnor | XC/Distance | Jr. | Grand Rapids, Mich./East Grand Rapids |
| Paris Mandy | Sprints | Sr. | St. Louis, Mo./Parkway West |
| Erica Mann | Sprints | Fr. | Battle Creek, Mich./Lakeview |
| Becky McCormack | XC/Distance | Fr./So. | Canton, Mich./Plymouth-Canton |
| Taylor McCurdy | XC/Distance | Fr. | Marion, Ohio/Marion Harding |
| Michelle Mercer | XC/Distance | So./Jr. | Muskegon, Mich./Reeths-Puffer |
| Kelsey Meyers | XC/Distance | Fr. | Goodrich, Mich./Goodrich |
| Kelley Miller | XC/Distance | Fr. | Dublin, Ohio/Dublin Coffman |
| Stephanie Miller | Pole Vault | Sr. | LaSalle, Mich./LaSalle |
| Jenna Nusholtz | XC/Distance | So. | Huntington Woods, Mich./Berkley |
| Jamie Obidike | Sprints | So. | Ann Arbor, Mich./Pioneer |
| Zoe Pelbart | Javelin | Fr. | Oatley, NSW, Australia/Ascham |
| Laura Portis | XC/Distance | Fr. | Richland, Mich./Gull Lake |
| Sarah Price | XC/Distance | Jr. | Mankato, Minn./Loyola |
| Amanda Robinson | Sprints | So. | Port Huron, Mich./Port Huron |
| Lisa Senakiewich | XC/Distance | Sr. | Davison, Mich./Davison |
| Katie Shaw | Pole Vault | Fr./So. | Lakeview, Mich./Lakeview |
| Amber Shelters | Sprints | Jr. | East Lansing, Mich./Hartland |
| Samantha Skilese | Throws | Fr. | Parkesburg, Mich./Octovava Area |
| Rebeka Smeltzer | XC/Distance | Fr. | Monroe, Mich./Jefferson |
| Jacqueline Walton | Hurdles | Sr. | Darien, Ill./Hinsdale South |
| Liz Watson | XC/Distance | Fr. | Lansing, Mich./Lansing Catholic |
| Robyn Whalen | Throws | Fr. | Livonia, Mich./Franklin |
| Jennifer Yee | XC/Distance | Fr. | Troy, Mich./Troy |
| Thereseann Zimmerman | XC/Distance | So. | Gaylord, Mich. Gaylord |

2008 Top Individual Performances - Men's Outdoor

Anthony Agrusa

| <u>Event</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|--------------|---------------------------|----------------------|---------------|
| Discus Throw | Gina Relays (4/26) | 49.36m (161-11 1/4) | 3rd |
| Discus Throw | Spartan Invite (4/12) | 49.08m (161-0 1/4) | 2nd |
| Discus Throw | Raleigh Relays (3/29) | 48.13m (157-11) | 3rd |
| Discus Throw | Len Paddock Invite (5/10) | 47.74m (156-7) | 6th |
| Discus Throw | Jesse Owens Classic (5/3) | 45.81m (150-3 1/2) | 31st |
| Discus Throw | EMU Invite (4/19) | 45.43m (149-0 1/2) | 6th |
| Discus Throw | Colonial Relays (4/5) | 45.21m (148-4) | 5th |
| Hammer Throw | Gina Relays (4/25) | 53.90m (176-10) | 11th |
| Hammer Throw | Colonial Relays (4/5) | 52.19m (171-2 3/4) | 6th |
| Hammer Throw | EMU Invite (4/19) | 51.28m (168-3) | 9th |
| Hammer Throw | Raleigh Relays (3/29) | 50.93m (167-1 1/4) | 8th |
| Hammer Throw | Jesse Owens Classic (5/3) | 49.09m (161-1) | 30th |
| Hammer Throw | Spartan Invite (4/12) | 47.69m (156-5 1/2) | 9th |

Kris Amos

| <u>Event</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|--------------|---------------------------|----------------------|---------------|
| High Jump | Raleigh Relays (3/29) | 2.05m (6-8 3/4) | 6th |
| High Jump | Spartan Invite (4/12) | 2.00m (6-6 3/4) | 1st |
| High Jump | Colonial Relays (4/5) | 2.00m (6-6 3/4) | t-3rd |
| High Jump | EMU Invite (4/19) | 2.00m (6-6 3/4) | 6th |
| High Jump | Jesse Owens Classic (5/3) | 1.97m (6-5 1/2) | t-12th |
| Triple Jump | EMU Invite (4/19) | 13.15m (43-1 3/4) | 6th |

John Barrett

| <u>Event</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|--------------|-----------------------|----------------------|---------------|
| Discus Throw | Spartan Invite (4/12) | 41.67m (136-8 1/2) | 12th |
| Discus Throw | Gina Relays (4/26) | 40.28m (132-1 3/4) | 21st |
| Discus Throw | EMU Invite (4/19) | 40.25m (132-0 1/2) | 17th |
| Hammer Throw | EMU Invite (4/19) | 45.03m (147-8 3/4) | 15th |
| Hammer Throw | Spartan Invite (4/12) | 42.00m (137-9 1/2) | 13th |
| Hammer Throw | Gina Relays (4/25) | 27.06m (88-9 1/4) | 34th |

Scott Beals

| <u>Event</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|---------------|---------------------------|----------------------|---------------|
| Javelin Throw | Raleigh Relays (3/29) | 61.00m (200-1 1/2) | 4th |
| Javelin Throw | Jesse Owens Classic (5/3) | 60.92m (199-10 1/2) | 3rd |
| Javelin Throw | Colonial Relays (4/4) | 59.78m (196-1 1/2) | 1st |
| Javelin Throw | EMU Invite (4/19) | 59.59m (195-6) | 1st |
| Javelin Throw | Len Paddock Invite (5/9) | 58.73m (192-8) | 2nd |
| Javelin Throw | Gina Relays (4/26) | 56.28m (184-7 3/4) | 1st |
| Javelin Throw | Spartan Invite (4/12) | 56.13m (184-1 3/4) | 1st |

Spencer Beatty

| <u>Event</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|--------------------|---------------------------|----------------------|---------------|
| 3000m Steeplechase | Jesse Owens Classic (5/3) | 9:21.42 | 25th |
| 3000m Steeplechase | EMU Invite (4/19) | 9:29.53 | 2nd |
| 3000m Steeplechase | Spartan Invite (4/12) | 9:29.63 | 1st |
| 5000m Run | Colonial Relays (4/4) | 14:55.49 | 11th |

David Bills

| <u>Event</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|--------------|---------------------------|----------------------|---------------|
| 800m Run | Spartan Invite (4/12) | 2:01.15 | 19th |
| 1500m Run | Gina Relays (4/26) | 3:59.20 | t-16th |
| 1500m Run | Jesse Owens Classic (5/3) | 4:00.43 | 19th |

Ian Boyle

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 800m Run | Jesse Owens Classic (5/3) | 1:49.98* | 4th |
| 800m Run | EMU Invite (4/19) | 1:52.02 | 2nd |
| 800m Run | Colonial Relays (4/4) | 1:54.03 | 4th |
| 1500m Run | Jesse Owens Classic (5/3) | 3:50.58 | 6th |
| 1500m Run | Spartan Invite (4/12) | 3:56.66 | 1st |

Jason Brown

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| Discus Throw | Jesse Owens Classic (5/3) | 48.12m (157-10 1/2) | 19th |
| Discus Throw | EMU Invite (4/19) | 47.29m (155-1 3/4) | 4th |
| Discus Throw | Colonial Relays (4/5) | 46.99m (154-2) | 2nd |
| Discus Throw | Raleigh Relays (3/29) | 43.70m (143-4 1/2) | 11th |
| Shot Put | Colonial Relays (4/4) | 17.57m (57-7 3/4)* | 1st |
| Shot Put | Spartan Invite (4/12) | 17.44m (57-2 1/2)* | 1st |
| Shot Put | Gina Relays (4/25) | 17.31m (56-9 1/2)* | 1st |
| Shot Put | EMU Invite (4/19) | 17.29m (56-8 3/4)* | 1st |
| Shot Put | Raleigh Relays (3/29) | 16.85m (55-3 1/2)* | 5th |

Kevin Dacres

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 800m Run | Jesse Owens Classic (5/3) | 1:53.42 | 8th |
| 800m Run | EMU Invite (4/19) | 1:54.61 | 15th |
| 800m Run | Colonial Relays (4/4) | 1:56.70 | 16th |
| 800m Run | Spartan Invite (4/12) | 1:57.36 | 8th |

Kyron Foster

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| Triple Jump | Jesse Owens Classic (5/3) | 15.27m (50-1 1/4)* | 3rd |
| Triple Jump | EMU Invite (4/19) | 14.73m (48-4) | 2nd |
| Triple Jump | Colonial Relays (4/5) | 14.46m (47-5 1/4) | 1st |
| Triple Jump | Spartan Invite (4/12) | 14.04m (46-0 3/4) | 1st |

Ian Girard

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 1500m Run | EMU Invite (4/19) | 3:53.03 | 8th |
| 1500m Run | Gina Relays (4/26) | 3:56.81 | 8th |
| 1500m Run | Jesse Owens Classic (5/3) | 3:58.61 | 16th |
| 1500m Run | Colonial Relays (4/4) | 4:00.08 | 18th |
| 1500m Run | Spartan Invite (4/12) | 4:00.47 | 4th |

Max Goldak

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| 5000m Run | Colonial Relays (4/4) | 14:49.11 | 8th |
| 5000m Run | Gina Relays (4/25) | 15:08.26 | 22nd |

Jake Hamilton

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 400m Dash | Jesse Owens Classic (5/3) | 50.00 | 23rd |
| 400m Hurdles | Spartan Invite (4/12) | 52.79 | 1st |
| 400m Hurdles | EMU Invite (4/19) | 53.80 | 3rd |
| 400m Hurdles | Jesse Owens Classic (5/3) | 55.01 | 13th |
| 400m Hurdles | Colonial Relays (4/4) | 54.27 | 4th |
| 400m Hurdles | Gina Relays (4/25) | 57.37 | 23rd |

Keith Hewlett

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 100m Dash | Spartan Invite (4/12) | 11.18 | 4th |
| 100m Dash | Gina Relays (4/26) | 11.29 | t-11th |
| 100m Dash | EMU Invite (4/19) | 11.32 | 16th |
| 200m Dash | Jesse Owens Classic (5/3) | 21.77 | 16th |
| 200m Dash | Gina Relays (4/26) | 22.16 | 6th |
| 200m Dash | EMU Invite (4/19) | 22.30 | 8th |
| 200m Dash | Spartan Invite (4/12) | 22.40 | 4th |
| Long Jump | Len Paddock Invite (5/10) | 6.69m (21-11 1/2) | 9th |

Jerry Hessel

| Event | Meet (Date) | Time/Distance | Finish |
|---------------|-----------------------|----------------------|---------------|
| Javelin Throw | Colonial Relays (4/4) | 49.38m (162-0 1/4) | 9th |
| Javelin Throw | EMU Invite (4/19) | 48.57m (159-4 1/4) | 6th |
| Javelin Throw | Gina Relays (4/26) | 48.18m (158-0 3/4) | 11th |
| Javelin Throw | Spartan Invite (4/12) | 47.80m (156-10) | 4th |

Stephen Humes

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| 800m Run | EMU Invite (4/19) | 1:56.84 | 30th |
| 800m Run | Spartan Invite (4/12) | 2:03.69 | 24th |

Nick Katsefaras

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| 5000m Run | Colonial Relays (4/4) | 15:33.18 | 26th |

Logan Lynch

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| Pole Vault | Raleigh Relays (3/29) | 4.95m (16-3) | 1st |
| Pole Vault | EMU Invite (4/19) | 4.90m (16-1) | t-3rd |
| Pole Vault | Colonial Relays (4/5) | 4.85m (15-11) | 1st |
| Pole Vault | Spartan Invite (4/12) | 4.75m (15-7) | t-2nd |

Brent McCarrick

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| Discus Throw | Gina Relays (4/26) | 43.34m (144-2 1/4) | 11th |
| Discus Throw | EMU Invite (4/19) | 42.23m (138-6 1/2) | 14th |
| Shot Put | Gina Relays (4/25) | 15.01m (49-3) | 8th |
| Shot Put | Colonial Relays (4/4) | 15.01m (49-3) | 9th |
| Shot Put | EMU Invite (4/19) | 14.96m (49-1) | 9th |

Jeremy Orr

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| 200m Dash | Spartan Invite (4/12) | 21.95 | 1st |

William Peterson

| Event | Meet (Date) | Time/Distance | Finish |
|--------------------|---------------------------|----------------------|---------------|
| 1500m Run | Colonial Relays (4/4) | 4:00.90 | 20th |
| 1500m Run | Spartan Invite (4/12) | 4:05.55 | 12th |
| 3000m Run | Gina Relays (4/25) | 9:39.38 | 22nd |
| 3000m Steeplechase | Jesse Owens Classic (5/3) | 9:25.28 | 26th |

Yury Ratomski

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 100m Dash | Jesse Owens Classic (5/3) | 10.89 | 19th |
| 100m Dash | Len Paddock Invite (5/10) | 10.91 | 6th |
| 100m Dash | Gina Relays (4/26) | 10.99 | 7th |
| 200m Dash | Jesse Owens Classic (5/3) | 21.85 | 19th |
| 200m Dash | Len Paddock Invite (5/10) | 21.92 | 5th |
| 200m Dash | Gina Relays (4/26) | 21.96 | 3rd |
| 200m Dash | Spartan Invite (4/12) | 22.09 | 3rd |
| 400m Dash | EMU Invite (4/19) | 48.66 | 10th |

Michael Smoot

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 200m Dash | Jesse Owens Classic (5/3) | 21.66 | 14th |
| 200m Dash | Gina Relays (4/26) | 22.05 | 5th |
| 200m Dash | Spartan Invite (4/12) | 22.06 | 2nd |
| 400m Dash | EMU Invite (4/19) | 47.25 | 3rd |
| 400m Dash | Raleigh Relays (3/29) | 47.94 | 19th |
| 400m Dash | Jesse Owens Classic (5/3) | 48.08 | 10th |
| 400m Dash | Gina Relays (4/26) | 48.19 | 1st |
| 400m Dash | Spartan Invite (4/12) | 48.32 | 1st |
| 400m Dash | Colonial Relays (4/4) | 48.76 | 2nd |

Adam Sprangel

| Event | Meet (Date) | Time/Distance | Finish |
|--------------------|-----------------------|----------------------|---------------|
| 1500m Run | Raleigh Relays (3/29) | 4:00.43 | 6th |
| 1500m Run | Spartan Invite (4/12) | 4:07.68 | 14th |
| 3000m Steeplechase | Colonial Relays (4/4) | 9:21.24 | 5th |

Kyle Strotbaum

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| Discus Throw | EMU Invite (4/19) | 43.27m (141-11 1/2) | 9th |
| Hammer Throw | Colonial Relays (4/5) | 56.79m (186-3 3/4) | 3rd |
| Hammer Throw | EMU Invite (4/19) | 56.78m (186-3 1/2) | 3rd |
| Hammer Throw | Len Paddock (5/9) | 55.94m (183-6) | 6th |
| Hammer Throw | Spartan Invite (4/12) | 55.89m (183-4 1/2) | 2nd |
| Hammer Throw | Gina Relays (4/25) | 54.50m (178-9 1/2) | 9th |
| Hammer Throw | Jesse Owens Classic (5/3) | 51.60m (169-3 1/2) | 24th |

Dustin Voss

| Event | Meet (Date) | Time/Distance | Finish |
|--------------------|---------------------------|----------------------|---------------|
| 1500m Run | Jesse Owens Classic (5/3) | 3:52.61 | 10th |
| 1500m Run | Colonial Relays (4/4) | 3:56.13 | 10th |
| 1500m Run | Spartan Invite (4/12) | 4:00.37 | 3rd |
| 3000m Steeplechase | Gina Relays (4/25) | 9:02.53* | 5th |

Daniel Yonker

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| Discus Throw | Gina Relays (4/26) | 41.48m (136-1 1/4) | 18th |
| Discus Throw | EMU Invite (4/19) | 37.89m (124-3 3/4) | 21st |
| Hammer Throw | Gina Relays (4/25) | 46.52m (152-7 1/2) | 23rd |
| Hammer Throw | Spartan Invite (4/12) | 46.29m (151-10 1/2) | 10th |
| Hammer Throw | EMU Invite (4/19) | 43.03m (141-2) | 17th |

* Regional Qualifying Mark

2008 Top Event Performances - Men's Outdoor

Discus Throw

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|-----------------|---------------------------|----------------------|---------------|
| Anthony Agrusa | Gina Relays (4/26) | 49.36m (161-11 1/4) | 3rd |
| Anthony Agrusa | Spartan Invite (4/12) | 49.08m (161-0 1/4) | 1st |
| Anthony Agrusa | Raleigh Relays (3/29) | 48.13m (157-11) | 3rd |
| Jason Brown | Jesse Owens Classic (5/3) | 48.12m (157-10 1/2) | 19th |
| Anthony Agrusa | Len Paddock Invite (5/10) | 47.74m (156-7) | 6th |
| Jason Brown | EMU Invite (4/19) | 47.29m (155-1 3/4) | 4th |
| Jason Brown | Colonial Relays (4/5) | 46.99m (154-2) | 2nd |
| Anthony Agrusa | Jesse Owens Classic (5/3) | 45.81m (150-3 1/2) | 31st |
| Anthony Agrusa | EMU Invite (4/19) | 45.43m (149-0 1/2) | 6th |
| Anthony Agrusa | Colonial Relays (4/5) | 45.21m (148-4) | 5th |
| Jason Brown | Raleigh Relays (3/29) | 43.70m (143-4 1/2) | t-11th |
| Brent McCarrick | Gina Relays (4/26) | 43.34m (144-2 1/4) | 11th |
| Kyle Strotbaum | EMU Invite (4/19) | 43.27m (141-11 1/2) | 9th |
| Brent McCarrick | EMU Invite (4/19) | 42.23m (138-6 1/2) | 14th |
| Daniel Yonker | Gina Relays (4/26) | 41.48m (136-1 1/4) | 18th |
| John Barrett | Spartan Invite (4/12) | 41.67m (136-8 1/2) | 12th |

Hammer Throw

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|----------------|---------------------------|----------------------|---------------|
| Kyle Strotbaum | Colonial Relays (4/5) | 56.79m (186-3 3/4) | 3rd |
| Kyle Strotbaum | EMU Invite (4/19) | 56.78m (186-3 1/2) | 3rd |
| Kyle Strotbaum | Len Paddock (5/9) | 55.94m (183-6) | 6th |
| Kyle Strotbaum | Spartan Invite (4/12) | 55.89m (183-4 1/2) | 2nd |
| Kyle Strotbaum | Gina Relays (4/25) | 54.50m (178-9 1/2) | 9th |
| Anthony Agrusa | Gina Relays (4/25) | 53.90m (176-10) | 11th |
| Anthony Agrusa | Colonial Relays (4/5) | 52.19m (171-2 3/4) | 6th |
| Kyle Strotbaum | Jesse Owens Classic (5/3) | 51.60m (169-3 1/2) | 24th |
| Anthony Agrusa | EMU Invite (4/19) | 51.28m (168-3) | 9th |
| Anthony Agrusa | Raleigh Relays (3/29) | 50.93m (167-1 1/4) | 8th |
| Anthony Agrusa | Jesse Owens Classic (5/3) | 49.09m (161-1) | 30th |
| Anthony Agrusa | Spartan Invite (4/12) | 47.69m (156-5 1/2) | 9th |
| Daniel Yonker | Gina Relays (4/25) | 46.52m (152-7 1/2) | 23rd |
| Daniel Yonker | Spartan Invite (4/12) | 46.29m (151-10 1/2) | 10th |

Javelin Throw

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|----------------|---------------------------|----------------------|---------------|
| Scott Beals | Raleigh Relays (3/29) | 61.00m (200-1 1/2) | 4th |
| Scott Beals | Jesse Owens Classic (5/3) | 60.92m (199-0 1/2) | 3rd |
| Scott Beals | EMU Invite (4/19) | 59.59m (196-1 1/2) | 1st |
| Scott Beals | Colonial Relays (4/4) | 59.78m (195-6) | 1st |
| Scott Beals | Len Paddock Invite (5/9) | 58.73m (192-8) | 2nd |
| Scott Beals | Gina Relays (4/26) | 56.28m (184-7 3/4) | 1st |
| Scott Beals | Spartan Invite (4/12) | 56.13m (184-1 3/4) | 1st |
| Jerry Hessell | Colonial Relays (4/4) | 49.38m (162-0 1/4) | 9th |
| Jerry Hessell | EMU Invite (4/19) | 48.57m (159-4 1/4) | 6th |
| Jerry Hessell | Gina Relays (4/26) | 48.18m (158-0 3/4) | 11th |
| Jerry Hessell | Spartan Invite (4/12) | 47.80m (156-10) | 4th |

Shot Put

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|-----------------|-----------------------|----------------------|---------------|
| Jason Brown | Colonial Relays (4/4) | 17.57m (57-7 3/4)* | 1st |
| Jason Brown | Spartan Invite (4/12) | 17.44m (57-2 1/2)* | 1st |
| Jason Brown | Gina Relays (4/25) | 17.31m (56-9 1/2)* | 1st |
| Jason Brown | EMU Invite (4/19) | 17.29m (56-8 3/4)* | 1st |
| Jason Brown | Raleigh Relays (3/29) | 16.85m (55-3 1/2)* | 5th |
| Brent McCarrick | Colonial Relays (4/4) | 15.01m (49-3) | 9th |
| Brent McCarrick | Gina Relays (4/25) | 15.01m (49-3) | 8th |
| Brent McCarrick | EMU Invite (4/19) | 14.96m (49-1) | 9th |

Pole Vault

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|----------------|-----------------------|----------------------|---------------|
| Logan Lynch | Raleigh Relays (3/29) | 4.95m (16-3) | 1st |
| Logan Lynch | EMU Invite (4/19) | 4.90m (16-1) | t-3rd |
| Logan Lynch | Colonial Relays (4/4) | 4.85m (15-11) | 1st |
| Logan Lynch | Spartan Invite (4/12) | 4.75m (15-7) | t-2nd |

High Jump

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|----------------|---------------------------|----------------------|---------------|
| Kris Amos | Raleigh Relays (3/29) | 2.05m (6-8 3/4) | 6th |
| Kris Amos | Spartan Invite (4/12) | 2.00m (6-6 3/4) | 1st |
| Kris Amos | Colonial Relays (4/4) | 2.00m (6-6 3/4) | 3rd |
| Kris Amos | EMU Invite (4/19) | 2.00m (6-6 3/4) | 6th |
| Kris Amos | Jesse Owens Classic (5/3) | 1.97m (6-5 1/2) | t-12th |

Long Jump

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|----------------|---------------------------|----------------------|---------------|
| Keith Hewlett | Len Paddock Invite (5/10) | 6.69m (21-11 1/2) | 9th |

Triple Jump

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|----------------|---------------------------|----------------------|---------------|
| Kyron Foster | Jesse Owens Classic (5/3) | 15.27m (50-1 1/4)* | 3rd |
| Kyron Foster | EMU Invite (4/19) | 14.73m (48-4) | 2nd |
| Kyron Foster | Colonial Relays (4/5) | 14.46m (47-5 1/4) | 1st |
| Kyron Foster | Spartan Invite (4/12) | 14.04m (46-0 3/4) | 1st |
| Kris Amos | EMU Invite (4/19) | 13.15m (43-1 3/4) | 6th |

100m Dash

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|----------------|---------------------------|----------------------|---------------|
| Yury Ratomski | Jesse Owens Classic (5/3) | 10.86 | 19th |
| Yury Ratomski | Len Paddock Invite (5/10) | 10.91 | 6th |
| Yury Ratomski | Gina Relays (4/26) | 10.99 | 7th |
| Keith Hewlett | Spartan Invite (4/12) | 11.18 | 4th |
| Keith Hewlett | Gina Relays (4/26) | 11.29 | t-1tth |
| Keith Hewlett | EMU Invite (4/19) | 11.32 | 16th |

200m Dash

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|----------------|---------------------------|----------------------|---------------|
| Michael Smoot | Jesse Owens Classic (5/3) | 21.66 | 14th |
| Keith Hewlett | Jesse Owens Classic (5/3) | 21.77 | 16th |
| Yury Ratomski | Jesse Owens Classic (5/3) | 21.85 | 19th |
| Yury Ratomski | Len Paddock Invite (5/10) | 21.92 | 5th |
| Jeremy Orr | Spartan Invite (4/12) | 21.95 | 1st |
| Yury Ratomski | Gina Relays (4/26) | 21.96 | 3rd |
| Michael Smoot | Gina Relays (4/26) | 22.05 | 5th |
| Michael Smoot | Spartan Invite (4/12) | 22.06 | 2nd |
| Yury Ratomski | Spartan Invite (4/12) | 22.09 | 3rd |
| Keith Hewlett | Gina Relays (4/26) | 22.16 | 6th |
| Keith Hewlett | EMU Invite (4/19) | 22.30 | 8th |
| Keith Hewlett | Spartan Invite (4/12) | 22.40 | 4th |

400m Dash

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|----------------|---------------------------|----------------------|---------------|
| Michael Smoot | EMU Invite (4/19) | 47.25 | 3rd |
| Michael Smoot | Raleigh Relays (3/29) | 47.94 | 19th |
| Michael Smoot | Jesse Owens Classic (5/3) | 48.08 | 10th |
| Michael Smoot | Gina Relays (4/26) | 48.19 | 1st |
| Michael Smoot | Spartan Invite (4/12) | 48.32 | 1st |
| Michael Smoot | EMU Invite (4/19) | 48.66 | 10th |
| Michael Smoot | Colonial Relays (4/4) | 48.76 | 2nd |
| Jake Hamilton | Jesse Owens Classic (5/3) | 50.00 | 23rd |

400m Hurdles

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|----------------|---------------------------|----------------------|---------------|
| Jake Hamilton | Spartan Invite (4/12) | 52.79 | 1st |
| Jake Hamilton | EMU Invite (4/19) | 53.80 | 3rd |
| Jake Hamilton | Colonial Relays (4/4) | 54.27 | 4th |
| Jake Hamilton | Jesse Owens Classic (5/3) | 55.01 | 13th |
| Jake Hamilton | Gina Relays (4/25) | 57.37 | 23rd |

800m Run

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|----------------|---------------------------|----------------------|---------------|
| Ian Boyle | Jesse Owens Classic (5/3) | 1:49.98* | 4th |
| Ian Boyle | EMU Invite (4/19) | 1:52.02 | 2nd |
| Kevin Dacres | Jesse Owens Classic (5/3) | 1:53.42 | 8th |
| Ian Boyle | Colonial Relays (4/4) | 1:54.03 | 4th |
| Kevin Dacres | EMU Invite (4/19) | 1:54.61 | 15th |
| Kevin Dacres | Colonial Relays (4/4) | 1:56.70 | 16th |
| Stephen Humes | EMU Invite (4/19) | 1:56.84 | 30th |
| Kevin Dacres | Spartan Invite (4/12) | 1:57.36 | 8th |

1500m Run

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|------------------|---------------------------|----------------------|---------------|
| Ian Boyle | Jesse Owens Classic (5/3) | 3:50.58 | 6th |
| Dustin Voss | Jesse Owens Classic (5/3) | 3:52.61 | 10th |
| Ian Girard | EMU Invite (4/19) | 3:53.03 | 8th |
| Dustin Voss | Colonial Relays (4/4) | 3:56.13 | 10th |
| Ian Girard | Gina Relays (4/26) | 3:56.81 | 8th |
| Ian Boyle | Spartan Invite (4/12) | 3:56.66 | 1st |
| Ian Girard | Jesse Owens Classic (5/3) | 3:58.61 | 16th |
| David Bills | Gina Relays (4/26) | 3:59.20 | t-16th |
| Ian Girard | Colonial Relays (4/4) | 4:00.08 | 18th |
| Dustin Voss | Spartan Invite (4/12) | 4:00.37 | 3rd |
| Adam Sprangel | Raleigh Relays (3/29) | 4:00.43 | 6th |
| David Bills | Jesse Owens Classic (5/3) | 4:00.43 | 19th |
| Ian Girard | Spartan Invite (4/12) | 4:00.47 | 4th |
| William Peterson | Colonial Relays (4/4) | 4:00.90 | 20th |

3000m Steeplechase

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|------------------|---------------------------|----------------------|---------------|
| Dustin Voss | Gina Relays (4/25) | 9:02.53* | 5th |
| Adam Sprangel | Colonial Relays (4/4) | 9:21.24 | 5th |
| Spencer Beatty | Jesse Owens Classic (5/3) | 9:21.42 | 25th |
| William Peterson | Jesse Owens Classic (5/3) | 9:25.28 | 26th |
| Spencer Beatty | Gina Relays (4/25) | 9:28.40 | 18th |
| Spencer Beatty | EMU Invite (4/19) | 9:29.53 | 2nd |
| Spencer Beatty | Spartan Invite (4/12) | 9:29.63 | 1st |
| William Peterson | Gina Relays (4/25) | 9:39.38 | 22nd |

5000m Run

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|-----------------|-----------------------|----------------------|---------------|
| Max Goldak | Colonial Relays (4/4) | 14:49.11 | 8th |
| Spencer Beatty | Colonial Relays (4/4) | 14:55.49 | 11th |
| Max Goldak | Gina Relays (4/25) | 15:08.26 | 22nd |
| Nick Katsefaras | Colonial Relays (4/4) | 15:33.18 | 26th |

4x400m Relay

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|--------------------------------|---------------------------|-----------------------------|----------------------|
| Orr, Ratomski, Smoot, Hamilton | Colonial Relays (4/5) | 3:23.01 | 9th |

4x800m Relay

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|------------------------------|---------------------------|-----------------------------|----------------------|
| Bills, Boyle, Dacres, Girard | Colonial Relays (4/5) | 7:40.61 | 6th |

4x1500m Relay

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|-------------------------------|---------------------------|-----------------------------|----------------------|
| Beatty, Bills, Girard, Goldak | Colonial Relays (4/5) | 15:55.74 | 4th |

* Regional Qualifying Mark

2008 Top Individual Performances - Women's Outdoor

Chaquerra Allen

| <u>Event</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|--------------|-----------------------|----------------------|---------------|
| Long Jump | Colonial Relays (4/4) | 5.67m (18-7 1/4) | 6th |
| Long Jump | EMU Invite (4/19) | 5.53m (18-1 3/4) | 4th |
| Long Jump | Spartan Invite (4/12) | 5.48m (17-11 3/4) | 1st |
| Long Jump | Raleigh Relays (3/29) | 5.43m (17-9 3/4) | t-16th |
| Triple Jump | Gina Relays (4/26) | 11.97m (39-3 1/4) | 2nd |
| Triple Jump | Spartan Invite (4/12) | 11.60m (38-0 3/4) | 1st |
| Triple Jump | Colonial Relays (4/4) | 11.52m (37-9 1/2) | 3rd |

Ashley Casavant

| <u>Event</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|--------------|-----------------------|----------------------|---------------|
| 5000m Run | Colonial Relays (4/4) | 17:56.76 | 10th |

Michelle Gay

| <u>Event</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|--------------|---------------------------|----------------------|---------------|
| 100m Dash | Jesse Owens Classic (5/3) | 12.22 | 17th |
| 200m Dash | Spartan Invite (4/12) | 25.06 | 3rd |
| 200m Dash | EMU Invite (4/19) | 25.65 | 12th |
| 200m Dash | Colonial Relays (4/4) | 25.69 | 21st |
| 200m Dash | Gina Relays (4/26) | 25.83 | 14th |
| 400m Dash | Colonial Relays (4/4) | 59.27 | 21st |

Jackie Gross

| <u>Event</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|--------------|---------------------------|----------------------|---------------|
| 800m Run | Spartan Invite (4/12) | 2:13.89 | 1st |
| 800m Run | Jesse Owens Classic (5/3) | 2:14.46 | 15th |
| 800m Run | Colonial Relays (4/4) | 2:17.07 | 16th |
| 800m Run | EMU Invite (4/19) | 2:17.13 | 14th |

Meagan Halliwill

| <u>Event</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|--------------|---------------------------|----------------------|---------------|
| Discus Throw | Jesse Owens Classic (5/3) | 46.47m (152-5 1/2) | 10th |
| Discus Throw | Spartan Invite (4/12) | 43.93m (144-1 1/2) | 1st |
| Discus Throw | Raleigh Relays (3/29) | 43.93m (144-1 1/2) | 6th |
| Discus Throw | Colonial Relays (4/4) | 43.90m (144-0 1/4) | 1st |
| Discus Throw | EMU Invite (4/19) | 43.90m (144-0 1/4) | 4th |
| Hammer Throw | Jesse Owens Classic (5/3) | 57.80m (189-7 1/2)* | 6th |
| Hammer Throw | Colonial Relays (4/4) | 56.78m (186-3 1/2)* | 1st |
| Hammer Throw | EMU Invite (4/19) | 56.36m (184-10)* | 2nd |
| Hammer Throw | Gina Relays (4/25) | 56.04m (183-10 1/4)* | t-2nd |
| Hammer Throw | Len Paddock (5/9) | 55.6m (182-05)* | 3rd |
| Hammer Throw | Spartan Invite (4/12) | 54.54m (178-11 1/4)* | 1st |
| Hammer Throw | Raleigh Relays (3/29) | 54.52m (178-10 1/2)* | 1st |

Janet Hanchett

| <u>Event</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|---------------|-----------------------|----------------------|---------------|
| Javelin Throw | Gina Relays (4/26) | 30.36m (99-7 1/4) | 20th |
| Javelin Throw | Spartan Invite (4/12) | 30.26m (99-3 1/4) | t-4th |
| Javelin Throw | EMU Invite (4/19) | 28.58m (93-9 1/4) | 12th |

Elizabeth Hoefing

| <u>Event</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|--------------|---------------------------|----------------------|---------------|
| 1500m Run | Spartan Invite (4/12) | 4:49.88 | 9th |
| 5000m Run | EMU Invite (4/19) | 17:56.10 | 7th |
| 5000m Run | Jesse Owens Classic (5/3) | 18:13.94 | 9th |

Brittany Howard

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| Long Jump | Colonial Relays (4/4) | 5.52m (18-1 1/4) | t-11th |
| Long Jump | Raleigh Relays (3/29) | 5.43m (17-9 3/4) | t-16th |

Britanny Jensen

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| 800m Run | EMU Invite (4/19) | 2:24.79 | 32nd |
| 800m Run | Spartan Invite (4/12) | 2:25.14 | 11th |

Hazel Joiner

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|--------------------|----------------------|---------------|
| 100m Dash | Gina Relays (4/26) | 13.45 | 35th |
| 100m Dash | EMU Invite (4/19) | 13.68 | 23rd |
| 200m Dash | Gina Relays (4/26) | 28.23 | 53rd |

Caitlin Kelly

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| 1500m Run | Spartan Invite (4/12) | 4:50.56 | 12th |

Tricia Kowalski

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 200m Dash | Spartan Invite (4/12) | 24.54 | 1st |
| 200m Dash | Len Paddock Invite (5/10) | 25.83 | 2nd |
| 200m Dash | EMU Invite (4/19) | 24.95 | 2nd |
| 400m Dash | EMU Invite (4/19) | 56.67 | 6th |
| 400m Dash | Raleigh Relays (3/29) | 57.50 | 25th |
| 400m Dash | Colonial Relays (4/4) | 57.62 | 11th |
| 400m Dash | Jesse Owens Classic (5/3) | 59.95 | 19th |

Emily Langenberg

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 1500m Run | Spartan Invite (4/12) | 4:40.26 | 3rd |
| 1500m Run | Jesse Owens Classic (5/3) | 4:42.60 | 18th |
| 1500m Run | Colonial Relays (4/4) | 4:47.70 | 19th |
| 5000m Run | Gina Relays (4/25) | 17:16.71 | 5th |

Ashley Lawrence

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| Discus Throw | Jesse Owens Classic (5/3) | 45.43m (149-0 1/2) | 12th |
| Discus Throw | Len Paddock Invite (5/10) | 44.85m (147-02) | 6th |
| Discus Throw | Spartan Invite (4/12) | 43.36m (142-3 1/4) | 3rd |
| Discus Throw | EMU Invite (4/19) | 41.68m (136-9) | 8th |
| Discus Throw | Colonial Relays (4/4) | 40.32m (132-3 1/2) | 6th |
| Discus Throw | Raleigh Relays (3/29) | 40.10m (131-6 3/4) | 12th |
| Discus Throw | Gina Relays (4/26) | 37.86m (124-2) | 23rd |
| Hammer Throw | Spartan Invite (4/12) | 46.52m (152-7 1/2) | t-5th |
| Hammer Throw | EMU Invite (4/19) | 45.92m (150-8) | 10th |
| Hammer Throw | Colonial Relays (4/4) | 44.80m (146-11 3/4) | 9th |
| Hammer Throw | Raleigh Relays (3/29) | 44.49m (145-11 1/2) | 12th |
| Shot Put | Gina Relays (4/25) | 13.59m (44-7) | 6th |
| Shot Put | Colonial Relays (4/4) | 13.43m (44-0 3/4) | 4th |
| Shot Put | Raleigh Relays (3/29) | 12.39m (40-7 3/4) | 22nd |
| Shot Put | EMU Invite (4/19) | 12.15m (39-10 1/4) | 13th |
| Shot Put | Len Paddock Invite (5/10) | 12.06m (39-07) | 14th |

Lauren Lindaman

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| 100m Hurdles | Gina Relays (4/26) | 15.94 | 16th |
| 100m Hurdles | EMU Invite (4/19) | 15.94 | 21st |
| 400m Hurdles | Spartan Invite (4/12) | 1:07.93 | 5th |
| 400m Hurdles | EMU Invite (4/19) | 1:08.57 | 16th |
| 400m Hurdles | Gina Relays (4/25) | 1:08.70 | 30th |

Emily MacLeod

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 1500m Run | Jesse Owens Classic (5/3) | 4:25.71* | 3rd |
| 1500m Run | EMU Invite (4/19) | 4:28.06 | 6th |
| 5000m Run | Gina Relays (4/25) | 16:51.62* | 2nd |

Paris Mandy

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 100m Dash | Gina Relays (4/26) | 12.15 | 4th |
| 100m Dash | Len Paddock Invite (5/10) | 12.32 | 6th |
| 100m Dash | Colonial Relays (4/4) | 12.33 | 3rd |
| 100m Dash | Spartan Invite (4/12) | 12.42 | 1st |
| 100m Dash | EMU Invite (4/19) | 12.66 | 10th |
| 200m Dash | Gina Relays (4/26) | 25.38 | 5th |
| 200m Dash | Len Paddock Invite (5/10) | 25.50 | 7th |

Erica Mann

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 100m Dash | Gina Relays (4/26) | 11.84 | 1st |
| 100m Dash | EMU Invite (4/19) | 12.01 | 2nd |
| 100m Dash | Jesse Owens Classic (5/3) | 12.02 | 13th |
| 100m Dash | Colonial Relays (4/4) | 12.03 | 1st |
| 100m Dash | Raleigh Relays (3/29) | 12.05 | 4th |
| 200m Dash | Jesse Owens Classic (5/3) | 24.38 | 9th |
| 200m Dash | EMU Invite (4/19) | 24.57 | 1st |
| 200m Dash | Colonial Relays (4/4) | 24.77 | 5th |
| 200m Dash | Gina Relays (4/26) | 24.80 | 1st |
| 200m Dash | Spartan Invite (4/12) | 24.86 | 2nd |

Becky McCormack

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 1500m Run | Spartan Invite (4/12) | 4:47.67 | 7th |
| 5000m Run | Gina Relays (4/25) | 17:24.82 | 11th |
| 5000m Run | Colonial Relays (4/4) | 17:32.12 | 5th |
| 5000m Run | Jesse Owens Classic (5/3) | 17:37.69 | 7th |

Michelle Mercer

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 1500m Run | EMU Invite (4/19) | 4:39.48 | 15th |
| 1500m Run | Spartan Invite (4/12) | 4:43.49 | 4th |
| 3000m Run | Gina Relays (4/26) | 10:00.51 | 4th |
| 5000m Run | Jesse Owens Classic (5/3) | 17:34.11 | 5th |

Kelsey Meyers

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 800m Run | Colonial Relays (4/4) | 2:23.72 | 36th |
| 1500m Run | Gina Relays (4/26) | 4:43.22 | 4th |
| 1500m Run | EMU Invite (4/19) | 4:46.03 | 23rd |
| 1500m Run | Jesse Owens Classic (5/3) | 4:46.74 | 22nd |
| 1500m Run | Spartan Invite (4/12) | 4:50.56 | 11th |

Kelley Miller

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| 800m Run | EMU Invite (4/19) | 2:17.23 | 15th |
| 800m Run | Colonial Relays (4/4) | 2:17.49 | 17th |
| 800m Run | Spartan Invite (4/12) | 2:19.84 | 6th |

Kenisha Nisbett

| Event | Meet (Date) | Time/Distance | Finish |
|---------------|-----------------------|----------------------|---------------|
| Javelin Throw | EMU Invite (4/19) | 27.30m (89-6 3/4) | 15th |
| Javelin Throw | Spartan Invite (4/12) | 24.31m (79-9 1/4) | 8th |
| Javelin Throw | Gina Relays (4/26) | 24.30m (79-8 3/4) | 37th |

Stephanie Miller

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| Pole Vault | Spartan Invite (4/12) | 3.55m (11-7 3/4) | 2nd |
| Pole Vault | Colonial Relays (4/4) | 3.55m (11-7 3/4) | 6th |
| Pole Vault | Gina Relays (4/26) | 3.55m (11-7 3/4) | 7th |
| Pole Vault | EMU Invite (4/19) | 3.40m (11-1 3/4) | t-10th |
| Pole Vault | Jesse Owens Classic (5/3) | 3.40m (11-1 3/4) | t-15th |

Jenna Nusholtz

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 800m Run | EMU Invite (4/19) | 2:12.91 | 8th |
| 800m Run | Jesse Owens Classic (5/3) | 2:13.81 | 14th |
| 800m Run | Spartan Invite (4/12) | 2:14.51 | 2nd |

Jaimie Obidike

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|--------------------|----------------------|---------------|
| 100m Hurdles | EMU Invite (4/19) | 17.31 | 23rd |

Zoe Pelbart

| Event | Meet (Date) | Time/Distance | Finish |
|---------------|---------------------------|----------------------|---------------|
| Javelin Throw | Jesse Owens Classic (5/3) | 48.42m (158-10 1/4)* | 3rd |
| Javelin Throw | Len Paddock (5/9) | 47.70m (156-06)* | 1st |
| Javelin Throw | Gina Relays (4/26) | 46.48m (152-5 3/4)* | 1st |
| Javelin Throw | Raleigh Relays (3/29) | 46.45m (152-4 3/4)* | 2nd |

Laura Portis

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| 1500m Run | Spartan Invite (4/12) | 4:49.55 | 8th |
| 5000m Run | EMU Invite (4/19) | 18:01.26 | 9th |
| 5000m Run | Gina Relays (4/25) | 18:08.93 | 26th |

Sarah Price

| Event | Meet (Date) | Time/Distance | Finish |
|--------------------|---------------------------|----------------------|---------------|
| 3000m Steeplechase | Jesse Owens Classic (5/3) | 10:53.80 | 9th |

Amanda Robinson

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| 400m Dash | Spartan Invite (4/12) | 1:00.34 | 4th |
| 400m Dash | EMU Invite (4/19) | 1:00.47 | 13th |
| 400m Dash | Gina Relays (4/26) | 1:00.55 | 22nd |
| 400m Hurdles | Gina Relays (4/25) | 1:06.65 | 18th |
| 400m Hurdles | EMU Invite (4/19) | 1:07.45 | 14th |
| 400m Hurdles | Colonial Relays (4/4) | 1:07.77 | 16th |
| 400m Hurdles | Spartan Invite (4/12) | 1:09.34 | 7th |

Lisa Senakiewich

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 1500m Run | Colonial Relays (4/4) | 4:21.69* | 1st |
| 1500m Run | Jesse Owens Classic (5/3) | 4:24.24* | 2nd |
| 1500m Run | EMU Invite (4/19) | 4:24.87* | 3rd |
| 5000m Run | Gina Relays (4/25) | 16:35.00* | 1st |

Katie Shaw

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| Pole Vault | Spartan Invite (4/12) | 3.85m (12-7 1/2)* | 1st |
| Pole Vault | Jesse Owens Classic (5/3) | 3.85m (12-7 1/2)* | 2nd |
| Pole Vault | Len Paddock (5/9) | 3.85m (12-7 1/2)* | t-2nd |
| Pole Vault | EMU Invite (4/19) | 3.85m (12-7 1/2)* | 2nd |
| Pole Vault | Gina Relays (4/26) | 3.70m (12-1 3/4) | 6th |
| Pole Vault | Colonial Relays (4/4) | 3.65m (11-11 3/4) | 4th |
| Pole Vault | Raleigh Relays (3/29) | 3.35m (11-0) | 2nd |

Amber Shelters

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 200m Dash | EMU Invite (4/19) | 26.23 | 19th |
| 200m Dash | Gina Relays (4/26) | 26.34 | 23rd |
| 400m Dash | Gina Relays (4/26) | 56.03 | 2nd |
| 400m Dash | Jesse Owens Classic (5/3) | 56.23 | 7th |
| 400m Dash | Colonial Relays (4/4) | 56.40 | 6th |
| 400m Dash | Raleigh Relays (3/29) | 56.51 | 13th |
| 400m Dash | Spartan Invite (4/12) | 56.54 | 1st |
| 400m Dash | EMU Invite (4/19) | 56.63 | 5th |

Samantha Skiles

| Event | Meet (Date) | Time/Distance | Finish |
|---------------|-----------------------|----------------------|---------------|
| Javelin Throw | Spartan Invite (4/12) | 30.26m (99-3 1/4) | t-4th |

Rebekah Smeltzer

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 1500m Run | Spartan Invite (4/12) | 4:45.06 | 5th |
| 1500m Run | EMU Invite (4/19) | 4:45.27 | 22nd |
| 1500m Run | Jesse Owens Classic (5/3) | 4:47.67 | 23rd |
| 1500m Run | Raleigh Relays (3/29) | 4:49.10 | 6th |
| 1500m Run | Colonial Relays (4/4) | 4:54.01 | 25th |
| 3000m Run | Gina Relays (4/26) | 10:22.71 | 10th |

Jackie Walton

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|---------------------------|----------------------|---------------|
| 100m Hurdles | Colonial Relays (4/4) | 13.78* | 1st |
| 100m Hurdles | EMU Invite (4/19) | 13.83* | 1st |
| 100m Hurdles | Raleigh Relays (3/29) | 13.86* | 1st |
| 100m Hurdles | Spartan Invite (4/12) | 13.89* | 1st |
| 100m Hurdles | Jesse Owens Classic (5/3) | 13.94 | 15th |
| 100m Hurdles | Gina Relays (4/26) | 14.05 | 1st |
| 200m Dash | Colonial Relays (4/4) | 24.56 | 4th |
| 200m Dash | Gina Relays (4/26) | 25.54 | 7th |
| 400m Hurdles | Jesse Owens Classic (5/3) | 1:03.67 | 11th |
| 400m Hurdles | EMU Invite (4/19) | 1:04.19 | 6th |

Thereseann Zimmerman

| Event | Meet (Date) | Time/Distance | Finish |
|--------------|-----------------------|----------------------|---------------|
| 1500m Run | Spartan Invite (4/12) | 5:07.22 | 24th |
| 5000m Run | EMU Invite (4/19) | 18:50.41 | 17th |

* Regional Qualifying Mark

2008 Top Event Performances - Women's Outdoor

Discus Throw

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|------------------|---------------------------|----------------------|---------------|
| Meagan Halliwill | Jesse Owens Classic (5/3) | 46.47m (152-5 1/2) | 10th |
| Ashley Lawrence | Jesse Owens Classic (5/3) | 45.43m (149-0 1/2) | 12th |
| Ashley Lawrence | Len Paddock Invite (5/10) | 44.85m (147-2) | 6th |
| Meagan Halliwill | Spartan Invite (4/12) | 43.93m (144-1 1/2) | 1st |
| Meagan Halliwill | Raleigh Relays (3/29) | 43.93m (144-1 1/2) | 6th |
| Meagan Halliwill | Colonial Relays (4/5) | 43.90m (144-0 1/4) | 1st |
| Meagan Halliwill | EMU Invite (4/19) | 43.90m (144-0 1/4) | 4th |
| Ashley Lawrence | Spartan Invite (4/12) | 43.36m (142-3 1/4) | 3rd |
| Ashley Lawrence | EMU Invite (4/19) | 41.68m (136-9) | 8th |
| Ashley Lawrence | Colonial Relays (4/5) | 40.32m (132-3 1/4) | 6th |
| Ashley Lawrence | Raleigh Relays (3/29) | 40.10m (131-6 3/4) | 12th |
| Ashley Lawrence | Gina Relays (4/26) | 37.86m (124-2) | 23rd |

Hammer Throw

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|------------------|---------------------------|----------------------|---------------|
| Meagan Halliwill | Jesse Owens Classic (5/3) | 57.80m (189-7 1/2)* | 6th |
| Meagan Halliwill | Colonial Relays (4/4) | 56.78m (186-3 1/2)* | 1st |
| Meagan Halliwill | EMU Invite (4/19) | 56.36m (184-10)* | 2nd |
| Meagan Halliwill | Gina Relays (4/25) | 56.04m (183-10 1/4)* | t-2nd |
| Meagan Halliwill | Len Paddock Invite (5/9) | 55.60m (182-5)* | 3rd |
| Meagan Halliwill | Spartan Invite (4/12) | 54.54m (178-11 1/4)* | 1st |
| Meagan Halliwill | Raleigh Relays (3/29) | 54.52m (178-10 1/2)* | 1st |
| Ashley Lawrence | Spartan Invite (4/12) | 46.52m (152-7 1/2) | 5th |
| Ashley Lawrence | EMU Invite (4/19) | 45.92m (150-8) | 10th |
| Ashley Lawrence | Colonial Relays (4/4) | 44.80m (146-11 3/4) | 9th |
| Ashley Lawrence | Raleigh Relays (3/29) | 44.49m (145-11 1/2) | 12th |

Javelin Throw

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|-----------------|---------------------------|----------------------|---------------|
| Zoe Pelbart | Jesse Owens Classic (5/3) | 48.42m (158-10 1/4)* | 3rd |
| Zoe Pelbart | Len Paddock Invite (5/9) | 47.70m (156-6)* | 1st |
| Zoe Pelbart | Gina Relays (4/26) | 46.48m (152-5 3/4)* | 1st |
| Zoe Pelbart | Raleigh Relays (3/29) | 46.45m (152-4 3/4)* | 2nd |
| Janet Hanchett | Gina Relays (4/26) | 30.36m (99-7 1/4) | 20th |
| Samantha Skiles | Spartan Invite (4/12) | 30.26m (99-3 1/4) | t-4th |
| Janet Hanchett | Spartan Invite (4/12) | 30.26m (99-3 1/4) | t-4th |
| Janet Hanchett | EMU Invite (4/19) | 28.58m (93-9 1/4) | 12th |
| Kenisha Nisbett | EMU Invite (4/19) | 27.30m (89-6 3/4) | 15th |

Shot Put

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|-----------------|---------------------------|----------------------|---------------|
| Ashley Lawrence | Gina Relays (4/25) | 13.59m (44-7) | 6th |
| Ashley Lawrence | Colonial Relays (4/5) | 13.43m (44-0 3/4) | 4th |
| Ashley Lawrence | Raleigh Relays (3/29) | 12.39m (40-7 3/4) | 22nd |
| Ashley Lawrence | EMU Invite (4/19) | 12.15m (39-10 1/4) | 13th |
| Ashley Lawrence | Len Paddock Invite (5/10) | 12.06m (39-7) | 14th |

Pole Vault

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|------------------|---------------------------|----------------------|---------------|
| Katie Shaw | Spartan Invite (4/12) | 3.85m (12-7 1/2)* | 1st |
| Katie Shaw | Len Paddock Invite (5/9) | 3.85m (12-7 1/2)* | t-2nd |
| Katie Shaw | Jesse Owens Classic (5/3) | 3.85m (12-7 1/2)* | 2nd |
| Katie Shaw | EMU Invite (4/19) | 3.85m (12-7 1/2)* | 2nd |
| Katie Shaw | Gina Relays (4/26) | 3.70m (12-1 3/4) | 6th |
| Katie Shaw | Colonial Relays (4/5) | 3.65m (11-11 3/4) | 4th |
| Stephanie Miller | Spartan Invite (4/12) | 3.55m (11-7 3/4) | 2nd |

| | | | |
|------------------|---------------------------|------------------|--------|
| Stephanie Miller | Colonial Relays (4/5) | 3.55m (11-7 3/4) | 6th |
| Stephanie Miller | Gina Relays (4/26) | 3.55m (11-7 3/4) | 7th |
| Stephanie Miller | EMU Invite (4/19) | 3.40m (11-1 3/4) | t-10th |
| Stephanie Miller | Jesse Owens Classic (5/3) | 3.40m (11-1 3/4) | t-15th |
| Katie Shaw | Raleigh Relays (3/29) | 3.35m (11-0) | 2nd |

Long Jump

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|-----------------|-----------------------|----------------------|---------------|
| Chaquerra Allen | Colonial Relays (4/4) | 5.67m (18-7 1/4) | 6th |
| Chaquerra Allen | EMU Invite (4/19) | 5.53m (18-1 3/4) | 4th |
| Brittany Howard | Colonial Relays (4/4) | 5.52m (18-1 1/4) | t-11th |
| Chaquerra Allen | Spartan Invite (4/12) | 5.48m (17-11 3/4) | 1st |
| Chaquerra Allen | Raleigh Relays (3/29) | 5.43m (17-9 3/4) | t-16th |
| Brittany Howard | Raleigh Relays (3/29) | 5.43m (17-9 3/4) | t-16th |

Triple Jump

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|-----------------|-----------------------|----------------------|---------------|
| Chaquerra Allen | Gina Relays (4/26) | 11.97m (39-3 1/4) | 2nd |
| Chaquerra Allen | Spartan Invite (4/12) | 11.60m (38-0 3/4) | 1st |
| Chaquerra Allen | Colonial Relays (4/5) | 11.52m (37-9 1/2) | 3rd |

100m Dash

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|----------------|---------------------------|----------------------|---------------|
| Erica Mann | Gina Relays (4/26) | 11.84 | 1st |
| Erica Mann | EMU Invite (4/19) | 12.01 | 2nd |
| Erica Mann | Jesse Owens Classic (5/3) | 12.02 | 13th |
| Erica Mann | Colonial Relays (4/5) | 12.03 | 1st |
| Erica Mann | Raleigh Relays (3/29) | 12.05 | 4th |
| Paris Mandy | Gina Relays (4/26) | 12.15 | 4th |
| Michelle Gay | Jesse Owens Classic (5/3) | 12.22 | 17th |
| Paris Mandy | Len Paddock Invite (5/10) | 12.32 | 6th |
| Paris Mandy | Colonial Relays (4/5) | 12.33 | 3rd |
| Paris Mandy | Spartan Invite (4/12) | 12.42 | 1st |

100m Hurdles

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|-----------------|---------------------------|----------------------|---------------|
| Jackie Walton | Colonial Relays (4/5) | 13.78* | 1st |
| Jackie Walton | EMU Invite (4/19) | 13.83* | 1st |
| Jackie Walton | Raleigh Relays (3/29) | 13.86* | 1st |
| Jackie Walton | Spartan Invite (4/12) | 13.89* | 1st |
| Jackie Walton | Jesse Owens Classic (5/3) | 13.94 | 15th |
| Jackie Walton | Gina Relays (4/26) | 14.05 | 1st |
| Lauren Lindaman | Gina Relays (4/26) | 15.94 | 16th |

200m Dash

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|-----------------|---------------------------|----------------------|---------------|
| Erica Mann | Jesse Owens Classic (5/3) | 24.38 | 9th |
| Tricia Kowalksi | Spartan Invite (4/12) | 24.54 | 1st |
| Erica Mann | EMU Invite (4/19) | 24.57 | 1st |
| Jackie Walton | Colonial Relays (4/4) | 24.56 | 4th |
| Erica Mann | Colonial Relays (4/4) | 24.77 | 5th |
| Erica Mann | Gina Relays (4/26) | 24.80 | 1st |
| Tricia Kowalski | Len Paddock (5/10) | 24.83 | 2nd |
| Erica Mann | Spartan Invite (4/12) | 24.86 | 2nd |
| Tricia Kowalski | EMU Invite (4/19) | 24.95 | 2nd |
| Michelle Gay | Spartan Invite (4/12) | 25.06 | 3rd |
| Paris Mandy | Gina Relays (4/26) | 25.38 | 5th |
| Paris Mandy | Len Paddock (5/10) | 25.50 | 7th |
| Jackie Walton | Gina Relays (4/26) | 25.54 | 7th |
| Michelle Gay | EMU Invite (4/19) | 25.65 | 12th |
| Michelle Gay | Colonial Relays (4/4) | 25.69 | 21st |
| Michelle Gay | Gina Relays (4/26) | 25.83 | 14th |

400m Dash

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|-----------------------|---------------------------|-----------------------------|----------------------|
| Amber Shelters | Gina Relays (4/26) | 56.03 | 2nd |
| Amber Shelters | Jesse Owens Classic (5/3) | 56.23 | 7th |
| Amber Shelters | Colonial Relays (4/4) | 56.40 | 6th |
| Amber Shelters | Raleigh Relays (3/29) | 56.51 | 13th |
| Amber Shelters | Spartan Invite (4/12) | 56.54 | 1st |
| Amber Shelters | EMU Invite (4/19) | 56.63 | 5th |
| Tricia Kowalski | EMU Invite (4/19) | 56.67 | 6th |
| Tricia Kowalski | Raleigh Relays (3/29) | 57.50 | 25th |
| Tricia Kowalski | Colonial Relays (4/4) | 57.62 | 11th |
| Michelle Gay | Colonial Relays (4/4) | 59.27 | 21st |
| Tricia Kowalski | Jesse Owens Classic (5/3) | 59.95 | 19th |
| Amanda Robinson | EMU Invite (4/19) | 1:00.47 | 13th |
| Amanda Robinson | Gina Relays (4/26) | 1:00.55 | 22nd |

400m Hurdles

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|-----------------------|---------------------------|-----------------------------|----------------------|
| Jackie Walton | Jesse Owens Classic (5/3) | 1:03.67 | 11th |
| Jackie Walton | EMU Invite (4/19) | 1:04.19 | 6th |
| Jackie Walton | Gina Relays (4/25) | 1:04.34 | 6th |
| Amanda Robinson | Gina Relays (4/25) | 1:06.65 | 18th |
| Amanda Robinson | EMU Invite (4/19) | 1:07.45 | 14th |
| Amanda Robinson | Colonial Relays (4/4) | 1:07.77 | 16th |
| Lauren Lindaman | Spartan Invite (4/12) | 1:07.93 | 5th |
| Lauren Lindaman | EMU Invite (4/19) | 1:08.57 | 16th |
| Lauren Lindaman | Gina Relays (4/25) | 1:08.70 | 30th |
| Amanda Robinson | Spartan Invite (4/12) | 1:09.34 | 7th |

800m Run

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|-----------------------|---------------------------|-----------------------------|----------------------|
| Jenna Nusholtz | EMU Invite (4/19) | 2:12.91 | 8th |
| Jenna Nusholtz | Jesse Owens Classic (5/3) | 2:13.81 | 14th |
| Jackie Gross | Spartan Invite (4/12) | 2:13.89 | 1st |
| Jackie Gross | Jesse Owens Classic (5/3) | 2:14.46 | 15th |
| Jenna Nusholtz | Spartan Invite (4/12) | 2:14.51 | 2nd |
| Jackie Gross | Colonial Relays (4/4) | 2:17.07 | 16th |
| Jackie Gross | EMU Invite (4/19) | 2:17.13 | 14th |
| Kelley Miller | EMU Invite (4/19) | 2:17.23 | 15th |
| Kelley Miller | Colonial Relays (4/4) | 2:17.49 | 17th |
| Kelley Miller | Spartan Invite (4/12) | 2:19.84 | 6th |
| Kelsey Meyers | Colonial Relays (4/4) | 2:23.72 | 36th |

1500m Run

| <u>Athlete</u> | <u>Meet (Date)</u> | <u>Time/Distance</u> | <u>Finish</u> |
|-----------------------|---------------------------|-----------------------------|----------------------|
| Lisa Senakiewich | Colonial Relays (4/4) | 4:21.69* | 1st |
| Lisa Senakiewich | Jesse Owens Classic (5/3) | 4:24.24* | 2nd |
| Lisa Senakiewich | EMU Invite (4/19) | 4:24.87* | 3rd |
| Emily MacLeod | Jesse Owens Classic (5/3) | 4:25.71* | 3rd |
| Emily MacLeod | EMU Invite (4/19) | 4:28.06 | 6th |
| Michelle Mercer | EMU Invite (4/19) | 4:39.48 | 15th |
| Emily Langenberg | Spartan Invite (4/12) | 4:40.26 | 3rd |
| Emily Langenberg | Jesse Owens Classic (5/3) | 4:42.60 | 18th |
| Michelle Mercer | Spartan Invite (4/12) | 4:43.49 | 4th |
| Rebekah Smeltzer | Spartan Invite (4/12) | 4:45.06 | 5th |
| Rebekah Smeltzer | EMU Invite (4/19) | 4:45.27 | 22nd |
| Kelsey Meyers | EMU Invite (4/19) | 4:46.03 | 23rd |
| Kelsey Meyers | Jesse Owens Classic (5/3) | 4:46.74 | 22nd |
| Becky McCormack | Spartan Invite (4/12) | 4:47.67 | 7th |
| Rebekah Smeltzer | Jesse Owens Classic (5/3) | 4:47.67 | 23rd |

3000m Run

| Athlete | Meet (Date) | Time/Distance | Finish |
|------------------|--------------------|----------------------|---------------|
| Michelle Mercer | Gina Relays (4/26) | 10:00.51 | 4th |
| Rebekah Smeltzer | Gina Relays (4/26) | 10:22.71 | 10th |

3000m Steeplechase

| Athlete | Meet (Date) | Time/Distance | Finish |
|----------------|---------------------------|----------------------|---------------|
| Sarah Price | Jesse Owens Classic (5/3) | 10:53.80 | 9th |

5000m Run

| Athlete | Meet (Date) | Time/Distance | Finish |
|-------------------|---------------------------|----------------------|---------------|
| Lisa Senakiewich | Gina Relays (4/25) | 16:35.00* | 1st |
| Emily MacLeod | Gina Relays (4/25) | 16:51.62* | 2nd |
| Emily Langenberg | Gina Relays (4/25) | 17:16.71 | 5th |
| Becky McCormack | Gina Relays (4/25) | 17:24.82 | 11th |
| Becky McCormack | Colonial Relays (4/4) | 17:32.12 | 5th |
| Michelle Mercer | Jesse Owens Classic (5/3) | 17:34.11 | 5th |
| Becky McCormack | Jesse Owens Classic (5/3) | 17:37.69 | 7th |
| Elizabeth Hoefing | EMU Invite (4/19) | 17:56.10 | 7th |
| Ashley Casavant | Colonial Relays (4/4) | 17:56.76 | 10th |
| Laura Portis | EMU Invite (4/19) | 18:01.26 | 9th |
| Laura Portis | Gina Relays (4/25) | 18:08.93 | 26th |
| Elizabeth Hoefing | Jesse Owens Classic (5/3) | 18:13.94 | 9th |

4x100m Relay

| Athletes | Meet (Date) | Time/Distance | Finish |
|--------------------------|-----------------------|----------------------|---------------|
| Mann, Mandy, Walton, Gay | Gina Relays (4/26) | 45.99 | 1st |
| Walton, Mann, Mandy, Gay | Colonial Relays (4/5) | 46.49 | 2nd |

4x400m Relay

| Athletes | Meet (Date) | Time/Distance | Finish |
|--------------------------|-----------------------|----------------------|---------------|
| Walton, Mann, Mandy, Gay | Colonial Relays (4/5) | 3:49.01 | 2nd |

4x800m Relay

| Athletes | Meet (Date) | Time/Distance | Finish |
|----------------------------------|-----------------------|----------------------|---------------|
| Gross, MacLeod, Miller, Nusholtz | Colonial Relays (4/5) | 9:00.33 | 2nd |

4x1500m Relay

| Athletes | Meet (Date) | Time/Distance | Finish |
|---|-----------------------|----------------------|---------------|
| Gross, Langenberg, MacLeod, Senakiewich | Colonial Relays (4/5) | 18:33.74 | 1st |

Distance Medley

| Athletes | Meet (Date) | Time/Distance | Finish |
|------------------------------------|-----------------------|----------------------|---------------|
| Gross, Langenberg, MacLeod, Miller | Colonial Relays (4/5) | 12:05.35 | 5th |

* Regional Qualifying Mark