

2008 Top Event Performances - Women's Outdoor

Discus Throw

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Meagan Halliwill	Jesse Owens Classic (5/3)	46.47m (152-5 1/2)	10th
Ashley Lawrence	Jesse Owens Classic (5/3)	45.43m (149- 1/2)	12th
Ashley Lawrence	Len Paddock Invite (5/10)	44.85m (147-2)	6th
Meagan Halliwill	Spartan Invite (4/12)	43.93m (144-1 1/2)	1st
Meagan Halliwill	Raleigh Relays (3/29)	43.93m (144-1 1/2)	6th
Meagan Halliwill	Colonial Relays (4/5)	43.90m (144- 1/4)	1st
Meagan Halliwill	EMU Invite (4/19)	43.90m (144- 1/4)	4th
Ashley Lawrence	Spartan Invite (4/12)	43.36m (142-3 1/4)	3rd
Meagan Halliwill	Big Ten Championships (5/18)	42.75m (140-3)	10th
Ashley Lawrence	EMU Invite (4/19)	41.68m (136-9)	8th
Ashley Lawrence	Colonial Relays (4/5)	40.32m (132-3 1/4)	6th
Ashley Lawrence	Raleigh Relays (3/29)	40.10m (131-6 3/4)	12th
Ashley Lawrence	Gina Relays (4/26)	37.86m (124-2)	23rd

Hammer Throw

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Meagan Halliwill	Jesse Owens Classic (5/3)	57.80m (189-7 1/2)*	6th
Meagan Halliwill	Colonial Relays (4/4)	56.78m (186-3 1/2)*	1st
Meagan Halliwill	EMU Invite (4/19)	56.36m (184-10)*	2nd
Meagan Halliwill	Gina Relays (4/25)	56.04m (183-10 1/4)*	t-2nd
Meagan Halliwill	Len Paddock Invite (5/9)	55.60m (182-5)*	3rd
Meagan Halliwill	Big Ten Championships (5/16)	55.67m (182-8)*	3rd
Meagan Halliwill	Spartan Invite (4/12)	54.54m (178-11 1/4)*	1st
Meagan Halliwill	Raleigh Relays (3/29)	54.52m (178-10 1/2)*	1st
Meagan Halliwill	Midwest Regional Championships (5/30)	54.10m (177-6)	17th
Ashley Lawrence	Big Ten Championships (5/16)	48.18m (158-1)	15th
Ashley Lawrence	Spartan Invite (4/12)	46.52m (152-7 1/2)	5th
Ashley Lawrence	EMU Invite (4/19)	45.92m (150-8)	10th
Ashley Lawrence	Colonial Relays (4/4)	44.80m (146-11 3/4)	9th
Ashley Lawrence	Raleigh Relays (3/29)	44.49m (145-11 1/2)	12th

Javelin Throw

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Zoe Pelbart	Big Ten Championships (5/17)	48.99m (160-9)*	5th
Zoe Pelbart	Jesse Owens Classic (5/3)	48.42m (158-10 1/4)*	3rd
Zoe Pelbart	Len Paddock Invite (5/9)	47.70m (156-6)*	1st
Zoe Pelbart	Midwest Regional Championships (5/31)	47.24m (155-0)*	5th
Zoe Pelbart	Gina Relays (4/26)	46.48m (152-5 3/4)*	1st
Zoe Pelbart	Raleigh Relays (3/29)	46.45m (152-4 3/4)*	2nd
Janet Hanchett	Gina Relays (4/26)	30.36m (99-7 1/4)	20th
Samantha Skiles	Spartan Invite (4/12)	30.26m (99-3 1/4)	t-4th
Janet Hanchett	Spartan Invite (4/12)	30.26m (99-3 1/4)	t-4th
Janet Hanchett	EMU Invite (4/19)	28.58m (93-9 1/4)	12th
Kenisha Nisbett	EMU Invite (4/19)	27.30m (89-6 3/4)	15th

Shot Put

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Ashley Lawrence	Big Ten Championships (5/17)	14.12m (46-4)	11th
Ashley Lawrence	Gina Relays (4/25)	13.59m (44-7)	6th
Ashley Lawrence	Colonial Relays (4/5)	13.43m (44- 3/4)	4th
Ashley Lawrence	Raleigh Relays (3/29)	12.39m (40-7 3/4)	22nd
Ashley Lawrence	EMU Invite (4/19)	12.15m (39-10 1/4)	13th
Ashley Lawrence	Len Paddock Invite (5/10)	12.06m (39-7)	14th

Pole Vault

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Katie Shaw	Big Ten Championships (5/18)	3.95m (12-11 1/2)*	6th
Katie Shaw	Spartan Invite (4/12)	3.85m (12-7 1/2)	1st
Katie Shaw	Len Paddock Invite (5/9)	3.85m (12-7 1/2)*	t-2nd
Katie Shaw	Jesse Owens Classic (5/3)	3.85m (12-7 1/2)*	2nd
Katie Shaw	EMU Invite (4/19)	3.85m (12-7 1/2)*	2nd
Stephanie Miller	Big Ten Championships (5/18)	3.75m (12-3 1/2)	13th
Katie Shaw	Gina Relays (4/26)	3.70m (12-1 3/4)	6th
Katie Shaw	Mideast Regional Championships (5/30)	3.66m (12-0)	19th
Katie Shaw	Colonial Relays (4/5)	3.65m (11-11 3/4)	4th
Stephanie Miller	Spartan Invite (4/12)	3.55m (11-7 3/4)	2nd
Stephanie Miller	Colonial Relays (4/5)	3.55m (11-7 3/4)	6th
Stephanie Miller	Gina Relays (4/26)	3.55m (11-7 3/4)	7th
Stephanie Miller	EMU Invite (4/19)	3.40m (11-1 3/4)	t-10th
Stephanie Miller	Jesse Owens Classic (5/3)	3.40m (11-1 3/4)	t-15th
Katie Shaw	Raleigh Relays (3/29)	3.35m (11-0)	2nd

Long Jump

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Chaquerra Allen	Big Ten Championships (5/17)	5.73m (18-9 3/4)	14th
Chaquerra Allen	Colonial Relays (4/4)	5.67m (18-7 1/4)	6th
Chaquerra Allen	EMU Invite (4/19)	5.53m (18-1 3/4)	4th
Brittany Howard	Colonial Relays (4/4)	5.52m (18-1 1/4)	t-11th
Chaquerra Allen	Spartan Invite (4/12)	5.48m (17-11 3/4)	1st
Chaquerra Allen	Raleigh Relays (3/29)	5.43m (17-9 3/4)	t-16th
Brittany Howard	Raleigh Relays (3/29)	5.43m (17-9 3/4)	t-16th

Triple Jump

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Chaquerra Allen	Gina Relays (4/26)	11.97m (39-3 1/4)	2nd
Chaquerra Allen	Big Ten Championships (5/18)	11.93m (39-1 3/4)	t-11th
Chaquerra Allen	Spartan Invite (4/12)	11.60m (38-0 3/4)	1st
Chaquerra Allen	Colonial Relays (4/5)	11.52m (37-9 1/2)	3rd

100m Dash

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Erica Mann	Mideast Regional Championships (5/30)	11.57	12th
Erica Mann	Big Ten Championships (5/17)	11.75^	7th
Erica Mann	Big Ten Championships (5/18)	11.77	6th
Erica Mann	Gina Relays (4/26)	11.84	1st
Paris Mandy	Big Ten Championships (5/17)	11.93^	12th
Erica Mann	EMU Invite (4/19)	12.01	2nd
Erica Mann	Jesse Owens Classic (5/3)	12.02	13th
Erica Mann	Colonial Relays (4/5)	12.03	1st
Erica Mann	Raleigh Relays (3/29)	12.05	4th
Paris Mandy	Gina Relays (4/26)	12.15	4th
Michelle Gay	Jesse Owens Classic (5/3)	12.22	17th
Michelle Gay	Big Ten Championships (5/17)	12.25^	19th
Paris Mandy	Len Paddock Invite (5/10)	12.32	6th
Paris Mandy	Colonial Relays (4/5)	12.33	3rd
Paris Mandy	Spartan Invite (4/12)	12.42	1st

100m Hurdles

Athlete	Meet (Date)	Time/Distance	Finish
Jackie Walton	Big Ten Championships (5/17)	13.46*^	5th
Jackie Walton	Mideast Regional Championships (5/30)	13.48	15th
Jackie Walton	Colonial Relays (4/5)	13.78*	1st
Jackie Walton	EMU Invite (4/19)	13.83*	1st
Jackie Walton	Raleigh Relays (3/29)	13.86*	1st
Jackie Walton	Spartan Invite (4/12)	13.89*	1st
Jackie Walton	Jesse Owens Classic (5/3)	13.94	15th
Jackie Walton	Gina Relays (4/26)	14.05	1st
Lauren Lindaman	Gina Relays (4/26)	15.94	16th

200m Dash

Athlete	Meet (Date)	Time/Distance	Finish
Erica Mann	Jesse Owens Classic (5/3)	24.38	9th
Tricia Kowalksi	Spartan Invite (4/12)	24.54	1st
Erica Mann	EMU Invite (4/19)	24.57	1st
Jackie Walton	Colonial Relays (4/4)	24.56	4th
Jackie Walton	Big Ten Championships (5/17)	24.59^	9th
Erica Mann	Big Ten Championships (5/17)	24.68^	10th
Tricia Kowalksi	Big Ten Championships (5/17)	24.72^	12th
Erica Mann	Colonial Relays (4/4)	24.77	5th
Erica Mann	Gina Relays (4/26)	24.80	1st
Tricia Kowalksi	Len Paddock (5/10)	24.83	2nd
Erica Mann	Spartan Invite (4/12)	24.86	2nd
Tricia Kowalksi	EMU Invite (4/19)	24.95	2nd
Michelle Gay	Spartan Invite (4/12)	25.06	3rd
Paris Mandy	Gina Relays (4/26)	25.38	5th
Paris Mandy	Len Paddock (5/10)	25.50	7th
Jackie Walton	Gina Relays (4/26)	25.54	7th
Michelle Gay	EMU Invite (4/19)	25.65	12th
Michelle Gay	Big Ten Championships (5/17)	25.68^	17th
Michelle Gay	Colonial Relays (4/4)	25.69	21st
Michelle Gay	Gina Relays (4/26)	25.83	14th

400m Dash

Athlete	Meet (Date)	Time/Distance	Finish
Amber Shelters	Gina Relays (4/26)	56.03	2nd
Amber Shelters	Jesse Owens Classic (5/3)	56.23	7th
Amber Shelters	Colonial Relays (4/4)	56.40	6th
Amber Shelters	Raleigh Relays (3/29)	56.51	13th
Amber Shelters	Spartan Invite (4/12)	56.54	1st
Amber Shelters	EMU Invite (4/19)	56.63	5th
Tricia Kowalksi	EMU Invite (4/19)	56.67	6th
Amber Shelters	Big Ten Championships (5/17)	56.93^	11th
Tricia Kowalksi	Raleigh Relays (3/29)	57.50	25th
Tricia Kowalksi	Colonial Relays (4/4)	57.62	11th
Michelle Gay	Colonial Relays (4/4)	59.27	21st
Tricia Kowalksi	Jesse Owens Classic (5/3)	59.95	19th
Amanda Robinson	EMU Invite (4/19)	1:00.47	13th
Amanda Robinson	Gina Relays (4/26)	1:00.55	22nd

400m Hurdles

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Jackie Walton	Jesse Owens Classic (5/3)	1:03.67	11th
Jackie Walton	EMU Invite (4/19)	1:04.19	6th
Jackie Walton	Gina Relays (4/25)	1:04.34	6th
Amanda Robinson	Gina Relays (4/25)	1:06.65	18th
Amanda Robinson	EMU Invite (4/19)	1:07.45	14th
Amanda Robinson	Colonial Relays (4/4)	1:07.77	16th
Lauren Lindaman	Spartan Invite (4/12)	1:07.93	5th
Lauren Lindaman	EMU Invite (4/19)	1:08.57	16th
Lauren Lindaman	Gina Relays (4/25)	1:08.70	30th
Amanda Robinson	Spartan Invite (4/12)	1:09.34	7th

800m Run

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Jenna Nusholtz	EMU Invite (4/19)	2:12.91	8th
Jenna Nusholtz	Jesse Owens Classic (5/3)	2:13.81	14th
Jackie Gross	Spartan Invite (4/12)	2:13.89	1st
Jackie Gross	Jesse Owens Classic (5/3)	2:14.46	15th
Jenna Nusholtz	Spartan Invite (4/12)	2:14.51	2nd
Jenna Nusholtz	Big Ten Championships (5/17)	2:15.82^	19th
Kelley Miller	Big Ten Championships (5/17)	2:15.85^	20th
Jackie Gross	Big Ten Championships (5/17)	2:16.84^	24th
Jackie Gross	Colonial Relays (4/4)	2:17.07	16th
Jackie Gross	EMU Invite (4/19)	2:17.13	14th
Kelley Miller	EMU Invite (4/19)	2:17.23	15th
Kelley Miller	Colonial Relays (4/4)	2:17.49	17th
Kelley Miller	Spartan Invite (4/12)	2:19.84	6th
Kelsey Meyers	Colonial Relays (4/4)	2:23.72	36th

1500m Run

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Lisa Senakiewich	Colonial Relays (4/4)	4:21.69*	1st
Lisa Senakiewich	Jesse Owens Classic (5/3)	4:24.24*	2nd
Lisa Senakiewich	Big Ten Championships (5/18)	4:24.35*	4th
Lisa Senakiewich	EMU Invite (4/19)	4:24.87*	3rd
Emily MacLeod	Jesse Owens Classic (5/3)	4:25.71*	3rd
Emily MacLeod	EMU Invite (4/19)	4:28.06	6th
Lisa Senakiewich	Big Ten Championships (5/17)	4:28.36^	5th
Emily MacLeod	Midwest Regional Championships (5/30)	4:35.58	15th
Lisa Senakiewich	Midwest Regional Championships (5/30)	4:37.50	17th
Michelle Mercer	EMU Invite (4/19)	4:39.48	15th
Emily Langenberg	Spartan Invite (4/12)	4:40.26	3rd
Emily Langenberg	Jesse Owens Classic (5/3)	4:42.60	18th
Michelle Mercer	Spartan Invite (4/12)	4:43.49	4th
Rebekah Smeltzer	Spartan Invite (4/12)	4:45.06	5th
Rebekah Smeltzer	EMU Invite (4/19)	4:45.27	22nd
Kelsey Meyers	EMU Invite (4/19)	4:46.03	23rd
Kelsey Meyers	Jesse Owens Classic (5/3)	4:46.74	22nd
Becky McCormack	Spartan Invite (4/12)	4:47.67	7th
Rebekah Smeltzer	Jesse Owens Classic (5/3)	4:47.67	23rd
Kelsey Meyers	Big Ten Championships (5/17)	4:47.91^	22nd
Rebekah Smeltzer	Big Ten Championships (5/17)	4:55.14^	26th

3000m Run

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Michelle Mercer	Gina Relays (4/26)	10:00.51	4th
Rebekah Smeltzer	Gina Relays (4/26)	10:22.71	10th

3000m Steeplechase

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Sarah Price	Mideast Regional Championships (5/31)	10:35.91*	3rd
Sarah Price	Big Ten Championships (5/17)	10:43.28*	8th
Sarah Price	Jesse Owens Classic (5/3)	10:53.80	9th

5000m Run

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Lisa Senakiewich	Gina Relays (4/25)	16:35.00*	1st
Lisa Senakiewich	Big Ten Championships (5/18)	16:43.58*	6th
Emily MacLeod	Gina Relays (4/25)	16:51.62*	2nd
Emily MacLeod	Big Ten Championships (5/18)	17:10.89	10th
Emily Langenberg	Gina Relays (4/25)	17:16.71	5th
Becky McCormack	Gina Relays (4/25)	17:24.82	11th
Becky McCormack	Colonial Relays (4/4)	17:32.12	5th
Emily Langenberg	Big Ten Championships (5/18)	17:33.91	17th
Michelle Mercer	Jesse Owens Classic (5/3)	17:34.11	5th
Becky McCormack	Jesse Owens Classic (5/3)	17:37.69	7th
Elizabeth Hoefing	EMU Invite (4/19)	17:56.10	7th
Ashley Casavant	Colonial Relays (4/4)	17:56.76	10th
Laura Portis	EMU Invite (4/19)	18:01.26	9th
Laura Portis	Gina Relays (4/25)	18:08.93	26th
Elizabeth Hoefing	Jesse Owens Classic (5/3)	18:13.94	9th

10000m Run

<u>Athlete</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Becky McCormack	Big Ten Championships (5/16)	35:46.68	8th

4x100m Relay

<u>Athletes</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Walton, Mann, Kowalski, Mandy	Big Ten Championships (5/17)	45.54*^	4th
Walton, Mann, Kowalski, Mandy	Big Ten Championships (5/18)	45.73	4th
Mann, Mandy, Walton, Gay	Gina Relays (4/26)	45.99	1st
Walton, Mann, Kowalski, Mandy	Mideast Regional Championships (5/30)	46.25^	14th
Walton, Mann, Mandy, Gay	Colonial Relays (4/5)	46.49	2nd

4x400m Relay

<u>Athletes</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Walton, Mann, Mandy, Gay	Colonial Relays (4/5)	3:49.01	2nd
Shelters, Kowalski, Mann, Mandy	Big Ten Championships (5/18)	3:50.62	9th

4x800m Relay

<u>Athletes</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Gross, MacLeod, Miller, Nusholtz	Colonial Relays (4/5)	9:00.33	2nd

4x1500m Relay

<u>Athletes</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Gross, Langenberg, MacLeod, Senakiewich	Colonial Relays (4/5)	18:33.74	1st

Distance Medley

<u>Athletes</u>	<u>Meet (Date)</u>	<u>Time/Distance</u>	<u>Finish</u>
Gross, Langenberg, MacLeod, Miller	Colonial Relays (4/5)	12:05.35	5th

* Regional Qualifying Mark

^ Preliminary Heat