

Spartan Invitational Track & Field Meet

Saturday April 4, 2009

MEET INFORMATION

- Scoring:** The Spartan Invitational is a non-scored meet.
- Location:** Ralph Young Track and Field Facility at the corner of Shaw Lane and Chestnut Road (Southwest of Spartan Football Stadium). The hammer, discus and javelin will be contested at Munn Field directly across Chestnut Road from the track.
- Parking:** Stadium Lot located directly east of the Track.
- Entry Fee:** \$300 for combined programs and \$175 per gender for split programs. \$10 for unattached collegiate athletes (e.g., MSU-Unattached) and \$15 for post-collegiate. Please make checks payable to: **MSU**
- Entries:** www.directathletics.com
- Deadline:** **5:00 PM, Wednesday April 1**
- Packet Pick-up:** At main entrance to the track. Entry fees will also be collected at this location.
- Implement Weigh-In and Inspection:** (for ALL throwing implements)
8:00 – 8:45 AM. At the track shed located at the Southeast corner of the track (by main entrance).
- Equipment:** ¼" maximum spike length, starting blocks will be provided
- Trainers:** Michigan State Sports Medicine Staff will be available. Trainers from schools will have access to the training area.
- Showers:** Available at Jenison Field House. Bring your own towels.
- Check-in:** Field event athletes check-in at the competition site 30 minutes prior to start of scheduled competition.
- Track event athletes check-in at the clerk of the course no less than 30 minutes prior to the scheduled start time of event.

For questions please email Randy Gillon rgillon1@ath.msu.edu

Spartan Invitational Track & Field Meet

Saturday April 4, 2009

TENATIVE MEET SCHEDULE

Field Events: Men will follow the women unless noted otherwise.

9:00 AM	Discus*
11:00 AM	Shot Put
	Javelin* (Men followed by women)
	Women's Pole Vault
	Long Jump
	Triple Jump (Rolling start; will follow LJ)
12:00 PM	High Jump
1:30 PM	Men's Pole Vault (Follows Women's PV, No earlier)
2:00 PM	Hammer*

*Contested at Munn Field (Adjacent to Track)

Morning Running Events: Men will follow the women.

9:30 AM	5000m (Additional sections)
	1500m (Additional sections)
	800m (Additional sections)

Afternoon Running Events: Men will follow the women.

12:00 PM	Steeplechase
12:30 PM	4X100m Relay
12:45 PM	1500m (1-2 Sections)
1:20 PM	100m Hurdles
1:45 PM	400m
2:20 PM	100m
2:50 PM	800m (1-3 Sections)
3:20 PM	400m Hurdles
3:50 PM	200m
4:20 PM	5000m (1 Section)
5:00 PM	4X400m Relay

Field event athletes check-in at the competition site 30 minutes prior to start of scheduled competition.

Track event athletes check-in at the clerk of the course no less than 30 minutes prior to the scheduled start time of event.