

Michigan State University,
Department of Intercollegiate Athletics



2011-2012
Athletic Teams
Visitors Guide

BIG

Dear Student-Athletes, Coaches and Friends:

Welcome to East Lansing, home of the Spartans of Michigan State University. Michigan State University has a proud tradition of top-ranked athletic teams and outstanding student-athletes. As the nation's premier land-grant university, Michigan State prides itself on providing the best possible education to its students, with the knowledge that the education they receive today is the foundation for the successes of tomorrow. The entire MSU community—fellow students, faculty and staff, and alumni and friends—takes pride in their accomplishments, both on and off the field.

During your stay, we hope that you get the opportunity to tour the unique and beautiful campus—including the Beal Botanical Garden, Beaumont Tower, Abrams Planetarium, and the Kresge Art Museum—just to name a few.

With the completion of our new Tower connected to Spartan Stadium, as well as upgrades to our softball facility, volleyball arena, and a new locker room for field hockey, we are excited for all visiting teams and look forward to being your host.

The Athletic Department is available to assist you during your visit and we welcome you to Spartan Country. We hope you have a successful time while here, and wish you the best of luck and safety, in all of your competitions.

Sincerely,

Mark J. Hollis
Athletic Director

MSU ADMINISTRATION

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MEN'S SPORTS

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BASKETBALL

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FOOTBALL

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MSU HEAD COACHES

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SWIMMING & DIVING

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TENNIS

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TRACK & FIELD

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WRESTLING

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WOMEN'S SPORTS

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TENNIS	SIMONE JARDIM	432-0636 Fax: 432-4393 simonepj@ath.msu.edu
TRACK & FIELD	WALTER DRENTH	355-1640 Fax: 432-1047 wdrenth@ath.msu.edu
VOLLEYBALL	CATHY GEORGE	355-4750 Fax: 432-1047 cathygeorge@ath.msu.edu

ATHLETIC TRAINING ROOMS AND STAFF

FOOTBALL

DUFFY DAUGHERTY BUILDING

JEFF MONROE

517-353-1655

SALLY NOGLE

517-353-1655

BASKETBALL

BRESLIN EVENTS CENTER

TOM MACKOWIAK

517-432-1015

LOU ANNE JEFFERSON

ICE HOCKEY

MUNN ICE ARENA

DAVE CARRIER

517-353-4564

OTHER SPORTS

JENISON FIELD HOUSE

DESTINY TEACHNOR-HAUK

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LIANNA HADDEN

BRIAN BRATTA

MSU TEAM PHYSICIANS

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EMERGENCY

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MSU FACILITIES AND DIRECTIONS

BASKETBALL

BRESLIN STUDENT EVENTS CENTER

Located at the corner of Harrison Road and Kalamazoo Street. Take I-496/127 to the Trowbridge Exit. Turn left at Harrison Road. Turn Right on West Shaw Lane. Breslin Student Events Center in on the left. Full locker facilities and training room available. Enter via the tunnel on the south end of Breslin Center.

****Bus Parking—Bus should enter from West Shaw Lane Road and park in the tunnel at the south entrance of the Center.**

FOOTBALL

FIELD HOCKEY

SPARTAN STADIUM

Located between Red Cedar Road and West Shaw Lane. Take I-496/127 to the Trowbridge Exit. Turn left at Harrison Road, then right at West Shaw Lane. Stadium is on the left. Full locker facilities are in the stadium. Enter through the main entrance under the scoreboard on the north side of the stadium.

****Bus Parking—Bus should enter from Red Cedar Road and park in the tunnel at the north entrance of the stadium.**

RALPH YOUNG STADIUM

Located between Red Cedar Road and West Shaw Lane. Take I-496/127 to the Trowbridge Exit. Turn left at Harrison Road, then right at West Shaw Lane. Stadium is on the left. Full locker facilities are in the stadium.

****Bus Parking—Bus should enter West Shaw Lane and park in the lot just South of the Football Stadium.**

CROSS COUNTRY

FOREST AKERS GOLF COURSE

Located on Harrison Road, just south of Mt. Hope Road. Take I-496/127 to the Trowbridge Exit. Turn Right at Harrison, past Mt. Hope Road. Courses are on both sides. **THERE ARE NO LOCKER FACILITIES IN THIS BUILDING.** Teams should use Jenison Field House facilities.

GOLF

FOREST AKERS GOLF COURSE

Located just off Forest Road. Take I-496/127 to the Trowbridge Exit. Turn Right at Harrison, past Mt. Hope Road. Turn Right at Forest Road. Follow Forest Road to the Right. Turn Right into the Executive Development Center. Full Locker room facilities available.

SWIMMING & DIVING

IM-WEST SPORTS ARENA

Located between Chestnut Road and Spartan Stadium. Take I-496/127 to the Trowbridge Exit. Turn left at Harrison Road, then right Kalamazoo Road. Veer right onto Red Cedar Road. Arena is on right. Park in designated lot.

VOLLEYBALL

GYMNASTICS

INDOOR TRACK & FIELD

WRESTLING

JENISON FIELD HOUSE

Located on Kalamazoo Street just past the Breslin Center. Take I-496/127 to the Trowbridge Exit. Turn left at Harrison Road, then right at Kalamazoo Road. Full locker room facilities available.

****Bus Parking—Bus should enter from Kalamazoo Road and park in the main parking lot next to building.**

CREW

SLEEPY HOLLOW STATE PARK

Located North of East Lansing. Follow 127/27 North to Price Road. Turn Right onto Price Road. Located just past Shepardsville Road. Bus Parking available. All normal Park and Recreation facilities available.

GRAND RIVER

Located in the heart of downtown Lansing. Take I-496 East to Lansing Road Exit. After underpass, Turn Left into Grand River Park. Take first left in park to the Boathouse.

ICE HOCKEY

MUNN ICE ARENA

Located between Birch Road and Chestnut Road, just south of Demonstration Hall. Take I-496/127 to the Trowbridge Exit. Turn left at Harrison Road, then right at Kalamazoo Road. Turn Right on Demonstration Hall Road. Ice Arena is on the right. Full locker facilities available.

****Bus Parking—Bus should enter from Kalamazoo Road and drop off athletes behind Munn Arena. Parking is in the parking lot just West of the Football Stadium next to the IM-West Building.**

BASEBALL

SOFTBALL

SOCCER

KOBS FIELD/OLD COLLEGE FIELD

Located on Kalamazoo Street just past the Breslin Center and directly behind Jenison Field House. Take I-496/127 to the Trowbridge Exit. Turn left at Harrison Road, then right at Kalamazoo Road. Full locker room facilities available in Jenison Field House.

****Bus Parking—Bus should enter from Kalamazoo Road and park in the back of the Jenison Field House lot adjacent to the baseball field.**

OLDSMOBILE PARK-BASEBALL

From the North (Mt. Pleasant / Clare): US 127 South, to Grand River/Saginaw Exit. Take Grand River west. Turn left on Cedar, Stadium up on left.

From the South (Charlotte): I-69 North to I-96 West to Saginaw Highway exit (use the first Saginaw Hwy. exit). Take Saginaw Hwy. (aprox. 5 miles) east to Cedar Street turn right and take Cedar south to stadium.

From the East (Detroit): I-96 to US 127 North. Take Grand River/Saginaw Exit. Turn Left. Take Grand River west to Cedar Street (aprox. 3 miles). Turn left on Cedar, Stadium up on left.

From the East (Flint): I-69 West to US 127 South to Grand River/Saginaw Exit. Turn right. Take Grand River west to Cedar Street (aprox. 3 miles). Turn left on Cedar, Stadium up on left.

From the West (Grand Rapids): I-96 east to Saginaw Highway exit (use the first Saginaw Hwy. exit). Take Saginaw Hwy. (aprox. 5 miles) east to Cedar Street turn right and take Cedar south to stadium.

TENNIS

MSU INDOOR TENNIS FACILITY

Located on Mt. Hope Road. Take I-496/127 to the Trowbridge Exit. Turn Right at Harrison Road. Follow to Mt. Hope Road and turn right. Facility is on the right. Full locker room facilities are available.

MSU OUTDOOR TENNIS FACILITY

Located on Chestnut Road to the right of the Duffy Daugherty Football Building and behind the outdoor basketball courts. Take I-496/127 to the Trowbridge Exit. Turn Left onto Harrison Road. Follow to Chestnut and make a right. The outdoor Tennis Facility will be on the left.

OUTDOOR TRACK & FIELD

RALPH YOUNG TRACK STADIUM

Located between Red Cedar Road and West Shaw Lane. Take I-496/127 to the Trowbridge Exit. Turn left at Harrison Road, then right at West Shaw Lane. Stadium is on the left. Full locker facilities are in the stadium.

****Bus Parking—Bus should enter West Shaw Lane and park in the lot just South of the Football Stadium.**

GENERAL DIRECTIONS TO THE UNVIERSITY FROM:

The North—Follow 127 South to the Trowbridge Exit. Consult Facilities and Directions for where to go from here.

Grand Rapids—Follow 96 East to 127 South and take the Trowbridge Exit. Consult Facilities and Directions for where to go from here.

Chicago—Follow 94 East until 69 North. Follow 69 North to 496 to downtown. Follow through downtown and exit at Trowbridge Road. Consult Facilities and Directions for where to go from here.

The South—Follow 127 North. Take the Trowbridge exit. Consult Facilities and Directions for where to go from here.

The East (Including the Detroit Metro Airport)—Stay on 96 West until you hit I-496/127. Take I-496/127 North and exit at the Trowbridge exit. Consult Facilities and Directions for where to go from here.

AIRPORT INFORMATION

DETROIT METRO AIRPORT: Located approximately 90 miles east of Lansing, this airport services all major airlines. For more information about flying into and out of the Detroit Metro Airport, contact your personal travel agent or agency.

GRAND RAPIDS AIRPORT: Located approximately 60 miles west of Lansing, this airport services most major airlines. For more information about flying into and out of the Grand Rapids, contact your personal travel agent or agency.

LANSING CAPITAL CITY: Located approximately 10 mile from Campus, this airport services the following airlines:

DELTA/NORTHWEST	800-532-4777 (Group Sales)
UNITED EXPRESS	800-241-6522

RENTAL CAR INFORMATION

AT THE LANSING CAPITAL CITY AIRPORT

AVIS 517-323-9204
BUDGET 517-321-2072
HERTZ 517-321-1445
NATIONAL 517-321-6777
ENTERPRISE 800-736-8222

IN THE LANSING METRO AREA

ALAMO 800-897-6229
DOLLAR 866-957-0118
ENTERPRISE 800-736-8222
TOYOTA 800-333-8696

TAXI SERVICES

BIG DADDY TAXI	517-367-7474
COUNTRY CLUB TRANSPORTATION	517-323-9070
SPARTAN YELLOW CAB	517-482-1444
CAPITOL TRANSPORT L.L.C.	517-482-1444

Michigan State University Department of Athletics

Revised 8/12/07

GUIDELINES FOR LIGHTNING SAFETY AND SEVERE WEATHER

1. **Chain of Command :** The established chain of command that identifies who is to make the call to remove individuals from the field will be as follows:

a. **Practice:** **1st** Certified Athletic Trainer and/or Sport Administrator

2nd Head Coach

3rd Assistant Coaches.

b. **Games:** Event Management (Assistance may come from Certified Athletic Trainer.)

2. **Designated Weather Watcher:** The designated weather watcher is the person who actively looks for the signs of threatening weather and notifies the chain of command if severe weather becomes dangerous. The Coach must assume some involvement, especially on those sports where direct communication with the Athletic Training Rooms or Athletic Administration Offices is not available (golf, cross country, crew etc...)

a. **Practice:** Coach and or designate, Certified Athletic Trainer

b. **Games:** Event Management

3. **Local Weather Monitoring:** Local weather forecasts and warnings (computer, weather radio, and radar detector) will be monitored by the Designated Weather Watcher.

4. **ThorGuard Lightning Prediction System:** A warning blast will sound by the Thor Guard Lightning Prediction System for a continuous 15 seconds. At the same time of the blast the warning light on top of the horns will blink regularly until the all clear signal is given. The "All Clear" signal is three 5 second blasts in succession. The warning light will go off as well.

5. **Designated Safe Shelters:** Each practice and game venue will have designated facilities that the participants will be asked to retreat too in advent of imminent danger from severe weather to the following facilities:

a. **Old College Field to Jenison Field house**

b. **Ralph Young Track and Field to Stadium or IM West**

c. **Duffy Football Outdoor Fields to Duffy Daugherty Football Building**

d. **Munn Fields to Munn Arena**

6. **Suspension and Resumption of Play or Practice:** Lightning strikes within six miles or when the flash-to-Bang count is at thirty seconds will be used to determine when to go to safety.

a. Once activities have been suspended, return to practice and play may occur when the "All Clear" signal is given (three 5 second blasts in succession) from the Thor Guard Lightning Prediction System.

7. **Avoid being the highest point in an open field**, in contact with, or proximity to the highest point, as well as being on the open water. Do not take shelter under or near trees, flagpoles, or light poles.

8. **Assume the lightning safe position** (crouched on the ground, weight on the balls of the feet, feet together, head lowered, and ears covered) for individuals who feel their hair stand on end, skin tingle, or hear "crackling" noises. Do not lie flat on the ground.

9. **Observe the following basic first aid procedures** in managing victims of a lightning strike:

a. Survey the scene for safety.

b. Activate local EMS.

c. Lightning victims do not „carry a charge" and are safe to touch.

d. If necessary, move the victim with care to a safer location.

e. Evaluate airway, breathing, and circulation, and begin CPR if necessary.

f. Evaluate and treat for hypothermia, shock, fractures and/or burns.

All individuals have the right to leave an athletic site in order to seek a safe structure if the person feels in danger of impending lightning activity, without fear of repercussions or penalty from anyone.

Postpone or suspend activity if a thunderstorm appears imminent before or during an activity or contest, (irrespective of whether lightning is seen or thunder heard) until the hazard has passed. Signs of imminent thunderstorm activity are darkening clouds, high winds, and thunder or lightning activity.

Summer Camp Decisions for severe weather are to follow the preceding guidelines. The Head Coach or designate must assume the safety of the campers and counselors during inclement weather.

SAFE SHELTER

1. A safe location is any substantial, frequently inhabited building. The building should have four solid walls (not a dug out), electrical and telephone wiring, as well as plumbing, all of which aid in grounding a structure.
2. The secondary choice for a safer location from the lightning hazard is a fully enclosed vehicle with a metal roof and the windows completely closed. It is important to not touch any part of the metal framework of the vehicle while inside it during ongoing thunderstorms.
3. It is not safe to shower, bathe or talk on landline phones while inside of a safe shelter during thunderstorms (cell phones are ok).

THOR GUARD LIGHTNING PREDICTION SYSTEM

The Thor Guard Lightning Prediction System is an integrated advance warning system for lightning. Thor Guard has combined lightning prediction technology with automatically activated air-horns and strobe lights. The sensors are located atop the Duffy Daugherty Football Building and has a range of up to fifteen miles and evaluates the potential for lightning with an area of approximately two miles in radius. The MSU installation is set to the United States Golf Association, USGA, standards for lightning warnings to golf courses.

HOT WEATHER

Outdoor activity in hot weather can be very dangerous for the participants. Sufficient care must be given to the temperature and humidity to prevent the dehydration of athletic participants.

1. Varsity athletics will practice under the supervision and care of the Certified Athletic Trainer. Coaches will be instructed on the frequency and timing of water breaks and the athletes will drink as much as necessary to maintain a safe practice and play environment.
2. Summer Camps will also pay close attention to hydration and breaks from activity during hot and humid weather. Any camper who is suspected to have suffered from a heat related illness will be carefully monitored and may be removed from continued participation of camp activities.

3. Since Certified Athletic Trainers are not always on the field or present during summer camp activities, it is ultimately the Summer Camp Director of each sport who must decide on the safety their sport's participation during hot weather conditions.