

## MPSF WOMEN'S GYMNASTICS RECORD BOOK/AWARDS

### **2017**

Gymnast of the Year	Alexis Brown---UC Davis
Freshman of the Year	Taylor Chan---San Jose State
Coach of the Year	John Lavallee---UC Davis
Assistant of the Year	Shella Martinez---San Jose State

### **2016**

Gymnast of the Year	Kalliah McCartney---Sacramento State
Newcomer of the Year	Yasmine Yektaparast---UC Davis
Coach of the Year	Paul Stoklos---Alaska
Assistant of the Year	Tanya Ho---Sacramento State

### **2015**

Gymnast of the Year	Cami Guyer---San Jose State
Newcomer of the Year	Lauren Rice---Sacramento State
Coach of the Year	Kim Hughes---Sacramento State
Assistant of the Year	Randy Solorio---Sacramento State

### **2014**

Gymnast of the Year	Julia Greer---San Jose State
Newcomer of the Year	Jesse Williams---Sacramento State
Coach of the Year	Doug Day---Air Force
Assistant of the Year	Randy Solorio---Sacramento State

### **2013**

Gymnast of the Year	Katie Yamamura---UC Davis
Coach of the Year	John Lavallee---UC Davis
Assistant of the Year	Carolyn Kampf---UC Davis

### **2012**

Gymnast of the Year	Katie Yamamura--- UC Davis
Coach of the Year	John Lavallee--- UC Davis
Assistant of the Year	Tamara Ross--- UC Davis

### **2011**

Gymnast of the Year	Brittany Dutton---Air Force
Coach of the Year	Doug Day---Air Force

Assistant of the Year Carolyn Kampf---UC Davis & Kyle Georges---Air Force

**2010**

Gymnast of the Year Tanya Ho--- UC Davis  
Coach of the Year Doug Day---Air Force  
Assistant of the Year Nelle Barriteau---Air Force

**2009**

Gymnast of the Year Abbey Rogers---Air Force & Andi Dolinsky---UC Davis  
Coach of the Year John Lavallee--- UC Davis  
Assistant of the Year Tami Monette---Alaska

**2008**

Gymnast of the Year Abbey Rogers---Air Force & Michelle Kulovitz---UC Davis  
Coach of the Year John Lavallee--- UC Davis  
Assistant of the Year Terry Lavallee--- UC Davis

**2007**

Gymnast of the Year Andi Dolinsky--- UC Davis  
Coach of the Year John Lavallee--- UC Davis  
Assistant of the Year Ron Manara---UC Davis & Kathy Siwek---Seattle Pacific

**2006**

Gymnast of the Year Jessica Portlock---Alaska  
Coach of the Year Ray Goldbar--- UC Davis  
Assistant of the Year Ron Manara---UC Davis & Tami Monette---Alaska

**2005**

Gymnast of the Year Nirvana Zaher---Sacramento St & Jennifer Greene---SJSU  
Coach of the Year Laurel Tindall---Seattle Pacific & Paul Stoklos--Alaska  
Assistant of the Year Tami Monette---Alaska

**2004**

Gymnast of the Year Shirla Choy---San Jose State  
Coach of the Year Paul Stoklos---Alaska

**2003**

Gymnast of the Year Jenny Diamond---Sacramento State

Coach of the Year

Wayne Wright---San Jose State

**2002**

Gymnast of the Year

Ryanne Strohm---UCSB

ALL-MPSF  
*(Began in 2004)*

**2017**

**FIRST-TEAM**

<b><u>Student-Athlete</u></b>	<b><u>Year</u></b>	<b><u>RQS</u></b>	<b><u>School</u></b>	<b><u>Hometown/Last School</u></b>
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**VAULT**

Alexis Brown	Junior	9.825	UC Davis	Huntington Beach, CA/Huntington Beach
Ariana Harger	Junior	9.805	Seattle Pacific	Castro Valley, CA/Castro Valley HS
Julia Konner	Senior	9.785	Sacramento State	Bethesda, MD/Bethesda-Chevy Chase
Caitlin Soliwoda	Junior	9.785	Sacramento State	North Las Vegas, NV/Legacy HS
Katy Nogaki	Senior	9.780	UC Davis	Orange, CA/Villa Park HS
Taylor Chan	Freshman	9.775	San Jose State	Coquitlam, BC, Canada/Centennial

**UNEVEN BARS**

Yonnie Michovska	Senior	9.825	UC Davis	Napa, CA/Napa HS
Lauren Rice	Junior	9.820	Sacramento State	Henderson, NV/Green Valley HS
Katie Won	Junior	9.805	San Jose State	Mesa, AZ/Mesquite HS
Alexis Brown	Junior	9.800	UC Davis	Huntington Beach, CA/Huntington Beach
Sarah Liddle	Freshman	9.800	UC Davis	Modesto, CA/Modesto HS
Rachl Heintl	Senior	9.800	San Jose State	Mesa, AZ/Red Mountain HS

**BALANCE BEAM**

Alexis Brown	Junior	9.840	UC Davis	Huntington Beach, CA/Huntington Beach
Courtney Soliwoda	Junior	9.790	Sacramento State	North Las Vegas, NV/Legacy HS
Kara Witgen	Senior	9.785	Air Force	Romeo, MI/Romeo HS
Katie Won	Junior	9.780	San Jose State	Mesa, AZ/Mesquite HS
Riley Hill	Sophomore	9.775	Air Force	Ventura, CA/St. Augustine HS
Chelsey Andrada	Freshman	9.770	San Jose State	Benicia, CA/Benicia HS

**FLOOR EXERCISE**

Taylor Chan	Freshman	9.875	San Jose State	Coquitlam, BC, Canada/Centennial
Ariana Harger	Junior	9.860	Seattle Pacific	Castro Valley, CA/Castro Valley HS
Katie Won	Junior	9.825	San Jose State	Mesa, AZ/Mesquite HS
Yasmine Yektaparast	Sophomore	9.820	UC Davis	Petaluma, CA/St. Vincent de Paul
Casey Bell	Junior	9.820	Air Force	The Woodlands, TX/The Woodlands
Jennifer Brenner	Junior	9.815	Sacramento State	Oviedo, FL/Oviedo HS
Caitlin Soliwoda	Junior	9.815	Sacramento State	North Las Vegas, NV/Legacy HS
Kara Jones	Sophomore	9.815	UC Davis	Petaluma, CA/Petaluma HS
Alexis Brown	Junior	9.815	UC Davis	Huntington Beach, CA/Huntington Beach

### ALL-AROUND

Caitlin Soliwoda	Junior	39.100	Sacramento State	North Las Vegas, NV/Legacy HS
Alexis Brown	Junior	39.050	UC Davis	Huntington Beach, CA/Huntington Beach
Katie Won	Junior	38.865	San Jose State	Mesa, AZ/Mesquite HS
Kara Witgen	Senior	38.700	Air Force	Romeo, MI/Romeo HS
Ariana Harger	Sophomore	38.115	Seattle Pacific	Castro Valley, CA/Castro Valley HS
Mariana Murphy	Sophomore	38.100	Air Force	Phoenix, AZ/Desert Vista HS

### SECOND-TEAM

<u>Student-Athlete</u>	<u>Year</u>	<u>RQS</u>	<u>School</u>	<u>Hometown/Last School</u>
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### VAULT

Darian Burns	Freshman	9.770	Seattle Pacific	Atlanta, GA/Druid Hills HS
Kara Witgen	Senior	9.745	Air Force	Romeo, MI/Romeo HS
Alexis Belkoff	Freshman	9.745	Sacramento State	Tucson, AZ/Catalina Foothills HS
Katie Won	Junior	9.745	San Jose State	Mesa, AZ/Mesquite HS
Kara Jones	Sophomore	9.740	UC Davis	Petaluma, CA/Petaluma HS
Morgan Ross	Junior	9.655	Alaska-Anchorage	Reno, NV/Reno HS

### UNEVEN BARS

Caitlin Soliwoda	Junior	9.790	Sacramento State	North Las Vegas, NV/Legacy HS
Courtney Soliwoda	Junior	9.780	Sacramento State	North Las Vegas, NV/Legacy HS
Rachel Kreager	Senior	9.780	UC Davis	Santa Rosa, CA/Santa Rosa HS
Anna Salamone	Freshman	9.730	Air Force	Bayport, NY/Bayport Blue Point HS
Nicole Larkin	Senior	9.655	Alaska-Anchorage	Kennewick, WA/Southridge HS
Breanna Beltran	Senior	9.640	Seattle Pacific	Modesto, CA/Enochs HS

### BALANCE BEAM

Lauren Rice	Junior	9.765	Sacramento State	Henderson, NV/Green Valley HS
Yasmine Yektaparast	Sophomore	9.760	UC Davis	Petaluma, CA/St. Vincent de Paul
Caitlin Soliwoda	Junior	9.755	Sacramento State	North Las Vegas, NV/Legacy HS
Miyuki Matsune	Freshman	9.745	Seattle Pacific	West Covina, CA/West Covina HS
Rachel Kreager	Senior	9.735	UC Davis	Santa Rosa, CA/Santa Rosa HS
Kaylin Mancari	Sophomore	9.610	Alaska-Anchorage	High Point, NC/High Point Central

### FLOOR EXERCISE

Amanda Presswood	Junior	9.800	UC Davis	Yuba City, CA/Sutter HS
Ellie Pascoe-Long	Sophomore	9.790	San Jose State	Eugene, OR/Churchill HS
Miranda Holder	Junior	9.790	UC Davis	Santa Rosa, CA/Analy HS
Morgan Ross	Junior	9.755	Alaska-Anchorage	Reno, NV/Reno HS

### ALL-AROUND

Madeleine Arbuckle	Junior	37.995	Alaska-Anchorage	Winnipeg, Canada/Massey Collegiate
Morgan Ross	Junior	37.575	Alaska-Anchorage	Reno, NV/Reno HS

## 2016

### FIRST-TEAM

<u>Student-Athlete</u>	<u>Year</u>	<u>RQS</u>	<u>School</u>	<u>Hometown/Last School</u>
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## VAULT

Julia Konner	Junior	9.830	Sacramento State	Bethesda, MD/Bethesda- Chase HS
Kaliah McCartney	Senior	9.825	Sacramento State	Vancouver, WA/CAM HS
Maria Hundley	Senior	9.825	Seattle Pacific	Littleton, CO/Heritage HS
Katy Nogaki	Junior	9.815	UC Davis	Orange, CA/Villa Park HS
Erica Matos	Junior	9.795	San Jose State	San Jose, CA/Pioneer HS
Maddie Herr	Senior	9.790	San Jose State	Lititz, PA/Ohio State University

## UNEVEN BARS

Kalliah McCartney	Senior	9.805	Sacramento State	Vancouver, WA/CAM HS
Cassie Benning	Senior	9.800	Sacramento State	Roseville, CA/Roseville HS
Lauren Rice	Sophomore	9.790	Sacramento State	Henderson, NV/Green Valley HS
Alexis Brown	Sophomore	9.790	UC Davis	Huntington Beach, CA/Huntington Beach HS
Dani Judal	Senior	9.780	UC Davis	Antelope, CA/Antelope HS
Maria Hundley	Senior	9.775	Seattle Pacific	Littleton, CO/Heritage HS

## BALANCE BEAM

Stephanie Stamates	Senior	9.865	UC Davis	Alamo, CA/San Ramon Valley HS
Katy Nogaki	Junior	9.845	UC Davis	Orange, CA/Villa Park HS
Alexis Brown	Sophomore	9.845	UC Davis	Huntington Beach, CA/Huntington Beach HS
Marissa Unpingco	Senior	9.815	San Jose State	Martinez, CA/California Virtual Academy
Kalliah McCartney	Senior	9.810	Sacramento State	Vancouver, WA/CAM HS
Kristi Hayashida	Junior	9.800	Seattle Pacific	Mililani, HI/Home School

## FLOOR EXERCISE

Stephanie Stamates	Senior	9.875	UC Davis	Alamo, CA/San Ramon Valley HS
Lauren Rice	Sophomore	9.860	Sacramento State	Henderson, NV/Green Valley HS
Cassie Benning	Senior	9.850	Sacramento State	Roseville, CA/Roseville HS
Yasmine Yektaparast	Freshman	9.835	UC Davis	Petaluma, CA/St. Vincent de Paul HS
Kalliah McCartney	Senior	9.835	Sacramento State	Vancouver, WA/CAM HS
Amanda Presswood	Sophomore	9.815	UC Davis	Yuba City, CA/Sutter HS

## ALL-AROUND

Kalliah McCartney	Senior	39.190	Sacramento State	Vancouver, WA/CAM HS
Lauren Rice	Sophomore	39.080	Sacramento State	Henderson, NV/Green Valley HS
M'rcy Matsunami	Senior	38.910	Alaska-Anchorage	Omaha, NE/Omaha North HS
Maddie Herr	Senior	38.885	San Jose State	Lititz, PA/Ohio State University
Maria Hundley	Senior	38.700	Seattle Pacific	Littleton, CO/Heritage HS
Ariana Harger	Sophomore	38.540	Seattle Pacific	Castro Valley, CA/Castro Valley HS

## SECOND-TEAM

<u>Student-Athlete</u>	<u>Year</u>	<u>RQS</u>	<u>School</u>	<u>Hometown/Last School</u>
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## VAULT

Alexis Brown	Sophomore	9.780	UC Davis	Huntington Beach, CA/Huntington Beach
Ariana Harger	Sophomore	9.760	Seattle Pacific	Castro Valley, CA/Castro Valley HS
M'rcy Matsunami	Senior	9.755	Alaska-Anchorage	Omaha, NE/Omaha North HS
Kara Jones	Freshman	9.750	UC Davis	Petaluma, CA/Petaluma HS
Megan Kyle	Sophomore	9.735	Sacramento State	Aliso Viejo, CA/Aliso Niguel HS
Kara Witgen	Junior	9.635	Air Force	Romeo, MI/Romeo HS



## UNEVEN BARS

Alyssa Kaschak	Senior	9.760	San Jose State	Allen, TX/EdOptions Online Academy
Yonnie Michovska	Junior	9.740	UC Davis	Napa, CA/Napa HS
Rachl Heini	Junior	9.735	San Jose State	Mesa, AZ/Red Mountain HS
Haleigh Shepard	Junior	9.730	San Jose State	Modesto, CA/Enochs HS
Kara Witgen	Junior	9.725	Air Force	Romeo, MI/Romeo HS
M'rcy Matsunami	Senior	9.720	Alaska-Anchorage	Omaha, NE/Omaha North HS

## BALANCE BEAM

Maria Hundley	Senior	9.790	Seattle Pacific	Littleton, CO/Heritage HS
M'rcy Matsunami	Senior	9.790	Alaska-Anchorage	Omaha, NE/Omaha North HS
Cassie Benning	Senior	9.790	Sacramento State	Roseville, CA/Roseville HS
Lauren Rice	Sophomore	9.785	Sacramento State	Henderson, NV/Green Valley HS
Sarah Neumann	Senior	9.760	Air Force	Corcoran, MN/Maple Grove Senior HS
Maddie Herr	Senior	9.745	San Jose State	Lititz, PA/Ohio State University

## FLOOR EXERCISE

Ariana Harger	Sophomore	9.810	Seattle Pacific	Castro Valley, CA/Castro Valley HS
Jesse Williams	Senior	9.800	Sacramento State	Saugus, CA/Saugus HS
Maddie Herr	Senior	9.800	San Jose State	Lititz, PA/Ohio State University
Miranda Holder	Sophomore	9.790	UC Davis	Santa Rosa, CA/Analy HS
Ellie Pascoe-Long	Freshman	9.790	San Jose State	Eugene, OR/Churchill HS
Kara Witgen	Junior	9.780	Air Force	Romeo, MI/Romeo HS
M'rcy Matsunami	Senior	9.770	Alaska-Anchorage	Omaha, NE/Omaha North HS

## ALL-AROUND

Kara Witgen	Junior	38.425	Air Force	Romeo, MI/Romeo HS
Simone Penker	Senior	38.150	Alaska-Anchorage	Maria Saal, Austria/BG Tanzenberg
Jamie Lewis	Sophomore	37.930	Air Force	Plano, TX/Plano West HS

## 2015

### Air Force

Kim McRobbie-AA, BB  
Jamie Lewis-AA  
Al Stych-FX  
Jessica Wallander-V, UB

### Alaska-Anchorage

M'rcy Matsunami-V, BB, UB, AA  
Simone Penker-AA  
Morgan Cook-AA  
Kallie Randolph-FX

### Sacramento State

Julia Konner-V, BB  
Lauren Rice-V, UB, FX, AA  
Annie Juarez-FX  
Caitlin Soliwoda-V, UB

Kayla Wonderly-UB, BB  
Cassie Benning-UB, FX  
Alyssa Anderson-BB

**San Jose State**

Kaitlin Won-AA, BB, UB  
Maddie Herr-AA, FX, BB, UB  
Cami Guyer-V, AA, FX, UB, BB  
Kiley Field-FX  
Alyssa Montalban-FX  
Rachel Heintz-V

**Seattle Pacific**

Ariana Harger-V, FX  
Sydney Clark-FX, AA  
Tracie Villanueva-UB  
Kristi Hayashida-BB

**UC Davis**

Kala DeFrancesco – V, UB, FX  
Katy Nogaki-V  
Dani Judal-V, UB, BB, AA  
Alexis Brown-V, BB  
Tiana Montell-V, FX, AA  
Stephanie Stamates-BB, FX  
Cassie Quebral-BB

**2014**

**Air Force**

Jessica Wallander-V, FX  
Linnaea Hance-UB, BB, AA  
Katie Hawthorne-FX

**Alaska-Anchorage**

Julia York-V  
Stefany Bryan-UB, AA  
Simone Penker-BB  
Kallie Randolph-FX

**Sacramento State**

Julia Konner-V  
Kalliah McCartney-V, UB, BB, AA  
Kaila Kilwein-UB  
Kailey Hansen-V, BB, FX  
Dallas Smith-FX  
Jesse Williams-V



**San Jose State**

Bekah Gher-V, AA, UB, BB  
Cassandra Harrison-AA, UB, FX  
Cami Guyer-V, AA, FX, UB, BB  
Julia Greer-FX, BB  
Marissa Unpingco-UB  
Kiana Gordon-V

**Seattle Pacific**

Maria Hundley-V, UB, BB  
Lauren Glover-V  
Kai Tindall-FX

**UC Davis**

Anna Shumaker - V, UB, BB, FX, AA  
Kala DeFrancesco – V, UB, FX  
Katy Nogaki-V  
Dani Judal-UB, BB  
Lisa Wiktorski-UB  
Tiana Montell-BB  
Stephanie Stamates-BB, FX  
Regi Solvkjar-BB

**2013**

**Air Force**

Linnaea Hance-UB, BB, AA  
Jessica Hanner-BB  
Katie Hawthorne-UB, AA  
Jen Larsen-V, AA  
Jessica Wallander-V, UB, FX

**Alaska-Anchorage**

Morgan Cook-BB  
M'rcy Matsunami-V, FX, AA  
Emily Petersen-BB, UB

**Seattle Pacific**

Sydney Clark-AA  
Shannon Escarra-AA  
Corrine Wise-V, FX  
Stephanie Wagner-UB, BB, FX

**UC Davis**

Kala DeFrancesco - FX  
Michelle Ho - UB, FX  
Madeline Kennedy - V  
Tiana Montell - V, BB





Anna Shumaker - V, BB, FX, AA  
Stephanie Stamates - FX  
Lisa Wiktorski - UB  
Katie Yamamura - V, UB, BB, FX, AA

## **2012**

### **Air Force**

Jessica Wallander-V, FX  
Jen Larsen-V, AA  
Linnaea Hance-UB, BB, AA  
Katie Hawthorne-UB, AA  
Sam Jones-UB  
Jessica Hanner-BB

### **Alaska-Anchorage**

Morgan Cook-AA  
Melissa Doucette- V, FX  
Sariaye Jensen-UB, AA  
Kathleen Mantell-BB  
Emily Petersen-UB  
Shakea Sanders-V

### **Seattle Pacific**

Sherah Veron-V, FX  
Texie Gregory-UB  
Aditi Kulkarni-BB  
Stephanie Wagner-BB, FX

### **UC Davis**

Michelle Ho - UB, FX  
Leah Housman - BB  
Madeline Kennedy - V, FX  
Tiana Montell - AA  
Anna Shumaker - V, BB  
Taryn West - FX  
Katie Yamamura - V, UB, BB, FX, AA

## **2011**

### **Air Force**

Brittany Dutton-V, UB, FX, AA  
Linnaea Hance-BB, AA  
Sam Jones-V  
Lisa Wong-BB  
Jessica Hanner-BB

### **Alaska-Anchorage**



Kelsey Fullerton-V  
Maria Puricelli-UB  
Shakea Sanders-V  
Kaelei Spoor-BB, FX

**Seattle Pacific**

Sherah Veron-V, FX  
Laura Willis-UB  
Corrine Wise-BB  
Stephanie Wagner-BB  
Aditi Kulkarni-FX  
Briana Steigauf-FX

**UC Davis**

Michelle Ho - UB, FX  
Michele Hurlock - UB  
Marcy Miller - V, UB, BB, FX, AA  
Stacey Nicolini - V, UB, FX, AA  
Jessica Rea - UB  
Anna Shumaker - V  
Erika Van Dyke - BB, FX

**2010**

**Air Force**

Jenna Dudley-BB, FX, AA  
Brittany Dutton-V, UB, FX, AA  
Lisa Wong-BB

**Alaska-Anchorage**

Lauren Agostino-BB  
Kelsey Fullerton-FX  
Maria Puricelli-UB  
Shakea Sanders-V, FX  
Kaelei Spoor-FX  
Courtney Williams-UB, AA

**Seattle Pacific**

Anissa Madrid-UB, BB, AA  
Samantha Taylor-AA  
Sherah Veron-V, FX

**UC Davis**

Michelle Bobonski - V  
Lida Gehlen - UB  
Tanya Ho - V, UB, AA  
Michele Hurlock - V  
Kendall McCann - UB, BB, FX, AA



Marcy Miller - V, UB, BB  
Erika Van Dyke - BB, FX  
Katie Yamamura - V, BB, FX, AA

## **2009**

### **Air Force**

Jenna Dudley-AA, UB, BB, FX  
Brittany Dutton-AA  
Abbey Rogers-AA, V, UB, BB

### **Alaska-Anchorage**

Lauren Agostino- V, BB, FX  
Kristy Boswell-UB, BB  
Shakea Sanders-V, FX  
Kealei Spoor-BB  
Leah Wilson-V, BB, AA

### **Seattle Pacific**

Sherah Veron-FX  
Briana Steigauf-FX  
Laura Willis-AA  
Brianna Schwartz-V, UB, AA  
Kaysha Heck-UB  
Samantha Taylor-BB

### **UC Davis**

Michelle Bobonski - V  
Andi Dolinsky - FX  
Lida Gehlen - UB  
Tanya Ho - V, UB, AA  
Kendall McCann - UB, BB, AA  
Marcy Miller - V  
Jennifer Mueller - FX  
Adee Schoffman - FX  
Erika Van Dyke - FX

## **2008**

### **Air Force**

Abbey Rogers-AA, BB, FX  
Brittany Dutton-BB, AA  
Michelle Denise-AA, FX, UB  
Kelly Lewis-V  
Kayla Kincade-BB

### **Alaska-Anchorage**

Kristy Boswell-UB



Kelsey Fullerton FX  
Brooke Nall-BB  
Jessica Portlock-V/UB/FX  
Courtney Williams-AA  
Leah Wilson-BB

**Seattle Pacific**

Ashley Domres-UB, BB, AA  
Anissa Madrid-V, BB  
Christie Chinaka-UB  
Brianna Steigauf-FX

**UC Davis**

Michelle Bobonski - V, UB  
Lida Gehlen - UB  
Tanya Ho - V, UB, FX, AA  
Michelle Kulovitz - V, FX, AA  
Ashley Lachman - FX  
Kendall McCann - BB  
Marcy Miller - V  
Stacey Nicolini - V, BB, AA  
Adee Schoffman - FX

***\*Note: 2004-07 had 1<sup>st</sup> (1) and 2<sup>nd</sup> team (2) selections.***

**2007**

**Air Force**

Sashonna Iwaniec-V (1), UB (1), FX (2), AA (1)  
Abbey Rogers-V (2), FX (1), AA (2)  
Christine Powers-BB (1)  
Kayla Kincade-BB (2)  
Michelle Denise-UB (2)

**Alaska-Anchorage**

Lauren Agostino-V (1), BB (1)  
Rachael Lehmkuhl-V (2), FX (1), AA (2)  
Jessica Portlock-UB (1), FX (2)  
Lauren Magiera-UB (2)  
Courtney Williams-BB (2), AA (1)

**Seattle Pacific**

Kristin Bryant-V (1)  
Sarah Sullivan-V (2), BB (2), FX (2)  
Debra Huss-UB (1), BB (1), FX (1), AA (1)  
Ashley Domres-UB (2)

**UC Davis**



Andi Dolinsky - FX (1)  
Brandi Forte - UB (2)  
Lida Gehlen - UB (1)  
Tanya Ho - V (1), BB (1), AA (1)  
Michelle Kulovitz – AA (2)  
Carrie Lujan - V (2), FX (2)  
Julia Richards-BB (2)

## **2006**

### **Air Force**

Lauren Robison-V (1), UB (1), BB (2), FX (1), AA (1)  
Sashonna Iwaniec-V (2), FX (2), AA (2)  
Christine Powers-BB (1), UB (2)

### **Alaska-Anchorage**

Lauren Agostino- V (1), BB (2), AA (2)  
Dominique Ingram-UB (2), FX (2)  
Jessica Portlock-V (2), UB (1), BB (1), FX (1), AA (1)

### **Seattle Pacific**

Jaynie Reynolds-V (2), UB (1), BB (2), FX (1), AA (1)  
Sarah Sullivan-UB (2), BB (1), FX (2), AA (2)  
Kristin Bryant-V (1)

### **UC Davis**

Brandi Forte - UB (1), V (2)  
Arianne Furman - UB (2)  
Carrie Lujan - V (1)  
Megan Nakagawa - BB (2), FX (2)  
Julia Richards - BB (1), FX (1)

## **2005**

### **Air Force**

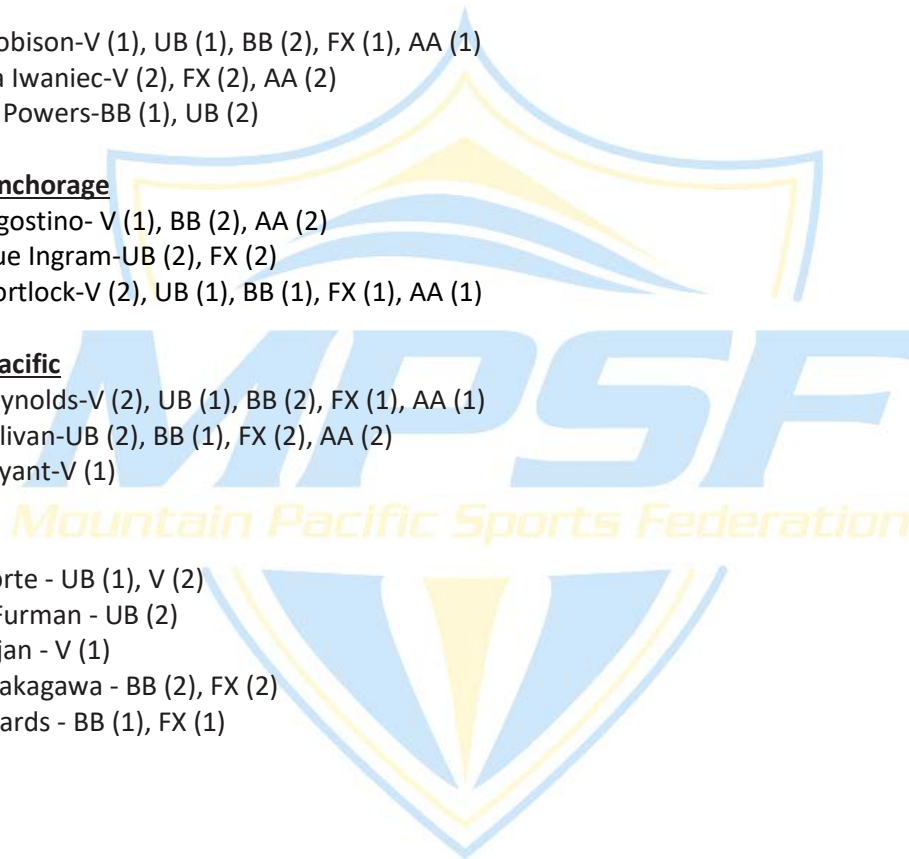
Jessa Liegl-V (1), UB (1), BB (1), FX (1), AA (1)  
Shanna Iwaniec-V (2), BB (2)  
Lauren Robison-UB (2), FX (2), AA (2)

### **Alaska-Anchorage**

Dominique Ingram-V (1), UB (1), FX (1), AA (1)  
Mandy Kolosovsky-V (2)  
Jessica Portlock-UB (2), BB (1), AA (2)  
Tiffany Staton-BB (2), FX (2)

### **Sacramento State**

Nirvana Zaher-V (1), AA (2)  
Jessica Hoffman-V (2), BB (2), FX (2)



Alexis Tsurumoto-UB (1)  
Melissa Genovese-BB (1)  
Melony Greer-UB (2)  
Stefanie Aeder-FX (1)

**San Jose State**

Michelle Minotti-V (1)  
Jennifer Greene-AA (1), FX (1), V (2)  
Greta Leach-UB (1), BB (1), AA (2)  
Casey Jay-BB (2), FX (2)  
Kathy Spellacy-UB (2)

**Seattle Pacific**

Kari Kelly-V (1)  
Kristin Bryant-V (2)  
Sarah Sullivan-AA (1), V (2)  
Debra Huss-UB (1), BB (1), FX (1) AA (2)  
Jaynie Reynolds-UB (2)  
Corrie McDaniel-BB (2), FX (2)

**UC Davis**

Tiffany Chan - FX (1), V (2)  
Nicole Doherty - UB (2)  
Andi Dolinsky - FX (2), BB (2)  
Brandi Forte - UB (1)  
Michelle Kulovitz - V (1)  
Julia Richards - BB (1)

**2004**

**Air Force**

Jessa Liegl-V (1), UB (1), FX (1), AA (1), BB (2)  
Erin Maguire-BB (1), V (2)  
Rebecca Lewis-UB (2)  
Lauren Robison-AA (2)

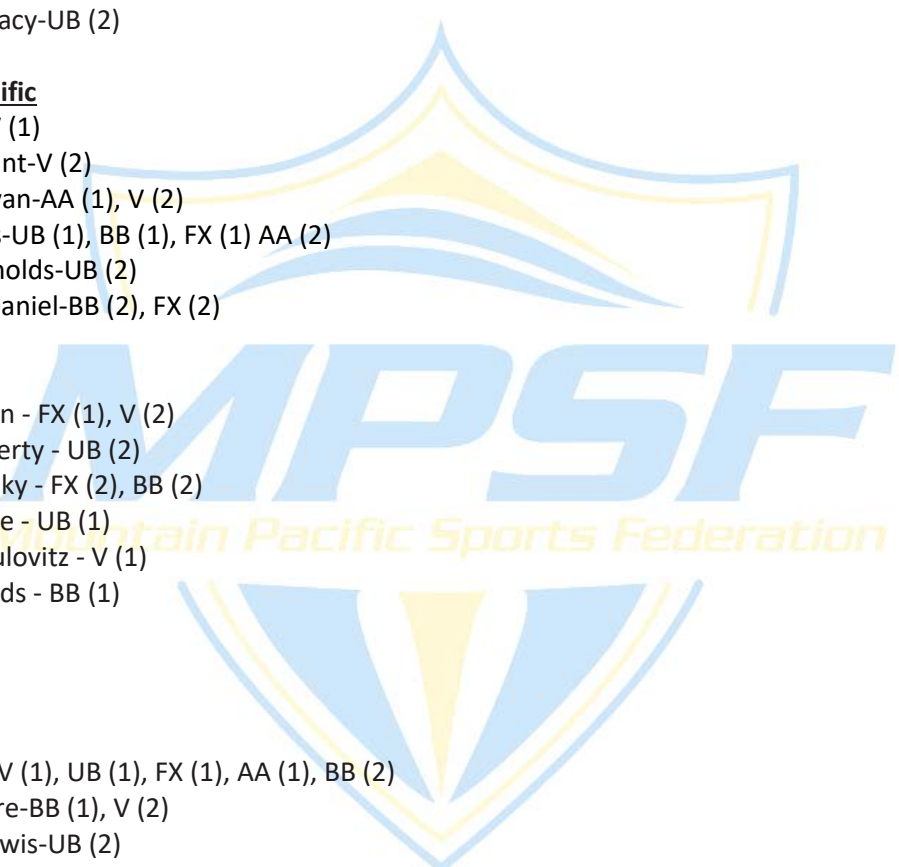
**Alaska-Anchorage**

Mandi Burdick-FX, AA  
Dominique Ingram-V (1), UB, FX  
Sara Randall-BB, AA  
Brianna Thomas-V (2), UB, BB

**Sacramento State**

Nirvana Zaher-V (1), AA (2)  
Binta Coleman-UB (1), BB (1), AA (1)  
Melony Greer-UB (1)

**San Jose State**





Jennifer Greene-AA (1), FX (1), V (1)  
 Amberly Klein-BB (1), V (2)  
 Shirla Choy-UB (1), FX (2), AA (2)  
 Brittney Peterson-UB (2)  
 Greta Leach-BB (2)

**Seattle Pacific**

N/A

**UC Davis**

Tiffany Chan - V (1), BB (1), FX (1)  
 Nicole Doherty - UB (1), BB (2)  
 Brandi Forte - UB (2)  
 Megan Nakagawa - V (2), FX (2)

**All five All-MPSF awards 2 straight years**

Jessa Liegl—AFA (2004-05)  
 Katie Yamamura-UCD (2012-13)  
 Cami Guyer-SJSU (2014-15)



**MPSF CHAMPIONSHIP MEET RESULTS**

**2016 FINAL TEAM SCORES (at Sacramento State):**

<b>1. Sacramento State</b> <b>(MPSF Championship Record; MPSF 4th all-time)</b>	<b>196.300</b>
2. UC Davis	195.300
3. San Jose State	194.375
4. Seattle Pacific	193.000
5. Alaska-Anchorage	192.850
6. Air Force	191.450

**2016 MPSF INDIVIDUAL CHAMPIONS**

Vault: Kalliah McCartney, Sacramento State	9.90
Uneven Bars: Alexis Brown, UC Davis	9.85
Balance Beam: Lauren Rice, Kalliah McCartney, Sacramento State; Ariana Harger, Seattle Pacific	9.85
Floor Exercise: Stephanie Stamates, UC Davis	9.925
All-Around: Kalliah McCartney, Sacramento State	39.450

**2015 FINAL TEAM SCORES (at Alaska-Anchorage):**

<b>1. UC Davis</b>	<b>195.300</b>
2. San Jose State	195.175
3. Sacramento State	194.175
4. Alaska-Anchorage	193.700
5. Seattle Pacific	192.700
6. Air Force	191.150

**2015 INDIVIDUAL MPSF CHAMPIONS:**

Vault: Cami Guyer, San Jose State	9.900
Uneven Bars: M'rcy Matsunami, Alaska	9.850
Balance Beam: Dani Judal, UC Davis	9.875
Kristi Hayashida, Seattle Pacific	9.875
Marissa Unpingco, San Jose State	9.875
Floor Exercise: Cami Guyer, San Jose State	9.875
All-Around: Cami Guyer, San Jose State	39.225

**2014 (at UC Davis)**

<b>1. Sacramento State</b>	<b>195.650</b>
2. UC Davis	194.875
3. San Jose State	194.550
4. Seattle Pacific	194.075
5. Air Force	193.650
6. Alaska-Anchorage	192.200

*Vault: Kalliah McCartney, Sacramento State	9.950
Uneven Bars: Kala DeFrancesco, UC Davis	9.825
^Balance Beam: Elideth Guerrero, Sacramento State	9.900
Floor Exercise: Kailey Hansen, Sacramento State	9.875
All-Around: Jesse Williams, Sacramento State	39.250

\*- MPSF All-Time Record; ^-Ties MPSF Championship Record

**2013 (at Seattle Pacific)**

<b>1. UC Davis</b>	<b>194.950</b>
2. Seattle Pacific	193.200
3. Air Force	191.925
4. Alaska	191.850

Vault: Jessica Wallander, Air Force	9.925
UB: Michelle Ho, UC Davis	9.775
BB: Corrine Wise, Seattle Pacific/Michelle Ho, UC Davis	9.775
FX: Michelle Ho, UC Davis	9.875
AA: Katie Yamamura, UC Davis	39.050

**2012 (at UC Davis)**

<b>1. UC Davis</b>	<b>193.675</b>
2. Seattle Pacific	191.150
3. Air Force	189.125
4. Alaska-Anchorage	188.300

V- Katie Yamamura, UC Davis	9.80
UB- Katie Yamamura, UC Davis	9.725
BB-Madeline Kennedy, UC Davis	9.875
FX- Sherah Veron, Seattle Pacific	9.875
AA-Tiana Montell, UC Davis	38.725

**2011 (at Air Force)**

<b>1. UC Davis</b>	<b>192.975</b>
2. Air Force	192.225
3. Seattle Pacific	191.250
4. Alaska-Anchorage	190.475

V- Katie Yamamura, UC Davis	9.90
UB- Jessica Rea/Marcy Miller, UC Davis	9.80
BB- Lisa Wong/Brittany Dutton, Air Force	9.775
FX- Kelsey Fullerton, Alaska	9.825
AA- Marcy Miller, UC Davis	38.850

**2010 (at Seattle Pacific)**

<b>1. UC Davis</b>	<b>194.150</b>
2. Seattle Pacific	192.850
3. Air Force	192.500
4. Alaska-Anchorage	190.725

V- Jenna Dudley, Air Force	9.80
UB- Lida Gehlen , UC Davis	9.80
BB- Erika Van Dyke, UC Davis	9.90
FX- Sherah Veron, Seattle Pacific	9.90
AA- Kendall McCann, UC Davis	38.575

**2009 (at Air Force)**

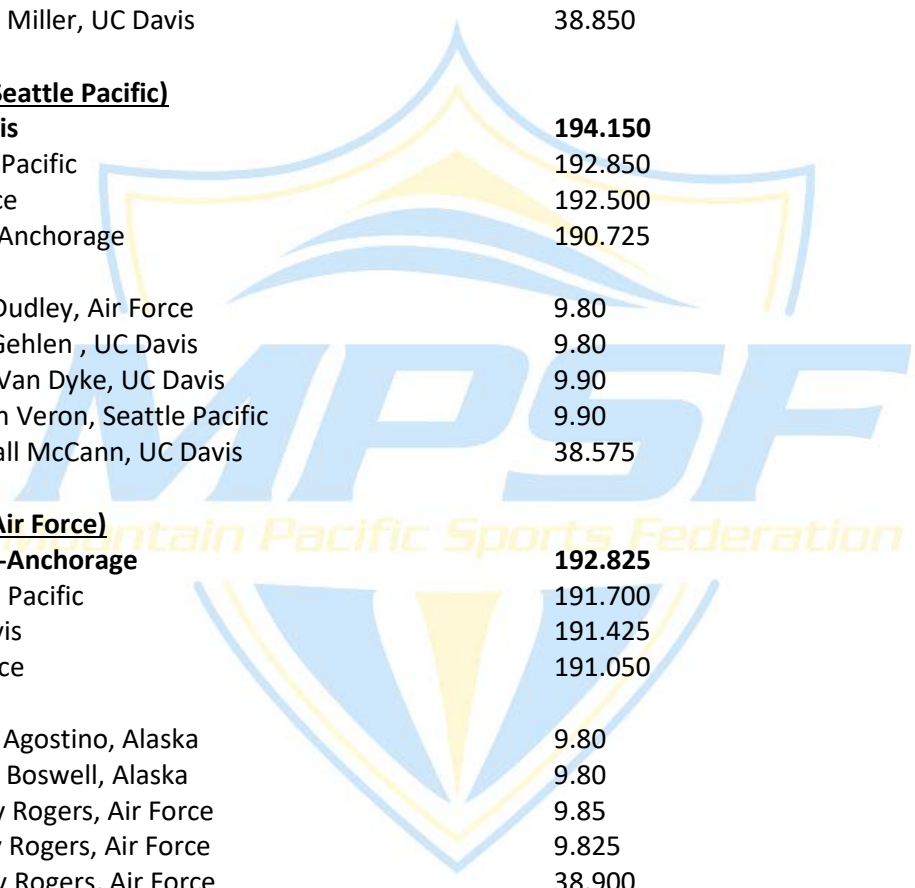
<b>1. Alaska-Anchorage</b>	<b>192.825</b>
2. Seattle Pacific	191.700
3. UC Davis	191.425
4. Air Force	191.050

V- Lauren Agostino, Alaska	9.80
UB- Kristy Boswell, Alaska	9.80
BB- Abbey Rogers, Air Force	9.85
FX- Abbey Rogers, Air Force	9.825
AA- Abbey Rogers, Air Force	38.900

**2008 (at UC Davis)**

<b>1. UC Davis</b>	<b>194.700</b>
2. Seattle Pacific	193.000
3. Alaska-Anchorage	192.825
4. Air Force	192.275

V- Michelle Bobonski/Michelle Kulovitz, UC Davis	9.80
UB- Lida Gehlen , UC Davis	9.90
BB- Christine Tao, UC Davis/Anissa Madrid, Seattle Pac.	9.80
FX- Adee Schoffman, UC Davis/Kelsey Fullerton, Alaska	9.825
AA- Tanya Ho, UC Davis	39.025



**2007 (at Seattle Pacific)**

<b>1. Seattle Pacific</b>	<b>193.050</b>
2. UC Davis	192.825
3. Alaska-Anchorage	187.850
4. Air Force	185.575

V- Kristin Bryant, Seattle Pacific/Tanya Ho, UC Davis	9.825
UB-Lida Gehlen, UC Davis	9.825
BB- Sarah Sullivan, Seattle Pacific	9.775
FX- Debra Huss, Seattle Pacific	9.90
AA- Debra Huss, Seattle Pacific	38.550

**2006 (at Air Force)**

<b>1. Seattle Pacific</b>	<b>191.700</b>
2. UC Davis	191.025
3. Alaska	190.950
4. Air Force	184.200

V- Jessica Portlock, Alaska	9.775
UB- Jaynie Reynolds, Seattle Pacific	9.85
BB- Julia Richards, UC Davis	9.775
FX- Jessica Portlock/Lauren Agostino, Alaska	9.775
AA- Jessica Portlock, Alaska	38.900

**2005 (at Sacramento State)**

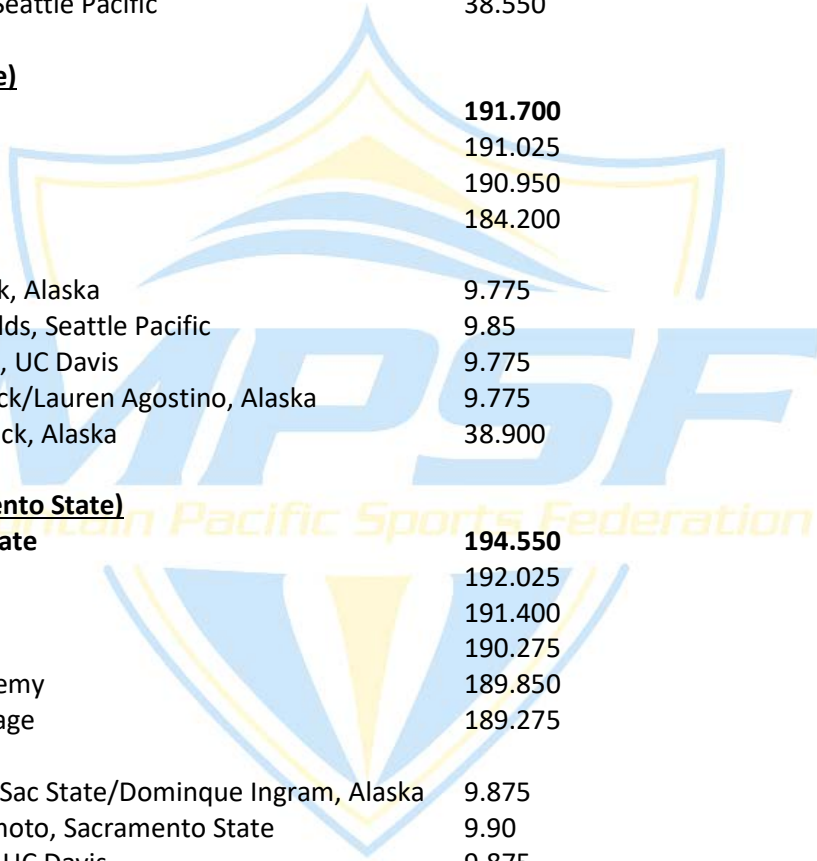
<b>1. Sacramento State</b>	<b>194.550</b>
2. San Jose State	192.025
3. UC Davis	191.400
4. Seattle Pacific	190.275
5. Air Force Academy	189.850
6. Alaska-Anchorage	189.275

V-Nirvana Zaher, Sac State/Dominque Ingram, Alaska	9.875
UB- Alexis Tsurumoto, Sacramento State	9.90
BB- Tiffany Chan, UC Davis	9.875
FX- Stefanie Aeder, Sacramento State	9.80
AA- Nirvana Zaher, Sacramento State	39.025

**2004 (at San Jose State)**

<b>1. San Jose State</b>	<b>195.925</b>
2. Sacramento State	195.400
3. UC Davis	194.350
4. Alaska-Anchorage	193.750
5. Seattle Pacific	193.050
6. Air Force	192.525

V- Nirvana Zaher, Sacramento State	9.875
UB-Shirla Choy, San Jose State	9.95



BB- Amberly Klein, San Jose State	9.85
FX- Jennifer Greene, San Jose State	10.0
AA- Binta Coleman, Sacramento State	39.350

**2003 (at Sacramento State)**

<b>1. Sacramento State</b>	<b>194.925</b>
2. San Jose State	194.500
3. Seattle Pacific	193.000
4. Air Force	192.050
5. UC Davis	189.650
6. Alaska	187.300

V- Nirvana Zaher, Sac/Danielle Albright, San Jose State	9.775
UB- Binta Coleman, Sac State/Shirla Choy, San Jose State	9.90
BB- Amberly Klein, San Jose State	9.875
FX- Danielle Albright, San Jose State	9.975
AA- Shirla Choy, San Jose State	39.400

**2002 (at Air Force)**

<b>1. Sacramento State</b>	<b>194.900</b>
2. Air Force	194.650
3. San Jose State	193.375
4. UC Davis	192.200
5. UCSB	189.525

V- Toni Petersen, Sacramento State	9.85
UB- Kim Broughton, Air Force	9.875
BB- Nirvana Zaher, Sac State/Bethany Stott, Air Force	9.875
FX- Toni Petersen, Sacramento State/Shirla Choy, SJSU/ Ericka Ruelas/Tiffany Chan, UC Davis	9.90
AA- Toni Petersen, Sacramento State	39.325

**INDIVIDUAL RECORDS**

**Through 3/18/17**

***\*-MPSF Championship Meet***

**VAULT (Min. 9.90)**

*Kaliah McCartney (Sac State, 3/22/14)	9.95
*Jessica Wallander (AFA, 3/23/13)	9.925
Dominique Ingram (UAA, 4/10/04)	9.925
Dominique Ingram (UAA, 3/13/04)	9.925
Ariana Harger (SPU, 4/9/16-USAG)	9.90
*Kalliah McCartney (Sac State, 3/19/16)	9.90
*Cami Guyer (SJSU, 3/21/15)	9.90
Tiana Montell (UCD, 3/13/15)	9.90
Cami Guyer (SJSU, 3/8/15)	9.90
Tiana Montell (UCD, 2/27/15)	9.90

Katy Nogaki (UCD, 2/13/15)	9.90
Katy Nogaki (UCD, 2/8/15)	9.90
Katy Nogaki (UCD, 1/26/14)	9.90
Bekah Gher (SJSU, 1/18/14)	9.90
Katie Yamamura (UCD, 3/11/12)	9.90
*Katie Yamamura (UCD, 3/19/11)	9.90
Lauren Agostino (UAA, 3/13/09)	9.90
Jessa Liegl (AFA, 3/9/04)	9.90
Dominique Ingram (UAA, 4/8/04)	9.90
Binta Coleman (Sac State, 3/12/04)	9.90
Flora Bare (UCD, 2/7/03)	9.90
Kimiye Narasaki (Sac State, 1/18/03)	9.90

**UNEVEN BARS (Min. 9.90)**

Caitlin Soliwoda (Sac State, 2/19/16)	9.95
*Shirla Choy (SJSU, 3/20/04)	9.95
Shirla Choy (SJSU, 2/7/03)	9.95
Lori Gillette (Sac State, 3/15/02)	9.95
<b>*Caitlin Soliwoda (Sac State, 3/18/17)</b>	<b>9.925</b>
Kala DeFrancesco (UCD, 3/13/15)	9.925
Maria Hundley (SPU, 4/11/14-USAG)	9.925
*Amber Weddell (UCD, 3/20/04)	9.925
Meloney Greer (Sac State, 3/12/04)	9.925
Shirla Choy (SJSU, 2/20/04)	9.925
Shirla Choy (SJSU, 3/21/03)	9.925
Laura Frank (AFA, 3/16/03)	9.925
Kelsey Spellacy (SJSU, 2/14/03)	9.925
Shirla Choy (SJSU, 1/31/03)	9.925
Shirla Choy (SJSU, 1/24/03)	9.925
<b>Kaprice Nadonza (SJSU, 3/18/17)</b>	<b>9.90</b>
<b>Yonnie Michovska (UCD, 2/19/17)</b>	<b>9.90</b>
Jackie Sampson (Sac State, 2/19/16)	9.90
Maddie Herr (SJSU, 2/12/16)	9.90
Alexis Brown (UCD, 2/5/16)	9.90
Dani Judal (UCD, 3/13/15)	9.90
M'rcy Matsunami (UAA, 3/9/15)	9.90
Maria Hundley (SPU 4/12/14)	9.90
Katie Yamamura (UCD, 3/1/13)	9.90
*Lida Gehlen (UCD, 3/28/08)	9.90
*Alexis Tsurumoto (Sac State, 3/22/05)	9.90
*Meloney Greer (Sac State, 3/20/04)	9.90
*Binta Coleman (Sac State, 3/20/04)	9.90
Jessica Hoffman (Sac State, 3/12/04)	9.90
Shirla Choy (SJSU, 1/17/04)	9.90
*Shirla Choy (SJSU, 3/29/03)	9.90
*Binta Coleman (Sac State, 3/29/03)	9.90
Shirla Choy (SJSU, 3/14/03)	9.90
Shirla Choy (SJSU, 3/7/03)	9.90
Dani Albright (SJSU, 2/7/03)	9.90
Ericka Ruelas (UCD, 4/13/02-USAG)	9.90
Ericka Ruelas (UCD, 3/15/02)	9.90
Ericka Ruelas (UCD, 3/7/02)	9.90
Ericka Ruelas (UCD, 2/17/02)	9.90





**BALANCE BEAM (Min. 9.90)**

<b>*Katy Nogaki (UCD, 3/18/17)</b>	<b>9.925</b>
<b>*Sophia Hyderally (UAA, 3/18/17)</b>	<b>9.925</b>
<b>Kristi Hayashida (SPU, 2/24/17)</b>	<b>9.925</b>
Nirvana Zaher (Sac State, 2/22/02)	9.925
<b>*Taylor Chan (SJSU, 3/18/17)</b>	<b>9.90</b>
<b>*Caitlin Soliwoda (Sac State, 3/18/17)</b>	<b>9.90</b>
<b>Alexis Brown (UCD, 3/10/17)</b>	<b>9.90</b>
<b>Alexis Brown (UCD, 2/24/17)</b>	<b>9.90</b>
<b>Courtney Soliwoda (Sac State, 2/24/17)</b>	<b>9.90</b>
<b>Kendra Daniels (UAA, 2/19/17)</b>	<b>9.90</b>
<b>Alexis Brown (UCD, 2/17/17)</b>	<b>9.90</b>
Kristi Hayashida (SPU, 3/7/16)	9.90
Maria Hundley (SPU, 4/12/15-USAG)	9.90
<b>*Elideth Guerrero (Sac State, 3/22/14)</b>	<b>9.90</b>
Dani Judal (UCD, 1/26/14)	9.90
Julia Greer (SJSU, 1/26/14)	9.90
<b>*Erika Van Dyke (UCD, 3/27/10)</b>	<b>9.90</b>
Tiffany Chan (UCD, 4/15/05-USAG)	9.90
Jennifer Greene (SJSU, 3/13/04)	9.90
Erin Maguire (AFA, 3/9/04)	9.90
Tiffany Bass (Sac State, 3/5/04)	9.90
Binta Coleman (Sac State, 2/20/04)	9.90
Allison Todd (AFA, 3/14/03)	9.90
Jennifer Greene (SJSU, 3/2/03)	9.90

**FLOOR EXERCISE (Min. 9.90)**

<b>*Jennifer Greene (SJSU, 3/20/04)</b>	<b>10.0</b>
<b>*Dani Albright (SJSU, 3/29/03)</b>	<b>9.975</b>
Stephanie Stamates (UCD, 3/13/15)	9.95
Stefanie Aeder (Sac State, 3/18/05)	9.95
<b>*Tiffany Chan (UCD, 3/20/04)</b>	<b>9.95</b>
<b>*Shirla Choy (SJSU, 3/20/04)</b>	<b>9.95</b>
Stefanie Aeder (Sac State, 3/12/04)	9.95
Jessa Liegl (AFA, 1/17/04)	9.95
<b>*Allison Todd (AFA, 3/29/03)</b>	<b>9.95</b>
Dani Albright (SJSU, 2/14/03)	9.95
<b>Taylor Chan (SJSU, 3/5/17)</b>	<b>9.925</b>
<b>Alexis Brown (UCD, 2/19/17)</b>	<b>9.925</b>
Ariana Harger (SPU, 4/8/16-USAG)	9.925
<b>*Stephanie Stamates (UCD, 3/19/16)</b>	<b>9.925</b>
Lauren Rice (Sac State, 2/19/16)	9.925
Julia Greer (SJSU, 3/14/14)	9.925
Anna Shumaker (UCD, 2/28/14)	9.925
Michelle Ho (UCD, 3/1/13)	9.925
Michelle Ho (UCD, 1/11/13)	9.925
Dominique Ingram (UAA, 3/19/05)	9.925
Stefanie Aeder (Sac State, 2/25/05)	9.925
Stefanie Aeder (Sac State, 1/7/05)	9.925
<b>*Stefanie Aeder (Sac State, 3/20/04)</b>	<b>9.925</b>
<b>*Erin Maguire (AFA, 3/20/04)</b>	<b>9.925</b>
<b>*Greta Leach (SJSU, 3/20/04)</b>	<b>9.925</b>

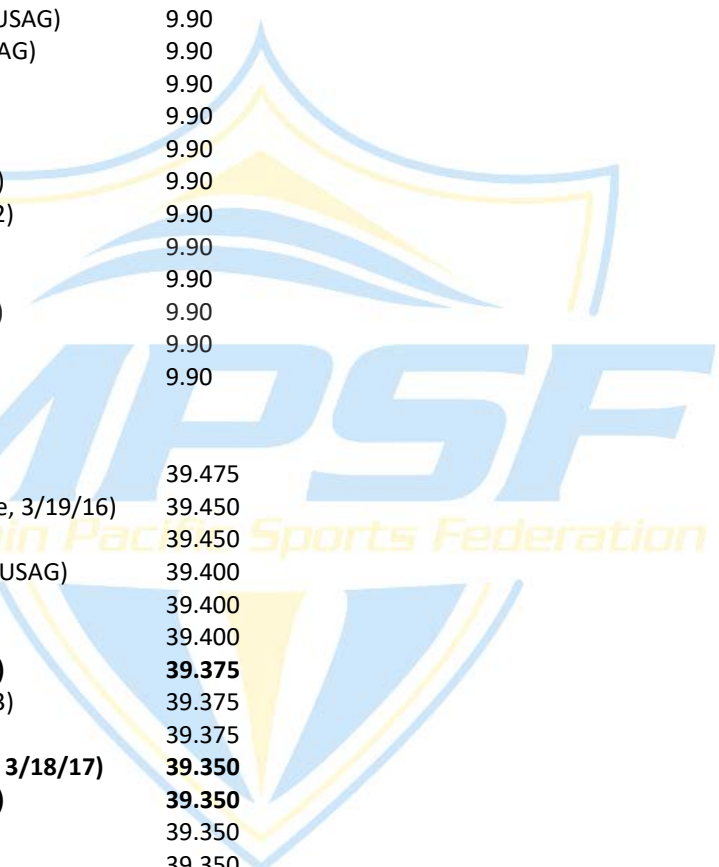
*Dominique Ingram (UAA, 3/20/04)	9.925
Jennifer Green (SJSU 2/14/04)	9.925
Shirla Choy (SJSU, 2/14/04)	9.925
*Jenny Diamond (Sac State, 3/29/03)	9.925
*Jessa Liegl (AFA, 3/29/03)	9.925
*Shirla Choy (SJSU, 3/29/03)	9.925
Allison Todd (AFA, 3/14/03)	9.925
Allison Todd (AFA, 3/9/03)	9.925
Dani Albright (SJSU, 3/7/03)	9.925
Allison Todd (AFA, 3/5/03)	9.925
Jennifer Greene (SJSU, 3/2/03)	9.925
Allison Todd (AFA, 1/25/03)	9.925
Tiffany Chan (UCD, 4/11/02-USAG)	9.925
<b>Darian Burns (SPU, 4/9/17-USAG)</b>	<b>9.90</b>
<b>Taylor Chan (SJSU, 3/10/17)</b>	<b>9.90</b>
<b>Alexis Brown (UCD, 3/4/17)</b>	<b>9.90</b>
<b>Yasmine Yektaparast (UCD, 2/19/17)</b>	<b>9.90</b>
Ariana Harger (SPU, 4/10/16-USAG)	9.90
Stephanie Stamates (UCD, 3/11/16)	9.90
Lauren Rice (Sac State, 3/11/16)	9.90
Yasmine Yektaparast (UCD, 2/28/16)	9.90
Stephanie Stamates (UCD, 2/19/16)	9.90
Kalliah McCartney (Sac State, 2/19/16)	9.90
Cassie Benning (Sac State, 1/15/16)	9.90
Cami Guyer (SJSU, 3/14/15)	9.90
Tiana Montell (UCD, 3/13/15)	9.90
Kala DeFrancesco (UCD, 3/13/15)	9.90
Stephanie Stamates (UCD, 3/15/14)	9.90
Jasmine Holmes (SJSU, 3/14/14)	9.90
Cassandra Harrison (SJSU, 2/28/14)	9.90
Julia Greer (SJSU, 2/28/14)	9.90
Stephanie Stamates (UCD, 2/28/14)	9.90
Kala Defrancesco (UCD, 2/28/14)	9.90
Cassandra Harrison (SJSU, 2/14/14)	9.90
Kailey Hansen (Sac State, 2/14/14)	9.90
Michelle Ho (UCD, 3/15/13)	9.90
Michelle Ho (UCD, 3/8/13)	9.90
Michelle Ho (UCD, 2/15/13)	9.90
Stephanie Stamates (UCD, 3/1/13)	9.90
*Sherah Veron (SPU, 3/27/10)	9.90
Sarah Sullivan (SPU, 4/20/07)	9.90
*Debra Huss (SPU, 3/30/07)	9.90
Debra Huss (SPU, 3/9/07)	9.90
Dominique Ingram (UAA, 2/25/05)	9.90
Jennifer Greene (SJSU, 1/11/05)	9.90
Dominique Ingram (UAA, 1/7/05)	9.90
Dominique Ingram (UAA, 4/10/04)	9.90
*Debra Huss (SPU, 3/20/04)	9.90
Erin Maguire (AFA, 3/9/04)	9.90
Lauren Robison (AFA, 3/9/04)	9.90
Dominique Ingram (UAA, 2/7/04)	9.90
Jennifer Green (SJSU, 3/12/04)	9.90
Debra Huss (SPU, 3/12/04)	9.90



Jennifer Green (SJSU, 2/20/04)	9.90
Jessa Liegl (AFA, 2/16/04)	9.90
Debra Huss (SPU, 1/17/04)	9.90
Shirla Choy (SJSU, 1/17/04)	9.90
Erin Maguire (AFA, 1/17/04)	9.90
*Nirvana Zaher (Sac State, 03)	9.90
Dani Albright (SJSU, 3/2/03)	9.90
Allison Todd (AFA, 2/24/03)	9.90
Jessa Liegl (AFA, 2/14/03)	9.90
Jenny Green (SJSU, 2/7/03)	9.90
Tiffany Chan (UCD, 4/13/02-USAG)	9.90
Tiffany Chan (UCD, 4/12/02-USAG)	9.90
Flora Bare (UCD, 4/11/02-USAG)	9.90
Dani Albright (SJSU, 4/6/02)	9.90
*Shirla Choy (SJSU, 3/23/02)	9.90
*Erika Ruelas (UCD, 3/23/02)	9.90
*Tiffany Chan (UCD, 3/23/02)	9.90
*Toni Peterson (SAC, 3/23/02)	9.90
Kimmy Cianci (SJSU, 3/8/02)	9.90
Dani Albright (SJSU, 2/23/02)	9.90
Kimmy Cianci (SJSU, 2/23/02)	9.90
Tiffany Chan (UCD, 2/9/02)	9.90
Dani Albright (SJSU, 2/2/02)	9.90

**ALL-AROUND (Min. 39.300)**

Jessa Liegl (AFA, 3/9/04)	39.475
*Kalliah McCartney (Sac State, 3/19/16)	39.450
Dani Judal (UCD, 3/13/15)	39.450
Maria Hundley (SPU, 4/8/16-USAG)	39.400
*Shirla Choy (SJSU, 3/29/03)	39.400
Laura Frank (AFA, 3/22/03)	39.400
<b>Alexis Brown (UCD, 3/18/17)</b>	<b>39.375</b>
*Dani Albright (SJSU, 3/29/03)	39.375
Dani Albright (SJSU, 3/2/02)	39.375
<b>*Caitlin Soliwoda (Sac State, 3/18/17)</b>	<b>39.350</b>
<b>Alexis Brown (UCD, 2/11/17)</b>	<b>39.350</b>
Maddie Herr (SJSU, 3/11/16)	39.350
Maria Hundley (SPU, 3/7/16)	39.350
Kalliah McCartney (Sac State, 2/19/16)	39.350
Kala DeFrancesco (UCD, 3/13/15)	39.350
Cami Guyer (SJSU, 3/8/15)	39.350
*Binta Coleman (Sac State, 3/20/04)	39.350
Jessa Liegl (AFA, 2/8/04)	39.350
Allison Todd (AFA, 3/14/03)	39.350
<b>Caitlin Soliwoda (SAC, 2/19/17)</b>	<b>39.325</b>
*Lauren Rice (Sac State, 3/19/16)	39.325
Maddie Herr (SJSU, 2/19/16)	39.325
Katie Yamamura (UCD, 3/15/13)	39.325
Katie Yamamura (UCD, 3/1/13)	39.325
*Toni Petersen (Sac State, 3/23/02)	39.325
<b>Alexis Brown (UCD, 2/24/17)</b>	<b>39.300</b>
<b>Alexis Brown (UCD, 2/17/17)</b>	<b>39.300</b>
Kalliah McCartney (Sac State, 1/29/16)	39.300



Dani Judal (UCD, 3/8/15)	39.300
Cassandra Harrison (SJSU, 2/14/14)	39.300
Dani Albright (SJSU, 2/7/03)	39.300

**TEAM RECORDS**

**TOTAL (Min. 195)**

196.900 (UCD, 3/13/15)  
 196.475 (Sac State, 2/19/16)  
 196.425 (UCD, 2/28/14)  
 \*196.300 (Sac State, 3/19/16)  
 196.025 (UCD, 3/11/16)  
**\*195.925 (SJSU, 3/18/17)**  
 \*195.925 (SJSU, 3/20/04)  
 195.875 (UCD, 1/26/14)  
 195.875 (Sac State, 3/5/04)  
 195.800 (SJSU, 3/14/14)  
**195.775 (UCD, 3/10/17)**  
 195.775 (SJSU, 2/28/14)  
**\*195.725 (UCD, 3/18/17)**  
 195.725 (SJSU, 2/14/14)  
 195.675 (SJSU, 3/8/15)  
 195.675 (AFA, 3/9/04)  
 \*195.650 (Sac State, 3/22/14)  
 195.625 (UCD, 3/15/13)  
 195.575 (UCD, 3/6/16)  
**195.550 (Sac State, 2/19/17)**  
 195.550 (SJSU, 2/21/14)  
 195.500 (UCD, 1/31/14)  
 195.475 (UCD, 3/1/13)  
 195.425 (Sac State, 3/11/16)  
 195.400 (SJSU, 1/26/14)  
 \*195.400 (Sac State, 3/20/04)  
 195.350 (SJSU, 3/11/16)  
 195.325 (UCD, 3/8/15)  
 \*195.300 (UCD, 3/19/16)  
 195.300 (SJSU, 2/19/16)  
 195.300 (AFA, 3/17/14)  
**195.275 (Sac State, 3/10/17)**  
 195.275 (Sac State, 3/7/14)  
 195.225 (UCD, 2/28/16)  
**195.200 (SJSU, 2/10/17)**  
**\*195.175 (Sac State, 3/18/17)**  
 \*195.175 (SJSU, 3/21/15)  
 195.175 (UCD, 2/13/15)  
 195.175 (UCD, 2/21/14)  
**195.150 (SJSU, 3/5/17)**  
 195.150 (SJSU, 3/1/15)  
 195.125 (SJSU, 2/13/15)  
**195.100 (UCD, 2/19/17)**  
 195.100 (SJSU, 3/7/14)  
 195.100 (SJSU, 2/7/03)  
 195.075 (AFA, 3/14/14)



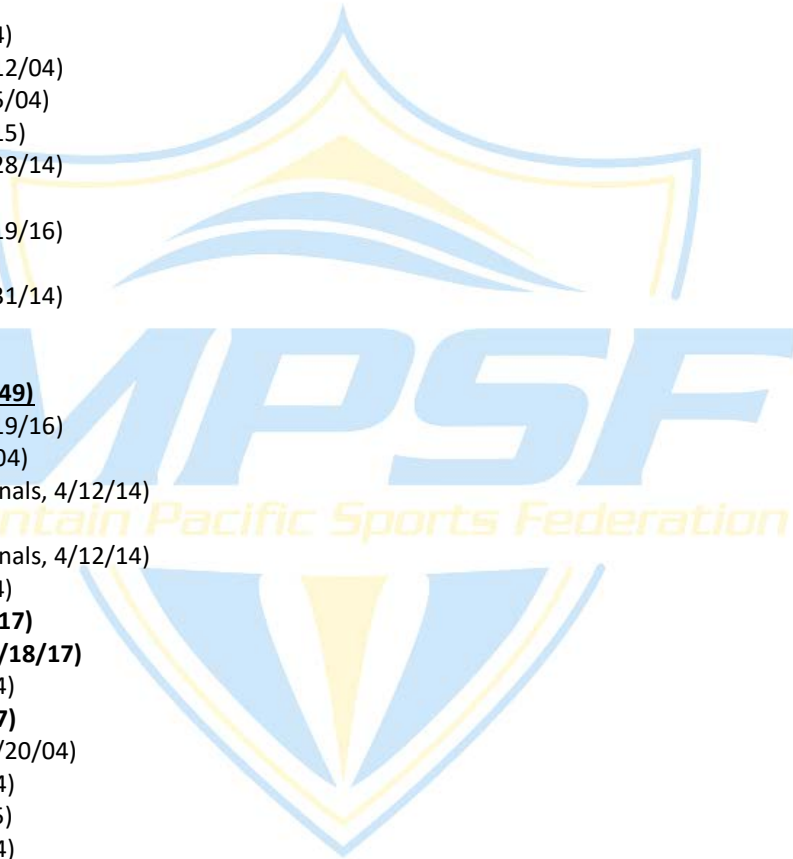
195.050 (Sac State, 3/8/15)

**VAULT (Min. 49)**

49.250 (UCD, 3/13/15)  
49.175 (UCD, 2/27/15)  
\*49.150 (SJSU, 3/21/15)  
\*49.150 (Sac State, 3/22/14)  
\*49.100 (Sac State, 3/19/16)  
49.100 (UCD, 2/20/15)  
49.075 (Sac State, 3/15/15)  
49.075 (SJSU, 3/8/15)  
49.050 (UCD, 3/8/15)  
49.050 (UCD, 1/26/14)  
49.050 (Sac State, 3/12/04)  
49.050 (Sac State, 3/5/04)  
\*49.025 (UCD, 3/21/15)  
49.025 (Sac State, 2/28/14)  
49.000 (UCD, 3/6/16)  
49.000 (Sac State, 2/19/16)  
49.000 (SJSU, 3/1/15)  
49.000 (Sac State, 1/31/14)  
49.000 (AFA, 3/9/04)

**UNEVEN BARS (Min. 49)**

49.400 (Sac State, 2/19/16)  
\*49.325 (SJSU, 3/20/04)  
49.300 (AFA, USAG Finals, 4/12/14)  
49.275 (SJSU, 2/7/03)  
49.225 (SPU, USAG Finals, 4/12/14)  
49.225 (UCD, 2/28/14)  
**\*49.200 (SJSU, 3/18/17)**  
**\*49.200 (Sac State, 3/18/17)**  
49.200 (SJSU, 2/28/14)  
**49.150 (UCD, 2/19/17)**  
\*49.150 (Sac State, 3/20/04)  
49.150 (SJSU, 2/20/04)  
49.125 (UCD, 3/13/15)  
49.100 (SJSU, 2/14/14)  
**49.075 (SAC, 2/19/17)**  
49.075 (SPU, USAG Semis, 4/11/14)  
49.075 (Sac State, 3/13/05)  
49.050 (UCD, 3/1/13)  
49.050 (Sac State, 3/16/02)  
49.050 (Sac State, 2/15/02)  
**49.025 (SJSU, 1/21/17)**  
49.025 (UCD, 3/15/14)  
49.000 (SJSU, 2/12/16)  
49.000 (SJSU, 3/1/15)  
49.000 (Sac State, 3/7/14)  
49.000 (UCD, 1/31/14)





**BALANCE BEAM (Min. 49)**

**49.225 (UCD, 3/18/17)**

**49.175 (UCD, 3/10/17)**

49.175 (UCD, 2/21/14)

49.150 (UCD, 3/6/16)

49.150 (AFA, 3/9/04)

49.125 (UCD, 3/11/16)

\*49.125 (Sac State, 3/21/15)

49.125 (Sac State, 3/15/15)

49.125 (AFA, 3/14/14)

49.125 (UCD, 1/31/14)

**\*49.100 (SJSU, 3/18/17)**

49.075 (UCD, 3/13/15)

49.075 (SJSU, 3/8/15)

\*49.050 (Sac State, 3/22/14)

49.050 (Sac State, 1/5/14)

\*49.050 (SJSU, 3/29/03)

**49.025 (SJSU, 2/10/17)**

\*49.025 (Sac State, 3/19/16)

49.025 (UCD, 1/15/16)

\*49.025 (UCD, 3/21/15)

49.025 (SJSU, 3/19/05)

49.000 (SJSU, 3/14/03)

**FLOOR EXERCISE (Min. 49)**

\*49.550 (SJSU, 3/20/04)

49.450 (UCD, 3/13/15)

49.425 (UCD, 2/28/14)

49.425 (UCD, USAG Prelim, 4/11/02)

49.375 (Sac State, 3/12/04)

49.375 (SJSU, 2/9/03)

**49.350 (UCD, 2/19/17)**

\*49.350 (Sac State, 3/19/16)

49.350 (SJSU, 3/14/15)

49.350 (SJSU, 3/14/14)

49.350 (UCD, 3/1/13)

\*49.350 (Sac State, 3/20/04)

49.350 (Sac State, 3/22/03)

\*49.350 (SJSU, 3/29/03)

\*49.300 (Sac State, 3/29/03)

49.300 (AFA, 3/9/04)

49.275 (Sac State, 2/19/16)

49.275 (Sac State, 3/18/05)

**49.250 (UCD, 2/24/17)**

**49.250 (UCD, 2/14/17)**

49.250 (SPU, 4/8/16-USAG)

\*49.250 (UCD, 3/20/04)

49.250 (AFA, 3/18/03)

49.225 (Sac State, 3/11/16)

49.200 (UCD, 3/11/16)

49.200 (SJSU, 2/28/14)

\*49.175 (SPU, 3/20/04)

49.175 (SJSU, 2/14/04)





49.175 (SPU, 3/14/03)  
 \*49.150 (UCD, 3/23/13)  
 49.150 (UCD, 3/15/13)  
 49.150 (SJSU, 3/2/03)  
 \*49.125 (UCD, 3/21/16)  
 49.125 (Sac State, 1/29/16)  
 49.125 (SPU, 3/14/15)  
 49.125 (SJSU, 1/16/15)  
 49.125 (AFA, 3/17/14)  
 49.125 (SJSU, 2/7/03)  
**49.100 (UCD, 3/4/17)**  
**49.100 (UCD, 1/29/17)**  
 49.100 (UCD, 2/28/16)  
 49.100 (Sac State, 2/6/15)  
 \*49.100 (AFA, 3/20/04)  
 49.075 (SJSU, 3/6/16)  
 49.075 (Sac State, 2/5/16)  
 49.075 (Sac State, 1/15/16)  
 \*49.075 (SJSU, 3/21/15)  
 \*49.075 (UAA, 3/20/04)  
 49.075 (Sac State, 2/14/14)  
**49.050 (SJSU, 1/28/17)**  
 49.050 (UCD, 3/6/16)  
 49.050 (UCD, 2/12/16)  
 49.050 (UCD, 3/8/13)  
 49.050 (SJSU, 2/27/05)  
**49.025 (SAC, 2/19/17)**  
 49.025 (SJSU, 2/12/16)  
 49.025 (Sac State, 3/15/15)  
 49.025 (SJSU, 2/14/14)  
 49.025 (SJSU, 1/26/14)  
 49.025 (SJSU, 2/14/03)  
 49.025 (SJSU, 2/23/02)  
 49.025 (SJSU, 2/8/02)  
**\*49.000 (Sac State, 3/18/17)**  
**49.000 (SJSU, 2/10/17)**  
 49.000 (UCD, 3/8/15)  
 49.000 (UCD, 2/20/15)  
 49.000 (AFA, 2/8/14)  
 49.000 (UCD, 3/24/10)  
 49.000 (SJSU, 3/12/04)



## MPSF CHAMPIONSHIP RECORDS

### **INDIVIDUAL:**

#### **VAULT**

Kalliah McCartney, Sac State, '14	9.95
Jessica Wallander, AFA, '13	9.925
Kalliah McCartney, Sac State, '16	9.90
Cami Guyer, SJSU, '15	9.90
Katie Yamamura, UCD, '11	9.90

Maria Hundley, SPU, '14	9.875
Kailey Hansen, Sac State, '14	9.875
Kala DeFrancesco, UCD, '14	9.875
Maria Hundley, SPU, '13	9.875
Dominique Ingram, UAA, '05	9.875
Nirvana Zaher, Sac State, '05	9.875
Nirvana Zaher, Sac State, '04	9.875

#### **UNEVEN BARS**

Shirla Choy, SJSU, '04	9.95
<b>Caitlin Soliwoda, Sac State, '17</b>	<b>9.925</b>
Amber Weddell, UCD, '04	9.925
<b>Kaprice Nadonza, SJSU, '17</b>	<b>9.90</b>
Lida Gehlen, UCD, '08	9.90
Alexis Tsurumoto, Sac State, '05	9.90
Binta Coleman, Sac State, '04	9.90
Meloney Greer, Sac State, '04	9.90
Binta Coleman, Sac State, '03	9.90
Shirla Choy, SJSU, '03	9.90

#### **BALANCE BEAM**

<b>Katy Nogaki, UCD, '17</b>	<b>9.925</b>
<b>Sophia Hyderally, UAA, '17</b>	<b>9.925</b>
<b>Taylor Chan, SJSU, '17</b>	<b>9.90</b>
Elideth Guerrero, Sac State, '14	9.90
Erika Van Dyke, UCD, '10	9.90
Dani Judal, UCD, '15	9.875
Marissa Unpingco, SJSU, '15	9.875
Kristi Hayashida, SPU, '15	9.875
Madeline Kennedy, UCD, '12	9.875
Tiffany Chan, UCD, '05	9.875
Amberly Klein, SJSU, '03	9.875

#### **FLOOR EXERCISE**

<b>Jennifer Greene, SJSU, '04</b>	<b>10.0</b>
Danielle Albright, SJSU, '03	9.975
Shirla Choy, SJSU, '04	9.95
Tiffany Chan, UCD, '04	9.95
Allison Todd, AFA, '03	9.95
Stephanie Stamates, UCD, '16	9.925
Stefanie Aeder, Sac State, '04	9.925
Dominique Ingram, UAA, '04	9.925
Greta Leach, SJSU, '04	9.925
Erin Maguire, AFA, '04	9.925
Shirla Choy, SJSU, '03	9.925
Jenny Diamond, Sac State, '03	9.925
Corrie McDaniel, SPU, '03	9.925
Jessa Liegl, AFA, '03	9.925
Sherah Veron, SPU, '10	9.90
Debra Huss, SPU, '07	9.90
Debra Huss, SPU, '04	9.90
Nirvana Zaher, Sac State, '03	9.90
Shirla Choy, SJSU, '02	9.90

**ALL-AROUND (Min. 39.100)**

Kalliah McCartney, Sac State, '16	39.450
Shirla Choy, SJSU, '03	39.400
<b>Alexis Brown, UCD, '17</b>	<b>39.375</b>
Danielle Albright, SJSU, '03	39.375
<b>Caitlin Soliwoda, Sac State, '17</b>	<b>39.350</b>
Binta Coleman, Sac State, '04	39.350
Lauren Rice, Sac State, '16	39.325
Toni Peterson, Sac State, '02	39.325
Jesse Williams, Sac State, '14	39.250
Cami Guyer, SJSU, '15	39.225
Julia Konner, Sac State, '15	39.200
Shirla Choy, SJSU, '04	39.200
Maria Hundley, SPU, '16	39.175
M'rcy Matsunami, UAA, '15	39.175
Katie Won, SJSU, '15	39.175
Greta Leach, SJSU, '04	39.175
Nirvana Zaher, Sac State, '03	39.150
Cassandra Harrison, SJSU, '14	39.125

**TEAM****TOTAL**

Sacramento State, '16	196.300
<b>San Jose State, '17</b>	<b>195.925</b>
San Jose State, '04	195.925
Sacramento State, '14	195.650
<b>UC Davis, '17</b>	<b>195.525</b>
Sacramento State, '04	195.400
UC Davis, '16	195.300
UC Davis, '15	195.300
<b>Sacramento State, '17</b>	<b>195.175</b>
San Jose State, '15	195.175
UC Davis, '13	194.950
Sacramento State, '03	194.925
Sacramento State, '02	194.900
UC Davis, '14	194.875
UC Davis, '08	194.700

**VAULT**

San Jose State, '15	49.150
Sacramento State, '14	49.150
Sacramento State, '16	49.100
UC Davis, '15	49.025
San Jose State, '14	48.950
Sacramento State, '02	48.925
Air Force, '13	48.875
UC Davis, '13	48.800
UC Davis, '14	48.775
UC Davis, '08	48.775
Seattle Pacific, '15	48.675

Air Force, '14	48.675
San Jose State, '05	48.675

**UNEVEN BARS**

San Jose State, '04	49.325
<b>Sacramento State, '17</b>	<b>49.200</b>
Sacramento State, '04	49.150
UC Davis, '04	48.875
Sacramento State, '16	48.825
Alaska, '04	48.825
Sacramento State, '05	48.800
UC Davis, '10	48.700
Seattle Pacific, '08	48.675
UC Davis, '14	48.650
Alaska, '08	48.650
UC Davis, '08	48.625

**BALANCE BEAM**

<b>UC Davis, '17</b>	<b>49.225</b>
Sacramento State, '15	49.125
<b>San Jose State, '17</b>	<b>49.100</b>
Sacramento State, '14	49.050
San Jose State, '03	49.050
Sacramento State, '16	49.025
UC Davis, '15	49.025
San Jose State, '15	48.900
San Jose State, '04	48.900
San Jose State, '16	48.825
San Jose State, '14	48.825
Seattle Pacific, '10	48.775
UC Davis, '14	48.750
Sacramento State, '05	48.700

**FLOOR EXERCISE**

San Jose State, '04	49.550
Sacramento State, '16	49.350
Sacramento State, '04	49.350
San Jose State, '03	49.350
Sacramento State, '03	49.300
UC Davis, '04	49.250
Seattle Pacific, '04	49.175
UC Davis, '16	49.125
Air Force, '04	49.100
San Jose State, '15	49.075
Alaska, '04	49.075
UC Davis, '13	49.025
<b>Sac State, '17</b>	<b>49.000</b>

