

Bylaw 604 - MPSF WOMEN'S GYMNASTICS REGULATIONS

2016

604.1 Federation Championship

604.1.1 Championship Meet Dates

The Mountain Pacific Sports Federation Women's Gymnastics Championship shall be held two weeks before NCAA Regionals. The championships will consist of one session. The team champion and all individual champions will be awarded to the team or individual with the highest cumulative score, with five scores counting for each team scoring event.

604.1.2 Championship Meet Format (2013)

The format for the Mountain Pacific Sports Federation Women's Gymnastics Championship meet shall conform to the NCAA Women's Gymnastics Championship format except where otherwise noted in these bylaws and will be run by the same rules used for NCAA regional competition.

604.1.3 Championship Rotation (2006, 2009, 2010, 2013, 2014, 2016)

The site for the MPSF Championship Meet shall rotate each year alternating annually between California teams (Sacramento State, San Jose State and UC Davis) and non-California teams (Air Force, Alaska Anchorage and Seattle Pacific) starting in 2016. Based on a double-blind draw, the future rotation of Championship hosts is:

2017: San Jose State (<i>change pending</i>)	2020: UC Davis
2018: Air Force	2021: Alaska Anchorage
2019: Seattle Pacific	2022: Sacramento State

604.1.4 Conduct of the Federation Championship Meet:

604.1.4.1 Squad Size (2009, 2012)

The maximum number of entrants a member institution shall have participating in the MPSF Championship is 15 student-athletes or a maximum of the NCAA Championship travel squad limit. A travel party of 20 will be allowed at the Championships including coaches, trainers, SIDs and administrators.

604.1.4.2 Lineup

The head coach must submit the official lineup at the coaches meeting prior to competition.

604.1.4.3 Competition Rules (2006, 2013)

The Federation championship meet shall operate with by the same rules in use for NCAA regionals.

604.1.4.3.1 Starting Event Rotation (2007, 2010, 2013, 2014, 2016)

The starting championship event rotation shall be determined by [seeding teams into the championship based on each team's RQS from The Road to Nationals ranking on the Monday prior to championship meet. Teams would be seeded based on the following ranking and corresponding starting event rotation:](#)
[#1 vault, #2 bye before bars, #3 balance beam, #4 bye before floor, #5 uneven bars, #6 floor](#)

604.1.4.3.2 March-in Order (2010)

March-in Order – Olympic event starting order

At the start of the championship meet teams shall march in by Olympic order according to their opening event (vault, uneven bars, beam, floor exercise). Each team may march in up to 15 student-athletes and all remaining members on the host team be allowed in corrals during competition.

604.1.4.4 Mats

FIG and NCAA mat specifications shall be used as minimum standards.

604.1.4.5 Warm-ups (2014)

There shall be a controlled warm-up on the competitive floor prior to the Championship session. Teams shall warm-up in competition order. Each team shall have a minimum of 15 minutes on each apparatus with 3-minutes maximum transition time between events. The transition time will be on the clock and monitored by the head table. If all coaches indicate they are ready to start a rotation's warm-up period prior to the 3-minute maximum, warm-ups may then commence.

604.1.4.6 March-In (2010)

Teams shall march in by Olympic order according to their starting event rotation as established in bylaw.

604.2 Judges

Two judges shall be used per event. Judges shall meet at least one hour prior to the first competition to review NCAA policies; to coordinate assignments and responsibilities; to review intercollegiate rules modifications; to review and evaluate videotapes; and to evaluate the pre-competition judges' information forms. The director of officials shall chair this meeting.

604.2.1 Selection of Judges (2013, 2015)

Judges will be selected and assigned by the National Assignor according to current JAS protocol.

604.2.2 Judges Information Form

Coaches may submit a Pre-competition Judges' Information Form prior to the competition. This form may include: unusual or uncommon skills; unusual methods of combinations. Individuals should not be identified when submitting the form. Forms should be given to the director of officials prior to the judges meeting prior to the competition.

604.2.3 Meet Referee (2014)

The MPSF championship host institution shall request a local judge, with National or higher rating, to be designated as a separate Championship Meet Referee per NCAA Regional format.

604.3 Uniforms

All competitors must wear, exclusively, the official uniform of their institution in competition, warm-ups and during the award ceremonies. Uniforms must conform to NCAA requirements.

604.4 Games Committee

A Games Committee shall be appointed, consisting of the head coach of the past and present host institutions, the meet director, the meet referee or head official and the Executive Director.

604.5 Gate List (2016)

MPSF institutions hosting regular season meets shall provide visiting MPSF teams with 40 complimentary tickets via a player guest list administered by host institutions per NCAA regulations.

604.6 Awards and Recognition (2010, 2011, 2016)

604.6.1 Championship Awards: Awards will be provided to:

- The first-place team
- The top three places in individual events and all-around.
- All-Around awards will be based on the athlete with the highest cumulative score in all four events.

604.6.2 Major Awards

- Gymnast, Freshman and Coach of the Year will be acknowledged with awards, while the Assistant Coach of the Year shall be recognized via media release and shall not receive a physical award. Gymnast, Freshman, Coach and Assistant Coach of the Year awards shall reflect performances for the regular season. The coaches shall vote for these awards during the annual coaches' meeting, prior to the championship.
- The major awards shall be announced at the conclusion of the championship meet.
- Voting for major awards shall be conducted by a panel of 13, including each head coach, a designated assistant coach, and the MPSF media relations coordinator. Assistant coaches shall vote independently.

604.6.3 Weekly Recognition (2012, 2013, 2014, 2015, 2016)

Nominees for MPSF recognition in the weekly news release shall meet the following qualifications and shall be limited to one nomination per gymnast per week:

- Specialist of the Week: Gymnasts participating in one or two events only
- Gymnast of the Week: Any gymnast
- Freshman of the Week: Freshman or redshirt freshman.
- Voting for weekly awards shall be conducted by a panel of 13, including each head coach, a designated assistant coach, and the MPSF media relations coordinator. Assistant coaches shall vote independently.

604.6.4 All-MPSF Selection (2016)

There shall be two All-MPSF teams composed in the following manner:

- The top gymnast from each school in each event is an automatic selection, determined by her regional qualifying score on roadnationals.com from the Monday of MPSF Championship week.
- Six additional gymnasts per event are chosen as at-large selections, based on the next highest regional qualifying scores, regardless of team.
- The top-six scores per event shall then be named first-team all-conference honorees.
- The remaining student-athletes will be named to the second-team, which shall include all ties, as well as any individuals from teams not in the top 12.
- This process will be applicable to all four events and the all around.
- The All-MPSF Teams shall be announced at conclusion of meet while waiting for verification of meet scores.

604.6.5 Academic All-MPSF Selection (2013)

In addition to recognizing individual student-athletes for their academic merit based on MPSF criteria, the Federation shall also annually recognize the team with the highest GPA at the end of the year as "ALL MPSF ACADEMIC TEAM" based upon NACGC academic team rankings.