



Swimming Schedule of Events at East Los Angeles Community College

Tuesday, February 13, 2018

Swimming Practice at East LA Community College – Hours as scheduled between 3:00 or 4:00 pm and 9:00 pm
Lanes 1 and 8 in the competition pool are reserved for dive/sprints. All other lanes are shared with no priority or reservations.

Wednesday, February 14

9:00 am – 1:00 pm	Swimming Warm-Up
12:00 pm – 1:00 pm	Coaches Technical Meeting – ELAC Pool
4:30 pm – 5:45 pm	Swimming Warm-Up – Competition Pool
5:00 pm	Doors Open for Spectators
6:00 pm	National Anthem
	Swimming Day One Finals
	200-yd Medley Relay (W) Final
	Award 200-yd Medley Relay (W)
	200-yd Medley Relay (M) Final
	Award 200-yd Medley Relay (M)
	200-yd Medley Relay (W) Exhibition
	200-yd Medley Relay (M) Exhibition
	40 Minute Break – Time Trials
	800-yd Freestyle Relay (W) Final
	Award 800-yd Freestyle Relay (W)
	800-yd Freestyle Relay (M) Final
	Award 800-yd Freestyle Relay (M)
	800-yd Freestyle Relay (W) Exhibition
	800-yd Freestyle Relay (M) Exhibition
	Time Trials

Thursday, February 15

8:00 am – 9:45 am	Swimming Warm-Up– Competition Pool
9:00 am	Doors Open for Spectators
10:00 am	Swimming Prelims
	500-yd Freestyle (W) Prelims - 500-yd Freestyle (M) Prelims
	200-yd Individual Medley (W) Prelims - 200-yd Individual Medley (M) Prelims
	50-yd Freestyle (W) Prelims - 50-yd Freestyle (M) Prelims
	200-yd Freestyle Relay (W) Exhibition
	200-yd Freestyle Relay (M) Exhibition
	Time Trials
4:30 pm – 5:45 pm	Swimming Warm-Up– Competition Pool
5:00 pm	Doors Open for Spectators
6:00 pm	National Anthem
	Swimming Day Two Finals
	200-yd Freestyle Relay (W) Final *****
	Award 200-yd Freestyle Relay (W)

200-yd Freestyle Relay (M) Final *****
 Award 200-yd Freestyle Relay (M)
 10-20 Minute Break
 500-yd Freestyle (W) Bonus No-Score - 500-yd Freestyle (W) Consol
 500-yd Freestyle (W) Final
 Award 500-yd Freestyle (W)
 500-yd Freestyle (M) Bonus No-Score- 500-yd Freestyle (M) Consol
 500-yd Freestyle (M) Final
 Award 500-yd Freestyle (M) Final
 200-yd IM (W) Bonus No-Score - 200-yd IM (W) Consol - 200-yd IM (W) Final
 Award 200-yd IM (W)
 200-yd IM (M) Bonus No-Score - 200-yd IM (M) Consol - 200-yd IM (M) Final
 Award 200-yd IM (M)
 50-yd Freestyle (W) Bonus No-Score - 50-yd Freestyle (W) Consol
 50-yd Freestyle (W) Final
 Award 50-yd Freestyle (W)
 50-yd Freestyle (M) Bonus No Score -50-yd Freestyle (M) Consol
 50-yd Freestyle (M) Final
 Award 50-yd Freestyle (M)
Diving Scores from RBAC inserted into team scoring for:
 One Meter Diving (W) Final
 One Meter Diving (M) Final
 Time Trials

Friday, February 16

8:30 am – 9:45 am

9:00 am

10:00 am

Swimming Warm-Up– Competition Pool
 Doors Open for Spectators
 Swimming Prelims
 100-yd Butterfly (W) Prelim *****
 100-yd Butterfly (M) Prelim *****
 400-yd Individual Medley (W) Prelim
 400-yd Individual Medley (M) Prelim
 200-yd Freestyle (W) Prelim
 200-yd Freestyle (M) Prelim
 100-yd Breaststroke (W) Prelim
 100-yd Breaststroke (M) Prelim
 100-yd Backstroke (W) Prelim
 100-yd Backstroke (M) Prelim
 400-yd Medley Relay (W) Exhibition - 400-yd Medley Relay (M) Exhibition
 Time Trials

4:30 pm – 5:45 pm

5:00 pm

6:00 pm

Swimming Warm-Up– Competition Pool
 Doors Open for Spectators
 National Anthem
 Swimming Day Three Finals
 100-yd Fly (W) Bonus No-Score - 100-yd Fly (W) Consol - 100-yd Fly (W) Final *****
 Award 100-yd Fly (W)
 100-yd Fly (M) Bonus No-Score - 100-yd Fly (M) Consol - 100-yd Fly (M) Final *****
 Award 100-yd Fly (M)
 400-yd IM (W) Bonus No-Score - 400-yd IM (W) Consol - 400-yd IM (W) Final
 Award 400-yd IM (W)
 400-yd IM (M) Bonus No-Score - 400-yd IM (M) Consol - 400-yd IM (M) Final
 Award 400-yd IM (M)
 200-yd Free (W) Bonus No-Score - 200-yd Free (W) Consol - 200-yd Free (W) Final
 Award 200-yd Free (W)

200-yd Free (M) Bonus No-Score - 200-yd Free (M) Consol - 200-yd Free (M) Final
Award 200-yd Free (M)
100-yd Breast (W) Bonus No-Score - 100-yd Breast (W) Consol - 100-yd Breast (W) Final
Award 100-yd Breast (W)
100-yd Breast (M) Bonus No-Score - 100-yd Breast (M) Consol - 100-yd Breast (M) Final
Award 100-yd Breast (M)
100-yd Back (W) Bonus No-Score - 100-yd Back (W) Consol - 100-yd Back (W) Final
Award 100-yd Back (W)
100-yd Back (M) Bonus No-Score - 100-yd Back (M) Consol - 100-yd Back (M) Final
Award 100-yd Back (M)
20 Minute Break

Diving Scores from RBAC inserted into team scoring for:

Three Meter Diving (W) Final
Three Meter Diving (M) Final
400-yd Medley Relay (W) Final
Award 400-yd Medley Relay (W)
400-yd Medley Relay (M) Final
Award 400-yd Medley Relay (M)
Time Trials

Saturday, February 17

8:00 am – 9:45 am Swimming Warm-Up– Competition Pool
9:00 am Doors Open for Spectators
10:00 am Swimming Prelims
200-yd Backstroke (W) Prelim
200-yd Backstroke (M) Prelim
100-yd Freestyle (W) Prelim
100-yd Freestyle (M) Prelim
200-yd Breaststroke (W) Prelim
200-yd Breaststroke (M) Prelim
200-yd Butterfly (W) Prelim
200-yd Butterfly (M) Prelim
400-yd Freestyle Relay (W) Exhibition
400-yd Freestyle Relay (M) Exhibition
Time Trials

TBD-1 ½ hours prior to 1650 start – Swimming Warm Up
TBD ½ hour prior to 1650 start Doors Open For Spectators
TBD – to finish by 5:00 pm 1650-yd Freestyle (W) Timed Final (all but fastest heat slow to fast-alternate W/M)
TBD – to finish by 5:00 pm 1650-yd Freestyle (M) Timed Final (all but fastest heat slow to fast-alternate W/M)
The spectator area will be cleared following the last heat of the 1650. Any items left in the spectator area will be discarded prior to opening of the doors for spectators.

5:00 pm – 5:45 pm Swimming Warm-Up– Competition Pool
5:00 pm (or later) Doors open for spectators - after building has been cleared from the early session
6:00 pm – 6:20 Senior Ceremony
6:25 pm National Anthem
Swimming Day Four Finals
6:30 approx 1650-yd Freestyle (W) Timed Final (top 8 seeded swimmers)
Award 1650-yd Freestyle (W) --NOTE THAT NOT ALL TOP 3 ARE IN FINAL HEAT
1650-yd Freestyle (M) Timed Final (top 8 seeded swimmers)
Award 1650-yd Freestyle (M)-- NOTE THAT NOT ALL TOP 3 ARE IN FINAL HEAT
200-yd Back (W) Bonus Heat No-Score - 200-yd Back (W) Consol - 200-yd Back (W) Final
Award 200-yd Back (W)
200-yd Back (M) Bonus Heat No-Score - 200-yd Back (M) Consol - 200-yd Back (M) Final
Award 200-yd Back (M)

100-yd Free (W) Bonus Heat No-Score - 100-yd Free (W) Consol - 100-yd Free (W) Final
Award 100-yd Free (W)

100-yd Free (M) Bonus Heat No-Score - 100-yd Free (M) Consol - 100-yd Free (M) Final
Award 100-yd Free (M)

200-yd BR (W) Bonus Heat No-Score - 200-yd BR (W) Consol - 200-yd BR (W) Final
Award 200-yd Breast (W)

200-yd BR (M) Bonus Heat No-Score - 200-yd BR (M) Consol - 200-yd BR (M) Final
Award 200-yd Breast (M)

200-yd Fly (W) Bonus Heat No-Score - 200-yd Fly (W) Consol - 200-yd Fly (W) Final
Award 200-yd Fly (W)

200-yd Fly (M) Bonus Heat No-Score - 200-yd Fly (M) Consol - 200-yd Fly (M) Final
Award 200-yd Fly (M)

Diving Scores from RBAC inserted into team scoring:

Platform Diving (W) Final

Platform Diving (M) Final

400-yd Freestyle Relay (W) Final
Award 400-yd Freestyle Relay (W)

400-yd Freestyle Relay (M) Final
Award 400-yd Freestyle Relay (M)

9:15 pm Team Championship Trophy Presentation
Time Trials

Diving Schedule of Events at Rose Bowl Aquatics Center

Tuesday, Feb. 13	Practice	1:30 pm – 3:30 pm	All
Wednesday, Feb. 14	Practice	9:00 am – 11:30 am	All
	Practice	1:30 pm – 4:00 pm	All
Thursday, Feb. 15	Practice M & W	9:00 am – 10:30 am	All
	Open Warm-up	10:30 am – 11:00 am	1 meters only
	M&W 1 m Prelims	11:00 am - 12:30 pm	1 meters only
	Men’s 1 m Finals	12:45 pm - 1:15 pm	1 meters only
	Women’s 1m Finals	1:30 pm- 2:00 pm	1 meters only
	M&W 1m Consol.	2:15 pm - 3:15 pm	1 meters only
	Award 1m Diving Practice	3:15 - 4:00 pm	All
Friday, Feb. 16	Practice M & W	9:00 am – 10:30 am	All
	Open Warm-up	10:30 am – 11:00 am	All
	M & W 3m Prelims	11:00 am – 12:30 pm	3 meters only
	Women’s 3 m Finals	12:45 pm – 1:15 pm	3 meters only
	Men’s 3m Finals	1:30 pm – 2:00 pm	3 meters only
	M&W 3m Consol.	2:15 pm - 3:15 pm	3 meters only
	Award 3m Diving Practice	3:15 pm - 4:00 pm	All
Saturday, Feb. 17	Practice M & W	9:00 am – 11:30 am	All
	Open Warm-up	11:30 am – 12:00 pm	All
	M & W Platform	12:00 pm – 1:30 pm	Platforms only
	Finals (Combined)		
	Award Platform Diving		

6:00 pm – 6:20 Senior Ceremony at East LA Community College