



2009 INDOOR TRACK & FIELD CHAMPIONSHIP MEET

INDOOR TRACK & FIELD CHAMPIONSHIP MEET RECORDS

February 28, 2009

MEN

TRACK EVENTS	Mark	Student-Athlete	School	Year	Site
55 Meter Dash	6.06	Marcus Brunson	Arizona State	1999	Reno, NV
55 Meter Hurdles	7.25	Arend Watkins	Washington State	2000	Reno, NV
60 Meter Dash	6.51	Ja'Warren Hooker	Washington	2001	Flagstaff, AZ
60 Meter Hurdles	7.70	Arend Watkins	Washington State	2001	Flagstaff, AZ
200 Meters	20.75	Ja'Warren Hooker	Washington	2001	Flagstaff, AZ
400 Meters	46.04	Mike Kenyon	Arizona	2002	Flagstaff, AZ
800 Meters	1:47.07	Bernard Lagat	Washington State	1999	Reno, NV
Mile	3:59.08	Jonah Maiyo	Arizona	2005	Seattle, WA
3,000 Meters	7:51.66	Robert Cheseret	Arizona	2005	Seattle, WA
5,000 Meters	13:45.54	Ian Dobson	Stanford	2005	Seattle, WA
1,600 Meter Relay	3:06.98		Oregon	2005	Seattle, WA
Dist. Medley Relay	9:29.71		California	2009	Seattle, WA

FIELD EVENTS

High Jump	2.25m (7-4 1/2)	Chris Nelson	Oregon	1996	Reno, NV
Pole Vault	5.71m (18-8 3/4)	Tommy Skipper	Oregon	2006	Seattle, WA
Long Jump	8.12m (26-7 3/4)	Norris Frederick	Washington	2008	Seattle, WA
Triple Jump	16.24m (53-3 1/4)	Len Ozolins	California	1995	Reno, NV
Shot Put	21.47m (70-5 1/4)	Ryan Whiting	Arizona State	2008	Seattle, WA
35-lb. Wt. Throw	21.82 (71-7 1/4)	Adam Connolly	Stanford	1999	Reno, NV

HEPTATHLON	5,784 points	Josh Hustedt	Stanford	2008	Seattle, WA
PENTATHLON	4,207 points	Jacquelyn Johnson	Arizona State	2006	Seattle, WA

WOMEN

TRACK EVENTS

55 Meter Dash	6.73	Shekedia Jones	UCLA	1998	Reno, NV
55 Meter Hurdles	7.68	Claudine Robinson	Washington	1994	Reno, NV
60 Meter Dash	7.29	Brianna Glenn	Arizona	2002	Flagstaff, AZ
60 Meter Hurdles	8.06	Sheena Johnson	UCLA	2004	Seattle, WA
200 Meters	23.40	Brianna Glenn	Arizona	2002	Flagstaff, AZ
400 Meters	53.28	Crystal Irving	UNLV	1993	Reno, NV
800 Meters	2:03.39	Alysia Johnson	California	2008	Seattle, WA
Mile	4:39.00	Lauren Centrowitz	Stanford	2009	Seattle, WA
3,000 Meters	9:08.15	Laurynne Chetelat	Stanford	2009	Seattle, WA
5,000 Meters	15:50.65	Arianna Lambie	Stanford	2007	Seattle, WA
1,600 Meter Relay	3:35.82		UCLA	2001	Flagstaff, AZ
Dist. Medley Relay	11:08.56		Stanford	2008	Seattle, WA

FIELD EVENTS

High Jump	1.85m (6-0 3/4)	Ebba Jungmark	Washington State	2008	Seattle, WA
Pole Vault	4.40m (14-5 1/4)	Chelsea Johnson	UCLA	2006	Seattle, WA
Long Jump	6.50m (21-4)	Jacquelyn Johnson	Arizona State	2008	Seattle, WA
Triple Jump	13.90m (45-7 1/4)	Erica McLain	Stanford	2005	Seattle, WA
Shot Put	17.72m (58-1 3/4)	Sarah Stevens	Arizona State	2007	Seattle, WA
20-lb. Wt. Throw	21.58 (70-9 3/4)	Sarah Stevens	Arizona State	2009	Seattle, WA