

**2012 Mountain Pacific Sports Federation Indoor
Track & Field Championship Meet
Dempsey Indoor, University of Washington**



MEET SCHEDULE

FRIDAY, FEB. 24

12:30 p.m.	Men's Weight Throw	Final
1:00 p.m.	Pentathlon: Women's 60 Meter Hurdles	Final
1:40 p.m.	Pentathlon: Women's High Jump	Final
2:30 p.m.	Heptathlon: Men's 60 Meter Dash	Final
3:00 p.m.	Women's Weight Throw	Final
3:00 p.m.	Heptathlon: Men's Long Jump	Final
3:00 p.m.	Men's Long Jump	Final
4:00 p.m.	Pentathlon: Women's Shot Put	Final
4:00 p.m.	Men's Pole Vault	Final
4:15 p.m.	Heptathlon: Men's Shot Put	Final
4:30 p.m.	Men's 60 Meter Hurdles	Prelims
4:45 p.m.	Women's 60 Meter Hurdles	Prelims
5:00 p.m.	Men's 60 Meter Dash	Prelims
5:15 p.m.	Women's 60 Meter Dash	Prelims
5:00 p.m.	Women's Long Jump	Final
5:30 p.m.	Men's 5000 Meter Run	Final
5:20 p.m.	Pentathlon: Women's Long Jump	Final
5:30 p.m.	Heptathlon: Men's High Jump	Final
5:50 p.m.	Women's 5000 Meter Run	Final
6:10 p.m.	Men's 200 Meter Dash*	Final
6:25 p.m.	Women's 200 Meter Dash*	Final
6:40 p.m.	Men's Distance Medley	Final
6:55 p.m.	Women's Distance Medley	Final
7:15 p.m.	Pentathlon: Women's 800 Meter Run	Final

SATURDAY, FEB. 25

10:30 a.m.	Heptathlon: Men's 60 Meter Hurdles	Final
10:30 a.m.	Men's Shot Put	Final
10:30 a.m.	Men's High Jump	Final
11:00 a.m.	Women's Pole Vault	Final
11:00 a.m.	Men's Triple Jump	Final
11:00 a.m.	Men's 1 Mile Run*	Final
11:15 a.m.	Women's 1 Mile Run*	Final
11:30 a.m.	Heptathlon: Men's Pole Vault	Final
11:30 a.m.	Men's 60 Meter Hurdles	Final
11:35 a.m.	Women's 60 Meter Hurdles	Final
11:40 a.m.	Men's 400 Meter Dash*	Final
12:05 p.m.	Women's 400 Meter Dash*	Final
12:25 p.m.	Men's 60 Meter Dash	Final
12:30 p.m.	Women's 60 Meter Dash	Final
12:40 p.m.	Men's 800 Meter Run*	Final
12:45 p.m.	Women's Shot Put	Final
12:45 p.m.	Women's High Jump	Final
1:00 p.m.	Women's Triple Jump	Final
1:00 p.m.	Women's 800 Meter Run*	Final
1:20 p.m.	Men's 3000 Meter Run	Final
1:45 p.m.	Women's 3000 Meter Run	Final
2:10 p.m.	Heptathlon: Men's 1000 Meter Run	Final
2:25 p.m.	Men's 4x400 Meter Relay	Final
2:40 p.m.	Women's 4x400 Meter Relay	Final

*Sections based on time