



# 2011-12 Missouri State Track and Field

## Top Times and Distances

Updated 2/14/12

### 55 Meter Dash

MSU Record: Dedra Davis - 6.90 (1992)

1. Shantel Llewellyn	7.06	ASU Kickoff Klassic	12/2/11
2. Shantel Llewellyn	7.12	ASU Kickoff Klassic	12/2/11
3. Pernell Joseph	7.16	ASU Kickoff Klassic	12/2/11
4. Ekate Lymon	7.19	ASU Kickoff Klassic	12/2/11
Merica Moncherry	7.19	ASU Kickoff Klassic	12/2/11

### 60 Meter Dash

MSU Record: Amber Cumberbatch - 7.50 (2002)

1. Pernell Joseph	7.58	ISU Classic	2/10/12
2. Pernell Joseph	7.60	Arkansas Invitational	1/6/12
3. Ekate Lymon	7.61	Varsity Apartments Invit	2/4/12
4. Ekate Lymon	7.63	ISU Classic	2/10/12
5. Shantel Llewellyn	7.64	Arkansas Invitational	1/6/12
Pernell Joseph	7.64	Arkansas Invitational	1/6/12

### 200 Meter Dash

MSU Record: Camille Clarke - 23.97 (2000)

1. Pernell Joseph	24.40	ISU Classic	2/11/12
2. Pernell Joseph	24.41	Arkansas Invitational	1/6/12
3. Kara Graham	24.55	ISU Classic	2/10/12
4. Shantell Llewellyn	24.76	Arkansas Invitational	1/6/12
5. Pernell Joseph	24.78	Indiana Univ. Relays	1/28/12
Merica Moncherry	24.78	ISU Classic	2/11/12

### 400 Meter Dash

MSU Record: Cheasa Gibson - 52.86 (2004)

1. Althia Maximilien	54.91	ISU Classic	2/11/12
2. Althia Maximilien	56.10	ASU Kickoff Klassic	12/2/11
3. Althia Maximilien	56.40	Salukis Open	1/14/12
4. Kara Graham	58.25	Indiana Univ. Relays	1/28/12
5. Merica Moncherry	58.43	Indiana Univ. Relays	1/28/12

### 600 Meter Run

MSU Record: Verneta Lesforis - 1:30.75 (1999)

1. Althia Maximilien	1:31.17	Arkansas Invitational	1/6/12
2. Nicole Thate	1:37.27	Arkansas Invitational	1/6/12
3. Shawnisha Damisch	1:39.89	Arkansas Invitational	1/6/12
4. -			
5. -			

### 800 Meter Run

MSU Record: Leander Ernest - 2:07.14 (2009)

1. Althia Maximilien	2:13.23	Indiana Univ. Relays	1/28/12
2. Maggie Sutor	2:15.56	ASU Kickoff Klassic	12/2/11
3. Nicole Thate	2:19.93	Salukis Open	1/14/12
4. Nicole Thate	2:22.02	Indiana Univ. Relays	1/28/12
5. Dana Roberson	2:22.05	Indiana Univ. Relays	1/28/12

### 1,000 Meter Run

MSU Record: Jamie Douglas - 2:56.25 (1992)

1. Erin Edwards	3:02.19	Arkansas Invitational	1/6/12
2. Lisa Imgrund	3:09.63	Arkansas Invitational	1/6/12
3. -			
4. -			
5. -			

### One Mile Run

MSU Record: Asher Kuger - 4:48.67 (2009)

1. Terry Phillips	4:59.91	Varsity Apartments Invit	2/4/12
2. Emily Beaver	5:02.05	Varsity Apartments Invit	2/4/12
3. Erin Edwards	5:09.54	Varsity Apartments Invit	2/4/12
4. Lisa Imgrund	5:09.67	Indiana Univ. Relays	1/28/12
5. Lisa Imgrund	5:17.51	Salukis Open	1/14/12

### 3,000 Meter Run

MSU Record: Casey Owens - 9:24.69 (2004)

1. Emily Beaver	9:51.65	ISU Classic	2/10/12
2. Erin Edwards	9:58.51	Indiana Univ. Relays	1/28/12
3. Terry Phillips	10:03.71	Indiana Univ. Relays	1/28/12
4. Erin Edwards	10:07.16	Salukis Open	1/14/12
5. Emily Beaver	10:12.71	Indiana Univ. Relays	1/28/12

### 5,000 Meter Run

MSU Record: Casey Owens - 16:15.43 (2005)

1. Erin Edwards	17:22.89	Indiana Univ. Relays	1/28/12
2. -			
3. -			
4. -			
5. -			

### 55 Meter Hurdles

MSU Record: Melinda Sallins - 7.92 (1996)

1. Ekate Lymon	8.92	ASU Kickoff Klassic	12/2/11
2. Haley Scott	9.84	ASU Kickoff Klassic	12/2/11

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### 60 Meter Hurdles

MSU Record: Tracy Partain - 8.56 (2005)

1. Gabriella Ade-Onojobi	8.91	Indiana Univ. Relays	1/28/12
2. Gabriella Ade-Onojobi	8.91	Indiana Univ. Relays	1/28/12
3. Gabriella Ade-Onojobi	9.28	Varsity Apartments Invit	2/4/12
4. Ekate Lymon	9.36	Salukis Open	1/14/12
5. Gemma Smith	9.59	ISU Classic	2/10/12

### High Jump

MSU Record: Mandy Scott - 5-10.00 (1996)

1. Jordan Bond	5-06.50	ISU Classic	2/10/12
2. Jordan Bond	5-06.00	ASU Kickoff Klassic	12/2/11
3. Jordan Bond	5-05.75	Indiana Univ. Relays	1/28/12
4. Jordan Bond	5-05.00	Arkansas Invitational	1/6/12
Gemma Smith	5-05.00	Arkansas Invitational	1/6/12

### Long Jump

MSU Record: Michelle Baptist - 20-11.25 (1997)

1. Kimsue Grant	19-00.75	Indiana Univ. Relays	1/28/12
2. Kimsue Grant	18-08.50	ISU Classic	2/11/12
3. Gemma Smith	18-05.25	Indiana Univ. Relays	1/28/12
Gemma Smith	18-05.25	ISU Classic	2/10/12
5. Kimsue Grant	18-05.00	Varsity Apartments Invit	2/4/12

### Triple Jump

MSU Record: Stephanie Warren - 42-04.75 (2003)

1. Kimsue Grant	39-06.00	Varsity Apartments Invit	2/4/12
2. Jordan Bond	39-03.75	ISU Classic	2/11/12
3. Kimsue Grant	38-10.25	ISU Classic	2/11/12
4. Jordan Bond	38-04.75	Arkansas Invitational	1/6/12
5. Gemma Smith	38-04.00	ISU Classic	2/10/12

### Shot Put

MSU Record: Jelani Kelly - 48-02.00 (2012)

1. Jelani Kelly	48-02.00	Arkansas Invitational	1/6/12
2. Jelani Kelly	47-08.00	Indiana Univ. Relays	1/28/12
3. Jelani Kelly	47-01.00	ISU Classic	2/10/12
4. Jelani Kelly	46-10.75	ASU Kickoff Klassic	12/2/11
5. Jelani Kelly	46-02.75	Varsity Apartments Invit	2/4/12

### Weight Throw

MSU Record: Jelani Kelly - 58-00.85 (2011)

1. Jelani Kelly	57-05.00	Arkansas Invitational	1/6/12
2. Jelani Kelly	56-08.75	ISU Classic	2/10/12
3. Jelani Kelly	56-07.50	ASU Kickoff Klassic	12/2/11
4. Jelani Kelly	56-04.75	Indiana Univ. Relays	1/28/12
5. Jessica Dantin	37-07.25	ASU Kickoff Klassic	12/2/11

### 4x400 Meter Relay

MSU Record: Pommells, Lesforis, Harrison, Charles - 3:36.18 (1999)

1. Graham, Moncherry, Llewellyn, Maximilien	3:44.49
ISU Classic	2/11/12
2. Graham, Moncherry, Llewellyn, Maximilien	3:47.74
Arkansas Invitational	1/6/12
3. Llewellyn, Graham, Moncherry, Maximilien	3:48.65
Arkansas Invitational	1/6/12

### Distance Medley Relay

MSU Record: Kyger, Ernest, Allen, Cheruiyot - 11:24.02 (2009)

1. Thate, Dull, Roberson, Imgrund	12:22.95
Indiana Univ. Relays	1/28/12
2. -	
3. -	