



CROSS COUNTRY/TRACK AND FIELD

MIAMI

U N I V E R S I T Y



MIAMI TRACK AND FIELD 2007



History of Miami Track & Field

Miami University Women's Outdoor Track & Field began as an intercollegiate sport in the 1974-1975 school year although women were competing prior to that date in a club sport setting. Since the Mid American Conference did not have conference affiliation for women as of yet, the team competed for AIAW (Association of Intercollegiate Athletics for Women) state and regional titles. The team competed in mostly local meets during the early years of the program against other state collegiate teams.

The early years had plenty of impressive performances. In 1979 Cheryl Herring led the team in scoring as she amassed 65 points to outpoint teammate Martha Ridgely who totaled 55 points. In 1979 the Miami women began competing in indoor track & field meets to compliment the outdoor competition although the Mid American Conference would not formally sanction indoor competition until 1996. The 1979 teams had a 3-0 dual meet record and established 10 indoor school records and 17 outdoor school records. The following year (1980) Sue Barto led the team with 36 points with runner-up Barb Garfield second.



Pam Hall scored in the shot put and discus at the 1981 MAC championships.

In 1981 the Mid American Conference started outdoor conference championships for women. Herring and Pam Hall became the first Miamians to score in the outdoor championships as Herring placed third in the 1500 (4:39.1), while Hall scored third in both the shot put (43' 4") and discus (140' 5"). During that inaugural campaign, Hall led the team in scoring with 89 points, something she would do twice more in her sophomore and junior years. In 1982, under the tutelage of new head coach Jocelyn Williams, Miami increased the number of conference scorers to three as Kathy Mobley scored in the 100 meters and Sandy Bates took sixth in the high jump. Hall

followed up her solid freshman year as she became the runner-up in the shot put (45' 9") and duplicated her discus placing from the previous year hitting 146' 5". In 1983 MU added one more conference scorer to its total as newcomers Jennifer Joyce scored in the 1500 meters, Jackie Principe in the 3000 meters, and Maude DiVittis in the javelin. Continuing to build on her credentials, Hall again scored in the shot put and discus, and led the team with 81 points during the year.

The 1984 season found Miami with its first conference champion as freshman Karen Bakewell burst onto the scene taking the 400-meters crown in a swift 53.58 clocking, a time that would enable her to compete in the NCAA Championships at Oregon. Miami had six others score at the conference meet, its most ever with future MAC Champion Michelle Slykhuis taking fifth in the 5000 meters, Claudine Edmundson placing fifth in the 400 hurdles, Sandy Bates scoring for the second time in her career in the high jump, Hall and DiVittis in their throwing specialties, and newcomer Brenda Reed in the shot put. Hall ended her Miami career as the all-time point leader with 319 smashing Barto's previous record of 192.

In 1985, under the direction of new head coach Rich Ceronie, MU started a full indoor campaign competing in five meets. While there was no sanctioned indoor conference meet, eight of the MAC teams got together for an unofficial MAC Invitational, where Miami finished sixth. During the outdoor regular season MU finished 2-1 in dual meets and elevated the competition it faced, going against national powers in two large invitationals. The outdoor conference meet was a watershed event as the team rose to fourth place, its highest place to date. Scoring in 13 of the 19 events, the Red and White had 10 different athletes score in individual events. Slykhuis, a former walk-on, set a new MAC record as a sophomore in the 10,000 meters as she ran to a clocking of 34:48.3, qualifying her for the USA Senior National Championships. Bates finished off a three-year

run of scoring in the high jump as she placed second, her highest finish ever. Freshman Candice Honroth started off her brilliant career by taking third in the heptathlon while junior Jackie Watkins showed a prelude to her excellent 1986 season by placing second in the 200 and third in the 100 meters. DiVittis made it 3-for-3 in her career as she scored in the Javelin. Reed came back strong in her sophomore season scoring in both the shot put and discus.

In 1986 everything that had been set in place the previous year came true. During the indoor season, MU finished second out of nine teams at the MAC Indoor Invitational, and split a tri-meet in the early outdoor season defeating Michigan State, and narrowly losing to host Indiana. Bakewell, after a red-shirt the previous year, came back to move up to the 800 meters, running a 2:05.66 at the Miami Invitational in only her third half-mile race, just missing the NCAA standard by 16/100ths of a second. It was, however, the fastest that any Ohio collegian had ever run. Bakewell later got the NCAA standard at the Jesse Owens Classic at Ohio State where she ran 2:04. At the 1986 MAC Championships, hosted by Miami, the Red and White used victories in seven different events to ride to their first conference title, just outlasting Eastern Michigan. Jackie Watkins (100/200), Mary Alice Wolf (heptathlon/high jump), and Bakewell (400/800) were double champions with Bakewell being chosen as MAC Athlete of the Year. In her second trip to the NCAA Championships, Bakewell made the most of it as she qualified for the final with a personal record of 2:02.77. In the final, she became the first MU woman to earn an NCAA title as she set a new NCAA record of 2:00.85, the fastest time in the world that year. She later went on to represent Reebok at the USA Senior National Championships in Oregon. Bakewell established a new single-season scoring record for Miami as she compiled 149 points during the indoor and outdoor seasons and was named the Miami Female Athlete of the Year.

In 1987 and 1988, Miami continued its quest to establish consistency in the program, finishing third and fourth in the outdoor conference meets. Wolf repeated as heptathlon champion, scoring 4,886 points and becoming MU's all-time leading scorer as she eclipsed Hall's standard by one point. Honroth also won her second 100-meter hurdles (14.08) title in a row and finished runner-up in the 400 hurdles (61.45). Melinda McCarthy started her string of scoring four-straight years in the conference championships as she finished fifth in the 3000 meters (10:03). At the conference championships, with a large group of family looking on, Reed concluded her outstanding career, winning the MAC shot put title on her very last throw of the competition, hurling the 4k ball 46' 7". Reed scored in the conference meet all four years of her career. Wolf and Honroth finished one-two as team scoring leaders both going over 100 points for the year. In 1988, Honroth led the team with her third MAC 100-hurdles (13.92)



Candice Honroth won the MAC 100-hurdles title three times in a row.

title in a row, becoming one of the few MAC athletes to win their event three times. She also took the 400-hurdle crown (60.12) and was named as the Miami Female Athlete of the Year. She concluded her career as the all-time scoring leader, totaling 376 points, an honor she would hold for six years. Kim Hill and Karen Grimm began their MU careers scoring in the heptathlon, something they would do for four consecutive years.

In 1989, Miami opened up the outdoor season by traveling down south to win the Florida A&M Relays. The conclusion of the season uncharacteristically did not have an outdoor conference champion, although little-known Nancy Denny placed fifth in the javelin, a prelude to her All-American years to come. McCarthy, Hill, and Grimm continued their streaks as McCarthy placed in the

3000 meters for the third time while Hill and Grimm continued on with their heptathlon feats. In the spring, Nancy Denny won her first MAC title in the javelin. In 1991, Denny established a new MAC record in the javelin with a throw of 172' 11", which not only qualified her for the NCAA Championships but propelled her on to an All-American finish. She later was chosen as Miami's Female Athlete of the Year. Celest Smyth double-medaled in the 3000 and 5000 meters races while Hill, a former walk-on, concluded her career winning the heptathlon and high jump.

In 1992, Molly Cullen took over the distance reins winning the 3000 and 5000 meters, while Denny, now a senior, took her third MAC title in a row, and again qualified for the NCAA Championships, and earned All-American accolades. Both helped the Red and White to a third place finish at the conference championship. Cullen ran a blistering 16:15 for the 5000 meters at the Penn Relays, and earned a trip to the NCAA Championships in Austin, Texas, where she finished fifth, gaining All-American honors.



Molly Cullen (left) and Julie Rhoda (right) earned All-America honors during the 1992-93 academic year.

That summer, both Denny and Cullen represented Miami at the U.S. Olympic Trials in New Orleans. Cullen was chosen as the Miami Female Athlete of the year. In 1993, Julie Rhoda carried on the strong tradition of distance running as she won both the 3000 and 5000 meter races

at the MAC Championships, and earned a berth at the NCAA Championships at LSU. She came back to Oxford with an All-American certificate, and was chosen as the MU Female Athlete of the Year. Rhoda, a former walk-on, set a new Miami record in the 1500 meters during the course of the outdoor season.

The emergence of Becca Williams came in 1994. Williams, a freshman, scored in the heptathlon, 100 hurdles, and 400 hurdles. She scored high enough in the heptathlon to qualify for the USA Junior National Championship, where she placed third, earning a spot on one of the USA Junior international teams. That summer she represented the USA in competition versus Canada. Williams won the first of her three 100 hurdles (13.31) titles in 1995 while also taking the 400 hurdles (58.61). In 1996, the Mid American Conference ushered in a new era by sanctioning an indoor conference meet for the first time. Williams became the first Miamian to win a conference indoor title as she took the pentathlon and 55-meter hurdles. She went on to qualify for the 1996 NCAA Championship, earning All-American honors by running the seventh fastest time ever in NCAA competition in the 400 Hurdles (54.98). Williams represented Miami at the 1996 U.S. Olympic Trials in Atlanta along with being named the Mid American Athlete of the Year.

Williams continued her dominance in 1997, winning her third-consecutive 100-hurdle championship, again being voted as the MAC Athlete of the Year, and qualifying to the NCAA Championships where she earned her second All-American award. At the MAC Championships, freshman Meghan Gilhooly stunned everyone by winning the high jump in a MU-record height of 5' 10 1/2" when she hadn't even been ranked in the top-8 prior to the meet. The 1998 and 1999 seasons saw the dominance of distance runner Tricia Roddy who won an indoor MAC title in the mile, and consistently competed for titles outdoors. It also saw sprinter/jumper Carrie Mitchell win an indoor MAC title in the Triple Jump.

In 2001, a new event was added to NCAA Track & Field, the 3000 meter steeplechase, replacing the flat 3000, and freshman Andrea Kremer became the first MAC woman to win the title as she not only won the race on her home track, but she qualified for the NCAA Championships, going on to earn All-American status in Oregon. Along the way, Kremer established a new USA Junior National Record (10:12), and had one of the fastest times in the world for the junior age group. Kremer was chosen as the MAC Athlete of the Year for her performance.

The RedHawks found themselves in a great team battle for the outdoor 2003 MAC title, coming up just a few points short. Lauren Collins was chosen as MAC Athlete of the Year after dominating the throws competition. Collins won the hammer in a new MAC Record of 193' 7" the shot put in 49' 1" and took runner-up in the discus. She equaled Kremer's total of two titles as Kremer won both the steeplechase (10:22) and 5000 meters (16:48). Junior Erin Connolly started her string of 100 hurdle titles as she took the short hurdle race in 13.69 to go along with her indoor 60 meter hurdle victory in 8.46. Junior Erika Harper led the MU sprint group with an outstanding 54.97 in the 400 meters. Kremer went on to become the NCAA MidEast Regional Champion and earn All American honors in the 3000-meter steeplechase.

In 2004, the RedHawks hosted the outdoor championship meet, and, just as in 2003, the meet came down the final event, where the RedHawks again came up just short of the team title. Connolly defended her 100 hurdle title, running a 13.88. Miami won the 4x100 for the first time in history as the quartet of Harper, Johnson, Johnson, and Davis clocked 45.99. Collins repeated as hammer champion tossing the 4K ball and chain 188' 0". She also took over sole possession of first place on the all-time scoring ranks. Freshman Lashonda Davis qualified for the NCAA Championships in Austin, Texas by virtue of her terrific long jumping during the season. Davis made a habit of jumping over 20'. Kremer joined Davis in Texas for her third trip to the NCAA Championships.

The 2005 indoor season found Davis earning the title as "Fastest Woman in the MAC" after her 60 meter sprint title as a sophomore. She also sailed over 20' in the long jump to earn the runner-up position. During the outdoor season, Davis closed in on the 21' threshold as she leaped 20' 10" to earn another trip to the NCAA meet in Sacramento, California. Joining her on the plane was freshman Sarah Landau who won the NCAA MidEast Regional pole vault competition in a new regional record of 13' 7 3/4". At the NCAA meet Davis finished 14th, while Landau finished 11th, and was the top American freshman.

Landau came back even stronger as a sophomore and won both the indoor and outdoor MAC titles in the pole vault. Davis finally reached the 21' 0" standard as she won the outdoor MAC title in one of the top leaps in the country. The 2007 indoor season saw Landau make her first trip to the indoor NCAA meet in Arkansas with her 13' 8" height, while Davis won both the long jump and 60 meter sprint titles in the conference championship. Kristina Bolterstein used a great fall of preparation as she scaled 6' 1 1/2" in her first meet of the indoor season to lead the all collegians. That height qualified her for the NCAA Indoor Championships after she won the indoor conference title. In outdoor competition, she qualified for the NCAA meet where she earned All-American honors, and was chosen as the Miami Female Athlete of the Year, the 12th in program history. Miami sent a total of six athletes to the NCAA Regional in Columbia, Missouri, three of whom were 400 hurdlers. Miami was one of only two programs in the country to have three 400 hurdlers at the NCAA Regionals.



1975 ... Women's track and field is added as a varsity sport at Miami. **Brenda Blessing** is named as the first head coach in program history.

1981 ... Miami finishes ninth with 20 team points at the first Mid-American Conference Championships under head coach **Jocelyn Williams**. Freshman **Pam Hall** (Weston, Mass.) becomes the first Miamian to score in the throwing events, earning bronze medals in both the shot put and discus.

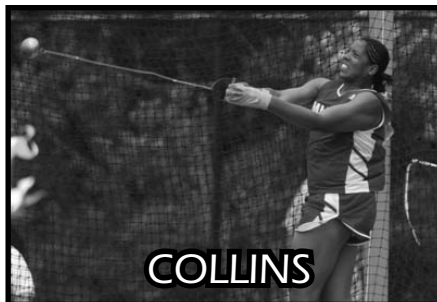
1982 ... Hall replicates her third-place finish in the discus and wins silver in the shot put as Miami places eighth at the MAC meet.

1983 ... At the MAC meet, Hall places second in the shot put and fifth in the discus, and **Maude DiVittis** (Latrobe, Pa.) becomes the first Miamian to score in the javelin with a fifth-place finish.

1984 ... **Karen Bakewell** (Jamestown, N.Y.) wins the 400-meter MAC title and qualifies for the national meet. Hall scores for the fourth straight season and leaves Miami as the school record holder in both the shot put and discus.

1985 ... In **Rich Ceronie's** first season, Miami posts its highest finish to date, finishing fourth in the MAC. **Johya Howell** (Cleveland, Ohio) sets two new Miami indoor standards in the long jump (18-2) and triple jump (37-3), while **Mary Alice Wolf** (Englewood, Ohio) hits new outdoor marks in the high jump (5-8) and triple jump (36-2).

1986 ... For the first time in program history, Miami wins a MAC track and field title and has a NCAA Champion. Bakewell wins the national title in the 800 meters, earns MAC titles in the 400 and 800 and ends the season ranked No. 10 in the world in the 800. In addition, Wolf wins the heptathlon and high jump and **Candice Honroth** (Brecksville, Ohio) wins the 100-meter hurdles at the MAC meet.



1987 ... In Miami's third-place MAC finish, **Brenda Reed** (Waverly, Ohio) wins the MAC shot put title (46-7), **Grace Losier** (Tarrytown, N.Y.) takes the triple jump (38-6), and Wolf places first in the heptathlon. Honroth also wins the second of three straight 100-hurdle titles.

1988 ... Losier leaps 40-2 to win the MAC triple jump title, setting a new Miami and MAC record in the event, while **Melissa Archibald** (Toledo, Ohio) added scoring finishes in all three throwing events. Honroth, the Miami Athlete of the Year, caps off a brilliant career by becoming the first MAC woman to win three 100-meter hurdle titles in a row and adds the 400-meter hurdle title.

1989 ... Helping Miami place seventh, three Miami throwers—Archibald, **Tracee Holmes** (Walworth, N.Y.) and **Nancy Denny** (Malvern, Pa.)—score as just misses its fifth straight top-five finish.

1990 ... Finishing seventh at the MAC Championships, Miami's bright spot is Denny, who wins her first of three consecutive conference titles in the javelin.

1991 ... Denny sets a new conference javelin record (172-11) in her MAC title win in the javelin and goes on to earn All-America honors at the NCAA Championships at Texas. **Kim Hill** (Defiance, Ohio) takes the high jump (5-10) and heptathlon (4,964 points) titles at the MAC meet and also finishes the year ranked 32nd nationally in the high jump.

1992 ... Denny wins her third MAC javelin title, earns All-America honors and is tabbed to represent Miami at the 1992 U.S. Olympic Trials held in New Orleans, La. Helping Miami finish among the top three in the conference for the first time since 1987, **Ebonita Williams** (Cleveland, Ohio) wins the 400-meter hurdle MAC title in an NCAA qualifying time of 59.47.

1993 ... Miami finishes fourth at the MAC meet as **Wendy Weiss** (West Geauga, Ohio) and Williams score in both hurdle events and **Robin DeZuba** (Parma, Ohio) scores in the heptathlon and high jump.



1994 ... Turning in a fourth-place MAC finish, Miami is led by freshman **Becca Williams** (New Castle, Ind.) who scores in both hurdle events, earns runner-up honors in the heptathlon and qualifies for the U.S. Junior National team. Laven-good caps her Miami career by scoring in the throws for the fourth straight season.

1995 ... Coming off a third-place finish in the heptathlon at the USA Junior National Championships, Williams wins the MAC title in the short hurdles and ups her heptathlon best to 5,144 points. She earns silver at the conference championship and ends the year ranked 34th in the nation in the multi-event.

1996 ... Helping Miami finish fifth, Williams wins three individual events at the MAC Championships (100- and 400-meter hurdles, 400 meters) and runs a leg on the 4x400 meter relay. Williams goes on to earn All-America honors in the 400 hurdles running the seventh fastest time ever in the United States, and earns a trip to the 1996 Olympic Trials.

1997 ... Williams wins the MAC title in the 100-meter hurdles and earns All-America status for the second straight season. During her four seasons, she is twice honored as the Miami Athlete of the Year and once as MAC Athlete of the Year. Freshman **Meghan Gilhooly** (Chicago, Ill.) wins the MAC Championship in the high jump with a new Miami record (5-10).

1998 ... Miami places eighth in the MAC, getting positive performances from **Delisa Binning** (Cherry Creek, Colo.) in the hurdles, Gilhooly in the high jump and **Aisha Abernathy** (Cincinnati, Ohio) in the throws.

1999 ... Abernathy sets a new Miami hammer throw record (162-2) and Gilhooly sets a new standard in the high jump (5-10 3/4) as they help Miami to an eighth-place finish at the MAC outdoor meet. **Carrie Mitchell** (Erie, Pa.) also sets a new triple jump indoor record (40-7 3/4).



CONNOLLY

2000 ... Miami places seventh at the indoor MAC meet and has 11 athletes place on the MAC honor roll.

2001 ... Helping Miami post its first top-five finish outdoors in five seasons, **Katie Hanley** (Glen Rock, N.J.) places fourth in the heptathlon, **Bernitta Johnson** (Wilkes-Barre, Pa.) hits a new school record in the long jump (19-1), while **Lauren Collins** (Indianapolis, Ind.) sets a new standard in the hammer throw (172-8).

2002 ... Collins scores in three throwing events at the MAC meet, while Miami adds its first scoring finish in the pole vault from **Tabitha Schwartz** (Concord, Va.).

2003 ... Finishing as the MAC runner-up outdoors, Collins wins the MAC MVP with a new conference record toss (193-7) in the hammer throw, a new PR (49-1 1/2) in the shot put, and a second-place finish in the discus (153-10). Winning the MAC hammer and shot title, Collins also qualifies for the national meet in the hammer throw. **Erin Connolly** (Springfield, Ohio) wins the MAC Indoor title in the 60-meter hurdles and outdoor title in the 100-meter hurdles.

2004 ... In the second of Miami's back-to-back runner up finishes at the outdoor MAC meet, Johnson scores for the fourth straight year in the jumps, **Lashonda Davis** (Kokomo, Ind.) qualifies for the NCAA Championships in the long jump and Collins wins her second straight hammer title. Collins becomes the first MAC athlete to score all four years in the shot put, discus and hammer and becomes Miami's all-time leading point scorer.

2005 ... Miami sends two athletes to the NCAA Championships as Davis and **Sarah Landau** (Geneva, Ill.) qualify in the long jump and pole vault, respectively. Landau sets a MidEast Regional record with a vault of 13' 7 3/4" to win the NCAA Regional Championship and ends the season as the top American freshman, ranking 11th nationally.



DAVIS

2006 ... Miami has three athletes set school records between the indoor and outdoor seasons with Davis, Landau and **Kristina Bolterstein** (Middleburg Heights, Ohio) combining to reset school standards in the sprints and jumps. All three qualify for regionals, with Landau advancing to the NCAA Championships in the pole vault for the second straight season. She finishes 11th overall.

2007 ... Bolterstein sets a Miami record in the high jump, clearing 6-1 1/2 during the indoor season and is named Great Lakes Region Indoor Field Athlete of the Year. She qualifies for the national meet both indoors and outdoors and finishes 14th nationally outdoors, earning her All-American status. Davis sets Miami



BOLTERSTEIN

records in the 55 meters and 60 meters during the indoor season, en route to MAC championships in the 60 meters and long jump.

MIAMI TRACK AND FIELD: BY THE NUMBERS

- 1** ... National Champion
(**Bakewell** - 1986)
- 3** ... Olympic Trial Qualifiers
(**Denny, Cullen, Williams**)
- 3** ... Two-Time All-America honorees
(**Denny, Williams, Kremer**)
- 4** ... MAC Athletes of the Year
(**Bakewell, Williams, Kremer, Collins**)
- 5** ... Leann Grimes Davidge Award Winners
(**Honroth, Smyth, Weiss, Scott, Mitchell**)
- 8** ... Miami Scholar-Athletes of the Year
(**Slykhuus, Holland, Weiss, Boling, Kline, Roddy, Poisson, Nye**)
- 12** ... Miami Female Athletes of the Year
(**Bakewell, Honroth, Denny, Cullen, Rhoda, Williams** (2x's),
Kremer (3x's), **Davis, Bolterstein**)



2007-08 MIAMI WOMEN'S TRACK AND FIELD SEASON PREVIEW

Of the top-10 scorers from last season, numbers 1-7-8-9-10 have graduated, so much of the 2008 indoor and outdoor season will be dictated on how much improvement the returning athletes make along with how quickly the newcomers can adapt and fill in for the point production lost.

The 2008 edition of the RedHawk tracksters have some powerful individual performers that will have to lead the way. In 2007 Miami had six NCAA Regional qualifiers and they all return for the '08 campaign.

Head coach Rich Ceronie has already been impressed with the '08 RedHawks.

"This is a good group of people who work hard, get along with each other, have a positive outlook, and our coaching staff appreciates their attention to detail. We lost some real strong athletes through graduation, but now it is time for our returning athletes to step up and make a difference. Each year the women's side of the MAC gets stronger and stronger, and almost every event is difficult to score in. If we want to move up the ladder then we have to continue to put in the hard work week after week."

100-200

Sophomore Margarita Pogorelov had a good summer of preparation before returning for her second season at Miami. Pogorelov recently became the Israeli national champion in both the 100 (11.83) and 200 (24.45). Last indoor season she moved to No. 6 all-time in the 60 meter dash with her 7.77 clocking. Only a hamstring



injury kept her from challenging the school record. During the outdoor season, Pogorelov dashed to an 11.88 finish, moving to No. 3 all-time at Miami. She placed fifth in the MAC Outdoor championships in the 100 meters, and was also a key member of the fifth place 4x100 Relay team.

"Margarita is at a much higher level than she was last year, and she appears ready to run some very fast sprint times this season. She is well prepared to take a shot at both school records, place right near the top in both indoors and outdoors, and qualify for the NCAA Regional," Ceronie said.

400

Junior Betsy Allen moved all the way to No. 6 all-time indoors (56.62) during the 2007 campaign, and used that as a springboard to an excellent outdoor season. During the indoor season Allen was part of Miami's sixth place conference 4x400 relay team. In outdoor competition, Allen lowered her best time to 54.63, good for sixth place at the conference meet. That performance just missed the NCAA regional



qualifying standard but did move her to No. 2 all-time only trailing behind former NCAA national champion Karen Bakewell. Allen was also part of the fifth place outdoor relay. Newcomer Ruth Rasch should add

a solid leg to the 4x400 relay and has shown great promise in the fall track program. She should be capable of running in the 56-second range by outdoor season.

"Betsy Allen really rose to the occasion last spring, and she could very well be running in the 53-second range this year. I would think she would contend for one of the top-3 spots in

the MAC, and earn a trip to Arkansas for the regionals. We are all excited to see Ruthie compete. I think the year round training is going to provide her a background for excellent results," said Ceronie.

800/1500

Leading this group will be two-time MAC scorer Jennie Stoll who red-shirted last indoor/outdoor season. Stoll will be looking to return to the form of her freshman year when she placed seventh in both the mile (5:01) and 3000 meters (9:59) during the indoor season and fifth in the 1500 meters (4:39). As a sophomore, Stoll placed eighth in the 1500 meters with a season-best time of 4:33. Stoll ranks No. 4 all-time indoors in the mile (4:57) and No. 5 in the 3000 meters. She also ranks No. 7 all-time in the 1500 meters.

Also returning will be sophomore Amanda Mirochna who ran to best times during 2007 of 2:16 and 4:39. Newcomer Katie Le-

2007-08 MIAMI WOMEN'S TRACK AND FIELD SEASON PREVIEW

nahan was fourth in the Ohio High School State Championships with her best time of 2:12 for the 800 meters.

After having her best outdoor season last year senior Mia Fiegelist will attempt to lower her best 1500 meters to around 4:40, and earn a berth in the conference finals.

"The middle distance group is going to have its work cut out for them, and we need to have a solid season from all of them in order to succeed as a team. This event group has traditionally been a strong suit of our team, and we want to return to that level," said Ceronie.

Distance

Coming off an NCAA-qualifying cross country season, sophomore Laura Neufarth has shown the ability to run in the front of any race she enters. After earning the title at the MAC Cross Country Championships, Neufarth has her sights set on the 5000 meters. "I am really excited to see what Laura can do on the track. I believe she has a great chance of not only contending for the MAC title, but getting to the NCAA Championships," added Ceronie.

Providing ample support for Neufarth will be Kelsey McHugh, who ran 18:12 at the conference meet indoors, before red-shirting the outdoor season a year ago. McHugh will run the 10,000 meters during the outdoor season. Fast improving junior Rebekah Hollander lowered her best time in the 5000 meters from 18:49 as a freshman to 17:59

last spring. Coming off a solid cross country season should allow Hollander to lower that performance even more. The freshman tandem of Rachel Patterson and Julie Roche will add even more depth to the group.



Both have had outstanding success on the track.

"I think that both Rachel and Julie are going to develop to be great collegiate track runners and I think they can run real fast this outdoor season," said Ceronie.

Hurdles

Miami's strongest event group has to be the hurdles. In the 60-meter hurdles, sophomore DeLana Turner

skimmed the barriers to a 8.90 clocking to move to No. 7 all-time at Miami during her inaugural campaign. Outdoors, she moved to No. 7 all-time when she lowered her personal best from 14.27 to 14.03 at the MAC Champi-



onships which placed her seventh. Joining Turner on the all-time indoor list is junior Alexis Lape who owns a personal record of 8.64 which is the third fastest performance all-time at Miami. The 400 hurdles found three Miamians scoring at the MAC Championships and qualifying for the NCAA Regional Championships in '06-'07. Miami was one of only two Division I programs to get

three athletes to the regionals in the long hurdles. Leading the charge is Lape, who finished fourth at the conference championships with a time of 60.11, third-best all-time at MU. Right on her heels was sophomore Alisha Jones who clocked 60.23, the sixth best performance all-time at Miami. Jones placed sixth at the conference championship. Senior Andrea Tepe finished fifth at the MAC meet with a 60.61, ranking ninth all-time at Miami.

"Obviously, I am very pleased with the hurdle events. They have always been near the best in our conference, and our group takes great pride in maintaining that standard of excellence. The three long hurdlers have worked hard at pushing each other, and they have been great teammates to each other," said Ceronie.

Coming in to add strong depth is freshman Simone Culver, who was last year's Ohio State High School champion, with a 14.67.

"Simone is going to be a great collegiate hurdler once she adapts to the week in and week out competition," commented Ceronie.

Vertical Jumps

All American Kristina Bolterstein returns for her senior year intent on not only capturing both indoor and outdoor MAC titles (she won indoor last year), but of getting back to the NCAA Indoor and Outdoor Championships. Having the best jump in the country for most of the indoor season last year, Bolterstein tied the all-time MAC record of 6' 1 1/2".



2007-08 MIAMI WOMEN'S TRACK AND FIELD SEASON PREVIEW

"Kristina really elevated herself last year but still dealt with some inconsistency. This year she is focused on maintaining a high level throughout the year, and going back to the nationals with a chance of scoring in the top eight. I believe that is very possible, and based on her excellent training so far this fall, she is headed in the right direction," said Ceronie.

During the indoor season last year, sophomore Kristen Mathews moved to No. 3 all-time at Miami with her 5' 8" clearance. This year Mathews is working on maintaining that level throughout the indoor and outdoor seasons. Also in the mix is junior Katelyn Kelly who moved to No. 3 all-time indoors with her 5' 8" clearance. After having knee surgery last fall to correct a high school injury, sophomore Cara May was limited to trying to play catch up all season. This year she has elevated her strength and is jumping much better.

"Both Cara and Kristen need to have consistent years for us to provide great support for Kristina. They are the next in line at Miami, so this year will give them that experience," says Ceronie.

In the pole vault,

sophomore Brittney Bernardoni is coming off a year in which she made the NCAA regionals and moved to No. 2 all-time at Miami both indoors (12' 5 1/2") and outdoors (12' 6"). Bernardoni placed eighth indoors and sixth outdoors in the conference meet.



ERIN FRAZER

"Brittney can be MAC champion this year and our team will need for her to pursue that goal. She is much more ready this year than last year and I believe she can crack the 13' barrier," says

Ceronie.

Providing back up for Bernardoni is sophomore Amanda Rhoades, who moved to No. 4 all-time indoors with her 11' 7 3/4" clearance. She red-shirted outdoors after suffering a slight hamstring strain.

"Amanda is a joy to watch vault, and she is passionate about consistently getting over 12', which will be a big boost to our team," said Ceronie.



NICKI MITCHELL

Horizontal Jumps

Gone are MU's top two long jumpers from last year, but returning is junior Alexis Lape, who finished fifth in the indoor conference meet (18' 7") to move to No. 2 all-time. She also spanned a windy

18' 11" jump during the outdoor season to move into the all-time top ten. Two newcomers, Hope Alexander and Magda Wikar will add depth in both the long jump and triple jumps. Alexander was state champion in both jumps last year, while Wikar was all-state in both.

Throws/Combined Events

Leading the throwing events will be senior Erin Frazer, who scored seventh in the javelin with her 122' toss at the conference meet. Junior Katelyn Kelly who ranks No. 7 all-time indoors in the pentathlon will return, trying to improve on her 3375 points total. Right behind her on the all-time list is sophomore Nicki Mitchell who put together a 3331 point total. In outdoor competition, Mitchell scored 4267 points in the heptathlon to move to No. 9 all-time. Throws coach Mark Rodriguez is also teaching the hammer throw to Hope Alexander, Alex Dewitz, and Kristen Mathews. All three have shown promise in the event.

LETTERWINNERS RETURNING (14):

Betsy Allen (Jr.), Brittney Bernardoni (Fr.), Kristina Bolterstein (Sr.), Mia Fiegelist (Sr.), Erin Frazer (Sr.), Rebekah Hollander (Jr.), Katelyn Kelly (Jr.), Alexis Lape (Jr.), Kristen Mathews (So.), Amanda Mirochna (So.), Nicki Mitchell (So.), Margarita Pogorelov (So.), Jennie Stoll (Sr.), Andrea Tepe (Sr.), DeLana Turner (So.)

LETTERWINNERS LOST (7):

Teresa Bis, Elise Bottarini, Rachel Buchenroth, Lashonda Davis, Hillary Greene, Kim Horning, Quekan Ibdunni

NEWCOMERS (5):

Hope Alexander, Simone Culver, Alexia DeWitz, Ruth Rasch, Magda Wikar



| NAME | YEAR | ELIG. | EVENT | HOMETOWN/LAST SCHOOL |
|-----------------------|------|----------------|--------------------|-------------------------------------|
| Aeh, Lauren | Jr. | So. | 800/1,500 | Columbus, Ohio/Bishop Ready |
| Alexander, Hope | Fr. | Fr. | Long/Triple Jump | Wilmington, Delaware/Tower Hill |
| Allen, Betsy | Jr. | Jr. | 400 | Wooster, Ohio/Wooster |
| Bamberger, Erin | Jr. | So. | Long/Triple Jump | Kettering, Ohio/Fairmont |
| Bernardoni, Brittney | So. | So. | Pole Vault | Batavia, Ill./Batavia |
| Black, Jillian | Fr. | Fr. | CC-5000 | Canton, Ohio/Glen Oak |
| Bolterstein, Kristina | Sr. | Sr. | High Jump | Middleburg Heights, Ohio/Midpark |
| Culver, Simone | Fr. | Fr. | 100H/400H | Columbus, Ohio/Harvest Prep |
| Dayhoff, Darcy | Fr. | Fr. | High Jump | Dunedin, Fla. |
| Dempster, Julia | Sr. | Jr. | 100H/400H | Toledo, Ohio/Sylvania Northview |
| DeWitt, Jessica | So. | So. | CC/5,000 | Cincinnati, Ohio/Mt. Notre Dame |
| DeWitz, Alexia | Fr. | Fr. | 100H/400H | Greenwood, Ind./Center Grove |
| Fetterman, Mallory | So. | So. | CC/1,500/5,000 | Pickerington, Ohio/Pickerington |
| Fiegelist, Mia | Sr. | Sr. CC/Jr. T&F | CC/5,000 | Hillard, Ohio/Davidson |
| Fletcher, Sarah | Sr. | Jr. | 100H | Alpharetta, Ga./Marist School |
| Frazer, Erin | Sr. | Sr. | Pole Vault/Javelin | Wheaton, Ill./Benet Academy |
| Henize, Sarah | Sr. | Sr. CC/Jr. T&F | CC/1,500/Steeple | Bucyrus, Ohio/Bucyrus |
| Hollander, Rebekah | Jr. | Jr. | CC/1,500 | Centerville, Ohio/Centerville |
| Huddle, Michelle | So. | So. CC/Fr. T&F | CC/5,000 | Napoleon, Ohio/Napoleon |
| Jones, Alisha | So. | So. | 100H/400H | Toledo, Ohio/E.L. Bowsher |
| Kelly, Katelyn | Jr. | Jr. | Heptathlon | Orchard Park, N.Y./Orchard Park |
| Kruse, Jenna | So. | So. | CC/5,000 | Chatham, Ill./Chatham |
| Lape, Alexis | Jr. | Jr. | Hurdles/Long Jump | Lancaster, Ohio/Lancaster |
| Lenahan, Katie | Fr. | Fr. | CC/800/1,500 | Cincinnati, Ohio/Mother of Mercy |
| Leszczak, Victoria | So. | So. | Pole Vault | Middleburg Heights, Ohio/Midpark |
| Mackell, Christina | Jr. | Jr. | CC/10,000 | Findlay, Ohio/Findlay |
| Mathews, Kristin | So. | So. | High Jump | Griffith, Ind./Griffith |
| May, Cara | So. | So. | High Jump | Columbus Grove, Ohio/Columbus Grove |
| McHugh, Kelsey | So. | So. CC/Fr. T&F | CC/5,000 | Columbus, Ohio/Thomas Worthington |
| Mirochna, Amanda | So. | So. | CC/800/1,500 | Naperville, Ill./Nequa Valley |
| Mitchell, Nicki | So. | So. | Heptathlon | Lake Forest, Ill./Lake Forest |
| Neufarth, Laura | Jr. | So. | CC/5,000 | Centerville, Ohio/Centerville |
| Patterson, Rachel | Fr. | Fr. | CC,5,000 | Rochester, Mich./Adams |
| Pogorelov, Margarita | So. | So. | 100/200 | Bat-Yam, Israel |
| Profit, Tasha | Fr. | Fr. | 200/400 | Chicago, Ill./North Londale Prep |
| Rasch, Ruth | Fr. | Fr. | 400 | Bellbrook, Ohio/Bellbrook |
| Rhoades, Amanda | So. | So. In/Fr. Out | Pole Vault | Troy, Ohio/Troy |
| Roche, Julianna | Fr. | Fr. | CC/5,000 | Fort Wayen, Ind./Cantebury |
| Schork, Madeline | So. | So. | CC/800/1,500 | Ann Arbor, Mich./Pioneer |
| Stoll, Jennifer | Sr. | Sr. | CC/5,000 | Pewaukee, Wis./Pewaukee |
| Tepe, Andrea | Sr. | Sr. | 100H/400H | Cincinnati, Ohio/Milford |
| Turner, DeLana | So. | So. | 100H | Gates Mills, Ohio/Gilmour Academy |
| Wikar, Magda | Fr. | Fr. | Long/Triple Jump | Winnetka, Ill./New Trier |



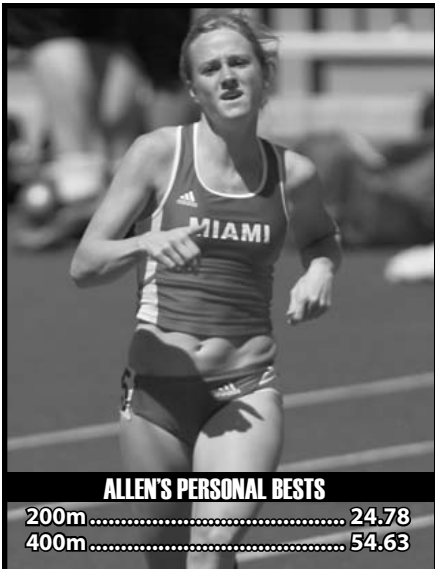
Betsy Allen

Yr./Elig.: Jr./Jr.
 Hometown: Wooster, OH
 High School: Wooster



400

2006-07: Miami's top sprinter in the 200 and 400 meters ... indoors, turned in team-best and season-best time in the 200 meters (26.04) at the Rod McCravy Invitational ... added team-best and season-best time in the 400 meters (54.63) at the MAC Championships, where she placed 10th in the preliminaries ... ran a leg on both the 4x400 meter relay, which finished sixth at the MAC meet, and the distance medley relay, which placed seventh ... outdoors, turned in career-best and team-best time in the 200 meters (24.78) at the Stan Lyons Invitational ... added career-best and team-best time in the 400 meters (54.63) at the MAC Championships, where she placed sixth in the finals ... also ran a leg on Miami's 4x400 meter relay team, which finished fifth at the conference meet ... posted pair of wins, placing first in the 400 meters at the both the indoor and outdoor All-Ohio Championships. **2005-06:** During the indoor season, notched two individual wins in the 400 meters at the Eastern Illinois Invitational and the Cedarville Open ... top 200-meter time indoors came at the Cedarville Open (26.20) ... top 400-meter time came at the Kentucky Invitational (58.08) ... part of the 4x400 relay team that placed sixth at the MAC Indoor Championships ... ran a leg on the distance medley relay team that placed sixth at the MAC meet ... outdoors, posted one win in the 400 meters at the Southern Ohio Cup ... ran a leg on the 4x400 meter relay team that placed fourth at the MAC Outdoor Championships ... ran top outdoor times in the 200 meters (25.18) at the National City Invitational and in the 400 meters (55.92) at the Billy Hayes Invitational. **High School:** Finished third in the 400 meters at the 2003 and 2004 Ohio Division I Championship with a top time of 56.10 seconds ... during 2005, had one of the top times in the state until an injury forced her to miss the state meet. **Personal:** Daughter of Scott and Amy Allen ... majoring in exercise science.



ALLEN'S PERSONAL BESTS

| | |
|------------|-------|
| 200m | 24.78 |
| 400m | 54.63 |

Erin Bamberger

Yr./Elig.: Jr./So.
 Hometown: Kettering, OH
 High School: Fairmont



Horizontal Jumps

2006-07: Competed in the horizontal jumps ... indoors, posted a season-best leap (16-4 1/2) in the long jump at the Bowling Green Invitational ... added season-best triple jump distance (34-2 3/4) at the Findlay Open ... outdoors, posted season-best long jump (15-11) and triple jump (33-3 3/4) distances at the Stan Lyons Invitational. **Last School:** Did not compete last spring after transferring from Purdue ... has four years of eligibility ... will compete in the jumps for the RedHawks. **Personal:** Dietetics major.



BAMBERGER'S PERSONAL BESTS

| | |
|-------------------|----------|
| Long Jump | 16-4 1/2 |
| Triple Jump | 34-2 3/4 |

Brittney Bernardoni

Yr./Elig.: So./So.
 Hometown: Batavia, IL
 High School: Batavia



Pole Vault

2006-07: NCAA MidEast Regional Qualifier ... pole vaulter who scored at the conference meet in both the indoor and outdoor seasons ... indoors, registered season-best clearance (12-5 1/2) at the Findlay Open ... finished eighth (12-1 1/2) at the MAC Indoor Championships ... outdoors, regionally qualified with a season-best clearance (12-6) at the Vanderbilt Invitational ... finished sixth (11-11 3/4) in the vault at the MAC Outdoor Championships ... finished 16th (12-0) at the MidEast Regional ... won four pole vault events between the indoor and outdoor season, including at the All-Ohio indoors and the All-Ohio, Vanderbilt Invitational and Stan Lyons Invitational outdoors. **High School:** Won the Illinois Class AA pole vault title in 2006 ... four-time all-conference and three-time all-state honoree in track and field ... left Batavia with a personal-best in the vault of 12-9 ... state qualifier in six different events over three seasons, including the 4x400 meter relay and hurdles ... four-year letterwinner in track and field ... also lettered in cheerleading (4) and

gymnastics (2). **Personal:** Daughter of Marianne and Peter Bernardoni ... exercise science major.



BERNARDONI'S PERSONAL BESTS

| | |
|------------------|------|
| Pole Vault | 12-6 |
|------------------|------|

Kristina Bolterstein

Yr./Elig.: Sr./Sr.
 Hometown: Middleburg Heights, OH
 High School: Midpark



High Jump

2006-07: High Jump All-American (outdoors) ... national qualifier (indoors and outdoors) ... USTFCCA Great Lakes Region Indoor Field Athlete of the Year ... All-MAC First Team (indoors) ... All-MAC Second Team (outdoors) ... set Miami indoor and outdoor high jump school records ... MAC High Jump Champion (indoors) ... MAC High Jump Runner-Up (outdoors) ... All-MAC Academic Team (indoors and outdoors) ... CoSIDA Academic All-District IV Second Team ... MAC Field Athlete of the Week (Jan. 11 and Feb. 6) ... MAC Scholar Athlete of the Week (April 12) ... made first career appearance at NCAA Indoor Championships where she finished 17th ... two-time defending MAC Indoor High Jump Champion who won the 2007 title with a leap of 5-10 ... set new Miami school record and tied all-time MAC record with clearance of 6-1 1/2 at the season-opening Findlay Open ... named 2006-07 Great Lakes Region Indoor Field Athlete of the Year ... tabbed to the all-MAC first-team after winning her second straight conference high jump title ... earned MAC Field Athlete of the Week honors twice after winning the high jump at the Findlay Open (Jan. 11) and at Notre Dame's Meyo Invitational (Feb. 6) ... made first career appearance at NCAA Outdoor Championships where she finished 14th and earned All-American honors ... became the first Miami high jump All-American in program history ... advanced to the national high jump finals and tied outdoor school record with clearance of 5-10 3/4 in the NCAA high jump preliminaries ... placed 11th at the MidEast Regional with a height of 5-7 1/4 and was one of eight high jumpers to earn an at-large bid to the national meet ... honored as a second-team all-MAC selection after finishing as the MAC high jump runner-up ... tied school-record clearance of 5-10 3/4 at the Stan Lyons Invitational. **2005-06:** MAC Indoor High Jump Champion ... All-MAC First Team Indoors ... All-MAC

*Academic Team Indoors ... NCAA Regional Qualifier in the High Jump ... CoSIDA Academic All-District IV Second Team ... indoors, tallied five high jump wins including her school-record height of 5-10 at the MAC Indoor Championships ... her leap at the indoor conference meet broke Mary Alice Wolf's 1987 record of 5-8 1/4 ... one of four Miami provisional qualifiers in the indoor season ... outdoors, notched four wins in the high jump, including at the Miami Invitational ... scored at the MAC Outdoor Championships with a sixth-place high jump finish ... one of three RedHawks to qualify for the NCAA MidEast Regional ... cleared the regional standard of 5-8 3/4 on three occasions during the outdoor season ... at the MidEast Regional, placed 11th. **2004-05:** High-jumped at eight indoor meets, reaching her top height of 5-8 twice ... that height won the event at the Bowling Green meet and earned her a bronze medal at the MAC Championships ... reached 5-7 twice in the high jump outdoors, winning the event with that height at Ohio's Bobcat Invitational ... at the MAC meet, took seventh with a 5-5 jump. **High School:** Attending Miami on an academic scholarship ... participated in the high jump and sprint relays at Midpark High School in Middleburg Heights, Ohio ... state high jump champion at 5-8 as a senior ... earned third place in the high jump at the Division I Ohio meet as a freshman with a height of 5-4 and improved the height to 5-6 despite finishing sixth in 2002 ... took the silver as a junior, leaping 5-8. **Personal:** Daughter of Joseph and Nancy Bolterstein ... majoring in zoology with a focus in environmental science*



BOLTERSTEIN'S PERSONAL BESTS
High Jump 6-1 1/2

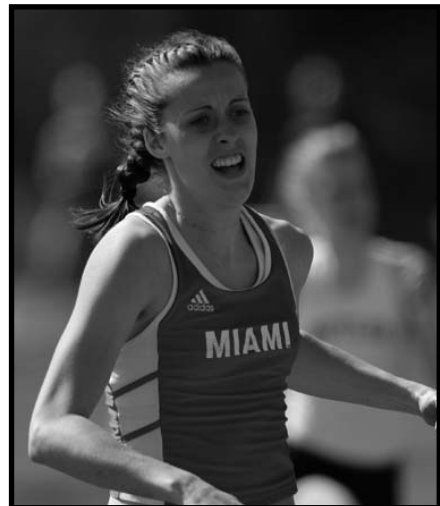
Julia
Dempster
Yr./Elig.: Sr./Jr.
Hometown: Toledo, OH
High School: Sylvania Northview



Hurdles

2006-07: Competed in the long sprints and hurdles ... indoors, turned in season-best time in the 200 meters (27.69) at the Meyo Invitational and 400 meters (1:01.32) at the All-Ohio Championships ... finished 16th in the 400 meters (1:00.33) at the

MAC Indoor Championships ... outdoors, ran in the 400-meter hurdles, turning in a season-best time (1:05.88) at the Vanderbilt Invitational. **2005-06:** Competed in the 400 meters and the pentathlon during the indoor season ... ran top 400-meter time (1:00.20) at the Ball State Triangular ... in first career pentathlon at Ball State, scored 2,525 points ... placed 22nd in the 400-meter preliminaries at the MAC Indoor Championships ... did not compete in the outdoor season. **2004-05:** Competed in five indoor meets ... at the season-opening Kent State meet, set new personal bests in the 60 (8.52) and 200 (27.00) ... competed in the 400 meters and 60 hurdles in each of the last four meets ... won the 400 at Eastern Illinois (1:00.66) ... topped the time at the next meet at Kentucky, finishing in 1:00.07 ... also ran her top 60 hurdles time of the year at Kentucky (9.50) ... outdoors, hurdled in all eight meets, racing the 400 hurdles each time ... best time was at the MAC Championships, finishing 12th in 1:02.66 ... top 100 hurdle race was at the South Florida meet. **High School:** Hurdler at Sylvania Northview where she also played on state-finalist basketball and soccer teams ... placed eighth at the Ohio state meet in the 300-meter hurdles as a senior a year after not scoring as a junior ... finished fifth and second at the state level her first two years, respectively. **Personal:** Daughter of Janice and Andrew Dempster ... majoring in art education.



DEMPSTER'S PERSONAL BESTS
400H 1:02.66
400m 1:00.20

Sarah
Fletcher
Yr./Elig.: Sr./Jr.
Hometown: Alpharetta, GA
High School: Marist



Hurdles/Sprints

2006-07: Competed in the sprints and hurdles ... indoors, registered season-best time in the 60 meters (8.29) at the Bowling Green Invitational ... added season-best time in the 60-meter hurdles (9.23) at the Findlay Open ... outdoors, turned in season-best times in the 100 meters (12.90) and the 200 meters (26.19) at the Stan Lyons Invitational. **2005-06:** Competed in both the sprints and hurdles

during the indoor season ... clocked in with top time in the 60-meter hurdles (9.08) in 19th-place finish at the indoor conference meet ... ran top times in the 60 meters (8.37) at the Kentucky Invitational and in the 200 meters (27.14) at the Ball State Triangular ... outdoors, competed in the sprints and the 100-meter hurdles ... at the MAC Outdoor Championships, placed 17th in the 100-meter hurdle preliminaries ... season-best hurdle time (15.08) came at the Billy Hayes Invitational ... added top times in the 100 meters (13.01) and 200 meters (25.95) at the Southern Ohio Cup.



FLETCHER'S PERSONAL BESTS
60H 9.08
100H 15.08

Erin
Frazer
Yr./Elig.: Sr./Sr.
Hometown: Wheaton, IL
High School: Benet Academy



Pole Vault/Javelin

2006-07: Indoors, registered a new career-best pole vault clearance (11-5 3/4) at the Findlay Open ... outdoors, competed in the javelin and pole vault ... set new career-best distance in the javelin (122-3) at the MAC Championships, where she finished seventh ... cleared season-best height (10-11 3/4) in the pole vault at the Stan Lyons Invitational ... finished 15th in the pole vault (10-6) at the MAC Outdoor Championships. **2005-06:** Turned in career-best pole vault clearance (11-2 1/2) in 11th-place finish at the MAC Indoor Championships ... during the outdoor season, posted one win in the pole vault at the National City Invitational ... at the MAC Outdoor Championships, placed 11th in the pole vault and 14th in the javelin ... notched career-best vault (11-3 3/4) at the National City Invitational ... added career-best javelin toss (114-8) at the Billy Hayes Invitational. **2004-05:** Pole vaulted in six indoor meets with a top height of 10-6 in her first meet at Kent State ... vaulted in five outdoor meets, reaching her top height of 10-0 three times ... also threw the javelin in her final meet at Ohio University. **Personal:** Daughter of Jim and Kathy Frazer ... majoring in zoology.

Track and Field

2007-08 Player Profiles



2007-08 MIAMI CROSS COUNTRY/TRACK AND FIELD



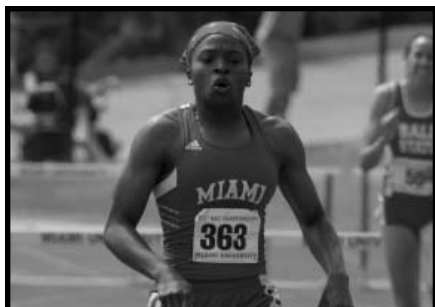
FRAZER'S PERSONAL BESTS

Pole Vault (indoors) 11-5 3/4
 Pole Vault (outdoors) 11-3 3/4
 Javelin 122-3

Alisha
Jones
Yr./Elig.: So./So.
Hometown: Toledo, OH
High School: Bowsher

Hurdles

2006-07: NCAA MidEast Regional Qualifier ... indoors, competed in the multi-events, posting a season-best pentathlon score of 3,286 at the All-Ohio Championships ... finished 18th in the pentathlon at the MAC Indoor Championships (2,880 points) ... outdoors, was one of three Miamians to regionally qualify in the 400-meter hurdles ... at the regional meet, finished 23rd (1:03.80) in the preliminaries ... ran season-best time in the 400-meter hurdles (1:00.23) at the MAC Outdoor Championships, where she finished sixth ... also ran the 100-meter hurdles, turning in a season-best time (15.03) at the Vanderbilt Invitational ... registered season-best performances in the shot put (38-4 1/4) at the Southern Ohio Cup and in the long jump (17-8 1/4) at the Vanderbilt Invitational. **High School:** Set school record in the 300-meter hurdles (44.3) ... also was a member of the schol record-setting 4x100 and 4x200 meter relay teams ... named to the Midwest Ohio All-Star Team in 2006 ... earned team MVP award as a senior ... earned four letters in track and field ... also lettered one season in cross country ... member of NW Ohio track and field honor roll all four years. **Personal:** Daughter of Lisa and Al Jones ... chemistry major.



JONES' PERSONAL BESTS

100H 15.03
 400H 1:00.23

Katelyn
Kelly
Yr./Elig.: Jr./Jr.
Hometown: Orchard Park, NY
High School: Orchard Park

Heptathlon

2006-07: Indoors, registered career-best pentathlon score (3,375) at the MAC Championships, where she finished ninth ... cleared career-best height in the high jump (5-8) at the Findlay Open ... scored at the MAC Indoor Championships, placing sixth in the high jump (5-6 1/2) ... outdoors, notched top heptathlon score (4,177) at the Alabama Relays ... sailed to career-best long jump (17-5 1/2) at the Stan Lyons Invitational ... cleared season-best height in the high jump (5-7 3/4) at the Vanderbilt Invitational. **2005-06:** During the indoor season, competed in the pentathlon, high jump and hurdles ... at the MAC Indoor Championships, posted career-best score in ninth-place pentathlon finish (3,279), with season-best marks in the shot put (31-1 1/4) and 60-meter hurdles (9.60) ... posted top marks in the high jump (5-5) and long jump (17-3) at the Ball State Triangular ... outdoors, competed in the jumps, sprints and hurdles ... placed 10th in the high jump at the MAC Outdoor Championships ... matched career-best clearance in the high jump (5-5) at the Miami and Charlotte Invitationals ... posted season-best marks in the 100-meter hurdles (16.02) and 200 meters (27.60) at the Southern Illinois Invitational. **High School:** Multi-talented athlete who participated in the pentathlon and high jump events ... during the 2005 indoor season, finished third in the high jump at the New York State Indoor Track and Field Championships with a leap of 5-5 ... in 2004 at the outdoor New York State Championships, finished fifth in the pentathlon with a score of 3069 and was the second leading returning scorer in the state. **Personal:** Daughter of Tom and Kathleen Kelly ... major is undecided.



KELLY'S PERSONAL BESTS

Pentathlon 3,375
 High Jump 5-8
 Long Jump 17-5 1/2

Alexis
Lape
Yr./Elig.: Jr./Jr.
Hometown: Lancaster, OH
High School: Lancaster

Hurdles/Long Jump

2006-07: NCAA MidEast Regional Qualifier ... indoors, competed in the 60-meter hurdles and long jump ... registered season-best time in the hurdles (8.93) at the Findlay Classic ... sailed to season-best distance in the long jump (18-7) at the MAC Championships, where she finished fifth ... ran on the 4x400 meter relay team, which placed sixth at the conference meet ... outdoors, was one of three Miami regional qualifiers in the 400-meter hurdles ... at the regional meet, placed 21st (1:03.21) in the preliminaries ... finished fourth in the 400-meter hurdles at MAC Championships with career-best and regional-qualifying time of 1:00.11 ... her time ranks third in program history in the event ... sailed to career-best distance in the long jump (18-11 1/4) at the Stan Lyons Invitational ... at the conference meet, placed 13th (17-9 3/4) in the preliminaries of the high jump ... ran on the 4x400 meter relay team, which finished fifth at the conference meet ... won the 400-meter hurdles at the All-Ohio Championships and Miami Invitational. **2005-06:** During the indoor season, tallied three wins in the 60-meter hurdles at the Findlay Open, Eastern Illinois Invitational and All-Ohio ... added a victory in the 55-meter hurdles at the Cedarville Open ... clocked in with season-best time in the 60-meter hurdles (8.64) at the All-Ohio ... also competed in the 200 meters, long jump and pentathlon indoors ... posted a score of 2,819 in first career pentathlon at Ball State ... ran top 200-meter time (27.14) and posted top long jump (18-4 1/4) at the Cedarville Open ... at the MAC Indoor Championships, placed 12th in the 60-meter hurdle preliminaries and 16th in the long jump ... outdoors, notched one win in the 400-meter hurdles at the Miami Invitational ... posted season-best times in the 100-meter (14.44) and 400-meter hurdles (1:02.34) at the Miami Invitational ... at the MAC Outdoor Championships, placed 11th and 14th, respectively, in the preliminaries of the 100- and 400-meter hurdles. **High School:** At the 2004 Ohio State Championships, placed fourth in the 100 hurdles (14.42), fourth in the long jump (18-2 1/2) and sixth in the 300 hurdles (44.01) ... during the 2005 indoor season, finished third at the Ohio State Championship with a personal-best of 8.35 seconds for the 55-meter hurdles ... outdoors, won the Ohio State Championship in the 300 hurdles (42.78) ... finished as runner-up in the 100 hurdles (14.44) and fifth in the long jump with a personal-best of 18-3 ... regional champion in four events (long jump, 100 hurdles, 300 hurdles, 4x400 relay) during 2005 ... won the 300 hurdles at the Midwest Championships, a meet ... completed her senior year by qualifying for the Nike National High School Championships in both the 100 and 400 hurdles. **Personal:** Daughter of Alex and Jennifer Lape ... major is undecided.



LESCZAK'S PERSONAL BESTS

| | |
|----------------|-----------|
| 60H..... | 8.64 |
| 100H..... | 14.44 |
| 400H..... | 1:00.11 |
| Long Jump..... | 18-11 1/4 |

Victoria

Leszczak

Yr./Elig.: So./So.
Hometown: Middleburg Hts., OH
High School: Midpark

Pole Vault

2006-07: Pole vaulter who cleared season-best height (10-0) outdoors at the Vanderbilt Invitational. **High School:** Enters Miami with a personal-best of 11-0 in the pole vault ... finished eighth at the state meet as a senior ... was an all-state and all-conference honoree at Midpark ... three-year letterwinner in track and field ... also earned two letters in gymnastics where she competed in the floor exercise and bars. **Personal:** Daughter of Teresa and Jon Leszczak ... chemical engineering major.



LESCZAK'S PERSONAL BESTS

| | |
|-----------------|------|
| Pole Vault..... | 10-0 |
|-----------------|------|

Kristen

Mathews

Yr./Elig.: So./So.
Hometown: Griffith, IN
High School: Griffith

Jumps



2006-07: Indoors, cleared season-best height (5-8) at the Findlay Open ... placed 17th at the MAC Indoor Championships (5-2 1/2) in the high jump ... outdoors, cleared season-best height (5-5) at the MAC Championships, where she finished tied for 10th. **High School:** Named first-team all-conference in 2005 ... finished as the sectional and regional high jump champion in 2005 ... was the sectional champion, regional runner-up and state runner-up as a senior in 2006 ... posted a high school personal-best high jump of 5-9 ... four-year letterwinner in track and field ... also was a member of the cross country and basketball teams. **Personal:** Daughter of Veronica and William Mathews ... architecture major.



MATHEWS' PERSONAL BESTS

| | |
|----------------|-----|
| High Jump..... | 5-8 |
|----------------|-----|

Cara

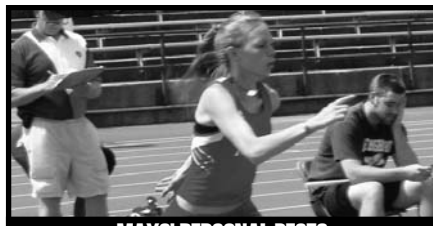
May

Yr./Elig.: So./So.
Hometown: Columbus Grove, OH
High School: Columbus Grove

Jumps



2006-07: Indoors, cleared season-best height (5-3 3/4) at the Ball State Quadrangular ... outdoors, cleared season-best height (5-5) at the Stan Lyons Invitational ... finished tied for 14th at the MAC Outdoor Championships with a clearance of 5-3. **High School:** Four-time all-district selection at Columbus Grove ... posted three straight top-10 high jump finishes at the state track meet, with a top placing of fourth as a senior ... enters Miami with personal-bests of 5-6 in the high jump and 12.5 in the 100 meters ... four-year letterwinner in track and field as a jumper and sprinter. **Personal:** Daughter of Lora and Craig May ... statistics and systems analysis major.



MAYS' PERSONAL BESTS

| | |
|----------------|-----|
| High Jump..... | 5-5 |
|----------------|-----|

Nicki

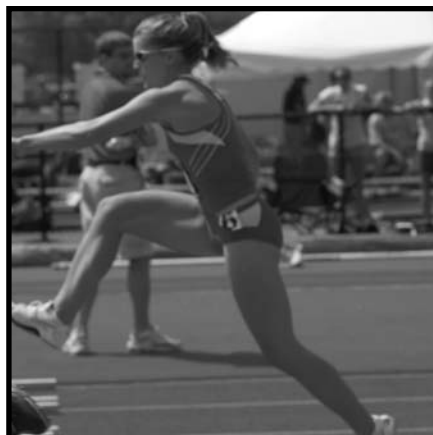
Mitchell

Yr./Elig.: So./So.
Hometown: Lake Forest, IL
High School: Lake Forest

Heptathlon



2006-07: Multi-event athlete who registered top indoor performance in the high jump (5-6) at the Findlay Open ... added season-best long jump (17-3 1/4) at the MAC Championships ... finished with career-best pentathlon score (3,331) at the conference meet, where she placed 12th ... outdoors, turned in season-best heptathlon score (4,267) at the MAC Outdoor Championships, where she finished 11th ... notched season-best long jump (18-1/2) at the Vanderbilt Invitational. **High School:** Two-time all-state honoree ... placed in the top 10 at the state meet in the high jump (seventh - 2004; sixth - 2006) and long jump (10th - 2006) ... member of the school-record setting 800 meter medley and 4x400 meter relay teams ... posted high school personal bests of 5-6 in the high jump, 37-1/2 in the triple jump and 17-4 1/2 in the long jump ... four-year letterwinner in track and field. **Personal:** Daughter of Anne Marie and Richard Mitchell ... business major.



MITCHELL'S PERSONAL BESTS

| | |
|-----------------|--------|
| 60H..... | 9.99 |
| 100H..... | 16.24 |
| High Jump..... | 5-6 |
| Long Jump..... | 18-1/2 |
| Heptathlon..... | 4,267 |



Margarita

Pogorelov

Yr./Elig.: So./So.

Hometown: Bat-Yam, Israel



Sprints

2006-07: Ran the 60 meters indoors, turning in a season-best time of 7.77 at the Rod McCravy Invitational ... outdoors, turned in team-best time in the 100 meters (11.88) in fifth-place finish at the MAC Championships ... also ran on the 4x100 meter relay team, which placed fifth at the conference meet ... registered season-best time in the 200 meters (24.89) at the Stan Lyons Invitational.



POGORELOV'S PERSONAL BESTS

| | |
|-----------|-------|
| 100m..... | 11.88 |
| 200m..... | 24.89 |

Amanda

Rhoades

Yr./Elig.: So./So. (in), Fr. (out)

Hometown: Troy, OH

High School: Troy



Pole Vault

2006-07: Competed in the pole vault during the indoor season, turning in a season-best performance (11-7 3/4) at the All-Ohio Championships. **High School:** Enters Miami with a personal-best of 11-6 in the pole vault ... state qualifier for three years in the vault ... placed fifth in the pole vault at the state meet as a senior after a sixth-place showing as a junior ... also competed in the sprints and was a member of the school-record 4x100 relay team ... earned varsity in letters in three sports: track and field (4), soccer (2) and basketball (2). **Personal:** Daughter of Connie and Neil Rhoades ... undecided major.



RHOADES' PERSONAL BESTS

| | |
|-----------------|----------|
| Pole Vault..... | 11-5 3/4 |
|-----------------|----------|

Andrea

Tepe

Yr./Elig.: Sr./Sr.

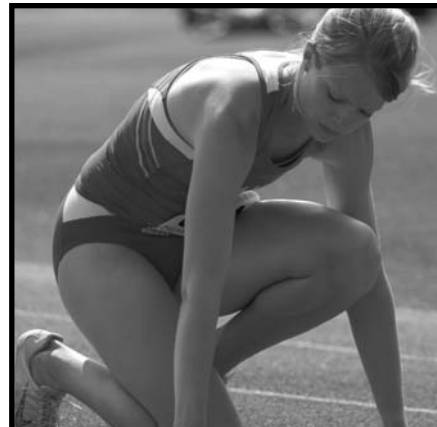
Hometown: Cincinnati, OH

High School: Milford



Hurdles

2006-07: NCAA MidEast Regional Qualifier ... indoors, competed in the 800 meters and turned in team-best time (2:18.22) at the Notre Dame Invitational ... at the MAC Indoor Championships, ran on the 4x400 meter and distance medley relay teams, which finished sixth and seventh, respectively ... won the 800 meters at the All-Ohio Championships ... outdoors, was one of the three Miami regional qualifiers in the 400-meter hurdles ... was top Miami finisher at the regional meet, placing 20th (1:02.75) ... placed fifth at the MAC Outdoor Championships with a career-best and regional-qualifying time of 1:00.61 in the 400-meter hurdles ... also ran leg on the 4x400 meter relay team, which placed fifth at the conference meet ... turned in career-best time in the 400 meters (58.45) at the Stan Lyons Invitational. **2005-06:** During the indoor season, competed in the 400 meters, 600 meters and 800 meters ... at the MAC Indoor Championships, was part of the 4x400 relay team that placed sixth ... also ran a leg on the distance medley relay team that placed sixth ... ran top 400-meter time at the All-Ohio (59.65) and season-best 800-meter time (2:18.04) at Ball State ... outdoors, notched one win in the 400-meter hurdles at the Southern Ohio Cup ... ran a leg on the 4x400 meter relay team that placed fourth at the MAC Outdoor Championships ... finished 15th in the preliminaries of the 400-meter hurdles at the conference meet ... ran career-best time in the 400-meter hurdles (1:02.97) at the Southern Ohio Cup ... added top outdoor time in the 800 meters (2:19.53) at the National City Invitational. **2004-05:** Competed in seven indoor meets, entering in the 60 hurdles and 200, 400 and 600 races over the season ... top 60 hurdles time was 9.93, a career-best, at the season-opening Kent State meet ... also set a career-best time at the All-Ohio Championships in the 400 of 1:01.07 ... at the MAC meet, finished in 1:01.69 ... hurdled in seven outdoor meets with a career-best time in the 400 of 1:00.27 coming at Indiana University, where she finished 13th ... top 100 hurdles time was at the Southern Ohio Cup, where she finished seventh in 16.68. **High School:** State qualifier as a senior in Division I in the 300-meter hurdles at Milford High School in Milford, Ohio ... finished ninth at the state competition ... was a regional finalist as a junior in the event **Personal:** Daughter of Richard and Krista Tepe ... majoring in integrated mathematics education.



TEPE'S PERSONAL BESTS

| | |
|-----------|---------|
| 400m..... | 58.45 |
| 400H..... | 1:00.61 |

DeLana

Turner

Yr./Elig.: So./So.

Hometown: Gates Mills, OH

High School: Gilmour Academy



Hurdles

2006-07: Hurdler and sprinter ... indoors, ran season-best and team-best time in the 60-meter hurdles at the MAC Championships (8.90), where she finished 12th ... added season-best time in the 60 meters (8.14) at the Ball State Quadrangular ... notched team-best time in the 100-meter hurdles (14.03) at the MAC Outdoor Championships, where she finished sixth ... ran a leg on Miami's 4x100 meter relay team, which placed fifth at the conference meet ... registered season-best time in the 100 meters (12.46) at the Alabama Relays. **High School:** Member of the Gilmour Academy track and field team which won back-to-back Division III state titles in 2005 and 2006 ... won state title and tied state record by running 14.48 in the 100-meter hurdles at the state meet ... set a regional record with a clocking of 14.69 in the 100-meter hurdles as a senior ... also ran a leg on the school-record holding 4x100 and 4x200 meter relay teams ... earned four letters in track and field and gymnastics **Personal:** Daughter of Deborah and Donald Turner ... psychology major.



TURNER'S PERSONAL BESTS

| | |
|-----------|-------|
| 100m..... | 12.46 |
| 100H..... | 14.03 |

Hope
Alexander



Yr./Elig.: Fr./Fr.
Hometown: Wilmington, DE
High School: Tower Hill

Horizontal Jumps

High School: Member of the indoor and outdoor track and field teams at Tower Hill High School ... ranked first in the state in the triple jump and long jump ... set personal bests of 17' 4" in the long jump and 37' 11" in the triple jump ... qualified for the outdoor Nationals in 2007 ... named all-county in the long jump and triple jump **Personal:** Daughter of Cherise and Romain Alexander ... was a figure skater for 15 years, competing in the Junior Nationals ... mother, Cherise, was a member of the Kansas University track and field team ... father, Romain, played football and competed in track and field at KU before playing for the Pittsburgh Steelers ... started a figure skating program for inner-city youth ... undecided on a major

Simone
Culver



Yr./Elig.: Fr./Fr.
Hometown: Columbus, OH
High School: Harvest Prep

Hurdles

High School: Earned 11 varsity letters in three sports; basketball, volleyball and track at Harvest Preparatory ... state champion as a senior ... named All-State four times ... three-time regional champion in the 100-meter hurdles ... set the regional record in 14.61 ... four-time district champion in the 100-meter and 300-meter hurdles ... competed for head coach Mark Anthony ... ran personal bests of 14.30 in the 100-meter hurdles, 45.7 in the 300-meter hurdles and 12.64 in the 100-meter dash ... averaged 17 points and 4.3 rebounds per game on the hardwood where she was named all-conference and played in the East All-Star Game ... named a National Scholar and to the National Honor Roll **Personal:** Guardian is Anita Culver ... oldest of seven children ... enjoys writing ... journalism and political science major

Alexia
DeWitz



Yr./Elig.: Fr./Fr.
Hometown: Greenwood, IN
High School: Center Grove

Hurdles

High School: Competed in track and field and basketball at Center Grove High School ... sectional and regional champion in the 100-meter hurdles ... ranked 10th in Indiana in the 100-meter hurdles ... ran a personal best of 14.9 in the 100-meter hurdles ... two-time state finalist ... earned six varsity letters in two sports ... named high school's Athlete of the

Year Personal: Daughter of Kelli Rau and Brian DeWitz ... participated in mission trips to Nicaragua, Tennessee, New Orleans and Minnesota ... enjoys water skiing ... father, Brian, played football at Indiana University ... undecided on a major

Tasha
Profit



Yr./Elig.: Fr./Fr.
Hometown: Chicago, IL
High School: North Londale Prep.

200/400

High School: qualified for the indoor state meet as a member of the 4x200 and 4 x 400 relays and open 400 meters... Qualified for the outdoor state meet as a member of the 4x100 and 4x200 relays... qualified to the Junior Olympics on several occasions, best performances were 58.95 seconds in the 400 **Personal:** Daughter of Tony Johnson and Yuvonkia Profit... teacher education major

Ruth
Rasch



Yr./Elig.: Fr./Fr.
Hometown: Bellbrook, OH
High School: Bellbrook

400

High School: Earned eight varsity letters in three sports; track, soccer, and swimming at Bellbrook High School ... set the conference record in the 400-meter dash ... ran a personal best of 57.9 in the 400-meters and 2:23 in the 800-meters ... named Academic All-Ohio. **Personal:** Daughter of Liz and Mark Rasch ... completed over 200-hours of community service in high school ... member of National Honor Society ... class president in high school ... attended junior high school in Tokyo, Japan ... member of Athletes in Action ... exercise science major

Magda
Wikar



Yr./Elig.: Fr./Fr.
Hometown: Winnetka, IL
High School: New Trier

Horizontal Jumps

High School: competed in track and field at New Trier High School for head coach Bob Spagnoli ... set personal records of 18' 4" in the long jump, and 37' 1/2" in the triple jump ... was a part of four-straight conference championship teams at NTHS ... an honor roll student **Personal:** Daughter of Halina and Richard Wikar ... participated in Habitat for Humanity ... mother, Halina, was a track and field athlete and competed in the biathlon in Poland

2007-08 MIAMI TRACK AND FIELD ROSTER BREAKDOWN

By State/Country

| | |
|----------------|----|
| Ohio..... | 25 |
| Illinois..... | 8 |
| Indiana..... | 4 |
| Michigan..... | 2 |
| Delaware..... | 1 |
| Florida..... | 1 |
| Georgia..... | 1 |
| New York..... | 1 |
| Wisconsin..... | 1 |
| Israel..... | 1 |

By Class

| | |
|-----------------|----|
| Freshmen..... | 11 |
| Sophomores..... | 16 |
| Juniors..... | 8 |
| Seniors..... | 8 |

By MAC Titles

| | |
|---------------------------|---|
| Kristina Bolterstein..... | 2 |
|---------------------------|---|

By School Records

| | |
|---------------------------|---|
| Kristina Bolterstein..... | 2 |
|---------------------------|---|



2006-07 TOP INDOOR TIMES/DISTANCES

60 Meters

| | |
|--------------------------|------|
| Lashonda Davis | 7.37 |
| Margarita Pogorelov..... | 7.77 |
| DeLana Turner | 8.14 |

60-Meter Hurdles

| | |
|----------------------|------|
| DeLana Turner | 8.90 |
| Alexis Lape | 8.93 |
| Sarah Fletcher | 9.23 |

200 Meters

| | |
|-------------------|-------|
| Besty Allen | 26.04 |
| Alisha Jones..... | 26.15 |
| Kim Horning | 26.39 |

400 Meters

| | |
|---------------------|---------|
| Betsy Allen | 56.62 |
| Kim Horning | 1:00.33 |
| Julia Dempster..... | 1:01.32 |

800 Meters

| | |
|-----------------------|---------|
| Andrea Tepe | 2:18.34 |
| Amanda Mirochna | 2:23.26 |
| Lauren Aeh..... | 2:23.38 |

1,600 Meters

| | |
|-----------------------|---------|
| Amanda Mirochna | 5:06.61 |
| Erin McGowan | 5:15.26 |
| Mia Fiegelist | 5:15.91 |

3,000 Meters

| | |
|---------------------|----------|
| Erin McGowan | 10:10.77 |
| Kelsey McHugh | 10:21.26 |
| Mia Fiegelist | 10:38.28 |

5,000 Meters

| | |
|-------------------------|----------|
| Kelsey McHugh | 18:12.84 |
| Rebekah Hollander | 18:14.05 |
| Carol Eckerly | 19:11.03 |

High Jump

| | |
|---------------------------|----------|
| Kristina Bolterstein..... | 6-1 1/2* |
| Katelyn Kelly | 5-8 |
| Kristin Mathews | 5-8 |

Long Jump

| | |
|---------------------|-----------|
| Lashonda Davis..... | 19-11 3/4 |
| Alexis Lape | 18-7 |
| Alisha Jones..... | 17-4 3/4 |

Triple Jump

| | |
|---------------------|----------|
| Doreen Nagawa | 39-3 |
| Kim Horning | 37-1 3/4 |
| Lashonda Davis..... | 37-1/4 |

Shot Put

| | |
|-------------------------|-----------|
| Elise Bottarini | 43-11 3/4 |
| Quekan Ibdunni..... | 43-1 1/2 |
| Rachel Buchenroth | 41-10 |

Weight Toss

| | |
|-----------------------|----------|
| Quekan Ibdunni..... | 57-2 1/4 |
| Elise Bottarini | 53-1 3/4 |
| Teresa Bis | 47-1 |

Pole Vault

| | |
|---------------------------|-----------|
| Sarah Landau | 13-7 1/4* |
| Brittney Bernardoni | 12-5 1/2 |
| Amanda Rhoades | 11-7 3/4 |

Pentathlon

| | |
|----------------------|-------|
| Katelyn Kelly | 3,375 |
| Nicki Mitchell | 3,331 |
| Alisha Jones | 3,286 |

Distance Medley Relay

| | |
|-----------------------|----------|
| Mirochna, Allen | 12:13.68 |
| Tepe, McGowan | |

4x400 Meter Relay

| | |
|--------------------|---------|
| Tepe, Horning..... | 3:51.60 |
| Lape, Allen | |

% denotes NCAA automatic qualifying performance

** denotes NCAA provisional qualifying performance*

2007 TOP OUTDOOR TIMES/DISTANCES

100 Meters

| | |
|--------------------------|-------|
| Margarita Pogorelov..... | 11.88 |
| Lashonda Davis | 12.91 |
| DeLana Turner | 12.46 |

100-Meter Hurdles

| | |
|---------------------|-------|
| DeLana Turner | 14.03 |
| Alisha Jones | 15.03 |
| Alexis Lape | 15.14 |

200 Meters

| | |
|--------------------------|-------|
| Betsy Allen | 24.78 |
| Margarita Pogorelov..... | 24.89 |
| Lashonda Davis | 25.18 |

400 Meters

| | |
|-------------------|-------|
| Betsy Allen | 54.63 |
| Andrea Tepe | 58.45 |
| Kim Horning | 58.47 |

400-Meter Hurdles

| | |
|--------------------|----------|
| Alexis Lape | 1:00.11* |
| Alisha Jones | 1:00.23* |
| Andrea Tepe | 1:00.61* |

800 Meters

| | |
|-----------------------|---------|
| Amanda Mirochna | 2:16.71 |
| Andrea Tepe | 2:19.48 |
| Madeline Schork..... | 2:22.34 |

1,500 Meters

| | |
|-----------------------|---------|
| Amanda Mirochna | 4:39.99 |
| Mia Fiegelist | 4:48.21 |
| Madeline Schork..... | 4:56.26 |

3,000 Meters

| | |
|---------------------|----------|
| Mia Fiegelist | 11:13.64 |
|---------------------|----------|

5,000 Meters

| | |
|-------------------------|----------|
| Rebekah Hollander | 17:59.79 |
| Carol Eckerly..... | 18:30.18 |
| Mallory Fetterman..... | 20:36.27 |

Steeplechase

| | |
|----------------------|----------|
| Hillary Greene | 11:41.30 |
| Jenna Kruse | 12:13.86 |

4x100 Meter Relay

| | |
|------------------------|-------|
| Allen, Pogorelov | 46.88 |
| Lape, Turner | |

4x400 Meter Relay

| | |
|--------------------|---------|
| Tepe, Horning..... | 3:46.68 |
| Lape, Allen | |

High Jump

| | |
|---------------------------|-----------|
| Kristina Bolterstein..... | 5-10 3/4* |
| Katelyn Kelly | 5-7 3/4 |
| Cara May | 5-5 |
| Kristen Mathews | 5-5 |

Long Jump

| | |
|----------------------|-----------|
| Lashonda Davis | 19-9 |
| Kim Horning | 19-3 1/2 |
| Alexis Lape | 18-11 1/2 |

Triple Jump

| | |
|----------------------|-----------|
| Doreen Nagawa | 38-10 1/4 |
| Kim Horning | 35-10 3/4 |
| Lashonda Davis | 35-1/2 |

Shot Put

| | |
|-------------------------|----------|
| Elise Bottarini | 43-6 |
| Rachel Buchenroth | 41-2 1/4 |
| Alisha Jones..... | 38-4 1/4 |

Hammer Throw

| | |
|-----------------------|--------|
| Quekan Ibdunni..... | 178-9* |
| Teresa Bis | 162-1 |
| Elise Bottarini | 161-9 |

Discus

| | |
|-----------------------|--------|
| Quekan Ibdunni..... | 148-10 |
| Teresa Bis | 129-5 |
| Elise Bottarini | 123-9 |

Javelin

| | |
|-------------------------|-------|
| Erin Frazer..... | 122-3 |
| Rachel Buchenroth | 102-7 |

Pole Vault

| | |
|---------------------------|-----------|
| Brittney Bernardoni | 12-6* |
| Erin Frazer..... | 10-11 3/4 |
| Victoria Leszczak..... | 10-0 |

Heptathlon

| | |
|----------------------|-------|
| Nicki Mitchell | 4,267 |
| Katelyn Kelly | 4,177 |

** denotes NCAA regional-qualifying performance*

2006-07 INDOOR RECORD SETTERS

Miami set four indoor school records during the 2006-07 season, led by the explosive **Lashonda Davis**. The second-leading point scorer in program history, Davis reset her own school record in the 60-meter dash in the indoor season. Davis lowered the 60-meter record from 7.44 to 7.37 at the MAC Championships. She also set a new 55-meter dash record, clocking 6.93 at the Findlay Classic, breaking her previous school record of 7.03. **Kristina Bolterstein** set a new high jump record, clearing 6-1 1/2 at the Findlay Classic, shattering her previous record of 5-10 3/4 by 3 1/2 inches. Lastly, **Sarah Landau** broke her previous record of 13-5, clearing 13-7 1/4 at the Ball State Quadrangular.

2007 OUTDOOR RECORD SETTERS

Saving her best performance for last, **Kristina Bolterstein** tied the school record in the high jump, clearing 5-10 3/4 at the NCAA Championships at Sacramento State. She tied Meghan Gilhooly for the top mark, who first set the standard in 1999. During the indoor season, Bolterstein cleared 6-1 1/2 giving her the top height in Miami history.



2006-07 TRACK AND FIELD TEAM FINISHES

INDOORS

| | | |
|------------|---|-----------------|
| Dec. 2 | Findlay Open | No Team Scoring |
| Dec. 9 | Ball State Pentathlon | No Team Scoring |
| Jan. 13 | Bowling Green/Western Michigan Triangular | 2nd of 5 teams |
| Jan. 19-20 | Kentucky Invitational | No Team Scoring |
| Jan. 26-27 | Findlay Classic | No Team Scoring |
| Feb. 2-3 | Notre Dame Invitational | No Team Scoring |
| Feb. 10 | All-Ohio Championships | 1st of 13 teams |
| Feb. 16 | Ball State/Western Michigan Triangular | 2nd of 4 teams |
| Feb. 23-24 | MAC Indoor Championships | 5th of 12 teams |

OUTDOORS

| | | |
|----------------|----------------------------------|------------------------|
| Mar. 22-25 | Alabama Relays | No Team Scoring |
| Mar. 31 | Cincinnati/Ohio Triangular | 1st of 3 teams |
| Apr. 6-7 | Duke Invitational | No Team Scoring |
| Apr. 14 | Miami Invitational | 1st of 14 teams |
| Apr. 20-21 | Vanderbilt Invitational | 11th of 24 teams |
| April 28 | Butler's Stan Lyons Invitational | No Team Scoring |
| May 4 | Indiana Invitational | No Team Scoring |
| May 10-12 | MAC Outdoor Championships | 7th of 12 teams |
| May 25-26 | NCAA MidEast Regional | No Team Scoring |
| June 6-8 | NCAA Outdoor Championships | No Team Scoring |

Home events in **bold**

2007 MAC INDOOR TRACK & FIELD CHAMPIONSHIP STANDINGS

| | | |
|-----------|-------------------|--------------|
| 1. | Akron | 136 |
| 2. | Western Michigan | 112 |
| 3. | Ball State | 82.50 |
| 4. | Central Michigan | 62 |
| 5. | MIAMI | 55.50 |
| 6. | Buffalo | 51 |
| 7. | Ohio | 44 |
| 8. | Bowling Green | 37 |
| 9. | Kent State | 36 |
| 10. | Northern Illinois | 22.50 |
| 11. | Toledo | 17.50 |
| 12. | Eastern Michigan | 7 |

2007 MAC OUTDOOR TRACK & FIELD CHAMPIONSHIP STANDINGS

| | | |
|-----------|-------------------|-----------|
| 1. | Akron | 154 |
| 2. | Western Michigan | 135 |
| 3. | Central Michigan | 83 |
| 4. | Ball State | 80 |
| 5. | Buffalo | 66.50 |
| 6. | Ohio | 60 |
| 7. | MIAMI | 54 |
| 7. | Bowling Green | 54 |
| 9. | Toledo | 47 |
| 10. | Kent State | 40 |
| 11. | Northern Illinois | 28.50 |
| 12. | Eastern Michigan | 17 |

COACHING RECORDS BY SEASON

| Year | CC | OT&F | Coach | Year | CC | IT&F | OT&F | Coach |
|---------|---------------|------------|------------------|---------|------|------|-------|-----------------|
| 1975-76 | No Conference | | Brenda Blessing | 1992-93 | 2nd | | 4th | Richard Ceronie |
| 1976-77 | No Conference | | Brenda Blessing | 1993-94 | 2nd | | 4th | Richard Ceronie |
| 1977-78 | No Conference | | Brenda Blessing | 1994-95 | 5th | | t-7th | Richard Ceronie |
| 1978-79 | No Conference | | Lil Fesperman | 1995-96 | 5th | 8th | 5th | Richard Ceronie |
| 1979-80 | No Conference | | Lil Fesperman | 1996-97 | 4th | 7th | 3rd | Richard Ceronie |
| 1980-81 | No CC team | 9th | Jocelyn Williams | 1997-98 | 6th | 5th | 6th | Richard Ceronie |
| 1981-82 | No CC team | 8th | Jocelyn Williams | 1998-99 | 3rd | 7th | 8th | Richard Ceronie |
| 1982-83 | No CC team | 8th | Jocelyn Williams | 1999-00 | 2nd | 10th | 11th | Richard Ceronie |
| 1983-84 | No CC team | 9th | Jocelyn Williams | 2000-01 | 10th | 7th | 4th | Richard Ceronie |
| 1984-85 | 3rd | 4th | Richard Ceronie | 2001-02 | 4th | 7th | 9th | Richard Ceronie |
| 1985-86 | 4th | 1st | Richard Ceronie | 2002-03 | 3rd | 8th | 2nd | Richard Ceronie |
| 1986-87 | 7th | 3rd | Richard Ceronie | 2003-04 | 5th | 6th | 2nd | Richard Ceronie |
| 1987-88 | 4th | 4th | Richard Ceronie | 2004-05 | 6th | 7th | 8th | Richard Ceronie |
| 1988-89 | 3rd | 6th | Richard Ceronie | 2005-06 | 5th | 8th | 8th | Richard Ceronie |
| 1989-90 | 7th | 7th | Richard Ceronie | 2006-07 | 8th | 5th | 7th | Richard Ceronie |
| 1990-91 | 4th | 4th | Richard Ceronie | | | | | |
| 1991-92 | 4th | 3rd | Richard Ceronie | | | | | |



MIAMI SCHOOL RECORDS: INDOOR TRACK AND FIELD (Current RedHawks in **BOLD**, Records set last season in *ITALICS*)

| | | | | |
|------------------------|--|----------------------|---|----------------|
| 55 Meters..... | <i>Lashonda Davis</i> | 6.93..... | at Findlay Classic..... | 1/27/07 |
| 55 Meter Hurdles..... | Becca Williams..... | 7.68..... | at MAC Championships (Kent State)..... | 2/22/97 |
| 60 Meters..... | <i>Lashonda Davis</i> | 7.37..... | at MAC Championships (Akron)..... | 2/25/07 |
| 60 Meter Hurdles..... | Erin Connolly..... | 8.46..... | at MAC Championships (Kent State)..... | 3/1/03 |
| 200 Meters..... | Leslie Smith..... | 24.93..... | at MAC Championships (BGSU)..... | 2/27/99 |
| 300 Yards..... | Karen Bakewell..... | 36.96..... | at Purdue Relays..... | 1/27/84 |
| 300 Meters..... | Karen Bakewell..... | 39.67..... | at Western Michigan Invitational..... | 2/24/84 |
| 400 Meters..... | Karen Bakewell..... | 55.49..... | at Western Michigan Invitational..... | 2/24/84 |
| 440 Yards..... | Karen Bakewell..... | 58.87..... | at Purdue Relays..... | 1/27/84 |
| 500 Meters..... | Karen Bakewell..... | 1:12.85..... | at Ohio State Invitational..... | 2/21/86 |
| 600 Yards..... | Claudine Edmundson..... | 1:27.13..... | at Illinois Invitational..... | 2/16/85 |
| 600 Meters..... | Becca Williams..... | 1:35.18..... | at All Ohio Championships..... | 2/17/96 |
| 800 Meters..... | Carrie Alexander..... | 2:08.13..... | at Butler Invitational..... | 1/31/98 |
| 1000 Meters..... | Jenny Korrison..... | 2:55.41..... | at Golden Flash Gala (Kent State)..... | 12/9/02 |
| 1500 Meters..... | Mary Pat Hickey..... | 4:43.34..... | at Ball State..... | 1/24/86 |
| 1 Mile..... | Tricia Roddy..... | 4:51.03..... | at Kentucky Classic..... | 2/8/97 |
| 3000 Meters..... | Tricia Roddy..... | 9:38.55..... | at Canon IV Classic (Butler)..... | 2/6/99 |
| 2 Mile..... | Michelle Slykhuus..... | 10:54.31..... | at Illinois Invitational..... | 2/16/85 |
| 3 Mile..... | Michelle Slykhuus..... | 16:52.14..... | at Michigan State Relays..... | 2/8/86 |
| 5000 Meters..... | Andrea Kremer..... | 16:49.97..... | at MAC Championships..... | 2/27/04 |
| 4x400 Relay..... | Becca Williams, Kim Hoffmann, Carrie Alexander, Kim Clement | 3:50.86..... | at Kentucky Classic..... | 2/8/97 |
| 4x800 Relay..... | Erin Myers, Kelly Duff, Mary Hickey, Karen Bakewell | 9:21.34..... | at Western Michigan Invitational..... | 2/21/86 |
| Distance Medley..... | Gina Kline, Carrie Alexander, Jenna Hann, Tricia Roddy | 11:35.55..... | at MAC Championships (Kent State)..... | 2/21/97 |
| High Jump..... | <i>Kristina Bolterstein</i>..... | 6-1 1/2..... | at Findlay Open..... | 12/2/06 |
| Long Jump..... | Lashonda Davis..... | 20-4 1/4..... | at Eastern Illinois Invitational..... | 1/21/06 |
| Triple Jump..... | Bernitta Johnson..... | 41-2 1/4..... | at MAC Championships..... | 2/27/04 |
| Shot Put..... | Lauren Collins..... | 48-2 3/4..... | at Ball State Triangular..... | 2/21/03 |
| Pentathlon..... | Becca Williams..... | 3,910..... | at MAC Championships (E. Michigan)..... | 2/23/96 |
| 20-Pound Weight..... | Lauren Collins..... | 63-0 1/4..... | at MAC Championships..... | 2/27/04 |
| Pole Vault..... | <i>Sarah Landau</i>..... | 13-7 1/4..... | at Ball State Quadrangular..... | 2/16/07 |

MIAMI SCHOOL RECORDS: OUTDOOR TRACK AND FIELD (Current RedHawks in **BOLD**, Records set last season in *ITALICS*)

| | | | | |
|------------------------|---|----------------------|--|---------------|
| 100 Meters..... | Jackie Watkins..... | 11.76..... | at MAC Championships (Miami)..... | 5/17/86 |
| 200 Meters..... | Jackie Watkins..... | 24.09..... | at MAC Championships (Miami)..... | 5/17/86 |
| 400 Meters..... | Karen Bakewell..... | 53.58..... | at MAC Championships (E. Michigan)..... | 5/19/84 |
| 800 Meters..... | Karen Bakewell..... | 2:00.85..... | at NCAA Championships..... | 6/6/86 |
| 1500 Meters..... | Julie Rhoda..... | 4:29.14..... | at National Invite Championships (IUPUI)..... | 5/8/93 |
| 3000 Meters..... | Molly Cullen..... | 9:26.75..... | at Penn Relays..... | 4/25/91 |
| 5000 Meters..... | Molly Cullen..... | 16:15.97..... | at Penn Relays..... | 4/23/92 |
| 10,000 Meters..... | Michelle Slykhuus..... | 34:48.24..... | at MAC Championships (W. Michigan)..... | 5/18/85 |
| 3000 Steeplechase..... | Andrea Kremer..... | 10:10.61..... | at NCAA Championships (California)..... | 6/15/03 |
| 100 Hurdles..... | Becca Williams..... | 13.31..... | at MAC Championships (Miami)..... | 5/18/96 |
| 400 Hurdles..... | Becca Williams..... | 54.98..... | at NCAA Championships (Oregon)..... | 6/7/96 |
| 4x100 Relay..... | Bernitta Johnson, Jamila Johnson, Lashonda Davis, Erika Harper | 45.87..... | at NCAA Regionals..... | 5/28/04 |
| 4x400 Relay..... | Erica Barnett, Katie Dyer, Jen Caldwell, Erika Harper | 3:44.91..... | at MAC Championships..... | 5/15/04 |
| Heptathlon..... | Becca Williams..... | 5,144..... | at MAC Championships (W. Michigan)..... | 5/18/95 |
| Long Jump..... | Lashonda Davis..... | 21-0..... | at MAC Championships (Toledo)..... | 5/12/06 |
| Triple Jump..... | Bernitta Johnson..... | 42-1..... | at Southern Ohio Cup..... | 4/19/03 |
| High Jump..... | Meghan Gilhooly..... | 5-10 3/4..... | at Cincinnati Open..... | 4/24/99 |
| | <i>Kristina Bolterstein</i>..... | 5-10 3/4..... | at NCAA Championships (Sacramento State)..... | 6/6/07 |
| Shot Put..... | Lauren Collins..... | 49-1 1/2..... | at MAC Championships (CMU)..... | 5/16/03 |
| Discus..... | Christin Scott..... | 163-1..... | at Purdue Invitational..... | 5/10/97 |
| Javelin..... | Nancy Denny..... | 172-11..... | at MAC Championships (Ball State)..... | 5/18/91 |
| Hammer..... | Lauren Collins..... | 193-7..... | at MAC Championships (CMU)..... | 5/16/03 |
| Pole Vault..... | Sarah Landau..... | 13-7 3/4..... | at NCAA MidEast Regionals..... | 5/28/05 |

100 Meters

| | | |
|--------------|----------------------------------|-------------|
| 11.76 | Jackie Watkins..... | 1986 |
| 11.76w | Lashonda Davis..... | 2005 |
| 11.88 | MARGARITA POGORELOV | 2007 |
| 11.94 | Leslie Smith..... | 1998 |
| 11.97 | Kelly Usher..... | 1998 |

200 Meters

| | | |
|-------|---------------------|------|
| 24.09 | Jackie Watkins..... | 1986 |
| 24.37 | Kelly Usher..... | 1998 |
| 24.51 | Leslie Smith..... | 1997 |
| 24.52 | Karen Bakewell..... | 1986 |
| 24.66 | Erica Harper..... | 2004 |

400 Meters

| | | |
|--------------|-------------------------|-------------|
| 53.58 | Karen Bakewell..... | 1984 |
| 54.63 | BETSY ALLEN..... | 2007 |
| 54.64 | Becca Williams..... | 1996 |
| 54.65 | Michelle Scotch..... | 1990 |
| 54.77 | Erika Harper..... | 2003 |

800 Meters

| | | |
|---------|-----------------------|------|
| 2:00.85 | Karen Bakewell..... | 1986 |
| 2:07.87 | Carrie Alexander..... | 1998 |
| 2:10.29 | Nikki Dutton..... | 1992 |
| 2:10.47 | Michelle Scotch..... | 1992 |
| 2:12.17 | Jenna Hann..... | 1997 |

1,500 Meters

| | | |
|----------------|--------------------------|-------------|
| 4:29.14 | Julie Rhoda..... | 1993 |
| 4:29.24 | Celest Smyth..... | 1991 |
| 4:29.95 | Sarah Henize..... | 2006 |
| 4:30.19 | Tricia Roddy..... | 1999 |
| 4:32.40 | Andrea Kremer..... | 2003 |

3,000 Meters

| | | |
|---------|--------------------|------|
| 9:26.75 | Molly Cullen..... | 1991 |
| 9:28.64 | Julie Rhoda..... | 1993 |
| 9:38.55 | Tricia Roddy..... | 1997 |
| 9:40.00 | Andrea Kremer..... | 2002 |
| 9:41.88 | Celest Smyth..... | 1991 |

5,000 Meters

| | | |
|----------|---------------------------|------|
| 16:15.97 | Molly Cullen..... | 1992 |
| 16:35.00 | Andrea Kremer..... | 2003 |
| 16:55.09 | Susanne Augustauskas..... | 1989 |
| 16:55.36 | Michelle Slykhuis..... | 1986 |
| 17:00.73 | Julie Rhoda..... | 1993 |

10,000 Meters

| | | |
|----------|---------------------------|------|
| 34:48.24 | Michelle Slykhuis..... | 1985 |
| 34:56.95 | Susanne Augustauskas..... | 1989 |
| 35:59.64 | Kim Wilbanks..... | 1985 |
| 36:14.14 | Jill Nye..... | 1987 |
| 36:31.33 | Janet Novallo..... | 1993 |

3,000 Steeplechase

| | | |
|-----------------|--------------------------|-------------|
| 10:10.51 | Andrea Kremer..... | 2003 |
| 10:48.57 | Kylee Studer..... | 2003 |
| 11:00.33 | Kelly Ardelean..... | 2005 |
| 11:06.05 | Sarah Henize..... | 2006 |
| 11:19.45 | Liz Lundgren..... | 2002 |

100 Meter Hurdles

| | | |
|-------|-----------------------|------|
| 13.31 | Becca Williams..... | 1996 |
| 13.69 | Erin Connolly..... | 2003 |
| 13.84 | Ebonita Williams..... | 1994 |
| 13.90 | Candice Honroth..... | 1988 |
| 14.00 | Kristen Renner..... | 1998 |

400 Meter Hurdles

| | | |
|----------------|-------------------------|-------------|
| 54.98 | Becca Williams..... | 1996 |
| 59.47 | Ebonita Williams..... | 1992 |
| 1:00.11 | ALEXIS LAPE..... | 2007 |
| 1:00.12 | Candice Honroth..... | 1988 |
| 1:00.15 | Wendy Weiss..... | 1992 |



Lashonda Davis



Lauren Collins



Sarah Landau

Current RedHawks in **BOLD**
Records set last season in CAPS

Long Jump

| | | |
|------------------|-------------------------|-------------|
| 21-0 | Lashonda Davis..... | 2006 |
| 19-3 1/2 | KIM HORNING..... | 2007 |
| 19-1 1/2 | Bernitta Johnson..... | 2001 |
| 18-11 3/4 | Carrie Mitchell..... | 1999 |
| 18-11 1/2 | ALEXIS LAPE..... | 2007 |

Triple Jump

| | | |
|-----------|-----------------------|------|
| 42-1 | Bernitta Johnson..... | 2003 |
| 41-9 3/4 | Carrie Mitchell..... | 2001 |
| 40-2 | Grace Losier..... | 1988 |
| 39-11 1/2 | Doreen Nagawa..... | 2006 |
| 39-1/2 | Shae Weiskircher..... | 1999 |

High Jump

| | | |
|----------------|----------------------------------|-------------|
| 6-1 1/2 | KRISTINA BOLTERSTEIN..... | 2007 |
| 5-10 3/4 | Meghan Gilhooly..... | 1999 |
| 5-10 | Kim Hill..... | 1991 |
| 5-9 1/4 | Mary Alice Wolf..... | 1987 |
| 5-8 | Lindsay Hazen..... | 2004 |
| 5-8 | KATELYN KELLY..... | 2007 |
| 5-8 | KRISTYN MATHEWS..... | 2007 |
| 5-8 | Taryn Nye..... | 2006 |

Pole Vault

| | | |
|-----------------|---------------------------------|-------------|
| 13-7 3/4 | Sarah Landau..... | 2005 |
| 12-6 | BRITTNEY BERNARDONI..... | 2007 |
| 12-3 | Tabitha Schwartz..... | 2003 |
| 11-7 3/4 | AMANDA RHOADES..... | 2007 |
| 11-3 3/4 | Jackie Marquardt..... | 2004 |
| 11-3 3/4 | Sharon Poisson..... | 2000 |
| 11-3 3/4 | Erin Frazer..... | 2006 |

Shot Put

| | | |
|-----------|----------------------|------|
| 49-1 1/2 | Lauren Collins..... | 2003 |
| 47-8 | Brenda Reed..... | 1987 |
| 47-1 1/2 | Lindsey Arundel..... | 2005 |
| 45-10 1/4 | Pam Staton..... | 1993 |
| 45-9 1/4 | Pam Hall..... | 1984 |

Discus

| | | |
|--------|-----------------------|------|
| 163-1 | Christin Scott..... | 1997 |
| 157-10 | Quekan Ibiidunni..... | 2005 |
| 157-3 | Lauren Collins..... | 2002 |
| 153-2 | Brenda Reed..... | 1987 |
| 149-1 | Missy Archibald..... | 1988 |

Hammer

| | | |
|-------|----------------------|------|
| 193-7 | Lauren Collins..... | 2003 |
| 178-9 | QUEKAN IBIDUNNI..... | 2007 |
| 162-3 | Marie Mokosso..... | 2001 |
| 162-2 | Aisha Abernathy..... | 1999 |
| 162-1 | TERESA BIS..... | 2007 |

Javelin

| | | |
|--------|----------------------|------|
| 172-11 | Nancy Denny..... | 1991 |
| 154-4 | Maude DiVittis..... | 1986 |
| 150-11 | Joanna Borawski..... | 2005 |
| 141-8 | Tracee Holmes..... | 1989 |
| 135-6 | Ann Yankee..... | 1979 |

4x100 Relay

| | | |
|-------|---------------------------------------|------|
| 45.87 | B.Johnson,J.Johnson,Harper,Davis..... | 2004 |
| 45.97 | Usher, Clement, Smith, Darby..... | 1999 |
| 45.99 | B.Johnson,J.Johnson,Harper,Davis..... | 2004 |
| 46.12 | B.Johnson,J.Johnson,Harper,Davis..... | 2004 |
| 46.25 | Usher, Clement, Smith, Darby..... | 1998 |

4x400 Relay

| | | |
|---------|---|-------------|
| 3:44.91 | Barnett, Dyer, Caldwell, Harper..... | 2004 |
| 3:44.99 | Malcolm, Dyer, Caldwell, Harper..... | 2003 |
| 3:45.16 | Malcolm, Dyer, Caldwell, Harper..... | 2003 |
| 3:45.57 | Horning, Nye, Tepe, Allen..... | 2006 |
| 3:45.91 | Renner,Binning, Schmitz, Alexander..... | 1998 |

Heptathlon

| | | |
|-------|----------------------|------|
| 5,144 | Becca Williams..... | 1995 |
| 5,009 | Taryn Nye..... | 2005 |
| 4,964 | Kim Hill..... | 1991 |
| 4,886 | Mary Alice Wolf..... | 1987 |
| 4,723 | Katie Hanley..... | 2001 |



ALL-TIME TOP 50 WOMEN'S TRACK AND FIELD SCORING LEADERS

| RANK | NAME | POINTS | YEARS COMPETED | EVENTS |
|------|-----------------------------------|------------|---------------------|--------------------------------------|
| 1. | Davis, Lashonda..... | 870 | 2004-2007 | 100/200/Long Jump/Triple Jump/Relays |
| 2. | Collins, Lauren..... | 781 | 2001-04 | Shot Put/Discus/Hammer |
| 3. | Kremer, Andrea..... | 673 | 2001-04 | 1,500/Steeplechase/5,000 |
| 4. | Williams, Becca..... | 650 | 1994-97 | 100H/400H/Heptathlon/Relays |
| 5. | Johnson, Bernitta..... | 527 | 2001-04 | LJ/TJ/Relays/Sprints |
| 6. | Mitchell, Carrie..... | 448 | 1998-01 | Triple Jump/Long Jump/Sprints |
| 7. | Roddy, Tricia..... | 436 | 1996-99 | 800/1,500/3,000/5,000 |
| 8. | Williams, Ebonita..... | 423 | 1991-94 | 100H/400H/Relays |
| 9. | Weiskircher, Shae..... | 398 | 1996-99 | 100H/Triple Jump |
| 10. | Honroth, Candice..... | 376 | 1985-88 | 100H/400H/LJ/Relays/Heptathlon |
| 11. | Smith, Leslie..... | 356 | 1997-00 | 100/200/Relays |
| 12. | Weiss, Wendy..... | 348 | 1991-94 | 100H/400H/Relays |
| 13. | Connolly, Erin..... | 339 | 2001-04 | 100H/Relays |
| 14. | Nye, Taryn..... | 338 | 2003-06 | Heptathlon/High Jump/400 Hurdles |
| 15. | Wolf, Mary Alice..... | 320 | 1985-87 | LJ/TJ/HJ/Relays/Heptathlon |
| 16. | Hall, Pam..... | 319 | 1981-84 | Shot Put/Discus/Javelin |
| | Archibald, Missy..... | 319 | 1986-89 | Shot Put/Discus/Javelin |
| 18. | Bolterstein, Kristina..... | 317 | 2005-present | High Jump |
| 19. | Bakewell, Karen..... | 299 | 1984, 86-87 | 100/200/400/800/Relays |
| 20. | Binning, Delisa..... | 292 | 1996-99 | 100H/400H/Relays |
| 21. | Usher, Kelly..... | 291 | 1996-99 | 100/200/Long Jump/Relays |
| | Hill, Kim..... | 291 | 1988-91 | High Jump/Long Jump/Heptathlon |
| 23. | Dyer, Katie..... | 289 | 2002-05 | Hurdles/Relays |
| 24. | Harper, Erika..... | 287 | 2000-04 | 100/200/400/Relays |
| 25. | Reed, Brenda..... | 280 | 1984-87 | Shot Put/Discus |
| 26. | Denny, Nancy..... | 279 | 1989-92 | Javelin |
| 27. | Cullen, Molly..... | 270 | 1989-92 | 1,500/3,000/5,000 |
| | Rhoda, Julie..... | 270 | 1989-93 | 800/1,500/3,000/5,000 |
| | Caldwell, Jennifer..... | 270 | 2001-04 | 100H/400H/Relays |
| 30. | Gilhooly, Meghan..... | 269 | 1997-00 | High Jump |
| 31. | Schwartz, Tabitha..... | 259 | 2002-05 | Pole Vault |
| 32. | Hann, Jenna..... | 256 | 1996-99 | 800/1,500 |
| 33. | Abernathy, Aisha..... | 254 | 1996-99 | Shot Put/Hammer |
| 34. | Smyth, Celest..... | 250 | 1988-91 | 800/1,500/3,000/5,000 |
| 35. | Landau, Sarah..... | 239 | 2005-2007 | Pole Vault |
| 36. | Hatcher, Terri..... | 234 | 1989-92 | Long Jump/200/400/Relays |
| 37. | Scotch, Michelle..... | 230 | 1988-92 | 100/200/400/800/Relays |
| 38. | Stoll, Jennie..... | 227 | 2005-present | 800/1,500/5,000 |
| 39. | Kline, Gina..... | 226 | 1994-97 | 800/1,500 |
| 40. | Watkins, Jackie..... | 219 | 1983-86 | 100/200/400/Relays |
| 41. | Alexander, Carrie..... | 211 | 1997-98 | 400/800/Relays |
| 42. | Arundel, Lindsay..... | 208 | 2003-06 | Shot Put/Discus/Hammer |
| 43. | Fonda, Rachael..... | 206 | 1992-95 | 800/1,500 |
| 44. | Clement, Kim..... | 203 | 1996-99 | 100/200/400/Relays |
| 45. | Barto, Sue..... | 192 | 1979-82 | 100H/Long Jump/Relays |
| | Ramser, Maeghan..... | 192 | 1998-01 | 100/200/Long Jump/Relays |
| 47. | Cisler, Jodie..... | 189 | 1996-99 | 3,000/5,000/10,000 |
| 48. | Korrison, Jenny..... | 186 | 2001-04 | 800/1,500 |
| 49. | Henize, Sarah..... | 184 | 2005-present | 800/1,500/Steeplechase |
| 50. | Ardelean, Kelly..... | 183 | 2003-06 | 1,500/5,000/ Steeplechase |

— Current RedHawks in **BOLD** —

Carrie Mitchell



Lashonda Davis



ACADEMIC HONORS

MIAMI SCHOLAR-ATHLETE OF THE YEAR

- 1986 Michelle Slykhuis
- 1987 Lisa Holland
- 1994 Wendy Weiss
- 1996 Stacy Boling
- 1997 Gina Kline
- 1999 Tricia Roddy
- 2000 Sharon Poisson
- 2006 Taryn Nye

ACADEMIC ALL-MAC

- 1988 Lisa Holland—Outdoor
Candice Honroth—Outdoor
Celest Smyth (2nd team)
- 1990 Susanne Augustauskas—Outdoor (HM)
Karen Elias—Outdoor (HM)
Martine Wurst—Outdoor (HM)
- 1991 Karen Elias—Outdoor (HM)
Kim Hill—Outdoor (HM)
Martine Wurst—Outdoor (HM)
- 1992 Karen Elias—Outdoor
Wendy Weiss—Outdoor (HM)
- 1993 Janet Novallo—Outdoor
Wendy Weiss—Outdoor
- 1994 Wendy Weiss—Outdoor
Stacy Boling—Outdoor (HM)
- 1995 Rachael Fonda—Outdoor (HM)
Becca Williams—Outdoor (HM)
- 1996 Gina Kline—Indoor/Outdoor
Christin Scott—Outdoor
Becca Williams—Indoor/Outdoor
Alison Danford—Outdoor (HM)
Nicole Guyton—Outdoor (HM)
Brittany Rusch—Indoor (HM)
- 1997 Christin Scott—Outdoor
Gina Kline—Outdoor (HM)
Melissa Mayers—Outdoor (HM)
Tricia Roddy—Outdoor (HM)
Shae Weiskircher—Outdoor (HM)
Becca Williams—Outdoor (HM)
Carrie Alexander—Indoor/Outdoor
- 1998 Tricia Roddy—Outdoor
Kelly Usher—Outdoor
Shae Weiskircher—Outdoor
Lynn Garrett—Indoor (HM)
Ashley Marquard—Indoor (HM)
Shae Weiskircher—Indoor (HM)
- 1999 Tricia Roddy—Indoor/Outdoor
Kelly Usher—Outdoor
Shae Weiskircher—Outdoor
Delisa Binning—Outdoor (HM)
Jenna Hann—Outdoor (HM)
Nikki Lawrie—Outdoor (HM)
Carrie Mitchell—Indoor/Outdoor (HM)
Jennifer Moore—Indoor (HM)
Noel Palatas—Indoor (HM)
Sharon Poisson—Outdoor (HM)
Megan Stanley—Indoor (HM)
- 2003 Andrea Kremer—Outdoor
Lauren Collins—Outdoor
- 2004 Lauren Collins—Outdoor/Indoor
Andrea Kremer—Outdoor/Indoor
- 2005 Lindsey Arundel—Indoor
- 2006 Lindsey Arundel—Indoor
Kristina Bolterstein—Indoor
Sarah Henize—Indoor/Outdoor
Sarah Landau—Indoor
Taryn Nye—Indoor/Outdoor
- 2007 **Kristina Bolterstein**—Indoor/Outdoor
Sarah Landau—Indoor

MAC HONOR HOLL

(Switched to Honor Roll system in Fall '99)

- 2000 Kelvette Beacham
Kim Dobler
Elizabeth Lundgren
Carrie Mitchell
Sharon Poisson
Tara Pratt
Maeghan Ramser
Ruth Rohrbach
Suzanne Smith
Stephanie Snel
Megan Stanley
- 2001 Kim Dobler
Kristen Fryburg
Elizabeth Lundgren
Carrie Mitchell
- 2001 Melissa Myers
Maeghan Ramser
Suzanne Smith
Megan Stanley
Kate Steffen
Kylee Studer
Rachel Tomczak
- 2002 Kate Christoff
Lauren Collins
Kim Dobler
Sara Edwards
Lindsay Hazen
Catie Hollinger
Andrea Kremer
Liz Lundgren
Melissa Myers
Ally Sisler
- 2002 Suzanne Smith
Kate Steffen
Kylee Studer
Brienne Wade

- 2003 Kate Christoff
Lauren Collins
Sarah Correll
Katie Dyer
Sara Edwards
Lindsay Hazen
Andrea Kremer
Ally Sisler
Kate Steffen
Kylee Studer
- 2004 Kelly Ardelean
Lindsey Arundel
Lauren Collins
Katie Dyer
Lindsay Hazen
Andrea Kramer
Taryn Nye
- 2005 Kelly Ardelean
Lindsey Arundel
Teresa Bis
Rachel Buchenroth
Melissa Drehs
Katie Dyer
Jackie Marquardt
Taryn Nye
Kristen Proach
Jessica Ruff
- 2006 Kelly Ardelean
Teresa Bis
Rachel Buchenroth
Carol Eckerly
Sarah Fletcher
Erin Frazer
Jackie Marquardt
Kristen Proach
Andrea Tepe
- 2007 **Kristina Bolterstein**
Sarah Landau

Current RedHawks in **BOLD** | All honors first team unless noted

LEANN GRIMES DAVIDGE AWARD

This award is given in memory of Leann Grimes Davidge, a Miami women's tennis coach who was killed in a car accident in 1985, to a Miami female athlete who excels in athletics, academics and leadership.

Cross Country/Track & Field Recipients

- 1988 Candice Honroth
- 1991 Celest Smyth
- 1994 Wendy Weiss
- 1997 Christin Scott
- 2001 Carrie Mitchell



Leann Grimes Davidge



Christin Scott



Wendy Weiss



All-Time Honors

MAC PRESIDENT'S AWARD

- (senior with a 3.5 GPA or higher)
- 1991 Martine Wurst—3.76 GPA
 1992 Karen Elias—3.90 GPA
 1994 Wendy Weiss—3.85 GPA
 1995 Jennifer Anderson—3.56 GPA
 1997 Gina Kline—3.80 GPA
 Christin Scott—3.76 GPA
 1998 Lynn Garrett—3.80 GPA
 1999 Kristen Devaney—3.89 GPA
 Ashley Marquard—3.78 GPA
 Tricia Roddy—3.74 GPA
 2000 Sharon Poisson—3.89 GPA
 2001 Megan Stanley—3.66 GPA
 2002 Kim Dobler—3.96 GPA
 Liz Lundgren—3.85 GPA
 Suzanne Smith—3.78 GPA
 2003 Kate Steffen—3.92 GPA
 2004 Andrea Kremer—3.76 GPA
 2006 Taryn Nye—3.80 GPA
 Lindsey Arundel—3.86 GPA

MAC BOB JAMES POSTGRADUATE SCHOLARSHIP AWARD

- 2005 Andrea Kremer

CoSIDA Academic All-District First Team

- 1994 Wendy Weiss (2nd team)
 •3.82, speech communications
- 1997 Becca Williams
 •3.45, exercise science
- 1998 Shae Weiskircher (2nd team)
 •3.93, exercise science
- 1999 Shae Weiskircher (2nd team)
 •3.91, exercise science
- Cross Country/Track & Field
- 2002 Andrea Kremer
 •3.85, mathematics
- 2003 Andrea Kremer
 •3.80, mathematics
- 2004 Andrea Kremer
 •3.76, mathematics
- 2006 **Kristina Bolterstein (2nd team)**
 •3.58, zoology
- 2007 **Kristina Bolterstein (2nd team)**
 •3.55, zoology

USTFCCCA All-Academic Team

- 1996 Tricia Roddy
 •3.57, speech pathology
- 1997 Becca Williams (2nd team)
 •3.45, exercise science
- 1998 Tricia Roddy
 •3.73, speech pathology
- 2002 Andrea Kremer
 •3.84, mathematics
- 2003 Lauren Collins
 •3.51, interdisciplinary studies
 Katie Dyer
 •3.50, pre-medicine
 Kristen Fryburg
 •3.27, sport organization
 Lindsay Hazen
 •3.39, business
 Andrea Kremer
 •3.73, mathematics
 Kylee Studer
 •3.48, sport organization
- 2004 Andrea Kremer
 •3.76, mathematics
 Lindsay Hazen
 •3.44, business
 Lauren Collins
 •3.40, interdisciplinary studies

- 2005 Sarah Landau
 •3.66, communications
- 2006 Sarah Landau
 •3.43, communications
Kristina Bolterstein
 •3.52, zoology
- 2007 **Andrea Tepe**
 •3.29, math education
Brittney Bernadoni
 •3.79, exercise science
Alexis Lape
 •3.44, speech pathology
Kristina Bolterstein
 •3.59, zoology

USTFCCCA ALL-ACADEMIC TEAM RECOGNITION

- Track & Field
- 2002—3.21 Team GPA
 2003—3.12 Team GPA
 2005—3.21 Team GPA
 2006—3.17 Team GPA
 2007—3.32 Team GPA

ATHLETIC HONORS**MIAMI FEMALE ATHLETE OF THE YEAR**

- 1986 Karen Bakewell
 1988 Candice Honroth
 1991 Nancy Denny
 1992 Molly Cullen
 1993 Julie Rhoda
 1996 Becca Williams
 1997 Becca Williams
 2001 Andrea Kremer
 2003 Andrea Kremer
 2004 Andrea Kremer
 2005 Lashonda Davis
 2007 **Kristina Bolterstein**

MAC CHAMPIONS

- 1984 Karen Bakewell
 1985 Michelle Slykhuis
 1986 Jackie Watkins
 Karen Bakewell
 Mary Alice Wolf
 Candice Honroth
- 1987 Grace Losier
 Brenda Reed
 Candice Honroth
 Mary Alice Wolf
- 1988 Grace Losier
 Candice Honroth
- 1990 Nancy Denny
 1991 Nancy Denny
 Kim Hill
 Celest Smyth
- 1992 Ebonita Williams
 Nancy Denny
 Molly Cullen
- 1993 Julie Rhoda
 1995 Becca Williams
 1996 Becca Williams
 1997 Becca Williams
 Tricia Roddy
 Meghan Gilhooly
- 1998 Carrie Alexander
 1999 Carrie Mitchell
 2001 Andrea Kremer
 2003 Andrea Kremer
 Lauren Collins
 Erin Connolly
- 2004 Lauren Collins
 Erin Connolly

4x100 Relay (E. Harper, B. Johnson, J. Johnson, L. Davis)

- 2005 Lashonda Davis
 2006 **Kristina Bolterstein**
 Sarah Landau
 Lashonda Davis
- 2007 **Kristina Bolterstein**
 Lashonda Davis

MAC ATHLETE OF THE YEAR

- 1986 Karen Bakewell
 1996 Becca Williams
 2001 Andrea Kremer
 2003 Lauren Collins

NCAA QUALIFIERS

- 1986 Karen Bakewell
 1991 Nancy Denny
 1992 Nancy Denny
 Molly Cullen
 1993 Julie Rhoda
 1996 Becca Williams
 1997 Becca Williams
 2001 Andrea Kramer
 2003 Andrea Kramer
 Lauren Collins
- 2004 Andrea Kremer
 Lashonda Davis
- 2005 Sarah Landau
 Lashonda Davis
- 2006 Sarah Landau
 2007 **Kristina Bolterstein**
 Sarah Landau

ALL-REGION (REGIONALS BEGAN IN '03)

- 2003 Lauren Collins
 2004 Andrea Kremer
 Lashonda Davis
 2005 Lashonda Davis
 Sarah Landau
 2006 Sarah Landau
 2007 **Kristina Bolterstein**

ALL-AMERICA

- 1986 Karen Bakewell
 1991 Nancy Denny
 1992 Nancy Denny
 Molly Cullen
 1993 Julie Rhoda
 1996 Becca Williams
 1997 Becca Williams
 2001 Andrea Kremer
 2003 Andrea Kremer
 2007 **Kristina Bolterstein**

U.S. OLYMPIC FESTIVAL

- 1993 Julie Rhoda

U.S. OLYMPIC TRIALS

- 1992 Nancy Denny
 1992 Molly Cullen
 1996 Becca Williams

Current RedHawks in **BOLD**



"Miami University and Coach Ceronie along with his staff do an excellent job of combining excellent academic standards with a long tradition of high-caliber athletics. The experiences I gained through this University and the women's cross country and track teams have well prepared me for life following college and competition. The camaraderie among the members of this team as well as the coaching staff is the glue that keeps the Miami tradition strong. I am proud to have had the wonderful opportunity to be a RedHawk."

Kylee Studer '04
Teaching Assistant, The Ohio State University

"It was great to be back and visit during the MAC Outdoor Championships. I learned many lessons from my track career at Miami, and I believe the discipline and organization required to stay on task with school and athletics has been beneficial in my career."

Laura Novotny
Sr. Research Associate of Columbus Children's Research Institute



"Miami University is top notch! It was one of the best decisions I made as a student and an athlete. Miami's outstanding business school challenged me academically and prepared me completely for a successful career in sales/management. Competing for a Division I school was the experience of a lifetime. The coaching staff and my teammates, in addition to the superior level of competition, helped me to rise to the occasion and compete at my best. The hard work, the successes and failures, the friendships and laughter are still all so vivid! Miami University will always be a part of me and my family."

Candice Honroth-Beaver '88
Regional Sales Manager, VWR Scientific Products
Cross Country Coach, Brecksville/Broadview Hts.
1986-88 MAC 100 Hurdles Champion
1988 Miami Athlete of the Year



Kim Way



Jackie Watkins



Amy Lavengood



Track and Field

Words From Miami Alumnae

The following are some thoughts from Miami cross country and track and field alumnae on how their athletic and academic experiences at Miami have impacted their postgraduate years.

My college career at Miami University was four years I will cherish forever. As a student-athlete, you are given opportunities and experiences that few others will ever receive. Being part of a team allowed me to meet my closest friends while making some of my greatest memories so far. It taught me many valuable lessons and insights into life that impact how I live today. I am truly grateful for my years at Miami, and I feel it was one of the best choices I have ever made.

Tricia Roddy Moehring '99
Speech-Language Pathologist
1998 MAC 1500 and 3000 Champion

Being able to say that I was a student-athlete at Miami University is one of my proudest accomplishments to date. For four years I was challenged both academically and athletically and accomplished goals I once thought unattainable. The friendships created on the track during practice, on road trips, or in between classes are ones that I still hold close to my heart. Miami University has truly shaped me into the person I am today. I will be forever proud to say that I was and always will be a RedHawk.

Carrie Mitchell '01
Asst. Buyer of Men's Rugged Apparel for Dick's Clothing and Sporting Goods

Attempting Miami and walking on the cross country and track and field teams are two of the best decisions I have ever made. Academically, Miami provided a challenging curriculum as well as excellent, innovative and accessible professors who really cared about teaching. Athletically, Miami and Coach Ceronie provided the opportunities, the guidance, the team camaraderie and the training that prepared me to continue improving all four years and to perform at my highest level as an athlete, teammate and student. The commitment to teamwork and dedication that I learned as a Miami student-athlete continue to benefit and enrich my professional career and personal life.

Julie Rhoda '93
Senior Developmental Editor, Human Kinetics Publishers, Inc.
1993 All-American

My track and cross country coaches and professors both set high standards for me and took a personal interest in my individual development and achievements. Through their leadership, I was able to maximize my dedication, commitment, leadership skills and talents. I learned how to succeed under pressure, and I matured a great deal in my four years as an athlete, a student and a person. The friendships, relationships and memories that I developed at Miami University will last a lifetime.

Molly Cullen House '92
Vice President, Near North National Group
1992 All-American

Competing in track and field at Miami for four years was an absolute privilege. Besides practicing and competing against some of the best track and field athletes in the nation, I had the opportunity to meet my best friends. When a group of people share a common goal, it is amazing to see the bond that is formed between them. My experiences on the Miami track team are my fondest memories from college, and I miss it dearly.

Delisa Binning '99
High School Math Teacher/Track & Field Coach, Cherry Creek, Colo.
1996-99 All-MAC

I cannot express how incredibly influential my four years at Miami were. After my freshman year I knew that I could compete with many of the better athletes by out working them. It is the thing that I am most proud of

Dr. Kim Hill Bohlmann
Board Certified in Family Medicine, Rural Medicine, Rolla, Missouri

Thank you Coach Ceronie for being a positive role model for me. My experience at Miami was critical in my personal development and you made a big difference in my life. Thank you for always believing in me and motivating me to be the best I can be.

Dr. Celestine Smyth Arambulo
honored as one of the top Geriatric Medicine Physicians by San Diego Magazine, October 2007



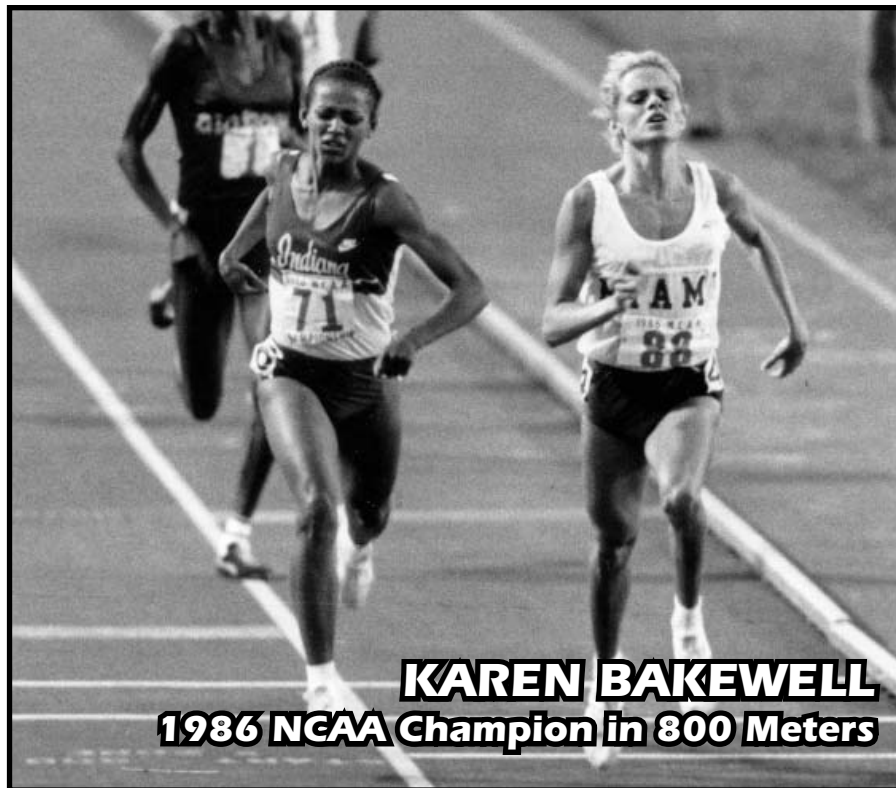
Kim Hoffman (left)



Shae Weiskircher Sakach



Jen Moore



KAREN BAKEWELL
1986 NCAA Champion in 800 Meters

- **1984 MAC Champion 400 Meters**
 - **1984 NCAA Championship**
- **1986 NCAA Champion 800 Meters**
(Set Collegiate Record 2:00.85)
- **1986 Ranked No. 10 in the World in the 800 Meters**
 - **1986 MAC Champion 400 Meters**
 - **1986 MAC Champion 800 Meters**
 - **1986 MAC Athlete of the Year**

Miami's only national champion in track and field or cross country, Karen Bakewell set a standard in 1986 by which all future Miami and MAC runners will be measured. Capturing the fastest time in college history in the 800 meters and ranking in the top 10 in the world, Bakewell earned the title of national champion following her historic performance. Bakewell also was the 1984 MAC champion in the 400 (53.58) and the 1986 MAC champion in the 400 and 800 meters. For her efforts, Bakewell was named the 1986 MAC Athlete of the Year.



Program History

Miami's All-Americans



2007-08 MIAMI CROSS COUNTRY/TRACK AND FIELD



KRISTINA BOLTERSTEIN
 • 2007—HIGH JUMP (5-10 3/4)

- ... —
 • 2006 MAC Indoor Champion—High Jump (5-10)
 • 2007 MAC Indoor Champion—High Jump (6-1 1/2)



ANDREA KREMER
 • 2001,'03—STEEPLECHASE (10:10.61)
 • 2001—CROSS COUNTRY (17:12)

- ... —
 • 2001,'03 MAC Champion—3000 Steeplechase (10:10.61)
 2001,'03,'04 • Miami Athlete of the Year
 American Junior Record Holder—Steeplechase
 2003 • Regional Champion—3000 Steeplechase (10:15)
 2003 • MAC Champion—5000 Meters (16:35)
 2003 • MAC Champion—Cross Country (17:21)



MOLLY CULLEN
 • 1992—5000M (16:15.97)

- ... —
 • 1991 MAC Champion—Cross Country (17:21)
 • 1992 MAC Champion—5000 Meters (16:15.97)
 • 1992 Miami Athlete of the Year



NANCY DENNY
 • 1991,'92—JAVELIN (172'11")

- ... —
 • 1990,'91,'92 MAC Champion—Javelin (172'11")
 • 1991 Miami Athlete of the Year



MELISSA MAYERS
 • 1996—CROSS COUNTRY (17:28)

- ... —
 • 1996 All-MAC—Cross Country (17:28)
 • 1997 All-MAC—5000 Meters (17:01)



JULIE RHODA
 • 1992—3,000M (9:28.64)

- ... —
 • 1992 MAC Champion—Cross Country (17:31)
 • 1993 MAC Champion—3000 Meters (9:28.64)
 • 1993 MAC Champion—5000 Meters (17:00.00)
 • 1993 Miami Athlete of the Year



BECCA WILLIAMS
 • 1996,'97—400M HURDLES (54.98)

- ... —
 • 1995,'96,'97 MAC Champion—100 Hurdles (13.31)
 • 1996 MAC Champion—400 Hurdles (54.98)
 • 1996 MAC Champion—400 Meters (54.64)
 • 1996,'97 Miami Athlete of the Year



Program History

Miami's MAC Champions

2007-08 MIAMI CROSS COUNTRY/TRACK AND FIELD



CARRIE ALEXANDER

- 1998 MAC Champion—Indoor 800 Meters (2:08.53)
- 1998 MAC Champion—Outdoor 800 Meters (2:07.87)



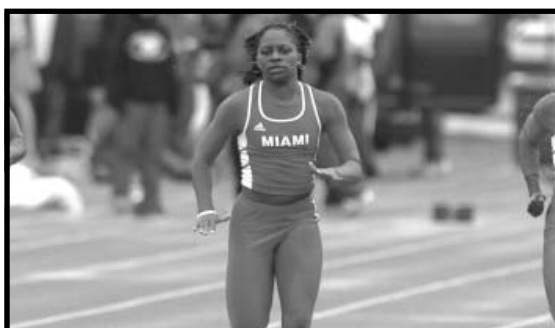
LAUREN COLLINS

- 2003 MAC Champion—Shot Put (49-1 1/2)
- 2003, '04 MAC Champion—Hammer Throw (193-7)
- 2004 MAC Champion—Weight Throw (63-0 1/4)



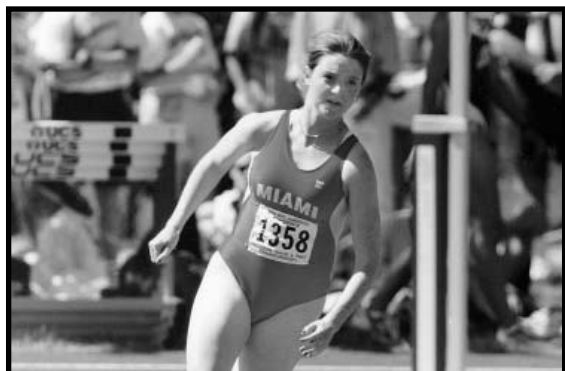
ERIN CONNOLLY

- 2003, '04 MAC Champion—100-Meter Hurdles (13.69)
- 2003 MAC Champion—60-Meter Hurdles (8.46)



LASHONDA DAVIS

- 2005, '07 MAC Indoor Champion—60 Meters (7.37)
- 2005 MAC Outdoor Champion—100 Meters (11.82)
- 2006 MAC Outdoor Champion—Long Jump (21-0)
- 2007 MAC Indoor Champion—Long Jump (19-9 3/4)



MEGHAN GILHOOLY

- 1997 MAC Champion—High Jump (5-10 3/4)



KIM HILL

- 1991 MAC Champion—Heptathlon (4,964 points)
- 1991 MAC Champion—High Jump (5-10)



CANDICE HONROTH

- 1986, '87, '88 MAC Champion—100-Meter Hurdles (13.92)
- 1988 MAC Champion—400-Meter Hurdles (60.12)



SARAH LANDAU

- 2006 MAC Indoor Champion—Pole Vault: (13-1/4)
- 2006 MAC Outdoor Champion—Pole Vault (13-3)

Program History

Miami's MAC Champions



2007-08 MIAMI CROSS COUNTRY/TRACK AND FIELD



GRACE LOSIER

• 1987, '88 MAC Champion—Triple Jump (40-2)



CARRIE MITCHELL

• 1999 MAC Champion—Triple Jump (40-7 3/4)



BRENDA REED

• 1987 MAC Champion—Shot Put (47-7)
• 1987 MAC Champion—Discus (153-4)



TRICIA RODDY

• 1997 MAC Champion—Indoor Mile (4:51)
• 1997 MAC Outdoor Champion—3000 Meters (9:39.10)
• 1999 Miami Scholar-Athlete of the Year



MICHELLE SLYKHUIS

• 1986 MAC Champion—10,000 Meters (34:48.34)
• 1986 Miami Scholar-Athlete of the Year



CELEST SMYTH

• 1990 MAC Champion—Cross Country/NCAA Qualifier (17:37)
• 1991 MAC Champion—3000/5000 Meters (9:35/17:08)
• 1991 Leann Grimes Davidge Award recipient



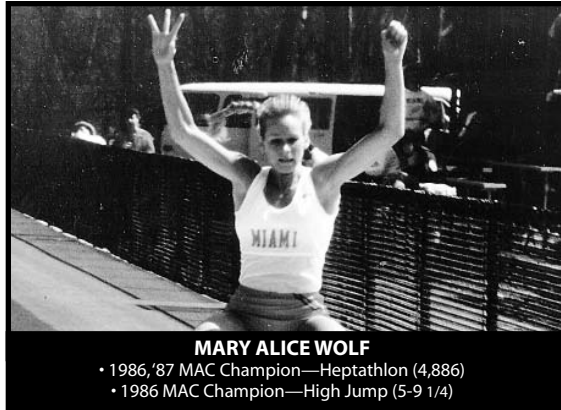
JACKIE WATKINS

• 1986 MAC Champion—100 Meters (11.76)
• 1986 MAC Champion—200 Meters (24.09)



EBONITA WILLIAMS

• 1992 MAC Champion—100 Hurdles (13.84)
• 1992 MAC Champion—400 Hurdles (59.47)



MARY ALICE WOLF

• 1986, '87 MAC Champion—Heptathlon (4,886)
• 1986 MAC Champion—High Jump (5-9 1/4)



**KIM CLEMENT, NICOLE GUYTON,
KIM HOFFMAN, BECCA WILLIAMS**

• 1996 MAC Champions—4x400 Relay (3:47.37)



**LASHONDA DAVIS, JAMILA JOHNSON,
BERNITTA JOHNSON, ERIKA HARPER**

• 2004 MAC Champions—4x100 Relay (45.99)

MIAMI ALL-TIME ROSTER

Abercrombie, Betty TF—1986
 Abernathy, Aisha TF—1996-99
Aeh, Lauren CC—2005, TF—2006-07
 Afridi, Sophia CC—2003, TF—2003
 Ahman, Marcie TF—1999
 Alexander, Carrie TF—1997-98
Allen, Betsy TF—2006-07
 Anderson, Jennifer CC—1991-94, TF—1992-95
 Andrews, Amy TF—1982
 Ankerman, Megan TF—2002
 Anzellotti, Mindy CC—1984, TF—1984
 Archibald, Missy TF—1986-89
 Ardelean, Kelly CC—2002-05, TF—2003-06
 Arnold, Rorie CC—1997
 Arundel, Lindsey TF—2004-06
 Augustauskas, Sue CC—1986-89, TF—1988-90
 Baker, Teresa TF—1981
 Bakewell, Karen TF—1984, 86-87
Bamberger, Erin TF—2007
 Barnett, Erica TF—2000-04
 Bartel, Shawwna TF—1991-93
 Barto, Sue TF—1979-82
 Bates, Sandy TF—1982-85
 Beacham, Kelvette TF—1999-2000
 Beard, Lisa TF—1985
 Beardmore, Wendy TF—1987-90
 Bennett, Ashley TF—2006
 Benson, Jaclyn TF—2004-06
Bernardoni, Brittney TF—2007
 Bernecker, Julie CC—1989-91, TF—1990-92
 Bertolini, Sarah CC—2001-02, TF—2002-03
 Beul, Cindy CC—1986-88, TF—1987-89

Bickley, Martha TF—1983
 Bilyew, Holly TF—1977-78
 Binning, Delisa TF—1996-99
 Bis, Teresa TF—2004-07
 Boling, Stacy CC—1993-94, TF—1994
Bolterstein, Kristina TF—2005-07
 Borawski, Joanna TF—2003-05
 Borkowski, Nancy TF—1977-80
 Bottarini, Elise TF—2006-07
 Bowers, Jane CC—1984
 Bowers, Sue TF—1985
 Branom, Monica TF—1986
 Brodess, Debbie TF—1984
 Brower, Beth TF—1977-78
 Brown, Marianne TF—1982
 Bruns, Michelle TF—1989-92
 Brunswick, Chris TF—1994
 Buck, Gerri CC—1998
 Buchenroth, Rachel TF—2004-07
 Bullough, Cheryl TF—1981-82
 Butterfield, Alyson CC—1996-97, TF—1996
 Caldwell, Jennifer TF—2001-04
 Callahan, Doreen TF—1983-84
 Carlin, Lindsey CC—2004
 Carlson, Kristine TF—2002
 Carmardo, Betsy TF—1990
 Caron, Gretchen TF—1997-99
 Carpenter, Lori TF—1988
 Carroll, Kim TF—1982
 Chill, Shannon TF—1990-91
 Christoff, Kate TF—2000-03
 Ciruolo, Christine TF—1994-96

Cisler, Jodie CC—1995-98, TF—1996-99
 Clement, Kim TF—1996-99
 Collins, Kelly CC—1996, TF—1996
 Collins, Lauren TF—2001-04
 Connolly, Erin TF—2001-04
 Correll, Sarah TF—2002-03
 Costello, Dawn CC—1984
 Cotterill, Shelley CC—1990-94, TF—1991-94
 Covell, Barb TF—1977-78
 Cowie, Liz CC—1986-89, TF—1987-90
 Crouse, Kim TF—1983
 Cullen, Molly CC—1989-92, TF—1989-92
 Custer, Jo CC—2000, TF—2001
 Dahmen, Janet TF—1979-82
 Danford, Alison CC—1993-96, TF—1994-97
 Darby, Jolyn TF—1998-2000
 Davis, Gwen TF—1983-84
 Davis, Lashonda TF—2004-07
 Deaton, Pam TF—1986
Dempster, Julia TF—2005-07
 Denny, Nancy TF—1989-92
 DeLorenzo, Corrie CC—1993-94, TF—1992
 Devaney, Kristen CC—1995-98, TF—1996-99
DeWitt, Jessica CC—2006, TF—2007
 DeZuba, Robin TF—1991-94
 Diamond, Chris TF—1992-93
 Dignan, Judy TF—1978-81
 Dinwiddie, Rachelle TF—2004-05
 DiVittis, Maude TF—1983-86
 Dobler, Kim CC—2000, TF—1999-2002
 Dommel, Robyn CC—1984, TF—1985
 Drehs, Melissa TF—2004-05



Program History

All-Time Roster

2007-08 MIAMI CROSS COUNTRY/TRACK AND FIELD

Duff, Kelly..... TF—1986
 Duplay, Diane..... TF—1986
 Durfey, Laura..... TF—1985
 Dutton, Nikki..... TF—1992,1994
 Dyer, Katie..... TF—2002-05
 Ebner, Erin..... TF—1993
 Eckery, Carol..... CC—2004-06, TF—2006-07
 Edmundson, Claudine..... TF—1982-85
 Edwards, Penny..... TF—1980
 Edwards, Sara..... CC—1999-02, TF—2000-03
 Elias, Karen..... TF—1989-92
 Ellison, Julie..... TF—1987-88
 Emich, Sara..... TF—1979-82
 Enderle, Allison..... TF—1982
 Enneking, Stacey..... TF—1990
 Fettig, Carol..... TF—1977
 Feasline, Kelly..... TF—1981-82
Fetterman, Mallory..... CC—2006, TF—2007
Fieglis, Mia..... CC—2004-06, TF—2005-07
 Finke, Staci..... TF—1985
 Finn, Jenny..... CC—1986, TF—1987
 Fleming, Kit..... TF—1981
Fletcher, Sarah..... TF—2006-07
 Fisher, Kathy..... CC—1984
 Flick, Jen..... CC—1991, TF—1992
 Fonda, Rachael..... CC—1991-94, TF—1992-95
 Foster, LaRissa..... TF—2002-03
 Foster, Sue..... TF—1977-78
 Forsythe, Ann..... TF—1977
Frazer, Erin..... TF—2005-07
 Frazier, Connie..... TF—1982
 Frey, Lisa..... CC—1985, TF—1986
 Frisella, Tricia..... CC—2004-05, TF—2005
 Fryburg, Kristen..... CC—1999, 2001-02, TF—2000-02
 Fullenkamp, Mindy..... TF—1992
 Furnas, Missy..... CC—1986, TF—1987
 Garfield, Barb..... TF—1980-83
 Garrett, Lynn..... CC—1995-97, TF—1996-98
 Gaydosh, Ann..... CC—1988-90, TF—1989-91
 Gaylo, Chris..... CC—1988-89, TF—1989-90
 Getfield, Mechelle..... TF—1985
 Gibbs, Michelle..... TF—1983
 Gift, Michelle..... TF—1981-84
 Gilhooly, Meghan..... TF—1997-2000
 Girten, Beverly..... TF—1977
 Grabmier, Lisa..... TF—1987
 Greene, Hillary..... TF—2007
 Griffin, Stephanie..... TF—1988
 Grimm, Karen..... TF—1988-91
 Grisk, Shelley..... TF—1992
 Grome, Karen..... CC—1998, TF—1999
 Grosklos, Nicki..... TF—1993
 Gruessner, Michelle..... TF—1980
 Gryski, Linda..... CC—1989, TF—1990
 Guyton, Nicole..... TF—1994, 1996-97
 Hall, Michel..... TF—1987-89
 Hall, Pam..... TF—1981-84
 Hambach, Elizabeth..... CC—2000, TF—2001
 Hancox, Keely..... TF—1998
 Hanley, Katie..... TF—1998-2001
 Hann, Jenna..... CC—1995-97, TF—1996-99
 Harper, Erika..... TF—2000-04
 Harris, Stephanie..... CC—1984, TF—1985
 Harrison, Elise..... TF—1978-79
 Hartsook, Kelly..... TF—1986
 Hartwig, Robyn..... CC—1986-87, TF—1987-88
 Hatcher, Terri..... TF—1989-92
 Hayes, Brenda..... CC—1986, TF—1987-88
 Hazen, Lindsay..... TF—2001-04

Henize, Sarah..... CC—2004-06, TF—2005-07
 Herring, Cheryl..... TF—1979-81
 Hickey, Mary Pat..... CC—1985, TF—1986
 Hidy, Jill..... TF—1986
 Hill, Kim..... TF—1988-91
 Hill, Sue..... TF—1979-81
 Hillman, Kristin..... CC—1985-88, TF—1986-89
 Hoffmann, Kim..... TF—1994-97
 Holland, Lisa..... CC—1984-87, TF—1985-88
Hollander, Rebekah..... CC—2005-06, TF—2006-07
 Holloway, Krystal..... TF—2003
 Hollinger, Katie..... TF—2001-02
 Holmes, Tracee..... TF—1988-89
 Holt, Allison..... TF—1995-98
 Honroth, Candice..... CC—1984, TF—1985-88
 Horning, Kim..... TF—2004-07
 Horstman, Chris..... TF—1983-86
 Howard, Mary Beth..... TF—1978-81
 Howell, Johya..... TF—1985-88
 Hucko, Carrie..... CC—2000, TF—2001
Huddle, Michelle..... CC—2006, TF—2007
 Hunter, Tracie..... TF—1985
 Hursch, Sharon..... TF—1981-82
 Ibdunni, Quekan..... TF—2004-07
 Inman, Abby..... TF—2007
 Irwin, Sallyanne..... TF—1978-81
 Isom, Shelly..... TF—1983
 Jackson, Jina..... TF—1985-88
 Jackson, Minette..... TF—1994-95
 Jacobsen, Amy..... CC—1993, TF—1994
 Jacquemotte, Lindy..... CC—1996, TF—1997
 Jakubick, Jolien..... TF—2000-03
 James, Brenda..... TF—1979-82
 Jenkins, Marilyn..... TF—1985
 Jensen, Kristen..... TF—1979-80
 Johnson, Bernitta..... TF—2001-04
 Johnson, Jamila..... TF—2004-05
 Johnson, Karen..... TF—1993
 Johnson, Katherine..... TF—2004
 Johnston, Amy..... TF—1986
 Johnston, Mary..... CC—1984, TF—1982
Jones, Alisha..... TF—2007
 Joyce, Jennifer..... CC—1984, TF—1982-84
 Kakis, Katherine..... TF—1997-98
 Kazenski, Stacey..... TF—1996
 Kearns, Elise..... TF—1997
 Keegan, Joan..... CC—1984
 Kegley, Shannon..... TF—1993-96
Kelly, Katelyn..... TF—2006-07
 Kelly, Linda..... TF—1979-81
 Kenny, Paula..... CC—1986-89, TF—1987-90
 Kerr, Kristen..... CC—1997, TF—1999
 Kilfoyle, Helen..... TF—1998, 2000-01
 Kist, Gail..... TF—1980-83
 Klemencic, Denise..... CC—1987, TF—1988
 Kline, Gina..... CC—1994-96, TF—1994-97
 Kohler, Colleen..... TF—1980
 Korrison, Jenny..... CC—2001-02, TF—2001-04
 Koss, Andrea..... CC—1986
 Koster, Jenny..... CC—1989, TF—1990
 Kremer, Andrea..... CC—2000-03, TF—2001-04
 Kreyer, Jennifer..... TF—1997
 Krueger, Kristie..... TF—1983
Kruse, Jenna..... CC—2006, TF—2007
 Kuhel, Linda..... CC—1986-89, TF—1987-90
 Landau, Sarah..... TF—2005-07
Lape, Alexis..... TF—2006-07
 Lavengood, Amy..... TF—1991-94
 Lawal, Sommer..... TF—1998-2000
 Lawrie, Nikki..... TF—1995-97, 99
 Leck, Jennie..... TF—1981

Leininger, Kathy..... TF—1977
 Lenzy, Tammy..... TF—1981
Leszczak, Victoria..... TF—2007
 Lewis, Barb..... TF—1978
 Liebschner, Sherri..... CC—1984
 Lindenschmidt, Debbie..... TF—1981
 Losier, Grace..... TF—1987-88
 Luckett, Jessica..... TF—1997, 99
 Luckie, Tana..... TF—1979-82
 Lundgren, Elizabeth..... CC—1998-2001, TF—1999-2002
 Mack, Kathy..... TF—1979
Mackell, Christina CC—2005-06, TF—2006-07
 Maes, Diane..... TF—1980
 Magsig, Meredith..... CC—2001-02, TF—2002-03
 Malcolm, Rasheda..... TF—2002-03
 Manning, Mary Ellen..... TF—1978-79
 Manning, Mary Ellen..... TF—1978-79
 Marquard, Ashley..... TF—1996-99
 Marquardt, Jackie..... TF—2004-06
 Martin, Betty..... TF—1981
 Martin, Shannon..... TF—1979
Mathews, Kristen..... TF—2007
May, Cara..... TF—2007
 Mayers, Melissa..... CC—1995-96, TF—1996-99
 McCarthy, Kathy..... TF—1992
 McCarthy, Melinda..... CC—1986-89, TF—1987-90
 McClead, Bobbi..... CC—1993-94, TF—1994
 McCool, Megan..... TF—1988
 McCue, Leslie..... CC—2002-05, TF—2004-06
 McDermott-Wooten, Heather..... TF—1995
 McGlocklin, Meghan..... TF—1994-97
 McGough, Jane..... TF—1977
 McGowan, Erin..... CC—2006, TF—2006
McHugh, Kelsey..... CC—2006, TF—2007
 McMonigle, Kandace..... TF—2005
 McMullen, Jennifer..... TF—1979
 McRae, Karen..... CC—1984
 McWilliams, Melissa..... CC—1993, TF—1993-94
 Mendyk, Allison..... CC—1989-90, TF—1990
 Meyer, Sandy..... TF—2003
 Middleton, Elizabeth..... CC—1996
 Mion, Lisa..... TF—1980-81
Mirochna, Amanda..... CC—2006, TF—2007
 Mitchell, Carrie..... TF—1998-2001
 Mitchell, Leslie..... TF—1977
Mitchell, Nicki..... TF—2007
 Mobley, Kathy..... TF—1982-83
 Mokosso, Marie..... TF—1999-2002
 Moore, Jennifer..... TF—1997-99
 Moore, Sheri..... TF—1979-82
 Monroe, Mary Beth..... TF—1983
 Morrison, Karen..... TF—1977
 Myers, Erin..... CC—1985, TF—1986
 Myers, Melissa..... TF—2000-02
 Myers, Sheri..... TF—1986
 Nagawa, Doreen..... TF—2006-07
 Napier, Bethany..... CC—1990-92, TF—1991-92
 Nash, Laura..... CC—1990-91, TF—1990-92
 Nathan, Debbie..... TF—1986
 Niese, Loretta..... TF—1979
 Niesen, Jeni..... CC—1990-91, TF—1991-92
 Nilson, Karen..... TF—1979
 Norris, Kristi..... TF—2001-02
 Novallo, Janet..... CC—1991-93, TF—1992-93
 Novotny, Laura..... TF—1993-96
 Nye, Jill..... CC—1984-86, TF—1984-87
 Nye, Taryn..... TF—2002-06
 Oebker, Joyce..... TF—1981
 Ondris, Debbie..... TF—1990-92
 Osborn, Janet..... TF—1973-75
 Overson, Kristen..... CC—1996

Palatas, Noel CC—1996, TF—1997-99
 Palombo, Carolyn..... TF—1988
 Paradise, Naomi..... TF—1991-92
 Pelger, Becky..... TF—1995-98
 Pelikan, Carlotta TF—1986
 Perkins, Leah..... CC—1997, TF—1998
 Perkins, Lynda CC—1984, TF—1985
 Pernus, Kym TF—1989
 Peters, Jennifer TF—1977
 Pivorianas, Shannon TF—1996
 Pogacnik, Lisa TF—1985
Pogorelov, Margarita..... TF—2007
 Poisson, Sharon TF—1997-2000
 Poole, Trina TF—1990
 Potokar, Wendy TF—1984
 Pratt, Tara CC—1998-2000, TF—1999-2001
 Principe, Jackie CC—1984-86, TF—1983-86
 Proach, Kristen CC—2004-05, TF—2005-06
 Pryor, Katy CC—2002, TF—2003
 Ramser, Maeghan TF—1998-2000
 Ravas, Ruth TF—1978-79
 Reed, Brenda TF—1984-87
 Reed, Chris..... CC—1985
 Reeser, Abbey..... CC—2002-05, TF—2004-06
 Reiss, Leslie..... TF—1995
 Renner, Kristen..... TF—1996-98
Rhoades, Amanda..... TF—2007
 Rhoda, Julie..... CC—1989-92, TF—1989-93
 Richardson, Tina TF—1988
 Ridgely, Marcia..... TF—1977-79
 Riley, Linda CC—1985-88, TF—1986-89
 Ritchie, Terry TF—1983
 Roberts, Linda TF—1978-81
 Robinson, Ginger CC—1996
 Roddy, Tricia CC—1995-98, TF—1996-99
 Roedersheimer, Carrie..... CC—1987, TF—1988
 Rogers, Kristin CC—2000
 Rogers, Theresa TF—1982-83
 Rohrbach, Ruth TF—1999-2000
 Rowely, Beth TF—1977
 Roseborough, Megan TF—1988-89
 Roxborough, Laura..... TF—1986
 Ross, Colleen..... TF—1977-78
 Ruff, Jessica TF—2004-05
 Rusch, Brittany TF—1995-96
 Rutherford, Cindy TF—1981-83
 Salmen, Kelsie TF—2007
 Salters, Cheryl TF—1986-87
 Samuelson, Dawn TF—1988-89
 Santarelli, Sharon TF—1979-82
 Schafer, Katie CC—1987, TF—1988
 Schmitz, Angie TF—1995-98
 Schmitz, Julie..... TF—1997
 Schneider, Patsy CC—1985, TF—1986
 Schoppelrey, Leslie..... CC—1990-91, TF—1991-92
Schork, Madeline TF—2007
 Schunk, Johanna..... CC—2000-01, TF—2001
 Schwartz, Tabitha..... TF—2002-05
 Schwegman, Kathy CC—1991-94, TF—1992-94
 Schwinn, Patty TF—1983
 Scotch, Michelle TF—1988-92
 Scott, Christin..... TF—1994-97
 Scullin, Maureen TF—1979
 Shurell, Elizabeth CC—2000
 Siehl, Whitney CC—2005, TF—2006
 Simcox, Laurel..... CC—1997, TF—1999
 Simpson, Tori TF—1990-91
 Simon, Sharon..... TF—1987
 Sisler, Ally TF—2001-03
 Slonkosky, Polly TF—1981-82
 Slykhuis, Michelle CC—1984-85, TF—1983-86

Smith, Leslie..... TF—1997-2000
 Smith, Suzanne..... TF—1999-2002
 Smyth, Celest..... CC—1987-90, TF—1988-91
 Snelvel, Stephanie TF—1999-2000
 Snyder, Becky TF—1981-82
 Somer, Amy..... CC—1989
 Staton, Pam TF—1993-94
 Stanley, Megan..... CC—1997-2001, TF—1998-2001
 Stanton, Sara CC—1993-94, 96, TF—1994-96
 Steffen, Kate CC—1999, 2001-02, TF—2000-03
 Steinhoff, Andrea CC—1998, TF—1999
 Stobbe, Judy CC—1984-85, TF—1984-85
 Stoehr, Sydney TF—2006
Stoll, Jennie CC—2004-06, TF—2005-07
 Storck, Nancy TF—1979-82
 Studer, Kylee CC—1999-03, TF—2000-04
 Sturgeon, Jean TF—1978
 Tarnarcki, Claire TF—1977
 Taylor, Jennifer CC—2002-03, TF—2004
Tepe, Andrea TF—2005-07
 Thomas, Kandyce..... TF—2004
 Thomas, Kim TF—1994
 Tomczak, Rachel..... TF—2000-01
 Townsend, Cheryl..... CC—1988
 Troutman, Debbie TF—1985
Turner, DeLana TF—2007
 Ubrich, Becky TF—1982-83
 Usher, Kelly TF—1996-99
 Van Epp, Jessica..... TF—2005
 Vanderbosch, Johanna TF—1995-97
 Vaughn, Betsy TF—1983
 Vegso, Robin TF—1987
 Vianello, Becca CC—1999, TF—2000
 Wade, Brienne..... TF—2000-02
 Wade, Leah TF—1988
 Walker, Andrea..... TF—1981-84
 Walsh, Kristie TF—1987
 Walters, Sue..... TF—1978
 Watkins, Jackie TF—1983-86
 Watkins, Jennifer TF—1983-85
 Watkins, Stephanie..... TF—1977
 Watts, Sharon TF—1983
 Watson, Janet..... TF—1979-82
 Walton, Stephanie CC—1992
 Way, Kim TF—1990-92
 Weber, Heidi CC—1995, TF—1996
 Weidenhamer, MacKenzie TF—2001-04
 Weiskircher, Shae..... TF—1996-99
 Weiss, Wendy..... TF—1991-94
 Wheeler, Christa TF—1997
 White, April TF—1994-96
 Whitehead, Lauren TF—1995
 Wilbanks, Kim..... CC—1984-85, TF—1983-86
 Willett, Nicki..... CC—1990, 1992-95, TF—1991-93
 Williams, Ebonita TF—1991-94
 Williams, Becca TF—1994-97
 Wolf, Mary Alice..... TF—1985-87
 Wood, Marie..... TF—1979-82
 Workum, Elizabeth TF—1978-81
 Worthy, L TF—1978
 Wrede, Kristin CC—2000, 2003, TF—2001-04
 Wright, Audrey..... CC—1996-99, TF—1999-2000
 Wurst, Martine TF—1988-91
 Yaworski, Karen TF—1980
 Yoder, Necola..... TF—1976-79
 Yonkee, Ann..... TF—1977-79
 Zani, Andrea TF—1985
 Zemper, Melissa TF—1977
 Zehnder, Katie CC—1989, TF—1990
 Zudell, Carolyn..... TF—1980

Above is a list of athletes who have competed at Miami University. This list is as complete as records allow. If you know of any additions or changes, please contact the Miami Athletic Media Relations Office or the Miami Track and Field Office.

Note:
 CC=Cross Country, TF=Track and Field

NOTABLE FORMER MIAMIANS



AISHA ABERNATHY
 • 1999 All-MAC Hammer Throw (162-2) 3rd All-Time



MISSY ARCHIBALD
 • 1987, '88, '89 All-MAC—Shot Put (45-9)
 • 1987, '88, '89 All-MAC—Discus (149-1)



SUSANNE AUGUSTAUSKAS
 • 1988 MAC Cross Country Runner-up—5000 Meters (16:56)



MIAMI ATHLETICS HALL OF FAME

Molly Cullen



One of the most prolific distance runners in Miami women's track and field and cross country history, Molly Cullen won three individual Mid-American Conference titles during her collegiate career. Miami's 1992 Female Athlete of the Year, Cullen earned All-America status after finishing fifth in the 5000-meter run at the 1992 NCAA Championships. That same season, Cullen won the 3000- and 5000-meter runs at the MAC Track and Field Championships, establishing Miami records in both events, while earning the right to compete at the 1992 U.S. Olympic Trials. On the cross country course, Cullen was the individual champion at the 1991 MAC Cross Country Meet and advanced to the 1991 NCAA Championships.

Nancy Denny



Nancy Denny was one of the most dominant throwers in Mid-American Conference javelin history. After finishing fifth in the MAC Javelin her freshman year, she reeled off three straight MAC Championships, ending her senior year setting a new MAC record of 172-11. She was ranked 12th in the United States her senior year and was named Miami's 1991 Athlete of the Year. Twice in her career she earned All-America honors for finishing sixth both her junior and her senior years. Denny participated in the 1992 U.S. Olympic Trials.

Julie Rhoda



Julie Rhoda joined the women's cross country & track team in the winter of 1988 as a walk-on. Four years later, she capped her cross country career by winning the 1992 MAC individual title. She also earned all-region honors and qualified for the NCAA's national race. On the national stage, she finished 35th out of 184 runners, missing All-America honors by one place. During her junior track season, she took runner-up honors in both the 3000-meter and 5000-meter events at the MAC meet, following fellow Hall of Fame member Molly Cullen, while placing third in the 1500 meters. As a senior, she won the 3000 and 5000-meter MAC races and claimed silver in the 1500 meters. Rhoda concluded her collegiate career by earning all-America honors at the NCAA Championships in the 3000 meters.