

MIAMI UNIVERSITY ATHLETIC MEDIA RELATIONS

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2006 Cross Country Schedule/Results



SEPTEMBER

- 2 Dayton Flyer Invitational.....2nd of 8 teams
(Dayton, Ohio)
- 9 MIAMI INVITATIONAL 1st of 3 teams
(Oxford, Ohio)
- 29 Notre Dame Invitational8th of 24 teams
(South Bend, Ind.)

OCTOBER

- 6 All-Ohio Championship5th of 38 teams
(Delaware, Ohio)
- 14 Pre-NCAA Invitational.....8 of 13 teams
(Terre Haute, Ind.)
- 28 MAC Championship.....8th of 12 teams
(Buffalo, N.Y.)

NOVEMBER

- 11 Great Lakes Regional.....22nd of 30 teams
(Bowling Green, Ohio)

INTERVIEW POLICY

All interviews with Miami head coach **Rich Ceronie** and RedHawk athletes should be coordinated through the Miami Athletic Media Relations Office. Please contact women's cross country SID Dave Kiefer at least one day ahead of time to schedule an interview. Home phone numbers of players will not be made available.

For updated rosters, results, meet recaps and weekly notes, visit **MURedHawks.com**.

When referring to Miami, please use Miami University, Miami (Ohio) University or Miami University (Ohio). Miami of Ohio and University of Miami of Ohio **are not** proper names for the institution.



2006 MIAMI CROSS COUNTRY

WOMEN'S CROSS COUNTRY



2006 Season Complete

Eighth Place MAC Finish; 22nd Place Regional Finish

2006 MIAMI CROSS COUNTRY ROSTER



Name	Yr.	Hometown	'06 MAC	'05 MAC	'04 MAC
Aeh, Lauren	So.	Columbus, Ohio	DNR	19:33 (63rd)	N/A
DeWitt, Jessica	Fr.	Cincinnati, Ohio	23:02 (78th)	N/A	N/A
Eckerly, Carol	Jr.	Beavercreek, Ohio	DNR	18:25 (19th)	18:30 (7th)
Fetterman, Mallory	Fr.	Pickerington, Ohio	DNR	N/A	N/A
Fiegelist, Mia	Jr.	Hilliard, Ohio	21:42 (32nd)	19:22 (56th)	19:44 (50th)
Henize, Sarah	Jr.	Bucyrus, Ohio	22:50 (75th)	18:42 (26th)	19:28 (43rd)
Hollander, Rebekah	So.	Centerville, Ohio	21:55 (42nd)	DNR	N/A
Huddle, Michelle	Fr.	Napoleon, Ohio	DNR	N/A	N/A
Inman, Abby	Fr.	Zionsville, Ind.	DNR	N/A	N/A
Kruse, Jenna	Fr.	Chatham, Ill.	22:48 (73rd)	N/A	N/A
Mackell, Christina	So.	Findlay, Ohio	DNR	DNR	N/A
McGowan, Erin	So.	Perrysburg, Ohio	21:43 (34th)	DNR	N/A
McHugh, Kelsey	Fr.	Columbus, Ohio	22:16 (59th)	N/A	N/A
Mirochna, Amanda	Fr.	Naperville, Ill.	22:31 (69th)	N/A	N/A
Salmen, Kelsie	Fr.	Strongsville, Ohio	DNR	N/A	N/A
Stoll, Jennie	Jr.	Pewaukee, Wis.	21:08 (11th)	18:06 (9th)	18:56 (19th)

REDHAWK STORYLINES



END OF THE RUN: With a 22nd-place finish at the Great Lakes Regional Championship, the Miami University women's cross country team wrapped up its 2006 season. Highlights of the season included winning the Miami Invitational, placing junior **Jennie Stoll** on the all-conference second team and having Stoll and junior **Sarah Henize** named to the all-conference academic team.

AT THE REGIONAL MEET—GREAT LAKES CHAMPIONSHIP (NOV.12): Led by junior **Jennie Stoll's** 72nd-place finish, Miami finished 22nd in a 30-team field at the 2006 Great Lakes Regional Cross Country Championship. At the 6K Mel Brodt Course, Stoll was the top Miami finisher for the fourth time this season, clocking in at 22:58. Stoll placed a little more than two minutes behind race winner Nicole Edwards of Michigan, who completed the course in 20:50. Miami placed two additional runners in the meet's top 105 finishers, as junior **Mia Fiegelist** and sophomore **Erin McGowan** finished 100th (23:26) and 104th (23:30), respectively. Miami placed ahead of conference foe Central Michigan and local rivals Xavier and Dayton in its final meet of the 2006 season.

AT THE CONFERENCE MEET—MAC CHAMPIONSHIP (OCT. 28): Junior **Jennie Stoll** finished 11th overall and Miami placed three runners in the top 35 as it finished eighth at the 2006 Mid-American Conference Cross Country Championship. At a rainy and muddy 5K course at Beaver Island State Park, Stoll finished in the MAC's top 12 for the second straight season, turning in an 11th-place time of 21:08. Battling through temperatures in the low 40's and steady winds of 20-30 mph, Stoll placed 66 seconds behind race winner Carime Reinhart of Ohio (20:02). Junior **Mia Fiegelist** and sophomore **Erin McGowan** joined Stoll in the meet's top 35 finishers, as they placed 32nd and 34th, respectively.

AND THE AWARD GOES TO: As Miami's lone all-MAC honoree, junior **Jennie Stoll** earned second-team all-MAC honors for the second straight season by placing 11th at the MAC Championship (Oct. 28). Stoll also finished ninth last season on her way to earning all-MAC status, and in each of her three seasons in Oxford, she has placed among the top 20 finishers in the conference. As a program, Miami has placed at least one runner on the all-MAC squad in each of the past nine seasons, with Stoll representing the 30th all-MAC honoree in program history.

AND THE AWARD GOES TO (PART II): Miami placed two athletes on the academic all-MAC team as juniors **Jennie Stoll** and **Sarah Henize** were tabbed as part of the 23-member team. **Stoll**, an early childhood education major with a 3.66 grade-point average, finished in Miami's scoring five at all seven meets, including a pair of top-five overall finishes in the season's first two meets. Stoll additionally was the top Miami finisher in four of the RedHawks' seven races. **Henize**, a zoology major with a 3.63 grade-point average, finished in the scoring five at four of Miami's seven meets and posted back-to-back top-six finishes at the season's first two meets. Henize was the only Miamian this season to earn MAC Runner of the Week honors (Sept. 12), a distinction she earned after taking home the individual title at the Miami Invitational. It was the second straight academic all-MAC honor for Stoll and the first of Henize's career.

MORE HARDWARE THAN HOME DEPOT: Miami had one runner individually recognized by the Mid-American Conference this season, as junior **Sarah Henize** was tabbed as the MAC Runner of the Week (Sept. 12) following her first-place finish at the Miami Invitational. Clocking in with a top time of 18:54, Henize won her first career individual title and posted her fourth career top-five finish. The runner of the week award was the first of Henize's career, and she was the first Miamian to win the award since **Jennie Stoll** on Sept. 21, 2004.



DR. RICHARD CERONIE "BY THE NUMBERS"

- 1—NCAA Track & Field Champion
- 1—Mid-American Conference Track and Field Championship
- 2—Mid-American Conference Coach of the Year Awards
- 2—Cross Country All-Americans
- 2—Top 50 team finishes at NCAA Track & Field Championship
- 3—U.S. Olympic Trials Qualifiers
- 4—Mid-American Conference Cross Country Individual Champions
- 4—Mid-American Conference Athletes of the Year
- 4—All-America Individual Awards For Academics
- 5—Leann Grimes Davidge Award Recipients
- 7—NCAA Cross Country Individual Qualifiers
- 8—Miami Scholar-Athlete Award Recipients
- 10—Miami Female Athletes of the Year
- 11—NCAA Track and Field All-Americans
- 12—WICCCA All-American Cross Country Teams (Academic)
- 54—MAC Track and Field Champions
- 76—School Records Set
- 81—Mid-American Conference Academic All-Conference Honorees
- 70%—Percentage of meets won in last 20 years

2006 Miami RedHawks Race-by-Race (Team Finish/Overall Finish)

Name	Dayton (5K)	Miami (5K)	Notre Dame (5K)	All-Ohio (5K)	Pre-NCAA (6K)	MAC (5K)	Great Lakes (6K)
Aeh	DNR	DNR	DNR	DNR	DNR	DNR	DNR
DeWitt	19:50 (10/30)	20:13 (8/9)	20:09 (7/131)	20:14 (7/7)*	23:23 (6/149)	23:02 (9/78)	24:03 (6/137)
Eckerly	19:17 (4/12)	DNR	DNR	DNR	DNR	DNR	DNR
Fetterman	20:20 (12/46)	20:43 (11/13)	20:24 (10/41*)	20:40 (8/21)*	24:52 (9/204)	DNR	DNR
Fiegelist	19:00 (3/8)	19:12 (4/4)	18:50 (2/33)	19:28 (3/33)	22:35 (1/66)	21:42 (2/32)	23:26 (2/100)
Henize	18:53 (2/6)	18:54 (1/1)	19:06 (5/53)	19:50 (5/57)	DNR	22:50 (8/75)	DNR
Hollander	19:50 (9/29)	20:07 (7/8)	19:59 (6/121)	19:57 (6/69)	23:35 (7/160)	21:55 (4/42)	23:49 (4/125)
Huddle	19:48 (8/27)	20:42 (10.12)	20:14 (8/134)	20:48 (9/23)*	25:30 (10/208)	DNR	DNR
Inman	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Kruse	19:53 (11/32)	20:14 (9/10)	20:20 (9/40*)	20:58 (10/28)*	23:48 (8/176)	22:48 (7/73)	24:51 (7/166)
Mackell	21:35 (13/70)	21:20 (12/17)	21:34 (11/56*)	22:12 (11/75)*	26:52 (11/221)	DNR	DNR
McGowan	19:21 (6/14)	19:44 (5/6)	19:04 (4/50)	19:42 (4/49)	22:57 (4/108)	21:43 (3/34)	23:30 (3/104)
McHugh	19:18 (5/13)	19:11 (3/3)	18:53 (3/38)	19:16 (1/20)	22:41 (2/79)	22:16 (5/56)	DNR
Mirochna	19:37 (7/21)	19:48 (6/7)	DNR	DNR	23:17 (5/135)	22:31 (6/69)	23:57 (5/131)
Salmen	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Stoll	18:47 (1/4)	19:02 (2/2)	18:44 (1/23)	19:17 (2/21)	22:52 (3/97)	21:08 (1/11)	22:58 (1/72)

* Denotes Open Race

NAME	YEAR	ELIG.	EVENT	HOMETOWN/LAST SCHOOL
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Aeh, LaurenSo.....	So.....	CC/800/1,500	Columbus, Ohio/Bishop Ready
DeWitt, JessicaFr.....	Fr.....	CC/5,000	Cincinnati, Ohio/Mt. Notre Dame
Eckerly, CarolJr.	Jr. CC/So. T&F.....	CC/5,000/10,000	Beavercreek, Ohio/Beavercreek
Fetterman, MalloryFr.....	Fr.....	CC/1,500/5,000	Pickerington, Ohio/Pickerington
Fiegelist, MiaJr.	Jr. CC/So. T&F.....	CC/1,500	Hillard, Ohio/Davidson
Henize, SarahJr.....	Jr.....	CC/800/1,500/Steeple	Bucyrus, Ohio/Bucyrus
Hollander, RebekahSo.....	So.....	CC/5,000	Centerville, Ohio/Centerville
Huddle, MichelleFr.....	Fr.....	CC/5,000	Napoleon, Ohio/Napoleon
Inman, AbbyFr.....	Fr.....	CC/800/1,500	Zionsville, Ind./Zionsville
Kruse, JennaFr.....	Fr.....	CC/5,000	Chatham, Ill./Chatham
Mackell, ChristinaSo.....	So.....	CC/10,000	Findlay, Ohio/Findlay
McGowan, ErinSo.....	So.....	CC/5,000	Perrysburg, Ohio/Notre Dame
McHugh, KelseyFr.....	Fr.....	CC/5,000	Columbus, Ohio/Thomas Worthington
Mirochna, AmandaFr.....	Fr.....	CC/800/1,500	Naperville, Ill./Nequa Valley
Salmen, KelsieFr.....	Fr.....	CC/800/1,500	Strongsville, Ohio/Strongsville
Stoll, JenniferJr.....	Jr.....	CC/800/1,500	Pewaukee, Wis./Pewaukee

MIAMI UNIVERSITY WOMEN'S CROSS COUNTRY

2006 SEASON RECAP

TEAM FINISHES:

Dayton Invitational (Sept. 2):

- 2nd of 8 teams (42 points)
- Race Winner: IPFW (43 points)

Miami Invitational (Sept. 9):

- 1st of 3 teams (16 points)
- Race Winner: **Miami** (16 points)

Notre Dame Invitational (Sept. 29):

- 8th of 24 teams (192 points)
- Race Winner (Gold): Indiana State (123 points)

All-Ohio Championship (Oct. 6):

- 5th of 38 teams (180 points)
- Race Winner: Ohio (63 points)

Pre-NCAA Invitational (Oct. 14):

- 8th of 13 teams (167 points)
- Race Winner (Open): Dartmouth (67 points)

MAC Championship (Oct. 28):

- 8th of 12 teams (177 points)
- Race Winner: Ohio (37 points)

Great Lakes Regional (Nov. 11):

- 22nd of 30 teams (532 points)
- Race Winner: Michigan State (63 points)

2006 Top 5K Times:

1. Jennie Stoll - 18:44 (Notre Dame Invitational; Sept. 29)
2. Mia Fiegelist - 18:50 (Notre Dame Invitational; Sept. 29)
3. Sarah Henize - 18:53 (Dayton 5K Challenge; Sept. 2)
4. Kelsey McHugh - 18:53 (Notre Dame Invitational; Sept. 29)
5. Erin McGowan - 19:04 (Notre Dame Invitational; Sept. 29)

2006 Top 6K Times:

1. Mia Fiegelist - 22:35 (Pre-NCAA Invitational; Oct. 14)
2. Kelsey McHugh - 22:41 (Pre-NCAA Invitational; Oct. 14)
3. Jennie Stoll - 22:52 (Pre-NCAA Invitational; Oct. 14)
4. Erin McGowan - 22:57 (Pre-NCAA Invitational; Oct. 14)
5. Amanda Mirochna - 22:52 (Pre-NCAA Invitational; Oct. 14)

Individual Awards:

- Jennie Stoll:* All-MAC Second Team; All-MAC Academic Team
Sarah Henize: All-MAC Academic Team; MAC Runner of the Week (Sept. 12)