

MIAMI WOMEN'S TRACK & FIELD



Tori Paterra
Javelin
2011 MAC Champion



Layne Baggett
100m Hurdles
2011 MAC Champion



Erica Mudd
High Jump
2011 MAC Champion

2011-12
Media Supplement/Record Book

2011 in Review/Coaches by Season

2011 MAC INDOOR TRACK & FIELD CHAMPIONSHIP STANDINGS

1.	Eastern Michigan	118
2.	Western Michigan	89
3.	MIAMI	81
4.	Kent State	76
5.	Toledo	66.5
6.	Akron	51
7.	Central Michigan	50.5
8.	Bowling Green	45
9.	Buffalo	33
10.	Ohio	32
11.	Ball State	13
12.	Northern Illinois	8

2011 MAC OUTDOOR TRACK & FIELD CHAMPIONSHIP STANDINGS

1.	Kent State	117.5
2.	Eastern Michigan	116.5
3.	MIAMI	107
4.	Western Michigan	92
5.	Buffalo	78
6.	Toledo	55
7.	Akron	55
8.	Northern Illinois	47
9.	Ohio	46
10.	Central Michigan	38
11.	Bowling Green	36
12.	Ball State	25

2011 NCAA EAST PRELIMINARIES QUALIFIERS



**SAMANTHA
GABLE**
HAMMER THROW



**KATIE
LENAHAN**
800 METERS



**TORI
PATERRA**
JAVELIN
NCAA QUALIFIER



**RACHEL
PATTERSON**
5000 METERS
NCAA QUALIFIER



**ALEXANDRA
ROBERTS**
DISCUS
SHOT PUT

COACHING RECORDS BY SEASON

Year	CC	IT&F	OT&F	Coach	Year	CC	IT&F	OT&F	Coach
1975-76	Independent	-	-	Brenda Blessing	1994-95	5th	-	t-7th	Richard Ceronie
1976-77	Independent	-	-	Brenda Blessing	1995-96	5th	8th	5th	Richard Ceronie
1977-78	Independent	-	-	Brenda Blessing	1996-97	4th	7th	3rd	Richard Ceronie
1978-79	Independent	-	-	Lil Fesperman	1997-98	6th	5th	6th	Richard Ceronie
1979-80	Independent	-	-	Lil Fesperman	1998-99	3rd	7th	8th	Richard Ceronie
1980-81	No CC team	-	9th	Jocelyn Williams	1999-00	2nd	10th	11th	Richard Ceronie
1981-82	No CC team	-	8th	Jocelyn Williams	2000-01	10th	7th	4th	Richard Ceronie
1982-83	No CC team	-	8th	Jocelyn Williams	2001-02	4th	7th	9th	Richard Ceronie
1983-84	No CC team	-	9th	Jocelyn Williams	2002-03	3rd	8th	2nd	Richard Ceronie
1984-85	3rd	-	4th	Richard Ceronie	2003-04	5th	6th	2nd	Richard Ceronie
1985-86	4th	-	1st	Richard Ceronie	2004-05	6th	7th	8th	Richard Ceronie
1986-87	7th	-	3rd	Richard Ceronie	2005-06	5th	8th	8th	Richard Ceronie
1987-88	4th	-	4th	Richard Ceronie	2006-07	8th	5th	7th	Richard Ceronie
1988-89	3rd	-	6th	Richard Ceronie	2007-08	3rd	3rd	3rd	Richard Ceronie
1989-90	7th	-	7th	Richard Ceronie	2008-09	1st	t-3rd	4th	Rita Arndt-Molis
1990-91	4th	-	4th	Richard Ceronie	2009-10	1st	4th	6th	Kelly Phillips
1991-92	4th	-	3rd	Richard Ceronie	2010-11	3rd	3rd	3rd	Kelly Phillips
1992-93	2nd	-	4th	Richard Ceronie	2011-12	3rd			Kelly Phillips
1993-94	2nd	-	4th	Richard Ceronie					

2010-11 Top Performers

2010-11 TOP INDOOR PERFORMERS

60 METERS

Diona Graves..... 7.5212/3/10
Layne Baggett..... 7.7912/3/10
Ariel Johnson.....7.862/25/11

60-METER HURDLES

Layne Baggett..... 8.672/26/10
Alexia DeWitz.....9.112/19/10
Nicki Mitchell.....9.282/12/10

200 METERS

Diona Graves..... 24.822/25/11
Layne Baggett..... 25.831/21/11
Rachael Clay..... 25.911/21/11

400 METERS

Rachael Clay..... 56.502/11/11
Katie Scannell..... 56.512/4/11
Ruth Rasch.....58.162/4/11

800 METERS

Katie Lenahan..... 2:09.65 3/4/11
Kelley Miller.....2:13.282/18/11
Erin Riley.....2:19.312/18/11

4x400 METER RELAY

*Graves, Scannell, Rasch, Clay..... 3:45.142/25/11

1,600 METERS (1-MILE RUN)

Kelley Miller.....4:50.882/11/11
Rachel Patterson.....4:58.792/18/11
Jill Dickman.....5:01.272/4/11

3,000 METERS

Rachel Patterson.....9:39.442/25/11
Maggie Bingham..... 10:01.811/15/11
Sarah Tirrell..... 11:08.062/18/11

5,000 METERS

*Rachel Patterson..... 16:24.54 3/4/11
Maggie Bingham..... 17:21.672/25/11
Danielle Dickman..... 19:23.031/15/11

LONG JUMP

Erica Mudd..... 19-4.752/4/11
Magda Wikar..... 18-82/25/11
Ashley Zaper..... 18-3.752/11/11

TRIPLE JUMP

Hope Alexander.....38-8.252/11/11
Magda Wikar..... 38-21/21/11
Krista Stillson..... 37-12/25/11

HIGH JUMP

Erica Mudd.....5-8.52/25/11
Ashley Zaper.....5-4.252/4/11
Chioma Umunnabuike...5-2.2512/3/10

POLE VAULT

Kori Tatman..... 11-11.752/25/11
Hannah Tabler..... 10-11.752/25/11
Sarah Kinnaman..... 10-612/3/10

SHOT PUT

*Alexandra Roberts..... 50-0.752/25/11
Tori Paterra.....43-11.252/25/11
Samantha Gable..... 43-52/25/11

WEIGHT THROW

Samantha Gable.....53-112/18/11

PENTATHLON

Erica Mudd..... 3,5872/25/11
Ashley Zaper..... 3,3582/25/11

* Indicates school record

Italics indicates athlete is NOT on 2011-12 team

DISTANCE MEDLEY RELAY

Lenahan, Profit, J. Dickman, Miller.....11:47.22.....2/25/11

2010-11 TOP OUTDOOR PERFORMERS

100 METERS

*Diona Graves..... 11.684/28/11
Ariel Johnson..... 12.344/8/11
Layne Baggett..... 12.503/25/11

100-METER HURDLES

Xerina Hughey..... 14.165/6/11
Layne Baggett..... 14.254/8/11
Erica Mudd..... 14.994/1/11

200 METERS

Diona Graves..... 24.424/23/11
Xerina Hughey..... 25.784/23/11
Tasha Profit.....26.104/15/11

400 METERS

Rachael Clay..... 56.185/12/11
Katie Scannell..... 56.504/28/11
Ruth Rasch.....57.385/12/11

400-METER HURDLES

Katie Scannell.....1:00.474/28/11
Ashley Zaper.....1:03.974/23/11
Xerina Hughey.....1:07.114/1/11

800 METERS

Katie Lenahan..... 2:08.68 5/6/11
Kate Carter.....2:13.664/28/11
Erin Riley.....2:15.864/8/10

1,500 METERS

Rachel Patterson..... 4:27:56 4/8/11
Katie Lenahan..... 4:30.184/23/11
Maggie Bingham..... 4:34.514/8/11

4x100 METER RELAY

Johnson, Baggett, Scannell, Graves.....46.32.....4/23/11
Johnson, Baggett, Scannell, Graves.....46.54.....5/12/11
Johnson, Baggett, Scannell, Graves.....46.58.....5/6/11

3,000-METER STEEPLECHASE

Maggie Bingham..... 10:50.885/12/11
Erica Howes..... 11:50.744/1/11
Anne Strychalski..... 12:10.434/1/11

5,000 METERS

*Rachel Patterson..... 16:14.454/14/11
Maggie Bingham..... 17:31.995/12/11
Kate Carter..... 18:01.435/12/11

10,000 METERS

Rachel Patterson.....35:13.695/12/11

LONG JUMP

Diona Graves..... 19-2.754/28/11
Magda Wikar..... 18-64/22/11
Ashley Zaper..... 18-3.254/8/11

TRIPLE JUMP

Hope Alexander..... 39-85/6/11
Krista Stillson..... 38-54/28/11
Magda Wikar.....36-6.753/25/11

HIGH JUMP

Erica Mudd..... 5-84/15/11
Chioma Umunnabuike...5-2.254/8/11

POLE VAULT

Sarah Kinnaman.....12-3.55/12/11
Kori Tatman.....12-3.55/12/11
Hannah Tabler..... 11-9.755/12/11

SHOT PUT

*Alexandra Roberts..... 49-10.54/8/11
Samantha Gable.....46-10.754/15/11
Tori Paterra..... 43-7.753/25/11

DISCUS THROW

Alexandra Roberts..... 159-105/12/11
Samantha Gable..... 142-105/12/11

HAMMER THROW

Samantha Gable..... 181-3.004/8/11

JAVELIN THROW

*Tori Paterra..... 163-9.003/25/11

* Indicates school record

Italics indicates athlete is NOT on 2011-12 team.

4x400 METER RELAY

Graves, Scannell, Rasch, Clay..... 3:45.794/23/11
Scannell, Graves, Profit, Clay..... 3:46.985/12/11
Graves, Scannell, Rasch, Clay..... 3:51.594/15/11

School Records

INDOOR TRACK AND FIELD SCHOOL RECORDS

(Current RedHawks in **BOLD**, Records set last season in *ITALICS*)

55 Meters.....	Lashonda Davis	6.93	at Findlay Classic	1/27/07
55 Meter Hurdles	Becca Williams	7.68	at MAC Championships (Kent State).....	2/22/97
60 Meters.....	Lashonda Davis	7.37	at MAC Championships (Akron)	2/25/07
60 Meter Hurdles.....	Erin Connolly	8.46	at MAC Championships (Kent State).....	3/01/03
200 Meters	Margarita Pogorelov.....	24.50	at MAC Championships (Kent State).....	2/27/09
300 Yards.....	Karen Bakewell	36.96	at Purdue Relays.....	1/27/84
300 Meters.....	Karen Bakewell	39.47	at Western Michigan Invitational	2/24/84
400 Meters	Karen Bakewell	55.19	at Western Michigan Invitational	2/24/84
440 Yards.....	Karen Bakewell	58.87	at Purdue Relays.....	1/27/84
500 Meters	Karen Bakewell	1:12.85	at Ohio State Invitational	2/21/86
600 Yards.....	Claudine Edmundson	1:27.13	at Illinois Invitational	2/16/85
600 Meters	Becca Williams	1:34.89	at All Ohio Championships.....	2/17/96
800 Meters	Carrie Alexander.....	2:08.13	at Butler Invitational	1/31/98
1000 Meters.....	Jenny Korrison	2:55.41	at Golden Flash Gala (Kent State).....	12/09/02
1500 Meters.....	Mary Pat Hickey.....	4:43.34	at Ball State.....	1/24/86
1 Mile	Kelley Miller	4:46.57	at Indiana Relays.....	1/29/10
3000 Meters.....	Amanda Mirochna.....	9:31.98	at Meyo Invitational	2/06/10
2 Mile	Michelle Slykhuis	10:54.31.....	at Illinois Invitational	2/16/85
3 Mile	Michelle Slykhuis	16:52.14.....	at Michigan State Relays.....	2/08/86
5000 Meters.....	Rachel Patterson	16:24.54.....	at Alex Wilson Invitational.....	3/4/11
4x400 Relay	Diona Graves, Katie Scannell,	3:45.14.....	at MAC Championships (Bowling Green)	2/25/11
	<i>Ruth Rasch, Rachael Clay</i>			
4x800 Relay	Kelley Miller, Jillian Dickman,	9:04.95.....	at Indiana Relays	1/28/11
	<i>Erin Riley, Katie Lenahan</i>			
Distance Medley	Gina Kline, Carrie Alexander,	11:35.55.....	at MAC Championships (Kent State).....	2/21/97
	Jenna Hann, Tricia Roddy			
High Jump.....	Kristina Bolterstein	6-1.50	at Findlay Open.....	12/2/06
Long Jump	Lashonda Davis	20-4.25	at Eastern Illinois Invitational.....	1/21/06
Triple Jump.....	Bernitta Johnson.....	41-2.25	at MAC Championships	2/27/04
Shot Put.....	Alexandra Roberts.....	50-0.75	at MAC Championships (Bowling Green)	2/25/11
Pentathlon	Becca Williams	3,910	at MAC Championships (E. Michigan)	2/23/96
20-Pound Weight	Lauren Collins	63-0.25.....	at MAC Championships	2/27/04
Pole Vault	Sarah Landau.....	13-7.25.....	at Ball State Quadrangular.....	2/16/07

OUTDOOR TRACK AND FIELD SCHOOL RECORDS

(Current RedHawks in **BOLD**, Records set last season in *ITALICS*)

100 Meters	Diona Graves	11.68.....	at Gina Relays	4/30/11
200 Meters	Jackie Watkins	24.09	at MAC Championships (Miami).....	5/17/86
400 Meters	Karen Bakewell	53.58	at MAC Championships (E. Michigan)	5/19/84
800 Meters	Karen Bakewell	2:00.85	at NCAA Championships	6/6/86
1500 Meters	Kelley Miller	4:26.47	at Vanderbilt Black & Gold Invitational.....	3/27/10
3000 Meters.....	Molly Cullen	9:26.75	at Penn Relays	4/25/91
5000 Meters.....	Rachel Patterson	16:14.45.....	at Mt. SAC Relays	4/15/11
10,000 Meters	Michelle Slykhuis	34:48.24.....	at MAC Championships (W. Michigan).....	5/18/85
3000 Steeplechase	Andrea Kremer.....	10:10.61.....	at NCAA Championships (California).....	6/15/03
100 Hurdles.....	Becca Williams	13.31	at MAC Championships (Miami).....	5/18/96
400 Hurdles.....	Becca Williams	54.98	at NCAA Championships (Oregon).....	6/7/96
4x100 Relay.....	Bernitta Johnson, Jamila Johnson,	45.87	at NCAA Regionals.....	5/28/04
	Lashonda Davis, Erika Harper			
4x400 Relay.....	Diona Graves, Tasha Profit	3:42.72	at MAC Championships (Buffalo)	5/15/10
	<i>Ruth Rasch, Rachael Clay</i>			
Heptathlon.....	Becca Williams	5,144	at MAC Championships (W. Michigan).....	5/18/95
Long Jump	Lashonda Davis	21-0.00.....	at MAC Championships (Toledo).....	5/12/06
Triple Jump	Bernitta Johnson.....	42-1.00.....	at Southern Ohio Cup.....	4/19/03
High Jump.....	Meghan Gilhooly	5-10.75.....	at Cincinnati Open.....	4/24/99
	Kristina Bolterstein	5-10.75.....	on three occasions (last at NCAA Championships)	6/12/08
Shot Put.....	Alexandra Roberts.....	49-10.50	at Miami Invitational	4/9/11
Discus.....	Christin Scott.....	163-1.00	at Purdue Invitational	5/10/97
Javelin (old rule).....	Nancy Denny	172-11.00.....	at MAC Championships (Ball State).....	5/18/91
Javelin (new rule).....	Tori Paterra	163-9.00	at Vanderbilt Black & Gold Invitational	3/26/11
Hammer	Lauren Collins	193-7.00	at MAC Championships (CMU).....	5/16/03
Pole Vault.....	Sarah Landau.....	13-7.75.....	at NCAA MidEast Regionals.....	5/28/05

TOP 10 INDOOR TRACK PERFORMERS

60-Meter Dash

1.	Lashonda Davis	7.37	2007
2.	Margarita Pogorelov	7.50	2008
3.	Diona Graves	7.52	2010
4.	Leslie Smith	7.67	1999
5.	Jamila Johnson	7.68	2006
6.	Erika Harper	7.70	1999
7.	Kelly Usher	7.71	1999
8.	DeLana Turner	7.80	2008
9.	Maeghan Ramser	7.83	1999
10.	Ashley Zaper	7.84	2009

60-Meter Hurdles

1.	Erin Connolly	8.46	2003
2.	Becca Williams	8.53	1996
3.	Layne Baggett	8.54	2011
4.	Alexis Lape	8.64	2006
5.	DeLana Turner	8.66	2008
6.	Shae Weiskircher	8.67	1999
7.	Kate Christoff	8.73	2003
8.	Jennifer Caldwell	8.74	2002
9.	Xerina Hughley	8.84	2011
10.	Erica Mudd	8.96	2011

200-Meter Dash (-0.5 index)

1.	Margarita Pogorelov	24.25	2008
2.	Diona Graves	24.32	2011
3.	Leslie Smith	24.43	1999
4.	Erika Harper	24.68	2000
5.	Kelly Usher	24.92	1999
6.	Becca Williams	24.98	1997
7.	Lashonda Davis	25.02	2004
8.	Meghan McGlocklin	25.05	1996
9.	Karen Bakewell	25.07	1984
10.	Michelle Scotch	25.36	1989

300-Meter Dash (-0.6 index)

1.	Karen Bakewell	39.07	1984
2.	Jackie Watkins	39.94	1986
3.	Margarita Pogorelov	40.29	2008
4.	Betsy Allen	41.11	2007
5.	Mechelle Getfield	41.21	1985
6.	Tana Luckie	42.14	1982
7.	Kim Horning	42.32	2007
8.	Kathryn Mobley	42.04	1983
9.	Katelyn Kelly	42.61	2008
10.	Barb Garfield	43.60	1981

400-Meter Dash (-0.7 index)

1.	Karen Bakewell	54.79	1984
2.	Carrie Alexander	55.55	1998
3.	Rachael Clay	56.12	2010
4.	Katie Scannell	56.19	2011
5.	Betsy Allen	56.37	2009
6.	Erika Harper	56.39	2002
7.	Kim Hoffmann	56.44	1997
8.	Michelle Scotch	56.54	1989
9.	Terri Hatcher	57.14	1991
10.	Erica Barnett	57.21	2001

600-Meter Run (-0.8 index)

1.	Becca Williams	1:34.39	1996
2.	Wendy Weiss	1:34.46	1994
3.	Carrie Alexander	1:35.07	1997
4.	Michelle Scotch	1:35.12	1991
5.	Nikki Dutton	1:35.24	1992
6.	Taryn Nye	1:35.46	2006
7.	Minette Jackson	1:35.66	1995
8.	Karen Bakewell	1:35.84	1987
9.	Andrea Tepe	1:36.26	2008
10.	Terry Rodgers	1:37.31	1982

800-Meter Run (-1.0 index)

1.	Carrie Alexander	2:08.13	1998
2.	Katie Lenahan	2:09.65	2011
3.	Kelley Miller	2:12.28	2011
4.	Jenna Hann	2:12.52	1999
5.	Noel Palatas	2:14.33	1999
6.	Amanda Mirochna	2:14.38	2009
7.	Sara Edwards	2:14.38	2001
8.	Taryn Nye	2:14.56	2006
9.	Tricia Roddy	2:14.86	1997
10.	Celestine Smyth	2:15.64	1989

1-Mile Run (-1.9 index)

1.	Kelley Miller	4:46.57	2010
2.	Tricia Roddy	4:51.03	1997
3.	Amanda Mirochna	4:53.31	2010
4.	Sarah Henize	4:54.11	2006
5.	Andrea Kremer	4:54.20	2003
6.	Julie Rhoda	4:55.00	1992
7.	Rachel Patterson	4:56.61	2010
8.	Jennie Stoll	4:56.93	2005
9.	Molly Cullen	4:57.14	1991
10.	Rachael Fonda	4:59.62	1995

3000-Meter Run (-3.0 index)

1.	Amanda Mirochna	9:31.98	2010
2.	Rachel Patterson	9:36.44	2011
3.	Andrea Kremer	9:37.00	2002
4.	Tricia Roddy	9:38.55	1999
5.	Laura Neufarth	9:40.58	2008
6.	Molly Cullen	9:52.70	1992
7.	Kelsey McHugh	9:54.62	2009
8.	Jennie Stoll	9:55.00	2008
9.	Kristen Wrede	9:57.01	2004
10.	Maggie Bingham	10:00.59	2011

5000-Meter Run (-5.0 index)

1.	Rachel Patterson	16:24.54	2011
2.	Andrea Kremer	16:44.97	2004
3.	Laura Neufarth	16:47.77	2008
4.	Kristen Fryburg	17:11.84	2002
5.	Rebekah Hollander	17:13.87	2008
6.	Michelle Slykhuis	17:15.51	1985
7.	Maggie Bingham	17:16.67	2011
8.	Carol Eckerly	17:23.46	2006
9.	Melissa Mayers	17:27.00	1997
10.	Kelsey McHugh	17:36.77	2008

notes -- all times have been indexed to a banked or over 200m track



Rachel Patterson set the indoor 5K school record at the Alex Wilson Invitational last year, clocking 16:24.54. She also broke the outdoor 5K record last year at the Mt. SAC Relays.

All-Time Indoor Top-10s

TOP-10 INDOOR FIELD PERFORMERS

Long Jump

1.	Lashonda Davis.....	6.20 (20-4¼).....	2006
2.	Nicki Mitchell.....	5.98(19-7½).....	2010
3.	Erica Mudd.....	5.71 (18-8¾).....	2011
4.	Magda Wikar.....	5.69 (18-8).....	2011
5.	Alexis Lape.....	5.66 (18-7).....	2007
6.	Carrie Mitchell.....	5.65 (18-6½).....	2001
7.	Ashley Zaper.....	5.58 (18-3¾).....	2011
	Taryn Nye.....	5.58 (18-3¾).....	2006
	Bernitta Johnson.....	5.58 (18-3¾).....	2003
10.	Becca Williams.....	5.57 (18-3¼).....	1995

Triple Jump

1.	Bernitta Johnson.....	12.86 (41-2¼).....	2004
2.	Carrie Mitchell.....	12.39 (40-7¾).....	1999
3.	Alexis Lape.....	12.21 (40-0¾).....	2009
4.	Doreen Nagawa.....	12.18 (39-11½).....	2006
5.	Shae Weiskircher.....	11.90 (39-0½).....	1999
6.	Hope Alexander.....	11.85 (38-10½).....	2009
7.	Grace Losier.....	11.68 (38-4).....	1987
8.	Lashonda Davis.....	11.58 (38-0).....	2005
9.	Mary Alice Wolf.....	11.57 (37-11½).....	1987
10.	Katie Hanley.....	11.54 (37-10½).....	2000

High Jump

1.	Kristina Bolterstein.....	1.87 (6-1½).....	2006
2.	Erica Mudd.....	1.74 (5-8½).....	2011
3.	Mary Alice Wolf.....	1.74 (5-8¼).....	1987
4.	Katelyn Kelly.....	1.73 (5-8).....	2006
	Kristen Mathews.....	1.73 (5-8).....	2006
	Taryn Nye.....	1.73 (5-8).....	2005
	Kim Hill.....	1.73 (5-8).....	1991
	Lindsay Hazen.....	1.73 (5-8).....	2004
	Ashley Zaper.....	1.73 (5-8).....	2009
10.	Meghan Gilhooly.....	1.72 (5-7¾).....	1998

Pole Vault

1.	Sarah Landau.....	4.15 (13-7¼).....	2007
2.	Brittney Bernardoni.....	3.80 (12-5½).....	2006
3.	Tabitha Schwartz.....	3.66 (12-0).....	2003
4.	Kori Tatman.....	3.65 (11-11¾).....	2011
5.	Amanda Rhoades.....	3.55 (11-7¾).....	2007
6.	Erin Frazer.....	3.50 (11-5¾).....	2006
	Sarah Kinnaman.....	3.50 (11-5¾).....	2010
8.	Jackie Benson.....	3.42 (11-2½).....	2006
9.	Brienne Wade.....	3.36 (10-11¾).....	2002
	Hannah Tabler.....	3.36 (10-11¾).....	2009

Shot Put

1.	Alexandra Roberts.....	15.26 (50-0¾).....	2011
2.	Lauren Collins.....	14.70 (48-2¾).....	2003
3.	Lindsey Arundel.....	14.36 (47-1½).....	2005
	Pam Hall.....	14.36 (47-1½).....	1984
5.	Samantha Gable.....	14.21 (46-7½).....	2010
6.	Pam Staton.....	14.15 (46-5).....	1993
7.	Missy Archibald.....	13.95 (45-9¼).....	1988
8.	Kristi Norris.....	13.94 (45-9).....	2001
9.	Brenda Reed.....	13.82 (45-4).....	1987
10.	Kim Way.....	13.43 (44-0¾).....	1992

Weight Throw

1.	Lauren Collins.....	19.21 (63-0¼).....	2004
2.	Quekan Ibdunni.....	17.43 (57-7¼).....	2007
3.	Alexandra Roberts.....	16.94 (55-7).....	2010
4.	Samantha Gable.....	16.66 (54-8).....	2010
5.	Elise Bottarini.....	16.37 (53-8½).....	2006
6.	Aisha Abernathy.....	16.17 (53-0¾).....	1999
7.	Hope Alexander.....	16.12 (52-10¾).....	2010
8.	Marie Mokosso.....	15.56 (51-0¼).....	2002
9.	Kristin Matthews.....	15.47 (50-9¼).....	2010
10.	Kristine Carlson.....	15.10 (49-6½).....	2003

Pentathlon (Hurdles, HJ, SP, LJ, 800)

1.	Becca Williams.....	3910 pts.....	1996
	(8.53 60H - 5-3¾ - 35-2 - 18-2¼ - 2:17.91)		
2.	Nicki Mitchell.....	3884 pts.....	2010
	(9.28 60H - 5-6 - 34-8½ - 19-6¼ - 2:21.67)		
3.	Taryn Nye.....	3730 pts.....	2006
	(9.42 60H - 5-5¾ - 31-1¼ - 18-3¾ - 2:16.64)		
4.	Mary Alice Wolf.....	3620 pts.....	1987
	(9.04 55H - 5-7¾ - 30-7 - 17-5½ - 2:25.5)		
5.	Kim Hill.....	3604 pts.....	1991
	(9.56 60H - 5-8 - 36-2¾ - 17-7¾ - 2:33.15)		
6.	Erica Mudd.....	3587pts.....	2011
	(8.96 60H - 5-5¼ - 35-2½ - 18-3 - 2:40.30)		
7.	Catie Hollinger.....	3515 pts.....	2002
	(9.18 60H - 5-4½ - 31-10¼ - 17-9½ - 2:30.71)		
8.	Candice Honroth.....	3386 pts.....	1987
	(8.44 55H - 4-7¾ - 30-3 - 17-6½ - 2:30.1)		
9.	Katelyn Kelly.....	3375 pts.....	2007
	(9.46 60H - 5-5¼ - 32¼ - 16-5 - 2:31.04)		
10.	Ashley Zaper.....	3358 pts.....	2011
	(9.21 60H - 5-1¾ - 28-2¼ - 17-8¼ - 2:30.70)		

Current RedHawks in **BOLD**



Kristina Bolterstein was a two-time All-American (2007-08) and a three-time MAC indoor champion in the high jump from 2006-2008.



Sarah Landau holds both Miami's indoor and outdoor records in the pole vault, with her best indoor vault (13-7.25) coming Feb. 16, 2007 at the Ball State Quadrangular.

TOP 10 INDOOR TRACK AND RELAY PERFORMANCES

60-Meter Dash

1.	Lashonda Davis	7.37	2007
2.	Lashonda Davis	7.44	2006
3.	Lashonda Davis	7.46	2007
4.	Lashonda Davis	7.48	2005
5.	Lashonda Davis	7.50	2006
	Margarita Pogorelov	7.50	2008
7.	Margarita Pogorelov	7.52	2008
	Diona Graves	7.52	2010
	Lashonda Davis	7.52	2006
9.	Lashonda Davis	7.53	2007
	Lashonda Davis	7.53	2006
	Lashonda Davis	7.53	2007
	Margarita Pogorelov	7.53	2009

60-Meter Hurdles

1.	Erin Connolly	8.46	2003
2.	Erin Connolly	8.52	2004
3.	Becca Williams	8.53	1996
	Erin Connolly	8.53	2003
5.	Layne Baggett	8.54	2011
6.	Erin Connolly	8.59	2003
	Layne Baggett	8.59	2011
8.	Erin Connolly	8.62	2004
9.	Erin Connolly	8.63	2003
10.	Alexis Lape	8.64	2006

200-Meter Dash (-0.5 index)

1.	Margarita Pogorelov	24.25	2008
2.	Diona Graves	24.32	2011
3.	Margarita Pogorelov	24.37	2008
4.	Leslie Smith	24.43	1999
5.	Leslie Smith	24.44	2000
6.	Margarita Pogorelov	24.50	2009
7.	Margarita Pogorelov	24.57	2009
8.	Leslie Smith	24.61	1999
9.	Leslie Smith	24.67	2000
10.	Erika Harper	24.68	2000

300-Meter Dash (-0.6 index)

1.	Karen Bakewell	39.07	1984
2.	Jackie Watkins	39.94	1986
3.	Margarita Pogorelov	40.29	2008
4.	Jackie Watkins	40.61	1985
5.	Margarita Pogorelov	40.62	2007
6.	Margarita Pogorelov	40.79	2008
7.	Jackie Watkins	40.84	1986
8.	Karen Bakewell	40.90	1984
9.	Jackie Watkins	41.04	1986
10.	Karen Bakewell	41.44	1984

400-Meter Dash (-0.7 index)

1.	Karen Bakewell	54.79	1984
2.	Carrie Alexander	55.55	1998
3.	Rachael Clay	56.12	2010
4.	Katie Scannell	56.19	2011
5.	Rachael Clay	56.20	2011
6.	Rachael Clay	56.31	2010
7.	Betsy Allen	56.37	2009
8.	Erika Harper	56.39	2002
9.	Rachael Clay	56.42	2010
10.	Kim Hoffmann	56.44	1997

600-Meter Run (-0.8 index)

1.	Becca Williams	1:34.39	1996
2.	Wendy Weiss	1:34.46	1994
3.	Carrie Alexander	1:35.07	1997
4.	Michelle Scotch	1:35.12	1991
5.	Nikki Dutton	1:35.24	1992
6.	Taryn Nye	1:35.46	2006
7.	Minette Jackson	1:35.66	1995
8.	Wendy Weiss	1:35.84	1992
	Karen Bakewell	1:35.84	1987
	Michelle Scotch	1:35.84	1991

800-Meter Run (-1.0 index)

1.	Carrie Alexander	2:08.13	1998
2.	Carrie Alexander	2:08.72	1998
3.	Katie Lenahan	2:09.65	2011
4.	Carrie Alexander	2:10.55	1998
5.	Katie Lenahan	2:10.65	2011
6.	Carrie Alexander	2:11.85	1998
7.	Carrie Alexander	2:11.93	1998
8.	Kaite Lenahan	2:12.10	2011
9.	Kelley Miller	2:12.28	2011
10.	Katie Lenahan	2:12.86	2010

1-Mile Run (-1.9 index)

1.	Kelley Miller	4:46.57	2010
2.	Kelley Miller	4:47.12	2010
3.	Kelley Miller	4:49.84	2010
4.	Kelley Miller	4:50.88	2011
5.	Tricia Roddy	4:51.03	1997
6.	Tricia Roddy	4:51.35	1999
7.	Kelley Miller	4:51.63	2010
8.	Tricia Roddy	4:52.86	1997
	Kelley Miller	4:52.86	2011
10.	Amanda Mirochna	4:53.31	2010

3000-Meter Run (-3.0 index)

1.	Amanda Mirochna	9:31.98	2010
2.	Rachel Patterson	9:36.44	2011
3.	Andrea Kremer	9:37.00	2002
4.	Tricia Roddy	9:38.55	1999
5.	Rachel Patterson	9:38.84	2010
6.	Amanda Mirochna	9:39.80	2010
7.	Laura Neufarth	9:40.58	2008
8.	Andrea Kremer	9:40.93	2002
9.	Laura Neufarth	9:42.89	2008
10.	Tricia Roddy	9:43.31	1998

5000-Meter Run (-5.0 index)

1.	Rachel Patterson	16:24.54	2011
2.	Rachel Patterson	16:27.01	2011
3.	Rachel Patterson	16:40.13	2010
4.	Rachel Patterson	16:43.49	2011
5.	Andrea Kremer	16:44.97	2004
6.	Laura Neufarth	16:47.97	2008
7.	Andrea Kremer	16:48.44	2004
8.	Laura Neufarth	16:54.82	2008
9.	Andrea Kremer	17:03.36	2003
10.	Rachel Patterson	17:03.46	2010

4x400-Meter Relay (-2.8 index)

1.	Diona Graves, Katie Scannell	3:45.14	2011
	Ruth Rasch, Rachael Clay		
2.	Alexis Lape, Margarita Pogorelov	3:46.47	2008
	Andrea Tepe, Betsy Allen		
3.	Betsy Allen, Ruth Rasch	3:48.34	2009
	Alexis Lape, Rachael Clay		
4.	Kim Clement, Delisa Binning	3:48.66	1998
	Angie Schmitz, Carrie Alexander		
5.	Diona Graves, Katie Scannell	3:49.79	2011
	Ruth Rasch, Rachael Clay		
6.	Erica Barnett, Katie Dyer	3:49.91	2003
	Rasheda Malcolm, Erika Harper		
7.	Betsy Allen, Ruth Rasch	3:49.94	2009
	Alexis Lape, Rachael Clay		
8.	Diona Graves, Katie Scannell	3:50.22	2011
	Ruth Rasch, Rachael Clay		
9.	Kim Horning, Taryn Nye	3:50.23	2006
	Andrea Tepe, Betsy Allen		
10.	Becca Williams, Kim Hoffmann	3:50.86	1997
	Carrie Alexander, Kim Clement		

note -- all times have been indexed to a banked or over 200m track

Current RedHawks in **BOLD**

All-Time Indoor Top-10s

TOP 10 INDOOR RELAY AND FIELD PERFORMANCES

Distance Medley Relay (-2.0 index)

1.	Gina Kline, Carrie Alexander.....	11:35.55.....	1997
	Jenna Hann, Tricia Roddy		
2.	Kelley Miller , Ruth Rasch.....	11:40.79.....	2010
	Katie Lenahan, Amanda Mirochna		
3.	Katie Lenahan, Tasha Profit.....	11:43.32.....	2011
	Jilly Dickman, Kelley Miller		
4.	Gina Kline, Delisa Binning.....	11:44.46.....	1997
	Jenna Hann, Tricia Roddy		
5.	Amanda Mirochna, Ruth Rasch.....	11:46.79.....	2009
	Olivia Klaus, Kelley Miller		
6.	Amanda Mirochna, Rachael Clay	11:46.92.....	2009
	Olivia Klaus, Kelley Miller		
7.	Kylee Studer, Erika Harper.....	11:48.81.....	2003
	Sarah Correll, Andrea Kremer		
8.	Kylee Studer, Erica Barnett.....	11:49.03.....	2003
	Jenny Korrison, Andrea Kremer		
9.	Amanda Mirochna, Andrea Tepe.....	11:51.33.....	2008
	Katie Lenahan, Jennie Stoll		
10.	Megan Stanley, Delisa Binning.....	11:54.22.....	1999
	Jenna Hann, Karen Grome		

Long Jump

1.	Lashonda Davis.....	6.20 (20-4¼).....	2006
2.	Lashonda Davis.....	6.19 (20-3¾).....	2005
3.	Lashonda Davis.....	6.18 (20-3½).....	2005
4.	Lashonda Davis.....	6.17 (20-3).....	2004
5.	Lashonda Davis.....	6.14 (20-1¾).....	2006
6.	Lashonda Davis.....	6.09 (19-11¾).....	2006
	Lashonda Davis.....	6.09 (19-11¾).....	2007
8.	Lashonda Davis.....	6.05 (19-10¼).....	2005
	Lashonda Davis.....	6.05 (19-10¼).....	2005
	Lashonda Davis.....	6.05 (19-10¼).....	2003
	Lashonda Davis.....	6.05 (19-10¼).....	2007

Triple Jump

1.	Bernitta Johnson.....	12.86 (41-2¼).....	2004
2.	Bernitta Johnson.....	12.50 (41-0¼).....	2003
3.	Bernitta Johnson.....	12.42 (40-9).....	2004
4.	Carrie Mitchell.....	12.39 (40-7¾).....	1999
5.	Bernitta Johnson.....	12.38 (40-7½).....	2004
6.	Bernitta Johnson.....	12.36 (40-6¾).....	2004
	Bernitta Johnson.....	12.36 (40-6¾).....	2004
8.	Bernitta Johnson.....	12.34 (40-6).....	2004
9.	Bernitta Johnson.....	12.33 (40-5½).....	2004
10.	Bernitta Johnson.....	12.27 (40-3¼).....	2001

High Jump

1.	Kristina Bolterstein.....	1.87 (6-1½).....	2006
2.	Kristina Bolterstein.....	1.81 (5-11¼).....	2008
3.	Kristina Bolterstein.....	1.78 (5-10).....	2008
	Kristina Bolterstein.....	1.78 (5-10).....	2007
	Kristina Bolterstein.....	1.78 (5-10).....	2006
	Kristina Bolterstein.....	1.78 (5-10).....	2007
	Kristina Bolterstein.....	1.78 (5-10).....	2008
8.	Kristina Bolterstein.....	1.75 (5-8¾).....	2007
	Kristina Bolterstein.....	1.75 (5-8¾).....	2007
	Kristina Bolterstein.....	1.75 (5-8¾).....	2007
	Kristina Bolterstein.....	1.75 (5-8¾).....	2008

Pole Vault

1.	Sarah Landau.....	4.15 (13-7¼).....	2007
2.	Sarah Landau.....	4.09 (13-5).....	2006
3.	Sarah Landau.....	4.06 (13-3¾).....	2006
4.	Sarah Landau.....	4.00 (13-1½).....	2007
5.	Sarah Landau.....	3.97 (13-0¼).....	2006
6.	Sarah Landau.....	3.97 (13-0).....	2006
7.	Sarah Landau.....	3.96 (12-11¾).....	2006
8.	Sarah Landau.....	3.95 (12-11½).....	2007
	Sarah Landau.....	3.95 (12-11½).....	2005
10.	Sarah Landau.....	3.85 (12-7½).....	2007
	Sarah Landau.....	3.85 (12-7½).....	2007

Current RedHawks in **BOLD**

Shot Put

1.	Alexandra Roberts	15.26 (50-0¾)	2011
2.	Lauren Collins.....	14.70 (48-2¾).....	2003
3.	Alexandra Roberts	14.36 (48-0¾)	2010
4.	Lauren Collins.....	14.63 (48-0).....	2003
5.	Alexandra Roberts	14.60 (47-11¼)	2011
6.	Alexandra Roberts	14.60 (47-11)	2010
	Alexandra Roberts	14.60 (47-11)	2010
	Lauren Collins.....	14.60 (47-11).....	2002
9.	Alexandra Roberts	14.56 (47-9¼)	2010
10.	Alexandra Roberts	14.51 (47-7¼)	2010

Weight Throw

1.	Lauren Collins.....	19.21 (63-0¼).....	2004
2.	Lauren Collins.....	19.03 (62-5¼).....	2004
3.	Lauren Collins.....	19.01 (62-4½).....	2004
	Lauren Collins.....	19.01 (62-4½).....	2003
5.	Lauren Collins.....	18.93 (62-1¼).....	2004
6.	Lauren Collins.....	18.84 (61-9¾).....	2003
7.	Lauren Collins.....	18.77 (61-7).....	2004
8.	Lauren Collins.....	18.73 (61-5½).....	2004
9.	Lauren Collins.....	18.71 (61-4¾).....	2004
10.	Lauren Collins.....	18.65 (61-2¼).....	2004

Pentathlon (Hurdles HJ, SP, LJ, 800)

1.	Becca Williams.....	3910 pts.....	1996
	(8.53 60H - 5-3¼ - 35-2 - 18-2¼ - 2:17.91)		
2.	Nicki Mitchell.....	3884 pts.....	2010
	(9.28 60H - 5-6 - 34-8½ - 19-6¼ - 2:21.67)		
3.	Taryn Nye.....	3730 pts.....	2006
	(9.42 60H - 5-5¾ - 31-1¼ - 18-3¾ - 2:16.64)		
4.	Mary Alice Wolf.....	3620 pts.....	1987
	(9.04 55H - 5-7¾ - 30-7 - 17-5½ - 2:25.5)		
5.	Kim Hill.....	3604 pts.....	1991
	(9.56 60H - 5-8 - 36-2¾ - 17-7¾ - 2:33.15)		
6.	Erica Mudd	3587 pts	2011
	(8.96 60H - 5-5¼ - 35-2½ - 18-3 - 2:40.30)		
7.	Catie Hollinger.....	3515 pts.....	2002
	(9.18 60H - 5-4½ - 31-10¼ - 17-9½ - 2:30.71)		
8.	Candice Honroth.....	3386 pts.....	1987
	(8.44 55H - 4-7¾ - 30-3 - 17-6½ - 2:30.1)		
9.	Katelyn Kelly.....	3375 pts.....	2007
	(9.46 60H - 5-5¼ - 32¼ - 16-5 - 2:31.04)		
10.	Ashley Zaper	3358 pts	2011
	(9.21 60H - 5-1¾ - 28-2¼ - 17-8¼ - 2:30.70)		



Lauren Collins owns all 10 of Miami's top indoor performances in the weight throw and three of Miami's top 10 performances in the shot put indoors.

All-Time Outdoor Top-10s

TOP-10 OUTDOOR TRACK PERFORMERS

100-Meter Dash

1.	Diona Graves	11.68	04/30/11
2.	Margarita Pogorelov	11.73.....	05/16/08
3.	Jackie Watkins	11.76.....	05/17/86
4.	Lashonda Davis.....	11.76w.....	03/26/05
5.	Leslie Smith	11.94.....	03/21/98
6.	Kelly Usher.....	11.97.....	05/23/98
7.	Bernitta Johnson	12.01.....	05/01/04
8.	Jamila Johnson	12.03.....	05/14/04
9.	Erin Ebner.....	12.14.....	03/27/93
10.	Tina Richardson	12.15w.....	04/23/88

200-Meter Dash

1.	Jackie Watkins	24.09.....	05/17/86
2.	Margarita Pogorelov	24.23.....	05/16/08
3.	Kelly Usher.....	24.37.....	05/23/98
4.	Diona Graves	24.42	04/23/11
5.	Leslie Smith	24.51.....	04/19/97
6.	Karen Bakewell.....	24.52.....	05/17/86
7.	Erika Harper.....	24.66.....	03/21/04
8.	Betsy Allen.....	24.78.....	04/28/07
9.	Lashonda Davis.....	24.85.....	04/09/05
10.	Tana Luckie.....	24.94.....	05/03/80

400-Meter Dash

1.	Karen Bakewell.....	53.58.....	05/19/84
2.	Betsy Allen.....	54.63.....	05/12/07
3.	Becca Williams.....	54.64.....	05/17/96
4.	Michelle Scotch.....	54.65.....	05/12/90
5.	Erika Harper.....	54.77.....	04/12/03
6.	Kim Hoffmann.....	55.19.....	05/17/96
7.	Carrie Alexander.....	55.59.....	05/15/98
8.	Rachael Clay	55.77	05/15/09
9.	Minette Jackson.....	56.14.....	04/29/95
10.	Katie Scannell	56.50	04/30/11

800-Meter Run

1.	Karen Bakewell.....	2:00.85.....	06/07/86
2.	Carrie Alexander.....	2:07.87.....	04/11/98
3.	Katie Lenahan.....	2:08.68.....	05/06/11
4.	Kelley Miller	2:10.16	04/11/10
5.	Nikki Dutton.....	2:10.29.....	05/16/92
6.	Michelle Scotch.....	2:10.47.....	05/16/92
7.	Jenna Hann	2:12.17.....	05/17/97
8.	Celest Smyth.....	2:12.22.....	05/13/89
9.	Amanda Mirochna.....	2:12.72.....	05/09/08
10.	Rachael Fonda.....	2:12.83.....	05/20/94

1500-Meter Run

1.	Kelley Miller	4:26:39	05/27/10
2.	Amanda Mirochna	4:26.77.....	04/08/09
3.	Rachel Patterson.....	4:24.56.....	04/09/11
4.	Julie Rhoda.....	4:29.14.....	05/01/93
5.	Celest Smyth.....	4:29.24.....	05/04/91
6.	Sarah Henize.....	4:29.95.....	05/05/06
7.	Katie Lanahan.....	4:30.18.....	04/23/11
8.	Tricia Roddy.....	4:30.19.....	05/01/99
9.	Andrea Kremer.....	4:32.40.....	05/17/03
10.	Mary Pat Hickey.....	4:33.04.....	04/19/86

3000-Meter Run

1.	Molly Cullen	9:26.75.....	04/25/91
2.	Julie Rhoda.....	9:28.64.....	05/08/93
3.	Tricia Roddy.....	9:39.10.....	04/24/97
4.	Celest Smyth.....	9:41.88.....	04/25/91
5.	Michelle Slykhuis.....	9:46.38.....	04/12/85
6.	Jackie Principe.....	9:51.37.....	05/16/86
7.	Kelsey McHugh.....	9:51.38.....	04/04/09
8.	Laura Neufarth.....	9:54.10.....	03/21/08
9.	Rachel Patterson.....	9:54.77.....	04/04/09
10.	Melinda McCarthy.....	9:54.83.....	04/14/89

5000-Meter Run

1.	Rachel Patterson.....	16:14.45.....	4/15/11
2.	Molly Cullen.....	16:15.97.....	04/23/92
3.	Andrea Kremer.....	16:35.00.....	03/27/03
4.	Sue Augustauskas.....	16:55.09.....	04/01/89
5.	Michelle Slykhuis.....	16:55.36.....	04/12/86
6.	Julie Rhoda.....	17:00.73.....	03/26/93
7.	Tricia Roddy.....	17:00.87.....	04/22/99
8.	Melissa Mayers.....	17:01.56.....	04/24/97
9.	Laura Neufarth.....	17:02.75.....	03/29/08
10.	Melinda McCarthy.....	17:03.16.....	04/09/88

10,000-Meter Run

1.	Michelle Slykhuis.....	34:48.24.....	05/16/85
2.	Sue Augustauskas.....	34:56.95.....	04/27/89
3.	Rachel Patterson.....	35:13.69.....	05/12/11
4.	Kim Wilbanks	35:59.64.....	05/16/85
5.	Laura Neufarth	36:01.62.....	04/18/08
6.	Jill Nye.....	36:14.14.....	05/20/87
7.	Rebekah Hollander.....	36:31.16.....	05/14/09
8.	Janet Novallo.....	36:31.33.....	05/13/93
9.	Lisa Holland.....	36:36.54.....	04/09/88
10.	Laurel Simcox.....	36:48.54.....	04/22/99

100-Meter Hurdles

1.	Becca Williams.....	13.31.....	05/18/96
2.	Erin Connolly	13.69.....	05/17/03
3.	DeLana Turner.....	13.78.....	05/30/08
4.	Ebonita Williams	13.84.....	04/16/94
5.	Candice Honroth.....	13.92.....	05/21/88
6.	Layne Baggett	13.95	05/15/10
7.	Kristen Renner.....	14.00.....	05/22/98
8.	Wendy Weiss.....	14.15w.....	05/15/92
9.	Xerina Hughey	14.16	05/06/11
10.	Shae Weiskircher.....	14.18.....	04/19/99
	Jennifer Caldwell.....	14.18.....	05/03/03

400-Meter Hurdles

1.	Becca Williams.....	54.98.....	05/31/96
2.	Ebonita Williams	59.47.....	05/16/92
3.	Alexis Lape.....	1:00.11.....	05/12/07
4.	Candice Honroth.....	1:00.12.....	05/21/88
5.	Wendy Weiss.....	1:00.15.....	05/16/92
6.	Alisha Jones.....	1:00.23.....	05/11/07
7.	Jennifer Caldwell.....	1:00.27.....	04/12/03
8.	Kristen Renner.....	1:00.42.....	05/23/98
9.	Katie Scannell	1:00.47	04/29/11
10.	Andrea Tepe.....	1:00.61.....	05/11/07

3000-Meter Steeplechase

1.	Andrea Kremer.....	10:10.61.....	06/13/03
2.	Amanda Mirochna	10:36.29.....	05/02/09
3.	Kylee Studer.....	10:42.41.....	05/30/03
4.	Maggie Bingham	10:50.65	04/17/10
5.	Kelly Ardelean.....	11:00.33.....	04/16/05
6.	Sarah Henize.....	11:06.05.....	04/29/06
7.	Liz Lundgren.....	11:19.45.....	03/30/02
8.	Jessica DeWitt.....	11:26.17.....	04/12/08
9.	Sarah Bertolini.....	11:26.90.....	04/12/03
10.	Kristine Wrede.....	11:35.56.....	04/12/03



Diona Graves set the 100m dash school record last year at the Gina Relays.

Current RedHawks in **BOLD**

All-Time Outdoor Top-10s

TOP 10 OUTDOOR FIELD PERFORMERS

Long Jump

1.	Lashonda Davis.....	6.40m (21-0)	05/12/06
2.	Kim Horning.....	5.88m (19-3½)	05/11/07
3.	Diona Graves.....	5.86m (19-2.75)	04/29/11
4.	Bernitta Johnson.....	5.83m (19-1½)	04/14/01
5.	Carrie Mitchell.....	5.78m (18-11¾)	05/15/99
	Nicki Mitchell.....	5.78m (18-11¾)	05/03/08
7.	Magda Wikar.....	5.73m (18-9¾)	03/27/10
8.	Johya Howell.....	5.71m (18-8¾)	04/23/88
9.	Terri Hatcher.....	5.68m (18-7½)	03/21/91
10.	Taryn Nye.....	5.67m (18-7¼)	04/22/06

Triple Jump

1.	Bernitta Johnson.....	12.83m (42-1)	04/19/03
2.	Carrie Mitchell.....	12.74m (41-9¾)	05/12/01
3.	Alexis Lape.....	12.61m (41-4½)	04/25/09
4.	Grace Losier.....	12.24m (40-2)	05/21/88
	Hope Alexander.....	12.24m (40-2)	05/16/09
6.	Doreen Nagawa.....	12.12m (39-9¼)	04/22/06
7.	Shae Weiskircher.....	11.90m (39-0½)	05/22/99
8.	Krista Stillson.....	11.71m (38-5)	04/30/11
9.	Laura Novotny.....	11.70m (38-4¾)	05/18/96
10.	Lashonda Davis.....	11.58m (38-0)	05/01/04

High Jump

1.	Meghan Gilhooly.....	1.80m (5-10¾)	04/24/99
	Kristina Bolterstein.....	1.80m (5-10¾)	04/28/07
3.	Kim Hill.....	1.78m (5-10)	05/11/91
4.	Mary Alice Wolf.....	1.76m (5-9¼)	05/09/87
5.	Lindsay Hazen.....	1.73m (5-8)	04/18/04
	Erica Mudd.....	1.73m (5-8)	04/16/11
7.	Nicki Lawrie.....	1.72m (5-7¾)	04/03/99
	Katelyn Kelly.....	1.72m (5-7¾)	04/21/07
9.	Monica Branom.....	1.71m (5-7¼)	04/25/86
10.	Taryn Nye.....	1.70m (5-7)	04/08/06
	Kristen Mathews.....	1.70m (5-7)	05/17/08
	Katelyn Kelly.....	1.70m (5-7)	04/18/09

Pole Vault

1.	Sarah Landau.....	4.16m (13-7¾)	05/28/05
2.	Brittney Bernardoni.....	3.81m (12-6)	03/31/07
3.	Kori Tatman.....	3.75m (12-3.5)	05/12/11
	Sarah Kinnaman.....	3.75m (12-3.5)	05/12/11
5.	Tabitha Schwartz.....	3.74m (12-3)	04/19/03
6.	Hannah Tabler.....	3.60m (11-9¾)	05/12/11
7.	Amanda Rhoades.....	3.55m (11-7¾).....	twice, last 4/18/09
8.	Erin Frazer.....	3.45m (11-3¾)	04/29/06
	Jackie Marquardt.....	3.45m (11-3¾)	05/13/04
	Sharon Poisson.....	3.45m (11-3¾)	04/22/00

Shot Put

1.	Alexandra Roberts.....	15.20m (49-10.5)	04/09/11
2.	Lauren Collins.....	14.97m (49-1½)	05/16/03
3.	Brenda Reed.....	14.53m (47-8)	05/09/87
4.	Samantha Gable.....	14.29m (46-10.75)	04/16/11
5.	Lindsey Arundel.....	14.18m (46-6¼)	04/22/06
6.	Pam Staton.....	13.98m (45-10¼)	04/06/93
7.	Pam Hall.....	13.95m (45-9¼)	05/14/82
8.	Kim Way.....	13.78m (45-2½)	05/15/92
9.	Kristine Carlson.....	13.53m (44-4¾)	05/03/03
10.	Brittany Wilson-Farley.....	13.46m (44-2)	05/14/10



Alexandra Roberts set both the indoor and outdoor shot put school records during the 2010-11 season.

Discus Throw

1.	Christin Scott.....	49.71m (163-1)	05/10/97
2.	Alexandra Roberts.....	48.72m (159-10)	05/14/11
3.	Quekan Ibdunni.....	48.11m (157-10)	04/09/05
4.	Lauren Collins.....	47.94m (157-3)	05/04/02
5.	Brenda Reed.....	46.69m (153-2)	05/05/87
6.	Missy Archibald.....	45.45m (149-1)	05/21/88
7.	Amy Lavengood.....	45.35m (148-9)	05/09/92
8.	Pam Hall.....	44.63m (146-5)	05/14/82
9.	Marie Mokosso.....	44.53m (146-1)	04/22/00
10.	Kristine Carlson.....	44.06m (144-7)	04/19/03

Hammer Throw

1.	Lauren Collins.....	59.01m (193-7)	05/15/03
2.	Samantha Gable.....	55.25m (181-3)	04/08/11
3.	Quekan Ibdunni.....	54.49m (178-9)	05/10/07
4.	Hope Alexander.....	52.07m (170-10)	05/07/10
5.	Marie Mokosso.....	49.46m (162-3)	04/21/01
6.	Aisha Abernathy.....	49.44m (162-2)	03/27/99
7.	Teresa Bis.....	49.41m (162-1)	04/13/07
8.	Elise Bottarini.....	49.31m (161-9)	05/04/07
9.	Kristine Carlson.....	48.58m (159-4)	04/19/03
10.	Kristen Mathews.....	48.34m (158-7)	04/24/10

Javelin Throw (New rule post-1998)

1.	Tori Paterra.....	49.91m (163-9)	03/26/11
2.	Joanna Borawski.....	46.01m (150-11)	04/13/05
3.	Ally Sisler.....	40.31m (132-3)	05/17/03
4.	Erin Frazer.....	38.61m (126-8)	04/12/08
5.	Rachel Buchenroth.....	38.40m (126-0)	05/13/05
6.	Alisha Jones.....	37.67m (123-7)	04/12/08
7.	Alexia DeWitz.....	35.94m (117-11)	04/11/09
8.	Erin Bamberger.....	35.51m (116-6)	04/25/09
9.	Katie Hanley.....	34.39m (112-10)	04/07/01
10.	Catie Hollinger.....	33.45m (109-9)	04/20/02

Javelin Throw (Old rule pre-1999)

1.	Nancy Denny.....	52.71m (172-11)	05/17/91
2.	Maude DiVittis.....	47.05m (154-4)	05/03/86
3.	Tracee Holmes.....	43.19m (141-8)	05/18/89
4.	Ann Yonkee.....	41.31m (135-6)	04/14/79
5.	Keeley Hancox.....	39.68m (130-2)	05/22/98
6.	Pam Hall.....	39.30m (128-11)	05/14/83
7.	Jen Moore.....	38.61m (126-8)	03/15/97
	Missy Archibald.....	38.61m (126-8)	05/19/88
9.	Becca Williams.....	36.24m (118-11)	05/19/95
10.	Kim Hill.....	36.19m (118-9)	05/17/91

Heptathlon

1.	Becca Williams.....	5144	05/18-19/95
2.	Taryn Nye.....	5009	04/12-13/06
3.	Kim Hill.....	4964	05/16-17/91
4.	Nicki Mitchell.....	4956	05/16-17/09
5.	Mary Alice Wolf.....	4886	05/21-22/87
6.	Katie Hanley.....	4723	05/17-18/01
7.	Karen Grimm.....	4678	05/17-18/90
8.	Candice Honroth.....	4592	05/15-16/86
9.	Jen Moore.....	4420	05/21-22/98
10.	Kristen Renner.....	4186	05/16-17/96

Current RedHawks in **BOLD**

Lashonda Davis holds both Miami's indoor and outdoor long jump records. Her outdoor school-record leap of 21 feet occurred at the 2006 MAC Championships in Toledo.



All-Time Outdoor Top-10s

TOP 10 OUTDOOR TRACK AND RELAY PERFORMANCES

100-Meter Dash

1.	Diona Graves	11.68	04/30/11
2.	Margarita Pogorelov.....	11.73.....	05/16/08
3.	Margarita Pogorelov.....	11.75.....	2009
4.	Jackie Watkins.....	11.76.....	05/17/86
	Lashonda Davis.....	11.76w.....	03/26/05
6.	Margarita Pogorelov.....	11.77.....	2009
7.	Margarita Pogorelov.....	11.78w.....	2008
8.	Lashonda Davis.....	11.79.....	2004
9.	Lashonda Davis.....	11.81.....	2005
10.	Lashonda Davis.....	11.82.....	2005

200-Meter Dash

1.	Jackie Watkins.....	24.09.....	05/17/86
2.	Jackie Watkins.....	24.19.....	1985
3.	Margarita Pogorelov.....	24.23.....	05/16/08
4.	Margarita Pogorelov.....	24.28.....	04/18/09
5.	Jackie Watkins.....	24.34.....	1985
6.	Kelly Usher.....	24.37.....	05/23/98
7.	Margarita Pogorelov.....	24.38.....	04/04/09
8.	Jackie Watkins.....	24.38.....	1985
9.	Diona Graves	24.42	04/23/11
10.	Kelly Usher.....	24.44.....	1998
	Kelly Usher.....	24.44.....	1999

400-Meter Dash

1.	Karen Bakewell.....	53.58.....	05/19/84
2.	Karen Bakewell.....	54.16.....	1986
3.	Karen Bakewell.....	54.22.....	1986
4.	Karen Bakewell.....	54.50.....	1986
5.	Karen Bakewell.....	54.52.....	1986
6.	Betsy Allen.....	54.63.....	05/12/07
7.	Becca Williams.....	54.64.....	05/17/96
8.	Michelle Scotch.....	54.65.....	05/12/90
9.	Michelle Scotch.....	54.76.....	1990
10.	Erika Harper.....	54.77.....	04/12/03

800-Meter Run

1.	Karen Bakewell.....	2:00.85.....	06/07/86
2.	Karen Bakewell.....	2:02.77.....	1986
3.	Karen Bakewell.....	2:04.18.....	1986
4.	Karen Bakewell.....	2:05.66.....	1986
5.	Karen Bakewell.....	2:06.03.....	1986
6.	Karen Bakewell.....	2:06.97.....	1986
7.	Carrie Alexander.....	2:07.87.....	04/11/98
8.	Karen Bakewell.....	2:08.15.....	1987
9.	Katie Lenahan.....	2:08.69.....	05/07/10
10.	Karen Bakewell.....	2:09.54.....	1986

1500-Meter Run

1.	Kelley Miller	4:26.39	05/27/10
2.	Kelley Miller	4:26.47	03/27/10
3.	Amanda Mirochna.....	4:26.77.....	04/18/09
4.	Rachel Patterson.....	4:27.56.....	04/09/11
5.	Rachel Patterson.....	4:28.33.....	04/28/11
6.	Rachel Patterson.....	4:28.84.....	03/25/11
7.	Julie Rhoda.....	4:29.14.....	05/01/93
8.	Celest Smyth.....	4:29.24.....	05/04/91
9.	Sarah Henize.....	4:29.95.....	05/05/06
10.	Rachel Patterson.....	4:29.98.....	05/07/10

3000-Meter Run

1.	Molly Cullen.....	9:26.75.....	04/25/91
2.	Julie Rhoda.....	9:28.64.....	05/08/93
3.	Molly Cullen.....	9:33.22.....	1991
4.	Julie Rhoda.....	9:33.22.....	1993
5.	Julie Rhoda.....	9:34.51.....	1993
6.	Julie Rhoda.....	9:34.68.....	1993
7.	Molly Cullen.....	9:35.71.....	1992
8.	Molly Cullen.....	9:37.84.....	1991
9.	Tricia Roddy.....	9:39.10.....	04/24/97
10.	Molly Cullen.....	9:40.60.....	1992

5000-Meter Run

1.	Rachel Patterson.....	16:14.45.....	04/15/11
2.	Molly Cullen.....	16:15.97.....	04/23/92
3.	Rachel Patterson.....	16:16.95.....	05/26/11
4.	Rachel Patterson.....	16:23.04.....	06/08/11
5.	Rachel Patterson.....	16:34.06.....	05/15/10
6.	Andrea Kremer.....	16:35.00.....	03/27/03
7.	Andrea Kremer.....	16:35.59.....	2004
8.	Andrea Kremer.....	16:43.38.....	2001
9.	Molly Cullen.....	16:43.45.....	1992
10.	Molly Cullen.....	16:43.52.....	1992

10,000-Meter Run

1.	Michelle Slykhuis.....	34:48.24.....	05/16/85
2.	Sue Augustauskas.....	34:56.95.....	04/27/89

3.	Rachel Patterson.....	35:19.69.....	05/12/11
3.	Michelle Slykhuis.....	35:14.36.....	1985
4.	Michelle Slykhuis.....	35:17.37.....	1986
5.	Kim Wilbanks.....	35:59.64.....	05/16/85
6.	Laura Neufarth.....	36:01.62.....	04/18/08
7.	Michelle Slykhuis.....	36:12.64.....	1986
8.	Jill Nye.....	36:14.14.....	05/20/87
9.	Sue Augustauskas.....	36:30.04.....	1988
10.	Rebekah Hollander.....	36:31.16.....	05/14/09

100-Meter Hurdles

1.	Becca Williams.....	13.31.....	05/18/96
2.	Becca Williams.....	13.40.....	1996
3.	Becca Williams.....	13.44.....	1995
4.	Becca Williams.....	13.44.....	1996
5.	Becca Williams.....	13.46.....	1996
6.	Becca Williams.....	13.46.....	1996
7.	Becca Williams.....	13.51.....	1996
8.	Becca Williams.....	13.52.....	1997
9.	Becca Williams.....	13.68.....	1997
10.	Erin Connolly.....	13.69.....	05/17/03

400-Meter Hurdles

1.	Becca Williams.....	54.98.....	05/31/1996
2.	Becca Williams.....	55.99.....	1996
3.	Becca Williams.....	56.67.....	1996
4.	Becca Williams.....	56.78.....	1997
5.	Becca Williams.....	56.84.....	1997
6.	Becca Williams.....	57.04.....	1996
7.	Becca Williams.....	57.17.....	1996
8.	Becca Williams.....	57.25.....	1997
9.	Becca Williams.....	57.63.....	1996
10.	Becca Williams.....	58.03.....	1996

3000-Meter Steeplechase

1.	Andrea Kremer.....	10:10.61.....	06/13/03
2.	Andrea Kremer.....	10:12.86.....	2001
3.	Andrea Kremer.....	10:14.62.....	2001
4.	Andrea Kremer.....	10:15.60.....	2004
5.	Andrea Kremer.....	10:15.77.....	2001
6.	Andrea Kremer.....	10:16.16.....	2003
7.	Andrea Kremer.....	10:17.47.....	2003
8.	Andrea Kremer.....	10:20.85.....	2003
9.	Andrea Kremer.....	10:21.44.....	2001
10.	Andrea Kremer.....	10:22.40.....	2003

4x100-Meter Relay

1.	Erika Harper, Bernitta Johnson.....	45.87.....	05/28/04
	Jamila Johnson, Lashonda Davis		
2.	Kelly Usher, Kim Clement.....	45.97.....	05/22/99
	Leslie Smith, Jolyn Darby		
3.	Erika Harper, Bernitta Johnson.....	45.99.....	05/15/04
	Jamila Johnson, Lashonda Davis		
4.	Erika Harper, Bernitta Johnson.....	46.12.....	05/12/04
	Jamila Johnson, Lashonda Davis		
5.	Kelly Usher, Kim Clement.....	46.25.....	04/11/98
	Leslie Smith, Jolyn Darby		
6.	Ariel Johnson, Layne Baggett	46.32	4/23/11
	Katie Scannell, Diona Graves		
7.	Erika Harper, Bernitta Johnson.....	46.34.....	05/01/04
	Jamila Johnson, Lashonda Davis		
8.	Kelly Usher, Kim Clement.....	46.35.....	05/14/99
	Leslie Smith, Jolyn Darby		
9.	Kelly Usher, Kim Clement.....	46.44.....	04/03/99
	Leslie Smith, Jolyn Darby		
10.	Erika Harper, Bernitta Johnson.....	46.45.....	04/10/04
	Jamila Johnson, Lashonda Davis		

4x400-Meter Relay

1.	Diona Graves, Tasha Profit	3:42.72	05/15/10
	Ruth Rasch, Rachael Clay		
2.	Erica Barnett, Katie Dyer.....	3:44.91.....	05/15/04
	Jen Caldwell, Erika Harper		
3.	Rasheda Malcolm, Katie Dyer.....	3:44.99.....	04/19/03
	Jen Caldwell, Erika Harper		
4.	Rasheda Malcolm, Katie Dyer.....	3:45.16.....	04/12/03
	Jen Caldwell, Erika Harper		
5.	Kim Horning, Taryn Nye.....	3:45.57.....	05/05/06
	Andrea Tepe, Betsy Allen		
6.	Diona Graves, Katie Scannell	3:45.79	4/23/11
	Ruth Rasch, Rachael Clay		
7.	Kristen Renner, Delisa Binning.....	3:45.91.....	05/23/98
	Angie Schmitz, C. Alexander		
8.	Wendy Weiss, Nikki Dutton.....	3:46.01.....	04/18/92
	Michelle Scotch, Terri Hatcher		
9.	Rasheda Malcolm, Katie Dyer.....	3:46.05.....	05/17/03
	Jen Caldwell, Erika Harper		
10.	Kristen Renner, Delisa Binning.....	3:46.38.....	04/11/98
	Angie Schmitz, C. Alexander		

Current RedHawks in **BOLD**

All-Time Outdoor Top-10s

TOP-10 OUTDOOR RELAY AND FIELD PERFORMANCES

4x800-Meter Relay

1.	Amanda Mirochna, Kelley Miller	8:54.97	04/24/09
	Olivia Klaus, Katie Lenahan		
2.	Jenny Korrison, Sarah Correll	9:16.28	03/23/03
	Sophie Afridi, Sara Edwards		
3.	Gina Kline, Rachael Fonda	9:16.59	04/15/95
	Jennifer Anderson, Minette Jackson		
4.	Jenny Korrison, Sarah Correll	9:17.31	03/24/02
	Kylee Studer, Sara Edwards		
5.	Minette Jackson, Nikki Dutton	9:18.47	03/26/94
	Gina Kline, Rachael Fonda		
6.	Jenna Hann, Tricia Roddy	9:22.94	03/24/96
	Alyson Butterfield, Gina Kline		
7.	Celest Smyth, Cindy Beul	9:24.34	03/18/88
	Paula Kenny, Liz Cowie		
8.	Kylee Studer, Jo Custer	9:26.98	03/16/01
	Sara Edwards, Jenny Korrison		
9.	Gina Kline, Tricia Roddy	9:30.84	04/20/96
	Jenna Hann, Lynn Garrett		
10.	Laura Nash, Celest Smyth	9:32.13	03/24/90
	Liz Cowie, Julie Rhoda		

Distance Medley Relay (1200-400-800-1600)

1.	Amanda Mirochna, Rachael Clay	11:31.48	04/22/10
	Katie Lenahan, Kelley Miller		
2.	Katie Lenahan, Kelley Miller	11:43.18	04/24/09
	Olivia Klaus, Amanda Mirochna		
3.	Megan Stanley, Kim Clement	11:43.43	03/28/99
	Jenna Hann, Tricia Roddy		
4.	Amanda Mirochna, Andrea Tepe	11:49.80	03/21/08
	Katie Lenahan, Jennie Stoll		
5.	Jenny Korrison, Erica Barnett	12:02.55	03/25/01
	Sara Edwards, Andrea Kremer		
6.	Jenny Korrison, Maeghan Ramser	12:06.20	03/16/01
	Sara Edwards, Andrea Kremer		
7.	Cindy Beul, Michelle Scotch	12:06.74	03/18/88
	Liz Cowie, Celest Smyth		
8.	Cindy Beul, Michelle Scotch	12:07.64	03/15/89
	Linda Kuhel, Celest Smyth		
9.	Minette Jackson, Kim Hoffmann	12:16.45	04/15/95
	Rachael Fonda, Gina Kline		
10.	Lynn Garrett, Brittany Rusch	12:28.24	04/20/96
	Tricia Roddy, Gina Kline		

Long Jump

1.	Lashonda Davis	6.40m (21-0)	05/12/06
2.	Lashonda Davis	6.36m (20-10½)	2005
3.	Lashonda Davis	6.29m (20-7¾)	2004
4.	Lashonda Davis	6.28m (20-7¼)	2006
5.	Lashonda Davis	6.24m (20-5¾)	2005
6.	Lashonda Davis	6.21m (20-4½)	2005
	Lashonda Davis	6.21m (20-4½)	2006
8.	Lashonda Davis	6.18m (20-3½)	2006
9.	Lashonda Davis	6.17m (20-2¾)	2006
10.	Lashonda Davis	6.08m (19-11½)	2005

Triple Jump

1.	Bernitta Johnson	12.83m (42-1)	04/19/03
2.	Bernitta Johnson	12.80m (42-0)	2004
3.	Bernitta Johnson	12.78m (41-11)	2004
4.	Carrie Mitchell	12.74m (41-9¾)	05/12/01
5.	Carrie Mitchell	12.68m (41-7¼)	2001
6.	Bernitta Johnson	12.67m (41-7)	2003
7.	Alexis Lape	12.61 (41-4½)	04/25/09
8.	Bernitta Johnson	12.55m (41-2¼)	2004
9.	Carrie Mitchell	12.53m (41-1½)	2001
10.	Bernitta Johnson	12.51m (41-0½)	2003

High Jump

1.	Meghan Gilhooly	1.80m (5-10¾)	04/24/99
	Kristina Bolterstein	1.80m (5-10¾)	04/28/07
	Kristina Bolterstein	1.80m (5-10¾)	2007
	Kristina Bolterstein	1.80m (5-10¾)	2008
	Kristina Bolterstein	1.80m (5-10¾)	2008
6.	Meghan Gilhooly	1.79m (5-10½)	1997
7.	Kim Hill	1.78m (5-10)	05/11/91
	Meghan Gilhooly	1.78m (5-10)	1998
	Kristina Bolterstein	1.78m (5-10)	2007
	Kristina Bolterstein	1.78m (5-10)	2007
	Kristina Bolterstein	1.78m (5-10)	2007
	Kristina Bolterstein	1.78m (5-10)	2007

Pole Vault

1.	Sarah Landau	4.16m (13-7¾)	05/28/05
2.	Sarah Landau	4.12m (13-6¾)	2006
3.	Sarah Landau	4.10m (13-5¼)	2006
	Sarah Landau	4.10m (13-5¼)	2005
	Sarah Landau	4.10m (13-5¼)	2006
	Sarah Landau	4.10m (13-5¼)	2005
7.	Sarah Landau	4.06m (13-3¾)	2006
8.	Sarah Landau	4.05m (13-3½)	2005
	Sarah Landau	4.05m (13-3½)	2006
10.	Sarah Landau	4.04m (13-3¼)	2006

Shot Put

1.	Alexandra Roberts	15.20m (49-10.5)	2011
2.	Alexandra Roberts	15.16m (49-9)	2011
3.	Alexandra Roberts	15.16m (49-9)	2011
4.	Alexandra Roberts	15.10m (49-6.5)	2011
5.	Alexandra Roberts	15.08m (49-5.75)	2011
6.	Alexandra Roberts	15.05m (49-4.5)	2011
7.	Alexandra Roberts	15.01m (49-3)	2011
8.	Lauren Collins	14.97m (49-1½)	05/16/03
9.	Alexandra Roberts	14.92m (48-11.5)	2011
10.	Alexandra Roberts	14.83m (48-8.25)	2011

Discus Throw

1.	Christin Scott	49.71m (163-1)	05/10/97
2.	Christin Scott	49.59m (162-8)	1996
3.	Christin Scott	49.49m (162-4)	1997
4.	Alexandra Roberts	48-72M (159-10)	04/08/11
5.	Quekan Ibdunni	48.11m (157-10)	04/09/05
6.	Christin Scott	48.04m (157-7)	1997
7.	Lauren Collins	47.94m (157-3)	05/04/02
8.	Christin Scott	47.63m (156-3)	1996
9.	Christin Scott	47.61m (156-2)	1997
10.	Lauren Collins	47.28m (155-1)	2003

Hammer Throw

1.	Lauren Collins	59.01m (193-7)	05/15/03
2.	Lauren Collins	57.31m (188-0)	2004
3.	Lauren Collins	57.21m (187-8)	2003
4.	Lauren Collins	56.67m (185-11)	2004
5.	Lauren Collins	56.39m (185-0)	2004
6.	Lauren Collins	56.01m (183-9)	2004
7.	Lauren Collins	55.91m (183-5)	2003
8.	Lauren Collins	55.86m (183-3)	2004
9.	Lauren Collins	55.79m (183-0)	2004
	Lauren Collins	55.79m (183-0)	2004

Javelin Throw (New rule post-1998)

1.	Tori Paterra	49.91m (163-9)	03/26/11
2.	Tori Paterra	49.17m (161-4)	2011
3.	Tori Paterra	48.99m (160-9)	2011
4.	Tori Paterra	48.61m (159-6)	2011
5.	Tori Paterra	47.87m (157-1)	2011
6.	Tori Paterra	47.65m (156-4)	2011
7.	Tori Paterra	47.36m (155-4)	2011
8.	Joanna Borawski	46.01m (150-11)	04/13/05
9.	Tori Paterra	45.59m (149-7)	2011
10.	Tori Paterra	45.38m (148-11)	2011

Javelin Throw (Old rule pre-1999)

1.	Nancy Denny	52.71 (172-11)	05/07/91
2.	Nancy Denny	50.35 (165-2)	1992
3.	Nancy Denny	49.92 (163-9)	1991
4.	Nancy Denny	49.43 (162-2)	1991
5.	Nancy Denny	48.98 (160-8)	1992
6.	Nancy Denny	48.88 (160-4)	1991
7.	Nancy Denny	48.83 (160-2)	1991
8.	Nancy Denny	48.70 (159-9)	1991
9.	Nancy Denny	48.55 (159-3)	1991
10.	Nancy Denny	48.50 (159-1)	1990

Heptathlon

1.	Becca Williams	5144	05/18-19/95
2.	Becca Williams	5099	1995
3.	Taryn Nye	5009	04/12-13/06
4.	Kim Hill	4964	05/16-17/91
5.	Taryn Nye	4962	2006
6.	Becca Williams	4958	1995
7.	Nicki Mitchell	4956	05/14-15/09
8.	Nicki Mitchell	4952	04/17-18/09
9.	Taryn Nye	4938	2006
10.	Mary Alice Wolf	4886	05/21-22/87

Current RedHawks in **BOLD**



KRISTINA BOLTERSTEIN

- 2007—HIGH JUMP (5-10 3/4)
- 2008—HIGH JUMP (5-10 3/4)

- 2006 MAC Indoor Champion—High Jump (5-10)
- 2007 MAC Indoor Champion—High Jump (6-1 1/2)
- 2008 MAC Indoor Champion—High Jump (5-10)
- 2008 MAC Outdoor Champion—High Jump (5-11 1/4)



ANDREA KREMER

- 2001, '03—STEEPLECHASE (10:10.61)
- 2001—CROSS COUNTRY (17:12)

- 2001, '03 MAC Champion—3000 Steeplechase (10:10.61)
- 2001, '03, '04 • Miami Athlete of the Year
- American Junior Record Holder—Steeplechase
- 2003 • Regional Champion—3000 Steeplechase (10:15)
- 2003 • MAC Champion—5000 Meters (16:35)
- 2003 • MAC Champion—Cross Country (17:21)



MOLLY CULLEN

- 1992—5000M (16:15.97)

- 1991 MAC Champion—Cross Country (17:21)
- 1992 MAC Champion—5000 Meters (16:15.97)
- 1992 Miami Athlete of the Year



NANCY DENNY

- 1991, '92—JAVELIN (172'11")

- 1990, '91, '92 MAC Champion—Javelin (172-11)
- 1991 Miami Athlete of the Year



MELISSA MAYERS

- 1996—CROSS COUNTRY (17:28)

- 1996 All-MAC—Cross Country (17:28)
- 1997 All-MAC—5000 Meters (17:01)



JULIE RHODA

- 1992—3,000M (9:28.64)

- 1992 MAC Champion—Cross Country (17:31)
- 1993 MAC Champion—3000 Meters (9:28.64)
- 1993 MAC Champion—5000 Meters (17:00.00)
- 1993 Miami Athlete of the Year



BECCA WILLIAMS

- 1996, '97—400M HURDLES (54.98)

- 1995, '96, '97 MAC Champion—100 Hurdles (13.31)
- 1996 MAC Champion—400 Hurdles (54.98)
- 1996 MAC Champion—400 Meters (54.64)
- 1996, '97 Miami Athlete of the Year

MAC Champions



CARRIE ALEXANDER

- 1998 MAC Champion—Indoor 800 Meters (2:08.53)
- 1998 MAC Champion—Outdoor 800 Meters (2:07.87)



HOPE ALEXANDER

- 2011 MAC Outdoor Champion—Triple Jump (39-11 1/2)



LAYNE BAGGETT

- 2011 MAC Outdoor Champion—100-Meter Hurdles (13.77)



LAUREN COLLINS

- 2003 MAC Champion—Shot Put (49-1 1/2)
- 2003, '04 MAC Champion—Hammer Throw (193-7)
- 2004 MAC Champion—Weight Throw (63-0 1/4)



ERIN CONNOLLY

- 2003, '04 MAC Champion—100-Meter Hurdles (13.69)
- 2003 MAC Champion—60-Meter Hurdles (8.46)



LASHONDA DAVIS

- 2005, '07 MAC Indoor Champion—60 Meters (7.37)
- 2005 MAC Outdoor Champion—100 Meters (11.82)
- 2006 MAC Outdoor Champion—Long Jump (21-0)
- 2007 MAC Indoor Champion—Long Jump (19-9 3/4)



MEGHAN GILHOOLY

- 1997 MAC Champion—High Jump (5-10 3/4)



KIM HILL

- 1991 MAC Champion—Heptathlon (4,964 points)
- 1991 MAC Champion—High Jump (5-10)

MAC Champions



CANDICE HONROTH

- 1986, '87, '88 MAC Champion—100-Meter Hurdles (13.92)
- 1988 MAC Champion—400-Meter Hurdles (60.12)



SARAH LANDAU

- 2006 MAC Indoor Champion—Pole Vault: (13-1/4)
- 2006 MAC Outdoor Champion—Pole Vault (13-3)



GRACE LOSIER

- 1987, '88 MAC Champion—Triple Jump (40-2)



KELLEY MILLER

- 2010 MAC Indoor Champion—Mile Run (4:58.42)
- 2010 MAC Outdoor Champion—1500M (4:30.54)



AMANDA MIROCHNA

- 2009 MAC Outdoor Champion—3000M Steeplechase (10:47.44)
- 2010 MAC Outdoor Champion—3000M Steeplechase (10:38.11)



CARRIE MITCHELL

- 1999 MAC Champion—Triple Jump (40-7 3/4)



ERICA MUDD

- 2011 MAC Indoor Champion—High Jump (5-8 1/2)



TORI PATERRA

- 2011 MAC Outdoor Champion—Javelin (160-9)
- Honorable Mention All-American - Javelin

MAC Champions



RACHEL PATTERSON

- 2011 MAC Indoor Champion—5000 Meters (16:32.01)
- 2011 MAC Indoor Champion—3000 Meters (9:39.44)
- 2011 MAC Outdoor Champion—10,000 Meters (35:13.69)
- Honorable Mention All-American - Outdoor 5000 Meters



BRENDA REED

- 1987 MAC Champion—Shot Put (47-7)
- 1987 MAC Champion—Discus (153-4)



TRICIA RODDY

- 1997 MAC Champion—Indoor Mile (4:51)
- 1997 MAC Outdoor Champion—3000 Meters (9:39.10)
- 1999 Miami Scholar-Athlete of the Year



MICHELLE SLYKHUIS

- 1986 MAC Champion—10,000 Meters (34:48.34)
- 1986 Miami Scholar-Athlete of the Year



CELEST SMYTH

- 1990 MAC Champion—Cross Country/NCAA Qualifier (17:37)
- 1991 MAC Champion—3000/5000 Meters (9:35/17:08)
- 1991 Leann Grimes Davidge Award recipient



JACKIE WATKINS

- 1986 MAC Champion—100 Meters (11.76)
- 1986 MAC Champion—200 Meters (24.09)



EBONITA WILLIAMS

- 1992 MAC Champion—100 Hurdles (13.84)
- 1992 MAC Champion—400 Hurdles (59.47)



MARY ALICE WOLF

- 1986, '87 MAC Champion—Heptathlon (4,886)
- 1986 MAC Champion—High Jump (5-9 1/4)

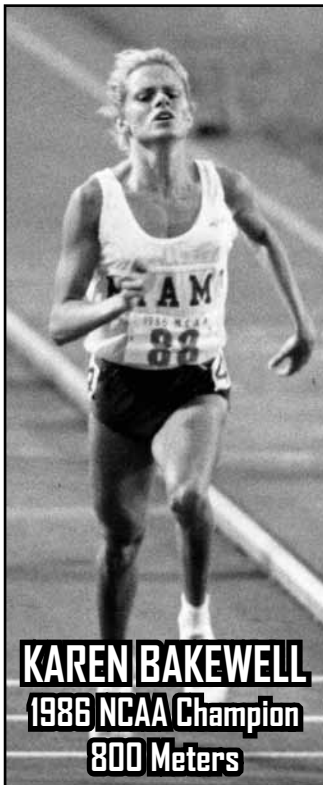
MAC/NCAA Champions



**KIM CLEMENT, NICOLE GUYTON,
KIM HOFFMAN, BECCA WILLIAMS**
• 1996 MAC Champions—4x400 Relay (3:47.37)



**LASHONDA DAVIS, JAMILA JOHNSON,
BERNITTA JOHNSON, ERIKA HARPER**
• 2004 MAC Champions—4x100 Relay (45.99)



- 1984 MAC Champion
400 Meters
.....
- 1984 NCAA Championship
.....
- 1986 NCAA Champion
800 Meters
(Set Collegiate Record 2:00.85)
.....
- 1986 Ranked No. 10 in the World
in the 800 Meters
.....
- 1986 MAC Champion
400 Meters
.....
- 1986 MAC Champion
800 Meters
.....
- 1986 MAC Athlete of the Year

Honors/Awards

ACADEMIC HONORS

MIAMI SCHOLAR-ATHLETE OF THE YEAR

- 1986 Michelle Slykhuis
- 1987 Lisa Holland
- 1994 Wendy Weiss
- 1996 Stacy Boling
- 1997 Gina Kline
- 1999 Tricia Roddy
- 2000 Sharon Poisson
- 2006 Taryn Nye
- 2008 Kristina Bolterstein
- 2010 Kelsey McHugh
- 2011 Rachel Patterson

ACADEMIC ALL-MAC

- 1988 Lisa Holland—Outdoor
Candice Honroth—Outdoor
Celest Smyth (2nd team)
- 1990 Susanne Augustauskas—Outdoor (HM)
Karen Elias—Outdoor (HM)
Martine Wurst—Outdoor (HM)
- 1991 Karen Elias—Outdoor (HM)
Kim Hill—Outdoor (HM)
Martine Wurst—Outdoor (HM)
- 1992 Karen Elias—Outdoor
Wendy Weiss—Outdoor (HM)
- 1993 Janet Novallo—Outdoor
Wendy Weiss—Outdoor
- 1994 Wendy Weiss—Outdoor
Stacy Boling—Outdoor (HM)
- 1995 Rachael Fonda—Outdoor (HM)
Becca Williams—Outdoor (HM)
- 1996 Gina Kline—Indoor/Outdoor
Christin Scott—Outdoor
Becca Williams—Indoor/Outdoor
Alison Danford—Outdoor (HM)
Nicole Guyton—Outdoor (HM)
Brittany Rusch—Indoor (HM)
- 1997 Christin Scott—Outdoor
Gina Kline—Outdoor (HM)
Melissa Mayers—Outdoor (HM)
Tricia Roddy—Outdoor (HM)
Shae Weiskircher—Outdoor (HM)
Becca Williams—Outdoor (HM)
- 1998 Carrie Alexander—Indoor/Outdoor
Tricia Roddy—Outdoor
Kelly Usher—Outdoor
Shae Weiskircher—Outdoor
Lynn Garrett—Indoor (HM)
Ashley Marquard—Indoor (HM)
Shae Weiskircher—Indoor (HM)
- 1999 Tricia Roddy—Indoor/Outdoor
Kelly Usher—Outdoor
Shae Weiskircher—Outdoor
Delisa Binning—Outdoor (HM)
Jenna Hann—Outdoor (HM)
Nikki Lawrie—Outdoor (HM)
Carrie Mitchell—Indoor/Outdoor (HM)
Jennifer Moore—Indoor (HM)
Noel Palatas—Indoor (HM)
Sharon Poisson—Outdoor (HM)
Megan Stanley—Indoor (HM)
- 2003 Andrea Kremer—Outdoor
Lauren Collins—Outdoor
Kate Christoff (HM)
Sarah Correll (HM)
Katie Dyer (HM)
Sara Edwards (HM)
Lindsay Hazen (HM)
Ally Sisler (HM)
Kate Steffen (HM)
Kylee Studer (HM)
- 2004 Lauren Collins—Outdoor/Indoor
Andrea Kremer—Outdoor/Indoor
Kelly Ardelean (HM)

- Lindsey Arundel (HM)
Katie Dyer (HM)
Lindsay Hazen (HM)
Taryn Nye (HM)
- 2005 Lindsey Arundel—Indoor
Kelly Ardelean (HM)
Teresa Bis (HM)
Rachel Buchenroth (HM)
Melissa Drehs (HM)
Katie Dyer (HM)
Jackie Marquardt (HM)
Taryn Nye (HM)
Kristen Proach (HM)
Jessica Ruff (HM)
- 2006 Lindsey Arundel—Indoor
Kristina Bolterstein—Indoor
Sarah Henize—Indoor/Outdoor
Sarah Landau—Indoor
Taryn Nye—Indoor/Outdoor
Kelly Ardelean (HM)
Teresa Bis (HM)
Rachel Buchenroth (HM)
Carol Eckerly (HM)
Sarah Fletcher (HM)
Erin Frazer (HM)
Jackie Marquardt (HM)
Kristen Proach (HM)
Andrea Tepe (HM)
- 2007 Kristina Bolterstein—Indoor/Outdoor
Sarah Landau—Indoor
- 2008 Kristina Bolterstein—Indoor/Outdoor
Betsy Allen—Indoor
Erin Frazier—Indoor
Rebekah Hollander—Outdoor
Jennifer Stoll—Indoor
- 2009 Rebekah Hollander—Indoor/Outdoor (HM)
Alexis Lape—Indoor/Outdoor
Kelsey McHugh—Indoor/Outdoor (HM)
Amanda Mirochna—Indoor (HM)/Outdoor
Nicki Mitchell—Indoor/Outdoor
Margarita Pogorelov—Indoor/Outdoor
Rachel Patterson—Outdoor
Betsy Allen—Indoor (HM)/Outdoor (HM)
Brittney Bernardoni—Outdoor (HM)
Erin Bamberger—Outdoor (HM)
Katie Lenahan—Outdoor (HM)
Amanda Rhoades—Outdoor (HM)
Ruth Rasch—Indoor (HM)/Outdoor (HM)
- 2010 Nicki Mitchell—Indoor/Outdoor
Rachel Patterson—Indoor/Outdoor
Kelsey McHugh—Outdoor
Kelley Miller—Outdoor
Amanda Mirochna—Outdoor
- 2011 **Samantha Gable—Outdoor**
Katie Lenahan—Indoor/Outdoor
Kelley Miller—Indoor
Rachel Patterson—Indoor/Outdoor

MAC HONOR HOLL

(Existed in place of Academic All-MAC from fall '99 through spring 2002)

- 2000 Kelvette Beacham
Kim Dobler
Elizabeth Lundgren
Carrie Mitchell
Sharon Poisson
Tara Pratt
Maeghan Ramser
Ruth Rohrbach
Suzanne Smith
Stephanie Snevel
Megan Stanley
- 2001 Kim Dobler
Kristen Fryburg
Elizabeth Lundgren
Carrie Mitchell
- 2001 Melissa Myers
Maeghan Ramser
Suzanne Smith
Megan Stanley
Kate Steffen
Kylee Studer
Rachel Tomczak
- 2002 Kate Christoff
Lauren Collins
Kim Dobler
Sara Edwards
Lindsay Hazen
Catie Hollinger
Andrea Kremer
Liz Lundgren
Melissa Myers
Ally Sisler
- 2002 Suzanne Smith
Kate Steffen
Kylee Studer
Brienne Wade

Current RedHawks in **BOLD**
HM = Honorable Mention

LEANN GRIMES DAVIDGE AWARD

This award is given in memory of Leann Grimes Davidge, a Miami women's tennis coach who was killed in a car accident in 1985, to a Miami female athlete who excels in athletics, academics and leadership.

CROSS COUNTRY/TRACK & FIELD RECIPIENTS

- 1988 Candice Honroth
- 1991 Celest Smyth
- 1994 Wendy Weiss
- 1997 Christin Scott
- 2001 Carrie Mitchell
- 2011 Rachel Patterson



Leann Grimes Davidge

MAC PRESIDENT'S AWARD

(senior with a 3.5 GPA or higher)

- 1991 Martine Wurst—3.76 GPA
- 1992 Karen Elias—3.90 GPA
- 1994 Wendy Weiss—3.85 GPA
- 1995 Jennifer Anderson—3.56 GPA
- 1997 Gina Kline—3.80 GPA
Christin Scott—3.76 GPA
- 1998 Lynn Garrett—3.80 GPA
- 1999 Kristen Devaney—3.89 GPA
Ashley Marquard—3.78 GPA
Tricia Roddy—3.74 GPA
- 2000 Sharon Poisson—3.89 GPA
- 2001 Megan Stanley—3.66 GPA
- 2002 Kim Dobler—3.96 GPA
Liz Lundgren—3.85 GPA
Suzanne Smith—3.78 GPA
- 2003 Kate Steffen—3.92 GPA
- 2004 Andrea Kremer—3.76 GPA
- 2006 Taryn Nye—3.80 GPA
Lindsey Arundel—3.86 GPA
- 2008 Kristina Bolterstein—3.66 GPA
- 2009 Betsy Allen—3.51 GPA
Erin Bamberger—3.56 GPA
Rebekah Hollander—3.52 GPA
Alexis Lape—3.53 GPA
- 2010 Brittney Bernardoni—3.86 GPA
Kelsey McHugh—3.91 GPA
Nicki Mitchell—3.94 GPA
Margarita Pogorelov—3.60 GPA
Amanda Rhoades—3.88 GPA
- 2011 Amanda Mirochna—3.52 GPA
Rachel Patterson—3.77 GPA
Ruth Rasch—3.71 GPA

MAC BOB JAMES POSTGRADUATE SCHOLARSHIP AWARD

- 2004 Andrea Kremer

CoSIDA ACADEMIC ALL-DISTRICT

- 1994 Wendy Weiss (2nd team)
•3.82, speech communications
- 1997 Becca Williams (1st team)
•3.45, exercise science
- 1998 Shae Weiskircher (2nd team)
•3.93, exercise science
- 1999 Shae Weiskircher (2nd team)
•3.91, exercise science
- 2002 Andrea Kremer (1st team)
•3.85, mathematics
- 2003 Andrea Kremer (1st team)
•3.80, mathematics
- 2004 Andrea Kremer (1st team)
•3.76, mathematics
- 2006 Kristina Bolterstein (2nd team)
•3.58, zoology
- 2007 Kristina Bolterstein (2nd team)
•3.55, zoology
- 2008 Kristina Bolterstein (1st team)
•3.66, zoology
- 2010 Nicki Mitchell (2nd Team)
•3.94, business management

CoSIDA ACADEMIC ALL-AMERICA

- 2008 Kristina Bolterstein (3rd team)
•3.66, zoology

USTFCCCA ALL-ACADEMIC TEAM

- 1996 Tricia Roddy
•3.57, speech pathology
- 1997 Becca Williams (2nd team)
•3.45, exercise science
- 1998 Tricia Roddy
•3.73, speech pathology
- 2002 Andrea Kremer
•3.84, mathematics
- 2003 Lauren Collins

- 3.51, interdisciplinary studies
Katie Dyer
•3.50, pre-medicine
Kristen Fryburg
•3.27, sport organization
Lindsay Hazen
•3.39, business
Andrea Kremer
•3.73, mathematics
Kylee Studer
•3.48, sport organization
- 2004 Andrea Kremer
•3.76, mathematics
Lindsay Hazen
•3.44, business
Lauren Collins
•3.40, interdisciplinary studies
- 2005 Sarah Landau
•3.66, communications
- 2006 Sarah Landau
•3.43, communications
Kristina Bolterstein
•3.52, zoology
- 2007 Andrea Tepe
•3.29, math education
Brittney Bernardoni
•3.79, exercise science
Alexis Lape
•3.44, speech pathology
Kristina Bolterstein
•3.59, zoology
- 2008 Kristina Bolterstein
•3.59, zoology
Margarita Pogorelov
•3.67, business economics
- 2009 Alexis Lape
•3.53, speech pathology
Amanda Mirochna
•3.49, education
Nicki Mitchell
•3.95, business
Rachel Patterson
•3.81, exercise science
Margarita Pogorelov
•3.69, business economics
- 2010 Amanda Mirochna
•3.52, education
Nicki Mitchell
•3.94, business management
Rachel Patterson
•3.72, exercise science
- 2011 **Samantha Gable**
•3.62, early childhood education
Katie Lenahan
•3.32, chemistry
Rachel Patterson
•3.77, exercise science

USTFCCCA ALL-ACADEMIC TEAM

- 2002—3.21 Team GPA
- 2003—3.12 Team GPA
- 2005—3.21 Team GPA
- 2006—3.17 Team GPA
- 2007—3.32 Team GPA
- 2008—3.24 Team GPA
- 2009—3.35 Team GPA
- 2010—3.26 Team GPA
- 2011—3.22 Team GPA

ATHLETIC HONORS

MIAMI FEMALE ATHLETE OF THE YEAR

- 1986 Karen Bakewell
- 1988 Candice Honroth
- 1991 Nancy Denny
- 1992 Molly Cullen
- 1993 Julie Rhoda
- 1996 Becca Williams

- 1997 Becca Williams
- 2001 Andrea Kremer
- 2003 Andrea Kremer
- 2004 Andrea Kremer
- 2005 Lashonda Davis
- 2007 Kristina Bolterstein

MAC CHAMPIONS

- 1984 Karen Bakewell
- 1985 Michelle Slykhuis
- 1986 Jackie Watkins
Karen Bakewell
Mary Alice Wolf
Candice Honroth
- 1987 Grace Losier
Brenda Reed
Candice Honroth
Mary Alice Wolf
- 1988 Grace Losier
Candice Honroth
- 1990 Nancy Denny
- 1991 Nancy Denny
Kim Hill
Celest Smyth
- 1992 Ebonita Williams
Nancy Denny
Molly Cullen
Julie Rhoda
- 1993 Becca Williams
- 1995 Becca Williams
- 1996 Becca Williams
- 1997 Becca Williams
Tricia Roddy
Meghan Gilhooly
- 1998 Carrie Alexander
- 1999 Carrie Mitchell
- 2001 Andrea Kremer
- 2003 Andrea Kremer
Lauren Collins
Erin Connolly
- 2004 Lauren Collins
Erin Connolly
4x100 Relay (E. Harper, B. Johnson, J. Johnson, L. Davis)
- 2005 Lashonda Davis
- 2006 Kristina Bolterstein
Sarah Landau
Lashonda Davis
- 2007 Kristina Bolterstein
Lashonda Davis
- 2008 Kristina Bolterstein
- 2009 Amanda Mirochna
- 2010 **Kelley Miller**
Amanda Mirochna
- 2011 Hope Alexander
Layne Baggett
Erica Mudd
Tori Paterra
Rachel Patterson

MAC ATHLETE OF THE YEAR

- 1986 Karen Bakewell
- 1996 Becca Williams
- 2001 Andrea Kremer
- 2003 Lauren Collins
- 2011 Rachel Patterson (Most Outstanding Performer Indoors)

NCAA QUALIFIERS

- 1986 Karen Bakewell
- 1991 Nancy Denny
- 1992 Nancy Denny
Molly Cullen
- 1993 Julie Rhoda
- 1996 Becca Williams
- 1997 Becca Williams
- 2001 Andrea Kramer
- 2003 Andrea Kramer
Lauren Collins

Current RedHawks
in **BOLD**

Honors/Awards/Community Service

- 2004 Andrea Kremer
Lashonda Davis
- 2005 Sarah Landau
Lashonda Davis
- 2006 Sarah Landau
- 2007 Kristina Bolterstein
Sarah Landau
- 2008 Kristina Bolterstein
- 2011 **Tori Paterra**
Rachel Patterson

ALL-REGION (STARTED IN 2003)

- 2003 Lauren Collins
- 2004 Andrea Kremer
Lashonda Davis
- 2005 Lashonda Davis
Sarah Landau
- 2006 Sarah Landau
- 2007 Kristina Bolterstein
- 2008 Kristina Bolterstein

ALL-AMERICA

- 1986 Karen Bakewell
- 1991 Nancy Denny
- 1992 Nancy Denny
Molly Cullen
- 1993 Julie Rhoda
- 1996 Becca Williams
- 1997 Becca Williams
- 2001 Andrea Kremer
- 2003 Andrea Kremer
- 2007 Kristina Bolterstein
- 2008 Kristina Bolterstein
- 2011 **Tori Paterra (Honorable Mention)**
- 2011 Rachel Patterson (Honorable Mention)

U.S. OLYMPIC FESTIVAL

- 1993 Julie Rhoda

U.S. OLYMPIC TRIALS

- 1992 Nancy Denny
- 1992 Molly Cullen
- 1996 Becca Williams



In May of 2010, the Miami track and field team sponsored the first annual Miami Mile, as students from Kramer Elementary ran from their school down the street to Miami's Millett Hall to help promote good exercise habits and teach kids how long a mile truly is. The RedHawks held the second annual event in May of 2011.

U.S. WOMEN'S TRACK & FIELD COACHES ALL-ACADEMIC TEAM

Since 2002, the Miami University women's track and field team has been named an All-Academic Team by the U.S. Track and Field and Cross Country Coaches Association in nine of the last 10 years. The distinction is given to teams whose cumulative GPA is above a 3.0. Miami achieved its highest team GPA of the decade in 2009 with a 3.35 and hasn't totaled a team GPA lower than 3.12 since 2002.



All-Academic Teams

- 2002—3.21 Team GPA
- 2003—3.12 Team GPA
- 2005—3.21 Team GPA
- 2006—3.17 Team GPA
- 2007—3.32 Team GPA
- 2008—3.24 Team GPA
- 2009—3.35 Team GPA
- 2010—3.26 Team GPA
- 2011—3.22 Team GPA

The 2011 Miami track and field team earned a 3.22 team GPA, which was third-best among MAC schools in 2011. The RedHawks earned All-Academic Team honors for the seventh straight season last year.

Molly Cullen



One of the most prolific distance runners in Miami women's track and field and cross country history, Molly Cullen won three individual Mid-American Conference titles during her collegiate career. Miami's 1992 Female Athlete of the Year, Cullen earned All-America status after finishing fifth in the 5000-meter run at the 1992 NCAA Championships. That same season, Cullen won the 3000- and 5000-meter runs at the MAC Track and Field Championships, establishing Miami records in both events, while earning the right to compete at the 1992 U.S. Olympic Trials. On the cross country course, Cullen was the individual champion at the 1991 MAC Cross Country Meet and advanced to the 1991 NCAA Championships.

Julie Rhoda joined the women's cross country & track team in the winter of 1988 as a walk-on. Four years later, she capped her cross country career by winning the 1992 MAC individual title. She also earned all-region honors and qualified for the NCAA's national race. On the national stage, she finished 35th out of 184

runners, missing All-America honors by one place. During her junior track season, she took runner-up honors in both the 3000-meter and 5000-meter events at the MAC meet, following fellow Hall of Fame member Molly Cullen, while placing third in the 1500 meters. As a senior, she won the 3000 and 5000-meter MAC races and claimed silver in the 1500 meters. Rhoda concluded her collegiate career by earning all-America honors at the NCAA Championships in the 3000 meters.

Julie Rhoda



Nancy Denny



Nancy Denny was one of the most dominant throwers in Mid-American Conference javelin history. After finishing fifth in the MAC Javelin her freshman year, she reeled off three straight MAC Championships, ending her senior year setting a new MAC record of 172-11. She was ranked 12th in the United States her senior year and was named Miami's 1991 Athlete of the Year. Twice in her career she earned All-America honors for finishing sixth both her junior and her senior years. Denny participated in the 1992 U.S. Olympic Trials.

Candice Honroth



Candice Honroth was a four-time MAC Champion for Miami University's women's track and field team. Honroth captured MAC titles in the 100-meter hurdles three straight years (1986-1988), becoming the first in MAC history to achieve the feat in the event. In her final season, Honroth also seized an individual title in the 400-meter hurdles. She finished her career as Miami's all-time point scorer and currently ranks among the top 15. She set Miami records in both the 400-meter and 100-meter hurdles as a senior and remains fourth and fifth, respectively, all-time at Miami. Additionally, Honroth was an Academic All-MAC selection in 1988, the first year of the award. Following her senior campaign, Honroth was tabbed Miami's Female Athlete of the Year and its Leann Grimes Davidge Memorial Award recipient. She was the first track and field athlete to earn the Leann Grimes Davidge Memorial Award and the second to capture Miami Female Athlete of the Year honors. As a sophomore in 1986, she helped Miami to its only women's track and field MAC championship.

Becca Williams



Williams was a two-time All-American (1996, 1997), Miami's second two-time All-American in women's track and field. A two-time NCAA Championship qualifier, she placed fourth at the 1996 NCAA Championships in the 400-meter hurdles—the second-best finish of any women's track & field athlete in Miami history. Twice named the Most Valuable Performer of the MAC Championships (1996 and 1997), Williams also became just the second Miami athlete to twice garner athlete of the year honors being named the Miami Female Athlete of the Year in 1996 and 1997. A five-time MAC Champion—capturing the 100-meter hurdles title in 1995, 1996 and 1997, and winning the 400 meters and the 400-meter hurdles in 1996—Williams was one of just a handful of athletes to win three MAC crowns in a single meet, doing so at the 1996 MAC Championships. She was a U.S. Olympic trial qualifier, becoming the first alternate for the U.S. Olympic Team in 1996. She continues to own six Miami records: 100-meter hurdles (outdoor), 400-meter hurdles (outdoor), 55-meter hurdles (indoor), 600m run (indoor), heptathlon (outdoor) and the pentathlon (indoor), still owning the MAC record in the 100 and 400 hurdles. Additionally, she earned CoSIDA Academic All-District First-Team honors, was a United States Track Coaches Association Scholar All-American and was a three-time Academic All-MAC selection.

Year-by-Year History



1975 ... Women's track and field is added as a varsity sport at Miami. **Brenda Blessing** is named as the first head coach in program history.

1981 ... Miami finishes ninth with 20 team points at the first Mid-American Conference Championships under head coach **Jocelyn Williams**. Freshman **Pam Hall** (Weston, Mass.) becomes the first Miamian to score in the throwing events, earning bronze medals in both the shot put and discus.

1982 ... Hall replicates her third-place finish in the discus and wins silver in the shot put as Miami places eighth at the MAC meet.

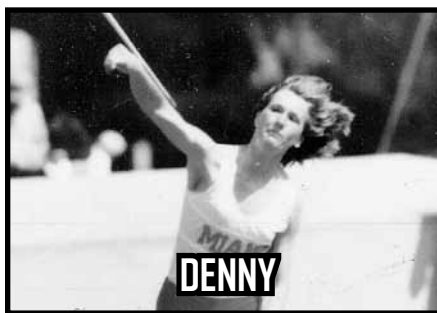
1983 ... At the MAC meet, Hall places second in the shot put and fifth in the discus, and **Maude DiVittis** (Latrobe, Pa.) becomes the first Miamian to score in the javelin with a fifth-place finish.

1984 ... **Karen Bakewell** (Jamestown, N.Y.) wins the 400-meter MAC title and qualifies for the national meet. Hall scores for the fourth straight season and leaves Miami as the school record holder in both the shot put and discus.

1985 ... In **Rich Ceronie's** first season, Miami posts its highest finish to date, finishing fourth in the MAC. **Johya Howell** (Cleveland, Ohio) sets two new Miami indoor standards in the long jump (18-2) and triple jump (37-3), while **Mary Alice Wolf** (Englewood, Ohio) hits new outdoor marks in the high jump (5-8) and triple jump (36-2).

1986 ... For the first time in program history, Miami wins a MAC track and field title and has a NCAA Champion. Bakewell wins the national title in the 800 meters, earns MAC titles in the 400 and 800 and ends the season ranked No. 10 in the world in the 800. In addition, Wolf wins the heptathlon and high jump and **Candice Honroth** (Brecksville, Ohio) wins the 100-meter hurdles at the MAC meet.

1987 ... In Miami's third-place MAC finish, **Brenda Reed** (Waverly, Ohio) wins the MAC shot put title (46-7), **Grace Losier** (Tarrytown, N.Y.) takes the triple jump (38-6), and Wolf places first in the heptathlon. Honroth also wins the second of three straight 100-hurdle titles.



1988 ... Losier leaps 40-2 to win the MAC triple jump title, setting a new Miami and MAC record in the event, while **Melissa Archibald** (Toledo, Ohio) added scoring finishes in all three throwing events. Honroth, the Miami Athlete of the Year, caps off a brilliant career by becoming the first MAC woman to win three 100-meter hurdle titles in a row and adds the 400-meter hurdle title.

1989 ... Helping Miami place seventh, three Miami throwers—Archibald, **Tracee Holmes** (Walworth, N.Y.) and **Nancy Denny** (Malvern, Pa.)—score as just misses its fifth straight top-five finish.

1990 ... Finishing seventh at the MAC Championships, Miami's bright spot is Denny, who wins her first of three consecutive conference titles in the javelin.

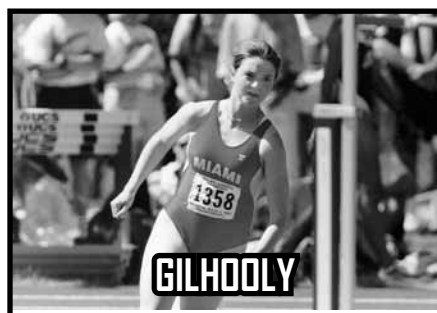
1991 ... Denny sets a new conference javelin record (172-11) in her MAC title win in the javelin and goes on to earn All-America honors at the NCAA Championships at Texas. **Kim Hill** (Defiance, Ohio) takes the high jump (5-10) and heptathlon (4,964 points) titles at the MAC meet and also finishes the year ranked 32nd nationally in the high jump.

1992 ... Denny wins her third MAC javelin title, earns All-America honors and is tabbed to represent Miami at the 1992 U.S. Olympic Trials held in New Orleans, La. Helping Miami finish among the top three in the conference for the first time since 1987, **Ebonita Williams** (Cleveland, Ohio) wins the 400-meter hurdle MAC title in an NCAA qualifying time of 59.47.

1993 ... Miami finishes fourth at the MAC meet as **Wendy Weiss** (West Geauga, Ohio) and Williams score in both hurdle events and **Robin DeZuba** (Parma, Ohio) scores in the heptathlon and high jump.

1994 ... Turning in a fourth-place MAC finish, Miami is led by freshman **Becca Williams** (New Castle, Ind.) who scores in both hurdle events, earns runner-up honors in the heptathlon and qualifies for the U.S. Junior National team. Lavengood caps her Miami career by scoring in the throws for the fourth straight season.

1995 ... Coming off a third-place finish in the heptathlon at the USA Junior National Championships, Williams wins the MAC title in the short hurdles and ups her



heptathlon best to 5,144 points. She earns silver at the conference championship and ends the year ranked 34th in the nation in the multi-event.

1996 ... Helping Miami finish fifth, Williams wins three individual events at the MAC Championships (100- and 400-meter hurdles, 400 meters) and runs a leg on the 4x400 meter relay. Williams goes on to earn All-America honors in the 400 hurdles running the seventh fastest time ever in the United States, and earns a trip to the 1996 Olympic Trials.

1997 ... Williams wins the MAC title in the 100-meter hurdles and earns All-America status for the second straight season. During her four seasons, she is twice honored as the Miami Athlete of the Year and once as MAC Athlete of the Year. Freshman **Meghan Gilhooly** (Chicago, Ill.) wins the MAC Championship in the high jump with a new Miami record (5-10).

1998 ... Miami places eighth in the MAC, getting positive performances from **Delisa Binning** (Cherry Creek, Colo.) in the hurdles, Gilhooly in the high jump and **Aisha Abernathy** (Cincinnati, Ohio) in the throws.

1999 ... Abernathy sets a new Miami hammer throw record (162-2) and Gilhooly sets a new standard in the high jump (5-10 3/4) as they help Miami to an eighth-place finish at the MAC outdoor meet. **Carrie Mitchell** (Erie, Pa.) also sets a new triple jump indoor record (40-7 3/4).

2000 ... Miami places seventh at the indoor MAC meet and has 11 athletes place on the MAC honor roll.

2001 ... Helping Miami post its first top-five finish outdoors in five seasons, **Katie Hanley** (Glen Rock, N.J.) places fourth in the heptathlon, **Bernitta Johnson** (Wilkes-Barre, Pa.) hits a new school record in the long jump (19-1), while **Lauren Collins** (Indianapolis, Ind.) sets a new standard in the hammer throw (172-8).

2002 ... Collins scores in three throwing events at the MAC meet, while Miami adds its first scoring finish in the pole vault from **Tabitha Schwartz** (Concord, Va.).

Year-by-Year History



2003 ... Finishing as the MAC runner-up outdoors, Collins wins the MAC MVP with a new conference record toss (193-7) in the hammer throw, a new PR (49-1 1/2) in the shot put, and a second-place finish in the discus (153-10). Winning the MAC hammer and shot title, Collins also qualifies for the national meet in the hammer throw. **Erin Connolly** (Springfield, Ohio) wins the MAC Indoor title in the 60-meter hurdles and outdoor title in the 100-meter hurdles.

2004 ... In the second of Miami's back-to-back runner up finishes at the outdoor MAC meet, Johnson scores for the fourth straight year in the jumps, **Lashonda Davis** (Kokomo, Ind.) qualifies for the NCAA Championships in the long jump and Collins wins her second straight hammer title. Collins becomes the first MAC athlete to score all four years in the shot put, discus and hammer and becomes Miami's all-time leading point scorer.

2005 ... Miami sends two athletes to the NCAA Championships as Davis and **Sarah Landau** (Geneva, Ill.) qualify in the long jump and pole vault, respectively. Landau sets a MidEast Regional record with a vault of 13' 7 3/4" to win the NCAA Regional Championship and ends the season as the top American freshman, ranking 11th nationally.

2006 ... Miami has three athletes set school records between the indoor and outdoor seasons with Davis, Landau and **Kristina Bolterstein** (Middleburg Heights, Ohio) combining to reset school standards in the sprints and jumps. All three qualify for regionals, with Landau advancing to the NCAA Championships in the pole vault for the second straight season. She finishes 11th overall.

2007 ... Bolterstein sets a Miami record in the high jump, clearing 6-1 1/2 during the indoor season and is named Great Lakes Region Indoor Field Athlete of the Year. She qualifies for the national meet both indoors and outdoors and finishes 14th nationally outdoors, earning her All-American status. Davis sets Miami records in the 55 meters and 60 meters during the indoor season, en route to MAC championships in the 60 meters and long jump.

2008 ... Bolterstein earns All-America honors in the high jump with an eighth-place finish at the NCAA Championships.

The senior finished fifth at the MidEast Regionals, earning a spot in the nationals by winning a jump off. She wrapped up her competition in the Mid-American Conference by winning her fourth high jump title and her first outdoor crown at the MAC Championships at Bowling Green.

The cross country team makes history in the fall, winning its first MAC Championship. Five runners earned all-conference honors (two first-team, three second-team), led by **Rachel Patterson's** (Rochester, Mich.) third-place finish. The team later earned votes in the national poll and finished sixth at the Great Lakes Regional, its highest spot ever.

2009 ... Helping Miami to a fourth place outdoor finish at the MAC Championships, **Amanda Mirochna** (Naperville, Ill.) wins the 3,000m steeplechase as the second-best performer in Miami history. She also sets the school record in the 1500m in 4:26.77 at the All-Ohio Championships. Five RedHawks, including Mirochna, qualify for regionals.

Indoors, Miami ties for third at MACs as **Margarita Pogorelov** (Bat Yam, Israel) sets the school record in the 200m in 24.50 to finish third in the event. Cross country wins the MAC title for a second straight year, led by Mirochna in third place. First-year head coach **Kelly Phillips** also earned MAC Women's Cross Country Coach of the Year honors.

2010 ... Mirochna repeats as MAC steeplechase champion outdoors while **Kelley Miller** (Dublin, Ohio) wins the MAC mile indoors and the 1500m outdoors. Miller also sets school records in both during the sea-



son while Mirochna sets the 3000m record indoors. Patterson and **Alexandra Roberts** (Hilliard, Ohio) also set Miami records in the 5K and shot put indoors, respectively. All four, along with **Katie Lenahan** (Cincinnati, Ohio) in the 800m, qualify for the NCAA East Preliminary Rounds outdoors.

2011 ... Miami sends five athletes to the NCAA East Preliminary Rounds, including two who qualified for the NCAA Outdoor Championships in Patterson in the 5000m and **Tori Paterra** (Elizabeth, Pa.) in the javelin as a freshman. Both earn Honorable Mention All-America. Patterson also earns Most Outstanding Performer at the MAC Indoor Championships, winning both the 3K and 5K races, while **Erica Mudd** (Cincinnati, Ohio) wins the high jump as a freshman to help Miami finish in third place, tying its best-ever finish. Outdoors, Patterson wins the 10K MAC title while **Layne Baggett** (Pittsburgh, Pa.) wins the 100m hurdles, **Hope Alexander** (Wilmington, Del.) the triple jump and Paterra the javelin as Miami also finished third outdoors at the MAC meet. **Diona Graves** (Fenton, Mo.) sets the 100m dash school record, as well.

MIAMI TRACK & FIELD: BY THE NUMBERS

1 ... National Champion
(Bakewell - 1986)

3 ... Olympic Trial Qualifiers
(Denny, Cullen, Williams)

3 ... Two-Time All-America honorees
(Denny, Williams, Kremer)

6 ... Leann Grimes Davidge Award Winners
(Honroth, Smyth, Weiss, Scott, Mitchell, Patterson)

11 ... Miami Scholar-Athletes of the Year
(Slykhuus, Holland, Weiss, Boling, Kline, Roddy, Poisson, Nye, Bolterstein, McHugh, Patterson)

12 ... Miami Female Athletes of the Year
(Bakewell, Honroth, Denny, Cullen, Rhoda, Williams (2x's), Kremer (3x's), Davis, Bolterstein)

20 ... NCAA Championship Qualifiers

49 ... Mid-American Conference Champions