

MIAMI UNIVERSITY ATHLETIC MEDIA RELATIONS

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2006-07 Track and Field Schedule/Results



DECEMBER

- 2 Findlay Open..... NTS
(Findlay, Ohio)
9 Ball State Pentathlon..... NTS
(Muncie, Ind.)

JANUARY

- 13 BGSU/W. Michigan2nd of 5 teams
(Bowling Green, Ohio)
19-20 Kentucky Invitational..... NTS
(Lexington, Ky.)
26-27 Findlay Classic..... NTS
(Findlay, Ohio)

FEBRUARY

- 2-3 Notre Dame Invitational NTS
(Notre Dame, Ind.)
10 All-Ohio Championships 1st of 13 teams
(Bowling Green, Ohio)
16 Ball State/ W. Michigan2nd of 4 teams
(Muncie, Ind.)
23-24 MAC Indoor Champ..... 5th of 12 teams
(Akron, Ohio)

MARCH

- 9-10 NCAA Indoor Championships..... NTS
(Fayetteville, Ark.)
22-25 Alabama Relays..... NTS
(Tuscaloosa, Ala.)
31 Cincinnati/Ohio..... 1st of 3 teams
(Athens, Ohio)

APRIL

- 6-7 Duke Invitational NTS
(Durham, N.C.)
14 MIAMI INVITATIONAL.... 1st of 14 teams
(Oxford, Ohio)
21 Vanderbilt Invitational..... 11th of 24 teams
(Nashville, Tenn.)
28 Stan Lyons Invitational NTS
(Indianapolis, Ind.)

MAY

- 4 Indiana Invitational..... NTS
(Bloomington, Ind.)
10-12 MAC Outdoor Championships.....7th of 12 teams
(Oxford, Ohio)
25-26 NCAA MidEast Regional..... All Day
(Columbia, Mo.)

JUNE

- 6-9 NCAA Outdoor Championships..... All Day
(Sacramento, Calif.)

When referring to Miami, please use Miami University, Miami (Ohio) University or Miami University (Ohio).



2006-07 MIAMI TRACK AND FIELD

WOMEN'S TRACK AND FIELD



2007 NCAA MidEast Regional Track and Field Championships
Friday-Saturday, May 25-26, 2007 • Columbia, Mo.

2006-07 MIAMI TRACK AND FIELD ROSTER



| NAME | EVENT | YR | HOMETOWN/HS |
|--|-----------------------|-----------|---|
| Aeh, Lauren | 800/1,500 | SO | Columbus, Ohio/Bishop Ready |
| Allen, Betsy | 400 | SO | Wooster, Ohio/Wooster |
| Bamberger, Erin | Long Jump/Triple Jump | FR | Kettering, Ohio/Fairmont |
| *Bernardoni, Brittney... Pole Vault | | FR | Batavia, Ill./Batavia |
| Bis, Teresa | Shot Put/Discus | SR | Westlake, Ohio/Magnificat |
| *Bolterstein, Kristina... High Jump | | JR | Middleburg Heights, Ohio/Midpark |
| Bottarini, Elise | Shot Put/Discus | RS SO | Lancaster, Ohio/Fisher Catholic |
| Buchenroth, Rachel | Heptathlon | SR | Vandalia, Ohio/Vandalia-Butler |
| *Davis, Lashonda | 100/200/Long Jump | SR | Kokomo, Ind./Kokomo |
| Dempster, Julia | 100H/400H | JR | Toledo, Ohio/Sylvania Northview |
| DeWitt, Jessica | 5,000 | FR | Cincinnati, Ohio/Mt. Notre Dame |
| Eckerly, Carol | 5,000/10,000 | JR | Beavercreek, Ohio/Beavercreek |
| Fetterman, Mallory | 1,500/5,000 | FR | Pickerington, Ohio/Pickerington |
| Fiegelist, Mia | 1,500 | JR | Hilliard, Ohio/Davidson |
| Fletcher, Sarah | 100H | RS SO | Alpharetta, Ga./Marist School |
| Frazer, Erin | Pole Vault | JR | Wheaton, Ill./Benet Academy |
| Greene, Hillary | Steeplechase | SR | Old Town, Maine |
| Henize, Sarah | 800/1,500/Steeple | JR | Bucyrus, Ohio/Bucyrus |
| Hollander, Rebekah | 5,000 | SO | Centerville, Ohio/Centerville |
| Horning, Kim | Long Jump | SR | Granville, Ohio/Granville |
| Huddle, Michelle | 5,000 | FR | Napoleon, Ohio/Napoleon |
| *Ibidunni, Quekan Shot Put/Discus/Hammer | | SR | Boulder, Colo./Fairview |
| Inman, Abby | CC/800/1,500 | FR | Zionsville, Ind./Zionsville |
| *Jones, Alisha..... Hurdles | | FR | Toledo, Ohio/E.L. Bowsher |
| Kelly, Katelyn | Heptathlon | SO | Orchard Park, New York/Orchard Park |
| Kruse, Jenna | 5,000 | FR | Chatham, Ill./Chatham |
| *Lape, Alexis Hurdles/Long Jump | | SO | Lancaster, Ohio/Lancaster |
| Leszczak, Victoria | Pole Vault | FR | Middleburg Heights, Ohio/Midpark |
| Mackell, Christina | 10,000 | SO | Findlay, Ohio/Findlay |
| Mathews, Kristen | High Jump | FR | Griffith, Ind./Griffith |
| May, Cara | High Jump | FR | Columbus Grove, Ohio/Columbus Grove |
| McHugh, Kelsey | 5,000 | FR | Columbus, Ohio/Thomas Worthington |
| Mirochna, Amanda | 800/1,500 | FR | Naperville, Ill./Nequa Valley |
| Mitchell, Nicki | Heptathlon | FR | Lake Forest, Ill./Lake Forest |
| Nagawa, Doreen | Long/Triple Jump | SR | Goteberg, Sweden |
| Pogorelov, Margarita ... | Sprints | FR | Bat Yam, Israel |
| Rhoades, Amanda | Pole Vault | FR | Troy, Ohio/Troy |
| Salmen, Kelsie | 800 | FR | Strongsville, Ohio/Strongsville |
| Schorck, Madeline | 400/800 | FR | Ann Arbor/Pioneer |
| Stoll, Jennie | 1,500/5,000 | JR | Pewaukee, Wis./Pewaukee |
| *Tepe, Andrea 100H/400H | | JR | Cincinnati, Ohio/Milford |
| Turner, DeLana | 100H | FR | Gates Mills, Ohio/Gilmour Academy |

* Indicates NCAA MidEast Regional Qualifier

2006-07 NCAA INDOOR QUALIFYING STANDARDS



DR. RICHARD CERONIE "BY THE NUMBERS"

- 1—NCAA Track & Field Champion
- 1—Mid-American Conference Track and Field Championship
- 2—Mid-American Conference Coach of the Year Awards
- 2—Cross Country All-Americans
- 2—Top 50 team finishes at NCAA Track & Field Championship
- 3—U.S. Olympic Trials Qualifiers
- 4—Mid-American Conference Cross Country Individual Champions
- 4—Mid-American Conference Athletes of the Year
- 4—All-America Individual Awards For Academics
- 5—Leann Grimes Davidge Award Recipients
- 7—NCAA Cross Country Individual Qualifiers
- 8—Miami Scholar-Athlete Award Recipients
- 10—Miami Female Athletes of the Year
- 11—NCAA Track and Field All-Americans
- 12—WICCCA All-American Cross Country Teams (Academic)
- 54—MAC Track and Field Champions
- 76—School Records Set
- 81—Mid-American Conference Academic All-Conference Honorees
- 70%—Percentage of meets won in last 20 years

TRACK EVENTS

| Event | AUTOMATIC | | PROVISIONAL | |
|--------------------------------|-----------|---------|-------------|---------|
| | FAT | MT | FAT | MT |
| 55 Meters | 6.75 | @ — | 6.92 | @ — |
| 60 Meters | 7.27 | @ — | 7.44 | @ — |
| 55-Meter Hurdles | 7.58 | @ — | 7.86 | @ — |
| 60-Meter Hurdles | 8.15 | @ — | 8.43 | @ — |
| 200 Meters | | | | |
| (Under 200m/220 yds)* | 3.70 | — | 24.30 | — |
| (200m/220 yds)* | 23.50 | — | 24.10 | — |
| (Banked or Over 200m/220 yds)* | 23.30 | — | 23.90 | — |
| 400 Meters | | | | |
| (Under 200m/220 yds)* | 3.00 | 52.7 | 55.00 | 54.7 |
| (200m/220 yds)* | 52.70 | 52.4 | 54.70 | 54.4 |
| (Banked or Over 200m/220 yds)* | 52.40 | 52.1 | 54.40 | 54.1 |
| 800 Meters# | | | | |
| (200m/220 yds or less)* | 2:05.60 | 2:05.3 | 2:09.40 | 2:09.1 |
| (Banked or Over 200m/220 yds)* | 2:05.20 | 2:04.9 | 2:09.00 | 2:08.7 |
| Mile# | | | | |
| (200m/220 yds or less)* | 4:40.60 | 4:40.3 | 4:48.60 | 4:48.3 |
| (Banked or Over 200m/220 yds)* | 4:40.00 | 4:39.7 | 4:48.00 | 4:47.7 |
| 3,000 Meters# | | | | |
| (200m/220 yds or less)* | 9:15.80 | 9:15.5 | 9:34.80 | 9:34.5 |
| (Banked or Over 200m/220 yds)* | 9:15.00 | 9:14.7 | 9:34.00 | 9:33.7 |
| 5,000 Meters# | | | | |
| (200m/220 yds or less)* | 6:09.60 | 16:09.3 | 16:43.60 | 16:43.3 |
| (Banked or Over 200m/220 yds)* | 6:08.00 | 16:07.7 | 16:42.00 | 16:41.7 |
| 1,600-Meter Relay | | | | |
| (Under 200m/220 yds)* | 3:35.40 | 3:35.1 | 3:42.40 | 3:42.1 |
| (200m/220 yds)* | 3:34.20 | 3:33.9 | 3:41.20 | 3:40.9 |
| (Banked or Over 200m/220 yds)* | 3:33.00 | 3:32.7 | 3:40.00 | 3:39.7 |
| Mile Relay | | | | |
| (Under 200m/220 yds)* | 3:36.60 | 3:36.3 | 3:43.60 | 3:43.3 |
| (200m/220 yds)* | 3:35.40 | 3:35.1 | 3:42.40 | 3:42.1 |
| (Banked or Over 200m/220 yds)* | 3:34.20 | 3:33.9 | 3:41.20 | 3:40.9 |
| Distance Medley Relay—Meters# | | | | |
| (200m/220 yds or less)* | 11:11.00 | 11:10.7 | 11:32.00 | 11:31.7 |
| (Banked or Over 200m/220 yds)* | 11:09.00 | 11:08.7 | 11:30.00 | 11:29.7 |
| Distance Medley Relay—Yards# | | | | |
| (200m/220 yds or less)* | 11:14.50 | 11:14.2 | 11:35.50 | 11:35.2 |
| (Banked or Over 200m/220 yds)* | 11:12.50 | 11:12.2 | 11:33.50 | 11:33.2 |

FIELD EVENTS

| | AUTOMATIC (metric) | PROVISIONAL (metric) |
|-----------------|--------------------|----------------------|
| High Jump | 1.84 | 1.78 |
| Pole Vault | 4.20 | 3.95 |
| Long Jump | 6.40 | 6.10 |
| Triple Jump | 13.30 | 12.65 |
| Shot Put | 16.90 | 15.20 |
| 20-Pound Weight | 21.00 | 19.00 |
| Pentathlon | 4,050 points | 3,700 points |

*—Size of track.

#—Altitude adjustment available.
NCAA/8/28/2006/MAB

2006-07 TOP MIAMI INDOOR TIMES/SCORES

TRACK EVENTS

60 Meters

| | |
|------------------------|------|
| 1. Lashonda Davis | 7.37 |
| 2. Margarita Pogorelov | 7.77 |
| 3. DeLana Turner | 8.14 |

200 Meters

| | |
|-----------------|-------|
| 1. Betsy Allen | 26.04 |
| 2. Alisha Jones | 26.15 |
| 3. Kim Horning | 26.39 |

400 Meters

| | |
|-------------------|---------|
| 1. Betsy Allen | 56.62 |
| 2. Kim Horning | 1:00.33 |
| 3. Julia Dempster | 1:01.32 |

800 Meters

| | |
|--------------------|---------|
| 1. Andrea Tepe | 2:18.34 |
| 2. Amanda Mirochna | 2:23.26 |
| 3. Lauren Aeh | 2:23.38 |

1,600 Meters

| | |
|--------------------|---------|
| 1. Amanda Mirochna | 5:06.61 |
| 2. Erin McGowan | 5:15.26 |
| 3. Mia Fiegelist | 5:15.91 |

3,000 Meters

| | |
|------------------|----------|
| 1. Erin McGowan | 10:10.77 |
| 2. Kelsey McHugh | 10:21.26 |
| 3. Mia Fiegelist | 10:38.28 |

5,000 Meters

| | |
|----------------------|----------|
| 1. Kelsey McHugh | 18:12.84 |
| 2. Rebekah Hollander | 18:14.05 |
| 3. Carol Eckerly | 19:11.03 |

60-Meter Hurdles

| | |
|-------------------|------|
| 1. Alexis Lape | 8.93 |
| 2. DeLana Turner | 8.90 |
| 3. Sarah Fletcher | 9.23 |

FIELD EVENTS

High Jump

| | |
|-------------------------|-----------|
| 1. Kristina Bolterstein | 6-1 1/2 % |
| 2. Katelyn Kelly | 5-8 |
| 3. Kristin Mathews | 5-8 |

Long Jump

| | |
|-------------------|-----------|
| 1. Lashonda Davis | 19-11 3/4 |
| 2. Alexis Lape | 18-7 |
| 3. Alisha Jones | 17-4 3/4 |

Triple Jump

| | |
|-------------------|----------|
| 1. Doreen Nagawa | 39-3 |
| 2. Kim Horning | 37-1 3/4 |
| 3. Lashonda Davis | 37-1/4 |

Shot Put

| | |
|----------------------|-----------|
| 1. Elise Bottarini | 43-11 3/4 |
| 2. Quekan Ibdunni | 43-1 1/2 |
| 3. Rachel Buchenroth | 41-10 |

Weight Toss

| | |
|--------------------|----------|
| 1. Quekan Ibdunni | 57-2 1/4 |
| 2. Elise Bottarini | 53-1 3/4 |
| 3. Teresa Bis | 47-1 |

Pole Vault

| | |
|------------------------|------------|
| 1. Sarah Landau | 13-7 1/4 * |
| 2. Brittney Bernardoni | 12-5 1/2 |
| 3. Amanda Rhoades | 11-7 3/4 |

Pentathlon

| | |
|-------------------|-------|
| 1. Katelyn Kelly | 3,375 |
| 2. Alisha Jones | 3,286 |
| 3. Nicki Mitchell | 3,331 |

RELAY EVENTS

4x400 Meter Relay

| | |
|---------------|---------|
| Tepe, Horning | 3:51.60 |
| Lape, Allen | |

Distance Medley Relay

| | |
|-----------------|----------|
| Mirochna, Allen | 12:13.68 |
| Tepe, McGowan | |

% denotes NCAA automatic qualifying performance

* denotes NCAA provisional qualifying performance

2007 NCAA OUTDOOR REGIONAL QUALIFYING STANDARDS

TRACK EVENTS

EVENT

| | | | Altitude Adjustment |
|-----------------------|------------|-----------|------------------------|
| TRACK EVENTS | FAT | MT | 3k-5,999/6k+ |
| 100 Meters | 11.75 | -- | +03/+07 |
| 200 Meters | 23.96 | -- | +07/+14 |
| 400 Meters | 54.61 | 54.3 | +11/+21 |
| 800 Meters# | 2:09.80 | 2:09.5 | |
| 1500 Meters# | 4:27.80 | 4:27.5 | |
| Mile# | 4:49.60 | 4:49.3 | |
| Steeplechase# | 10:50.25 | 10:50.0 | |
| 5000 Meters# | 16:52.00 | 16:51.7 | |
| 10,000 Meters# - Auto | 33:30.00 | 33:29.7 | |
| 10,000 Meters# - Prov | 35:00.00 | 34:59.7 | |
| 100-Meter Hurdles | 13.92 | -- | +04/+08 |
| 400-Meters Hurdles | 1:00.82 | 1:00.5 | +11/+21 |
| 400-Meter Relay | 45.70 | 45.4 | +12/+28 |
| 440-Yard Relay | 45.90 | 45.6 | +12/+28 |
| 1,600-Meter Relay | 3:42.00 | 3:41.7 | +44/+84 |
| Mile Relay | 3:43.20 | 3:42.9 | +44/+84 |

FIELD EVENTS

High Jump 1.75
Pole Vault 3.80
Long Jump 6.00
Triple Jump 12.32
Shot Put 14.30
Discus 47.30
Javelin 43.45
Hammer 54.15
Heptathlon – Auto 5,500 points
Heptathlon - Prov 5,050 points

- Altitude adjustment available

2006-07 TOP MIAMI OUTDOOR TIMES/SCORES

TRACK EVENTS

100 Meters

| | |
|------------------------|-------|
| 1. Margarita Pogorelov | 11.88 |
| 2. Lashonda Davis | 11.91 |
| 3. DeLana Turner | 12.46 |

200 Meters

| | |
|------------------------|-------|
| 1. Betsy Allen | 24.78 |
| 2. Margarita Pogorelov | 24.89 |
| 3. Lashonda Davis | 25.18 |

400 Meters

| | |
|----------------|-------|
| 1. Betsy Allen | 54.63 |
| 2. Andrea Tepe | 58.45 |
| 3. Kim Horning | 58.47 |

800 Meters

| | |
|--------------------|---------|
| 1. Amanda Mirochna | 2:16.71 |
| 2. Andrea Tepe | 2:19.48 |
| 3. Madeline Schork | 2:22.34 |

1,500 Meters

| | |
|--------------------|---------|
| 1. Amanda Mirochna | 4:39.99 |
| 2. Mia Fiegelist | 4:48.21 |
| 3. Madeline Schork | 4:56.26 |

3,000 Meters

| | |
|------------------|----------|
| 1. Mia Fiegelist | 11:13.64 |
|------------------|----------|

5,000 Meters

| | |
|----------------------|----------|
| 1. Rebekah Hollander | 17:59.79 |
| 2. Carol Eckerly | 18:30.18 |
| 3. Mallory Fetterman | 20:36.27 |

Steeplechase

| | |
|-------------------|----------|
| 1. Hillary Greene | 11:41.30 |
| 2. Jenna Kruse | 12:13.86 |

100-Meter Hurdles

| | |
|------------------|-------|
| 1. DeLana Turner | 14.03 |
| 2. Alisha Jones | 15.03 |
| 3. Alexis Lape | 15.14 |

400-Meter Hurdles

| | |
|-----------------|----------|
| 1. Alexis Lape | 1:00.11* |
| 2. Alisha Jones | 1:00.23* |
| 3. Andrea Tepe | 1:00.61* |

FIELD EVENTS

High Jump

| | |
|-------------------------|-----------|
| 1. Kristina Bolterstein | 5-10 3/4* |
| 2. Katelyn Kelly | 5-7 3/4 |
| 3. Cara May | 5-5 |
| 3. Kristen Mathews | 5-5 |

Long Jump

| | |
|-------------------|-----------|
| 1. Lashonda Davis | 19-9 |
| 2. Kim Horning | 19-3 1/2 |
| 3. Alexis Lape | 18-11 1/2 |

Triple Jump

| | |
|-------------------|-----------|
| 1. Doreen Nagawa | 38-10 1/4 |
| 2. Kim Horning | 35-10 3/4 |
| 3. Lashonda Davis | 35-1/2 |

Discus

| | |
|--------------------|--------|
| 1. Quekan Ibdunni | 148-10 |
| 2. Teresa Bis | 129-5 |
| 3. Elise Bottarini | 123-9 |

Hammer Throw

| | |
|--------------------|--------|
| 1. Quekan Ibdunni | 178-9* |
| 2. Teresa Bis | 162-1 |
| 3. Elise Bottarini | 161-9 |

Javelin

| | |
|----------------------|-------|
| 1. Erin Frazer | 122-3 |
| 2. Rachel Buchenroth | 102-7 |

Shot Put

| | |
|----------------------|----------|
| 1. Elise Bottarini | 43-6 |
| 2. Rachel Buchenroth | 41-2 1/4 |
| 3. Alisha Jones | 38-4 1/4 |

Pole Vault

| | |
|------------------------|-----------|
| 1. Brittney Bernardoni | 12-6* |
| 2. Erin Frazer | 10-11 3/4 |
| 3. Victoria Leszczak | 10-0 |

Heptathlon

| | |
|-------------------|-------|
| 1. Nicki Mitchell | 4,267 |
| 2. Katelyn Kelly | 4,177 |

RELAY EVENTS

4x100 Meter Relay

| | |
|------------------|-------|
| Allen, Pogorelov | 46.88 |
| Lape, Turner | |

4x400 Meter Relay

| | |
|---------------|---------|
| Tepe, Horning | 3:46.68 |
| Lape, Allen | |

** denotes NCAA regional-qualifying performance*

2006-07 MIAMI INDOOR TRACK AND FIELD - Individual Wins in '06-'07 Season

| Name | Findlay | BGSU | UK Invite | Findlay | Notre Dame | All-Ohio | BSU | MAC |
|-----------------|-----------|------------|-----------|------------|------------|------------|------------|-----|
| Allen, B. | | | | | | 400m | | |
| Bernardoni, B. | | | | | | Pole Vault | | |
| Bolterstein, K. | | High Jump | | High Jump | High Jump | | High Jump | HJ |
| Davis, L. | 60m | 60m | | 55m | | 60m | 60m | 60m |
| | Long Jump | Long Jump | | | | Long Jump | Long Jump | LJ |
| Landau, S. | | Pole Vault | | Pole Vault | | | Pole Vault | |
| McHugh, K. | | | | | | | 3,000m | |
| Tepe, A. | | | | | | 800m | | |

2006-07 INDIVIDUAL HONORS**INDOORS**

Kristina Bolterstein — MAC Field Athlete of the Week (Jan. 11 and Feb. 6), MAC Champion High Jump, Great Lakes Region Field Athlete of the Year, Academic All-MAC, First Team All-MAC, National High Jump Qualifier

Lashonda Davis — MAC Field Athlete of the Week (Feb. 15), MAC Champion 60 Meters, MAC Champion Long Jump, First Team All-MAC

Sarah Landau — National Qualifier, Academic All-MAC, Second Team All-MAC

OUTDOORS

Kristina Bolterstein — MAC Scholar Athlete of the Week (April 18), MAC Runner-Up (High Jump), All-MAC Second Team, All-MAC Academic Team

2006-07 INDOOR NATIONAL QUALIFIERS

Kristina Bolterstein — High Jump (automatic)

Sarah Landau — Pole Vault (provisional)

2006-07 OUTDOOR REGIONAL QUALIFIERS

Kristina Bolterstein — High Jump

Brittney Bernardoni — Pole Vault

Quekan Ibiidunni — Hammer Throw

Alexis Lape, Andrea Tepe, Alisha Jones — 400-meter hurdles

Lashonda Davis — Long Jump

2006-07 MIAMI OUTDOOR TRACK AND FIELD - Individual Wins in 2007 Season

| Name | BAMA | ALL-OHIO | DUKE | MIAMI | VANDY | BUTLER | INDIANA | MAC |
|-----------------|------|-------------|-----------|-----------|------------|------------|---------|-----|
| Allen, B. | | 400m | | | | | | |
| Bernardoni, B. | | Pole Vault | | | Pole Vault | Pole Vault | | |
| Bolterstein, K. | | | High Jump | | | High Jump | | |
| Bis, T. | | Hammer | | | | | | |
| Davis, L. | | 100m | | Long Jump | | | | |
| | | 200m | | | | | | |
| Ibidunni, Q. | | | | | | | Discus | |
| Lape, A. | | 400H | | 400H | | | | |
| Nagawa, D. | | Triple Jump | | | | | | |
| Pogorelov, M. | | | | 100m | | | | |

MIAMI SCHOOL RECORDS: INDOOR TRACK AND FIELD

(Current RedHawks in **BOLD**, Records set this season in *ITALICS*)

| | | | | |
|------------------------|---|-----------------------|---|----------------|
| 55 Meters | <i>Lashonda Davis</i> | 6.93 | at Findlay Classic | 1/27/07 |
| 55 Meter Hurdles | Becca Williams | 7.68 | at MAC Championships (Kent State) | 2/22/97 |
| 60 Meters | <i>Lashonda Davis</i> | 7.37 | at MAC Championships (Akron) | 2/25/07 |
| 60 Meter Hurdles | Erin Connolly | 8.46 | at MAC Championships (Kent State) | 3/1/03 |
| 200 Meters | Leslie Smith | 24.93 | at MAC Championships (BGSU) | 2/27/99 |
| 300 Yards | Karen Bakewell | 36.96 | at Purdue Relays | 1/27/84 |
| 300 Meters | Karen Bakewell | 39.67 | at Western Michigan Invitational | 2/24/84 |
| 400 Meters | Karen Bakewell | 55.49 | at Western Michigan Invitational | 2/24/84 |
| 440 Yards | Karen Bakewell | 58.87 | at Purdue Relays | 1/27/84 |
| 500 Meters | Karen Bakewell | 1:12.85 | at Ohio State Invitational | 2/21/86 |
| 600 Yards | Claudine Edmundson | 1:27.13 | at Illinois Invitational | 2/16/85 |
| 600 Meters | Becca Williams | 1:35.18 | at All Ohio Championships | 2/17/96 |
| 800 Meters | Carrie Alexander | 2:08.13 | at Butler Invitational | 1/31/98 |
| 1000 Meters | Jenny Korrison | 2:55.41 | at Golden Flash Gala (Kent State) | 12/9/02 |
| 1500 Meters | Mary Pat Hickey | 4:43.34 | at Ball State | 1/24/86 |
| 1 Mile | Tricia Roddy | 4:51.03 | at Kentucky Classic | 2/8/97 |
| 3000 Meters | Tricia Roddy | 9:38.55 | at Canon IV Classic (Butler) | 2/6/99 |
| 2 Mile | Michelle Slykhuis | 10:54.31 | at Illinois Invitational | 2/16/85 |
| 3 Mile | Michelle Slykhuis | 16:52.14 | at Michigan State Relays | 2/8/86 |
| 5000 Meters | Andrea Kremer | 16:49.97 | at MAC Championships | 2/27/04 |
| 4x400 Relay | Becca Williams, Kim Hoffmann, Carrie Alexander, Kim Clement | 3:50.86 | at Kentucky Classic | 2/8/97 |
| 4x800 Relay | Erin Myers, Kelly Duff, Mary Hickey, Karen Bakewell | 9:21.34 | at Western Michigan Invitational | 2/21/86 |
| Distance Medley | Gina Kline, Carrie Alexander, Jenna Hann, Tricia Roddy | 11:35.55 | at MAC Championships (Kent State) | 2/21/97 |
| High Jump | <i>Kristina Bolterstein</i> | 6-1 1/2 | at Findlay Open | 12/2/06 |
| Long Jump | <i>Lashonda Davis</i> | 20-4 1/4 | at Eastern Illinois Invitational | 1/21/06 |
| Triple Jump | Bernitta Johnson | 41-2 1/4 | at MAC Championships | 2/27/04 |
| Shot Put | Lauren Collins | 48-2 3/4 | at Ball State Triangular | 2/21/03 |
| Pentathlon | Becca Williams | 3,910 | at MAC Championships (E. Michigan) | 2/23/96 |
| 20-Pound Weight | Lauren Collins | 63-0 1/4 | at MAC Championships | 2/27/04 |
| Pole Vault | Sarah Landau | 13-7 1/4 | at Ball State Quadrangular | 2/16/07 |

MIAMI SCHOOL RECORDS: OUTDOOR TRACK AND FIELD

(Current RedHawks in **BOLD**, Records set this season in *ITALICS*)

| | | | | |
|-------------------------|--|-----------------------|--|----------------|
| 100 Meters | Jackie Watkins | 11.76 | at MAC Championships (Miami) | 5/17/86 |
| 200 Meters | Jackie Watkins | 24.09 | at MAC Championships (Miami) | 5/17/86 |
| 400 Meters | Karen Bakewell | 53.58 | at MAC Championships (E. Michigan) | 5/19/84 |
| 800 Meters | Karen Bakewell | 2:00.85 | at NCAA Championships | 6/6/86 |
| 1500 Meters | Julie Rhoda | 4:29.14 | at National Invite Championships (IUPUI) | 5/8/93 |
| 3000 Meters | Molly Cullen | 9:26.75 | at Penn Relays | 4/25/91 |
| 5000 Meters | Molly Cullen | 16:15.97 | at Penn Relays | 4/23/92 |
| 10,000 Meters | Michelle Slykhuis | 34:48.24 | at MAC Championships (W. Michigan) | 5/18/85 |
| 3000 Steeplechase | Andrea Kremer | 10:10.61 | at NCAA Championships (California) | 6/15/03 |
| 100 Hurdles | Becca Williams | 13.31 | at MAC Championships (Miami) | 5/18/96 |
| 400 Hurdles | Becca Williams | 54.98 | at NCAA Championships (Oregon) | 6/7/96 |
| 4x100 Relay | Bernitta Johnson, Jamila Johnson, Lashonda Davis, Erika Harper | 45.87 | at NCAA Regionals | 5/28/04 |
| 4x400 Relay | Erica Barnett, Katie Dyer, Jen Caldwell, Erika Harper | 3:44.91 | at MAC Championships | 5/15/04 |
| Heptathlon | Becca Williams | 5,144 | at MAC Championships (W. Michigan) | 5/18/95 |
| Long Jump | <i>Lashonda Davis</i> | 21-0 | at MAC Championships (Toledo) | 5/12/06 |
| Triple Jump | Bernitta Johnson | 42-1 | at Southern Ohio Cup | 4/19/03 |
| High Jump | Meghan Gilhooly | 5-10 3/4 | at Cincinnati Open | 4/24/99 |
| | <i>Kristina Bolterstein</i> | 5-10 3/4 | at Stan Lyons Invitational (Butler) | 4/28/07 |
| Shot Put | Lauren Collins | 49-1 1/2 | at MAC Championships (CMU) | 5/16/03 |
| Discus | Christin Scott | 163-1 | at Purdue Invitational | 5/10/97 |
| Javelin | Nancy Denny | 172-11 | at MAC Championships (Ball State) | 5/18/91 |
| Hammer | Lauren Collins | 193-7 | at MAC Championships (CMU) | 5/16/03 |
| Pole Vault | Sarah Landau | 13-7 3/4 | at NCAA MidEast Regionals | 5/28/05 |

2006-07 INDIVIDUAL TOP TIMES/PERFORMANCES

LAUREN AEH (So., Mid. Distance)

Career Bests:

800m 2:22.51

Indoor Season Bests:

800m 2:23.38

BETSY ALLEN (So., Sprints)

Career Bests:

200m 24.78*

400m 54.63*

Indoor Season Bests:

200m 26.04

400m 56.62

Outdoor Season Bests:

200m 24.78*

400m 54.63*

ERIN BAMBERGER (Fr., Jumps)

Indoor Season Bests:

Long Jump 16-4 1/2

Triple Jump 34-2 3/4

Outdoor Season Bests:

Long Jump 15-11

Triple Jump 33-3 3/4

BRITTNEY BERNARDONI (Fr., Vault)

Indoor Season Bests:

Pole Vault 12-5 1/2

Outdoor Season Bests:

Pole Vault 12-6

TERESA BIS (Sr., Throws)

Career Bests:

Discus 129-5*

Hammer 162-1*

Indoor Season Bests:

Weight Throw 47-1

Outdoor Season Bests:

Discus 129-5*

Hammer Throw 162-1*

KRISTINA BOLTERSTEIN (Jr., High Jump)

Career Bests:

High Jump 6-1 1/2*

Indoor Season Bests:

High Jump 6-1 1/2*

Outdoor Season Bests:

High Jump 5-10 3/4

ELISE BOTTARINI (Rs-So., Throws)

Career Bests:

Shot Put 43-11 3/4*

Weight Throw 53-8 1/2

Hammer Throw 161-9*

Discus 124-5

Indoor Season Bests:

Shot Put 43-11 3/4*

Weight Throw 53-1 3/4

Outdoor Season Bests:

Discus 123-9

Hammer Throw 161-9*

Shot Put 43-6

RACHEL BUCHENROTH (Sr., Throws)

Career Bests:

Shot Put 43-11 3/4

Javelin 126-0

Indoor Season Bests:

Shot Put 41-10

Outdoor Season Bests:

Javelin 102-7

Shot Put 41-2 1/4

LASHONDA DAVIS (Sr., Sprints/Jumps)

Career Bests:

Long Jump (indoors) 20-4 1/4

Long Jump (outdoors) 21-0

Triple Jump 38-0

55m/60m 6.93/7.37

100m 11.76

Indoor Season Bests:

Long Jump 19-11 3/4

Triple Jump 37-1/4

60m 7.37

Outdoor Season Bests:

100m 11.91

200m 25.18

Long Jump 19-9

Triple Jump 35-1/2

JULIA DEMPSTER (Jr., Hurdles, 400)

Career Bests:

400H 1:02.66

400m 1:00.20

Indoor Season Bests:

200m 27.69

300m 43.93

400m 1:01.32

Outdoor Season Bests:

400H 1:05.88

JESSICA DEWITT (Fr., Distance)

Season Bests:

Redshirted

CAROL ECKERLY (Rs-So., Distance)

Career Bests:

Mile 5:02

3,000m 10:05.22

5,000m 17:26.86

Indoor Season Bests:

3,000m 11:08.13

5,000m 19:11.03

Outdoor Season Bests:

5,000m 18:30.18

MALLORY FETTERMAN (Fr., Distance)

Season Bests:

5,000m 20:36.27

MIA FIEGELIST (Jr., Distance)

Career Bests:

800m 2:23.21

Mile 5:05

Indoor Season Bests:

Mile 5:15.91

1000m 3:03.42

3,000m 10:38.28

Outdoor Season Bests:

100m 4:59.35

1500m 4:48.21

3,000m 11:13.64

SARAH FLETCHER (So., Sprints/Hurdles)

Career Bests:

60H 9.08

100H 15.08

Indoor Season Bests:

60m 8.29

60H 9.23

Outdoor Season Bests:

100m 12.90

200m 26.19

ERIN FRAZER (Jr., Vault)

Career Bests:

Pole Vault (indoors) 11-5 3/4*

Pole Vault (outdoors) 11-3 3/4

Javelin 122-3*

Indoor Season Bests:

Pole Vault 11-5 3/4*

Outdoor Season Bests:

Javelin 122-3*

Pole Vault 10-11 3/4

HILLARY GREENE (Rs-Sr., Distance)

Indoor Season Bests:

3000m 11:23.37

Outdoor Season Bests:

Steeplechase 11:41.30

1,500m 5:03.71

SARAH HENIZE (Jr., Distance)

Career Bests:

800m 2:14

1500m 4:29.95

Steeplechase 11:06.05

Indoor/Outdoor Season Bests:

Did not compete

2006-07 INDIVIDUAL TOP TIMES/PERFORMANCES

REBEKAH HOLLANDER (So., Distance)

Career Bests:

| | |
|--------------|-----------|
| 3,000m | 10:55.14* |
| 5,000m | 17:59.79* |

Indoor Season Bests:

| | |
|--------------|-----------|
| 3,000m | 10:55.14* |
| 5,000m | 18:14.05 |

Outdoor Season Bests:

| | |
|---------------|-----------|
| 5,000m | 17:59.79* |
| 10,000m | 40:24.09 |

KIM HORNING (Sr., Sprints/Jumps)

Career Bests:

| | |
|-------------------|-----------|
| Long Jump | 19-3 1/2* |
| Triple Jump | 37-1 3/4* |
| 400m | 58.47* |

Indoor Season Bests:

| | |
|-------------------|-----------|
| 200m | 26.39 |
| 300m | 42.32 |
| 400m | 1:00.33 |
| Triple Jump | 37-1 3/4* |

Outdoor Season Bests:

| | |
|-------------------|-----------|
| 200m | 25.81 |
| 400m | 58.47* |
| Long Jump | 19-3 1/2* |
| Triple Jump | 35-10 3/4 |

MICHELLE HUDDLE (Fr., Distance)

Season Bests:

Redshirted

QUEKAN IBIDUNNI (Sr., Throws)

Career Bests:

| | |
|--------------------|-----------|
| Weight Throw | 57-2 1/4* |
| Shot Put | 43-7 1/4 |
| Discus | 157-10 |
| Hammer Throw | 178-9* |

Season Bests:

| | |
|--------------------|-----------|
| Shot Put | 43-1 1/2 |
| Discus | 148-10 |
| Weight Throw | 57-2 1/4* |
| Hammer Throw | 178-9* |

ABBY INMAN (Fr., Distance)

Indoor Season Bests:

Did not compete

Outdoor Season Bests:

| | |
|------------|---------|
| 800m | 2:31.48 |
|------------|---------|

ALISHA JONES (Fr., Multi-Events)

Indoor Season Bests:

| | |
|------------------|----------|
| Pentathlon | 3,009 |
| 200m | 26.15 |
| 800m | 2:43.66 |
| 60H | 9.44 |
| Long Jump | 17-4 3/4 |
| Shot Put | 38-8 |
| High Jump | 4-11 3/4 |

Outdoor Season Bests:

| | |
|-----------------|----------|
| 100m | 15.34 |
| 100H | 15.03 |
| 400H | 1:02.78 |
| Long Jump | 17-8 1/4 |
| Shot Put | 38-4 1/4 |

KATELYN KELLY (So., Multi-Events)

Career Bests:

| | |
|------------------|-----------|
| Pentathlon | 3,375 |
| High Jump | 5-8* |
| Long Jump | 17-5 1/2* |

Indoor Season Bests:

| | |
|------------------|-----------|
| Pentathlon | 3,375 |
| High Jump | 5-8* |
| Long Jump | 16-11 1/4 |
| 60H | 9.41 |
| Shot Put | 32-5 1/2 |
| 200m | 27.36 |

Outdoor Season Bests:

| | |
|------------------|-----------|
| 100H | 15.68 |
| 400H | 1:00.23 |
| High Jump | 5-7 3/4 |
| Long Jump | 17-5 1/2* |
| Heptathlon | 4,177 |

JENNA KRUSE (Fr., Distance)

Indoor Season Bests:

| | |
|-------------|----------|
| 3000m | 11:05.10 |
|-------------|----------|

Outdoor Season Bests:

| | |
|--------------------|----------|
| Steeplechase | 12:13.86 |
|--------------------|----------|

SARAH LANDAU (Jr., Vault)

Career Bests:

| | |
|-----------------------------|-----------|
| Pole Vault (indoors) | 13-7 1/4* |
| Pole Vault (outdoors) | 13-7 3/4 |

Indoor Season Bests:

| | |
|------------------|-----------|
| Pole Vault | 13-7 1/4* |
|------------------|-----------|

ALEXIS LAPE (So., Hurdles)

Career Bests:

| | |
|-----------------|------------|
| 60H | 8.64 |
| 100H | 14.44 |
| 400H | 1:00.11* |
| Long Jump | 18-11 1/4* |

Indoor Season Bests:

| | |
|-----------------|------|
| 60H | 8.93 |
| Long Jump | 18-7 |

Outdoor Season Bests:

| | |
|-----------------|------------|
| 100H | 15.14 |
| 400H | 1:00.11* |
| Long Jump | 18-11 1/4* |

VICTORIA LESZCZAK (Fr., Vault)

Season Bests:

| | |
|------------------|------|
| Pole Vault | 10-0 |
|------------------|------|

CHRISTINA MACKELL (So., Distance)

Career Bests:

| | |
|-------------|-----------|
| 3000m | 11:54.39* |
| 5000m | 20:36.57* |

Outdoor Season Bests:

| | |
|-------------|-----------|
| 3000m | 11:54.39* |
| 5000m | 20:36.57* |

KRISTIN MATHEWS (Fr., Jumps)

Indoor Season Bests:

| | |
|-----------------|-----|
| High Jump | 5-8 |
|-----------------|-----|

Outdoor Season Bests:

| | |
|-----------------|-----|
| High Jump | 5-5 |
|-----------------|-----|

CARA MAY (Fr., Jumps)

Indoor Season Bests:

| | |
|-----------------|-----|
| High Jump | 5-8 |
|-----------------|-----|

Outdoor Season Bests:

| | |
|-----------------|-----|
| High Jump | 5-5 |
|-----------------|-----|

ERIN MCGOWAN (So., Distance)

Career Bests:

| | |
|-------------|-----------|
| 1500m | 4:58.51 |
| 3000m | 10:10.77* |
| 5000m | 18:24.93 |

Season Bests:

| | |
|-------------|-----------|
| 3000m | 10:10.77* |
| Mile | 5:15.26 |

KELSEY MCHUGH (Fr., Distance)

Indoor Season Bests:

| | |
|-------------|----------|
| 5000m | 18:12.84 |
| 3000m | 10:21.26 |

AMANDA MIROCHNA (Fr., Distance)

Indoor Season Bests:

| | |
|-------------|---------|
| 800m | 2:23.26 |
| 1000m | 2:58.24 |
| Mile | 5:06.61 |

Outdoor Season Bests:

| | |
|-------------|---------|
| 800m | 2:16.71 |
| 1500m | 4:39.99 |
| Mile | 5:06.61 |

NICKI MITCHELL (Fr., Multi-Events)

Indoor Season Bests:

| | |
|-----------------|----------|
| High Jump | 5-6 |
| Long Jump | 17-3 1/4 |
| 200m | 27.74 |
| 60H | 9.99 |
| Shot Put | 31-3 3/4 |
| 200m | 28.48 |

Outdoor Season Bests:

| | |
|------------------|--------|
| 100H | 16.24 |
| High Jump | 5-3 |
| Long Jump | 18-1/2 |
| Heptathlon | 4,267 |

2006-07 INDIVIDUAL TOP TIMES/PERFORMANCES

DOREEN NAGAWA (Sr., Jumps)

Career Bests:

Triple Jump 39-11 1/2
Long Jump 17-8 3/4
60m 8.62

Indoor Season Bests:

Triple Jump 39-3
Long Jump 16-6 1/2
60m 8.62

Outdoor Season Bests:

Long Jump 17-1 1/4
Triple Jump 38-10 1/4

MARGARITA POGORELOV (Fr., Sprints)

Indoor Season Bests:

60m 7.77

Outdoor Season Bests:

100m 11.88
200m 24.89

HEATHER POWERS (Fr., Throws)

Indoor Season Bests:

Shot Put 40-7
Weight Toss 40-7 3/4

Outdoor Season Bests:

Did not compete

AMANDA RHOADES (Fr., Vault)

Season Bests:

Pole Vault 11-5 3/4

KELSIE SALMEN (Fr., Distance)

Indoor Season Bests:

800m 2:24.55

Outdoor Season Bests:

800m 2:23.63

MADELINE SCHORK (Fr., Distance)

Indoor Season Bests:

800m 2:25.53

Outdoor Season Bests:

800m 2:22.34
1,500m 4:56.26

JENNIE STOLL (Jr., Distance)

Career Bests:

800m 2:15.64
1500m 4:33.07
Mile 4:57.33
3000m 9:59.11
5000m 17:31.08

Season Bests:

800m 2:21.85
Mile 5:26.92

ANDREA TEPE (Jr., Hurdles)

Career Bests:

400m 58.45*
400H 1:00.61*

Indoor Season Bests:

800m 2:18.22

Outdoor Season Bests:

400m 58.45*
400H 1:00.61*
800m 2:19.48

DELANA TURNER (Fr., Sprints/Hurdles)

Indoor Season Bests:

60H 8.90
60m 8.14

Outdoor Season Bests:

100m 12.46
100H 14.03