



TABLE OF CONTENTS

Table of Contents/Quick Facts 1
 Season Preview 2-3
 2003-04 Roster 4
 Nixon Aquatic Center 5
 Coach Dave Jennings 6
 Diving Coach Todd Spohn/Assistant Coach Phil Kraus 7
 Meet the RedHawks 8-20
 RedHawk Newcomers 21
 2003-04 In Review 22
 MAC Individual Champions 23-24
 MAC Champions 25
 Miami Records 26-27
 Academic Accolades 28
 Miami Athletic Hall of Fame 29
 Mid-American Conference 30
 Recruiting and Scholarship Information 31
 Support Staff 32-33
 Strength and Conditioning 34
 Miami University 35-36

SWIMMING AND DIVING INFORMATION

Head Coach Dave Jennings
 Alma Mater Ashland College '78
 Jennings' E-mail jenninda@muohio.edu
 Diving Coach Todd Spohn
 Alma Mater Miami '86
 Spohn's E-mail spohntm@muohio.edu
 Assistant Coach Phil Kraus
 Alma Mater Ball State '97
 Kraus' E-mail krauspa@muohio.edu
 2003-04 Record 12-1
 2003-04 MAC Record/Finish 8-0/First
 Facility Corwin M. Nixon Aquatic Center
 Conference Mid-American
 Letterwinners Returning/Lost 28/11

ATHLETIC MEDIA RELATIONS

Assistant AD Mike Harris
 Associate Angie Renninger
 Asst./Pub. Coord. Vince Frieden
 Assistant TBA
 Intern/Swim & Dive Andrew Borders
 Borders' Phone (513) 529-7092
 Borders' E-mail borderaj@muohio.edu
 Sr. Program Assistant Norma McClure
 Office Phone (513) 529-4327
 Office Fax (513) 529-6729
 Website www.MURedHawks.com

ATHLETIC DEPARTMENT STAFF

Athletic Dept. Phone (513) 529-3113
 Athletic Director Brad Bates
 Executive Associate AD Karen Womack
 Senior Associate AD Steve Cady
 Associate AD Mike Watson
 Assistant AD Ken Peters
 Assistant AD Mike Harris
 Assistant AD Troy Hartman
 Assistant AD Dan Dalrymple
 Assistant AD Chris Otto
 Director of Marketing Joe Cobbs
 Faculty Representative Susan Lipnickey
 Ticket Manager Judy Worley
 Academic Coordinators David Graham
 Cynthia Veraldo
 Lindsay Ronayne
 Strength Coach James Carsey
 Athletic Trainer Gale Newton
 Athletic Trainer Jolene Atkins
 Facility Manager Don Lowe
 Team Doctors Dr. Steven Dailey
 Dr. Ron Hess

CREDITS

Editor: Andrew Borders
Assistant Editors: Mike Harris, Angie Renninger, Vince Frieden, Dave Jennings, Phil Kraus, Todd Spohn
Layout and Design: Andrew Borders
Photography: Bill Hicks, Jeff Sabo, Virgil Sweeden and Igor Osatuke of Miami Applied Technologies, Jeff Blatnik, Brett Hansbauer
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MIAMI UNIVERSITY, PLEASE

When referring to Miami, please use Miami University, Miami University (Ohio) or Miami (Ohio) University. Please do not use Miami of Ohio, University of Miami of Ohio, etc. The latter are not the proper names for our institution. Also, in 1997, the University began using its new nickname, the RedHawks. It is one word with a capital H. Thank you.

MIAMI QUICK FACTS

Address 230 Millett Hall
 Location Oxford, Ohio 45056
 Population 18,937
 Founded 1809
 Enrollment 16,300
 Nickname RedHawks
 Colors Red and White
 Affiliation NCAA I
 President Dr. James C. Garland

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Conventional wisdom says that winning never gets old. Few teams in any sport know that better than the women's swimming and diving team at Miami.

In **Dave Jennings'** 22 seasons as head coach, the RedHawks have been MAC champions 13 times and have been neither the winner nor the runner up just twice in that span, never finishing lower than fourth.

The class of 2005 also has an opportunity that only the classes of 1986, 1987, 1988 and 1999 achieved under Jennings: the chance to graduate as MAC champions in all four years.

"Once again, we have a veteran squad and certainly a squad that likes to be successful. I think one of the keys over the last three years is that we have a group of great competitors that likes to get its hands on the wall and finish its dives," said Jennings.

At last year's MAC meet, the RedHawks had one relay gold medal and three individual golds, two of which graduated with **Amy Miranda**. In total, Miami won 18 individual and relay medals.

"Having the MAC meet at our home pool was exciting, and it led to tremendous expectations. Our team responded well," said Jennings.

Despite Miami's loss of Miranda, only five other seniors were lost to graduation, giving Miami almost 40 experienced swimmers and divers for the 2005 MAC title run.

"Staying successful every year is a hard proposition because yearly we start anew. Even with what we've done the past three years, every year is different. What we really want to do this year is have an outstanding championship meet at Ohio. That will be a great place to make it happen," said Jennings.

If an "outstanding" MAC Championship meet is the goal, Miami's conference rivals looking to dethrone the back-to-back-to-back champions can count on choppy waters in the RedHawks' wake.

SPRINTS

Miami had just one medalist between the 50, 100 and 200 freestyle races at the 2004 MAC Championships in sophomore **Maggi Bulla** but is counting on seniors **Christel Frantz** and **Andrea Hocevar** to break through.

Frantz and Hocevar scored in both the 50 and 100 free races last year, with Frantz touching the 50 wall in sixth and the 100 wall in seventh. Hocevar scored from the consolation final both races.

The RedHawks earned 46 points in the 200 free as four swimmers with an "M" on their caps were among the scorers. Bulla finished second in 1:51.13, less than three-tenths of a second from a gold. Miranda, Frantz and junior **Katherine Forster** were the other Miamians to contribute to the victor's point total.

While all of the above except Miranda return, Jennings also looks for senior **Morgan Kautz**, junior **Katie Unger** and sophomore **Margaret Patrick** to contribute.

DISTANCE

Though 2004 MAC 500 free champion Miranda has departed,

silver medalist and fellow NCAA provisional qualifier Forster is be back in search of gold in 2005, having finished two-tenths of a second behind her teammate at the MAC meet.

Michelle

Reynolds, a

senior this year,

also chipped in six points from the consolation heat in the event.

Miranda was also the 1650 champion last year, but, once again, Forster also medaled, this time with the bronze. And again, another teammate chipped in with more points toward Miami's total. Last season, it was **Julie Madden**, now a senior, who came in seventh. Jennings also expects senior Michelle Reynolds and sophomore **Ashley Seymour** to be contributing parts of Miami's distance free corps.



Katie Forster

BACKSTROKE

In addition to her contributions in the freestyle sprints, sophomore Bulla contributed last year with a fifth-place MAC finish in the 100 backstroke, two spots ahead of senior **Trisha Lamb**. It was the same duo in the 200 back, as Bulla won a silver medal and Lamb earned the top spot in the consolation final.

"The backstroke is one of our strongest events with an Olympic Trial qualifier in Trisha Lamb, who has been the cornerstone of our backstroke. Bulla, who was injured in 2002-03, had a great comeback year last year and will move forward with her program. **Lauren Evanosky**, an incoming freshman, will come in with a chance to be a finalist in the backstroke events," said Jennings.

BREASTSTROKE

Miami's only returning individual MAC gold medalist is in the breaststroke as junior **Laura Armbruster** claimed the 100 race two-tenths of a second ahead of Unger. **Ashley Petak**, a sophomore this year, is Miami's only other returning scorer, chipping in points from the consolation final.

In the 200 race, Seymour was the only RedHawk to score in the first final, placing fifth, though Unger and Petak scored in the second final.

"The breaststroke is another strong point in our program. Newcomer **Kristen Bezier** comes in with solid breaststroke performances that can put her in the finals," said Jennings.

BUTTERFLY

Cortney Dice enters the 2004-05 season as Miami's top



butterfly swimmer, having been the only Miamian to place in the first final in either fly event at the 2004 MAC meet. While Dice placed fifth in the 100, no other returners scored in the event and only Dice, Reynolds and **Darcy Meek** scored in the consolation final of the 200.

"Dice had a breakthrough year last year, and Reynolds is a three-year conference scorer. Incoming, we have **Kathryn Stephens** and **Lindsay Woodward** who we are looking at to help us in butterfly events. I also look for **Ellen Koch**, a junior this year, to be on our MAC squad," said Jennings.

INDIVIDUAL MEDLEY

The individual medley is an area loaded with returning scorers for the RedHawks. In last year's MAC 200 IM, Armbruster picked up a bronze medal while Unger was just behind in fourth. Seymour finished sixth and Dice ninth as Miami earned 51 points in the single event.

But even that haul was surpassed in the 400 IM, where Miami earned 54 points as six swimmers, all returning in 2004-05, scored from one of the two finals. Armbruster earned another medal, this one a silver to go with her 200 IM bronze and 100 breaststroke gold, while Seymour won a bronze medal in the 400. Lamb placed sixth, while Petak, Meek and Reynolds scored from the second final.



Laura Armbruster

DIVING

On a roster with five returning divers, two-time NCAA qualifier junior **Christin Eberst** is at the forefront of the Miami diving program, having been the only RedHawk to score in last year's MAC meet. In the three-meter dive, Eberst won the bronze medal, edged out of a silver by less than two points. On the one-meter board, the medal stand looked the same with just over a dozen points separating Eberst from MAC gold.

"Christin is the most gifted female diver that I have coached in my 18 years at Miami. She is still learning to compete with confidence at the national level, but we have made a lot of progress over the past two seasons. I truly believe the best is yet to come," said diving coach Todd Spohn.

Spohn also looks for the return of senior **Marianne Windholtz** from a year abroad to bolster the diving corps along with sophomores **Katie Meister** and **Emilie Armer**.

RELAYS

As any championship swimming squad knows, relays can make the difference between coming out on top and falling short of a team's goal in a sport primarily individual.

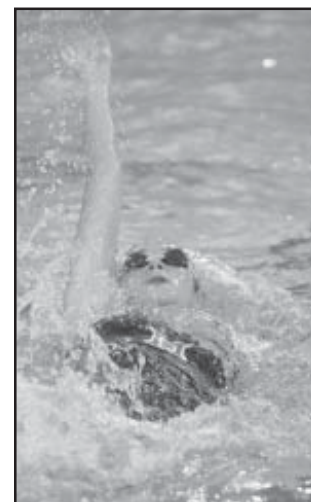
If it does come down to relay points for the RedHawks in 2005, Miami's chances look to be sunny.

The 200 free relay finished third at last year's MAC meet but is the highest-finishing to remain intact, after having lost out on MAC gold by less than a second. Frantz, Zeleznikar, Hocevar and Unger made up last year's medal-winning team. The 400 free relay, comprised of Bulla, Frantz, Hocevar and Unger finished second last year to a gold-medal foursome from Ohio with three '04 seniors.

The 200 medley relay returns intact as the 2004 MAC runners-up, with Lamb, Unger, Dice and Frantz making up the foursome.

Miami's relay gold last year came from the 400 medley relay team, another unit that remains intact. Lamb, Unger, Forster and Bulla contributed 40 points in the race last season.

Just as Miranda's graduation could impact Miami's distance success, as the defending 500 and 1650 champion moves on, the RedHawks' 800 free relay team is the only one of the five relay squads not to return intact. Bulla, Seymour and Forster are the three returning members of that group.



Trisha Lamb

OUTLOOK

With Miranda as the only 2004 MAC medalist not back for the 2005 run, Miami's chances at a fourth-straight conference title for the second time in a decade are strong. Though the freshman class of almost two dozen last year is followed by only about a half-dozen replacements, expect Miami's medalists and scorers this year to come from all four classes, ensuring that the winning RedHawk tradition will continue for the next several years.

Miami's preparation for the MAC meet will be strong as well. Home meets dominate the 2004 portion of the schedule, while the RedHawks become the RoadHawks for much of the second semester. Before the winter break, Miami sends swimmers to Indiana University's invitational, travels to Columbus as well as hosting three conference meets and non-conference dates against Wright State, Xavier and IUPUI.

While only Bowling Green comes to Oxford in the 2005 portion of the season, Miami travels to Ohio University, Marshall, Eastern Michigan and Toledo for conference meets as well as the yearly Midwest Conference Classic in Indianapolis one week before the MAC Championships at Ohio. A meet at the University of Cincinnati along with Kenyon College is also on the schedule. This year, both the zone diving competition and NCAA Championships are in neighboring Indiana on the campus of Purdue University, where the RedHawks aim to have a presence in March.



Name	Year	Event	Hometown/High School (Transfer)
Laura Armbruster	Jr.	Breast, IM, Fly	North Royalton, Ohio/North Royalton
Emilie Armer	So.	Diving	Libertyville, Ill./Libertyville
Kelly Barcza	Sr.	Free, Fly	Westerville, Ohio/St. Francis DeSales
Kristen Beizer	Fr.	Free, Breast	Evans City, Pa./Seneca Valley
Laurie Brenner	So.	Diving	Harrison, Ohio/Colerain
Maggi Bulla	Jr.	Sprints, Back	Cincinnati, Ohio/Ursuline
Rebecca Cooper	Fr.	Free	Des Plaines, Ill./Maine West
Erin Darrah	So.	Distance Free	Dublin, Ohio/Dublin Scioto
Chelsi Day	So.	Breast, IM	Mansfield, Ohio/Mansfield Christian
Cortney Dice	Sr.	Fly, IM	Allison Park, Pa./Hampton
Christin Eberst	Jr.	Diving	Clifton Park, N.Y./Shenendehowa
Lauren Evanosky	Fr.	IM, Back	Westport, Conn./Staples
Katie Forster	Jr.	Free, Fly	Centerville, Ohio/Centerville
Christen Fout	Sr.	Fly, IM	Shaker Heights, Ohio/Hawken School
Christel Frantz	Sr.	Sprint Free	Westlake, Ohio/Westlake
Andrea Hocevar	Sr.	Free	Richmond Heights, Ohio/Hawken School
Ami Javornik	Jr.	Breast	Amherst, Ohio/Marion L. Steele
Morgan Kautz	Sr.	Sprint Free	Long Grove, Ill./Stevenson
Amber Kerek	So.	Distance Free	Hudson, Ohio/Hudson
Ellen Koch	Jr.	Fly, IM	Pittsburgh, Pa./Mt. Lebanon
Trisha Lamb	Sr.	Back, IM	Oregon, Ohio/Notre Dame Academy
Laura-Ashley Lossing	So.	Fly, Free	Granville, Ohio/Granville
Julie Madden	Sr.	Distance Free	Canton, Ohio/Hawken (UCLA)
Darcy Meek	So.	Fly, IM	Wilton, Conn./Wilton
Katie Meister	So.	Diving	Cincinnati, Ohio/McAuley
Katie Miles	Sr.	Free, Back	Fishers, Ind./Hamilton Southeastern
Rachel Parker	So.	Back, IM	Brookeville, Md./Our Lady of Good Counsel
Margaret Patrick	So.	Sprint Free	Marietta, Ga./Holy Innocents
Ashley Petak	So.	Breast, IM	North Potomac, Md./Quince Orchard
Michelle Reynolds	Sr.	Free, Fly	Wyoming, Ohio/Wyoming
Laura Rosenbarger	Jr.	Free	Arlington Heights, Ill./Buffalo Grove
Allison Schaser	So.	Free, Fly	Waukesha, Wis./Waukesha South
Ashley Seymour	So.	Free, IM, Breast	St. Charles, Ill./New Trier
Tyler Smith	So.	Sprint Free	Milledgeville, Ga./Baldwin
Kathryn Stephens	Fr.	Free, IM, Fly	Western Springs, Ill./Lyons Township
Jessica Swider	So.	Breast, Fly	St. Charles, Ill./St. Charles East
Chelsea Theaker	So.	Diving	Mansfield, Ohio/Mansfield
Katie Unger	Jr.	Breast, IM, Fly	Hartland, Wis./Arrowhead
Randi Webber	Jr.	Fly	Hamilton, Ohio/Lakota West
Marianne Windholz	Sr.	Diving	Westerville, Ohio/Centerville
Lindsay Woodward	Fr.	Free, Fly	Assonet, Mass./Apponequet Regional
Diana Zeleznikar	So.	Free, Fly	Rocky River, Ohio/Rocky River



The world-class home of RedHawk swimming is housed in Miami's \$22 million Recreational Sports Center. The Corwin M. Nixon Aquatic Center is highlighted by an eight-lane, 50-meter pool and a separate 25-meter well, containing one-, three-, five-, seven- and 10-meter platforms.



The diving facilities at the Corwin M. Nixon Aquatic Center have been the site of several major national competitions and a training facility for Olympic divers.



The Nixon Aquatic Center offers equipment for divers to practice spotting-belt work and dry-land training without immersing themselves in water.



The Corwin M. Nixon Aquatic Center has served as host to many prestigious events such as:

- 2004 USA Sectional Swimming Championships
- 2002 Diving Junior National Championships
- 2002 Synchronized Swimming Championships
- 1997/1999/2002 Women's Division III National Championships
- 1997/2001 MAC Men's Swimming and Diving Championships
- 2000 Ohio Senior USS Championships
- 1995, 1999 and 2004 Mid-American Conference Women's Swimming and Diving Championships
- 1996 Phillips 66 Senior Indoor Diving Championships
- 1995 NCAA Division I Regional Diving Championships



Ashland '78 • 23rd year at Miami

Head Coach • Swimming & Diving

After claiming his 13th Mid-American Conference Championship, Miami head swimming coach **Dave Jennings** looks to direct his squad in defense of the coveted MAC crown.

Entering his 23rd season as Miami mentor, Jennings' swimming formula has produced a 94-21 MAC record (.817) in dual meets.

Miami teams not only have collected dual meet victories but also have hoarded the hardware come MAC Championship time. His RedHawks have won seven of the last nine conference titles. Jennings' teams won every MAC title from 1983-1988, 1996-1999 and 2002 through the present. Fourclasses—1986, 1987, 1988 and 1999—have won every MAC title for which they competed.

The 1998 MAC Coach of the Year award is his latest honor in a long line of awards and achievements.

A 1996 inductee into the Miami Athletic Hall of Fame, Jennings has earned MAC Coach of the Year honors on nine occasions, including four consecutive seasons from 1983 through 1986.

Jennings has led the RedHawks to 13 of the school's 14 MAC team titles and has coached 172 MAC individual and relay champions.

Under Jennings, 26 Miami swimmers have been NCAA qualifiers, 81 have been U.S. Senior National qualifiers, and seven have been Olympic trial qualifiers.

He also has instructed four MAC Scholar-Athletes of



the Year, a Miami Athlete of the Year and the Miami Athlete of the Decade for the 1980s, Tish Bucher.

Before arriving in Oxford, Jennings was a teacher and head men's swimming coach at Upper Arlington High School from 1979 through 1982. He was voted Coach of the Year in Ohio following the 1982 season.

During his tenure at Upper Arlington, Jennings also was director of the Amateur Upper Arlington Swim Club.

Prior to assuming the coaching position at Upper Arlington, Jennings served as a swimming instructor and coach at Coshocton High School, where he led the school to a top ten team placing and first conference championship.

Jennings is a 1978 graduate of Ashland College where he earned a bachelor of science degree in physical education. While at Ashland, Jennings was a member of a swimming team that placed second at the Penn-Ohio Championships and ninth at the NCAA Division III Championships.

Originally from Lexington, Ohio, Jennings and his wife Kathy have two sons, Blake (19) and Tyler (16), and reside in Oxford.

JENNINGS' RECORD AT MIAMI

Year	W	L	Pct.	MAC Finish
1983	9	1	.900	First
1984	7	2	.778	First
1985	4	4	.500	First
1986	7	3	.700	First
1987	7	5	.583	First
1988	6	3	.667	First
1989	6	3	.667	Second
1990	4	8	.333	Second
1991	1	9	.100	Third
1992	7	5	.583	Second
1993	7	5	.583	Fourth
1994	10	2	.833	Second
1995	10	2	.833	Second
1996	10	2	.833	First
1997	12	1	.923	First
1998	7	5	.583	First
1999	10	4	.714	First
2000	7	8	.467	Second
2001	8	10	.444	Second
2002	14	1	.933	First
2003	14	3	.824	First
2004	12	1	.923	First
Total	179	87	.673	

- **172** MAC Individual/Relay Champions
- **13** MAC Championships
- **26** NCAA Participants
- **2** MAC Outstanding Swimmers
- **2** MAC Outstanding Divers
- **4** MAC Scholar-Athletes of the Year
- **2** NCAA All-Americans
- **81** Senior National qualifiers
- **7** Olympic Trial qualifiers



Diving Coach Todd Spohn and Assistant Coach Phil Kraus

**todd
spohn**

Miami '86/'93 • 19th year at Miami

Diving Coach • Swimming & Diving

Todd Spohn begins his 19th season as Miami's diving coach. A 10-time Mid-American Conference Diving Coach of the Year, Spohn also coaches the men's diving team.

Over the past five seasons, Spohn's men's and women's divers have taken 11 titles in the one- and three-meter diving events at the MAC Swimming and Diving Championships.

Miami alumnae Kelly Harper and Cassie Eakins are the only divers in Miami history to win MAC diving championships on both boards in back-to-back years. Spohn also led Harper and Eakins to MAC Diver of the Year honors and Miami Athlete of the Year accolades.

"Todd has been able to develop one of the premier Division I programs in the Midwest," coach Dave Jennings says. "He does a good job working with each individual to make sure that they give their best effort every time they compete."

Spohn earned his bachelor's degree from Miami in 1986 and his master's degree in sport studies, also from Miami.

During his diving career, Spohn was a six-time MAC Championship finalist and three-time NCAA Zone Championship qualifier. Since graduation, Spohn has competed and medaled internationally at the Pan Pacific Masters Diving Championship as well as performed professional high diving.

Spohn and his wife, Monica, live in Oxford. They have three children: Hannah (16), Andy (15) and Molly (12).

**phil
kraus**

Ball State '97 • 4th year at Miami, 6th Overall

Assistant Coach • Swimming & Diving

Phil Kraus is in his fourth season as assistant coach at Miami. The RedHawks won MAC Championships in each of his first three seasons, along with posting an incredible 36-4 (.900) overall record and a 24-0 record in the MAC.

Kraus came to Oxford via Northern Illinois, where he spent two years as the assistant coach for NIU's men's and women's swimming and diving teams. Kraus' duties with the Huskies included coordinating recruiting, team workouts, travel and fundraising.

In his time there, the Huskie men's and women's teams combined to have a co-MAC Swimmer of the Year and five all-MAC selections, while setting 15 school records in the process. In Kraus' last year in DeKalb, the Northern Illinois men posted their second-best record (11-3) in team history.

"Phil does an outstanding job both as a coach and as a recruiter," head coach Dave Jennings said. "He helps keep our program at a high level and is certainly an important part of the current success that has brought us three straight MAC titles."

From 1997-99, Kraus was the head swimming and diving coach at Lebanon High School. In that time, he tutored five state qualifiers and two academic all-state selections, while three school records were broken under his watch.

Kraus also was head swimming coach at Woodland Country Club, which under his tutelage won the Interclub Championship in 1996, the first time the club accomplished the feat in 25 years.

A four-year letterwinner at Ball State, Kraus graduated in 1997 with a degree in secondary education. He was named academic all-MAC twice as a Cardinal. Kraus' brother, Leonard, is the head women's swimming coach at Marshall.

Over his 18 years of coaching Miami's men's and women's diving teams, Todd Spohn has solidified himself as one of the top coaches in the Mid-American Conference. While Spohn's coaching achievements span a 18-year period, since 1998 his divers have racked up the accolades. Here is a list of Spohn's divers' accomplishments over the past four seasons.

WOMEN

Women's MAC one-meter champion

- Kelly Harper 1998-99
- Cassie Eakins 1999-00

Women's MAC three-meter champion

- Kelly Harper 1998-99
- Cassie Eakins 1999-00

Women's MAC Diver of the Year

- Kelly Harper 1998-99
- Cassie Eakins 1999-00

Women's MAC Outstanding Senior

- Kelly Harper 1999-00

Women's MAC Coach of the Year

- Todd Spohn 1999-00/2000-01

Miami's Female Athlete of the Year

- Kelly Harper 1998-99
- Cassie Eakins 1999-00

MEN

Men's MAC one-meter champion

- Brian Davis 1998-99
- Dylan Nichol 1999-00/2000-01
- Peter Donohue 2003-04

Men's MAC three-meter champion

- Brian Davis 1998-99
- Dylan Nichol 1999-00/2000-01

Men's MAC Diver of the Year

- Brian Davis 1998-99
- Dylan Nichol 1999-00/2000-01

Men's MAC Coach of the Year

- Todd Spohn 1998-99/1999-00
- 2000-01/2003-04




**kelly
barcza**
<< freestyle/butterfly >>

M Sr. • Psychology
Westerville, OH • St. Francis DeSales

2003-04: All of her event top-times came at the Midwest Classic, where she swam 25.41 in the 50 free, 55.78 in the 100 free and 1:01.48 in the 100 fly ... entered in nine meets over the year including four of Miami's conference wins. **2002-03:** Swam a leg on the second-place 200 medley relay at the Midwest Conference Classic ... competed in three other events, taking fourth in the 100 fly, ninth in the 50 free and finishing with the 11th-fastest finals time in the 100 free ... took first place in the 400 medley relay and third in the 100 fly at Marshall ... helped the 200 medley relay to a second-place finish against Valpo and Xavier. **2001-02:** Set a personal record in the 100 fly after her ninth-place finish in the Midwest Classic ... had season-best times in the 50 free and 100 free placing eighth and 13th, respectively. **High School:** Named to the all-district and all-state teams as a junior ... member of the state-qualifying 200 free, 400 free and 200 medley relay teams, the latter of which placed ninth ... team captain. **Personal:** Born Jan. 22, 1983 ... daughter of Mary and Don Barcza.

BARCZA'S CAREER BESTS

50 Free 25.00
100 Free 55.58
100 Fly 1:00.40



**courtney
dice**
<< butterfly/IM >>

M Sr. • Exercise Science
Allison Park, PA • Hampton

2003-04: Part of Miami's MAC Championship squad where she scored in the 100 fly (5th, 56.88), 200 fly (10th, 2:06.13) and 200 IM (9th, 2:07.25) ... all three times were top-10 in the conference for the season ... part of the second-place 200 medley relay team at the MAC meet. **2002-03:** Swam the eighth-fastest 100 fly time in the MAC in 2003 ... at the MAC Championships, swam in the 100 and 200 fly ... competed in the consolation heat of both events, finishing with the ninth-fastest finals time in the 100 and 12th-fastest in the 200 ... took first in the 100 and third in the 200 fly events at Ohio State ... claimed the top spot in the 200 fly and with the 200 medley relay against Valparaiso and Xavier ... swam to four second-place finishes in individual events on the season. **2001-02:** Placed ninth in the 200 fly with a personal record at the MAC Championships ... also set a personal best in the 100 fly at the MAC Championships ... tallied her season-best time in the 200 IM at Bowling Green. **High School:** Qualified for the state finals in the 100 fly all four years ... member of the school record-setting 200 medley relay team ... team captain. **Personal:** Born Jan. 7, 1983 ... daughter of Paula and Wayne Dice.

DICE'S CAREER BESTS

100 Fly 56.88
200 Fly 2:05.85
200 IM 2:07.25



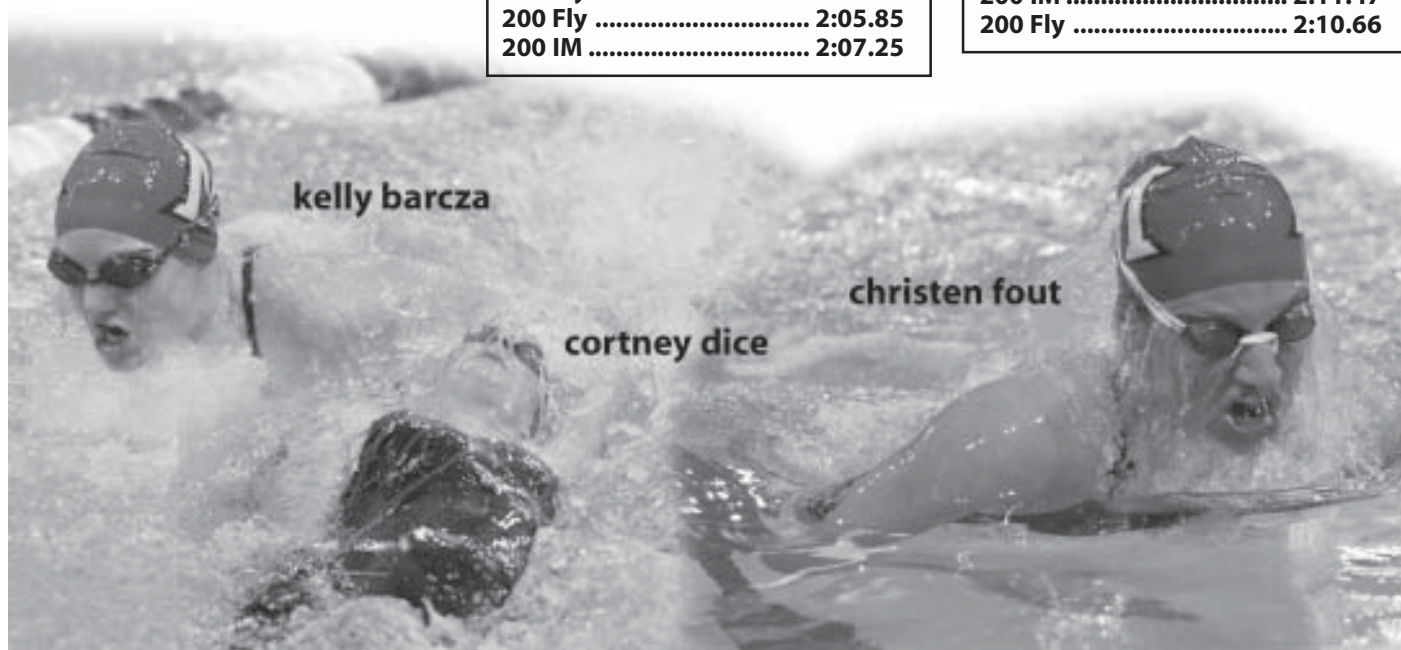
**christen
fout**
<< butterfly/IM >>

M Sr. • Zoology
Shaker Heights, OH • Hawken School

2003-04: Competed in back, breast, fly and IM events ... recorded most of her top times at the Midwest Conference Classic, including the 100 fly (1:00.03), 200 fly (2:10.66) and 200 IM (2:11.53). **2002-03:** *MAC Swimmer of the Week (2/25)* ... won three of four events she participated in at the Midwest Conference Classic and placed second in the other ... won the 100 butterfly and 200 IM, while swimming with the top-finishing 400 medley relay ... took second in the 200 butterfly at the meet ... had a pair of third-place finishes in the 200 fly and IM at Oakland ... exhibitioned and took second in the 400 IM, while taking second in the 100 fly at Marshall ... also took third in the 200 fly. **2001-02:** Set a personal record at the Midwest Classic in the 100 fly while placing sixth... finished third in the 200 fly and seventh in the 200 free at the Midwest Classic. **High School:** Member of an all-America 400 free relay team as a freshman and senior ... first-team all-star as a freshman ... member of district championship team all four years and state championship team last three years. **Personal:** Born Oct. 20, 1982 ... daughter of Karen and Michael Fout.

FOUT'S CAREER BESTS

100 Fly 59.40
200 IM 2:11.47
200 Fly 2:10.66



kelly barcza

courtney dice

christen fout



2003-04: Made the Academic All-MAC squad with a 3.71 GPA in zoology ... finished sixth in the 50 free at the MAC Championships in 24.14, the fastest time at Miami in '03-'04 ... also scored in the 100 free (7th, 52.40) and 200 free (12th, 1:53.55) ... was a member of the 400 free relay and 200 medley relay teams, both of which earned second place at the MAC Championships, as well as the third-place 200 free relay team at MAC meet. **2002-03:** Competed in the 50 and 100 free at the MAC Championships ... posted the sixth-fastest finals time in the 50, and finished 14th in the 100 ... also swam a leg on the second-place 200 medley and 400 free relays, as well as third-place 200 free relay ... helped the 200 free relay to three top finishes and a second-place showing on the season, including a pool-record performance at Kenyon ... took third in the 100 free and third in the 50 free against Cincinnati and Kenyon. **2001-02:** Placed 16th while setting a personal record at the MAC Championships in the 50 free ... set a personal record at the Miami Invitational in the 100 free. **High School:** Made all-conference as a butterfly, freestyler, breaststroker, IMer and relay swimmer ... team record-holder in the 100 breast and 100 back ... state qualifier in the 50 free and 100 breast as a junior and 100 back and 200 IM as a senior. **Personal:** Born Aug. 18, 1983 ... daughter of Annemarie and Daniel Frantz.

FRANTZ'S CAREER BESTS	
50 Free	23.97
100 Free	52.40
200 Free	1:53.55



2003-04: Scored at the MAC Championships in the 50 free (11th, 24.27) and 100 free (12th, 52.81) and was part of the 400 free relay team that finished second at the MAC meet ... was the second-fastest 50 free swimmer at Miami for the year behind Christel Frantz. **2002-03:** Posted the second-fastest time of the year in the MAC with the 400 free relay ... swam in five freestyle events at the MAC Championships ... completed legs on the second-place 400 and 800 free relays ... also placed fifth in the 100 and seventh in the 200 free and posted the eighth-fastest finals time in the 50 free ... set a pool record with the first-place 200 free relay at Kenyon ... placed in the top-three in three events against Wright State ... won the 50 and 200 free events, and took second in the 500 free against Valparaiso and Xavier. **2001-02:** Finished 12th in the 200 free at the MAC Championships ... set personal records in the 50 free and the 100 free at the MAC Championships. **High School:** Part of five all-America relay teams ... member of three-time state championship team ... recipient of the Coaches Award as a junior and senior. **Personal:** Born May 4, 1983 ... daughter of Livia and Tony Hocevar.

HOCEVAR'S CAREER BESTS	
50 Free	24.19
100 Free	52.20
200 Free	1:53.71
500 Free	5:05.28



2003-04: Swam freestyle events from the 50 through 500 races, recording top times in the 50 (24.63), 100 (53.28) and 200 (1:56.37) at the Midwest Conference Classic ... best 500 was at the Miami Invitational (5:27.33). **2002-03:** Took third in both the 100 and 200 free events at the Midwest Conference Classic ... also took seventh in the 50 free ... at Oakland, competed in four events, including finishes of second with the 400 free relay and third in the 100 free and with the 400 medley relay ... swam to a pair of fourth-place finishes in the 100 and 200 free events at Marshall ... also competed for the third-place 400 medley relay. **2001-02:** Placed sixth in the 50 free and ninth in both the 100 and 200 free at the Midwest Classic. **High School:** All-American and school record-holder in the 50 free ... qualified for the state championship in four events all four years ... member of the state championship 800 free relay team when she was 14 ... also an all-state water polo player who played for the Junior National team. **Personal:** Born Sept. 1, 1983 ... Marlene and Ted Kautz.

KAUTZ'S CAREER BESTS	
50 Free	24.42
100 Free	53.28
200 Free	1:55.59





Athlete Bios




trisha lamb
 << backstroke/IM >>

M Sr. • Accounting
 Oregon, OH • Notre Dame Academy

2003-04: Olympic Trials qualifier ... All-MAC Second Team ... part of MAC Champion 400 medley relay team and runner-up 200 MR squad ... finished sixth (4:30.81) in the 400 IM at the conference meet, where she also scored in the 100 back (5th, 57.97) and 200 back (9th, 2:04.38). **2002-03:** All-MAC First Team ... finished the season with the second-best time in MAC history in the 200 back, and in the top-10 of four other events ... won MAC Championships in both the 100 and 200 backstroke ... took second place in the 400 IM ... also swam legs on second-place 200 medley and third-place 400 medley relays ... finished the regular season with 13 first-place finishes and nine seconds ... swept the 100 and 200 back events four times on the season, including at the MAC Championships. **2001-02:** All-MAC Second Team ... took fifth in the 200 and 400 IM at the MAC Championships ... finished second at the MAC Championships in the 200 back. **High School:** 2000 Summer Junior National Champion in the 100 and 200 back ... qualified for the Olympic Trials in the 100 and 200 back, finishing in the top 70 in both events ... placed 16th in the 200 back at the 2001 Summer Senior U.S. National Championships ... qualified for the state and Junior National championships as a freshman ... member of the 2000 Women's Summer Junior National championship team. **Personal:** Born Aug. 10, 1983 ... daughter of Roberta and James Lamb.

LAMB'S CAREER BESTS	
100 Back	56.68
200 Back	2:00.31
200 IM	2:03.34
400 IM	4:22.34



julie madden
 << distance freestyle >>

M Sr. • Psychology
 Canton, OH • Hawken School/UCLA

2003-04: Finished seventh in the 1650 free at the MAC Championships in 17:13.81 ... also competed in the 200 free at the MAC meet (20th, 1:55.49) ... fastest time in the 1650 on the year was at the Cincinnati/Kenyon meet where she swam 10:27.68, making her the third-fastest swimmer at Miami this year in the event. **Before Miami:** Swam a season at UCLA ... redshirted last year at Miami. **High School:** Earned all-state recognition all four seasons in the 200 and 500 free ... was a Junior National finalist in the spring of 1999 in the 1650 free ... also a state finalist for four years in the 200 and 500 free ... Junior Nationals qualifier in the 500, 1000 and 1650 free. **Personal:** Born April 17, 1982 ... daughter of Terry Henschen ... mother swam for Indiana University.

MADDEN'S CAREER BESTS	
200 Free	1:55.49
500 Free	5:07.95
1000 Free	10:27.68
1650 Free	17:13.81

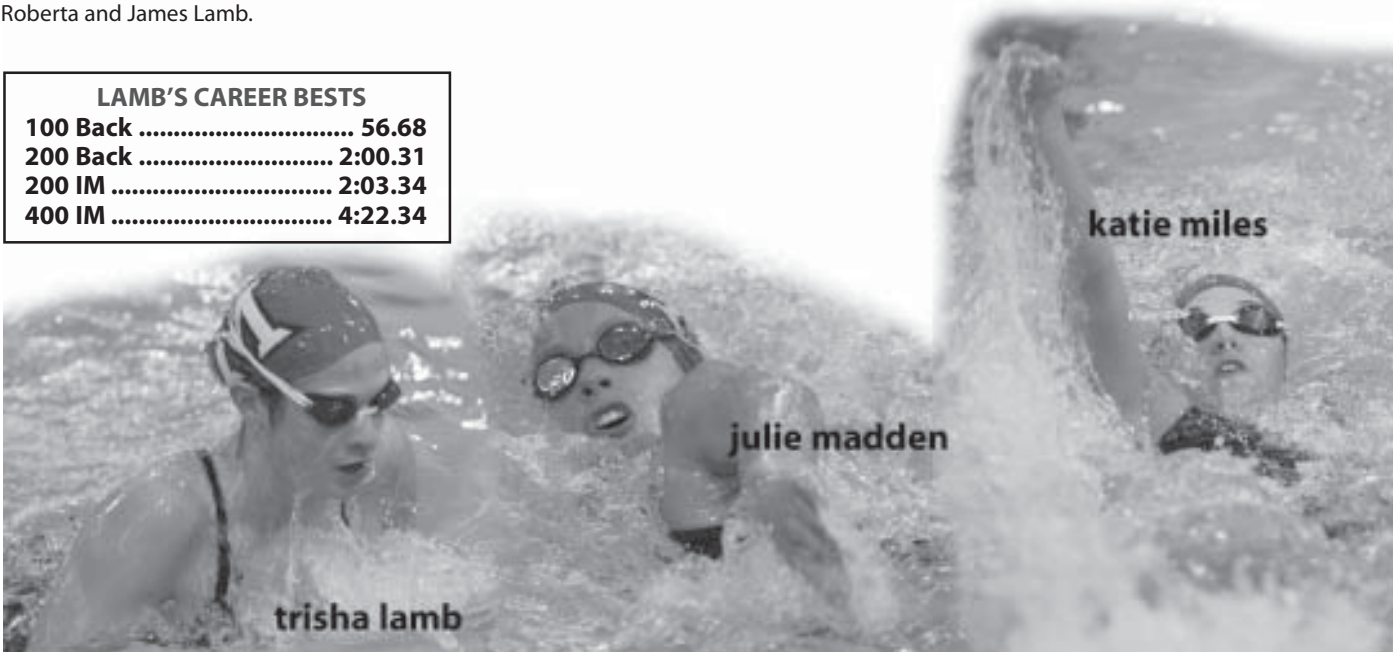


katie miles
 << freestyle/backstroke >>

M Sr. • Marketing/Decision Sciences
 Fishers, IN • Hamilton Southeastern

2003-04: Redshirted the season due to injury. **2002-03:** Finished with the sixth-fastest finals time in the 200 backstroke at the MAC Championships ... against Marshall, paced the field in both the 100 and 200 back ... also swam a leg for the first-place 400 medley relay at the same meet. **2001-02:** Set season-best times at the MAC Championships in the 50 free, 100 back and the 200 back. **High School:** Named all-county all four years, all-state last three years and all-America as a senior ... school record holder in the 50 free and 100 back ... five-time state finalist ... three-time Junior National qualifier ... inducted into high school's Hall of Fame. **Personal:** Born Jan. 1, 1983 ... majoring in marketing and decision sciences ... her aunt, Jennifer, was a member of the 1976 Olympic swim team.

MILES' CAREER BESTS	
50 Free	24.48
100 Back	57.97
200 Back	2:06.40






michelle reynolds
 << freestyle/butterfly >>

M Sr. • Accounting
 Wyoming, OH • Wyoming



marianne windholtz
 << diving >>

M Sr. • Economics/German
 Westerville, OH • Centerville



laura armbruster
 << breaststroke/IM/butterfly >>

M Jr. • Zoology
 North Royalton, OH • North Royalton

2003-04: Scored in the 500 free (11th, 5:01.95), 400 IM (16th, 4:38.76) and 200 fly (11th, 2:06.42) at the MAC Championships ... 500 free time put her third behind Amy Miranda and Katherine Forster for fastest swimmer in the event at Miami in '03-'04 ... also third-fastest RedHawk in the 200 fly behind Forster and Cortney Dice. **2002-03:** Participated in four events at the MAC Championships ... posted the sixth-best 200 fly time in the MAC in 2003 ... swam a leg on the 400 medley relay and took sixth place in both the 200 fly and 500 free ... also finished with the 10th-fastest finals time in the 100 fly ... swept the 100 and 200 fly races at Kenyon. **2001-02:** All-MAC First Team ... academic all-American ... set a personal record in the 200 fly and 500 free at the MAC Championships while garnering first-place and third-place, respectively ... her time of 2:03.10 in the 200 butterfly made the NCAA "B" cut ... finished sixth in the 100 fly at the MAC Championships. **High School:** State champion and honorable mention all-America in the 100 fly as a senior ... Academic all-America ... made all-conference and qualified for the state championship in the 100 fly and 500 free all four years ... 200 fly champion at the Ohio Classic meet ... holds school records in the 100 fly and 200 IM . **Personal:** Born March 31, 1983 ... daughter of Chris and Randy Reynolds.

2003-04: Did not compete ... spent the academic year studying in Germany. **2002-03:** Placed sixth at the MAC Championships in the one-meter dive, accruing 235.29 points in the finals ... had a one-meter best of 250.57 points versus Cincinnati and a three-meter, six-dive best of 243.90 versus Toledo and Akron ... also competed in the three-meters at the MAC meet. **2001-02:** Had a season-best fifth-place finish against Cincinnati in the one-meter event... also placed sixth at the Miami Invitational in the three-meter event which was a season best score. **High School:** Team MVP, conference champion and all-state honoree last three years ... qualified for the Junior National Championship last two years ... named academic all-state the last three years school record holder in the six- and 11-dive categories. **Personal:** Born Oct. 17, 1982 ... daughter of Rhonda and Timothy Windholtz.

2003-04: All-MAC First Team ... Made the Academic All-MAC team with a 3.91 GPA in zoology ... earned CSCAA academic honorable mention honors ... MAC Champion in the 100 breast (1:04.45) ... silver medal at the MAC Championships in the 400 IM (4:23.00) and bronze medal in the 200 IM (2:04.31) ... was also the second-fastest swimmer at Miami on the year in the 50 back behind Trisha Lamb and the 100 fly behind Cortney Dice. **2002-03:** Ranked in the top-10 times in the MAC in three events ... took fourth place in the 400 IM at the MAC Championships ... also swam in the 100 and 200 breaststroke, finishing 11th and sixth, respectively ... posted first-place finishes in three events at Marshall ... won both the 100 and 200 breast at the event, and exhibited the 400 IM, taking first ... topped the field in both the 100 fly and 200 breast against Valparaiso and Xavier ... also swam a leg on the first-place 200 medley relay. **High School:** Was a three-time state qualifier ... holds Pioneer Conference records in the 100 fly, 100 breast, and 200 IM ... finished sixth in the breast at the state tournament ... MVP of the Pioneer Conference ... undefeated in the sectionals from 2000-02 in the 100 breast ... MVP in her conference in volleyball ... ran track. **Personal:** Born Dec. 17, 1983 ... daughter of Charles and Joan Armbruster.

marianne windholtz

michelle reynolds

laura armbruster

REYNOLDS' CAREER BESTS

500 Free	4:54.93
100 Fly	56.90
200 Fly	2:03.10
400 IM	4:36.49

ARMBRUSTER'S CAREER BESTS

100 Fly	57.44
100 Breast	1:04.45
200 Breast	2:22.02
200 IM	2:04.03
400 IM	4:23.00




**maggi
bulla**
« sprints/backstroke »

M Jr. • Exercise Science
Cincinnati, OH • Ursuline Academy

2003-04: All-MAC First Team ... was the only swimmer to break a Miami record in '03-'04, setting both the freshman and varsity marks in the 200 free at the MAC meet where she won the silver medal in 1:51.13 ... also won a silver medal in the 200 back (2:03.36) ... was part of the MAC Champion 400 medley relay team and runner-up 400 free and 800 free relay teams ... also scored in the 100 back at the conference meet (7th, 58.50). **2002-03:** Redshirted the season. **High School:** Achieved all-America honors all four years of high school in the 100 back, 100 free, 200 IM, 200 medley relay and 200 free relay ... broke the Ursuline school record in the 100 back with a time of 56.60 ... swam on the state championship team during the 2000, 2001 and 2002 seasons. **Personal:** Born Aug. 29, 1983 ... daughter of Sally and Bob Wallace.

BULLA'S CAREER BESTS	
100 Free	51.39
200 Free	1:51.13
100 Back	56.60
200 Back	2:00.79



**christin
eberst**
« diving »

M Jr. • Political Science
Clifton Park, NY • Shenendehowa

2003-04: NCAA Qualifier - 1m Diving ... won two bronze medals at the MAC Championships, earning 260.25 points in the one-meter dive and accruing 457.17 in the three-meter ... CSCAA Academic All-American for second-straight year (political science, 3.65). **2002-03:** Earned Academic All-America honors from the CSCAA ... won 17-of-22 diving events prior to the MAC Championships, going 9-2 in three-meter and 8-3 in one-meter events ... placed first in at least one event at each meet, except one ... posted the second-highest one-meter score, and ninth-best three-meter score, in the MAC in 2003 ... competed at the NCAA Championships, finishing 36th in the one-meter and 41st in the three-meter diving preliminaries ... took fourth place in the three-meter event at the NCAA Zone 'C' Diving Regional ... took 14th in the one-meter event ... at the MAC Championships, took third in the one-meter diving and fourth in the three-meter. **High School:** Went to the New York State competition in eighth, ninth, and tenth grade where her highest finish was sixth place ... set the school record in both the six and eleven-meter dive. **Personal:** Born Aug. 30, 1984 ... daughter of Bill and Carin Eberst ... father graduated from Miami.



**katie
forster**
« freestyle/butterfly »

M Jr. • Physical Health Education
Centerville, OH • Centerville

2003-04: All-MAC Second Team ... MAC Swimmer of the Week (2/10) ... silver medalist in the 500 free at the MAC Championships (4:51.55), meeting the NCAA's provisional qualifying standard ... bronze medal in the 1650 free (16:54.23) ... part of MAC Champion 400 medley relay team and runner-up 800 free relay squad ... also scored in the 200 free (9th, 1:52.45). **2002-03:** Set a new Miami record, completing the 500 freestyle in 4:48.96 at the Minnesota Gopher Invitational ... won 12 events on the season, finishing second four times ... posted the MAC's top time in the 500 free, and as a part of the 800 free relay ... also had top-10 times in five other events, including three number-two times ... participated in both the 500 and 1650 freestyle at the MAC Championships ... took second place in the 1650, while finishing seventh in the 500 ... headed into the MAC Championships having won her last 10 freestyle races. **High School:** Set a school record in 1999 in the 500 free ... established a school mark in 2002 in the 200 free ... four-time state finalist in the 500 free and 200 free ... all-state and all-America accolades from 1999-02 ... all-conference honors in 2002. **Personal:** Born Aug. 13, 1984 ... daughter of Richard and Patricia Forster.

FORSTER'S CAREER BESTS	
200 Free	1:49.51
500 Free	4:48.96
1000 Free	10:05.28
1650 Free	16:51.35
200 Fly	2:04.82



maggi bulla

christin eberst

katie forster



2003-04: Competed in freestyle, breaststroke, fly and IM events in '03-'04 ... recorded two of her top times at the Midwest Conference Classic, including both breaststroke events (100, 1:10.66; 200, 2:27.53). **2002-03:** Finished in the top-four in each of her three events at the Midwest Conference Classic ... took second in the 200 breaststroke, while placing fourth in both the 100 breast and 400 IM ... took third in the 200 and fifth in the 100 breast in a dual meet at Marshall ... also swam on the third-place 400 medley relay. **High School:** Was a USA sectional qualifier in the 200 breast... was a four-year district qualifier in multiple events... set several school records, both individually and as part of a relay ... twice named second-team all-conference in the IM ... was a three-year team MVP ... named team captain three times. **Personal:** Born Aug. 12, 1983 ... daughter of Rod and Kathi Blakey.

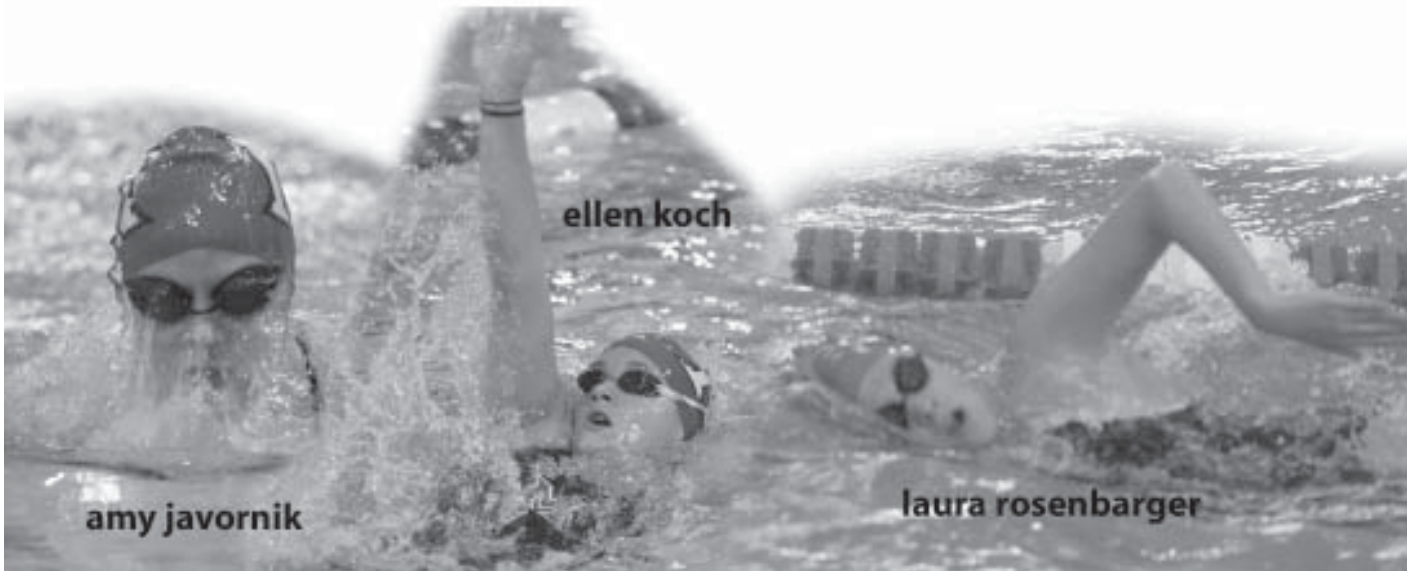
2003-04: MAC Swimmer of the Week (2/24) ... competed in backstroke, butterfly and IM events ... at the Midwest Conference Classic, became the third-fastest Miamian in '03-'04 in the 50 back (28.45) and 100 fly (58.07) ... also recorded her collegiate best in the 200 IM at the Midwest meet. **2002-03:** Competed at two meets, before missing the rest of the season due to injury ... finished third and fourth in the 100 and 200 fly, respectively, against Ball State. **High School:** Holds the school records in the 200 medley, 200 free and 400 free relay ... earned all-America honors from 1998-2002 ... named to the Academic/Scholastic all-American team. **Personal:** Born March 6, 1984 ... daughter of Conrad Koch and Karen Kanell ... sister, Elizabeth, swam at William and Mary.

2003-04: Freestyle events ranged from 100 to 1650 free ... set three of her top times on the year at the Miami Invitational, including in the 200 (1:56.62), 500 (5:15.13) and 1650 (17:51.93). **2002-03:** Highlighted her efforts at the Midwest Conference Classic with a first-place finish in the 1650 free ... also swam in the 200 and 500 free, taking fifth in the 500 and 11th in the 200 ... two of her three third-place finishes have come in the 1000 free ... posted two third-place finishes at Marshall in the 500 and 1000 free. **High School:** Conference and sectional medalist in the 200 and 500 free ... team earned conference championships from 1998-2001. **Personal:** Born Sept. 20, 1983 ... daughter of Robert and Maureen Rosenbarger.

JAVORNIK'S CAREER BESTS	
100 Breast	1:10.02
200 Breast	2:27.05
400 IM	4:51.01

KOCH'S CAREER BESTS	
100 Fly	57.84
200 Fly	2:08.76
200 IM	2:09.46

ROSENBERGER'S CAREER BESTS	
200 Free	1:56.62
500 Free	5:15.13
1650 Free	17:51.93





Athlete Bios



katie unger
 << breaststroke/IM/butterfly >>

M Jr. • Microbiology
 Hartland, WI • Arrowhead

2003-04: All-MAC Second Team ... silver medalist in the 100 breast (1:04.65) ... part of MAC Champion 400 medley relay team, runner-up 200 medley and 400 free relay squads, and third-place 200 free relay team at conference meet ... also scored in the 200 IM (4th, 2:05.43) and 200 breast (9th, 2:20.93). **2002-03:** All-MAC First Team ... ranked in the MAC's top 10 times in six events, including second in the 100 breast, and third in both the 200 breast and 400 medley ... took third place in the 100 breaststroke at the MAC Championships ... also had a pair of fifth-place finishes in the 200 breaststroke and 200 IM ... competed in eight different events on the season, taking top-three honors at least once in seven ... had nine first-place finishes on the season, including three in the 200 IM ... three first-place finishes came with the 200 and 400 medley relays. **High School:** Holds the school record in the 200 IM and the 100 fly ... swam on the state team from 1998 to 2002 ... received all-state and all-America honors. **Personal:** Born Aug. 16, 1984 ... daughter of Doug and Sally Unger..

UNGER'S CAREER BESTS	
100 Free	52.79
100 Breast	1:04.65
200 Breast	2:19.51
200 Fly	2:05.83
200 IM	2:04.30
400 IM	4:31.19



randi webber
 << butterfly >>

M Jr. • Finance
 Hamilton, OH • Lakota West

2003-04: Competed primarily in freestyle and butterfly events ... set collegiate personal best in the 50 free at the Midwest Conference Classic (25.71), where she also swam her season-best 100 fly (1:01.36) and 200 fly (2:13.89). **2002-03:** Swam in the 100 and 200 butterfly, as well as the 50 free, at the Midwest Conference Classic ... finished fourth in the 200 and sixth in the 100 ... placed 14th in the 50 free ... posted a pair of fourth-place finishes at Marshall in the 100 and 200 fly events ... also took third place with the 400 medley relay. **High School:** Established the team record in the 100 fly ... holds the team relay record in the 200 medley relay ... named team swimmer of the year in 2000-01 and 2001-02 ... given the team's most improved award during the 1998-99 and 1999-2000 seasons ... swam in the state championships in 2000 and 2001. **Personal:** Born July 15, 1984 ... daughter of Randy and Patricia Webber.

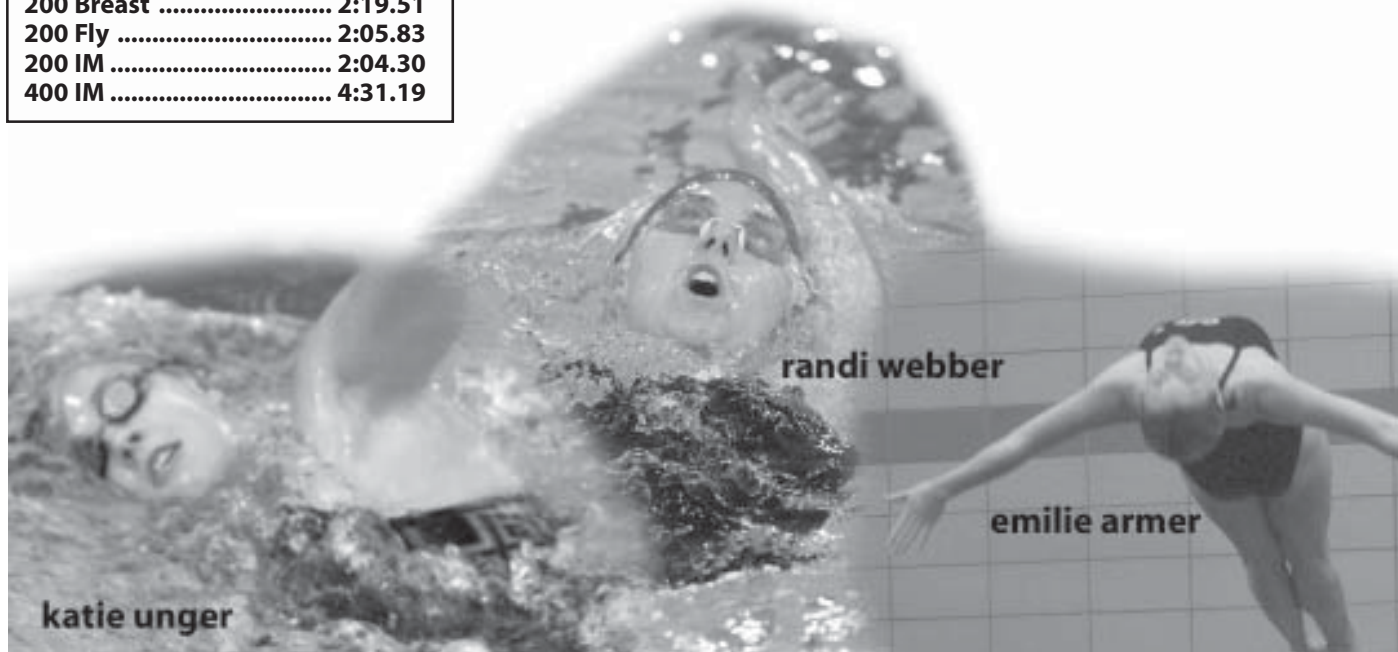
WEBBER'S CAREER BESTS	
50 Free	25.71
100 Fly	59.33
200 Fly	2:12.53



emilie armer
 << diving >>

M So. • Family Studies
 Libertyville, IL • Libertyville

2003-04: Earned top point totals in the one-meter competition at the Miami Invitational (195.75) and in the three-meter at the Midwest Conference Classic (293.10). **High School:** Was all-conference as a sophomore, junior and senior ... qualified for state her last three years ... finished as high as 14th at the state meet, as a senior ... finished in the top five in her sectional in each of the last three years ... as a senior, finished third in her sectional. **Personal:** Born June 22, 1985 ... daughter of Deb and Alan Armer.






**laurie
brenner**
« diving »

M So. • Fine Arts
Harrison, OH • Colerain

2003-04: Scored a season-high of 204.53 points against Purdue on the one-meter board and a top total of 338.35 on the three-meter board in the Miami Invitational. **High School:** Was named all-state as a senior ... qualified for state three times ... named all-conference all four years, and was a conference champion once ... also was a scholar-athlete all four years ... was the first diver in her school's history. **Personal:** Born April 12, 1985 ... daughter of Terri and Mike Brenner.



**erin
darrah**
« distance freestyle »

M So. • Early Childhood Education
Dublin, OH • Scioto

2003-04: Recorded two of her three freestyle season bests at the Midwest Conference Classic, where she swam the 200 free in 1:59.40 and the 1650 free in 18:12.73 ... swam her season-best 500 free versus Eastern Michigan. **High School:** Was a state qualifier as a senior ... named team MVP as a junior and senior ... holds school records in 100 back, 200 IM, 500 free and both the 200 and 400 free relays. **Personal:** Born May 29, 1985 ... daughter of Linda and Chuck Darrah.



**chelsi
day**
« diving »

M So. • Psychology/Sport Studies
Mansfield, OH • Mansfield Christian

2003-04: Competed only on the one-meter board as a rookie, recording her top total of 180.30 against Kenyon and Cincinnati ... also competed against Toledo and in the Miami Invitational. **High School:** Was an Ohio state finalist as both a junior and senior ... placed 14th at the state meet as a senior, and 19th as a junior ... senior year finish was the highest by anyone in the Mansfield area. **Personal:** Born Aug. 13, 1985 ... daughter of Lori Day.

DARRAH'S CAREER BESTS	
200 Free	1:59.40
500 Free	5:15.01
1650 Free	18:12.73






amber kerek
 << distance freestyle >>

M So. • Political Science
 Hudson, OH • Hudson

2003-04: Earned two of her season-best times at the Midwest Conference Classic in the 500 and 1650 freestyle events, swimming 5:09.36 and 17:05.45, respectively ... earned her top 1000 time of 10:40.95 against Toledo. **High School:** Team was undefeated her freshman and senior seasons ... won conference cup championship three times, and conference championship all four years ... finished fifth at districts ... qualified for the state meet all four years with relay teams, and as a junior and senior in the 500 free ... was named all-conference a total of 12 times ... named the team MVP twice and won the Ray Heiser Sportsmanship Award ... earned all-America consideration with the medley relay. **Personal:** Born Jan. 24, 1985 ... daughter of Kathy and John Karpziel.

KEREK'S CAREER BESTS	
500 Free	5:09.36
1000 Free	10:40.95
1650 Free	17:45.05



laura-ashley lossing
 << butterfly/freestyle >>

M So. • Chemistry
 Granville, OH • Granville

2003-04: Enjoyed event bests in 200 and 500 free as well as 100 and 200 fly over three meets ... set collegiate bests in 500 free and 200 fly at the Midwest Conference Classic while earning best 200 free mark versus Xavier and top 100 fly mark at Miami's invitational meet. **High School:** Earned academic all-America status ... competed at state and earned all-state honors all four years ... holds school records in the 100 fly, 200 free and 500 free as well as the 200 and 400 free relays ... also lettered all four years in soccer and track ... as a senior, served as team captain for soccer and swimming ... named all-district in soccer ... first female in school history to earn 12 letters. **Personal:** Born Jan. 7, 1985 ... daughter of Charlene and Roger Lossing.

LOSSING'S CAREER BESTS	
200 Free	1:58.40
500 Free	5:17.70
100 Fly	1:00.07
200 Fly	2:11.30



darcy meek
 << butterfly/IM >>

M So. • Undecided
 Wilton, CT • Wilton

2003-04: Part of Miami's MAC Championship squad, where she scored in the 400 IM (15th, 4:36.19) and 200 fly (15th, 2:08.69) and participated in the 1650 free (19th, 17:49.50). **High School:** Was a national YMCA qualifier ... took 11th at the 2002 YMCA Nationals in the 200 fly ... named all-state in 200 IM and both the 200 medley and 400 free relays as a junior and senior ... in the 200 IM, finished second as a senior and third as a junior ... placed seventh in both years the 100 fly. **Personal:** Born April 29, 1985 ... daughter of Debbie and Thomas Meek.

MEEK'S CAREER BESTS	
200 Back	2:13.66
200 Fly	2:08.39
400 IM	4:36.18
1650 Free	17:49.50



amber kerek

laura-ashley lossing

darcy meek




**katie
meister**
« diving »

M So. • Chemistry
Cincinnati, OH • McAuley



**rachel
parker**
« backstroke/IM »

M So. • Exercise Science
Brookville, MD • Our Lady of Good Counsel



**margaret
patrick**
« butterfly/freestyle »

M So. • Health Studies
Marietta, GA • Holy Innocents

2003-04: Competed in the MAC Championships where she finished 17th (350.85) on the three-meter board ... both top scores came at the Miami Invitational, where she accumulated 234.00 points on the one-meter board and 398.20 on the three-meter. **High School:** Named an NISCAA Diving All-American and Academic All-American ... only senior diver in Ohio to earn both honors, one of just five, nationally, to do so ... honored as first-team all-state selection three times ... finished as district runner-up as a junior, and won districts as a senior ... selected to the all-GGCL team last three years, including a first-team nod as a senior ... broke school record with a diving score of 419.15. **Personal:** Born Nov. 19, 1984 ... daughter of Mary and Gene Meister.

2003-04: Earned both of her top backstroke times over the three events at the Purdue meet and recorded her 400 IM season-best against Xavier ... competed in five meets over the first half of the season. **High School:** Earned all-American status in the 200 medley relay twice and 100 back once ... won the Catholic National Championship in the 200 medley relay ... was a three-time Metro champion in the 200 medley relay ... also was Metro runner up three times in the 100 back (twice) and 400 free ... earned team's Radcliffe Award as a junior and team MVP award as a senior ... served as team captain those years, as well ... member of National Honor Society. **Personal:** Born Feb. 3, 1985 ... daughter of Jackie and Robert Parker.

2003-04: Most notable meet was the Miami Invitational in which she earned all three of her top freestyle times including the 24.43 50 free time that made her the third-fastest Miami swimmer in the event. **High School:** Qualified for the Georgia state meet in all four seasons ... named to the Georgia All-Star team last three years ... also lettered in track and volleyball. **Personal:** Born June 4, 1985 ... daughter of Joan and Wayne Patrick ... sister is a junior at Miami.

PARKER'S CAREER BESTS	
100 Back	59.06
200 Back	2:09.10
400 IM	4:43.00

PATRICK'S CAREER BESTS	
50 Free	24.43
100 Free	53.65
200 Free	2:02.31






ashley petak
 << breaststroke/IM >>
 M So. • Exercise Science
 North Potomac, MD • Quince Orchard

2003-04: Part of Miami's MAC Championship contingent ... scored in the 400 IM (12th, 4:34.65), 100 breast (15th, 1:06.97) and 200 breast (10th, 2:23.34) ... third-fastest in 200 breast at Miami in '03-'04 behind Ashley Seymour and Katie Unger. **High School:** Named a USA Swimming Scholastic All-American three times ... was a Metropolitan Championship finalist all four years ... won the county championship in the 100 breast in 2002 ... named team MVP all four years ... honored as a Potomac Valley Swimming Scholar Athlete ... competed at the Junior National Championship ... earned second-team all-county honors, as well as all-Gazette honors from the *Gaithersburg Gazette*, all four years. **Personal:** Born Sept. 26, 1984 ... daughter of Linda and David Petak.


PETAK'S CAREER BESTS	
100 Breast	1:06.97
200 Breast	2:23.04
400 IM	4:34.63



allison schaser
 << freestyle/butterfly >>
 M So. • Speech Pathology
 Waukesha, WI • Waukesha South

2003-04: Set collegiate personal best of 56.09 in the 100 free at the Miami Invitational in the RedHawks' home pool ... earned top 100 fly time at the Midwest Conference Classic. **High School:** With the 200 free relay, set a school record and finished second in both the conference and sectional ... qualified for the state meet in each of her last three years ... qualified in the 50 free, 100 fly and 200 and 400 free relays as both a junior and senior ... earned all-state honorable mention in both the 200 and 400 free relays ... was conference champ in both the 50 and 100 free, also winning sectionals in the 50 free. **Personal:** Born Sept. 15, 1985 ... daughter of Julie and Andrew Schaser.

SCHASER'S CAREER BESTS	
50 Free	25.21
100 Free	56.09
100 Fly	1:01.25



ashley seymour
 << freestyle/IM/breaststroke >>
 M So. • Exercise Science
 St. Charles, IL • New Trier

2003-04: Part of Miami's MAC Championship squad ... earned a bronze medal in the 400 IM in 4:23.00, meeting the NCAA provisional qualifying standard ... placed fifth in the 200 breast (2:20.49), Miami's top finisher in the event ... finished sixth in the 200 IM (2:05.73) ... part of runner-up 800 free relay team at MAC meet. **High School:** Named all-America 17 times ... holds state and national records in the 200 and 400 free relays ... also holds the state record in the 200 medley relay ... team won national championships freshman through junior years and won state championships all four years ... was named all-conference and all-state all four years. **Personal:** Born March 25, 1985 ... daughter of Mina and Ross Seymour ... father was a two-time all-American swimmer at Oklahoma State, and swam at the 1976 Olympics ... sister, Lauren, was a swimmer at Louisville.

SEYMOUR'S CAREER BESTS	
200 Breast	2:20.49
200 IM	2:05.44
400 IM	4:23.00







tyler smith
 << sprint freestyle >>

M So. • Finance
 Milledgeville, GA • Baldwin

2003-04: Competed in multiple strokes as a freshman but earned personal bests in the 50 free, 100 free and 200 free, the events on which she will focus as a sophomore, at the 2004 Midwest Conference Classic. **High School:** Named a USA Swimming Scholastic All-American ... member of the Georgia Zone team that finished second at San Antonio ... was a sectional qualifier and member of the Georgia All-Star team ... swam on a Junior National relay ... qualified for state all four years ... won team awards for Distance (2000), Highest GPA (2001) and MVP (2003) ... served as team captain as a senior. **Personal:** Born Feb. 7, 1985 ... daughter of Linda and James Smith.



jessie swider
 << breaststroke/butterfly >>

M So. • Exercise Science
 St. Charles, IL • St. Charles East

2003-04: Best meet was at the Midwest Conference Classic, where she set all three of her personal bests ... participated in nine meets during the season, most in the second half of the year. **High School:** Was an Illinois state Championship qualifier ... finished 10th in the finals of the 100 breast as a sophomore ... team finished third at state as a sophomore and 10th as a junior ... club team finished fifth at zone championships ... finished fourth at Senior Championships in 200 breast with club team ... was first in the state at 14 years old. **Personal:** Born Oct. 22, 1984 ... daughter of Lynn and John Swider.



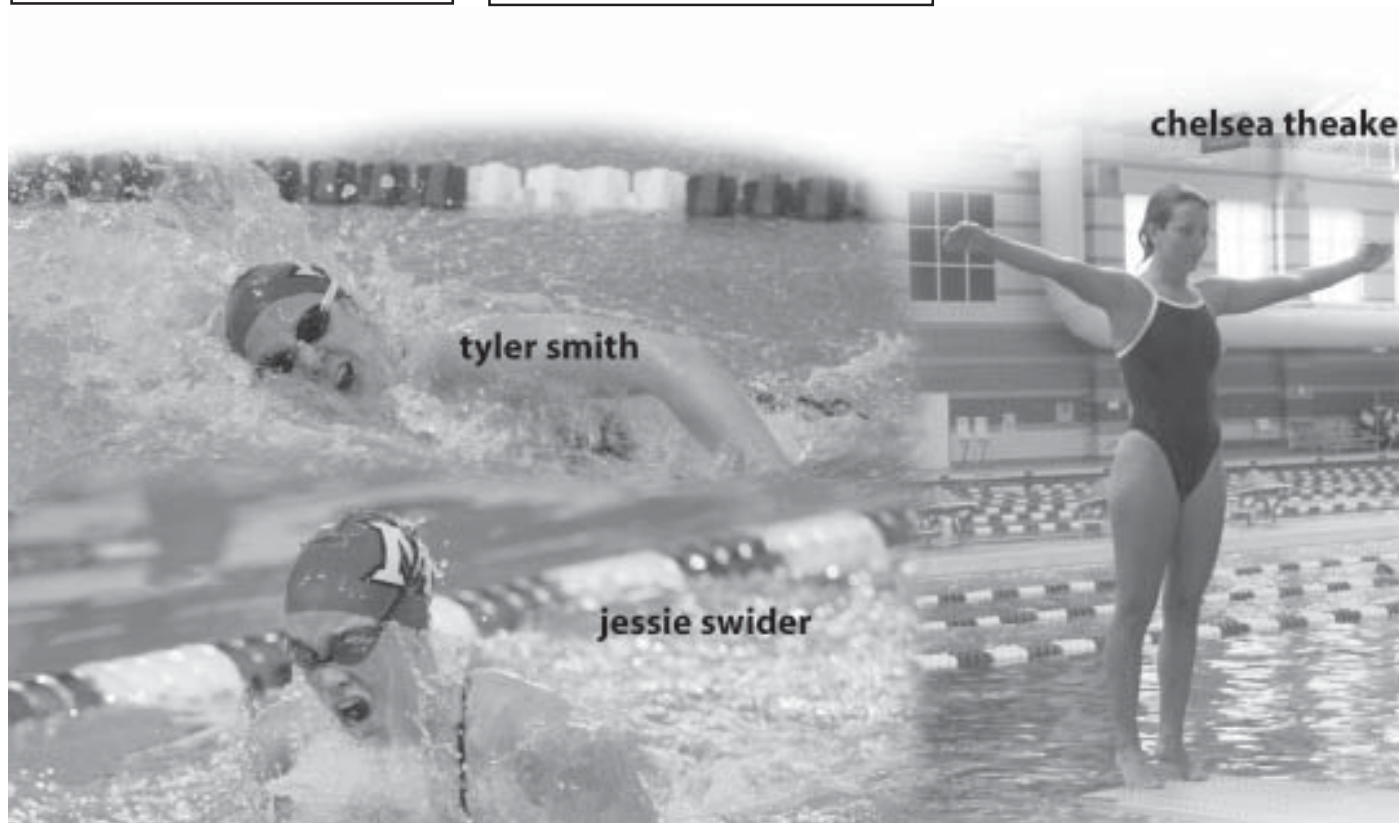
chelsea theaker
 << diving >>

M So. • Chemistry
 Mansfield, OH • Mansfield

2003-04: Competed in two meets during the year, including the Miami Invitational, where she set both of her season highs (187.60, 1m; 271.38 3m) and against Purdue to start the year. **High School:** Was a four-year district qualifier in swimming, in addition to diving ... qualified for the Ohio State meet as a junior and senior ... earned the Northwest District diving award ... named both academic all-America and all-state. **Personal:** Born Jan. 31, 1985 ... daughter of Ann and Tim Theaker.

SMITH'S CAREER BESTS	
50 Free	25.07
100 Free	54.11
200 Free	1:55.29

SWIDER'S CAREER BESTS	
100 Breast	1:07.90
200 Breast	2:28.80
100 Fly	1:03.36





Athlete/Newcomer Bios



diana zeleznikar
 << freestyle/butterfly >>
 M So. • Business
 Rocky River, OH • Rocky River

2003-04: A member of Miami's MAC Championship delegation ... part of RedHawks' third-place 200 free relay team at MAC meet ... scored in the 100 free (53.12, 13th) ... also competed in the 200 free (18th, 1:55.11). **High School:** Set a school record in the 100 fly ... helped team to conference and district titles, as well as state qualifying in all four years ... named first-team all-conference all four years ... finished third in the district and eighth in the state in the 100 fly as a senior ... also ran track for four years and played soccer for three ... captain of both the swim and track teams as a senior ... named a scholar-athlete all four years. **Personal:** Born July 4, 1985 ... daughter of Jennifer and Rick Zeleznikar.

ZELEZNIKAR'S CAREER BESTS	
50 Free	24.16
100 Free	52.92
200 Free	1:55.11




kristen bezier
 << freestyle/breaststroke >>
 M Fr. • Business
 Evans City, PA

High School: Set personal bests in both breaststroke events in senior year, including 1:05.58 in the 100 breast at the Pennsylvania state meet where she also set a personal best in the 200 IM (2:09.42) ... member of Seneca Valley swim club outside of high school competition. **Personal:** Born July 20, 1986 ... daughter of Jeff and Donna Bezier.



rebecca cooper
 << freestyle >>
 M Fr. • Zoology
 Des Plaines, IL • Maine West

High School: Competed only in freestyle events, but ranged from 50 to 500 yards and set personal bests in all four distances during senior year ... top time in 50 free was 25.44 and 55.41 in 100 free ... member of Lattof YMCA swim club. **Personal:** Born May 19, 1986 ... daughter of Richard and Susan Cooper.



lauren evanosky
 << backstroke/IM >>
 M Fr. • Marketing
 Westport, CT • Staples

High School: Competed in all four stroke events as well as IM events at Staples High School ... member of the Westport (Conn.) Water Wrats swim club ... earned all-state honors while winning the Connecticut 100 back title three times in her high school career ... placed nationally in the event and won all-America honors in the 100 back (57.65 personal best) and 200 IM. **Personal:** Born Dec. 24, 1986 ... daughter of Pat Evanosky.



kathryn stephens
 << freestyle/IM/butterfly >>
 M Fr. • Exercise Science
 Western Springs, IL • Lyons Township

High School: Experienced in a wide range of distances and strokes ... top times include 24.26 in 50 free as a junior, 2:07.61 in 200 IM as a junior, and 57.18 in 100 fly as a senior ... member of the Maverick swim club. **Personal:** Born May 2, 1986 ... daughter of Michael and Laura Stephens.



lindsay woodward
 << freestyle/butterfly >>
 M Fr. • Zoology
 Assonet, MA • Apponequet Regional

High School: Most recent personal bests came in freestyle and butterfly events during senior year at Apponequet Regional High School ... at the 2004 New England Open, set personal bests in freestyle events ranging from 50 to 500 yards as well as in both butterfly events ... top times include 52.67 in 100 free, 1:53.95 in 200 free and 58.50 in 100 fly ... member of Bay and Ocean State Squids swim club. **Personal:** Born Nov. 7, 1985 ... daughter of Paul and Gail Woodward.

ROSTER BREAKDOWN REDHAWKS BY STATE

Ohio	21
Illinois	7
Pennsylvania	3
Connecticut	2
Georgia	2
Indiana	2
Wisconsin	2
Maryland	1
Massachusetts	1
New York	1

REDHAWKS BY CLASS

Seniors	11
Juniors	9
Sophomores	17
Freshmen	5



2003-04 TOP TIMES (including MAC rank)

Rk. 50 Free

- 9. Christel Frantz 24.14
- 13. Andrea Hocevar 24.27
- 20. Margaret Patrick 24.43

Rk. 100 Free

- 6. Maggi Bulla 52.09
- 11. Christel Frantz 52.40
- 16. Katie Unger 52.79

Rk. 200 Free

- 4. Maggi Bulla 1:51.13
- 8. Amy Miranda 1:51.87
- 10. Katie Forster 1:52.45

Rk. 500 Free

- 1. Amy Miranda 4:51.35
- 2. Katie Forster 4:51.55
- 12. Michelle Reynolds 5:01.95

Rk. 1000 Free

- 1. Amy Miranda 10:12.97
- 2. Katie Forster 10:14.49
- 7. Julie Madden 10:27.68

Rk. 1650 Free

- 1. Amy Miranda 16:38.19
- 3. Katie Forster 16:54.23
- 7. Julie Madden 17:13.81

Rk. 200 IM

- 3. Laura Armbruster 2:04.03
- 4. Katie Unger 2:05.43
- 5. Ashley Seymour 2:05.44

Rk. 400 IM

- 2. Laura Armbruster 4:23.00
- 3. Ashley Seymour 4:26.08
- 5. Trisha Lamb 4:27.78

Rk. 100 Back

- 3. Trisha Lamb 57.45
- 11. Maggi Bulla 58.40
- 23. Laura Armbruster 59.85

Rk. 200 Back

- 2. Maggi Bulla 2:03.36
- 6. Trisha Lamb 2:04.38
- 17. Laura Armbruster 2:08.44

Rk. 100 Breast

- 1. Laura Armbruster 1:04.45
- 2. Katie Unger 1:04.65
- 10. Sarah Baumert 1:06.29

Rk. 200 Breast

- 5. Ashley Seymour 2:20.49
- 6. Katie Unger 2:20.93
- 10. Ashley Petak 2:23.04

Rk. 100 Fly

- 6. Courtney Dice 56.88
- 9. Laura Armbruster 57.44
- 10. Katie Forster 57.72

Rk. 200 Fly

- 6. Katie Forster 2:04.82
- 11. Courtney Dice 2:06.13
- 12. Michelle Reynolds 2:06.42

Rk. 200 Free Relay

- 3. Miami University 1:35.74

Rk. 400 Free Relay

- 2. Miami University 3:27.54

Rk. 800 Free Relay

- 2. Miami University 7:31.67

Rk. 200 Medley Relay

- 2. Miami University 1:45.94

Rk. 400 Medley Relay

- 1. Miami University 3:50.08



FINAL 2003-04 MAC STANDINGS

Team	MAC	Overall
Miami	8-0	12-1
Ohio	7-1	9-2
Akron	4-4	16-6
Ball State	4-4	11-5
Buffalo	4-4	8-4
Eastern Michigan	4-4	7-6
Toledo	2-6	5-10
Bowling Green	2-6	2-9
Marshall	1-7	7-9

Christel Frantz was the fastest sprint swimmer at Miami last year, recording a time of 24.14 in the 50 freestyle at the MAC Championships.



2003-2004 RESULTS

October	17	at Tom Stubbs Relays (Bowling Green, Ohio)	No Team Scoring
October	29	Purdue	L, 188-112
October	31	at Buffalo	W, 176-124
November	1	at Akron	W, 202-98
November	8	at Ball State	W, 164-136
November	21	at Wright State	W, 154-89
November	22	Xavier	W, 123-77
December	5-7	Miami Invitational	1st of 11 teams
January	16	Cincinnati w/ Kenyon	W, 182-112/W, 204-90
January	23	Toledo	W, 197-98
January	24	Eastern Michigan	W, 205-87
January	30	at Bowling Green	W, 176-121
February	6	Ohio	W, 189-109
February	7	Marshall	W, 186-87
February	19-21	at Midwest Conference Classic (Indianapolis, Ind.)	1st of 6 teams
February	26-28	Mid-American Conference Championships (Nixon Center)	1st of 9 teams
March	18-20	at NCAA Championships (College Station, Texas)	No Team Score

(home meets in BOLD)

50-Yard Freestyle

1977	Pat Lapham	25.14
1985	Debbie Wilkinson	24.53
1987	Kim Kinzler	23.56
1998	Carly Iagulli	23.70
1999	Colleen Rambasek	23.76
2002	Kelly Janura	23.33

100-Yard Freestyle

1982	Tish Bucher	52.91
1983	Tish Bucher	52.19
1984	Tish Bucher	52.07
1986	Jennifer Shea	52.92
1987	Kim Kinzler	51.55

200-Yard Freestyle

1975	Robin Chico	1:59.88
1976	Pat Lapham	2:03.15
1978	Robin Chico	1:56.43
1983	Betsy Weller	1:56.88
1984	Jennifer Shea	1:54.60
1985	Jennifer Shea	1:53.52

500-Yard Freestyle

1977	Jenny Reed	5:22.32
1978	Vicki Davis	5:11.44
1983	Jennifer King	5:05.13
1984	Jennifer Shea	5:02.37
1985	Kelly Davis	4:59.91
1986	Kelly Davis	4:58.91
1997	Michell Brym	4:57.67
1999	Katie Sheridan	4:53.95
2002	Amy Miranda	4:52.35
2003	Amy Miranda	4:53.49
2004	Amy Miranda	4:51.35

1650-Yard Freestyle

1977	Jenny Reed	18:41.42
1978	Robin Chico	18:00.17
1982	Linda Grondziak	17:31.09
1983	Jennifer King	17:27.69
1986	Kelly Davis	17:14.67

1998	Katie Sheridan	16:50.77
1999	Katie Sheridan	16:47.86
2001	Amy Miranda	16:39.36
2002	Amy Miranda	16:44.35
2003	Amy Miranda	16:45.30
2004	Amy Miranda	16:38.19

100-Yard Backstroke

1983	Mo-Jo Murrett	1:01.19
1984	Cheryl Lubeck	59.21
1987	Cheryl Lubeck	59.59
1992	Cherie Benz	56.46
1994	Camilla Johansson	56.58
1995	Camilla Johansson	57.49
1996	Heather Unwin	57.13
1997	Carly Iagulli	56.37
1998	Carly Iagulli	57.01
2003	Trisha Lamb	56.68

200-Yard Backstroke

1983	Mo-Jo Murrett	2:09.96
1986	Cheryl Lubeck	2:08.19
1987	Cheryl Lubeck	2:09.69
1994	Camilla Johansson	1:59.42
1995	Camilla Johansson	2:01.51
1996	Heather Unwin	2:02.58
2003	Trisha Lamb	2:00.31

100-Yard Breaststroke

1986	Peggy Groves	1:07.28
1990	Tracy Edmister	1:05.01
1998	Amanda Furlano	1:04.24
1999	Amanda Furlano	1:04.59
2000	Amanda Furlano	1:04.52
2004	Laura Armbruster	1:04.45

200-Yard Breaststroke

1981	Lynn Ferguson	2:31.15
1987	Sue Weersing	2:28.02
1998	Amanda Furlano	2:16.80
2002	Emily Naves	2:18.45

100-Yard Butterfly

1975	Robin Chico	59.66
1976	Robin Chico	59.66
1977	Robin Chico	59.18
1978	Robin Chico	59.64
1981	Tish Bucher	57.08
1982	Tish Bucher	57.35
1983	Tish Bucher	57.74
1984	Tish Bucher	57.30
1994	Shannon Kieley	55.87

200-Yard Butterfly

1976	Robin Chico	2:11.61
1977	Robin Chico	2:10.16
1978	Robin Chico	2:12.08
1981	Katy Schroeter	2:08.99
1983	Katy Schroeter	2:08.88
1984	Katy Schroeter	2:05.33
1987	Chris Choromanskis	2:03.84
1988	Chris Choromanskis	2:04.97
1992	Shannon Kieley	2:04.72
2002	Michelle Reynolds	2:03.10

200-Yard Individual Medley

1977	Robin Chico	2:16.39
1978	Vicki Davis	2:14.54
1981	Tish Bucher	2:07.82
1982	Tish Bucher	2:08.27
1983	Tish Bucher	2:09.78
1984	Tish Bucher	2:08.46
1990	Tracy Edmister	2:04.43
1995	Camilla Johansson	2:04.59
1999	Amanda Furlano	2:04.21

400-Yard Individual Medley

1977	Robin Chico	4:49.97
1978	Vicki Davis	4:44.68
1981	Sharon Hebestreit	4:41.92
1982	Linda Grondziak	4:39.81
1983	Lisa Etnyre	4:39.81
1984	Tish Bucher	4:33.35



Amy Miranda, a 2004 graduate, won the 1650 freestyle MAC title in each of her four years at Miami.

1985	Kelly Davis	4:31.05
1986	Kelly Davis	4:32.09
1987	Kelly Davis	4:30.05
1988	Joanne Harris	4:30.85
1989	Joanne Harris	4:27.17
1997	Michelle Brym	4:24.67
2001	Molly Wiethorn	4:26.09
2002	Emily Naves	4:22.95

One-Meter Diving

1982	Dee Boice	412.20
1983	Julie Kaye	384.40
1999	Kelly Harper	392.60
2000	Cassie Eakins	395.00

Three-Meter Diving

1982	Kelly Kurz	444.80
1999	Kelly Harper	467.80
2000	Cassie Eakins	443.80

200-Yard Medley Relay

1975	Robin Bente	1:56.74
	Robin Chico	
	Nancy Nielander	
	Kay Nielson	
1977	Lynn Ellis	1:54.80
	Robin Bente	
	Teresa Tegge	
	Pat Lapham	
1982	Mo-Jo Murrett	1:50.69
	Colleen Metzgar	
	Tish Bucher	
	Kennon Blackwell	
1986	Cheryl Lubeck	1:49.47
	Beth Steddick	
	Debbie Wilkinson	
	Chris Gurzick	
1987	Cheryl Lubeck	1:48.60
	Beth Steddick	
	Debbie Wilkinson	
	Kim Kinzler	
1990	Cherie Benz	1:45.01
	Tracy Edmister	
	Karina Goping	
	Kim Kenzler	
1994	Camilla Johannson	1:45.80
	Kelly Gelein	
	Shannon Kieley	
	Heather Unwin	

1996	Courtney Stern	1:45.09
	Kelly Gelein	
	Kami Runzo	
	Carly Iagulli	

400-Yard Medley Relay

1986	Cheryl Lubeck	3:58.01
	Peggy Groves	
	Chris Choromanskis	
	Kriste Walsh	
1987	Cheryl Lubeck	3:56.98
	Beth Steddick	
	Chris Choromanskis	
	Debbie Wilkinson	

**2004 Trisha Lamb 3:50.08
Katie Unger
Katie Forster
Maggi Bulla**

200-Yard Freestyle Relay

1976	Robin Chico	1:41.68
	Barb Waud	
	Kay Nielson	
	Pat Nielson	
1981	Kennon Blackwell	1:39.19
	Mara Hagan	
	Kristin Ryndress	
	Tish Bucher	
1982	Kristin Ryndress	1:38.61
	Suzanne Staysniak	
	Kennon Blackwell	
	Mara Hagan	
1984	Suzanne Staysniak	1:35.67
	Betsy Weller	
	Tish Bucher	
	Kennon Blackwell	
1985	Jennifer Shea	1:37.55
	Suzanne Staysniak	
	Betsy Weller	
	Debbie Wilkinson	
1986	Kriste Walsh	1:37.02
	Jennifer Shea	
	Debbie Wilkinson	
	Chris Gurzick	
1987	Kim Kinzler	1:35.12
	Chris Gurzick	
	Jackie Wiersma	
	Debbie Wilkinson	

1990	Tracy Edmister	1:34.29
	Kim Kinzler	
	Cherie Benz	
	Valerie Sarfas	
1991	Tracy Edmister	1:35.11
	Christi Lipson	
	Cherie Benz	
	Karina Goping	
1996	Carly Iagulli	1:34.69
	Courtney Stern	
	Nicole Earhart	
	Heather Unwin	

400-Yard Freestyle Relay

1977	Lori Shawver	3:41.15
	Robin Chico	
	Kay Nielson	
	Pat Lapham	
1979	Teresa Tegge	3:35.89
	Mara Hagan	
	Kristin Ryndress	
	Vicki Davis	
1984	Betsy Weller	3:31.78
	Jennifer Shea	
	Suzanne Staysniak	
	Tish Bucher	
1985	Jennifer Shea	3:32.34
	Suzanne Staysniak	
	Betsy Weller	
	Debbie Wilkinson	
1986	Chris Choromanskis	3:31.09
	Debbie Wilkinson	
	Kriste Walsh	
	Jennifer Shea	
1987	Kim Kinzler	3:28.90
	Jennifer Shea	
	Chris Gurzick	
	Debbie Wilkinson	
2002	Jackie Hiltman	3:26.23
	Kelly Janura	
	Lyndsay Barnes	
	Colleen Rambasek	

800-Yard Freestyle Relay

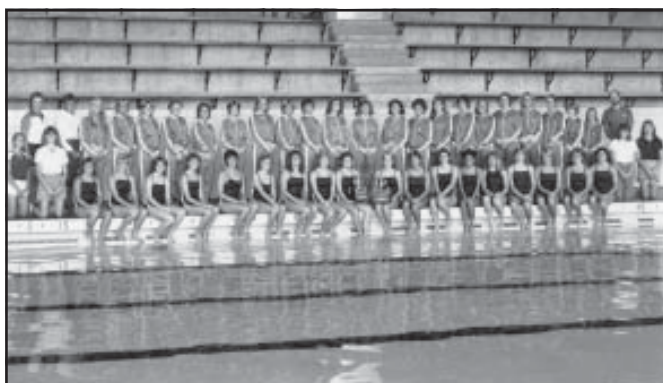
1975	Beth Pershing	7:58.72
	Robin Chico	
	Donna Bugg	
	Vicki Davis	
1977	Lynn Ellis	7:53.22
	Robin Bente	
	Teresa Tegge	
	Pat Lapham	
1984	Lisa Etnyre	7:45.01
	Leslie Brown	
	Linda Grondziak	
	Jennifer Shea	
1986	Chris Choromanskis	7:41.89
	Jennifer Shea	
	Laura Thompson	
	Kelly Davis	
1996	Nicole Earhart	7:32.45
	Becky Kling	
	Valerie Hurlbut	
	Christie Danford	



**<<<1982 MAC
CHAMPIONS
9-1**



**1983 MAC>>>
CHAMPIONS
9-1**



**<<<1984 MAC
CHAMPIONS
7-2**



**1985 MAC>>>
CHAMPIONS
4-4**



**1987 MAC>>>
CHAMPIONS
7-5**



**<<<1986 MAC
CHAMPIONS
7-3**



**<<<1988 MAC
CHAMPIONS
6-3**

**FOURTEEN MAC
CHAMPIONSHIPS
MIAMI SWIMMING
AND DIVING**



**<<<1996 MAC
CHAMPIONS
10-2**



**1997 MAC>>>
CHAMPIONS
12-1**



**<<<1998 MAC
CHAMPIONS
7-5**



**1999 MAC>>>
CHAMPIONS
10-4**



**<<<2002 MAC
CHAMPIONS
14-1**



**2003 MAC>>>
CHAMPIONS
14-3**



2004 MAC CHAMPIONS • 12-1

ALL-TIME MAC CHAMPIONS

1981 Bowling Green	1993 Ohio
1982 Miami	1994 Ohio
1983 Miami	1995 Ohio
1984 Miami	1996 Miami
1985 Miami	1997 Miami
1986 Miami	1998 Miami
1987 Miami	1999 Miami
1988 Miami	2000 Ohio
1989 Ohio	2001 Ohio
1990 Ohio	2002 Miami
1991 Ohio	2003 Miami
1992 Ohio	2004 Miami



50-Yard Freestyle

Varsity: 23.03 .. Carly Iagulli (at MAC) 1997
 Freshman: 23.56 .. Kim Kinzler (at MAC) 1987
 Unshaved: 23.99 .. Kelly Janura (vs. UC) 2002
 Nixon: 22.69 .. Joy Gallagher (Ball State) 1996
 MAC: 22.52 .. Joy Gallagher (Ball State) 1997

100-Yard Freestyle

Varsity: 50.73 .. Kelly Janura (at MAC) 2002
 Freshman: 51.55 .. Kim Kinzler (at MAC) 1987
 Unshaved: 52.38 .. Kelly Janura (vs. UC) 2002
 Nixon: 49.90 .. Tami Ransom (Non-Collegiate) .. 2001
 MAC: 49.51 .. Joy Gallagher (Ball State) 1997

200-Yard Freestyle

Varsity: 1:51.13 . Maggi Bulla (at MAC) 2004
Freshman: .. 1:51.13 . Maggi Bulla (at MAC) 2004
 Unshaved: 1:53.35 .. Michelle Brym (vs. Ohio) 1997
 Nixon: 1:46.66 .. Shannon Shakespeare (Mich.) ... 1996
 MAC: 1:48.05 .. Kim Van Selm (Ohio) 2000

500-Yard Freestyle

Varsity: 4:48.96 . Katie Forster (at Minnesota) . 2003
Freshman: .. 4:48.96 . Katie Forster (at Minnesota) . 2003
Unshaved: .. 4:59.64 . Katie Forster (vs. Ohio St.) 2003
 Nixon: 4:53.59 .. Renate Olaisen (Ohio) 1995
 MAC: 4:48.00 .. Kim Van Selm (Ohio) 2000

1000-Yard Freestyle

Varsity: 10:01.93 .. Amy Miranda (at Minnesota) 2003
 Freshman: 10:06.84 .. Amy Miranda (at MAC) 2001
 Unshaved: ... 10:11.79 .. Katie Sheridan (vs. BGSU/NIU) ... 1999
 Nixon: 10:05.23 .. Kerri Hale (Michigan) 1996
 MAC: 9:58.78 .. Kim Van Selm (Ohio) 1999

1650-Yard Freestyle

Varsity: 16:30.20 .. Amy Miranda (at Minnesota) 2003
 Freshman: 16:39.36 .. Amy Miranda (at MAC) 2001
 Unshaved: ... 16:59.54 .. Hillary Mason (vs. Ohio) 2000
 Nixon: 16:31.26 .. Maria Overg (Cincinnati) 2001
 MAC: 16:30.20 .. Amy Miranda (at Minnesota) 2003

One-Meter Diving

Varsity (6 dives): ... 311.02 ... Sara Gonso 2002
 Nixon (6 dives): 327.75 ... Sara Reiling 2002
 MAC (6 dives): 288.25 ... Sara Gonso 2002

**non-Miami athletes in italics*

100-Yard Backstroke

Varsity: 56.01 .. Camilla Johansson (at NCAA) 1994
 Freshman: 56.01 .. Camilla Johansson (at NCAA) 1994
 Unshaved: 57.49 .. Camilla Johansson (vs. EMU) 1994
 Nixon: 55.25 .. Erin Foster (Non-Collegiate) 2001
 MAC: 56.01 .. Camilla Johansson (at NCAA) 1994

200-Yard Backstroke

Varsity: 1:58.98 .. Camilla Johansson (at NCAA) 1994
 Freshman: 1:58.98 .. Camilla Johansson (at NCAA) 1994
 Unshaved: 2:01.43 .. Camilla Johansson (vs. Ohio) 1994
 Nixon: 1:58.06 .. Erin Foster (Non-Collegiate) 2000
 MAC: 1:58.98 .. Camilla Johansson (at NCAA) 1994

100-Yard Breaststroke

Varsity: 1:04.20 .. Amanda Furlano (Miami Invite) . 1999
 Freshman: 1:04.52 .. Amanda Furlano (at MAC) 1997
 Unshaved: 1:04.95 .. Amanda Furlano (Miami Invite) . 2000
 Nixon: 1:03.17 .. Jodi Navta (Michigan) 1996
 MAC: 1:02.86 .. Line Nyman (Ohio) 1996

200-Yard Breaststroke

Varsity: 2:16.80 .. Amanda Furlano (at MAC) 1998
 Freshman: 2:18.01 .. Amanda Furlano (at MAC) 1997
 Unshaved: 2:18.91 .. Amanda Furlano (vs. Ohio) 1999
 Nixon: 2:15.63 .. Monica Shannahan (Tennessee) . 1998
 MAC: 2:14.18 .. Holly Bonwit (Ohio) 2000

100-Yard Butterfly

Varsity: 55.87 .. Shannon Kieley (at MAC) 1994
Freshman: 56.90 . Michelle Reynolds (at MAC) .. 2002
 Unshaved: 57.20 .. Shannon Kieley (vs. Purdue) 1995
 Nixon: 54.21 .. Mila Kuurto (Marshall) 2004
 MAC: 54.21 .. Mila Kuurto (Marshall) 2004

200-Yard Butterfly

Varsity: 2:02.71 .. Chris Choromanskis (at Sr. Nat'l.) 1989
Freshman: .. 2:03.10 . Michelle Reynolds (at MAC) .. 2002
Unshaved: .. 2:04.35 . Michelle Reynolds (vs. Oak.) . 2002
 Nixon: 2:00.11 .. Monica Shannahan (Tennessee) . 1998
 MAC: 1:59.51 .. Courtney Allen (Ohio) 1991

Three-Meter Diving

Varsity (6 dives): ... 291.00 ... Sarah Gonso 1996
Varsity (11 dives): 509.60 .. Christin Eberst 2003
Nixon (6 dives): 287.02 .. Christin Eberst 2003
 Nixon (11 dives): 531.45 ... Sara Reiling 2002
 MAC (11 dives): 521.70 ... Anca Tilea (at MAC) 2002



Kelly Janura
100 Free Record Holder



Amy Miranda
1000, 1650 Free Record Holder



Camilla Johansson
100, 200 Back Record Holder



Shannon Kieley
100 Fly Record Holder



Emily Naves—varsity and unshaved record-holder in both the 200 and 400 individual medley.

200-Yard Individual Medley

Varsity: 2:03.26 .. Emily Naves (at MAC) 2002
Freshman: .. 2:04.30 . Katie Unger (at MAC) 2003
 Unshaved: 2:05.71 .. Emily Naves (vs. Toledo) 2002
 Nixon: 1:58.76 .. Tami Ransom (Non-Collegiate).. 2001
 MAC: 2:01.91 .. Jennifer Brankovsky (Buffalo) 2003

400-Yard Individual Medley

Varsity: 4:22.95 .. Emily Naves (at MAC) 2002
 Freshman: 4:24.67 .. Michelle Brym (at MAC) 1997
 Unshaved: 4:25.21 .. Emily Naves (Miami Invite) 2002
 Nixon: 4:17.74 .. Whitney Myers (Non-Collegiate) . 2000
 MAC: 4:19.21 .. Cheryl Patterson (BGSU) 1993



Tracy Edmister



Carly Iagulli



Amanda Furlano



Chris Choromanskis

Miami alumnae Tracy Edmister, Carly Iagulli, Amanda Furlano and Chris Choromanskis, all former MAC champions, hold record times in their respective events entering the 2004-05 season.

200-Yard Medley Relay

Varsity: 1:45.01 .. Benz, Edmister, 1990
 Goping, Kinzler (at MAC)
 Unshaved: 1:48.23 .. Stern, Gelein, 1994
 Kieley, Unwin (vs. EMU)
 Nixon: 1:44.79 .. Riker, Navta, 1996
 Stone, Shakespeare (Michigan)
 MAC: 1:44.14 .. Bresser, Bonewit, 2000
 Park, Shumacher (Ohio)

400-Yard Medley Relay

Varsity: 3:48.71 . **Lamb, Naves 2002**
Rambasek, Janura (at MAC)
 Unshaved: 3:54.15 .. Johansson, Gelein, 1994
 Kieley, Unwin (vs. Ohio)
 Nixon: 3:47.45 .. Riker, Navta, 1996
 Stone, Shakespeare (Michigan)
 MAC: 3:44.15 .. Bresser, Bonewit, 2000
 Park, Van Selm (Ohio)

200-Yard Freestyle Relay

Varsity: 1:34.29 .. Edmister, Kinzler, 1990
 Benz, Sarfas (at MAC)
 Unshaved: 1:37.13 .. Janura, Hiltman 2002
 Sivard, Rambasek (vs. Ohio)
 Nixon: 1:32.17 .. Johnson, Stone, 1996
 Shakespeare, Bendel (Michigan)
 MAC: 1:33.50 .. Park, Van Selm, 2000
 Bresser, Shumacher (Ohio)

400-Yard Freestyle Relay

Varsity: 3:26.23 .. Hiltman, Janura, 2002
 Barnes, Rambasek (at MAC)
 Unshaved: 3:32.55 .. Hiltman, Janura 2002
 Sivard, Rambasek (vs. EMU)
 Nixon: 3:20.65 .. Shakespeare, Eberwein, 1996
 Stone, Bendel (Michigan)
 MAC: 3:23.36 .. Park, Van Selm 2000
 Bonewit, Bresser (Ohio)

800-Yard Freestyle Relay

Varsity: 7:30.99 . **Miranda, Magee 2002**
Hiltman, Reynolds (at MAC)
 Unshaved: .. **7:42.30 . Forster, Miranda 2003**
Magee, Hiltman (Miami Invit.)
 Nixon: 7:21.72 .. Eberwein, Bendel, 1996
 Johnson, Shakespeare (Michigan)
 MAC: 7:24.59 .. Newlon, Silvia, 1990
 Allen, Vester (Ohio)



Junior Katie Unger holds the Miami freshman 200 IM record.



Miami University is well known for being one of the “Public Ivy” schools and is noted for its “Cradle of Coaches.” Many student-athletes have come and gone from the University, taking a piece of Miami with them and leaving a legacy behind. The Miami women’s swimming and diving programs, under the direction of Dave Jennings and Todd Spohn, have achieved greatness both in the classroom and the water. The following are some thoughts from Miami women’s swimming and diving coach Dave Jennings and alumnae on how their experiences at Miami University have impacted their postgraduate years.

“As a coach, I have always valued achievement in the pool and in the classroom, and it is rewarding to see our swimmers succeed in both. The members of our team first come to Miami as a student, and second as an athlete. Our goal is to help each athlete achieve in both areas.”

Dave Jennings
Women’s Swimming Coach
1983-Present

“As a speech pathologist undergraduate and graduate student at Miami, as well as a varsity swimmer, I was encouraged to develop my potential in the classroom and in the pool. Both the faculty and Dave Jennings strove for excellence by fostering an environment and attitude that hard work, determination and enthusiasm lead to success. I am grateful and proud that Miami’s goal is one of excellence, and that support to achieve it was given to me both inside and outside the classroom, preparing me for my life after Miami.”

Maura Cuddeback, ‘93
Speech/Language Pathologist
Captain—‘93

“I am often asked the question, ‘Why did you attend Miami University all the way from Atlanta, Ga.?’. The answer to that question is simple. The philosophy of the swimming program at Miami is to create an environment with an equal emphasis on academic performance and athletic prowess. My academic and athletic experiences taught me time management, hard work, the ability to succeed under pressure and the value of friendship.”

Emily Kabe, ‘95
Regional Manager, Interquest (Darwin Networks)
Swimmer/Assistant Coach

“I learned and refined how to set goals and then focus my energies on the task at hand to a successful conclusion, be it in winning swim meets or maximizing study time to reap success. This has allowed me to apply these same disciplines in the ‘real world’ so that I can accomplish my goals both personally and professionally.”

Christie Danford, ‘96
Staff Accountant, Turner Broadcasting Inc.
Captain—‘96, MAC runner-up

“My athletic and academic experiences from Miami helped prepare me for my post-college endeavors. I learned the value of teamwork, dedication and persistence, which have led to many successes.

Courtney Stern, ‘97
Account Manager, UPSHOT
MAC Champion—Relay

ACADEMIC EXCELLENCE

Miami’s women’s swimming and diving athletes have often been noted for their prowess in the classroom as well as in the pool, and last year was no different. The following list of members from the 2003-2004 women’s swimming and diving teams were acknowledged by the MAC for their academic excellence:

CSCAA Academic Recognition:
 Team GPA: 3.27 - 36th in Division I Superior Ranking from CSCAA

CSCAA Academic All-American
 Christin Eberst (Political Science): 3.65
CSCAA Honorable Mention
 Laura Armbruster (Zoology): 3.93

MAC Academic Honor Roll
 Laura Armbruster (Zoology)
 Maggi Bulla (Microbiology)
 Christin Eberst (Political Science)
 Christen Fout (Zoology)
 Christel Frantz (Zoology)
 Andrea Hocevar (Sociology)
 Ellen Koch (Zoology)
 Julie Madden (Psychology)
 Emily Maier (Accounting)
 Casey Mangano (Accounting)
 Amy Miranda (Marketing)
 Michelle Reynolds (Accounting and Finance)
 Liz Roble (Marketing)
 Laura Rosenbarger (Marketing)
 Katherine Scott (Speech Pathology)
 Randi Webber (Spanish Education)
 Heidi Willemssen (Mass Communication)

Academic All-MAC
 Laura Armbruster (Zoology)
 Christel Frantz (Zoology)
 Amy Miranda (Marketing)



Former swimmer Hillary Mason (right) using the academic facilities at the Gross Student-Athlete Development Center.



Scoring Grid

2004 MAC Championships

Event	1st	8th	16th
50 Freestyle	23.73	24.21	24.44
100 Freestyle	51.41	52.49	53.35
200 Freestyle	1:50.85	1:53.08	1:54.47
500 Freestyle	4:51.35	5:00.13	5:06.50
1650 Freestyle	16:38.19	17:16.10	17:45.64
100 Butterfly	54.21	58.05	59.50
200 Butterfly	2:00.36	2:05.78	2:09.24
100 Backstroke	56.62	58.59	59.33
200 Backstroke	2:00.42	2:05.54	2:08.93
100 Breaststroke	1:04.45	1:06.25	1:07.60
200 Breaststroke	2:18.86	2:22.63	2:25.31
200 Indiv. Medley	2:02.38	2:07.58	2:12.09
400 Indiv. Medley	4:19.86	4:28.78	4:38.19
200 Free Relay	1:34.76	1:36.68	
400 Free Relay	3:26.90	3:32.58	
800 Free Relay	7:27.27	7:43.96	
200 Medley Relay	1:45.90	1:49.65	
400 Medley Relay	3:50.08	4:02.29	

How to Become a RedHawk...

Miami University prides itself on adherence to the NCAA rules and regulations that govern recruiting. Here are a few to remember:

- 1. NCAA Clearinghouse** - To be able to compete in college, an athlete needs to be certified through the Clearinghouse. A form can be obtained through high school guidance offices.
- 2. Letters** - After Sept. 1 of the student-athlete's junior year, they may receive information about the women's swimming and diving program. E-mail is also considered a letter, so one may send and receive e-mail at any time.
- 3. Phone Calls** - After July 1, a student-athlete may receive one call per week from an institution. The only expectations are during the week of an official visit or during a home visit. Then, an unlimited number of phone calls may be made. Additionally, coaches may make one telephone call to the prospect during March of her junior year.
- 4. Contacts** - After July 1 of a prospect's senior year, coaches are allowed to speak with the athlete or her parents face-to-face. If playing in a tournament, coaches are prohibited from visiting with a student-athlete until after her team is finished competing in the tournament. Additionally, coaches may make one contact to the prospect's high school campus during April of her junior year.
- 5. Unofficial Visits** - Prospective student-athletes may visit a campus as many times as they desire. They may do almost the same things as on an official visit, but the institution cannot pay for any expenses.
- 6. Official Visits** - If a prospect visits a campus with any expenses paid by the institution, it is an official visit. A prospective student-athlete may take a total of five visits throughout her senior year, one per institution. A typical official visit would include attending a class and/or athletic event, watching practice, seeing the athletic facilities, and meeting with academic counselors along with the coaches and team.
- 7. Scholarship** - A scholarship can be offered at any time during the recruiting process. The NCAA has granted women's swimming and diving 14 "full-ride" scholarships. Typically, this funding is divided among 20-25 athletes.
- 8. Signing Dates** - Women's swimming and diving has two time periods in which to sign a National Letter of Intent to attend and institution. Early signing period is one week in early November. Late signing is in early April and lasts until Aug. 1, prior to the athlete's freshman year in college.

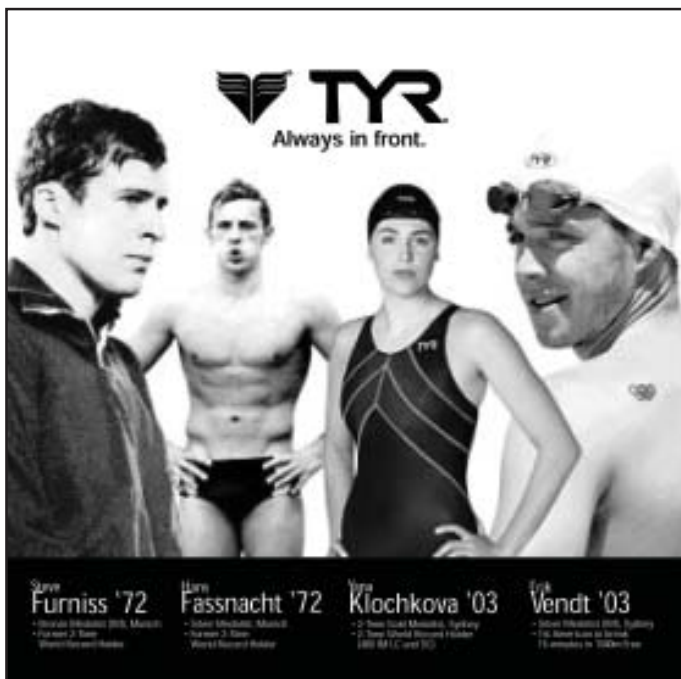
Scholarship Information

In order to receive a scholarship from Miami, an athlete's times entering Miami must be at a level to score at the Mid-American Conference Championships. The level of the scholarship depends on where the athlete's time falls within the MAC scoring range.

Athletes whose times score **between 1st place and 8th place** are eligible for a **50% to full ride scholarship**, depending on how many events in which she scores and how many scholarships are available.

Athletes whose times score **between 9th and 16th place** are eligible for **up to a 50% scholarship**, also depending on the number of scoring events and available scholarships.

There are a limited number of roster spots available from year to year. So in order to be a walk-on athlete, your times must be close to scoring at the MAC meet.





Over the span of 58 years, the Mid-American Conference has progressively grown and developed into one of the most aggressive Division I conferences in the country.

Under the guidance of Commissioner Rick Chryst, the seventh commissioner in the history of the league, the MAC has further increased its national prominence across all sports.



Rick Chryst
MAC Commissioner

Academically, the MAC honors 15 women's swimmers and divers each year on the Academic All-MAC team. While a student-athlete must have competed in 50 percent of her team's competitions and carry at least a 3.20 cumulative GPA to be eligible

for nomination, four members of the 2003-04 team have a GPA of 3.80 or better. On the national stage, Bowling Green's Amy Smith earned a place on the CoSIDA Academic All-District IV At-Large First Team, which encompasses several sports.

The MAC Women's Swimming and Diving Championships have been held each year since 1981. Currently, an all-time high nine MAC schools compete in the conference meet. Miami holds the record for most team titles, 13, as well as most consecutive crowns, winning seven league meets from 1982-88. Ohio then matched that streak with one from 1989-95. The two schools have won every MAC Championships contested other than the inaugural meet in 1981, won by Bowling Green. This year, Toledo will host the conference event.

On the field of competition, MAC Alumni have won the British Open (Ben Curtis of Kent State in 2003), set Super Bowl records (2 interceptions returned for touchdowns by Akron's Dwight Smith for Tampa Bay in 2003) and led their team to a World Series title (Ohio's Bob Brenly, manager of the Arizona Diamondbacks in 2001).

Continuing to lead by example, the MAC provides its student-athletes and member institutions with the best possible opportunities. Since 1946, the MAC has not only stood the test of time, but has evolved into a league that its founders could not have imagined or dreamed.

The Mid-American Conference was founded as a five-school league on February 24, 1946 in Columbus, Ohio with Ohio, Butler, Cincinnati, Wayne State and Western Reserve admitted as charter members. In 1999, the conference moved its headquarters to



Akron • Ball State •
Bowling Green • Buffalo •
Central Michigan • Eastern Michigan •
Kent State • Marshall •
Miami • Ohio • Northern Illinois • Toledo •
Western Michigan

Cleveland, Ohio, following a 15-year stay in Toledo, Ohio.

The Mid-American Conference has 13 full-time schools and a 14th, UCF, for football only. Comprising the East Division is the University of Akron (joined in 1992), University at Buffalo (1998), University of Central Florida (2002, football only), Kent State University (1951), Marshall University (1954-69, 1997), Miami University (1947) and Ohio University (1946). The West Division members are Ball State University (1973), Bowling Green State University (1952), Central Michigan University (1971), Eastern Michigan University (1971), Northern Illinois University (1975-86, 1997), University of Toledo (1950) and Western Michigan University (1947). Affiliate members include the University of Kentucky in men's soccer, the University of Louisville in field hockey and Indiana University-Purdue University Fort Wayne (IPFW) in men's tennis. Marshall and UCF will depart the MAC after the 2004-05 season in order to compete in Conference USA.

Former MAC members are Butler (1947-50), Western Reserve (1947-55), Cincinnati (1947-53) and Wayne State (1947).

The MAC's overall enrollment makes it the fourth-largest conference in the United States. MAC alumni number over 1.7 million. The MAC was the first Division I-A conference to have its own Hall of Fame, and began honoring its tradition in 1988 with a Hall of Fame. From 1988 to May of 1994, a total of 52 individuals were inducted into the MAC Hall of Fame.

During its existence, the MAC has produced a long list of great athletes and coaches from all corners of the sports world that includes Olympic gold medalists, Major League Baseball, NFL and NBA standouts, PGA tour members, national-caliber game officials and Hall of Fame coaches and

players.

A presidentially controlled conference, all major policy decisions are made by the MAC Council of Presidents, which consists of chief executive officers of the 13 full member universities.

In 1946 men's basketball was the first competitive sport in the MAC, which now sponsors a total of 23 sports. Women's sports were brought into the conference's structure in 1980.

For men, championships (11) are sponsored in football, basketball, baseball, cross country, soccer, swimming and diving, indoor track and field, outdoor track and field, wrestling, golf and tennis.

For women, championships (12) are sponsored in basketball, softball, volleyball, cross country, field hockey, golf, soccer, swimming and diving, gymnastics, indoor track and field, outdoor track and tennis.

MID-AMERICAN CONFERENCE

24 Public Square, 15th Floor
Cleveland, OH 44113
Phone: (216) 566-4622
Fax: (216) 858-9622

Rick Chryst
Commissioner

Bob Gennarelli
Associate Commissioner/
External Operations

Dell Robinson
Associate Commissioner/
Legislative and Compliance Services

Paul Palian
Asst. Commissioner/Electronic Media

Gary Richter
Assistant Commissioner/Media Relations

Krista Plummer
Director of Administration

Bryan McGowan
Asst. Director for Media Relations

Tracy Scott
Director of Compliance

Aimee Dupree-Chambers
Administrative Assistant



From an inaugural class that included legends like Walter "Smokey" Alston, Paul Brown, Weeb Ewbank and Ara Parseghian, the Miami University Athletic Hall of Fame has grown to a membership of 167.

1969-Charter Members

Walter Alston '35 Basketball/Baseball
 Earl Blaik '18 Football/Baseball
 Paul Brown '30 Football
 Jay Colville '26 Athletic Trainer
 Weeb Ewbank '28 Football/Basketball/Baseball/Coach
 Ara Parseghian '49 Football/Basketball/Baseball/Coach
 John Pont '52 Football/Coach
 George Rider Athletic Director/Cross Country Coach

1970

Carmen Cozza '52 Football/Baseball
 Wayne Embry '58 Basketball
 Jim Gordon '31 Track/Football
 Virgil Perry '24 Track/Football
 Chester Pittser Baseball & Football Coach
 Tom Sharkey '26 Track/Football

1971

John Bricksels Athletic Director/Basketball Coach
 Paul Dietzel '48 Football
 Bill Mulliken '61 Swimming
 Mel Olix '50 Football

1972

Bob Brown '49 Basketball
 Ernie Kellermann '65 Football
 Marvin Pierce '16 Football/Basketball/Baseball/Tennis
 Bo Schembechler '51 Football/Football Coach
 Charles Shugert '32 Track/Cross Country

1973

Russell Baker '13 Football
 George Booth '09 Football
 Wilbur Cartwright '32 Football
 Warren Ott '34 Football/Basketball/Track
 Jim Root '53 Football
 Bob Schul '66 Track/Cross Country

1974

Tirrel Burton '56 Football/Track
 Don Knodel '53 Basketball/Baseball
 George Munns '19 Football/Basketball/Baseball/Track
 Tom Pagna '54 Football
 Richard (Doc) Ulrich '51 Football/Coach

1975

Bob Babich '69 Football
 Bill Rohr Basketball Coach/Athletic Director
 Paul Schnackenburg '49 Basketball
 Paul Shoultz '49 Football/Baseball
 Harry Stryker '28 Football

1976

Bill Arnsparger '49 Football/Coach
 Jeff Gehring '65 Basketball
 Dick Klitch '55 Basketball/Tennis
 Arthur Thatcher '28 Football/Track

1977

Robert Bronston '55 Football
 Don Weaver Emery '27 Track/Cross Country
 Alfred Gansberg '26 Football/Baseball/Basketball
 Bob Jencks '63 Football
 John McVay '53 Football/Coach

1978

Vernon Cheadle '32 Track/Basketball
 Darrell Hedric '55 Basketball/Coach
 Ray Mears '49 Basketball/Coach
 Raymond Ray '38 Swimming Coach
 Edward Sauer '20 Football/Track

1979

Bill Hoover '48 Football
 W.P. (Pat) Roudebush Jr. '34 Football/Baseball
 Bob Whittaker '30 Football/Track
 Dave Zeller '61 Basketball

1980

Len Fertig '34 Football/Baseball
 Bob Hitchens '74 Football
 Bill Mallory '57 Football
 Steve Strome '64 Basketball/Tennis Coach

1981

Jack Bachelor '66 Track/Cross Country
 Wayne Gibson '48 Football
 Mel Knowlton '37 Basketball/Baseball/Coach
 Bud Middaugh '61 Baseball/Coach
 Bill Stewart '34 Football

1982

Howard Brinker '39 Football
 Ted Downing '68 Track
 Joe Galat '62 Football/Wrestling/Coach
 Sherman Smith '76 Football
 George Vossler '30 Football/Track

1983

David Brown '75 Tennis
 Phil Lumpkin '81 Basketball
 John Schael '66 Wrestling
 Gary Wright '74 Baseball

1984

Stan Lewis '35 Football
 Jerry Peirson '66 Basketball/Coach
 Ernie Plank '50 Football
 Chris Roderick '71 Football
 Clive Rush '53 Football
 Scott Wallick '73 Track

1985

Jim Cole '36 Football/Track
 Jay Fry '52 Football/Wrestling
 Bob Kappes '50 Football
 Harry Richardson '29 Football/Basketball
 Chuck Zody Track & Cross Country Coach

1986

Larry Bell '38 Track
 Dick Crum Football Coach
 Leann Davidge Tennis Coach
 Tom Perrin '72 Swimming
 John Powell '58 Basketball

1987

Vivian (Chief) Crawford '17 Football/Baseball
 Steve Kendall '77 Tennis
 Tom Nomina '64 Football
 John Russell '68 Swimming
 Nobby Wirkowski '51 Football

1988

Rob Carpenter '77 Football
 Fred Foster '68 Basketball
 Charlie Liebrandt '78 Baseball
 Bob Shaw '69 Swimming/Coach
 Gordon Wilson '30 Football/Baseball

1989

Archie Aldridge '78 Basketball
 William Beck Team Physician
 Robert Howard Sports Information Director
 Tom Jones '55 Track/Football
 Mary Ann Myers '82 Women's Basketball
 Richard Shrider Basketball Coach/Athletic Director

1990

Charlie Coles '65 Basketball
 Rodger Cromer Golf Coach
 Dennis Smith '73 Baseball
 Dave Thelen '58 Football

1991

Randy Ayers '78 Basketball
Robin Chico '78 Swimming
 Tom Dimitroff '57 Football
 Sid Gillman Football Coach
 John Shoemaker '78 Basketball/Baseball

1992

Alain Chevrier '84 Hockey

Chuck Goodyear '77 Basketball
 Bill McCormick '50 Football
 Randy Walker '76 Football/Coach

1993

Patricia Bucher '84 Swimming
 Dick Hunter '55 Football/Basketball
 Bob Lohr '83 Golf
 Mark Manering '85 Baseball
 Jim Thomas '59 Basketball

1994

Charles Heimsch '36 Football/Golf/Faculty Rep.
 Steve Morris '83 Hockey
 Kathy Tepe '87 Volleyball
 Wendy Tepe '87 Volleyball
 Craig Wittus '79 Tennis

1995

Kevin Beaton '83 Hockey
 Mel Brodt '49 Track & Cross Country Coach
 John Erisman '67 Football
 Elizabeth Workum '81 Field Hockey
 Mike Wren '71 Basketball
 Dave Young Sports Information Director

1996

Gary Arthur '70 Football
 Dave Jennings Women's Swimming Coach
 Dennis O'Brien '57 Swimming
 James (Moose) Wilkinson '52 Baseball
 Woody Wills Baseball Coach/Asst. Football Coach

1997

Jack Glowik '78 Football
 Rich Hampton '74 Basketball
 Kris Livingston '83 Women's Basketball
 Greg Sullivan '79 Football

1998

Kenneth Daniels '75 Tennis
 Danny Hall '77 Baseball
 Frank Lukacs '69 Basketball
 Bryan Pownall '82 Track
 Pam Wettig Women's Basketball/Softball Coach

1999

Bob Dalton '75 Wrestling
 Elaine Hieber Associate AD/Head Coach
 Karen Lepley '89 Volleyball
 Mike Stavole '50 Track/Cross Country
 John Weaver '49 Football

2000

Sue Brozovich '88 Tennis
 Tom Bryant '55 Basketball
 Dick Clarke '90 Swimming
 Cash Powell Jr. '52 Track/Cross Country
 Lester Smith '69 Track and Field
 Scott Tyler '65 Football/Track

2001

Brian Carlton, '84 Track and Field
 Carolyn Condit Volleyball Coach
 Molly Cullen, '92 Track/Cross Country
 Dan Dalrymple, '88 Football/Strength & Conditioning
 Curt McMillan, '93 Football
 Larry Yearwood, '81 Tennis

2002

Don Barnette, '56 Basketball
 Kristy Burch, '90 Softball
 Nancy Denny, '92 Track
 Terry Morris, '87 Football
 Russ Pickerington, '80 Wrestling
 Chris Sexton, '93 Baseball
 Buckley Walter, '50 Track

2003

Russ Giganti, '56 Football
 Dave Hasbach '74 Baseball
 Julie Howell '93 Basketball
 Bobby Marshall '94 Hockey
 Kent McCormick '81 Football
 Sandy Secoy '82 Volleyball



ACADEMIC SUPPORT



David Graham

Miami's athletic department strongly emphasizes that its student-athletes succeed not only in their athletic pursuits but in their academic endeavors as well. Realizing the unique demands placed on the student-athlete, the department feels an obligation to provide the best possible academic aid and support.

That's where Miami's Comprehensive Academic Support Program comes into play. Begun during the 1987-88 academic year, the program monitors the completion of the student's course of study and subsequent graduation. The academic coordinators' offices are located in the new Walter L. Gross Student-Athlete Development Center and provide Miami's student-athletes with the tools to succeed in the classroom.

Miami's academic coordinator staff is comprised of three full-time counselors and one graduate assistant. **David Graham, Cynthia Veraldo** and **Lindsay Ronayne** serve as the academic coordinators.

The three coordinators have the responsibility of implementing and coordinating all aspects of the academic support program for both the men's and women's teams and also running the CHAMPS/Life Skills program—an NCAA program initiated to develop and enhance the lives of student-athletes through educational programs and resources focusing on gender equity, student-athlete welfare and life skills.

"Miami student-athletes are in an environment in which

both a rich athletic tradition and an outstanding academic reputation are important," says Graham. "Our student-athletes can feel confident that with the lessons learned in the classroom and on the playing fields, they will be well-prepared for whatever their futures may hold."

The academic coordinator's office is available throughout the student-athletes' careers at Miami. They supervise academic needs assessments for incoming grant-in-aid freshmen and follow that up by coordinating student academic evaluations and facilitating individual team study tables.

The office's responsibilities include assisting student-athletes with registration concerns and career counseling, as well as tracking their academic progress in cooperation with the University Registrar. The academic coordinator's office tracks over 550 student-athletes' records.

The academic coordinators also serve as a referral source to the Office of Learning Assistance for any athletes who may need tutoring or have other special needs. The students with whom the coordinator's office works with may also be referred to appropriate university agencies such as the Student Counseling Center, Career Assistant Center and Office of Financial Aid.

By working with the Career Planning and Placement Office, the academic support personnel can assist undergraduates and alumni of the program with the job-search process.

Much of the success of the academic support program lies in the willingness of the student-athletes to utilize support services such as tutoring and help sessions. The Miami coaching staff takes an active role in encouraging good study habits and successful academic strategies with their athletes on a daily basis. The coaching staff is an integral part of the support staff, as they meet individually with the staff to provide academic updates.

MEDIA RELATIONS

The athletic media relations office, under the direction of Mike Harris, provides a variety of publicity services for Miami athletic programs. All pertinent information is provided to local, regional and hometown newspapers.

Additional publicity is provided through distribution of schedules, brochures and public address announcements. The athletic media relations office also updates and maintains team and individual statistics and records, and makes weekly reports to the conference office and to various coordinators for regional and national rankings.

Interviews with Miami swimmers and coaches throughout the week can be coordinated through the athletic media relations office and Media Relations Intern Andrew Borders. Players and coaches are available for post-meet interviews following a brief cooling off period.

Information on Miami athletics is available at www.MURedHawks.com. Information on Miami and all Mid-American Conference schools is also available through the MAC website at www.mac-sports.com.



Mike Harris
Director



Angie Renninger
Associate



Vince Frieden
Asst./Publications



Andrew Borders
Intern/Swimming
and Diving Contact



Norma McClure
Sr. Program Asst.



SPORTS MEDICINE



Jolene Atkins

One of the top priorities for the Miami sports medicine staff is to ensure that all student-athletes attain the highest potential for safe and effective participation in their chosen sports. This includes prevention, treatment and rehabilitation of athletic injuries, utilizing the latest techniques and equipment.

The main goal of the training staff is to prevent an injury from occurring. This involves getting to know the athletes and determining what factors could predispose them to injury, then acting to improve the situation. This process could include anything from routine taping to strengthening exercises for a chronic problem.

Despite all precautions, injuries occur, and when they do, the qualifications of the Miami athletic training staff truly become apparent. Regardless of the severity of the injury, the athletic

trainers are prepared to give immediate quality evaluations and treatments for the condition. When the athletes return to competition, they do so after completion of a personally designed rehabilitation program with the goal of getting the athlete back to pre-injury status as quickly as possible.

Benefiting from one of the finest training rooms in Division I athletics, Miami's athletes are cared for with muscle stimulators, ultrasound, whirlpools and rehabilitation equipment such as the Orthotron II and KinCom. The resources do not end with the equipment, however; the staff of six certified athletic trainers and 20 student trainers have established one of the best sports medicine programs in the country. The educational curriculum has been endorsed by the National Athletic Trainers Association for 10-plus years.

Miami's sports medicine department is directed by head trainer Gale Newton, who is aided by assistant trainers Jennifer Beardslee, Dave Donnelly, Kevin Morley, Jason Eckerle, Mike Young, Stacey Russo, Rebecca Way and Misao Tanioka.

STRENGTH & CONDITIONING



James Carsey

Strength and conditioning in terms of player development is an integral part of any successful athletic program. Miami University recognizes this fact with its strength and conditioning program, led by 1988 Miami graduate Dan Dalrymple, C.S.C.S.D. Dalrymple, who is in his 16th year on the RedHawk staff, is a former captain and all-MAC offensive tackle at Miami and will be inducted into Miami's Athletic Hall of Fame this year. He is assisted by James Carsey, who works with the women's

swimming and diving team, a full-time intern and eight to ten students.

"Athletes are recruited by Miami to be champions," says Dalrymple, who was named the MAC Strength and Conditioning Coach of the Year in 1995, 1997 and 1999. "You don't just come here to be second-best. So it's our obligation to provide student-athletes with the tools to reach their full potential."

The foundation of the program is free weight training. "Research data from around the world supports the idea that multi-joint free weight training is the superior method for the training of athletes, for both performance enhancement and injury prevention," Dalrymple says. The free weight regimen includes both explosive Olympic lifting (cleans, snatches, presses and jerks) and power lifting (bench, squat and deadlift). The program is rounded out with free weight and machine supplemental exercises, as well as medicine ball and plyometric training.

"The three main goals of our conditioning program are to enhance performance, prevent injury and eliminate weaknesses," Dalrymple says.

Strength enhancement is not the only objective of the total program. "Speed is the No. 1 objective in our program," he adds. Team speed is dependent upon two factors: recruiting and our team speed development program. "An innovative approach to speed development at Miami is "Speed School," which involves frequent testing in the 40-yard dash, video analysis and specific drills to improve speed, strength, running mechanics and flexibility.

Other areas emphasized by the strength and conditioning staff include flexibility (static and dynamic), power (speed and strength), aerobic and anaerobic conditioning, agility and body control, nutrition and body composition and motivation.

State-of-the-art equipment and techniques employed by Dalrymple and his staff include "speed chutes," position-specific training, video analysis, slide boards, computerized strength training program and testing design, and individualized plyometric programs.

All in all, the strength and conditioning program at Miami has greatly increased performance on the field. Furthermore, the program has reduced both the occurrence and severity of injuries.

"Our conditioning program is one of the most demanding around," Dalrymple says. "Our student-athletes know that when they step on the field they are in better shape than their opponent. This helps prevent injury and breed success."

EQUIPMENT



Pete Wyckoff

Success in Miami athletics begins long before the athletes arrive on the deck. It starts with the best clothing, shoes and state-of-the-art equipment to help the players compete at their highest level, avoid injury and represent Miami University in a first-class manner.

Miami's equipment room in Withrow Court is operated by Pete Wyckoff, while fellow equipment manager Mary O'Leary

coordinates the equipment in Millett Hall and Andy Geshan operates the Goggin Ice Arena equipment room.

A daily check of all protective devices is performed for all players. Maintenance of all equipment is important, and Wyckoff, who is in his 16th season at Miami, is responsible for assuring the equipment is ready to go at all times.

Aided by well-trained student assistants, the staff handles the equipment needs for all 19 men's and women's sports.

"We believe our entire athletic staff is committed to helping teams be successful off the field as well as on it," says O'Leary.



WALTER L. GROSS JR. FAMILY STUDENT-ATHLETE DEVELOPMENT CENTER



The hub of Miami's athletic facilities, the \$5 million Walter L. Gross Jr. Family Student-Athlete Development Center was dedicated prior to Miami's September 22, 2001 home football game versus Cincinnati.

This facility, which is located between Millett Hall and Yager Stadium, caters to both the academic and physical needs of Miami's student-athletes. One half of the facility is dedicated for an 10,000-square foot physical fitness center, which includes free and machine weights, a circuit training machine, cardiovascular equipment, and speed, agility and jump training facilities.

The other portion of the center is devoted to academic enrichment. The new center features two large study areas, an informal study lounge, private tutoring offices and a computer lab.

"Miami's athletics' program has always prided itself with a strong commitment to both athletics and academics," says Steve Cady, associate athletic director and chair of the project design team. "This facility epitomizes our philosophy. It is an

unbelievable addition to our facilities."

Separating the academic and physical fitness centers is a main lobby and reception area, which features a rotunda that dominates the reception lobby ceiling. Miami's rich athletic tradition, headlined by the "Cradle of Coaches," will be highlighted on the rotunda.

"It's a tremendous facility for our strength and conditioning efforts," says strength coach Dan Dalrymple. "We're able to do a lot of things we haven't been able to do in the past."

The facility opened its doors to student-athletes during the summer of 2001 and had a Grand Opening Gala on Friday, Sept. 21 in conjunction with Miami's football home opener with Cincinnati.

"This is a showcase facility for Miami University athletics," says former academic coordinator and current assistant Red and White Club director Darcy Shriver. "It is a convenient location for our student-athletes to enrich their academic and athletic experience. The Student Development Center represents another Miami commitment to first-rate athletic facilities."



FACTS AND FIGURES

- Founded in 1809, Miami University is the seventh-oldest state-assisted university in the nation and the second-oldest state institution west of the Allegheny Mountains. The University offers 10 associate degrees, more than 100 bachelor's degrees, 50 master's degrees and nine doctoral programs. The academic divisions and their percentage of total undergraduate enrollment include: College of Arts and Science (42 percent); Richard T. Farmer School of Business Administration (28 percent); School of Education and Allied Professions (17 percent); School of Applied Science (6 percent); School of Fine Arts (6 percent); and School of Interdisciplinary Studies (1 percent).
- Miami's central campus is located in Oxford, a classic college town with a population of about 19,000 located 35 miles north of Cincinnati and 45 miles southwest of Dayton. The campus consists of 1,179 acres. In addition, the University owns nearly 700 acres nearby: 300 at the University Airport, 300 in the Bachelor Wildlife and Game Reserve, and the remainder at the Ecology Research Center.

WHAT THEY'RE SAYING ABOUT MIAMI

From "Selective Guide to Colleges"

"Long regarded as the most elite of Ohio's public institutions, Miami boasts one of the most classic, picture-perfect college campuses in the nation. Miami's well-groomed campus studded with red-brick Georgian buildings evokes the same image as its prestigious private competitors in the East. Miami provides a private school environment at a public school price. Miami offers an intensely collegiate life at a well respected school, beautiful grounds and a great academic agenda that makes every aspect of college life more worthwhile."

From Money magazine

"...Miami University is one of the 10 best institutions in the nation."

From People magazine

"The administration exercises strict control so that academic life is paramount."

From Newsweek magazine

"Smart students are opting for prestigious state schools like Miami that are every bit as good as the top institutions but cost half as much."

From "The Public Ivys"

"...academics tilted toward preparing students for the professions and leadership roles. Miami is all-American, wrapped up in academic gowns. "...order and beauty on the hill plateau of Oxford ... trees and shrubs well groomed ... a brick Main Street, modified Georgian buildings, old and new ... immaculate everything."

From "Public Accounting Reports"

"Miami is ranked sixth-best in the country in the quality of its undergraduate accounting program. Miami has done a good job of training its undergraduates and getting them placed."



- Enrollment totals more than 20,000, including about 16,300 on the Oxford campus and more than 2,000 each on the Hamilton and Middletown campuses. About 235 students attend Miami's John E. Dolibois European Center in Luxembourg. About 18,000 of Miami's 20,000 students are undergraduates, a fact that reflects the University's traditional focus on high quality undergraduate education.

- Preserving and improving the environment is an important goal at Miami, both in academic research and day-to-day operations. Miami operates a successful Institute of Environmental Sciences and an active Ecology Research Center.

- Miami is among the top 23 schools for recycling, according to the National Wildlife Foundation. The University removes and recycles 60 percent of items in its waste stream.

ADHERING TO THE UNIVERSITY'S STRENGTH: Teaching

- In *The Fiske Guide to Colleges 2002*, Miami is one of only 21 U.S. public institutions identified as a "best buy," offering "remarkable educational opportunities at a modest cost." The guide says Miami has "an outstanding academics program, and excellent faculty, active social life and a beautiful campus all in one location." It is the ninth time Miami has made the "Best Buy" list.

- Miami ranks among the top 28 public national universities in *U.S. News & World Report 2002 America's Best Colleges*.

- *The Public Ivys* by Richard Moll proclaims Miami one of eight public institutions most similar to the Ivy League Schools for academic quality and collegiate atmosphere.

- Seventy percent of freshman classes at Miami have 30 or fewer students.

- Miami's ratio of full-time students to full-time faculty is 17:1. The average class size is 24, affording the personal attention ordinarily found only at much smaller colleges.

- In recent years, more prospective freshmen have applied for admission into Miami than at any other time in history, highlighted by the year 2000 when a record 13,100 incoming college freshmen applied for admission.

NCAA DIVISION I GRADUATION RATES

Of NCAA Division I public universities, Miami ranks eighth in overall student graduation rate. Eighty percent of students who enroll at Miami graduate—the highest graduation rate among Ohio's public universities. Miami's graduation rate for African-American students also is higher than any other public university in Ohio.

OTHER RANKINGS

In addition to the above rankings,

- Miami's accounting program ranks sixth among the nation's top 20 undergraduate programs, according to *CPA Personnel Report's 20th Annual Professors' Survey-2001*. For the first time, Miami's graduate accounting program also made the survey's top 20 graduate programs.

- Miami ranks 10th nationally for the number of students who study abroad.

- Miami's Entrepreneurship program was ranked first in the nation in 2001 by the U.S. Association for Small Business and Entrepreneurship.

- During the last five years, Miami graduates have been accepted into medical school at more than 60 percent above the national acceptance rate. Miami's overall acceptance rate is 50 percent (80 percent for zoology majors) compared to 40 percent nationally.

- Miami's law school acceptance rate is 82 percent, compared to 67 percent nationally.

