

MIAMI UNIVERSITY ATHLETIC MEDIA RELATIONS

Mike Harris, Director
Angie Renninger, Assoc. Director
Vince Frieden, Asst. Dir.
Jess Bechard, Asst. Director
Dave Kiefer, Intern
Norma McClure, Sr. Program Asst.

MU  .COM



230 Millett Hall • Oxford, OH 45056 • Phone: 513.529.7092

Fax: 513.529.6729 • Email: kieferdj@muohio.edu

2006 Cross Country Schedule/Results



SEPTEMBER

- 2 Dayton Flyer Invitational..... 1st of 8 teams
(Dayton, Ohio)
- 9 MIAMI INVITATIONAL 1st of 4 teams
(Oxford, Ohio)
- 23 Penn State Invitational.....3rd of 24 teams
(University Park, Pa.)

OCTOBER

- 6 All-Ohio Championship.....4th of 42 teams
(Delaware, Ohio)
- 14 Pre-NCAA Invitational..... 33 of 36 teams
(Terre Haute, Ind.)
- 28 MAC Championship.....4th of 9 teams
(Buffalo, N.Y.)

NOVEMBER

- 11 Great Lakes Regional..... 14th of 31 teams
(Bowling Green, Ohio)

INTERVIEW POLICY

All interviews with Miami head coach **Warren Mandrell** and RedHawk athletes should be coordinated through the Miami Athletic Media Relations Office. Please contact men's cross country SID Dave Kiefer at least one day ahead of time to schedule an interview. Home phone numbers of players will not be made available.

For updated rosters, results, meet recaps and weekly notes, visit MURedHawks.com.

When referring to Miami, please use Miami University, Miami (Ohio) University or Miami University (Ohio). Miami of Ohio and University of Miami of Ohio **are not** proper names for the institution.



2006 MIAMI CROSS COUNTRY

MEN'S CROSS COUNTRY



2006 Season Complete

Fourth Place MAC Finish; 14th Place Regional Finish

2006 MIAMI CROSS COUNTRY ROSTER



Name	Yr.	Hometown	'06 MAC	'05 MAC	'04 MAC
Campbell, Justin	Jr.	East Liverpool, Ohio	29:26 (35th)	26:03 (25th)	26:50 (39th)
Carney, Matt	Fr.	Edina, Minn.	DNR	N/A	N/A
Cosgrove, Sam	Rs-Fr.	Hilliard, Ohio	30:10 (52nd)	N/A	N/A
Cowan, Brooks	Rs-Fr.	Tory, Mich.	DNR	N/A	N/A
Dezso, Ryan	Rs-Fr.	Copley, Ohio	DNR	N/A	N/A
Fakler, Mike	Fr.	Solon, Ohio	DNR	N/A	N/A
Famous, Ben	So.	St. Louis, Mo.	29:47 (47th)	DNR	N/A
Graham, Brad	Rs-Jr.	Braidwood, Ill.	DNR	26:32 (42nd)	26:33 (35th)
Krebs, Paul	Fr.	Kettering, Ohio	28:52 (27th)	N/A	N/A
Martin, Adam	Fr.	Chesterton, Ind.	DNR	N/A	N/A
Schroeder, Ryan	Jr.	Pemberville, Ohio	DNR	N/A	N/A
Silver, Kevin	Rs-Fr.	Beachwood, Ohio	29:05 (30th)	N/A	N/A
Sovacool, Pat	So.	Lakewood, Ohio	28:52 (26th)	25:52 (21st)	N/A
Tamm, Ryan	So.	Bloomfield Hills, Mich.	30:20 (57th)	DNR	N/A
Untrauer, Brad	So.	McCordsville, Ind.	29:31 (37th)	25:47 (19th)	N/A
Veatch, Michael	Jr.	Middletown, Ohio	29:29 (36th)	25:51 (20th)	N/A

REDHAWK STORYLINES



END OF THE RUN: With its 14th-place finish at the regional meet, the Miami University men's cross country wrapped up its 2006 season. Highlights of the season included winning the Flyer 5K Challenge and Miami Invitational, having three athletes earn Mid-American Conference Runner of the Week honors and placing sophomore **Pat Sovacool** on the academic all-MAC team.

AT THE REGIONAL MEET—GREAT LAKES REGIONAL (NOV. 11): Led by junior **Michael Veatch's** 57th-place finish, Miami finished 14th in a 31-team field at the Great Lakes Regional Cross Country Championship. At the 10K Mel Brodt Cross Country Course (Bowling Green, Ohio), Miami finished in front of four conference foes—Akron, Ohio, Bowling Green and Toledo—and finished in the top half of a region featuring five nationally ranked teams. Veatch was the top Miami finisher for the fourth time this season, clocking in at 32:35, and he finished a little more than a minute and a half behind race winner Corey Nowitzke of Eastern Michigan (30:57). Miami placed one additional runner in the meet's top 80 finishers, as sophomore **Pat Sovacool** finished 78th (33:04).

AT THE CONFERENCE MEET – MAC CHAMPIONSHIP (OCT. 28): Sophomore **Pat Sovacool** finished 26th and was one of three RedHawks in the top 30 as Miami finished fourth at the 2006 Mid-American Conference Cross Country Championship. On a rainy and muddy 8K course at Beaver Island State Park (Buffalo, N.Y.), Sovacool paced Miami with a 26th-place time of 28:52. Battling through temperatures in the low 40's and steady winds of 20-30 mph, Sovacool fin-

ished two minutes behind race winner Corey Nowitzke of Eastern Michigan (26:52). Freshman **Paul Krebs** and redshirt freshman **Kevin Silver** joined Sovacool in the meet's top 30 finishers, as they placed 27th (28:52) and 30th (29:03), respectively.

RANKED REDHAWKS: Regionally ranked since the USTFCCCA preseason polls came out, Miami ended its season ranked 14th in the Great Lakes Region. After beginning the year ranked seventh in the preseason poll, Miami moved down to No. 11 for the weeks of Sept. 25 and Oct. 2, stood at No. 14 on Oct. 10 and moved up one spot to No. 13 on Oct. 17. Miami then ranked 15th in the final poll of October (Oct. 30) before moving up to 14th with its finish at the regional meet (Nov. 14). As traditionally one of the toughest regions in the nation, the Great Lakes region includes four teams ranked in the top 30 nationally: top-ranked Wisconsin, 14th-ranked Notre Dame, 19th-ranked Butler and 26th-ranked Michigan State.

AND THE AWARD GOES TO: A former conference runner of the week and the RedHawks top finisher at the MAC Championship, Miami sophomore **Pat Sovacool** was one of nine athletes named to the all-MAC academic team. A zoology major with a 3.41 grade-point average, Sovacool was the top Miamian at the conference meet (Oct. 28), placing 26th in 28:52 and helping Miami to a fourth-place finish. Sovacool's top team finish was his second of the year, and during the 2006 season, Sovacool finished in Miami's scoring five at all seven meets.

WE'RE GOING STREAKING: With its fourth-place finish at the 2006 conference meet, Miami extended its streak of consecutive top-four MAC finishes to 11. Miami has not finished outside of the MAC's top four since 1995 when it finished sixth, and during head coach **Warren Mandrell's** tenure, the RedHawks have been the conference champion or runner-up in eight of his 13 seasons. Since 1980, Miami has won six MAC titles and finished among the conference's top three in 18-of-26 seasons.

WHO'S NUMBER ONE: During Miami's seven races on the 2006 schedule, three different runners finished as the top Miamians, including junior **Michael Veatch** at the Great Lakes Regional. Veatch paced the RedHawks four times this season, placing first at the Miami Invitational, eighth at the All-Ohio, 113th at the Pre-Nationals and 57th at the Great Lakes Regional. Sophomore **Pat Sovacool** also posted a pair of top team finishes at the MAC Championship (Oct. 28) and the Penn State Spiked Shoe Invitational (Sept. 23), while sophomore **Brad Untrauer** was the top Miamian at the season-opening Flyer 5K Challenge (Sept. 2). All three runners also earned MAC Runner of the Week honors during the season.

MORE HARDWARE THAN HOME DEPOT: A Miamian earned the MAC Runner of the Week award three times this season, including sophomore **Pat Sovacool** on Sept. 26. Sovacool earned the award after pacing Miami with a sixth-place finish at the Penn State Spiked Shoe Invitational, joining teammates **Brad Untrauer** and **Michael Veatch** as MAC Runners of the Week. Untrauer won the weekly award (Sept. 5) after finishing second at the season-opening Flyer 5K Challenge, while Veatch earned the honor (Sept. 12) after winning the Miami Invitational. Miami won three of the seven MAC Runner of the Week awards handed out during the 2006 season.



WARREN MANDRELL

"BY THE NUMBERS"

1—Mid-American Conference Cross Country Coach of the Year Award ('97)

1—Ohio Cross Country Coach of the Year Award ('98)

1—Mid-American Conference Individual Champion (Dan Huling - '05)

2—Mid-American Conference Cross Country Titles ('97, '98)

2—Mid-American Conference Scholar Athletes of the Year (Cato Coleman - '00; Nick Iagulli - '01)

3—Mid-American Conference Individual Runner-Ups (David Mitchell - '03, '04; Ernie Ziegler - '97)

11—Consecutive top-four finishes in the Mid-American Conference Cross Country Championship

12—Mid-American Conference Individual Track and Field Champions

2006 Miami RedHawks Race-by-Race (Team Finish/Overall Finish)

Name	Dayton (5K)	Miami (8K)	Penn State (8K)	All-Ohio (8K)	Pre-NCAA (8K)	MAC (8K)	Great Lakes (10K)
Campbell	15:54 (6/14)	26:30 (7/9)	27:50 (6/63)	27:24 (5/53)	26:22 (6/226)	29:26 (4/35)	33:30 (5/96)
Carney	DNR	DNR	DNR	30:02 (9/95)*	DNR	DNR	DNR
Cosgrove	16:18 (10/26)	27:58 (12/22)	DNR	27:58 (8/18)*	26:28 (8/148)*	30:10 (8/52)	DNR
Cowan	DNR	26:54 (9/13)	28:35 (9)	DNR	DNR	DNR	DNR
Dezso	16:00 (8/19)	26:26 (6/8)	28:56 (10)	DNR	26:37 (9/161)*	DNR	DNR
Fakler	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Famous	16:10 (9/25)	27:49 (11/20)	DNR	27:42 (7/76)	26:00 (5/210)	29:47 (7/47)	33:41 (6/103)
Graham	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Krebs	15:55 (7/15)	26:34 (8/11)	27:18 (5/42)	27:26 (6/56)	26:31 (7/231)	28:52 (2/27)	33:43 (7/105)
Martin	15:51 (5/13)	27:10 (10/16)	28:04 (8)	DNR	DNR	DNR	DNR
Schroeder	DNR	DNR	DNR	DNR	DNR	DNR	DNR
Silver	15:37 (3/4)	25:55 (4/4)	26:47 (3/20)	26:28 (3/17)	25:29 (3/174)	29:03 (3/30)	33:20 (3/91)
Sovacool	15:31 (2/3)	25:39 (3/3)	26:20 (1/6)	26:22 (2/13)	24:58 (2/116)	28:52 (1/26)	33:04 (2/78)
Tamm	15:49 (12th)*	26:18 (5/7)	28:02 (7/70)	DNR	26:43 (10/168)*	30:21 (9/57)	DNR
Untrauer	15:28 (1/2)	25:29 (2/2)	27:00 (4/29)	27:13 (4/44)	25:31 (4/178)	29:31 (6/37)	33:23 (4/92)
Veatch	15:38 (4/5)	25:27 (1/1)	26:28 (2/11)	26:05 (1/8)	24:56 (1/113)	29:29 (5/36)	32:35 (1/57)

* Ran unattached/open race

NAME	YEAR	ELIG.	EVENT	HOMETOWN/LAST SCHOOL
Campbell, Justin	Sr.	Jr.	CC/Distance	East Liverpool, Ohio/East Liverpool
Carney, Matt	Fr.	Fr.	CC/Distance	Edina, Minn./St. Margaret's
Cosgrove, Sam	So.	Rs-Fr.	CC/Distance	Hilliard, Ohio/Darby
Cowan, Brooks	So.	Rs-Fr.	CC/Distance	Troy, Mich./Troy
Dezso, Ryan	So.	Rs-Fr.	CC/Distance	Copley, Ohio/Copley
Fakler, Mike	Fr.	Fr.	CC/Distance	Solon, Ohio/Solon
Famous, Ben	So.	So.	CC/Distance	St. Louis, Mo./Desmet Jesuit
Graham, Brad	Sr.	Rs-Jr.	CC/Distance	Braidwood, Ill./Reed-Custer
Krebs, Paul	Fr.	Fr.	CC/Distance	Kettering, Ohio/Archbishop Alter
Martin, Adam	Fr.	Fr.	CC/Distance	Chesterton, Ind./Chesterton
Schroeder, Ryan	Jr.	Jr.	CC/Distance	Pemberville, Ohio/Pemberville
Silver, Kevin	So.	Rs-Fr.	CC/Distance	Beachwood, Ohio/Beachwood
Sovacool, Pat	So.	So.	CC/Distance	Lakewood, Ohio/St. Ignatius
Tamm, Ryan	So.	So.	CC/Distance	Bloomfield Hills, Mich./Brother Rice
Untrauer, Brad	So.	So.	CC/Distance	McCordsville, Ind./Mt. Vernon
Veatch, Michael	Jr.	Jr.	CC/Distance	Middletown, Ohio/Middletown

MIAMI UNIVERSITY MEN'S CROSS COUNTRY

2006 SEASON RECAP

TEAM FINISHES:

Dayton Invitational (Sept. 2):

- 1st of 8 teams (25 points)
- Race Winner: **Miami** (25 points)

Miami Invitational (Sept. 29):

- 1st of 4 teams (17 points)
- Race Winner: **Miami** (17 points)

Penn State Spiked Shoe Invitational (Sept. 23):

- 3rd of 24 teams (108 points)
- Race Winner: Syracuse (50 points)

All-Ohio Championship (Oct. 2):

- 4th of 42 teams (180 points)
- Race Winner: Ohio State (42 points)

Pre-NCAA Invitational (Oct. 14):

- 33rd of 36 teams (783 points)
- Race Winner (White): Iona (100 points)

MAC Championship (Oct. 28):

- 4th of 9 teams (144 points)
- Race Winner: Eastern Michigan (23 points)

Great Lakes Regional (Nov. 11):

- 14th of 31 teams (414 points)
- Race Winner: Wisconsin (52 points)

2006 Top 8K Times:

1. Michael Veatch - 24:56 (Pre-NCAA Invitational; Oct. 14)
2. Pat Sovacool - 24:58 (Pre-NCAA Invitational; Oct. 14)
3. Brad Untrauer - 25:29 (Miami Invitational; Sept. 9)
4. Kevin Silver - 25:29 (Pre-NCAA Invitational; Oct. 14)
5. Ryan Tamm - 26:18 (Miami Invitational; Sept. 9)

2006 Top 10K Times:

1. Michael Veatch - 32:35 (Great Lakes Regional; Nov. 11)
2. Pat Sovacool - 33:04 (Great Lakes Regional; Nov. 11)
3. Kevin Silver - 33:20 (Great Lakes Regional; Nov. 11)
4. Brad Untrauer - 33:24 (Great Lakes Regional; Nov. 11)
5. Justin Campbell - 33:30 (Great Lakes Regional; Nov. 11)

Individual Awards:

Pat Sovacool: All-MAC Academic Team; MAC Runner of the Week (Sept. 26)

Brad Untrauer: MAC Runner of the Week (Sept. 5)

Michael Veatch: MAC Runner of the Week (Sept. 12)