

MIAMI UNIVERSITY ATHLETIC MEDIA RELATIONS

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2007 Track and Field Schedule/Results



JANUARY

19-20 Kentucky Invitational..... NTS
(Lexington, Ky.)

FEBRUARY

16 Hoosier Hills Invitational..... NTS
(Bloomington, Ind.)
23 Denison Last Chance..... NTS
(Granville, Ohio)

MARCH

23-24 Wake Forest Open..... NTS
(Winston-Salem, N.C.)
31 Southern Ohio Cup..... 3rd of 3 teams
(Athens, Ohio)

APRIL

7 Cincinnati Invitational..... Did Not Compete
(Cincinnati, Ohio)
14 **MIAMI INVITATIONAL ...2nd of 11 teams**
(Oxford, Ohio)
20-21 All-Ohio Championships..... 7th of 11 teams
(Cincinnati, Ohio)

MAY

4-5 Billy Hayes Invitational..... NTS
(Bloomington, Ind.)
10-12 MAC Championships 7th of 7 teams
(Oxford, Ohio)
25-26 NCAA MidEast Regional..... All Day
(Columbia, Mo.)

JUNE

6-9 NCAA Outdoor Championships..... All Day
(Sacramento, Calif.)



When referring to Miami, please use Miami University, Miami (Ohio) University or Miami University (Ohio).



2007 MIAMI TRACK AND FIELD

MEN'S TRACK AND FIELD



2007 NCAA MidEast Regional Track and Field Championships

Friday-Saturday, May 25-26, 2007 • Columbia, Mo.

2006-07 MIAMI TRACK AND FIELD ROSTER



NAME	EVENT	YR	HOMETOWN/HS
Alexander, Kyle	Sprints	FR	Westerville, Ohio/Westerville South Beach, Dan
Beach, Dan	Throws	JR	Arlington, Ohio/Arlington
Boiwka, Alex	Pole Vault	SO	Amherst, Ohio/Amherst Steele
Brumm, Travis	High Jump	FR	Fort Wayne, Ind./Leo
Campbell, Justin	CC/Distance	SR	East Liverpool, Ohio/East Liverpool
Carney, Matt	CC/Distance	FR	Edina, Minn./St. Margaret's
Cosgrove, Sam	CC/Distance	SO	Hilliard, Ohio/Hilliard Darby
Cowan, T. Brooks	Middle Distance	SO	Troy, Mich./Troy
Dezso, Ryan	CC/Distance	SO	Copley, Ohio/Copley
Dwyer, Kevin	Decathlon	RS SO	Arlington Heights, Ill./Hersey
Fakler, Mike	CC/Distance	FR	Solon, Ohio/Solon
Falkowski, Chris	Mid-Distance	JR	Tipp City, Ohio/Tippecanoe
Famous, Ben	CC/Distance	SO	St. Louis, Mo./Desmet Jesuit
Ferres, Bryan	Javelin	JR	Port Clinton, Ohio/Port Clinton
Flessa, Stefan	Sprints	JR	Cincinnati, Ohio/Mariemont
Harris, James	Sprints	JR	Westlake, Ohio/Westlake
*Herrmann, Tom	High Jump	SR	Upper Arlington, Ohio/Upper Arlington
Horvath, Eric	Hurdles	SO	Fox Lake, Ill./Grant Community
Johansen, Cooper	Triple Jump	FR	Glen Ellyn, Ill./Glenbard West
Kistler, Brandon	Sprints	JR	Tiffin, Ohio/Old Fort
Krebs, Paul	CC/Distance	FR	Kettering, Ohio/Archbishop Alter
Kuhner, Jake	Pole Vault	RS JR	Pickerington, Ohio/Pickerington
Maloney, Chris	Hurdles	FR	Cuyahoga Falls, Ohio/Cuyahoga Falls
Martin, Adam	CC/Distance	FR	Chesterton, Ind./Chesterton
McGowan, Russ	Hurdles	FR	Wheaton, Ill./Benet Academy
Pratt, Chris	Sprints	FR	Lyndhurst, Ohio/Gilmour Academy
Prechtl, Rob	Javelin	SR	Fredonia, N.Y./Fredonia
Reynolds, Mitchell	Decathlon	RS FR	West Chester, Ohio/Lakota East
Robinson, Ben	Mid-Distance	JR	Chardon, Ohio/Chardon
Scala, Garrett	Hurdles	FR	Cincinnati, Ohio/La Salle Cincinnati
Silver, Kevin	CC/Distance	SO	Beachwood, Ohio/Beachwood
Skaggs, Chris	Pole Vault	JR	Sandusky, Ohio/Perkins
Sottoway, Ryan	Middle Distance	FR	Findlay, Ohio/Findlay
*Sovacool, Pat	CC/Distance	SO	Lakewood, Ohio/St. Ignatius
Spangler, Mike	Middle Distance	FR	Brunswick, Ohio/Brunswick
Stoner, Brad	Hurdles	JR	Northville, Mich./Northville
Sylvester, Eric	Mid-Distance	SR	Cleveland, Ohio/St. Ignatius
Tamm, Ryan	Cross Country/Middle Distance	SO	Bloomfield Hills, Mich./Brother Rice
Thien, Joey	Sprints	FR	Upper Arlington, Ohio/Upper Arlington
Untrauer, Brad	CC/Distance	SO	McCordsville, Ind./Mt. Vernon
*Veatch, Michael	CC/Distance	JR	Middletown, Ohio/Middletown

* Denotes Regional Qualifier



WARREN MANDRELL

“BY THE NUMBERS”

1—Mid-American Conference Cross Country Coach of the Year Award (1997)

1—Ohio Cross Country Coach of the Year Award (1998)

1—Mid-American Conference Cross Country Individual Champion (Dan Huling, 2005)

2—Mid American Conference Cross Country Titles (1997, 1998)

3—Mid-American Conference Cross Country Individual Runner-Ups

3—Mid-American Conference Bob James Postgraduate Scholarship Winners

5—CoSIDA/ESPN The Magazine Academic All-Americans

6—NCAA All-Americans (3 cross country, 3 track and field)

12—Mid-American Conference Individual Track and Field Champions

MANDRELL QUICK FACTS

- 13th Season at Miami

- Alma Mater: Michigan Tech '78

- Helped RedHawks finish among top four at MAC Cross Country meet every season since 1996

2007 NCAA OUTDOOR REGIONAL QUALIFYING STANDARDS

TRACK EVENTS	FAT	MT	Altitude Adjustment	
			3k-5,999/6k+	6k+
100 Meters	10.50	--	+0.03/+0.06	
200 Meters	21.19	--	+0.07/+0.12	
400 Meters	47.20	46.9	+0.11/+0.21	
800 Meters#	1:50.40	1:50.1		
1,500 Meters#	3:47.80	3:47.5		
Mile#	4:03.75	4:03.5		
Steeplechase#	9:07.00	9:06.7		
5,000 Meters#	14:12.00	14:11.7		
10,000 Meters# - Auto	28:45.00	28:44.7		
10,000 Meters# - Prov	29:30.00	29:29.7		
110-Meter Hurdles	14.30	--	+0.04/+0.08	
400-Meter Hurdles	52.51	52.2	+0.11/+0.21	
400-Meter Relay	40.66	40.4	+0.12/+0.24	
440-Yard Relay	40.86	40.6	+0.12/+0.24	
1,600-Meter Relay	3:10.00	3:09.7	+0.44/+0.84	
Mile Relay	3:11.20	3:10.9	+0.44/+0.84	

FIELD EVENTS

High Jump — 2.10

Pole Vault — 5.05

Long Jump — 7.34

Triple Jump — 15.00

Shot Put — 16.80

Discus — 51.70

Javelin — 61.60

Hammer — 55.60

Decathlon - Auto 7,500 points

Decathlon - Prov 6,900 points

- Altitude adjustment available

2006-07 TOP MIAMI OUTDOOR TIMES/SCORES

TRACK EVENTS

100 Meters

1. Brandon Kistler	10.92
2. Kyle Alexander	11.06
3. James Harris	11.26

200 Meters

1. Kyle Alexander	22.58
2. Stefan Flessa	22.64
3. Chris Falkowski	22.86

400 Meters

1. Stefan Flessa	48.86
2. Chris Falkowski	49.84
3. Eric Sylvester	50.02

800 Meters

1. Pat Sovacool	1:52.69
2. Ben Robinson	1:53.21
3. Sam Cosgrove	1:53.22

1,500 Meters

1. Pat Sovacool	3:47.37*
2. Sam Cosgrove	3:51.45
3. Kevin Silver	3:54.81

3,000 Meters

1. Kevin Silver	8:33.38
2. Ryan Dezso	8:54.67
3. Paul Krebs	8:57.40

5,000 Meters

1. Michael Veatch	14:38.99
2. Pat Sovacool	14:42.02
3. Paul Krebs	15:03.15

10,000 Meters

1. Paul Krebs	32:07.96
2. Mike Fakler	33:55.38

Mile Run

1. Pat Sovacool	4:03.54*
2. Michael Veatch	4:10.46

Steeplechase

1. Michael Veatch	8:58.45*
2. Ryan Dezso	9:31.14
3. Justin Campbell	9:37.18

110-Meter Hurdles

1. Chris Maloney	15.10
2. Mitchell Reynolds	16.27

400-Meter Hurdles

1. Eric Horvath	55.41
2. Brad Stoner	55.45
3. Garrett Scala	58.28

FIELD EVENTS

High Jump

1. Tom Herrmann	6-10 3/4*
2. Travis Brumm	6-08 3/4
3. Mitchell Reynolds	5-11 1/4

Long Jump

1. Mitchell Reynolds	22-8 1/2
2. Brad Stoner	19-8 3/4
3. Cooper Johansen	18-9 1/4

Triple Jump

1. Cooper Johansen	43-11 3/4
2. Tom Herrmann	40-2
3. Mitchell Reynolds	36-11 3/4

Discus

1. Dan Beach	143-10
2. Mitchell Reynolds	114-9

Hammer Throw

1. Dan Beach	181-1
2. Jason Bittner	127-6

Javelin

1. Rob Prechtl	194-3
2. Bryan Ferres	184-0
3. Jake Kuhner	176-11

Shot Put

1. Dan Beach	47-4 1/4
2. Mitchell Reynolds	45-3
3. Jason Bittner	44-10 1/4

Pole Vault

1. Jake Kuhner	16-3/4
2. Alex Boiwka	14-9

Decathlon

1. Mitchell Reynolds	5,773
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RELAY EVENTS

4x100 Meter Relay

Falkowski, Thien	42.31
Harris, Kistler	

4x400 Meter Relay

Flessa, Sottoway	3:16.44
Falkowski, Sylvester	

* denotes NCAA regional qualifying performance

2006-07 MIAMI OUTDOOR TRACK AND FIELD - Individual Wins in 2007 Season

Name	WAKE	S.O.C.	MIAMI	ALL-OHIO	BUTLER	INDIANA	MAC
Dezso, R.						Steeplechase	
Ferres, B.		Javelin	Javelin	Javelin			
Herrmann, T.		High Jump					
Kuhner, J.		Pole Vault					
Martin, A.						1,500m (Open)	
Robinson, B.			800m				
Sovacool, P.		800m	1,500m	5,000m			
		1,500m					
Veatch, M.		5,000m					

2006-07 INDIVIDUAL HONORS

Dan Beach — All-MAC Academic Team

Alex Boiwka — All-MAC Academic Team

Tom Herrmann — MAC Field Athlete of the Week (April 6), All-MAC Academic Team

Rob Prechtl — All-MAC Academic Team

Kevin Silver — All-MAC Academic Team

Pat Sovacool — MAC Track Athlete of the Week (April 18), All-MAC Academic Team

Michael Veatch — All-MAC Academic Team

2006-07 OUTDOOR REGIONAL QUALIFIERS

Tom Herrmann — High Jump

Pat Sovacool — 1,500 Meters

Michael Veatch — 3,000-Meter Steeplechase

MIAMI SCHOOL RECORDS: INDOOR TRACK AND FIELD

(CURRENT REDHAWKS IN **BOLD**, RECORDS SET LAST SEASON IN CAPS)

55m.....	Ron Bonner	6.1	1983
800M	PAT SOVACOO.....	1:52.46	2006
1,500m	DAN HULING	3:41.65	2006
Mile	DAN HULING	4:02.72	2006
3,000m	DAN HULING	8:06.38	2006
5,000m	DAN HULING	13:52.44	2006
High Jump	Eric Higgins	7-3 1/3	1993
Pole Vault	Scott Wallick	17-4 1/4	1972
Long Jump	Lincoln Cobb	23-10 1/2	1993
Triple Jump	Milan Tiff	51-11 1/2	1970
Shot Put	Geoff Lawrence	57-0	1976
35-Lb. Weight	Jake Dunkleberger	62-9 1/2	2005
Heptathlon	CEITH CREEKMUR	5,399	2006

MIAMI SCHOOL RECORDS: OUTDOOR TRACK AND FIELD

(Current RedHawks in **BOLD**, Records set this season in *ITALICS*)

100m	Ty King	10.4	1996
200m	Mike Smith	20.84	1977
400m	Sam Miranda	46.67	1988
800m	Darrell Sargent	1:47	1980
Mile	Bob Schul	3:59.1	1964
1,500m	Roosevelt Jackson	3:41	1984
5,000m	Brian Carlton	13:35.12	1985
Six-Mile	Jason Lindsey	28:36.4	1975
10,000m	Brian Carlton	28:57.3	1985
3K Steeple	DAN HULING	8:27.41	2006
110H	Eric Honroth	13.84c	1993
400H	Mike Dudley	51.34	1987
High Jump	Kevin Flowers	7-3 1/2	1989
Long Jump	Nick Somerville	24-11 1/4	2002
Triple Jump	Milan Tiff	51-4 1/2	1970
Pole Vault	Jeff Ward	18-2 1/2	1982
Shot Put	Tom Jones	59-1	1955
Discus.....	Mike Berwanger	185-7	1994
Javelin	Scott Moon	257-5	1983
Hammer	Jake Dunkleberger	213-7	2004
4x100m Relay	Carpenter, Honroth, Stegall, Johnson	40.3	1993
4x400m Relay	Fey, Allicino, Mills, First ..	3:10.18	1999
Decathlon	Gary Armstrong	7,481	1983

2006-07 INDIVIDUAL TOP TIMES/PERFORMANCES

KYLE ALEXANDER (Fr., Sprints)

Indoor Season Bests:

55m/60m.....6.76/7.27
200m.....23.43

Outdoor Season Bests:

100m.....11.06
200m.....22.58

DAN BEACH (Jr., Throws)

Career Bests:

Shot Put.....49-4 1/2*
Discus.....156-7
Hammer Throw.....181-1*

Indoor Season Bests:

Shot Put.....49-4 1/2*
Weight Throw.....55-5 3/4

Outdoor Season Bests:

Shot Put.....47-4 1/4*
Discus.....143-10
Hammer Throw.....181-1*

JASON BITTNER (Jr., Throws)

Career Bests:

Shot Put.....48-3 1/4

Indoor Season Bests

Shot Put.....45-8 1/4

Outdoor Season Bests:

Shot Put.....44-10 1/4
Hammer Throw.....127-6

ALEX BOIWKA (So., Vault)

Career Bests:

Pole Vault.....14-9*

Indoor Season Bests

Pole Vault.....14-7 1/4

Outdoor Season Bests:

Pole Vault.....14-9*

TRAVIS BRUMM (Fr., Jumps)

Indoor Season Bests

High Jump.....6-6

Outdoor Season Bests:

High Jump.....6-8 3/4

JUSTIN CAMPBELL (Sr., Distance)

Career Bests:

Steeplechase.....9:28.98

Indoor Season Bests:

Did not compete

Outdoor Season Bests:

Steeplechase.....9:37.18

MATT CARNEY (Fr., Distance)

Indoor Season Bests

Mile.....4:28.42
3,000m.....9:04.24

Outdoor Season Bests:

Steeplechase.....10:15.19

SAM COSGROVE (So., Distance)

Career Bests:

800m.....1:53.22*

Indoor Season Bests:

Mile.....4:13.02
800m.....1:54.15

Outdoor Season Bests:

800m.....1:53.22*
1,500m.....3:51.45

BROOKS COWAN (So., Mid.Distance)

Career Bests:

800m.....1:56.31

Indoor/Outdoor Season Bests:

Did not compete

RYAN DEZSO (Rs-Fr., Distance)

Indoor Season Bests:

Did not compete

Outdoor Season Bests:

1,500m.....4:13.01
3,000m.....8:54.67
Steeplechase.....9:31.14

KEVIN DWYER (Jr., Multi-Events)

Career Bests:

800m.....1:56.31

Indoor Season Bests:

60H.....9.11
400m.....53.87
Shot Put.....43-3
Pole Vault.....13-0
High Jump.....6-4
Discus.....113-3
Heptathlon.....5,072

Outdoor Season Bests:

Did not compete

MIKE FAKLER (Fr., Distance)

Indoor Season Bests:

3,000m.....9:14.76

Outdoor Season Bests:

3,000m.....9:13.23
5,000m.....15:54.60
10,000m.....33:55.38

CHRIS FALKOWSKI (Jr., Sprints)

Career Bests:

200m.....22.80
400m.....49.84*

Indoor Season Bests:

55m/60m.....6.83/7.26
200m.....23.64

Outdoor Season Bests:

200m.....22.86
400m.....49.84*

BEN FAMOUS (So., Distance)

Career Bests:

5,000m.....15:57.94

Indoor/Outdoor Season Bests:

Did not compete

BRYAN FERRES (Jr., Javelin)

Career Bests:

Javelin.....184-0*

Indoor Season Bests:

Did not compete

Outdoor Season Bests:

Javelin.....184-0*

STEFAN FLESSA (Jr., Sprints)

Career Bests:

400m.....48.86*

Indoor Season Bests:

200m.....23.47

Outdoor Season Bests:

200m.....22.64
400m.....48.86*

JAMES HARRIS (Jr., Sprints)

Career Bests:

100m.....10.94
200m.....22.74

Indoor Season Bests:

55m/60m.....6.68/7.27
200m.....24.18

Outdoor Season Bests:

100m.....11.26
200m.....22.91

TOM HERRMANN (Sr., Jumps)

Career Bests:

High Jump.....6-10 3/4*
Triple Jump.....47-7 1/4

Indoor Season Bests:

High Jump.....6-8

Outdoor Season Bests:

High Jump.....6-10 3/4*
Triple Jump.....40-2

ERIC HORVATH (So., Hurdles)

Career Bests:

400H.....55.41*

Indoor Season Bests:

Did not compete

Outdoor Season Bests:

400H.....55.41*

COOPER JOHANSEN (Fr., Jumps)

Indoor Season Bests:

Did not compete

Outdoor Season Bests:

Long Jump.....18-9 1/4
Triple Jump.....43-11 3/4

2006-07 INDIVIDUAL TOP TIMES/PERFORMANCES

BRANDON KISTLER (Jr., Sprints)

Career Bests:

100m10.92*

Indoor Season Bests:

60m7.03

Outdoor Season Bests:

100m10.92*

PAUL KREBS (Fr., Distance)

Indoor Season Bests:

3,000m8:49.40

Season Bests:

3,000m8:57.40

5,000m15:13.15

10,000m32:07.96

JAKE KUHNER (Jr., Vault/Javelin)

Career Bests:

Pole Vault.....16-4 3/4

Javelin.....182-3

Indoor Season Bests:

Pole Vault.....15-7

Outdoor Season Bests:

Pole Vault.....16-1/4

Javelin.....176-11

PAT LAMONICA (So., Sprints)

Outdoor Season Bests:

100m11.47

200m23.18

CHRIS MALONEY (Fr., Hurdles)

Indoor Season Bests:

60H8.70

200m24.70

Outdoor Season Bests:

100H.....15.10

400H.....1:01.38

ADAM MARTIN (Fr., Distance)

Indoor Season Bests:

Did not compete

Outdoor Season Bests:

1,500m3:58.22

5,000m15:06.36

RUSS MCGOWAN (Fr., Hurdles)

Indoor Season Bests:

55H8.78

200m25.37

400m56.19

Outdoor Season Bests:

400H.....1:04.76

CHRIS PRATT (Fr., Sprints)

Indoor Season Bests:

55m6.93

200m24.19

400m53.68

Outdoor Season Bests:

200m22.96

400m51.80

ROB PRECHTL (Sr., Javelin)

Career Bests:

Javelin.....194-3*

Indoor Season Bests:

Did not compete

Outdoor Season Bests:

Javelin194-3*

MITCHELL REYNOLDS (Rs-Fr., Multi)

Indoor Season Bests:

60H9.23

Shot Put42-3

Long Jump.....21-1 1/2

Outdoor Season Bests:

100m11.88

400m53.69

100H.....16.27

High Jump.....5-11 1/4

Long Jump.....22-8 1/2

Triple Jump.....36-11 3/4

Discus114-9

Shot Put45-3

Decathlon.....5,773

BEN ROBINSON (Jr., Mid. Distance)

Career Bests:

800m1:53.21*

Indoor Season Bests:

800m1:58.56

Outdoor Season Bests:

800m1:53.21*

GARRETT SCALA (Fr., Hurdles)

Indoor Season Bests:

400m54.27

Outdoor Season Bests:

400H.....58.28

KEVIN SILVER (So., Distance)

Career Bests:

1,500m3:54.81*

3,000m8:33.38*

5,000m15:10.52*

Indoor Season Bests:

Mile.....4:20.77

Outdoor Season Bests:

1,500m3:54.81*

3,000m8:33.38*

5,000m15:10.52*

RYAN SOTTOWAY (Fr., Mid. Distance)

Indoor Season Bests:

600m1:22.97

Outdoor Season Bests:

800m1:54.66

PAT SOVACOO (So., Distance)

Career Bests:

1,500m3:46.56

5,000m14:42.02*

Indoor Season Bests:

800m4:07.54

Outdoor Season Bests:

800m1:52.69

1,500m3:47.37

5,000m14:42.02*

Mile.....4:03.54

MIKE SPANGLER (Fr., Mid. Distance)

Indoor Season Bests:

800m2:01.05

Outdoor Season Bests:

800m1:54.84

5,000m14:42.02*

ERIC STEYER (Sr., Mid. Distance)

Career Bests:

800m1:51.55

Indoor Season Bests:

600m1:23.75

Outdoor Season Bests:

800m1:57.93

BRAD STONER (Sr., Hurdles)

Career Bests:

400m50.18

400H.....55.45*

Indoor Season Bests:

Did not compete

Outdoor Season Bests:

400H.....55.45*

Long Jump.....19-8 3/4

ERIC SYLVESTER (Sr., Sprints)

Career Bests:

400m49.53

Indoor Season Bests:

200m23.56

Outdoor Season Bests:

400m50.02

RYAN TAMM (So., Mid. Distance)

Career Bests:

800m1:58.00

1,500m4:04.16

Indoor Season Bests:

Mile.....4:28.04

3,000m8:50.00

Outdoor Season Bests:

1,500m4:15.22

2006-07 INDIVIDUAL TOP TIMES/PERFORMANCES

JOEY THIEN (Fr., Sprints)

Indoor Season Bests:

400m51.29

Outdoor Season Bests:

400m50.02

MICHAEL VEATCH (Jr., Distance)

Career Bests:

5,000m 14:38.99*

Steeplechase 8:58.45*

Indoor Season Bests:

3,000m 8:26.51

Outdoor Season Bests:

5,000m 14:38.99*

Steeplechase 8:58.45*