

JR. REDHAWK FOOTBALL CAMP

Sunday, July 20

For students entering 3rd through 8th grades

This camp provides instruction at all offensive and defensive positions. The Miami University Football staff will be hands on, in teaching the basic fundamentals, and emphasizing individual techniques at various positions in order for all campers to improve their football skills. Below is a position of what each camper can expect.

QUARTERBACKS

Each quarterback will be taught the fundamentals of the position. Special emphasis will be made on throwing mechanics, proper footwork while taking your drop (3-step, 5-step, bootleg, etc.), stance, taking the snap, and the footwork involved in throwing the ball.

RECEIVERS/TIGHT ENDS

Each receiver and tight end will be taught the fundamentals of the position. Special emphasis will be made on how to catch a low ball, a high ball, an over the shoulder, etc., stance, blocking, route running, and releases.

RUNNING BACKS

Each running back will be taught the fundamentals of the position. Special emphasis will be made on proper way to carry the football (ball security), stance, how to attack the line of scrimmage, blocking, pass receiving, and running pass routes.

OFFENSIVE LINE

Each offensive lineman will be taught the fundamentals of the position. Special emphasis will be made on stance, the different types of run blocking (drive, hook, cutoff, trap, etc.), and pass protection.

DEFENSIVE LINE

Each defensive lineman will be taught the fundamentals of the position. Special emphasis will be made on stance, getting off the ball, defeating run blocks, rushing the passer, and tackling.

LINEBACKERS

Each linebacker will be taught the fundamentals of the position. Special emphasis will be made on stance, defeating blockers, tackling, man-to-man pass defense, zone pass defense, and intercepting the ball.

DEFENSIVE BACKS

Each defensive back will be taught the fundamentals of the position. Special emphasis will be made on stance, backpedal, man-to-man technique, tackling, zone pass defense, and intercepting the ball.

CAMPERS

Camper attends camp from 1:00 pm - 6:00 pm. Camp fee is \$30 before July 1st, \$40 after July 1st, this will include all instruction and a camp hat.

CAMP SPOTS ARE GOING FAST!

Daily Schedule

1:00 pm Registration
1:30 pm Practice and instruction
3:00 pm Snack
3:30 pm RedHawk Time
4:15 pm Practice and instruction
5:45 pm Closing remarks
6:00 pm Campers picked up



REDHAWK FOOTBALL



CAMP APPLICATION

Please detach and return by July 1st

STUDENT INFORMATION

Name: _____

School: _____

Home Phone: _____

Address: _____

City: _____

State: _____ Zip: _____

Age: _____

Ht: _____ Wt: _____ Off Pos: _____ Def Pos: _____

Pick both offensive and defensive positions

PARENT/GUARDIAN INFORMATION EMERGENCY CONTACT

Name: _____

Work Phone: _____

Cell Phone: _____

Name: _____

Work Phone: _____

Cell Phone: _____

PARENT/GUARDIAN RELEASE

I/We hereby request that you accept this application for the 2008 Miami University Jr. Redhawk Football Camp during the date set forth in this application. I/We hereby release Miami University and all of its employees from all claims on account of any injury which may be sustained by my/our son/daughter while attending the 2008 Jr. Redhawk Football Camp and agree to indemnify Miami University and it's employees from all claims hereafter be presented by my/our son/daughter as a result of any such injuries.

I/We give permission for Miami University medical personnel to administer first aid and adequate medical care in the event of an injury or illness.

Parent/Guardian Signature: _____

INSURANCE INFORMATION

Participant's Insurance Provider: _____

Subscriber's ID Number: _____

MEDICAL HISTORY (Circle One)

Asthma: Y N Heart Problems: Y N

List any medical condition and/or medications that your son/daughter is currently taking and our staff should be aware of:

I/We certify that my/our son has received a physical within the past 12 months of the camp dates and has been cleared by a medical doctor for athletic participation.

Parent/Guardian Signature: _____

Return to:
Miami University
230 Yager Stadium
Oxford, OH 45056
For questions call 513-529-3319

*Please submit Camp Application and check by July 1st.
Make checks payable to Coach Montgomery LLC.*

WHAT TO BRING

Each camper should come dressed in shorts, t-shirt, and tennis shoes. You may also bring cleats but they are not required.

