

WOMEN'S INDOOR RECORDS

EVENT	MEMPHIS RECORD	C-USA RECORD	NCAA RECORD
55m	7.04, Natalie Martindale, 2000	6.95, N Newsome, Southern Miss, 1998	6.56, Gwen Torrance, Georgia, 1987
55m Hurdles	8.08, Anita Gregory, 1992	7.78, Lisa May Duffs, Houston, 1997	7.30, Tiffany Lott, BYU, 1997
60m	7.58, LaShundra Kershaw, 2008	7.22, Gloria Asumnu, Tulane, 2008	7.09, Angela Williams, USC 2001
60m Hurdles	8.72, Sheena Ohlig, 2004	8.28, Jenny Adams, Houston, 2001 Seun Adigun, Houston 2008	7.90, Perdita Felicien, Illinois, 2002
200m	24.79, Keenan Gibson, 2002	23.78, Gloria Asumnu, Tulane, 2008	22.40, Bianca Knight, Texas, 2008
400m	56.97, Jessica Wright, 2008	54.43, Cheryl Garner, Houston, 2005	50.82, Sanya Richards, Texas, 2004
800m	2:11.90, Tina Sherratt, 2007	2:07.43, Jenny Holmroos, UTEP, 2006	2:00.75, Nicole Cook, Tennessee, 1984
Mile	4:56.19, Tina Sherratt, 2007	4:45.08, Kelly Young UTEP, 2008	4:28.31, Vicki Huber, Villanova, 1988
3000m	9:47.70, Daniele Riendeau, 2006	9:30.44, Alex Becker Tulsa, 2008	8:48.18, Kim Smith, Providence, 2004
5000m	17:10.49, Emily Malinowski, 2007	16:31.83, Elizabeth Ambrus, UAB, 2008	15:14.18, Kim Smith, Providence, 2004
4x400m Relay	3:57.24, 1999 Courtney Suggs Carla Ross Natalie Martindale Alisa Gardner	3:42.58, TCU, 2004	3:27.66, Texas, 2003
Distance Medley	11:56.33, 2007 Emily Malinowski Eryka Morris Tina Sherratt Anneli Uys	11:40.37, Tulsa, 2007	10:54.34, Villanova, 1988
High Jump	5-8.75 (1.75), Charlotte Abrahamsen, 2008	6-00.75,(1.85) Gaelle Niare, SMU, 2007	6-5.5 (1.97), Lisa Ramos, Stanford, 1987 Amy Acuff, UCLA, 1995 Erin Aldrich, Texas, 1998 Dora Gyorfy, Harvard, 2000
Long Jump	19-10.75 (6.06), Tyranda Mosby, 1997	21-10 (6.65), Blessing Okagbare UTEP, 2008	22-8 (6.91), Elva Goulbourne, Auburn, 2002
Triple Jump	42-00.07 (16.23), Lisa-Marie Hyman, 2003	44-04.75 (13.53) Blessing Okagbare, UTEP, 2008	46-9 (14.25), Suzette Lee, LSU, 1997
Shot Put	56-02.50 (17.13), Susan King, 2007	56-01.75 (17.11), Gail Lee, 2007	62-10 (19.15), Laura Gerraughty, UNC, 2004
Weight Throw	65-02.25 (19.87), Gail Lee, 2007	69-9.5 (21.27), Dayana Octavien, USF, 2004	783-1.50 (25.34) Brittany Riley, Southern Illinois, 2008
Pole Vault	12-04.00 (3.76), Whitney Bolton, 2007 12-04.00 (3.76), Ashton Baldwin, 2007	13-04.25 (4.07), Rachel Greff, Rice, 2008	14-10.25 (4.52) Amy Linnen, Arizona, 2002
Pentathlon	4,103, Charlotte Abrahamsen, 2008	4,004 Charlotte Abrahamsen, 2008	4,496, Jacquelyn Johnson, Arizona State, 2008

Returns in **BOLD**

HISTORY AND RECORDS



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EVENT	MEMPHIS RECORD	C-USA RECORD	NCAA RECORD
100m	11.40, Wanda Hooker, 1978	11.45, Kerine Black, USF, 2001 LaDedra Guy, Houston, 2004	10.78, Dawn Sowell, LSU, 1989
100m Hurdles	13.78, Anita Gregory, 1991	13:05, Jenny Adams, Houston, 2000	12.61, Gail Devers, UCLA, 1981
200m	23.36, Wanda Hooker, 1981 Keenan Gibson, 2003	23.21, Helena Wrappah, Southern Miss, 2000	22.04, Dawn Sowell, LSU, 1989
400m	54.40, Wanda Hooker, 1979	52.11, Keisha Howard, Houston, 2005	49.91, Marita Payne, Florida State, 1984
400m Hurdles	1:03.01, Josetta Brooks, 2005	57.67, Alicia Cave, Houston, 2005	53.54, Sheena Johnson, UCLA, 2004
800m	2:11.73, Tina Sherratt, 2007	2:06.27, Vernetta Rolle, Houston, 1998	1:58.33, Claudette Groenendaal, Oregon, 1985
1500m	4:27.26, Tina Sherratt, 2007	4:17.99, Hanne Lyngstad, Tulane, 1998	4:05.81, Sonya O'Sullivan, Villanova, 1991
3000m	9:54.32, Emily Malinowski, 2007	9:34.75, Hanne Lyngstad, Tulane, 2000	8:47.35, Vicki Huber, Villanova, 1991
3000m Steeplechase	10:43.55, Emily Malinowski, 2007	10:01.77, Brianna Dahm, Marquette, 2002	9:43.25, Ida Nilsson, Northern Arizona, 2004
5000m	16:48.86, Emily Malinowski, 2007	16:34.07, Maria Otto, USF, 1999	15:07.56, Cathy Baker, Wisconsin, 1985
10,000m	37:21.51, Daniele Riendeau, 2006	35:05.71, Tara Quinn, USF, 2002	32:19.97, Alicia Craig, Sanford, 2004
4x100m Relay	45.76, 2000 Alexandra DeLatour Melissa Abraham Alisa Gardner Natalie Marindale	44.25, TCU, 2002	42.50, LSU, 1989
4x400m Relay	3:49.00, 1978 Wanda Hooker Deb Spencer Sandra Parks Mary Walker	3:35.31, Houston, 2006	3:23.75, Texas, 2004
Distance Medley	12:54.86, 1996 Rachel Weston Tameka Sledge Gwen Sanders Laura Peel	11:41.17, Marquette, 2002	10:54.34, Villanova, 1988
High Jump	5-10.00 (1.78), Chen Edri, 2007	6-03.50 (1.92m), Gaelle Niare SMU, 2006	6-6 (1.98), Amy Acuff, UCLA, 2004
Long Jump	20-03.00 (6.17), Tyranda Mosby, 1996	21-11.75 (6.70), Blessing Okagbare, UTEP, 2008	23-9 (7.24), Jackie Joyner UCLA, 1985
Triple Jump	41-07.00 (12.67) Lisa-Marie Hyman, 2003	45-05.75 (13.86), Blessing Okagbare, UTEP, 2008	46-8 (14.22), Trecia Smith, Pittsburgh, 1998
Shot Put	59-05.00 (18.10), Susan King, 2008	58-06.50 (17.84), Susan King, 2008	62-3.75 (18.99), Meg Ritchie, Arizona, 1983
Javelin	143-06 (43.30), Chen Edri, 2006	207-3 (63.17), Catherine Betz, Tulane, 1999	228-11 (69.79), Candice Scott Florida, 2003
Discus	170-04 (51.91), Susan King, 2008	191-9 (58.44), Dayana Octavien, USF, 2004	221-5 (67.48), Meg Ritchie Arizona, 1981
Hammer	185-07 (56.57) Gail Lee, 2007	209-10 (63.97) Dayana Octavien, USF, 2004	229-9 (70.03), Loree Smith, Colorado State, 2005
Pole Vault	11-11.75 (3.65) Whitney Bolton, 2007 11-11.75 (3.65) Ashton Baldwin, 2007	13-6.50 (4.13), Rachel Greff, Rice, 200	15-0 (4.57), Chelsea Johnson, UCLA, 2004
Heptathlon	4,849, Victoria Crawford, 2004	5,536, Krystal Ward, Houston, 2005	6,718, Jackie Joyner, UCLA, 1985

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