



Lady Techster Basketball 08-09

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2008-09 Schedule/Results

November

14 Central Arkansas	W, 77-36
18 @ Memphis	7 p.m.
23 @ Tennessee	2 p.m.
26 Nicholls State	7 p.m.
30 Western Kentucky	2 p.m.

December

3 @ Mississippi State	7 p.m.
6 Arizona (DH)	6 p.m.
9 Grambling State	7 p.m.
13 Sam Houston State	7 p.m.
15 @ LSU	7 p.m.
22 UALR (DH)	5 p.m.
@ Marriott Cavalier Classic (Charlottesville, Va.)	
28 vs. UMBC#	6 p.m.
29 vs. Viringia/Rider#	TBA

January

3 @ McNeese State	5 p.m.
8 @ Nevada*	9 p.m.
10 @ Utah State*	9 p.m.
16 Fresno State*	7 p.m.
18 San Jose State*	2 p.m.
23 @ Idaho*	9 p.m.
25 @ Boise State*	3 p.m.
30 New Mexico State*	7 p.m.

February

6 Idaho*	7 p.m.
8 Boise State*	2 p.m.
13 Hawaii*	7 p.m.
15 Nevada*	2 p.m.
20 @ San Jose State*	0 p.m.
22 @ Hawaii*	10 p.m.
28 Utah State* (DH)	6 p.m.

March

2 @ Fresno State*	9 p.m.
7 @ New Mexico State*	8 p.m.
10-14 @ WAC Tournament	TBA

*, Western Athletic Conference games

#, at Marriott Cavalier Classic

All Game Times are CST

Game 2

Memphis Tigers (1-1)
Tuesday, November 18 at 7 p.m. CST
Elma Roane Fieldhouse
Memphis, Tenn.

Multi-Media

Series: LA Tech 7-1 (+4)

Last Meeting: LA Tech 82-77 (2007-08)

Radio: ESPN 97.7 FM

Internet Streaming: www.espn977.com

Live Stats: www.gotigersgo.com

Louisiana Tech Probable Starting Lineup

G # 32 Jasmine Bendolph (5-7, Fr.) 6.0 ppg, 4.0 rpg
Made her first career start in her first collegiate game ... Was named the Alabama 6A state Player of Year at Davidson High School (2008) ...

G # 23 Whitney Jones (5-7, So.) 12.0 ppg, 9.0 rpg
Started the first seven games of the year last season before missing the final 24 with a knee injury ... transfer from Baylor ... Named two-time Gatorade Player of the Year in Louisiana (2005, 2006) ...

G #22 Tiawana Pringle (5-8, Jr.) 6.0 ppg, 5.0 rpg
Started all 31 games last year for Louisiana Tech, the only player to start every game ... Led Tech with 83 assists ... Named Miss Basketball in state of Mississippi (2006) ...

F # 33 Adrienne Johnson (6-0, So.) 22.0 ppg, 6.0 rpg
Started 3 of 31 games last year ... ranked second on the team in blocked shots ... Named Gatorade Player of the Year in state of Louisiana (2007) ...

F # 42 Shanavia Dowdell (6-2, Jr.) 18.0 ppg, 13.0 rpg
Started 29 of 31 games last year ... Second leading scorer and rebounder on the team ... Led team with 40 blocks ... Named state Player of the Year in state of Alabama in 2006 ...

Series

Tonight's meeting marks the ninth time that Louisiana Tech and Memphis have met in women's basketball with the Lady Techsters leading the all-time series 7-1. Tech is 3-1 all-time in games played at Memphis including last year's 82-77 win over the Tigers in the finals of the Memphis Thanksgiving Tournament. The lone Memphis win in the history of the series was a 72-69 win in 1983-84. Until last year's meeting, the two programs had gone 18 years without meeting.

Tech 82, Memphis 77 (Nov. 24, 2007)

Louisiana Tech overcame too many turnovers and poor free throw shooting to down Memphis 82-77 in the title game of the 2007 Lady Tiger Thanksgiving Classic at Elma Roane Fieldhouse.

Tech lead 75-62 on a three-pointer by Nastassja Levingston at the 5:26 mark of the second half before Memphis made a valiant comeback cutting the deficit to 79-77 on a driving layup by Paris Leonard with 00:33 seconds left.

However, Nastassja Levingston hit 1-of-2 free throws and all-tournament team member Tarkeisha Wysinger made two more with 16.8 to play giving the Lady Techsters the championship title.

The first half saw eight lead changes and three ties as Tech entered the halftime locker room leading 42-34 thanks to a 10-0 run to end the half.

Sneed, who was named tournament team after recording double doubles in both wins, scored 14 of her game-high 19 points in the first half as Tech shot 49 percent (17-35) from the field.

Tech appeared ready to pull away from the Tigers on numerous occasions in the final 20 minutes, building 13 point leads on three separate times. However, Memphis always had answers thanks to 52 percent shooting (16-31) in the final half.

Levingston was huge for Tech down the stretch,

scoring 13 of Tech's final 21 points of the game, including numerous jumpers answering Memphis buckets. For the game, Levingston was 6-of-8 from the field for 15 points.

Tech outrebounded the Tigers 47-30 in the game but hit only 15-of-28 free throws.

Memphis was led by Paris with 19 points and Jessica Hall with 14.

About Memphis

Memphis is 1-0 entering its Sunday game at Belmont as the Tigers opened the season with a 64-47 win over Northern Arizona on Friday. The Tigers are under the direction of first year head coach Melissa McFerrin (Boston College, 2001) who was hired on April 18. McFerrin was the 2008 Patriot League Coach of the Year and spent the past four seasons at American where she recorded a mark of 50-70. Her 2007 American team advanced to the Patriot League championship game and her 2008 team won the school's first ever Patriot League regular season title. Memphis was 10-20 last year.

Tech vs. C-USA

Louisiana Tech is 72-9 all-time against current members of Conference USA. Tech has faced nine of the 12 members and has posted winning records against all of them. Tech was 1-1 against C-USA members last year with a win over Memphis and a loss to Southern Miss.

SMU	17-0
UCF	9-0
UTEP	9-0
Rice	9-4
Tulsa	8-1
Tulane	7-0
Memphis	7-1
Houston	4-2

Statistical Comparison

(2008-09)

Category	Tech	Memphis
Record	1-0	1-1
PPG	77.0	62.0
Opp. PPG	36.0	58.0
Scoring Margin	+41.0	+4.0
FG%	.427	.367
Def. FG%	.200	.385
3FG%	.300	.300
Def. 3FG%	.167	.300
FT%	.476	.666
RPG	60.0	44.0
Opp. RPG	35.0	35.0
Reb. Margin	+25.0	+9.0
APG	11.0	13.0
TO PG	13.0	21.0
BPG	3.0	2.50
SPG	11.0	10.0

Quick Facts Comparison

School:	Louisiana Tech	Memphis
Location:	Ruston, La.	Memphis, Tenn.
Nickname:	Lady Techsters	Tigers
Colors:	Red, blue	Blue, gray
Conference:	Western Athletic	CUSA
President:	Dan Reneau	Dr. Shirley Raines
A.D.	Derek Dooley	R.C. Johnson
Head Coach:	Chris Long	Melissa McFerrin
Record	60-33, 4th season	1-1, 1st season
Assoc. HC:	Teresa Weatherspoon	
Assistants:	LaRita Wilcher Sara Carter	Danielle O'Barion Temple Brown Michael Wholey
2007-08:	16-15, 9-7 WAC	10-20, 7-9 CUSA
Finish:	T4th	7th
L'winner R/L:	9/3	8/4
Starters R/L:	3/2	3/2

Season Openers

Louisiana Tech is now 28-7 all-time in season openers after its 77-36 win over Central Arkansas on Friday. It snapped a three-year streak of losing its season opener.

Alabama Trio Makes Debut

Louisiana Tech had three freshman see their first playing collegiate playing time in the win over UCA as guards Jasmine Bendolph, DeAngela Sword and Kiara Young all suited up for the Lady Techsters. The trio, who all hail from the state of Alabama, were productive. Bendolph made the start and ended the night with six points, four rebounds and three assists. Sword recorded two points and two rebounds in six minutes while Young added four rebounds in five minutes.

Wysinger Out

Sophomore guard Tarkeisha Wysinger will miss at least the non-conference portion of the schedule after undergoing arthroscopic knee surgery Nov. 13. Wysinger was voted as a pre-season second team all-WAC performer by the league coaches after earning a spot on the WAC all-Freshman team last year. The 5-foot-9 guard started 22 games last year. She led Tech in scoring, assists and steals in the two exhibition wins this year.

Welcome Back T-Spoon

Louisiana Tech fans will see a familiar face on the Lady Techster bench this season as former Tech All-American and Wade Trophy winner Teresa Weatherspoon returns as the associate head coach. T-Spoon, as she is affectionately known, played for Tech from 1984 through 1988 and was the starting point guard on the Lady Techsters 1988 national championship team. She was a two-time Kodak All-American and won the 1988 Wade Trophy as the nation's top player. She played eight seasons in the WNBA, including seven with the New York Liberty and one with the Los Angeles Sparks.

We're New Too

In addition to T-Spoon, Louisiana Tech also welcomes two

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The Last Time Out Tech 77, Central Arkansas 36 Nov. 14, 2008 Ruston, La.

RUSTON -- Adrienne Johnson scored a career-high 22 points and Shanavia Dowdell added 18 points and 13 rebounds to lead Louisiana Tech to a 77-36 win over Central Arkansas before 1,642 fans at the Thomas Assembly Center Friday night.

Tech (1-0), which improves to 28-7 all-time in season openers, used a 14-0 run to close the first half to take a 40-21 halftime lead and then started the second half on a 21-1 run to put the game away.

"We got off to a slow start and missed some easy one early," said Tech head coach Chris Long. "So did they. I think both teams were a little nervous. However, once we settled down, I thought we got the basketball inside and Johnson and Dowdell did a good job of finishing.

"We started to get a little more production from our guards late in the half and then in the second half."

After Jamye Adair hit two free throws at the 6:55 mark of the first half to pull UCA to 26-21, Tech held the Sugar Bears 15 minutes and 36 seconds without a field goal before Nakeia Guiden hit a fast break layup at the 11:19 mark of the game.

By then, Tech led 61-24.

"I thought we were active defensively," Long said. "We got our hands on a lot of passes and had a lot of deflections. For our team to reach its potential, we are going to have to be a good defensive team. We are going to score better this year, but the defensive end will win games for you and this was a good start."

Johnson hit 9-of-19 field goals and 4-of-6 free throws in 28 minutes of action while adding six rebounds, four steals and one block. Dowdell connected on 8-of-15 shots, including 1-of-2 from downtown, but made only 1-of-6 free throws although she did control the boards with 13 rebounds.

Whitney Jones, playing for the first time since her Dec. 8 injury last year, added 12 points and nine rebounds while Sidney Stewart scored 11 points for Tech.

Jamye Adair was the lone Central Arkansas player in double digits with 15 points.

Tech shot 43 percent (32-75) from the field but only 10-of-21 from the free throw line while holding UCA to only 20 percent (11-55) shooting. The Lady Techsters outrebounded the Sugar Bears 60-35.

Tech returns to action Tuesday when it travels to Memphis to face the Tigers at 7 p.m.

more new assistant coaches in LaRita Wilcher and Sara Carter. Wilcher comes to Tech after serving as an assistant coach at South Alabama since 2002, helping the Jaguars to four winning seasons, two Sun Belt Conference regular season titles and two postseason appearances. Carter comes to Tech after working the past three years on the women's staff at Ole Miss.

Newest Signees

Louisiana Tech signed three players on Nov. 12, the first day of the early signing period as Tech landed guard Sha'kayla Caples (Warren Central HS, Vicksburg, Miss.), center Tavasha Anderson (Grenada HS, Grenada, Miss.) and center Lenita Sanford (Chipola JC, Lynwood, Calif.).

Sha'kayla Caples

5-11, Guard

(Warren Central HS, Vicksburg, Miss.)

High School: Started for four years for coach Donny Fuller at Warren Central High School in Mississippi ... Averaged 22.6 points and 13.3 rebounds, 3 1 steals and 2.2 assists per game as a junior while shooting 53 percent from the field and 79 percent from the free throw line for the Vikings ... Scored 20-plus points 18 times and 30-plus points three times, including a season-high 39 points in a win over Natchez ... Averaged 20.6 points and 13.0 rebounds as a sophomore ... Pulled down 21 rebounds in one game ... Named the Vicksburg Post Area Player of the Year for three straight years ... Was named to the

Clarion Ledger's Dandy Dozen the past two years ... Played in the Mississippi North-South Junior All-Star game last year ... Named first team All-District 6-5A for three straight years ... Was named the MVP at the State Games of Mississippi in the summer of 2007 ...

Tavasha Anderson

6-3, Center

(Grenada High School, Grenada, Miss.)

High School: Has lettered for coach Ken Ross at Grenada High School in Mississippi for two years ... Averaged 9.2 points and 9.8 rebounds per game as a junior ... Shot 56 percent from the field as a junior ... Recorded 12 games of double digit rebounds ... Also a member of the Grenada High School track and field team ... Competes in the shot put and the discus ...

Lenita Sanford

6-3, Center

(Chipola Junior College, Lynwood HS, Lynwood, Calif.)

Junior College: Signed with California out of high school but then enrolled at Trinity Valley Junior College ... Suffered an injury at TVCC and then decided to transfer to Chipola Junior College in Florida ... Will play for coach David Lane at Chipola this season ... Has helped Chipola get off to a 4-0 start and a No. 9 national ranking ... Will have three years

2008-09 Louisiana Tech Roster

1	Shordy Mulford	G	5-3	Sr./1L	W. Valley City, Utah/Salt Lake CC
2	Brietta Thomas	G	5-11	So./1L	Baton Rouge, La./University HS
3	Kiara Young	G	5-10	Fr./HS	Rogersville, Ala./Lauderdale County HS
10	Sidney Stewart	G	5-10	So./1L	Damascus, Ark./Conway HS
12	DeAngela Sword	G	5-10	Fr./HS	Montgomery, Ala./Carver Montgomery HS
14	Tarkeisha Wysinger	G	5-7	So./1L	Many, La./Many HS
21	Keshia Warren	F	6-1	Sr./1L	Lewisville, Texas/Tyler JC
22	Tiawana Pringle	G	5-7	Jr./2L	Meridian, Miss./Southeast Lauderdale HS
23	Whitney Jones*	G	5-7	So./1L	West Monroe, La./Baylor
32	Jasmine Bendolph	G	5-7	Fr./HS	Mobile, Ala./Davidson HS
33	Adrienne Johnson	F	6-0	So./1L	Franklin, La./Franklin HS
42	Shanavia Dowdell	F	6-2	Jr./2L	Calera, Ala./Calera HS

Head Coach: Chris Long (Southern Miss, 1991)

Associate HC:: Teresa Weatherspoon (Louisiana Tech, 2008)

Assistant Coaches: LaRita Wilcher (Long Beach State, 1998); Sara Carter (South Alabama, 2005)

Director of Basketball Operations: Ebony Felder (Georgia, 2003)

Pronunciation Guide

2 (BRI-eh-tuh) Thomas
 12 (tee-uh-wah-nuh) Pringle
 14 (TAR-key-shuh) Wysinger
 21 (KEY-shuh) Warren
 42 (shuh-NAY-vee-uh) (DAL-del)

Head Coach Chris Long

Chris Long enters his fourth season as head coach at Louisiana Tech after leading the Lady Techsters to two Western Athletic Conference regular season titles in his first three years. Long was named Western Athletic Conference Coach of the Year in 2005-06 while leading the Lady Techsters to a 26-5 mark, the WAC regular season and tournament titles and a berth in the program's 25th straight NCAA Tournament. He led Tech to a share of the WAC crown in 2006-07.

Long was named only the fourth head coach in the illustrious 34-year history of the Louisiana Tech Lady Techsters in a press conference on April 8, 2005, at the Thomas Assembly Center. Long took over the program following a six-year stint as an assistant coach at Louisiana Tech, including three years under the legendary Leon Barmore who hired Long in April of 1999.

The 40-year-old proved to be a valuable asset to Tech as an assistant coach and passed on several head coaching opportunities at other Division I jobs. During his six years as an assistant, Tech posted a 167-29 mark, won six conference titles and participated in six NCAA Tournaments, including two Elite Eight appearances.

Louisiana Tech University

— Assistant Coach

1999-00	31-3	NCAA Elite Eight
2000-01	31-5	NCAA Elite Eight
2001-02	25-5	NCAA First Round
2002-03	31-3	NCAA Sweet 16
2003-04	29-3	NCAA Sweet 16
2004-05	20-10	NCAA First Round

Louisiana Tech University

— Head Coach

2005-06	26-5	NCAA First Round
2006-07	17-13	
2007-08	16-15	

of eligibility remaining ... High School: Lettered for coach Ellis Barfield at Lynwood High School in California ... Led Lynwood to two California Interscholastic Federation Section titles ... Averaged 20 points, 15 rebounds and 5 blocks per game as a senior ... Named McDonald's All-American as a senior ... Named Adidas All-American ... Named Parade All-American (4th team) ... Was on the USA Today 2006-07 Preseason Top 25 list ... Named first team all-state ... Named the CIF-SS Division I-AA Player of the Year ... Ranked as the ninth best player in the country by All-Star Girls Report ... Ranked as the 24th best player in the country by Hoopgurlz ...

LATECHTV.com

Every home Lady Techster game this year can be viewed over the Internet via www.latechtv.com. The games will be streamed (video and audio) and Techster fans can view them for \$7.99 per game (a season package will also be offered for a discounted price).

Last Season

Louisiana Tech posted a 16-15 mark last year and finished tied for fourth in the Western Athletic Conference with a 9-7 mark. Tech lost in the semifinals of the WAC Tournament and missed the NCAA Tournament for only the second time in its history. Tech did post the program's 34th winning season in 34 years.

Tech's Streak of Conference Titles Ends

By finishing tied for fourth place last year, Louisiana Tech streak of 15 straight regular season conference titles came to an end. Tech had won at least a share of its 15 straight regular season conference title (6 WAC, 9 Sun Belt). Prior to last year, the last time a Louisiana Tech team did not claim at least a share of its regular season conference title was during the 1991-92 season. Tech has won 18 regular season conference titles in 21 years of conference affiliation.

1987-88 American South	9-0
1988-89 American South	10-0
1989-90 American South	10-0
1990-91 American South	9-3 (Finished second)
1991-92 Sun Belt	12-4 (Finished third)
1992-93 Sun Belt	13-1

Lady Techsters by the Numbers

- 3: National Titles (1980 AIAW, 1981 NCAA, 1988 NCAA)
- 8: National Title Game Appearances
- 13: Final Fours (3 AIAW, 10 NCAA)
- 15: Conference Players of the Year
- 14: Conference Tournament Titles
- 18: Regular Season Conference Titles
- 16: Kodak All-Americans
- 18: WNBA Players
- 18: 30-plus win seasons
- 25: NCAA Tournament Appearances
- 28: 20-plus win seasons
- 34: Consecutive Winning Seasons (never a losing season)
- 45: 1st team All-Conference selections
- 47-6: Record in conference tournaments
- 169-88: Record vs. ranked opponents
- 933-182: Program Record

1993-94 Sun Belt	14-0
1994-95 Sun Belt	13-1
1995-96 Sun Belt	14-0
1996-97 Sun Belt	12-2* (with W. Kentucky)
1997-98 Sun Belt	13-1
1998-99 Sun Belt	12-0
1999-00 Sun Belt	16-0
2000-01 Sun Belt	16-0
2001-02 WAC	17-1
2002-03 WAC	18-0
2003-04 WAC	17-1
2004-05 WAC	14-4* (with Rice)
2005-06 WAC	15-1
2006-07 WAC	12-4* (with Boise State)
2007-08 WAC	9-7 (Finished fifth)

*, shared title

1994 Sun Belt
1995 Failed to Win
1996 Sun Belt
1997 Sun Belt
1998 Sun Belt
1999 Sun Belt
2000 Sun Belt
2001 Sun Belt
2002 Western Athletic
2003 Western Athletic
2004 Western Athletic
2005 Failed to Win
2006 Western Athletic
2007 Failed to Win
2008 Failed to Win

Conference Tournament Champs

Louisiana Tech has won 14 conference tournament titles in 21 years of conference affiliation.

1988	American South
1989	American South
1990	Failed To Win
1991	Failed To Win
1992	Sun Belt
1993	Failed to Win

Tech vs. WAC Teams in WAC Tournament

Louisiana Tech has posted a mark of 15-3 in seven Western Athletic Conference Tournaments.

Boise State	4-0
Fresno State	2-1
Hawaii	2-0
Tulsa*	1-0
UTEP*	1-0
NMSU	1-1
Nevada	2-0
Idaho	1-0

Louisiana Tech University Quick Facts

Location: Ruston, La.
 Enrollment: 11,975
 Founded: 1894
 President: Dr. Daniel Reneau
 Athletic Dir.: Derek Dooley
 Nickname: Lady Techsters
 Colors: Red, blue
 Conference: Western Athletic
 Arena: Thomas Assembly Center
 2007-08 16-15, 9-7 WAC (T4th)
 Starters R/L: 3/2
 Letterwinners:9/3
 Head coach: Chris Long (S. Miss, 1991)
 Career Record:59-33, 4th season
 Associate HC:Teresa Weatherspoon
 Assistant Coach:LaRita Wilcher, Sara Carter
 Dir. BBall Ops Ebony Felder
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2008-09 Honors and Awards

Shanavia Dowdell

- * Preseason 1st team All-WAC (Coaches)
- * Preseason 1st team All-WAC (Media)

Tarkeisha Wysinger

- * Preseason 2nd team All-WAC (Coaches)

Rice* 1-1
*, no longer a member of the WAC

Techsters Dominate Conference Tournaments

During its 21 years of conference affiliation, Louisiana Tech is 47-6 all-time in conference tournaments.

American South	8-0	4 titles in 4 years
Sun Belt	24-3	7 titles in 10 years
WAC	15-3	4 titles in 7 years
Overall	47-6	15 titles in 21 years

Tech Claims WAC Win No. 100

Louisiana Tech registered its 100th regular season Western Athletic Conference win with a 62-47 victory over Utah State Feb. 28, 2008, at the Thomas Assembly Center. Tech, which joined the league in 2001-02, is now 102-18 all-time in WAC regular season games.

Louisiana Tech vs. Western Athletic Conference Teams

Louisiana Tech is 94-16 all-time against current members of the Western Athletic Conference (counting games played against some of these teams before Tech was in the WAC and including conference tournament games).

Fresno State	13-5	Hawaii	18-3
Nevada	15-2	Utah St.	6-0
Boise State	14-4	NMSU	7-2
San Jose State	14-0	Idaho	7-0

Tech in WAC Regular Season Games

Louisiana Tech is 102-18 all-time in Western Athletic Conference regular season games since joining the league in 2001-02, by far the best winning percentage of any team in the conference.

WAC Road Warriors

Since Tech joined the WAC in 2001-02, Louisiana Tech is 47-13 in regular season conference games played on the road, a winning percentage of .783. Tech was 3-5 in WAC road games last year.

At Home In WAC Play

Louisiana Tech is a 55-5 all-time at the Thomas Assembly Center in Western Athletic Conference games. Tech was 6-2 last season.

Near Misses

Louisiana Tech has only lost 18 regular season Western Athletic Conference games since joining the league in 2001-02. Of those 18 losses, eight of them have come by four points or less.

2001-02 Rice 57-56
2003-04 Rice 87-84 OT
2004-05 Boise State 62-59
2004-05 Hawaii 79-78 OT
2004-05 Rice 83-69
2004-05 Tulsa 74-70
2005-06 Fresno State 68-59
2006-07 Boise State 68-47
2006-07 Nevada 55-54
2006-07 Hawaii 60-59
2006-07 Fresno State 72-57
2007-08 Fresno State 75-52
2007-08 Boise State 85-67
2007-08 Nevada 74-70
2007-08 Fresno State 82-63
2007-08 Boise State 70-54

Double-Digit Scoring Games

Name — 2008-09 (Career)
Shanavia Dowdell — 1 (28)
Tarkeisha Wysinger — 0 (14)
Adrienne Johnson — 1 (13)
Tiawana Pringle -- 0 (5)
Whitney Jones — 1 (5)
Sidney Stewart -- 1 (4)

Double-Digit Rebounding Games

Name — 2008-09 (Career)
Shanavia Dowdell — 1 (8)
Tarkeisha Wysinger — 0 (6)
Adrienne Johnson -- 0 (2)

5+ Assists Games

Name — 2008-09 (Career)
Tarkeisha Wysinger — 0 (4)
Tiawana Pringle -- 0 (3)
Shordy Mulford -- 0 (1)

Led Team in Scoring

Name — 2008-09 (Career)
Shanavia Dowdell -- 0 (8)
Tarkeisha Wysinger — 0 (3)
Tiawana Pringle -- 0 (2)
Adrienne Johnson -- 1 (3)
Whitney Jones — 0 (1)

Led Team In Rebounding

Name — 2008-09 (Career)
Shanavia Dowdell — 1 (9)
Adrienne Johnson -- 0 (3)
Tarkeisha Wysinger -- 0 (3)
Whitney Jones — 0 (1)

20-point Performances

Name — 2008-09 (Career)
Adrienne Johnson -- 1 (1)
Tiawana Pringle -- 0 (1)
Tarkeisha Wysinger -- 0 (1)
Shanavia Dowdell -- 0 (1)

Double Doubles

Name — 2008-09 (Career)
Shanavia Dowdell — 1 (7)
Tarkeisha Wysinger — 0 (3)
Adrienne Johnson -- 0 (2)

2008-09 Western Athletic Conference Standings

Team	WAC Only			All Games		
	W	L	Pct.	W	L	Pct.
Boise State	0	0	.000	2	0	1.00
Louisiana Tech	0	0	.000	1	0	1.00
Fresno State	0	0	.000	1	0	1.00
Nevada	0	0	.000	1	1	.500
New Mexico State	0	0	.000	1	1	.500
San Jose State	0	0	.000	0	1	.000
Idaho	0	0	.000	0	1	.000
Utah State	0	0	.000	0	1	.000
Hawaii	0	0	.000	0	3	.000

2007-08 NMSU 65-55

2007-08 Hawaii 84-77

Tech in WAC Openers

Louisiana Tech lost their WAC opener for the first time since joining the league with its 75-52 setback at Fresno State Jan. 3, 2008. Tech was a perfect 6-0 all-time in Western Athletic Conference openers.

2001-02 W 102-58 at Nevada

2002-03 W 74-64 at SMU

2003-04 W 63-60 at Tulsa

2004-05 W 63-47 vs. Tulsa

2005-06 W 75-61 vs. Boise State

2006-07 W 65-52 at San Jose State

2007-08 L 75-52 at Fresno State

Long Wins #50

Louisiana Tech head coach Chris Long recorded his 50th win as the head coach of the Lady Techsters with a 61-39 victory over Idaho Jan. 9, 2008 in Ruston. Long is in his third season at Tech and currently stands at 50-26. Long went 26-5 in his first year and 17-13 last year. He was named the WAC Coach of the Year in 2005-06.

Whitney Jones Returns

Sophomore guard Whitney Jones returns to the Techster lineup this year after missing the final 24 games of last season due to an injury. Jones suffered a knee injury with .5 seconds remaining in Tech's Dec. 8, 2007, loss to Southern Miss. Jones had surgery Dec. 13.

Winningest Programs

Louisiana Tech is the second winningest programs in the history of women's basketball. Tech currently ranks No. 2 in wins with 932, trailing only Tennessee.

NCAA Success

Although Louisiana Tech missed the NCAA Tournament the past two years, Tech is still one of only four programs to have participated in 25 of the 27 (Tennessee has made all 27).

1. Tennessee 27
2. Louisiana Tech 25
2. Georgia 25
2. Old Dominion 25

2008-09 Louisiana Tech Radio Network

Louisiana Tech Lady Techster basketball games can be heard on the Louisiana Tech Radio Network. Below is a list of which stations will carry each of the Techster games this year.

N14	Central Arkansas	KPCH 99.3
N18	@ Memphis	ESPN 97.7
N23	@ Tennessee	ESPN 97.7
N26	Nicholls State	KPCH 99.3, FOX 92.7
N30	Western Kentucky	ESPN 97.7
D3	@ Mississippi State	ESPN 97.7
D6	Arizona	ESPN 97.7
D9	Grambling State	KPCH 99.3, FOX 92.7
D13	Sam Houston State	KPCH 99.3, FOX 92.7
D15	@ LSU	ESPN 97.7
D22	UALR	ESPN
D28	vs. UMBC	KPCH 99.3, FOX 92.7
D29	vs. Virginia/Rider	KXXKZ 107.5
J3	@ McNeese State	KXXKZ 107.5
J8	@ Nevada	KXXKZ 107.5
J10	@ Utah State	KXXKZ 107.5
J16	Fresno State	KXXKZ 107.5
J18	San Jose State	KXXKZ 107.5
J23	@ Idaho	KXXKZ 107.5
J25	@ Boise State	KXXKZ 107.5
J30	New Mexico State	KXXKZ 107.5
F6	Idaho	KXXKZ 107.5
F8	Boise State	KXXKZ 107.5
F13	Hawaii	KXXKZ 107.5
F15	Nevada	KXXKZ 107.5
F20	@ San Jose State	KXXKZ 107.5
F22	@ Hawaii	KXXKZ 107.5
F28	Utah State	KXXKZ 107.5
M2	@ Fresno State	KXXKZ 107.5
M7	@ New Mexico St.	KXXKZ 107.5

Post-Season Play

Louisiana Tech is one of only four programs to participate in at least 25 NCAA postseason tournaments (Tennessee has participated in 27). Below is a chart that shows Louisiana Tech's national post-season history (Tech participated as a member of the AIAW until 1981-82 when the NCAA took over women's basketball).

	NCAA	Overall (AIAW)
Appearances	25	28
Final Fours	10	13
Title Games	6	8
National Titles	2	3

Kodak Factory

Louisiana Tech boasts 16 Kodak All-Americans in its history, the third most of any program.

Tennessee	32
Connecticut	19
Louisiana Tech	16
Stanford	15
Georgia	12

Wins vs. Losses

It's to see what Louisiana Tech's biggest problem was in losses last year -- offense. Tech averaged 75.9 points a game in its wins and only 60.1 points a game in its losses.

	Wins	Losses
PPG	75.9	60.1
FG%	.443	.357
3FG%	.380	.257
FT%	.682	.636
Reg.Margin	+12.2	-2.3

Youth Movement

Six of Louisiana Tech's top eight scorers a year ago were either freshmen or sophomores. Departed seniors Jo Sneed and Nastassja Levingston were the only two upperclassmen in the top eight in scoring.

SR Jo Sneed	15.7 ppg
SO Shanavia Dowdell	12.2 ppg
SO Whitney Jones	10.6 ppg (injured)
FR Tarkeisha Wysinger	9.1 ppg
SR Nastassja Levingston	8.1 ppg
FR Adrienne Johnson	7.8 ppg
SO Tiawana Pringle	6.2 ppg
FR Sidney Stewart	4.4 ppg

Milestone Wins

Below is a list of milestone wins for Louisiana Tech in the program's history.

No. 1	LSU 97-83	1974-75
No. 100	Southern 105-83	1978-79
No. 200	Oral Roberts 94-53	1981-82
No. 300	Oral Roberts 78-59	1984-85
No. 400	Holy Cross 79-51	1988-89
No. 500	Alabama 93-72	1992-93
No. 600	Western Kentucky 89-49	1995-96
No. 700	New Orleans 97-57	1998-99

Active Statistical Leaders

Stewart	6
Mulford	5
Thomas	2

Scoring

S. Dowdell	511
Wysinger	278
Johnson	265
T. Pringle	208
Stewart	100
Jones	86
Warren	39
Mulford	34
Thomas	7
Bendolph	6
Sword	2

Blocks

Dowdell	47
Johnson	31
Warren	12
Wysinger	5
Pringle	4
Jones, W.	2

Turnovers

T. Pringle	103
Wysinger	83
S. Dowdell	75
Johnson	67
Mulford	29
Stewart	28
Jones, W.	18
Warren	11
Bedolph	4
Thomas	4

Rebounding

Dowdell	314
Wysinger	175
Johnson	169
T. Pringle	101
Warren	43
Stewart	42
Jones	37
Mulford	23
Thomas	7
Young	4
Bendolph	4
Sword	2

Assists

T. Pringle	108
Wysinger	65
Mulford	41
Johnson	23
Stewart	19
Dowdell	18
Jones, W.	14
Warren	4
Bendolph	3
Sword	1

Steals

Wysinger	67
Dowdell	56
Pringle	40
Johnson	27
Jones, W.	16
Warren	7

Tech Tabbed third in WAC Preseason Polls: Louisiana Tech was picked to finish third in the WAC by the league media and third by the league coaches in the 2008-09 preseason polls. Junior forward Shanavia Dowdell was picked preseason first team all-WAC in both polls while sophomore guard Tarkeisha Wysinger was picked second team by league coaches.

2008-09 Preseason WAC Coaches Poll

1. Boise State
2. Fresno State
3. Louisiana Tech
4. Nevada
5. New Mexico State
6. Utah State
7. Hawaii
8. San Jose State
9. Idaho

First Team

Dellena Criner, Nevada
 Shanavia Dowdell, LA Tech
 Tasha Harris, Boise State
 Hayley Munro, Fresno State
 Jaleesa Ross, Fresno State

Second Team

Brandi Fitzgerald, Nevada
 Danyelle Snelgro, Utah State
 Madison Spence, New Mexico State
 Natalie White, SJSU
 Tarkeisha Wysinger, LA Tech

POY: Dellena Criner, Nevada

2008-09 Preseason WAC Media Poll

1. Boise State
2. Fresno State
3. Louisiana Tech
4. Nevada
5. New Mexico State
6. Hawaii
7. Utah State
8. Idaho
9. San Jose State

First Team

Dellena Criner, Nevada
 Shanavia Dowdell, LA Tech
 Tasha Harris, Boise State
 Jaleesa Ross, Fresno State
 Madison Spence, New Mexico State
 POY: Tasha Harris, Boise State

No. 800 New Mexico 67-54 2002-03
 No. 900 Iowa 77-59 2006-07

State Players of the Year

Louisiana enters this season with five former high school state players of the year on their team in Tiawana Pringle, Whitney Jones, Shanavia Dowdell, Tarkeisha Wysinger and Adrienne Johnson.

Tiawana Pringle, 2006 Miss Basketball (Mississippi)
 Whitney Jones, 2005 & 2006 Gatorade POY (Louisiana)
 Shanavia Dowdell, 2006 Miss Basketball (Alabama)
 Tarkeisha Wysinger, 2007 Miss Basketball (Louisiana)
 Adrienne Johnson, 2007 Gatorade POY (Louisiana)

What's a Losing Season

With Louisiana Tech's 82-56 win over Nevada March 12, 2008, the Lady Techsters secured the programs 34th straight winning season. Louisiana Tech has never had a losing season.

Win Plateau

Louisiana Tech has won 20 or more games in 29 of 34 seasons.
 Louisiana Tech has won 30 or more games in 18 of 34 seasons.

Techsters vs. Big Six

Many times Louisiana Tech doesn't receive the respect it deserves because of the fact it has never played in what is considered to be one of the top six conferences in the country. However, if you look at Tech's all-time record against teams from the "Big Six," it might help put the Lady Techsters mystique in perspective.

Vs. Big 12	63-9
Vs. PAC 10	30-5
Vs. Big 10	34-10
Vs. ACC	13-6
Vs. SEC	72-43
Vs. Big East	9-6
Overall	221-79 (.755%)

State Domination

Louisiana Tech is 222-37 all-time against Louisiana-based universities and colleges.

UL-Monroe	43-10	UNO	39-2
UL-Lafayette	38-0	NSU	21-6
McNeese	15-4	LSU	14-9
Nicholls	13-0	LC	12-0
Southern	8-1	Tulane	7-0
SLU	7-5	Centenary	3-0
Grambling	2-0		

Techsters Own WAC Record

Louisiana Tech owns four of the top six winning streaks all-time in the Western Athletic Conference regular season play. Tech has registered WAC winning streaks of 23, 22, and 14 (twice) games.

Louisiana Tech	2003-05	23
Louisiana Tech	2002-04	22
Louisiana Tech	2001-02	14
San Diego State	1994-95	14
Colorado State	1998-99	14
Louisiana Tech	2005-07	14

Techsters Dominate League Foes

This year marks Louisiana Tech's eighth as a member of the WAC and 22nd as a member of a conference. During the course of Tech's conference affiliations, the Lady Techsters have dominated conference opponents.

American South:	38-3 regular season (20-1 home, 18-2 road) 8-0 conference tournaments (8-0 at home) 46-3 overall (28-1 home, 18-2 road)
Sun Belt	135-9 regular season (71-1 home, 64-8 road) 24-3 tournament (7-2 home, 4-1 road, 13-0 neutral) 159-12 overall (78-3 home, 68-9 road, 13-0 neutral)
WAC	102-18 regular season (55-5 home, 47-13 road) 15-3 tournament (2-1 road, 0-0 home, 13-2 neutral) 117-21 overall (55-5 home, 49-14 road, 13-2 neutral)
All-Time	275-30 regular season (146-7 home, 129-23 road) 47-6 tournament (14-2 home, 6-2 road, 27-2 neutral) 322-36 overall (160-9 home, 135-25 road, 27-2 neutral)

Comeback Kids

Louisiana Tech overcame a 19-point deficit to defeat Iowa 95-91 in double overtime on Nov. 22, 2005, the second largest come-from-behind victory in the program's history.

Old Dominion (89-90)	-21	W, 72-71
Iowa (05-06)	-19	W, 95-91
Rice (04-05)	-16	W, 76-66
Fresno State (04-05)	-15	W, 92-87
Lamar (90-91)	-15	W, 77-76

Ruston, La. Is No. 1

In a survey done by the Louisiana Tech Media Relations Department of Division I SIDs nationwide, it was found that Ruston, La., is the toughest place to play in women's basketball from a home court winning percentage standpoint.

Overall In Ruston:	452-38	.938
At TAC:	368-32	.938
At Memorial Gym:	84-6	.933

(Through last year's season)

City (Program)	Record	Pct.
Ruston, La. (Tech)	452-38	.9224
Knoxville (Tennessee)	448-42	.9143

Game by Game Starting Lineup

UCA	Bendolph, Pringle, Jones, Johnson, Dowdell
Mphs	
Tenn	
NSU	
WKU	
MSU	
AZ	
GSU	
SHSU	
LSU	
UALR	
UMBC	
VA/Rider	
McNeese	
UN	
USU	
FSU	
SJSU	
UI	
BSU	
NMSU	
UI	
BSU	
UH	
UN	
SJSU	
UH	
USU	
FSU	
NMSU	

Record by Lineups

Bendolph, Pringle, Jones, Johnson, Dowdell 1-0

Season Starts/Career Starts/Career Games Played

Pringle	1	34	51
Dowdell	1	30	51
Jones, W.	1	9	16 (includes Baylor)
Johnson	1	4	32
Wysinger	0	22	31
Warren	0	0	29
Mulford	0	0	30
Stewart	0	0	21
Thomas	0	0	15
Bendolph	1	1	1
Sword	0	0	1
Young	0	0	1
Totals	5	100	279

Missoula (Montana)	401-43	.9031
Salt Lake City (Utah)	374-50	.8821
Austin (Texas)	414-72	.8519

Center since the facility opened in 1981-82. Here is a list of those 30 losses.

- L, #1 USC, 64-58 (1982-83)
- L, UL-Monroe, 82-74 (1985-86)
- L, #3 Tennessee, 72-65 (1988-89)
- L, #5 Tennessee, 77-74 (1990-91)
- L, #12 LSU, 76-70 (1990-91)
- L, #20 SFA, 77-74 OT (1990-9 1)
- L, Lamar, 90-76 (1990-91)
- L, Mississippi, 63-60 (1991-92)
- L, #5 Iowa, 61-57 (1991-92)
- L, New Orleans, 69-54 (1991-92)
- L, #1 Tennessee, 83-76 (1992-93)
- L, #16 Western Kentucky, 8 1-73 (1992-93)
- L, #1 Tennessee, 62-56 (1994-95)
- L, #11 Western Kentucky, 71-68 (1994-95)
- L, #3 Tennessee, 92-73 (1998-99)
- L, #2 Tennessee, 70-62 (2000-01)
- L, #1 Connecticut, 71-55 (2000-01)
- L, #4 Tennessee, 60-35 (2002-03)
- L, Illinois, 71-65 OT (2004-05)
- L, #9 Tennessee, 70-59 (2004-05)
- L, Western Kentucky, 73-60(2006-07)
- L, #4 Tennessee, 71-50 (2006-07)
- L, Kansas State, 64-61 (2006-07)
- L, Boise State 68-47 (2006-07)
- L, Nevada, 55-54 (2006-07)
- L, Hawaii, 60-59 (2006-07)

TAC Domination

Over the past 27-plus seasons, Louisiana Tech has dominated opponents in the Thomas Assembly Center. Below are some impressive home numbers an overall mark of 368-32.

- * Over 1,100,000 in attendance in 20 years
- * Home winning streaks of 52 and 62 games, which both rank in the Top 10 in NCAA history
- * Record of 146-7 in regular season conference games
- * Record of 15-2 in conference tournament games
- * 53-16 vs. ranked opponents
- * 315-16 vs. unranked opponents
- * 33-0 in NCAA Tournament games

Unranked at the TAC; No Chance

Louisiana Tech has not treated unranked opponents very kindly over the years at the Thomas Assembly Center.

Breakdown of TAC Record

Vs. Ranked Teams	53-16
Vs. Unranked Teams	315-16
Total at the TAC	368-32

TAC Losses

Louisiana Tech has lost only 31 games in the Thomas Assembly

2008-09 Lady Techsters Record When:

Leading at the half	1-0	Tech outrebounds opponent	1-0
Trailing at the half	0-0	Outrebounded by opponent	0-0
Tied at the half	0-0	Same amount of rebounds	0-0
Overtime Games	0-0	More assists than turnovers	0-0
Tech scores 100+	0-0	More turnovers than assists	1-0
Tech scores 90-99	0-0	Same amount of TOs/Assists	0-0
Tech scores 80-89	0-0	Versus ranked opponent	0-0
Tech scores 70-79	1-0	Games decided by 0-5 points	0-0
Tech scores 60-69	0-0	Game decided by 6-9 points	0-0
Tech scores 59 or fewer	0-0	Game decided by 10-19 points	0-0
Opponent scores 49 or less	1-0	Game decided by 20-29 points	0-0
Opponent scores 50-59	0-0	Game decided by 30-39 points	0-0
Opponent scores 60-69	0-0	Game decided by 40+	1-0
Opponent scores 70+	0-0	Monday games	0-0
Tech shoots 50% or better	0-0	Tuesday games	0-0
Tech shoots 40-49%	1-0	Wednesday games	0-0
Tech shoots 39% or less	0-0	Thursday games	0-0
Opponent shoots 50% or better	0-0	Friday games	1-0
Opponent shoots 40-49%	0-0	Saturday games	0-0
Opponent shoots 39% or less	1-0	Sunday games	0-0
Tech shoots higher FG%	1-0	Afternoon games	0-0
Tech shoots lower FG%	0-0	Night games	1-0
Tech shoots more FT	1-0	Home games	1-0
Tech shoots less FT	0-0	Road games	0-0
Tech shoots equal FT	0-0	Neutral games	0-0

- L, So. Miss 67-62 (2007-08)
- L, ULM 71-50 (2007-08)
- L, Mississippi State 63-50 (2007-08)
- L, LSU 76-45 (2007-08)
- L, Boise State 85-68 (2007-08)
- L, Fresno State 82-63 (2007-08)

Interesting Notes:

- 4 of the losses have come to the No. 1 team in the nation
- 11 of the losses have come to Top 5 teams
- 18 of the losses were by eight points or less.

Tech In Ruston

Since the program's inception in 1974, Louisiana Tech has recorded a mark of 452-38 (92.2 percent) against opponents in games played in Ruston. Tech was 84-6 in Memorial Gym from 1974 through 1982 before the Thomas Assembly Center opened.

Louisiana Tech Milestone Wins in Ruston

- No. 1 Tech 97, LSU 83
Jan. 24, 1975 Memorial Gym
- No. 50 Tech 93, LSU 61
Feb. 2, 1980 Memorial Gym
- No. 84 Tech 82, Kentucky 60

2008-09 Tech Players of the Game

Following each game the Business Technology Group Player of the Game will be awarded to a Lady Techster player by the Louisiana Tech Radio Network.

Game	Player of Game
UCA	Adrienne Johnson (22 points, 6 reb)
Mphs	
Tenn	
NSU	
WKU	
MSU	
AZ	
GSU	
SHSU	
LSU	
UALR	
UMBC	
VA/Rider	
McNeese	
UN	
USU	
FSU	
SJSU	
UI	
BSU	
NMSU	
UI	
BSU	
UH	
UN	
SJSU	
UH	
USU	
FSU	
NMSU	

**Louisiana Tech All-Time Record
Year by Year (Home, Road and Neutral Sites)**

Year	Overall	Home	Road	Neutral
74-75	13-9		2-1*	2-3 9-5
75-76	19-10		8-2*	6-4 5-4
76-77	22-9		10-2*	6-4 6-3
77-78	20-8		8-1*	7-5 5-2
78-79	34-4		10-0*	11-2 13-2
79-80	40-5		18-0*	13-2 9-3
80-81	34-0		12-0*	10-0 12-0
81-82	35-1		16-0*	11-1 8-0
82-83	31-2		18-1	9-0 4-1
83-84	30-3		15-0	13-2 2-1
84-85	29-4		16-0	7-4 6-0
85-86	27-5		15-1	11-3 1-1
86-87	30-3		14-0	11-2 5-1
87-88	32-2		16-0	10-2 6-0
88-89	32-4		19-1	12-1 1-2
89-90	32-1		15-0	15-0 2-1
90-91	18-12		12-4	5-7 1-1
91-92	20-10		11-3	6-6 3-1
92-93	26-6		14-2	10-3 2-1
93-94	31-4		15-0	9-3 7-1
94-95	28-5		15-2	11-1 2-2
95-96	31-2		15-0	10-1 6-1
96-97	31-4		17-0	8-3 6-1
97-98	31-4		18-0	7-2 6-2
98-99	30-3		12-1	14-0 4-2
99-00	31-3		15-0	10-2 6-1
00-01	31-5		16-2	9-2 6-1
01-02	25-5		13-0	10-3 2-2
02-03	31-3		15-1	12-1 4-1
03-04	29-3		13-0	12-2 4-1
04-05	20-10		11-2	7-5 2-3
05-06	26-5		13-0	10-4 3-1
06-07	17-13		7-6	9-4 1-3
07-08	16-15		8-6	6-8 2-1
08-09	1-0		1-0	0-0 0-0
Totals	933-182		453-38	319-92 161-52
	(86.0)		(94.3)	(79.9) (77.7)

March 20, 1982 Memorial Gym (Last in arena)
No. 85 Tech 83, Alabama 56
Dec. 9, 1982 Thomas Assembly Center (1st in arena)
No. 100 Tech 91, M. Tennessee 59
March 17, 1983 Thomas Assembly Center
No. 200 Tech 87, UL-Monroe 49
Dec. 5, 1989 TAC
No. 250 Tech 99, Texas Southern 57
Dec. 3, 1993 TAC
No. 300 Tech 66, Southern Cal 47
Dec. 7, 1996 TAC
No. 400 Tech 74, Ohio State 61
March 25, 2003 TAC
No. 450 Tech 70, San Jose St. 54
Feb. 16, 2008 TAC

WNBA Factory

Louisiana Tech has produced 18 players that have either been drafted or played at least one season for a WNBA team. Unofficially, this is the second most of any program.

All-Time Home Win Streaks

Louisiana Tech holds the fourth longest home court winning streaks in Division I history.

Tennessee 69 (Feb. 1, 1991 to Jan. 2, 1996)
Grambling 68 (Feb. 1, 1994 to Jan. 6, 2000)
Auburn 68 (Feb. 5, 1986 to Nov. 23, 1991)
La Tech 62 (Dec. 9, 1982 to Feb. 18, 1986)
Virginia 61 (Jan. 18, 1992 to Dec. 20, 1995)

Tech vs. Ranked Opponents

Since the Associated Press poll began for women's basketball during the 1976-77 season, Louisiana Tech has recorded a 168-88 record when playing teams that were ranked in the Top 25 at the time of the game.

Tech vs. No. 1

Louisiana Tech is 10-21 all-time when playing the No. 1 ranked team in the country. Tech lost its last game against No. 1, falling 80-59 to top-ranked Tennessee in 2005-06. Tech's last win over a No. 1 ranked team came in an 83-81 overtime victory over top-ranked UConn in 1995-96.



#1 Shordy Mulford * Sr. * Guard *
W. Valley City, Utah (Salt Lake CC)

	Season High	Career High
Points		8 vs. Hawaii
Reb	2 vs. UCA	4 vs. SHSU
Assists		6 vs. Fresno State
Steals		2 vs. NMSU
Blocks		
Minutes	10 vs. UCA	28 vs. Boise St.
FGM		3 vs. Hawaii
FGA	2 vs. UCA	6 vs. Boise State
3M		2 vs. Hawaii
3A		4 vs. Hawaii
FTM		2, twice
FTA		2, twice

2007-08: Saw action in 29 games for Louisiana Tech ... Averaged 1.2 points, 0.7 rebounds and 1.4 assists per game ... Had the best assist to turnover ratio on the team registering 41 assists and 29 turnovers ... Also totaled five steals ... Scored a season-high eight points in a win over Hawaii (Feb. 2) ... Hit two three-pointers in that win ... Had four points in win over Northwestern State (Nov. 23) and loss at Boise State (Feb. 7) ... Recorded a season-high six assists (with no turnovers) in a loss to Fresno State in the semifinals of the 2008 Western Athletic Conference Tournament ...

Junior College: Played two years for coach Betsy Specketer at Salt Lake Community College ... Helped lead the Bruins to two straight Region 18 championships and a Scenic West Athletic Conference title ... Also helped lead Salt Lake CC to two trips to the national junior college tournament ... Led the Bruins to a 52-18 mark in two years ... Named first team all-Region 18 as a sophomore ... Named to the Region 18 all-tournament team as a sophomore ... Ranked third in assists, fifth in three-point field goal percentage and second in three-pointers made per game ... Averaged 9.5 points, 3.3 rebounds, 3.6 assists and 1.6 steals per game as a sophomore ... Shot 43 percent from the field and 35 percent from the three-point line ...

High School: Lettered four years for coach Bob Ostberg at Kearns High School in Utah ... Played point guard for the Cougars ...

Personal: Daughter of Robb and Paige Mulford ... Has one sister, Starrlyn, and two brothers, Manning and C.J. ... Born June 21, 1987, in Sacramento, Calif.



**#2 Brietta Thomas * So. * Guard *
Baton Rouge, La. (University Lab)**

	Season High	Career High
Points		3, twice (07-08)
Reb	2 vs. UCA	Same
Assists		
Steals	1 vs. UCA	1, twice
Blocks		
Minutes	5 vs. UCA	7, three times
FGM		1, twice
FGA	2 vs. UCA	3 vs. McNeese (07-08)
3M		1, twice
3A		3 vs. Hawaii
FTM		1 vs. Hawaii
FTA		2 vs. Hawaii

2007-08: Saw action in 15 games for Louisiana Tech ... Averaged 0.5 points and 0.4 rebounds per game ... Also had one steal ... Shot 13 percent from the field, 22 percent from the three-point line and 50 percent from the free throw line ... Scored her first collegiate points with a three-pointer in a win over McNeese State (Dec. 31) ... Also hit a three-pointer in a win at Idaho (Feb. 9) ...

High School: Lettered for three years for coach Bonita Johnson at University High School in Baton Rouge ... Transferred from Catholic High Point Coupee where she played for three years (seventh grade through ninth grade) ... Led University to the state semifinals in Class 2A of the Louisiana state tournament as a senior ... Played in the Louisiana All-Star game following her senior season ... Named the District 8-2A Most Valuable Player as a junior ... Named all-district as sophomore and junior ... Named all-state honorable mention as a junior ... Led University High to the District 8-2A title and to the state playoffs last two years ... Named all-district second team and all-parish as an eighth grader ... Averaged 18.1 points and 3.9 assists as a junior ... Also played volleyball for University High for three years ... Named all-district in volleyball as a junior ...

Personal: Brietta Katrice Thomas ... Daughter of Lovetta and Walter Thomas ... Has three brothers, Jordan and Jorrell (twins), and Khalil ... Born March 1, 1990, in Baton Rouge, La.



**#3 Kiara Young * Fr. * Guard
 Rogersville, Ala. (Lauderdale County HS)**

	Season High	Career High
Points		
Reb	4 vs. UCA	Same
Assists		
Steals		
Blocks		
Minutes	5 vs. UCA	Same
FGM		
FGA	2 vs. UCA	Same
3M		
3A		
FTM		
FTA		

High School: Lettered for five years for coach Brant Lewellyn at Lauderdale County High School ... Led Lauderdale County to the Class 3A state championship game as a sophomore and was named MVP after hitting the game-winning shot ... Led Lauderdale to a 26-9 record and the Elite 8 as a junior while averaging 24.1 points and 8.3 rebounds per game ... Named the Class 3A player of the year by the Alabama Sports Writers Association ... Was named first team all-state by the Alabama Sports Writers Association as a junior and senior and was a finalist for Miss Basketball ... Rated as the 32nd best player and fourth best shooting guard in the country by Dan Olson's Collegiate Girls Basketball Report ... Ranked in top five in Alabama according to www.hoopgurlz.com ... Named pre-season honorable mention all-American by The Sporting News Magazine and by Dan Olson's Collegiate Girls Basketball Report (prior to senior season) ... Played AAU for the North Alabama Twisters ... Helped lead the team to the open division national championship title in AAU in summer of 2008 ...

Personal: Kiara Shonte Young ... Daughter of Tracey and Leander Young ... Has two sisters, Leandra and Asia ... Born Dec. 5, 1989, in Decatur, Ala.



**#10 Sidney Stewart * So. * Guard
Damascus, Ark. (Conway HS)**

	Season High	Career High
Points	11 vs. UCA	16 vs. SJSU (07-08)
Reb	3 vs. UCA	5, four times
Assists	1 vs. UCA	4 vs. Nevada (07-08)
Steals		2 vs. Nevada (07-08)
Blocks		
Minutes	22 vs. UCA	Same
FGM	3 vs. UCA	6 vs. SJSU (07-08)
FGA	5 vs. UCA	9 vs. Hawaii (07-08)
3M	2 vs. UCA	4 vs. SJSU (07-08)

2007-08: Named Academic all-WAC ... Named Tech Radio Network Player of the Game in win over Nevada ... Saw action in 20 games for Louisiana Tech ... Missed the first month of the season after suffering an injury during fall practice ... Averaged 4.5 points and 2.0 rebounds a game ... Shot 34 percent from field, 36 percent from the three-point line and 70 percent from the free throw line ... Totaled 18 assists and six steals ... Had three double digit scoring games, all three coming in the final three regular season contests ... Scored a career-high 16 points in win at San Jose State (March 8) ... Registered 12 points and five rebounds in loss at Hawaii (March 6) ... Had 10 points in win over Nevada (March 1) ...

High School: Lettered as a senior at Conway High School for coach Janet Taylor ... Lettered the previous two years for coach Terry Smith at Greenbrier High School in Arkansas ... Led Conway High School to the Arkansas state championship game ... Scored 35 points in a semifinal win over No. 1 ranked North Little Rock High School ... Named all-state as a junior ... Named all-West Conference and all-Faulkner county as a sophomore and junior ... Named the Faulkner County Most Valuable Player as a junior ... Named to the Arkansas Democrat all-Sophomore team ... Averaged 22.7 points, 7.8 rebounds and 6.9 assists as a junior ... Averaged 21.3 points as a sophomore ... Plays AAU for the Arkansas Belles ...

Personal: Daughter of Robert and Cheryl Stewart ... Has four sisters, Amanda, Carrie, Kimberly, and Courtney ... Born May 16, 1989, in Conway, Ark.



**#12 DeAngela Sword * Fr. * Guard
Montgomery, Ala. (Carver Montgomery HS)**

	Season High	Career High
Points	2 vs. UCA	Same
Reb	2 vs. UCA	Same
Assists		
Steals		
Blocks		
Minutes	6 vs. UCA	Same
FGM	1 vs. UCA	Same
FGA	3 vs. UCA	Same
3M		
3A	1 vs. UCA	Same
FTM		
FTA		

High School: Lettered all four years for coach Yvonne Simmons at Carver Montgomery High School ... Averaged 18.0 points, 10.2 rebounds and 4.9 assists per game as junior ... Named first team all-state for Class 6A in 2008 ... Nominated for 2008 McDonald's All-American team ... Named all-metro by the Montgomery Advertiser all three years ... Ranked in top five in Alabama according to www.hoopgurlz.com ... Named preseason honorable mention all-American by The Sporting News Magazine and by Dan Olson's Collegiate Girls Basketball Report (prior to senior season) ... Played AAU for coach Krystle Johnson and the Alabama Twisters Black Elite team ... Helped lead the team to the open division national championship title in AAU in summer of 2008 ... Named MVP of the tournament ... Also are a member of the Wolverines track and field team ... Won the Class 6A state title in the long jump in 2006 with a mark of 18-4 ... Was a member of the school's area and sub-regional championship 4 X 400-meter relay ... Ranked No. 1 in senior class with 3.8 grade point average ... Member of the National Honor Society and Mu Alpha Theta (math honor society) ...

Personal: DeAngela Denise Sword ... Daughter of Edward Ellison Jr. and Rudi Sword ... Has three brothers, Joe, Joshua, and Michael, and two sisters, Margaret and Tamara ... Born Sept. 3, 1989, in Montgomery, Ala.



**#14 Tarkeisha Wysinger * So. * Guard
Many, La. (Many HS)**

	Season High	Career High
Points		24 vs. SHSU
Reb		13 vs. NSU
Assists		6, twice
Steals		6 vs. Miss. St.
Blocks		2 vs. NSU
Minutes		38 vs. Boise St.
FGM		9 vs. SHSU
FGA		13, twice
3M		1, three times
3A		3 vs. McNeese
FTM		8, twice
FTA		11 vs. Miss St.

2007-08: Named to the Western Athletic Conference All-Freshman team ... Named Tech Radio Network Player of the Game five times ... Saw action in all 31 games, making 22 starts as a true freshman ... Averaged 9.0 points, 5.6 rebounds, 2.2 steals and 2.1 assists per game ... Shot 34 percent from the field, 17 percent from the three-point line and 73 percent from the free throw line ... Registered a team high 67 steals ... Also ranked second on the team with 65 assists ... Totaled five blocks ... Scored in double figures 14 times ... Recorded double digits in rebounds six times ... Had three double doubles ... Scored 19 points and grabbed a career-high 13 rebounds against Northwestern State (Nov. 23) in only her second collegiate game ... Scored a career-high 24 points on 9-of-13 shooting in win over McNeese State (Dec. 31) ... Had 13 points and 11 rebounds in win over Utah State (Feb. 28) ... Also had 11 points and 10 rebounds in win at Utah State (Jan. 26) ...

High School: Played for head coach Darren Dyess and Jeremy Leach at Many High School in Louisiana ... Led Many to a 153-9 record during her career ... Named Miss Basketball in the state of Louisiana as a senior ... Named District 4-2A MVP four straight years ... Named All-Sabine Parish MVP four straight years ... Named first team all-area by the Shreveport Times four times ... Named All-CENLA MVP twice by the Alexandria Town Talk ... Named first team all-state four straight years ... Named Louisiana Class 2A state MVP three years ... Averaged 29.3 points, 11.1 rebounds and 6.0 steals per game as a junior ... Averaged 25.0 points per game as a sophomore ... Led Many to a 39-2 record and the Louisiana Class 2A state title as a junior ... Led Many to back-to-back Louisiana Class 2A titles as a sophomore and junior ... Led Many to the Class 2A runner-up as a senior ... Scored a Louisiana Class 2A state title game record 42 points and grabbed 16 rebounds in the 69-66 win over Iota in 2006 ...

Personal: Daughter of Dorothy Sweet and Robert Sweet ... Has two sisters, Sinnissia and LaTressa, and one brother, Mack ... Sinnissia lettered four years at Ole Miss ... Born May 7, 1989, in Shreveport, La.



**#21 Keshia Warren * Sr. * Forward
Lewisville, Texas (Tyler JC)**

	Season High	Career High
Points		6, twice
Reb	6 vs. UCA	Same
Assists	1 vs. UCA	1, three times
Steals		3 vs. WKU
Blocks	1 vs. UCA	2, three times
Minutes		21 vs. SJSU
FGM		3 vs. SJSU
FGA	4 vs. UCA	4, four times
3M		1 vs. WKU
3A		1, twice
FTM		2, twice
FTA	1 vs. UCA	2, three times

2007-08: Named Academic all-WAC ... Saw action in 28 games for Louisiana Tech ... Averaged 1.4 points and 1.3 rebounds per game ... Shot 42 percent from the field and 67 percent from the free throw line ... Hit 1 of 3 three-pointers ... Had 11 blocks, seven steals and three assists ... Scored a season-high six points in win at Idaho (Feb. 9) ... Tied her season high with six points and five rebounds in win at San Jose State (March 8) ... Opened season with five points and three rebounds in loss at Western Kentucky (Nov. 20) ... Registered five points and five rebounds in win over McNeese State (Dec. 31) ...

Junior College: Lettered two years for coach Trenia Tillis-Jones at Tyler Junior College ... Helped lead the team to a 28-8 mark and the national junior college tournament as a sophomore ... Averaged 5.3 points and 5.4 rebounds per game as a sophomore while shooting 40 percent from the field ... Averaged 5.2 points and 7.4 rebounds per game as a freshman ...

High School: Lettered three years for coach Jennifer Hodnett at Lewisville High School in Texas ... Named first team all-Denton County as a senior ... Also named second team all-district as a sophomore and senior ... Also a member of the Lewisville track and field team and the volleyball team ... Won the district title in track and field as a junior and senior ... Named second team all-district in volleyball as a senior ...

Personal: Daughter of Earl and Esthela Warren ... Has two sisters, Claudia and Hilda, and three brothers, Carlos, Guel and Earl Jr. ... Born Dec. 8, 1986, in Dallas, Texas.



**#22 Tiawana Pringle * Jr. * Guard
Meridian, Miss. (SE Lauderdale HS)**

	Season High	Career High
Points	6 vs. UCA	20 vs. SFA (07-08)
Reb	5 vs. UCA	9 vs. McNeese (07-08)
Assists	2 vs. UCA	6, twice
Steals	1 vs. UCA	4 vs. SJSU (07-08)
Blocks		1, four times
Minutes	26 vs. UCA	38, twice (07-08)
FGM	3 vs. UCA	7 vs. SFA (07-08)
FGA	7 vs. UCA	17 vs. LSU (07-08)
3M		6 vs. SFA (07-08)
3A	1 vs. UCA	9, twice (07-08)
FTM		3 vs. Nevada (07-08)
FTA		6 vs. LSU (07-08)

2007-08: Named Tech Radio Network Player of the Game four times ... The only player to start all 31 games for Louisiana Tech ... Averaged 6.1 points, 2.8 rebounds, 2.8 assists and 1.0 steal per game ... Shot 32 percent from the field, 40 percent from the three-point line and 57 percent from the free throw line ... Totaled a team-high 88 assists ... Also had 32 steals and two blocks ... Scored in double figures five times ... Scored a career-high 20 points in a win over Stephen F. Austin (Dec. 1) ... Hit a career-high six three-pointers in the win over SFA (all coming in second half) ... Scored 13 points in win over McNeese State (Dec. 31) and in loss at Hawaii (March 6) ... Scored 12 points in win over Nevada (March 12) in WAC Tournament quarterfinals ... Had at least one assist in all 31 games, including a career-high six twice ... Recorded a career-high four steals in win at San Jose State (March 8) ...

2006-07: Saw action in 18 games for Louisiana Tech, making two starts ... Started the first two games of her collegiate career against Western Kentucky and Stephen F. Austin ... Averaged 0.8 points, 1.0 assists, 0.4 rebounds and 0.5 steals per game ... Shot 25 percent from the field, 17 percent from the three-point line and 50 percent from the free throw line ... Also registered eight steals and two blocks ... Scored a career-high five points in road win over Iowa (Nov. 21) ... Had a career-high four assists against Eastern Kentucky (Nov. 24) and at Arizona (Dec. 3) ...

High School: Lettered four years for coach Joe Miller at Southeast Lauderdale High School in Meridian, Miss. ... Averaged 17.1 points, 6.0 assists, 5.6 rebounds and 2.8 steals per game as a senior ... Hit 41 of 122 three-pointers ... Scored in double figures in all but three games as a senior ... Averaged 16.3 points, 6.6 rebounds and 4.5 assists as a junior ... Led the Tigers to a school record 35-3 mark and the Mississippi Class 3A state title in 2006 and the Class 3A runner-up title in 2005 ... Scored 15 points in the state title win over Choctaw Central and 31 points in the state semifinal win over Byhalia ... Has started since her freshman year and led the program to an 122-21 mark in four years ... Named 2006 Miss Basketball in the state of Mississippi by the Clarion Ledger ... Named the Division 5-3A MVP as a senior ... Named first team all-state as a senior ... Named to the Clarion Ledger Dandy Dozen prior to her senior season ... Named first team All-Division 5-3A as a junior ... Named all-South State and all-state (Mississippi Association of Coaches) as a junior ... Played in the Mississippi North-South All-Star game in summer of 2005 ... Played in the Mississippi-Alabama All-Star Classic in March of 2006 ...

Personal: Full name is Tiawana Patrice Pringle ... Nickname is Miss Ann, given by her grandmother ... Daughter of Rancee Pringle and Marvin and Michelle Randolph ... Has one sister, Yasmin, and two brothers, Malik and Isiah ... Born Feb. 21, 1988 in Meridian, Miss.



**#23 Whitney Jones * So. * Guard
West Monroe, La. (Baylor)**

	Season High	Career High
Points	12 vs. UCA	16 vs. Tennessee
Reb	9 vs. UCA	Same
Assists	2 vs. UCA	4 vs. SFA
Steals	1 vs. UCA	3, twice
Blocks	1 vs. UCA	1, twice
Minutes	28 vs. UCA	37 vs. SFA
FGM	5 vs. UCA	7 vs. Tennessee
FGA	12 vs. UCA	16 vs. Tennessee
3M		2, twice
3A	3 vs. UCA	5 vs. Memphis
FTM	2 vs. UCA	5 vs. NSU
FTA	4 vs. UCA	8 vs. NSU

2007-08: Saw action in seven games, making seven starts before going down with a season-ending injury ... Was injured and lost for the season Dec. 8 when she collided with a Southern Miss player with only 0.5 seconds remaining in the game ... Averaged 10.6 points and 4.0 rebounds per game ... Shot 33 percent from the field, 38 percent from the three-point line and 55 percent from the free throw line ... Recorded 12 assists and 15 steals ... Scored in double figures four times ... Scored a career-high 16 points (all in the second half) against eventual national champion Tennessee Nov. 26 ... Scored 15 points at Western Kentucky (Nov. 20) and against Stephen F. Austin (Dec. 1) ... Had at least two steals in six of her seven games ...

Baylor (2006-07): Played in eight games for the Baylor Bears as a true freshman before transferring to Tech ... Averaged 1.1 points and 2.3 rebounds per contest ...

High School: Lettered for coach Donnie Quin at West Monroe High School for four years ... Helped lead the Lady Rebels to the Louisiana Class 5A state championship as a sophomore ... Averaged 21.3 points, 9.1 rebounds and 4.0 assists per game as a senior ... Two-time Gatorade Louisiana Girls Basketball Player of the Year, joined former LSU star Semoine Augustus as the only other athlete from Louisiana to receive the honor twice ... Named all-state all four prep seasons ... Three-time Class 5A Most Outstanding Player ...

Personal: Full name is Whitney Brion Jones ... Daughter of Tony and Glenda Jones ... Has one sister, NaPorsha ... Born Dec. 31, 1987, in Monroe, La.



**#32 Jasmine Bendolph * Fr. * Guard
Mobile, Ala. (Davidson HS)**

	Season High	Career High
Points	6 vs. UCA	Same
Reb	4 vs. UCA	Same
Assists	3 vs. UCA	Same
Steals		
Blocks		
Minutes	23 vs. UCA	Same
FGM	3 vs. UCA	Same
FGA	4 vs. UCA	Same
3M		
3A		
FTM		
FTA		

High School: Played point guard for four years for coach Charlie Shipp at Davidson High School ... Averaged 14.8 points and 5.2 assists as a junior ... Led Davidson to the Alabama Class 6A state title game as a freshman and sophomore ... Led Davidson to the Class 6A Region 1 title as freshman and sophomore and the Class 6A Area 2 title as a junior ... Named the Alabama Sports Writers Association Player of the Year for Class 6A as a senior ... Named 2008 State of Alabama Super Five by the Alabama Sports Writers Association ... Nominated for the 2008 McDonald's All-American team ... Named Mobile Press Player of the Year as junior ... Mobile Press Top 5 player for three years ... Named all-state tournament team as a freshman and sophomore ... Named first team all-state three times ... Named MVP at the regional tournament as a sophomore ... Ranked in top five in Alabama according to www.hoopgurlz.com ... Named preseason honorable mention all-American by The Sporting News Magazine and by Dan Olson's Collegiate Girls Basketball Report (prior to senior season) ... Played AAU for coach Krystle Johnson and the Alabama Twisters Black Elite team ... Helped lead the team to the open division national championship title in AAU in summer of 2008 ...

Personal: Full name is Jasmine LaShawn Bendolph ... Daughter of Jacquelyn Bendolph ... Has two sisters, Julisa and Jessica ... Born Jan. 10, 1990, in Mobile, Ala.



**#33 Adrienne Johnson * So. * Forward
Franklin, La. (Franklin HS)**

	Season High	Career High
Points	22 vs. UCA	Same
Reb	6 vs. UCA	10, twice
Assists		3, twice
Steals	4 vs. UCA	4, three times
Blocks	1 vs. UCA	3, three times
Minutes	28 vs. UCA	29, twice
FGM	9 vs. UCA	Same
FGA	19 vs. UCA	Same
3M		1, eight times
3A		3 vs. Miss St.
FTM	4 vs. UCA	4, three times
FTA	6 vs. UCA	6, twice

2007-08: Named Tech Radio Network Player of the Game twice ... Saw action in all 31 games, making three starts for Louisiana Tech ... Averaged 7.8 points and 5.3 rebounds per game ... Shot 41 percent from the field, 35 percent from the three-point line and 71 percent from the free throw line ... Recorded 23 assists, 30 blocks and 23 steals ... Scored in double figures 12 times ... Recorded double figure rebounds twice ... Had two double doubles on the year ... Had 13 points and 10 rebounds in win over McNeese State (Dec. 31) ... Had 10 points and 10 rebounds in win over Hawaii (Feb. 2) ... Scored a career-high 18 points on 8-of-11 shooting in loss at Nevada (Jan. 24) ... Scored 17 points and grabbed seven rebounds while making a start at San Jose State (March 8) ... Had 15 points in win over Nevada in WAC Tournament quarterfinals (March 12) ...

High School: Played for coach Ronnie Louis at Franklin High School in Louisiana for four years ... Helped win the District 7-3A title four years ... Helped lead Franklin to the Class 3A state title as a freshman and sophomore and the runner-up as a junior ... Led the program to the Class 3A state semifinals as a senior ... Named the Gatorade Louisiana Girls Player of the Year in 2007 ... Named the Louisiana Class 3A state MVP as a senior ... Named first team all-district four times ... Named first team all-state as a sophomore, junior and senior and honorable mention as a freshman ... Named the Class 3A state tournament MVP as a junior ... Named first team all-Acadiana as a junior by the Daily Advertiser and first team all-area as a junior by the Daily Iberian ... Averaged 25.5 points, 13.4 rebounds, 5.4 blocks, 5.3 steals and 4.4 assists per game as a senior ... Played AAU ball for coach Allen Frey and the Kenner Angels ... Named an AAU All-America (2006) ... Ranked No. 60 in Michael White's All-Star Girls Report (No. 11 among power forwards) ... Also rank track for Franklin High School ... Was the Louisiana Class 3A state champion in the triple jump in both 2006 and 2007 and the Class 3A state champion in the high jump in 2007 ...

Personal: Daughter of Yvonne and Albert Johnson ... Has two sisters, Cherazar and Quovodas DeLaune ... Born Jan. 18, 1989, in Lafayette.



**#42 Shanavia Dowdell * Jr. * Forward
Calera, Ala. (Calera HS)**

	Season High	Career High
Points	18 vs. UCA	21 vs. SHSU (07-08)
Reb	13 vs. UCA	17 vs. NSU (07-08)
Assists	1 vs. UCA	3 vs. Utah St. (07-08)
Steals	4 vs. UCA	4 vs. SJSU (06-07)
Blocks		5 vs. Idaho (07-08)
Minutes	30 vs. UCA	34 vs. Utah St. (07-08)
FGM	8 vs. UCA	10 vs. SHSU (07-08)
FGA	15 vs. UCA	19 vs. Hawaii (07-08)
3M	1 vs. UCA	1, nine times
3A	3 vs. UCA	3, twice
FTM	1 vs. UCA	7 vs. NMSU (07-08)
FTA	6 vs. UCA	10 vs. NMSU (07-08)

2007-08: Named second team all-Louisiana by the Louisiana Sports Writers Association ... Named Tech Radio Network Player of the Game seven times ... Saw action in all 31 games, making 29 starts for Tech ... Averaged 12.3 points, 7.5 rebounds 1.3 blocks and 1.2 steals per game ... Shot 48 percent from the field, 55 percent from the free throw line and 25 percent from the three-point line ... Totaled 14 assists ... Had a team best 40 blocks on the year ... Ranked second on the team with 38 steals ... Scored in double figures in 25 games ... Registered double figures in rebounds seven times ... Recorded six double doubles ... Scored a career-high 21 points and grabbed 10 rebounds in win over Sam Houston State (Dec. 29) ... Recorded 15 points and a career-high 17 rebounds in win over Northwestern State (Nov. 23) ... Scored 11 points and grabbed 11 rebounds in win over Alabama (Dec. 5) ... Hit the game-winning shot with :06 remaining against the Crimson Tide ...

2006-07: Named to the Western Athletic Conference all-Freshman team ... Saw action in 29 games ... Averaged 3.9 points and 2.4 rebounds while averaging only 8.7 minutes a contest ... Shot 52 percent from the field and 72 percent from the free throw line ... Also recorded 14 steals, seven blocks and three assists during the year ... Scored in double figures twice during the season ... Scored a career-high 12 points in win over Idaho (Feb. 17) ... Also scored 10 points in win over Idaho (Jan. 21) ... Scored eight points on four different occasions ... Pulled down a career-high nine rebounds and scored eight points in win over San Jose State (Feb. 8) ... Scored in 25 of the 29 games she saw action ...

High School: Lettered since her eighth grade year on varsity for coach Scott Gafford at Calera High School ... Played for coach James Knowles as a senior ... Led Calera to a mark of 101-26 mark during her high school career ... Averaged 24.7 points, 11.1 rebounds, 3.5 steals and 3.5 blocks in 2006 ... Averaged 27.0 points and 15.1 rebounds in 2005 ... Averaged 28.9 points and 14.2 rebounds in 2004 ... Scored 3,447 career points and grabbed 1,621 career rebounds ... Led Calera High School to the Alabama 2A state championship game in 2004 and 2005 ... Named 2006 Miss Basketball in the state of Alabama ... Named the Birmingham News Metro Girls Player of the Year in 2006 ... Named the Alabama Class 2A state Player of the Year in 2006 ... Named all-county four times ... Named to the Alabama Super Five in 2004 ... Named to the Birmingham News All-State first team in 2004 and 2006 ... Named to the ASWA 2A All-State first team in 2003 and 2005 ... Named Alabama 2A state MVP in 2004, 2005 and 2006 ... Scored 35 points in a loss in the 2004 Alabama 2A state title game ... Named the MVP in the Alabama-Mississippi All-Star Classic in March of 2006 ... Played in the Alabama North/South All-Star game in July of 2005, scoring 11 points and grabbing 11 rebounds ... Played AAU for coach Greg Williams and the Alabama Lady Warriors ... Also played volleyball at Calera ... Ranked as the No. 1 high school senior in Alabama by the Birmingham News ... Ranked as the 92nd best high school player in the country by Blue Star ...

Personal: Full name is Shanavia Averiel Dowdell ... Daughter of Aretha and Andrew Dowdell ... Has three brothers, Kevin, Fanando, and DeMarcus, and one sister, Tamiria ... Born Sept. 10, 1987.

THE STAT CREW SYSTEM
Louisiana Tech Season Box Score (as of Nov 14, 2008)
All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	1-0	1-0	0-0	0-0
CONFERENCE	0-0	0-0	0-0	0-0
NON-CONFERENCE	1-0	1-0	0-0	0-0

##	Player	gp-gs	min		Total		3-Point		F-Throw		Rebounds				pf dq a to blk stl			pts	avg			
				avg	fg-fga	pct	3fg-fga	pct	ft-fa	pct	off	def	tot	avg								
33	Johnson, Adrienne	1-1	28	28.0	9-19	.474	0-0	.000	4-6	.667	5	1	6	6.0	3	0	0	5	1	4	22	22.0
42	Dowdell, Shanavia	1-1	30	30.0	8-15	.533	1-2	.500	1-6	.167	4	9	13	13.0	2	0	1	1	0	4	18	18.0
23	Jones, Whitney	1-1	28	28.0	5-12	.417	0-3	.000	2-4	.500	4	5	9	9.0	1	0	2	0	1	1	12	12.0
10	Stewart, Sidney	1-0	22	22.0	3-5	.600	2-3	.667	3-4	.750	1	2	3	3.0	3	0	1	1	0	0	11	11.0
22	Pringle, Tiawana	1-1	26	26.0	3-7	.429	0-1	.000	0-0	.000	0	5	5	5.0	0	0	2	1	0	1	6	6.0
32	Bendolph, Jasmine	1-1	23	23.0	3-4	.750	0-0	.000	0-0	.000	0	4	4	4.0	0	0	3	4	0	0	6	6.0
12	Sword, DeAngela	1-0	6	6.0	1-3	.333	0-1	.000	0-0	.000	1	1	2	2.0	1	0	1	0	0	0	2	2.0
21	Warren, Keisha	1-0	17	17.0	0-4	.000	0-0	.000	0-1	.000	4	2	6	6.0	5	1	1	0	1	0	0	0.0
03	Young, Kiara	1-0	5	5.0	0-2	.000	0-0	.000	0-0	.000	3	1	4	4.0	0	0	0	0	0	0	0	0.0
02	Thomas, Brietta	1-0	5	5.0	0-2	.000	0-0	.000	0-0	.000	0	2	2	2.0	0	0	0	1	0	1	0	0.0
01	Mulford, Shordy	1-0	10	10.0	0-2	.000	0-0	.000	0-0	.000	0	2	2	2.0	1	0	0	0	0	0	0	0.0
Total.....		1	200		32-75 .427		3-10 .300		10-21 .476		24	36	60	60.0	16	1	11	13	3	11	77	77.0
Opponents.....		1	200		11-55 .200		3-18 .167		11-16 .688		11	24	35	35.0	23	-	8	21	3	5	36	36.0

Score by Periods	1st	2nd	Totals
Louisiana Tech	40	37	77
Opponents	21	15	36