

UNIVERSITY OF MEMPHIS

J.D. ERICKSON
C-USA INDOOR
SHOTPUT CHAMPION

GAIL LEE
ALL AMERICAN
C-USA WEIGHT THROW CHAMPION

BRANDON WINBUSH
NCAA REGIONAL QUALIFIER

NORBERT GULYAS
NCAA REGIONAL QUALIFIER

AUSTIN HUNTER
NCAA REGIONAL QUALIFIER

CHEN EDRI
C-USA FRESHMAN OF THE YEAR
NCAA REGIONAL QUALIFIER

C-USA



2006 TRACK AND FIELD MEDIA GUIDE



CASSANDRA HARDINGS
JUMPS

LARRY HARRIS
HURDLES

ABRAHAM SHAPOSHNIK
DISTANCE

JASON MORGAN
DECATHLON

DANIEL BANDY
SPRINTS

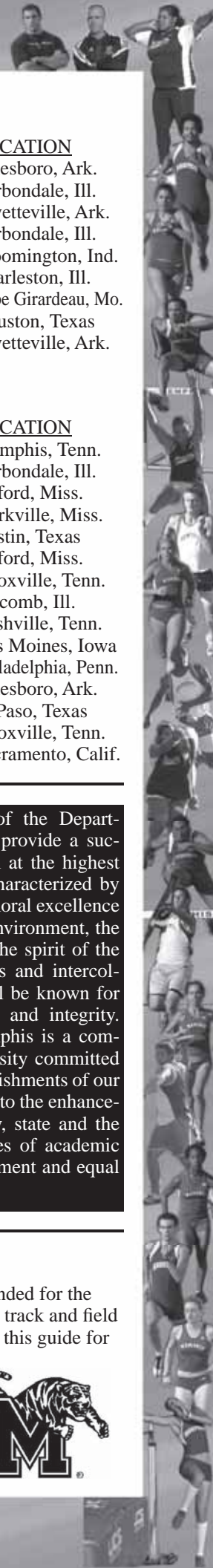


Table of Contents

Mission Statement.....1
 Credits.....1
 Quick Facts2
 Media Information2
 2005-06 Roster.....3
 Key Athletes.....4

2006 Coaches

Women's Head Coach Brenda Cash6
 Men's Head Coach Glenn Hays7
 Assistant Coach Kevin Robinson.....8
 Women's Asst. Jonas Holdeman9

2006 Lady Tigers

Returner Profiles12
 Newcomer Profiles20
 Outlook23
 Depth Chart.....25
 Geographic Breakdown.....25
 NCAA Qualifying Standards26

2006 Tigers

Returner Profiles28
 Newcomer Profiles34
 Outlook37
 Depth Chart.....39
 Geographic Breakdown.....39
 NCAA Qualifying Standards40

2004-05 Year in Review

2004-05 Headlines42
 2005 C-USA Indoor Championships44
 2005 C-USA Outdoor Championships45
 2005 Best Performances46
 2005 Cross Country Review48
 2005 Seniors.....50

History

Memphis All-Americans.....52
 NCAA Competitors52
 All-Time Conference Champions53
 All-Time Conference Finishes54
 All-Time Letterwinners.....55
 Women's Records58
 Women's C-USA Records59
 Men's Records60
 Men's C-USA Records61

University Section

The University of Memphis62
 President Dr. Shirley Raines64
 Athletic Director R.C. Johnson.....65
 Athletic Department Staff66
 The Academic Center.....69
 Strength & Conditioning.....70
 The Training Room.....71
 Tiger Traditions.....72
 Murphy Athletic Complex73
 City of Memphis74
 Conference USA76

Indoor Schedule

DATE	MEET	HOST	LOCATION
Dec. 3	ASU Kickoff Klassic	Arkansas State	Jonesboro, Ark.
Jan. 20-21	Saluki Booster Invit.	Southern Illinois	Carbondale, Ill.
	Razorback Invit.	Arkansas	Fayetteville, Ark.
Jan. 27	McDonald's Invit.	Southern Illinois	Carbondale, Ill.
Feb. 3-4	Hoosier Relays	Indiana	Bloomington, Ind.
Feb. 17	Friday Night Special	Eastern Illinois	Charleston, Ill.
Feb. 18	SEMO Invit.	SE Missouri State	Cape Girardeau, Mo.
Feb. 24-25	C-USA Championships	Houston	Houston, Texas
Mar. 10-11	NCAA Championships	Arkansas	Fayetteville, Ark.

Outdoor Schedule

DATE	MEET	HOST	LOCATION
Mar. 18	Spring Opener	Rhodes College	Memphis, Tenn.
Mar. 24-25	Spring Classic	Southern Illinois	Carbondale, Ill.
Mar. 25	Ole Miss Dual Meet	Ole Miss	Oxford, Miss.
Apr. 1	Bulldog Invit.	Mississippi State	Starkville, Miss.
Apr. 7-8	Texas Relays	Texas	Austin, Texas
Apr. 8	Ole Miss Open	Ole Miss	Oxford, Miss.
Apr. 13-15	Sea Ray Relays	Tennessee	Knoxville, Tenn.
Apr. 15	Lee Calhoun Memorial	Western Illinois	Macomb, Ill.
Apr. 21-22	Vandy Relays	Vanderbilt	Nashville, Tenn.
Apr. 27-29	Drake Relays	Drake	Des Moines, Iowa
	Penn Relays	Pennsylvania	Philadelphia, Penn.
May 6	ASU Mini Meet	Arkansas State	Jonesboro, Ark.
May 11-13	C-USA Championships	UTEP	El Paso, Texas
May 24-27	Mideast Regionals	Tennessee	Knoxville, Tenn.
June 7-10	NCAA Championships	Sacramento State	Sacramento, Calif.



The Memphis track and field teams would like to dedicate the 2006 media guide to Men's Head Coach Glenn Hays, who is retiring after 36 years with the university. The squads would like to thank Coach Hays for his great service to the U of M and wish him luck in his future endeavors, specifically in the operation of his two restaurants in the city of Memphis.



The primary mission of the Department of Athletics is to provide a successful athletic program at the highest level of competition. Characterized by academic, athletic and moral excellence in a diverse collegiate environment, the program will abide by the spirit of the rules governing students and intercollegiate athletics and will be known for its good sportsmanship and integrity. The University of Memphis is a comprehensive urban university committed to the scholarly accomplishments of our students and faculty and to the enhancement of our community, state and the nation through principles of academic integrity, sound management and equal opportunity.

Thanks for 36 Great Years

Credits

The 2006 University of Memphis Track and Field Media Guide is intended for the editorial use of media organizations covering the Tiger and Lady Tiger track and field programs. Any reprinting, reproduction or other use of the contents of this guide for any commercial use is prohibited.

Editors: Kelly Davis, Brandon Kolditz, Jennifer Rodrigues
 Photos: Joe Murphy, Julia Weeks, Brandon Kolditz, Kelly Davis
 Covers: Brandon Kolditz
 Printing: EBSCO Media (UOM 67-0506/500)



Media Policies

General Policy - Media wishing to cover the University of Memphis men's and women's track and field teams should contact Kelly Davis, Athletic Media Relations Graduate Assistant, in Room 203 M Athletic Office Building, or by phone at (901) 678-5294 (office) or (270) 625-1528 (cellular) to arrange contact with Tiger or Lady Tiger coaches or athletes.

Interviews - All U of M track and field practices are closed to the media. However, special arrangements may be made by contacting the Athletic Media Relations Office at least 24 hours prior to the scheduled practice time. All interviews are coordinated with head coaches Glenn Hays and Brenda Cash or assistant coaches Kevin Robinson and Jonas Holdeman through the Athletic Media Relations Office. The office staff can also set up interviews throughout the season with the coaches as well as athletes. Athlete interviews however, must be scheduled around the academic and practice schedules of the individuals.

Statistics - The U of M Athletic Media Relations staff will have rosters, statistics, weekly notes and media guides available in the Athletic Media Relations Office or at gotigersgo.com for all members of the media or any others who might require such information. At reporters' requests, complete meet results can be provided to each media member shortly after completion of the event.

Meets - The U of M does not currently have home meets scheduled at Billy J. Murphy Track. One meet will however, be held in Memphis at Rhodes College. Arrangements to attend the meet at Rhodes can be made with Memphis Athletic Media Relations in conjunction with the Rhodes Athletic Department. Information for all away meets can be obtained through the U of M Athletic Media Relations Office.

Primary Media Outlets

Phil Stukenborg
The Commercial Appeal
495 Union Avenue
Memphis, TN 38103
Phone: 901-529-2360
FAX: 901-529-2362

Jarvis Greer
WMC-TV 5 (NBC)
1960 Union Ave.
Memphis, TN 38103
Phone: 901-726-0410
FAX: 901-278-7633

Greg Gaston
WPTY-TV (ABC)
2701 Union Ave.
Memphis, TN 38104
Phone: 901-323-2430
Fax: 901-452-1820

Dan Moore
Germantown News
7545 North Street
Germantown, TN 38138
Phone: 901-754-0337
FAX: 901-754-2961

Matthew Laurie
The Daily Helmsman
University of Memphis
Memphis, TN 38152
Phone: 901-678-2192
FAX: 901-678-4792

Glenn Carver
WREG-TV 3 (CBS)
803 Channel Three Dr.
Memphis, TN 38103
Phone: 901-543-2117
FAX: 901-543-2167

Sports Director
WUMR-FM 91.7
University of Memphis
Memphis, TN 38152
Phone: 901-678-3176
FAX: 901-678-4331

Sports Editor
Germantown News
7545 North Street
Germantown, TN 38138
Phone: 901-754-0337
FAX: 901-754-2961

Frank Murtaugh
Memphis Flyer
460 Tennessee St.
Memphis, TN 38101
Phone: 901-521-9000
FAX: 901-521-0129

Matt Stark
WHBQ-TV 13 (Fox)
485 S. Highland
Memphis, TN 38111
Phone: 901-320-1345
FAX: 901-320-1366

Dan Morris
The Jackson Sun
245 W. Lafayette
Jackson, TN 38301
Phone: 901-427-3333
FAX: 901-423-0345

Sports Editor
Desoto Times
315 Loshier Street
Hernando, MS 38632
Phone: 662-429-6397
FAX: 662-429-5229

2005-06 Quick Facts

Name of School: University of Memphis
Location: Memphis, Tenn.
Founded: 1912
Enrollment: 20,332
Affiliation: NCAA Division I
Conference: Conference USA
Nickname: Tigers
Colors: Blue and Gray
Track Facility: Billy J. Murphy Track
President: Dr. Shirley Raines
Athletics Director: R.C. Johnson
Senior Women's Admin.: Lynn Parkes
Faculty Rep: Dr. Phillip Kolbe

Women's Team Information

Women's Head Coach: Brenda Cash
Asst. Coach/ XC Coach: Jonas Holdeman
Assistant Coach: Kevin Robinson
Volunteer Assistant: Greg Moore
Letterwinners Returning/Lost 15/5
Newcomers 8

Men's Team Information

Men's Head Coach: Glenn Hays
Assistant Coach : Kevin Robinson
Letterwinners Returning/Lost 13/6
Newcomers 12

Media Relations

Associate AD / External Affairs Bob Winn
Media Relations Director Jennifer Rodrigues
Track and Field Contact: Kelly Davis
Office Phone: (901) 678-5294
E-mail: kdavis9@memphis.edu
Media Relations Phone: (901) 678-2337
Media Relations Fax: (901) 678-4134
Athletics Website: www.gotigersgo.com

Athletic Media Relations



Jennifer Rodrigues
Director



Lamar Chance
Assistant



Tammy DeGroff
Assistant



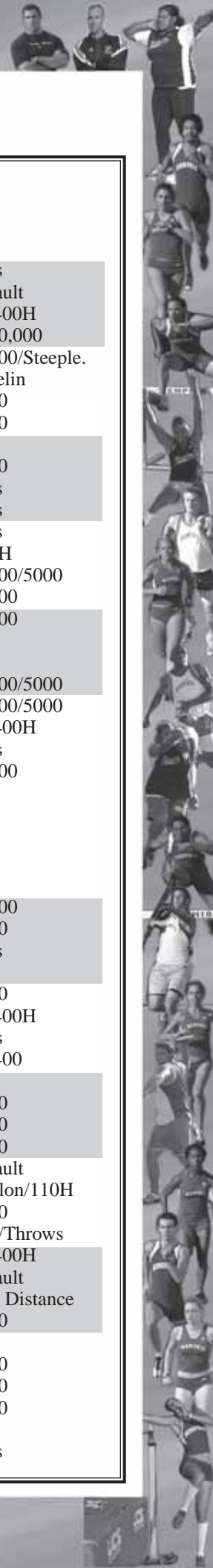
Jason Redd
Assistant



Brandon Kolditz
Grad. Asst.



Kelly Davis
Grad. Asst.



2005-06 Rosters

Lady Tigers

<u>Name</u>	<u>Class</u>	<u>Experience</u>	<u>Hometown/Previous School</u>	<u>Event</u>
Sivan Aballi	So.	1 Letter	Holon, Israel/Kiriat-Sharet HS	Throws
Whitney Bolton	Fr.	High School	Memphis, Tenn./Bolton HS	Pole Vault
Josetta Brooks	Sr.	3 Letters	Nashville, Tenn./Glencliff HS	100H/400H
Carrie Corbett	Fr.	High School	Concord, N.H./Concord HS	5000/10,000
Mary Claire Dake	Jr.	2 Letters	Knoxville, Tenn./Farragut HS	800/1500/Steeple.
Chen Edri	So.	1 Letter	Nazaret Ellit, Israel/Moshe Sharet HS	HJ/Javelin
LaShundra Flake	Jr.	2 Letters	Memphis, Tenn./Overton HS	100/200
Quiana Green	So.	1 Letter	Portland, Ore./T.C. Williams HS	100/200
Cassandra Harding	So.	1 Letter	Killeen, Texas/Ellison HS	LJ/TJ
Shervika Irvin	Fr.	High School	Memphis, Tenn./Raleigh Egypt HS	400/800
Nikole Jackson	Jr.	Transfer	Miami, Fla./Barton County CC	Throws
Susan King	Jr.	Transfer	League City, Texas/Barton County CC	Throws
Gail Lee	Jr.	1 Letter	Fort Worth, Texas/Barton County CC	Throws
Maria Majzik	Sr.	1 Letter	Budapest, Hungary/Fenyek Elek SSE	LJ/400H
Emily Malinowski	Fr.	High School	Slingerlands, N.Y./Bethlehem Central HS	800/1500/5000
Becca McMahon	Jr.	2 Letters	Londonderry, N.H./Londonderry HS	800/1500
Kimberly McVeigh	Jr.	2 Letters	Memphis, Tenn./Houston HS	800/1500
Eryka Morris	So.	Transfer	San Antonio, Texas/Abilene Christian	LJ/TJ
Gaylon Muhammad	So.	Redshirt	Little Rock, Ark./Oak Grove HS	LJ/TJ
Daniele Riendeau	Jr.	2 Letters	Ottawa, Ontario/De La Salle HS	800/1500/5000
Meghan Shinkwin	Fr.	High School	Nashua, N.H./Bishop Guerton HS	800/1500/5000
Ashley Stewart	So.	1 Letter	Little Rock, Ark./McClellan HS	100H/400H
Annette Uzoh	So.	1 Letter	San Antonio, Texas/Earl Warren HS	Throws
Heather Woolls	Sr.	3 Letters	Ripley, Tenn./Haywood HS	800/1500

Tigers

<u>Name</u>	<u>Class</u>	<u>Experience</u>	<u>Hometown/Previous School</u>	<u>Event</u>
Juan Arboleda	Fr.	High School	Franklin, Tenn./Franklin HS	800/1500
Daniel Bandy	Jr.	1 Letter	Memphis, Tenn./Freed-Hardeman	100/200
J.D. Erickson	Sr.	1 Letter	Germantown, Tenn./Mississippi State	Throws
Tyler Frazier	Jr.	Transfer	Wichita, Kan./Hutchinson CC	Javelin
Willie Green	Sr.	3 Letters	Augusta, Ga./Butler HS	100/200
Stephon Greenlee	So.	Transfer	St. Louis, Mo./Abilene Christian	110H/400H
Norbert Gulyas	Jr.	2 Letters	Budapest, Hungary/Petofi Sandor HS	Throws
Larry Harris	Jr.	2 Letters	Memphis, Tenn./Cordova HS	400H/400
Austin Hunter	Sr.	3 Letters	Jackson, Tenn./Jackson Central Merry HS	400
Sam James	So.	1 Letter	Memphis, Tenn./Whitehaven HS	400/800
Daemien Jefferson	So.	1 Letter	Memphis, Tenn./Craigmont HS	100/200
Jarred Jones	Fr.	High School	Toronto, Ontario/Birchmount Park HS	400/800
Elliot Montesi	Fr.	High School	Memphis, Tenn./Christian Brothers HS	Pole Vault
Jason Morgan	So.	1 Letter	Germantown, Tenn./Germantown HS	Decathlon/110H
Jeff Nix	So.	1 Letter	Covington, Tenn./Covington HS	100/200
Greg Norrid	Fr.	High School	Bartlett, Tenn./Bartlett HS	Javelin/Throws
Amaechi Oselukwue	So.	1 Letter	Memphis, Tenn./Kirby HS	110H/400H
Brian Prackett	Fr.	High School	Proctor, Ark./West Memphis HS	Pole Vault
Abraham Shaposhnik	Jr.	2 Letters	Jerusalem, Israel/Boit Hiuuch HS	Middle Distance
Geoff Standen	Fr.	High School	Scarborough, Ontario/Birchmount Park HS	400/800
Richard Swaby	Fr.	High School	Kingston, Jamaica/Wolmer's Boys School	LJ/TJ
Courtney Taylor	So.	1 Letter	Memphis, Tenn./Ridgeway HS	100/200
Marcus Thomas	Jr.	Transfer	Memphis, Tenn./Bishop Byrne HS	100/200
J.D. Tweedy	Fr.	High School	Augusta, Ga./Cross Creek HS	100/200
Brandon Winbush	Jr.	1 Letter	Memphis, Tenn./Bartlett HS	LJ/TJ
Harding Zills	Fr.	High School	Memphis, Tenn./Muscle Shoals (Ala.) HS	Throws

2005-06 Key Athletes

Key Lady Tiger Losses

Lisa-Marie Hyman (Triple Jump): 2005 NCAA Championship competitor in the outdoor triple jump; Three-time conference triple jump champion; Three-time C-USA runner-up in the triple jump; School record holder in both the indoor and outdoor triple jump; Seven-time scorer at conference meets; Placed fifth in the triple jump at the 2005 NCAA Midwest Regionals.

Sheena Ohlig (Hurdles): Three-time conference scorer in the 100m hurdles; Scored in the 60m hurdles her senior season; School record holder in the 60m hurdles.

Chanel Dunn (Sprints): Top Lady Tiger sprinter; Scored in the 100m and as a member of the 4x100m relay team in 2004; Qualified for NCAA Regionals in the 100m and 4x100m relay in 2003.

Key Lady Tiger Returners

Gail Lee (Throws): 2005 NCAA Indoor All-American in the shot put; C-USA Champion in the weight throw and runner-up in the indoor shot put; School record holder in the indoor shot put and weight throw.

Chen Edri (High Jump / Javelin): 2005 C-USA Female Freshman of the Year; Scored in both the indoor and outdoor high jumps and the javelin, setting school records in all three events as well; Qualified for NCAA Regionals in both the high jump and javelin.

Daniele Riendeau (Distance): Scored in the outdoor 1500m in 2005; School record holder in the indoor 1-Mile and 3000m and outdoor 1500m.

Josetta Brooks (Hurdles): School record holder in the 400m hurdles and former school record holder in the 60m hurdles; Conference scorer in the 100m hurdles.

Annette Uzoh (Throws): Scored in the weight throw and the outdoor shot put in 2005.

Sivan Aballi (Throws): Scored in the discus in her first conference meet in 2005.

Cassandra Harding (Jumps): Scored in both the indoor and outdoor triple jumps in 2004.



Gail Lee



Chen Edri

Key Lady Tiger Newcomers

Susan King (Throws): 2005 JUCO National Champion in the discus; Four-Time NJCAA All-American.

Nikole Jackson (Throws): NJCAA All-American in both the shot put and discus.

Emily Malinowski (Distance): Placed 16th in the 2005 C-USA Cross Country Championships; Ranked fifth nationally in the 2000m Steeplechase in high school.

Eryka Morris (Jumps): Career-best long jump of 19-03.00" (5.87m); Placed second in the Lone Star Conference in the long jump in 2005.

Meghan Shinkwin (Distance): Ranked in the top-10 in the United States in the 1000m in high school.

Key Tiger Losses

Janon Busby (Jumps): 2005 C-USA Champion in the indoor triple jump and runner-up in the outdoor triple jump; Four-time scorer in the high jump at C-USA meets; Seven combined scoring performances in the triple jump and high jump.

Daniel Kiss (Hurdles): Ranked in the top five nationally in the 110m hurdles; School record holder in the 60m and 110m hurdles; C-USA runner-up in the 60m hurdles in 2005; Key component of the 4x100m relay team.

Gary Nemeth (Sprints): Totaled five scoring performances in C-USA meets; Scored once each in the 60m, 100m and 200m; Two-time scorer as a member of the 4x100m relay teams; 2003 NCAA Regional Qualifier in the 200m.

Key Tiger Returners

J.D. Erickson (Throws): 2005 C-USA Champion in the indoor shot put and runner-up in the weight throw; 2003 and 2004 NCAA Regional qualifier in the discus.

Austin Hunter (Sprints): 2005 NCAA Regional qualifier in the 400m; Scored in the 400m both indoors and outdoors in 2005; Five total scoring performances at C-USA meets.

Brandon Winbush (Jumps): Placed fifth in C-USA in both the indoor and outdoor long jumps in 2005; Scored in both the indoor and outdoor triple jumps in 2005; Placed fifth in the long jump at 2005 NCAA Midwest Regionals to qualify for NCAA Championships.

Norbert Gulyas (Throws): 2005 NCAA Regional qualifier in the discus; Seven-time scorer in the discus, shot put and weight throw.

Willie Green (Sprints): 2005 C-USA runner-up in the 60m; Two-time scorer in the 60m at C-USA meets.

Jason Morgan (Multi-Events): Scored in both the heptathlon and decathlon his freshman year; School record holder in the heptathlon.

Avi Shaposhnik (Distance): Scored in the indoor 800m in 2005.

Key Tiger Newcomers

Stephon Greenlee (Hurdles): Qualified for the 2004 NCAA Division II National Championships in the 400m hurdles; Personal best times of 52:13 in the 400m hurdles and 14.36 in the 110m hurdles.

Tyler Frazier (Javelin): 2005 NJCAA All-American; Qualified for NJCAA National Championships in 2004 and 2005.

Geoff Standen (Middle Distance): Career-best 800m time of 1:52.49.

Richard Swaby (Jumps): Personal best long jump of 22-05.00" (6.83m).



J.D. Erickson



Austin Hunter



COACHES

Women's Head Coach Brenda Cash



THE CASH FILE

Education

Hamden High School
Hamden, Conn., 1977
B.S. Broadcasting
Arizona State Univ., 1981
M.S. Physical Education
Univ. of Iowa, 1984

Coaching Experience

Volunteer Assistant
Arizona State, 1982
Graduate Assistant
Iowa, 1983-84
Head Coach
Memphis, 1985- present

Coaching Honors

1991 Metro Conference
Coach of the Year
1992 Great Midwest
Conference
Coach of the Year

When the University of Memphis reinstated its women's track and field program in 1985, after a three-year hiatus, no better head coaching candidate could have surfaced than Brenda Calhoun-Cash. Cash, a native of Hamden, Conn., was hired on Aug. 12, 1985, as the youngest head coach in U of M history, and has faced many challenges in rebuilding the Lady Tiger program. Previously, Cash served as a graduate assistant track coach for the University of Iowa's nationally-ranked women's team while earning her master's degree in physical education.

In 2004, Cash was inducted into the Arizona State University Athletic Hall of Fame as well as being inducted into the Hamden High School Hall of Fame.

Two of the past three years have seen great success for Cash's Lady Tigers, particularly when it comes to individual honors. During the 2005 seasons the U of M squad saw eight school records, a conference championship, two NCAA Championship qualifiers, and its first-ever female All-American. Thrower, Gail Lee was responsible for many of those accolades, as she set school marks in the indoor shot put and weight throw, won the C-USA weight throw title, and earned All-American honors in the shot put. Lisa-Marie Hyman then became the second athlete of the year to qualify for NCAA Championships, doing so in the outdoor triple jump, while also claiming a runner-up finish at the C-USA meet. That gave the

heralded jumper three second-place tallies to go along with three conference championships in four years under Cash's tutelage. In addition, distance runner Daniele Riendeau added three school records of her own during the 2005 campaigns.

The 2003 season was a resurgent one for the Lady Tigers as they had their highest finish in C-USA since 1995 and produced their first NCAA Qualifier in sprinter Keenan Gibson. Gibson qualified for the NCAA Championships in the 100m and 200m, while Hyman won her third C-USA Triple Jump crown. The 2003 squad also produced five new school records

Prior to that, Cash's most success in Conference USA came during a 1996 season in which her Lady Tigers set school records in 10 events and had their first two NCAA provisional qualifiers in six years. Despite a lack of depth in the distance events, the team placed third in the inaugural C-USA championship meet and set U of M records in the 10,000 meter run, long jump, shot put, discus and hammer.

That trend of improvement and teamwork can be traced back several seasons before Memphis joined C-USA.

In 1995, Cash's team set records in six events while capturing conference championships in two events. Two seasons earlier, the 1993 squad placed second in the Great Midwest Conference, while the 1992 team won the GMC Outdoor Championship, earning Cash GMC Coach of the Year honors. A year before that, the Lady Tigers placed second at the Metro Outdoor Championships, earning Cash her first Coach of the Year title.



Coach Cash, husband Joseph and daughters Tiara and Breana-Lee

Before her coaching career, Cash herself was no stranger to success on the track. She ranked among the top 12 nationally in both the 100m dash and the 100m hurdles from 1976-1981. In 1976, she was an Olympic trials semifinalist in the 100m dash. Her propensity for speed proceeded to land her a scholarship at Arizona State, where she went on to earn All-America honors the next four years. Cash also set the Sun Devils' school records in the 100m dash and 100m hurdles, along with participating on the 4x100m relay team that set a national record.

Cash earned her bachelor's degree in broadcasting in 1981. After graduation, she served as a volunteer coach for the Sun Devil women's track team, assisting the hurdlers, before heading to Iowa.

Cash's high school career was also one for the record books, as she set Connecticut high school state records in the 100 yd., 220 yd. and 80 yd. hurdles. Her name also became known on the AAU circuit when she made the finals of both the senior and junior national championships in the 100m, 200m and 100m hurdles.

In 1976, Cash was named the National Multiple Sclerosis Society Outstanding High School Woman Athlete in America. In the past, she has worked at the Memphis All-Sports Camp. She also participated in the Tennessee SportsFest and is the record holder in her age group for the 100m hurdles, 100m dash and triple jump.

Cash is the daughter of former Olympic champion Lee Calhoun, who struck gold in the 110 yd. high hurdles at both the 1956 and 1960 Olympic games. Over the years the Lady Tigers have competed in the Lee Calhoun Invitational in Macomb, Ill., where Calhoun was head men's coach at Western Illinois University. The meet was first run in 1990.

Cash and her husband, Joseph, have two daughters, 16-year-old Tiara and 12-year-old Breana-Lee.

Men's Head Coach Glenn Hays



THE HAYS FILE

Education

Central High School
Memphis, Tenn., 1958
 B.S. Physical Education
Rhodes College, 1962
 M.S. Physical Education
Univ. of Memphis, 1967

Coaching Experience

Cross Country Coach
*Battle Ground Academy,
 Franklin, Tenn., 1962-64*
 Head Coach
Valparaiso, 1965-68
 Head Coach
Virginia Tech, 1969
 Head Coach
Memphis, 1970- present

University of Memphis Men's Head Coach Glenn Hays is well-known throughout the Mid-South and the national track community for producing top-of-the-line track and field teams. Now entering his 36th, and final season with the Tigers, Hays has recruited and coached numerous Metro, Great Midwest and Conference USA champions, along with 30 NCAA participants in 63 different events, specifically the coaching the U of M distance runners and sprinters.

The past few years have been no different for Hays' Tigers, as his athletes have continued to excel in Conference USA. During the 2005 season, U of M men claimed two conference titles, three runner-up finishes and broke three school records, one of which was held by Olympian Terron Wright. A title and a runner-up finish each came from thrower J.D. Erickson and triple jumper Janon Busby, while hurdler Daniel Kiss, guided by Hays broke two school marks, including Wright's in the 110m hurdles. In addition, sprinter Willie Green logged the Tigers' third second-place effort in the 100m at the C-USA meet and four Tigers, Busby, Brandon Winbush, Austin Hunter and Norbert Gulyas qualified for NCAA Mid-East Regionals.

The previous year the Tigers took home a total of six C-USA individual Crowns. For the second consecutive year, distance runner Mate Nemeth

and thrower Gaute Myklebust each won two outdoor titles, while Myklebust also won the shot put indoors and was again named C-USA Male Outdoor Athlete of the Year. Myklebust then picked up the first ever NCAA Mid-East Regional Championship for the U of M as he won the discus in the second annual event. He and Nemeth then went on to the NCAA Championships for the second year in a row where Myklebust recorded the highest finish ever for a Memphis thrower, placing fourth in the discus.

Through his coaching career, Hays has coached a total of seven All-Americans, six national champions and one national record holder. He established Memphis' reputation early in his career, when after coming to Memphis in 1970, he coached team members to national championships in two events just three seasons later. Tiger runners took national titles in both the 440 yard relay (39.6) and the 100-yard dash (Ed Hammond, 9.4). In 1976, his cross country team also captured the Metro title while pushing David Topham to the individual championship.

Under Hays' tutelage, Terron Wright, the 1981 60-meter high hurdle national champion, also set a world record time for the 300-yard dash. In the same year, Nick Brooks captured the NCAA indoor 880-yard

dash runner-up trophy. Just two seasons later, Hays' Memphis program produced the first mile runner in school history to break the four-minute barrier. Collin Hume ran the mile in 3:58.59 in 1983.

Since joining Conference USA in the 1995-96 season, the Tigers have continued their high level of success. Hays coached 16 individual athletes and seven relay teams to conference titles, five all conference cross country runners, as well as numerous Athlete of the Week recipients and Myklebust, the two-time Outdoor Athlete of the Year. He and Nemeth are only the latest Tigers to achieve major conference and national recognition. In 2000 Delvit Rogers racked up a number of significant accomplishments, when he qualified for the NCAA Championships and the U.S. Olympic Trials in the long jump during the outdoor season. Rogers shattered the school record in the long jump while at a meet in Louisiana.

In 1996, for the fourth consecutive year, Memphis produced a conference Newcomer of the Year as Tiger decathlete Kevin O'Connell added the freshman of the year honor to his resume by finishing 13 points shy of the decathlon title at the inaugural C-USA outdoor championship meet. Former Tigers Lambros Iacovou and Kevin Robinson also set school and conference records, and won their respective championships while claiming Newcomer of the Year honors as freshmen. Robinson also was tabbed Most Outstanding Performer at the inaugural C-USA indoor meet for throwing NCAA provisional qualifying marks in both the shot put and 35 lb. weight. He then went on to win the hammer throw at the outdoor meet three years in a row, while qualifying for NCAA Championships in the shot put in 1997 and 1998.

Before his coaching career, Hays graduated from the former Southwestern College, now Rhodes College, in 1962. His first coaching job came as the cross country coach at Battle Ground Academy in Franklin, Tenn. Three years later, Hays accepted the head coaching job at Valparaiso where his team finished among the NCAA's top-10 three times in just five seasons. He then moved on to Virginia Tech in 1969 before coming to the Tigers in 1970.

Hays finished his master's degree in physical education at Memphis in 1967. In recent years, he has extended his leadership off the track as well, owning and operating one of Memphis' finest French restaurants, La Tournelle, located in Midtown, while also running a second restaurant called Cafe 1912.

Hays and his wife, Martha, have two daughters, Vanessa, 29, and Sara Ruth, 25.



Coach Hays and wife Martha

Field Events Coach Kevin Robinson



THE ROBINSON FILE

Education

Perryville High School
Perryville, Mo., 1993
B.S. Exercise and Sport
Science
Univ. of Memphis, 1998

Coaching Experience

Assistant Coach
Southern Ill., 1998-2002
Assistant Coach
Memphis, 2002-present

Kevin Robinson enters his fourth year with the University of Memphis track and field program after spending the prior four years as an assistant track and field coach at Southern Illinois University in Carbondale. A 1998 graduate of the University of Memphis, Robinson, is a former Conference USA record holder in the indoor weight throw and still holds three school records. He is in charge of the men's and women's field events, working with the throwers, jumpers and multi-events.

During his tenure at SIU-Carbondale, Robinson coached eight individual Missouri Valley Conference champions, who won a total of 13 titles, and set three conference records and six school records. He also guided nine NCAA qualifiers, and two All-Americans and coached Brian Miller of New York Athletic Club to a fifth place finish in the 2001 USATF national championships. Miller finished the year with a ranking of fifth in the United States, and 15th in the world.

In 2003, his first year after returning to Memphis, Robinson coached three individual conference champions to five C-USA titles, five school records

(triple jump and pentathlon indoors and shot put, discus, and heptathlon outdoors); and produced three regional qualifiers in four events. He also led the 2003 C-USA Male Outdoor Athlete of the Year, Gaute Myklebust and C-USA Champion and Academic All-American Lisa-Marie Hyman.

After such an outstanding start in his first year back at the U of M, Robinson's athletes continued to impress in 2004. Myklebust again received C-USA accolades, this time as a Co-Outdoor Athlete of the Year, also winning three conference titles and an NCAA Mid-East Regional discus championship, and placing fourth in the discus at NCAA Championships, setting the school record in the discus in the process. The finish was the highest ever for a Memphis thrower at the NCAA meet and made Myklebust the first U of M All-American in over 20 years.

Hyman continued the awards for Robinson's group, placing second in the triple jump at the conference indoor meet, and setting a new Memphis record in the triple jump. The field event athletes also set two other school records in the women's heptathlon and the men's pentathlon.

Those same trends persisted in 2005, with Robinson guiding his field event competitors to six school records, three C-USA titles and four runner-up tallies, a C-USA Female Freshman of the Year honor and two NCAA Championship appearances, along with the first female All-American accolade in U of M history. Thrower Gail Lee was responsible for many of those accomplishments, as she broke indoor records in both the shot put and weight throw, was

the C-USA Champion in the weight and runner-up in the shot, and qualified for NCAA Indoor Championships and earned All-American honors in the shot put. J.D. Erickson, and Janon Busby each added another conference title and runner-up finish, while Chen Edri broke three school records and earned the title of C-USA Female Freshman of the year. Hyman put up a second-place finish in the outdoor triple jump, in addition to making her first trip to NCAA Championships.

In all, Robinson has seen his athletes break 13 school records and pile up 10 C-USA titles and over 35 all-conference performances in just three full seasons at Memphis.

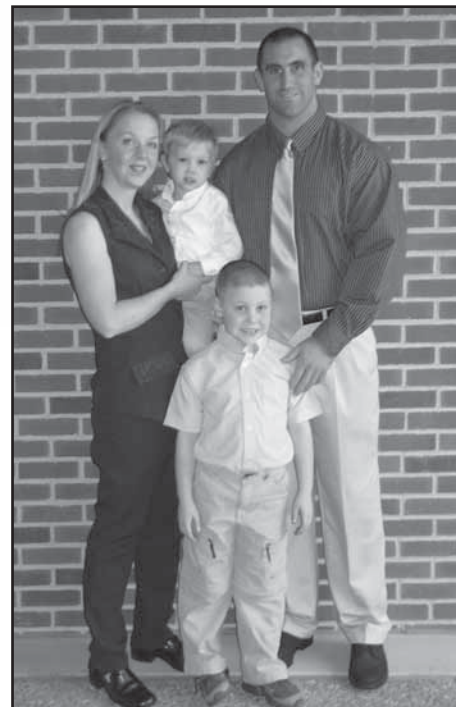
Along with their success on the track, Robinson's athletes also excelled in the classroom. Myklebust was named to the CoSIDA Academic All-District and C-USA Scholar Athlete teams in 2004, while Hyman was a CoSIDA All-American in 2004 AND 2005 and was awarded one of only six C-USA Postgraduate Scholarships.

Robinson himself won numerous honors and championships in his career with the Tigers. In 1996, his sophomore year, Robinson was named the C-USA Athlete of the Year at the indoor championships after winning the weight throw and finishing second in the shot put and provisionally qualifying for the NCAA Indoor Championships in both events. A four-time C-USA athlete of the week award winner, Robinson qualified for the NCAA Outdoor Championships 1997 and 1998 in seven combined events including the weight throw, hammer throw, shot put and discus, competing in the shot both years. As a senior, He won C-USA indoor titles in the weight throw and hammer. He currently still owns school records in the indoor shot (59-03.00") and weight (62-01.75"), and the hammer (191-09").

In 1998, Robinson was named the National Strength and Conditioning Association (NSCA) strength and conditioning Athlete of the Year, and an NSCA All-American. That season, he finished 13th in the shot put at the NCAA championships with an effort of 57-04.25". He also qualified for olympic trials in 2000 in both the shot put and weightlifting.

In 2003, Robinson gained certification in CPR, AED, and as an AFAA professional personal trainer. He has since become a Certified Strength and Conditioning Specialist (CSCS) by the NSCA.

Robinson and his wife, Dawn, have two children Sebastian (6) and Tristan (3). They reside in Southaven, Miss.



Coach Robinson, wife Dawn and sons Sebastian and Tristan

Women's Distance Coach Jonas Holdeman



Four years ago, as the Lady Tiger track and field program sought improved results in the distance events, it was evident that a primary focus would have to be placed on acquiring a top-notch coach to develop the distance squad. When the time came to choose that coach, it would have been difficult to find a superior candidate to Jonas Holdeman, who is now in his fourth year as the women's head cross country coach and assistant track coach overseeing the women's distance runners.

THE HOLDEMAN FILE

Education

Farragut High School
Knoxville, Tenn., 1982
B.A. Shakespeare Studies
Univ. of Tennessee, 1986
M.B.A. Strategic Management and Marketing
Univ. of Tennessee, 1996

Coaching Experience

Distance Coach
Olympic Development Program, 1991-1996
Track and Field Club Team Head Coach
North Carolina, 2000-02
Women's Cross Country and Distance Coach
Memphis, 2003- present

Holdeman brings over 10 years of youth, collegiate and post-collegiate coaching experience to the Lady Tiger cross country and track programs. In addition to serving as an Olympic Development Program (ODP) coach in Knoxville, Tenn., in the early 1990s, he has coached numerous successful post-collegiate distance runners and triathletes. He then spent the two years prior to his arrival in Memphis as the head track & field and cross country coach of the men's and women's sports club programs at the University of North Carolina.

A member of the National Strength and Conditioning Association (NSCA) and U.S. Women's Track & Field Coaches Association (US-WTCA), Holdeman is a USA Track & Field (USATF) Level III certified coach in the endurance events. He also holds Level II certification in sprints and hurdles.

Holdeman began the rebuilding process of the Memphis women's distance program with a recruiting class in 2003 that brought in eight new freshmen signees. He continued to build the women's distance corps with the addition of runners in the form of transfers and walk-ons, before another strong signing class in 2005. Coming from throughout the United States and Canada, Holdeman has now assembled a group of talented athletes who have built a solid foundation for the women's distance program.

Only three years into his revitalization project, Holdeman has established a strong squad of distance runners, who have begun to make a tremendous impact over the past two seasons. During the 2004-05 indoor, outdoor and cross country seasons, Holdeman saw his Lady Tiger distance corps put up many of the best results in U of M history. Daniele Riendeau set three school records in the indoor 1-Mile and 3000m and outdoor 1500m and garnered the first scoring performance for a women's distance runner at a C-USA meet during Holdeman's tenure at Memphis when she placed sixth in the 1500m.



Coach Holdeman, wife Elizabeth and daughter Avery

The 2005 cross country squad also made major strides, moving up to sixth at the conference meet, while Riendeau and Emily Malinowski, who placed sixth and 16th, respectively, recorded the two highest-ever finishes for U of M women at the C-USA Cross Country Championships. As a whole, the Lady Tiger distance coach saw nearly every member of his team set a personal record in each race of the 2005 cross country season.

While the 2005 season was likely the most successful in U of M women's distance history, the previous season was undoubtedly a stepping stone leading up to those accomplishments. In 2004, Holdeman's cross country squad registered what was then the top women's team result in Memphis' history in Conference USA, with Riendeau claiming the first ever top 20 individual finish for a U of M woman at a C-USA meet. That season, Holdeman saw his runners set at least five personal records in each meet as the U of M team showed great improvements over past years and from meet to meet throughout the campaign.

Beyond his coaching endeavors, Holdeman himself actively trains and competes, particularly in marathons and distance events. He won the inaugural St. Jude Memphis Marathon in 2002 and has since won two additional St. Jude Marathon titles, while in 2000 he recorded a Top-100 finish in the Boston Marathon.

In 2004, Holdeman was named to the Board of Directors of the Arthur Lydiard Foundation, a non-profit organization dedicated to the preservation and promotion of the world-renowned coach's legacy.

Holdeman graduated from the University of Tennessee with a degree in Shakespeare Studies in 1986 and received his MBA in strategic management and marketing from UT in 1996.

Coach Holdeman is married to the former Elizabeth Walker of Ripley, Tenn. They have one daughter, Avery.

GLENN HAYS

HEAD COACH

1970-06

The University of Memphis congratulates Coach Glenn Hays on his 36 years of accomplished service to the Tiger track and field program. In his tenure at the U of M, Coach Hays and his athletes have tallied a long list of accomplishments, including:

- ❑ 10 All-American Honors
- ❑ 19 Individual C-USA Indoor Championships
- ❑ 24 Individual C-USA Outdoor Championships
- ❑ 52 NCAA Championship Appearances

We would like to thank him for his commitment and dedication to Memphis Tiger Athletics.

