

PUNTING AND KICKING CAMP

UNIVERSITY OF MEMPHIS

JUNE 13 & 14, 2008



REGISTER ONLINE AT
www.TopRecruitKicking.com



Instruction will be offered in the following areas:

Field Goals and Extra Points

- ✓ Field goals from the hash
- ✓ Kicking from a snap and hold
- ✓ Kicking from a bad snap and questionable hold
- ✓ Learning how to communicate with the holder
- ✓ When to start the approach towards the kicking spot
- ✓ Minimize operation time without rushing the kicking motion
- ✓ Correct approach steps

Kick-offs

- ✓ Hang time and distance
- ✓ How to kick in difficult weather conditions
- ✓ Directional kicking
- ✓ On-side kicks
- ✓ Pooch kicks
- ✓ Correct approach steps

Punters

- ✓ Hang time and distance
- ✓ Correct way to catch a snap and drop the ball
- ✓ Directional Punting
- ✓ Punting with or against the wind
- ✓ Punting out of the end zone
- ✓ Effective stepping patterns
- ✓ Minimize operation time without rushing the punting motion

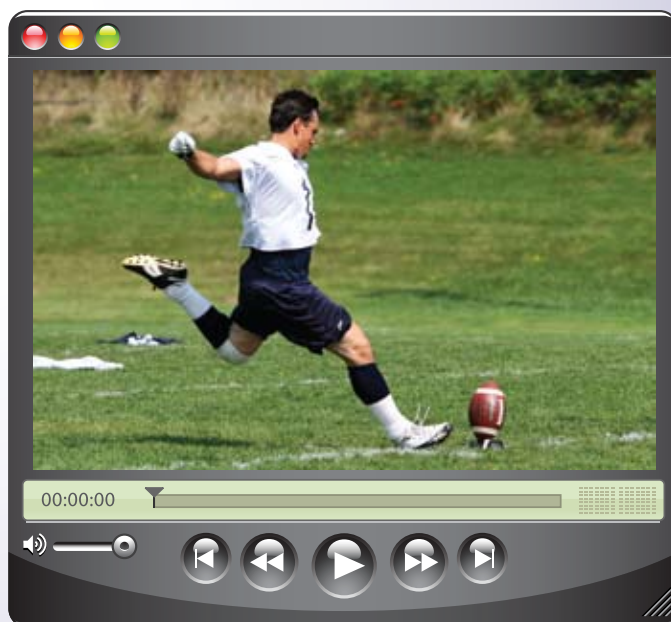
Long Snappers

- ✓ Correct hand positioning
- ✓ Correct stance
- ✓ Decrease snapping time
- ✓ Increase snapping speed
- ✓ Snapping for Field Goals and Punts



Video Analysis

- ✓ Each participant video tape from 2 angles simultaneously
- ✓ Frame by frame footage analysis allows for detailed coaching to improve strengths and correct weaknesses
- ✓ Screen shots allow for efficient explanation and demonstration of problem areas
- ✓ Split screen option allows for front and side view to be displayed at the same time
- ✓ Video analysis software also allows for showing progress between first and second days by playing different days footage side by side



\$300 per person
For day camp. \$350 for overnight camp

TOP RECRUIT KICKING, INC.

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