

**MUST BE COMPLETED FOR  
ACCEPTANCE TO CAMP**

**Health Information**

Physician's Name: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Any Known Allergies: \_\_\_\_\_  
Date of last tetanus booster: \_\_\_\_\_  
Family medical insurance Co: \_\_\_\_\_

**NOTE:** It is important if an injury or illness occurs that the information concerning your health insurance (policy number and the name of your company) is readily available to the camp director or the medical facility that is used.

**Permission Form**

I/We the undersigned, hereby acknowledge, understand and accept liability that the Tommy West Football Camp is a privately run sports camp and is not operated by or through the University of Memphis. The camp is neither sponsored, controlled, nor supervised by The University of Memphis but rather, under the sole sponsorship, control, and supervision of the Tommy West Football Camp, Inc., and the aforementioned corporation is released from liability.

Camper's Information: Parent's signature

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**Physician's Statement (to be completed by physician)**

I hereby certify that \_\_\_\_\_ is physically fit to participate in the Tommy West Football Camp from June 18–21, 2006, and that I know of no physical impairments which would in any manner limit his participation in such a program.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Emergency Medical Authorization**

Purpose: To enable parents or guardians to authorize the provision of emergency treatment for children who become ill or injured while attending the Tommy West Football Camp, Inc. In the event that reasonable attempts to contact me at

\_\_\_\_\_ or \_\_\_\_\_

have been unsuccessful, I hereby give my consent for the camp director or athletic trainer to secure medical help for my child. This authorization does not cover major surgery unless the medical opinions of two licensed physicians concurring in the necessity for such surgery are obtained prior to the performance of such surgery.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**PARENT/GUARDIAN**

**TOMMY WEST** - The University of Memphis head football coach completed his fifth season at the helm of the Tiger football program in the 2005 season. West, who coached the Clemson football team for six seasons, was hired as the defensive coordinator for Memphis in December of 1999 and led his 2000 unit to a number five national ranking in total defense and the number one spot in rushing defense. West served as Clemson's head coach from 1993 through the 1998 season and led the Clemson Tigers to post-season bowl appearances four times during his tenure.



As Head Coach at the University of Memphis, Tommy West has generated new enthusiasm and excitement for the Tiger football program and long-time fans as well. Under his leadership, Memphis has played in three consecutive bowls; the New Orleans Bowl in 2003, the GMAC Bowl in 2004, and the Motor City Bowl in 2005. The University of Memphis has set new attendance records for home games as well as numerous other records. Coach West's sixth year as Tiger Head Coach promises even greater excitement for Memphis football fans.

Dear Camper,

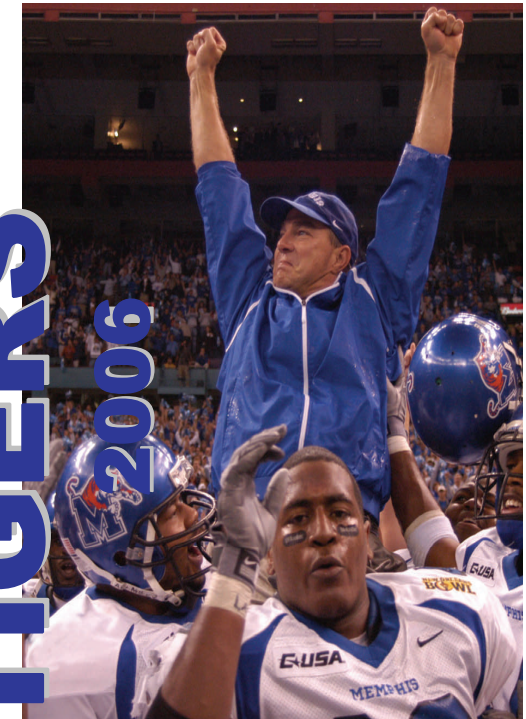
I would like to personally invite you to attend the 2006 Tommy West Football Camp. Camp sessions will be instructed by assistant coaches from the University of Memphis Tiger Football program as well as by selected high school coaches. This camp will provide you with exposure to all aspects of football including passing, receiving, blocking, line play, run defense and kicking.

Our experienced camp staff will teach and drill you on fundamentals and techniques for each position. All sessions will be held in the evenings and will be supervised by the University of Memphis coaching staff. A full-time trainer will also be on hand at all times.

Camp sessions will take place on the University of Memphis practice fields at Murphy Complex. I hope to see you there!

**GO TIGERS!!!**

**MEMPHIS TIGERS**



**TOMMY WEST  
FOOTBALL CAMP  
JUNE 18–21  
GRADES 2 –5 YOUTH  
GRADES 6–8 JUNIORS  
GRADES 9–12 SENIORS**

## LINE CAMP

Offensive and defensive line campers will learn the basic fundamentals and techniques of line play. This instruction will take place in the classroom and on the field. Techniques that will be highlighted are:

- Speed development
- Quickness, footwork, and agility
- Pass protection
- Run blocking
- Block protection
- Tackling techniques
- Specialized strength training

## SKILL CAMP

Offensive and defensive skill campers will learn the basic fundamentals and techniques of the following positions: Quarterback, Running Back, Tight End, Wide Receiver, Linebacker and Defensive Back. This instruction will take place in the classroom and on the field. Techniques that will be highlighted are:

- Speed development
- Quickness, footwork, and agility
- Throwing
- Catching
- Blocking
- Route running
- Pass defending skills (man/zone)
- Tackling techniques

## WEIGHT PROGRAM

Each camper will be physically tested and the results will be given to each camper on the final day. Campers will receive detailed technique instruction from Memphis' Strength Coordinator, Mike Stark.

## JUNIOR/YOUTH CAMPS

Explanation: Scaled down general instruction in all phases of the game.

Fundamentals: All phases of the game.

**Reminder:**  
**This is a Non-Contact Camp.**  
**It is a fun competitive activity.**



# TOMMY WEST

**HEAD COACH  
MEMPHIS TIGERS**

The Tommy West Football Camp has been established to provide expert instruction in the basic skills and fundamentals of offensive and defensive football for boys who will be in grades 2-12 this fall.

Each camper will be exposed to all the disciplines necessary to improve in the areas of passing, receiving, blocking, tackling, running and strength development. (It is our intention to blend fundamental football instruction with the newest methods designed to test, evaluate, and program your physical skills as it directly relates to your position in football.)

### WHERE

The camp is conducted at the Murphy Athletic Complex on the University of Memphis' South Campus. The complex is complete with four practice fields, an indoor practice facility, a state-of-the-art weight room and numerous meeting rooms.

### WHO

Camp participants will consist of 2<sup>nd</sup> through rising 12<sup>th</sup> graders. Team campers will be part of their school team in camp or individual campers will be welcomed and assigned to a team.

### WHAT DO I BRING?

- T-shirts, shorts, gym shoes, football cleats, socks and mouthpiece.
- Toiletries: soap, shampoo, wash cloths, towels and personal items.

Shower facilities are available, if needed.

All campers are subject to the rules and regulations of the Tommy West Football Camp. Any serious violations will result in **DISMISSAL** from camp without refund.

### COST

Camp costs \$50 per camper, which includes four days of instruction. To make a reservation, please send full payments or a \$20 deposit immediately. Deposits are non-refundable after June 13<sup>th</sup>, 2006. Space is limited, so make your plans early.

**THERE ARE NO OVERNIGHT ACTIVITIES  
CAMPERS WILL CHECK IN DAILY**

## APPLICATION FORM

To enroll: Tear off this portion of the brochure, complete BOTH sides, and return along with a \$20 deposit or \$50 full payment to:

### TOMMY WEST FOOTBALL CAMP FOOTBALL OFFICE

**UNIVERSITY OF MEMPHIS  
570 NORMAL / AOB 130  
MEMPHIS, TN 38152**

Should you have any further questions, please call Camp Director John Flowers at 901-678-2341 or leave a message on his voice mail.

### PLEASE CHECK ONE

<b>SR Camp</b> (grades 9-12) Line Camp: _____ Skill Camp: _____	<b>JR Camp</b> (grades 6-8) Camp: _____	<b>Youth Camp</b> (grades 2-5) Camp: _____
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**Circle Adult T-shirt Size:** S M L XL XXL

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Grade in Aug. 2006: \_\_\_\_\_ Yrs in Camp: \_\_\_\_\_

Parent or Guardian: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Pos: \_\_\_\_\_ Ht: \_\_\_\_\_ Wt: \_\_\_\_\_

School/Team: \_\_\_\_\_

Coach: \_\_\_\_\_

### CIRCLE ONE

<b>Off Pos:</b>	<b>OL</b>	<b>WR</b>	<b>RB</b>	<b>QB</b>	<b>TE</b>
<b>Def Pos:</b>	<b>DL</b>	<b>DE</b>	<b>LB</b>	<b>DB</b>	
<b>Specialty:</b>	<b>Punt</b>	<b>Kick</b>	<b>Snap</b>		

### REGISTRATION INFORMATION

This year's camp will be conducted on June 18th, 19th, 20th, and 21st, 2006. **Registration begins Sunday, from 4:30PM to 5:30PM.** Evening sessions begin at **5:30PM** and end at **8:30PM.** Camp will conclude on **Wednesday, June 21, 2006.** In an effort to speed up registration lines, we ask that all campers pre-register by completing this application form. **No checks at Registration please.**

**Check or Money Order must be made out to:**

**TOMMY WEST FOOTBALL CAMP**