

RUNNING EVENTS

60 Meter Dash

School Record	Danieth Pyrce (7.32) Princess Anne, Maryland (2/2006)				
Name	Time	Place	Meet	Location	Date
Jayla Lane	7.89 seconds	2nd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Jayla Lane	7.99 seconds	18th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Jayla Lane	8.00 seconds	2nd	Coach O Invitational	Princess Anne, Md.	1/7/17
Jayla Lane	8.01 seconds	22nd	Villanova Open	Staten Island, N.Y.	2/4/17
Jayla Lane	8.02 seconds	4th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Taliah Hardie	8.09 seconds	9th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Luan Gabriel	8.14 seconds	16th	Terrapin Invitational	Landover, Md.	1/21/17
Summer Fields	8.15 seconds	8th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Summer Fields	8.15 seconds	15th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Shauntel Lucius	8.18 seconds	11th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Taliah Hardie	8.19 seconds	12th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Summer Fields	8.20 seconds	28th	Villanova Open	Staten Island, N.Y.	2/4/17
Taliah Hardie	8.20 seconds	29th	Villanova Open	Staten Island, N.Y.	2/4/17
Taliah Hardie	8.23 seconds	24th	Terrapin Invitational	Landover, Md.	1/21/17

200 Meter Dash

School Record	Gayon Evans (23.36) Boston, Massachusetts (3/9/2014)				
Name	Time	Place	Meet	Location	Date
Dypna Umunakwe	25.21 seconds [^]	1st	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Luan Gabriel	25.28 seconds [^]	3rd	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Luan Gabriel	25.79 seconds	2nd	Terrapin Invitational	Landover, Md.	1/21/17
Luan Gabriel	25.94 seconds	17th	Villanova Open	Staten Island, N.Y.	2/4/17
Dypna Umunakwe	25.95 seconds	4th	Terrapin Invitational	Landover, Md.	1/21/17
Luan Gabriel	26.01 seconds	1st	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Jayla Lane	26.05 seconds!	1st	Coach O Invitational	Princess Anne, Md.	1/7/17
Jayla Lane	26.11 seconds	5th	Terrapin Invitational	Landover, Md.	1/21/17
Luan Gabriel	26.36 seconds	2nd	Coach O Invitational	Princess Anne, Md.	1/7/17
Jayla Lane	26.36 seconds	18th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Summer Fields	26.36 seconds!	25th	Villanova Open	Staten Island, N.Y.	2/4/17
Jayla Lane	26.61 seconds	27th	Villanova Open	Staten Island, N.Y.	2/4/17
Summer Fields	26.78 seconds	17th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Taliah Hardie	26.96 seconds!	22nd	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Jayla Lane	26.98 seconds	6th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Alicia Colson	27.07 seconds	18th	Terrapin Invitational	Landover, Md.	1/21/17
Summer Fields	27.19 seconds	8th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Alicia Colson	27.27 seconds	27th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Taliah Hardie	27.96 seconds	34th	Villanova Open	Staten Island, N.Y.	2/4/17
Taliah Hardie	28.06 seconds	15th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Tanise Edwards	28.27 seconds	42nd	Towson Tiger Invitational	New York, N.Y.	1/14/17
Tanise Edwards	28.33 seconds	33rd	Terrapin Invitational	Landover, Md.	1/21/17
Tenae Pitts	28.80 seconds	20th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16

Women's Scores

300 Meter Dash					
Name	Time	Place	Meet	Location	Date
Asia Amis	44.02 seconds	18th	Terrapin Invitational	Landover, Md.	1/21/17
Summer Fields	45.09 seconds	21st	Terrapin Invitational	Landover, Md.	1/21/17
Tenae Pitts	46.20 seconds	26th	Terrapin Invitational	Landover, Md.	1/21/17

400 Meter Dash					
School Record	Tanisha Wisdom	(52.63)	Ames, Iowa	(3/8/2008)	
Name	Time	Place	Meet	Location	Date
Lenneisha Gilbert	57.66 seconds [^]	7th	Villanova Open	Staten Island, N.Y.	2/4/17
Dypna Umunakwe	57.80 seconds [^]	4th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Luan Gabriel	57.87 seconds [^]	5th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Dypna Umunakwe	58.19 seconds	3rd	Terrapin Invitational	Landover, Md.	1/21/17
Alicia Colson	58.40 seconds	7th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Dypna Umunakwe	58.43 seconds	8th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Dypna Umunakwe	58.45 seconds	15th	Villanova Open	Staten Island, N.Y.	2/4/17
Lenneisha Gilbert	58.56 seconds	6th	Terrapin Invitational	Landover, Md.	1/21/17
Alicia Colson	58.96 seconds	22nd	Villanova Open	Staten Island, N.Y.	2/4/17
Luan Gabriel	59.21 seconds	1st	Coach O Invitational	Princess Anne, Md.	1/7/17
Luan Gabriel	59.27 seconds	15th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Luan Gabriel	59.57 seconds	1st	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Lenneisha Gilbert	1:00.13	2nd	Coach O Invitational	Princess Anne, Md.	1/7/17
Alicia Colson	1:00.52	19th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Alicia Colson	1:00.53	11th	Terrapin Invitational	Landover, Md.	1/21/17
Jayla Lane	1:00.67	12th	Terrapin Invitational	Landover, Md.	1/21/17
Alicia Colson	1:01.23	3rd	Coach O Invitational	Princess Anne, Md.	1/7/17
Asia Amis	1:03.31!	37th	Villanova Open	Staten Island, N.Y.	2/4/17
Asia Amis	1:06.16	8th	Coach O Invitational	Princess Anne, Md.	1/7/17
Taliah Hardie	1:06.18	24th	Terrapin Invitational	Landover, Md.	1/21/17

500 Meter Dash					
School Record	Angela Tyler	(1:14.69)	Newark, Delaware	(2/19/1984)	
Name	Time	Place	Meet	Location	Date
Lenneisha Gilbert	1:17.15!	4th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Dypna Umunakwe	1:22.14	8th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Amirah Jones	1:24.17	9th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Asia Amis	1:28.22	12th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Asia Amis	1:30.32	27th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Tenae Pitts	1:36.90!	28th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Tenae Pitts	1:38.74	4th	Coach O Invitational	Princess Anne, Md.	1/7/17

800 Meter Run					
School Record	Cynthia Annis	(2:07.95)	New York, New York	(1/24/2011)	
Name	Time	Place	Meet	Location	Date
Lenneisha Gilbert	2:16.65 [^] !	4th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Jennaya Hield	2:17.42 [^]	5th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Neus Quinonero	2:19.01 [^] !	18th	Villanova Open	Staten Island, N.Y.	2/4/17

Women's Scores

800 Meter Run					
Name	Time	Place	Meet	Location	Date
Neus Quinonero	2:22.94	2nd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Neus Quinonero	2:23.16	12th	Terrapin Invitational	Landover, Md.	1/21/17
Lenneisha Gilbert	2:23.78	3rd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Jennaya Hield	2:40.90	2nd	Coach O Invitational	Princess Anne, Md.	1/7/17

1600 Meter Run					
Name	Time	Place	Meet	Location	Date
Jennaya Hield	5:25.33	1st	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Sharon Jerop	5:31.51	2nd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16

Mile Run					
School Record	Eva Slavikova	(4:53.65)	Boston, Massachusetts		(2/11/2005)
Name	Time	Place	Meet	Location	Date
Jennaya Hield	5:07.19!	8th	Villanova Open	Staten Island, N.Y.	2/4/17
Jennaya Hield	5:20.58 ^	8th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Neus Quinonero	5:24.11	11th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Sharon Jerop	5:42.03	1st	Coach O Invitational	Princess Anne, Md.	1/7/17

3000 Meter Run					
School Record	Eva Slavikova	(9:27.48)	State College, Pennsylvania		(1/29/2005)
Name	Time	Place	Meet	Location	Date
Jennaya Hield	10:40.80^!	10th	Terrapin Invitational	Landover, Md.	1/21/17
Sharon Jerop	10:50.18!	26th	Villanova Open	Staten Island, N.Y.	2/4/17
Sharon Jerop	10:58.12!	14th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Sharon Jerop	11:03.92^	1st	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Sharon Jerop	11:10.49	16th	Towson Tiger Invitational	New York, N.Y.	1/14/17

5000 Meter Run					
School Record	Petra Kubesova	(17:02.95)	Landover, Maryland		(2/16/2013)
Name	Time	Place	Meet	Location	Date
Sharon Jerop	18:39.34	10th	Terrapin Invitational	Landover, Md.	1/21/17

60 Meter Hurdles					
School Record	Shellasia Leitch	(8.57 seconds)	Boston, Massachusetts		(2/6/2016)
Name	Time	Place	Meet	Location	Date
Shellasia Leitch	8.68 seconds ~	1st	Towson Tiger Invitational	New York, N.Y.	1/14/17
Shellasia Leitch	8.75 seconds	4th	Villanova Open	Staten Island, N.Y.	2/4/17
Shellasia Leitch	9.21 seconds	1st	Coach O Invitational	Princess Anne, Md.	1/7/17

4x400 Meter Relay					
School Record	Ducados, Mars, Evans, Guion-Furmin	(3:39.59)	Landover, Maryland		(2/16/2013)
Name	Time	Place	Meet	Location	Date
Gabriel, Umunakwe, Colson, Hield	3:53.74	3rd	Wesley Brown Invitational	Annapolis, Md.	1/28/17

Women's Scores

4x400 Meter Relay

Name	Time	Place	Meet	Location	Date
Gabriel, Lane, Umunawke, Gilbert	3:55.86	1st	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Gabriel, Lane, Gilbert, Umunawke	3:56.18	4th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Gabriel, Gilbert, Colson, Hield	3:56.93	7th	Villanova Open	Staten Island, N.Y.	2/4/17

4x800 Meter Relay

School Record	Halmon, Hemley, Kelly, Mars (8:50.87) Boston, Massachusetts (3/8/2015)				
Name	Time	Place	Meet	Location	Date
NO RECORDS SO FAR THIS YEAR					

Distance Medley Relay

School Record	James, Wisdom, Whyte, Thomas (11:41.16) Landover, Maryland (2/15/2008)				
Name	Time	Place	Meet	Location	Date
NO RECORDS SO FAR THIS YEAR					

FIELD EVENTS

High Jump

School Record	Kerry-Ann Green (1.73 meters) Newark, Delaware (12/5/1999)				
Name	Time	Place	Meet	Location	Date
NO RECORDS SO FAR THIS YEAR					

Pole Vault

School Record	Chelsea Lowe (3.15 meters) New Haven, Connecticut (2/5/2011)				
Name	Time	Place	Meet	Location	Date

Long Jump

School Record	Petagay O'Connor (5.85 meters) State College, Pennsylvania (1/27/2006)				
Name	Time	Place	Meet	Location	Date
Tanise Edwards	5.72 meters ~	1st	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Tanise Edwards	5.60 meters	1st	Villanova Open	Staten Island, N.Y.	2/4/17
Shauntel Lucius	5.48 meters	3rd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Tanise Edwards	5.36 meters	2nd	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Shauntel Lucius	5.33 meters	3rd	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Shauntel Lucius	5.04 meters	2nd	Coach O Invitational	Princess Anne, Md.	1/7/17
Tenae Pitts	4.52 meters	20th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Tenae Pitts	4.45 meters	28th	Villanova Open	Staten Island, N.Y.	2/4/17
Jayla Lane	4.45 meters	14th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Jayla Lane	4.32 meters	23rd	Terrapin Invitational	Landover, Md.	1/21/17
Shellasia Leitch	2.96 meters	31st	Terrapin Invitational	Landover, Md.	1/21/17

Triple Jump

School Record	Petagay O'Connor (12.65 meters) Princess Anne, Maryland (1/27/2006)				
Name	Time	Place	Meet	Location	Date
Shauntel Lucius	12.31 meters	1st	Terrapin Invitational	Landover, Md.	1/21/17
Shauntel Lucius	12.16 meters ~	2nd	Towson Tiger Invitational	New York, N.Y.	1/14/17
Shauntel Lucius	12.11 meters	2nd	Villanova Open	Staten Island, N.Y.	2/4/17

Shot Put

School Record	Vanessa Henry (16.50 meters) New York, New York (2012)				
Name	Time	Place	Meet	Location	Date
Nicovia Carter	13.52 meters ~	!2nd	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Nicovia Carter	13.48 meters	1st	Coach O Invitational	Princess Anne, Md.	1/7/17
Nicovia Carter	13.46 meters	3rd	Villanova Open	Staten Island, N.Y.	2/4/17
Regyn Davis-Young	13.00 meters	3rd	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Donisha Porter	12.98 meters ^	6th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Regyn Davis-Young	12.93 meters ^	4th	Terrapin Invitational	Landover, Md.	1/21/17
Nicovia Carter	12.91 meters ^	1st	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Sierra Adams	12.88 meters !	7th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Nicovia Carter	12.84 meters	5th	Terrapin Invitational	Landover, Md.	1/21/17
Donisha Porter	12.82 meters	6th	Villanova Open	Staten Island, N.Y.	2/4/17
Sierra Adams	12.55 meters	6th	Terrapin Invitational	Landover, Md.	1/21/17
Donisha Porter	12.38 meters	8th	Terrapin Invitational	Landover, Md.	1/21/17
Sierra Adams	12.24 meters ^	2nd	Coach O Invitational	Princess Anne, Md.	1/7/17
Donisha Porter	12.19 meters	5th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Regyn Davis-Young	12.09 meters	3rd	Coach O Invitational	Princess Anne, Md.	1/7/17
Regyn Davis-Young	11.59 meters	4th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16

Weight Throw

School Record	Vanessa Henry (19.73 meters) New York, New York (2012)				
Name	Time	Place	Meet	Location	Date
Sierra Adams	16.97 meters ~	1st	Coach O Invitational	Princess Anne, Md.	1/7/17
Sierra Adams	16.75 meters	5th	Villanova Open	Staten Island, N.Y.	2/4/17
Sierra Adams	16.58 meters	6th	Terrapin Invitational	Landover, Md.	1/21/17
Regyn Davis-Young	15.83 meters !	1st	Towson Tiger Invitational	New York, N.Y.	1/14/17
Regyn Davis-Young	15.53 meters ^	1st	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Sierra Adams	15.37 meters	5th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Regyn Davis-Young	15.21 meters	6th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Regyn Davis-Young	15.20 meters	10th	Terrapin Invitational	Landover, Md.	1/21/17
Donisha Porter	15.09 meters ^	3rd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Donisha Porter	14.79 meters	2nd	Coach O Invitational	Princess Anne, Md.	1/7/17
Nicovia Carter	14.79 meters !	7th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Donisha Porter	14.63 meters	11th	Terrapin Invitational	Landover, Md.	1/21/17
Nicovia Carter	14.40 meters	3rd	Coach O Invitational	Princess Anne, Md.	1/7/17
Nicovia Carter	14.32 meters ^	4th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Nicovia Carter	14.25 meters	4th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Nicovia Carter	14.18 meters	14th	Terrapin Invitational	Landover, Md.	1/21/17
Regyn Davis-Young	13.76 meters	4th	Coach O Invitational	Princess Anne, Md.	1/7/17



2016-17 Indoor Track Performance List

Women's Scores

TEAM SCORES

Meet	Location	Date	Points
Eastern Shore Lid-Lifter	Princess Anne, Maryland	December 5, 2016	131 points
Terrapin Invitational	Landover, Maryland	January 21, 2017	64 points
Towson Tiger Invitational	New York, New York	January 14, 2017	40 points

Men's Scores

RUNNING EVENTS

55 Meter Dash

School Record	Kwesi Sarabo (6.26 seconds) Princess Anne, Maryland (1/23/2001)				
Name	Time	Place	Meet	Location	Date
NO RECORDS SO FAR THIS YEAR					

55 Meter Hurdles

School Record	Dwyane Robinson (7.46 seconds) Boston, Massachusetts (2/12/2005)				
Name	Time	Place	Meet	Location	Date
NO RECORDS SO FAR THIS YEAR					

60 Meter Dash

School Record	Danieth Pyrce (7.32) Princess Anne, Maryland (2/2006)				
Name	Time	Place	Meet	Location	Date
Joshua Dacres	7.19 seconds	2nd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Joshua Dacres	7.20 seconds	25th	Villanova Open	Staten Island, N.Y.	2/4/17
Jalen Walker	7.21 seconds	4th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Joshua Dacres	7.25 seconds	12th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Jeff St. Louis	7.26 seconds	5th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Taj Showalter	7.26 seconds!	14th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Joshua Dacres	7.28 seconds	25th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Joshua Dacres	7.29 seconds	6th	Coach O Invitational	Princess Anne, Md.	1/7/17
Joshau Dacres	7.32 seconds	5th	Navy Open	Annapolis, Md.	1/21/17
Jarrett Belton	7.39 seconds	10th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Taj Showalter	7.42 seconds	11th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Jarrett Belton	7.48 seconds	6th	Navy Open	Annapolis, Md.	1/21/17
Chidera Egenou	7.53 seconds	36th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Chidera Egenou	7.54 seconds	10th	Coach O Invitational	Princess Anne, Md.	1/7/17

200 Meter Dash

School Record	Andre Walsh (20.88 seconds) Boston, Massachusetts (3/3/2013)				
Name	Time	Place	Meet	Location	Date
Taj Showalter	22.55 seconds!	3rd	Navy Open	Annapolis, Md.	1/21/17
Joshua Dacres	22.57 seconds!	7th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Joshua Dacres	22.65 seconds	13th	Villanova Open	Staten Island, N.Y.	2/4/17
Michael Sutton	22.74 seconds	9th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Joshua Dacres	22.94 seconds	4th	Navy Open	Annapolis, Md.	1/21/17
Jalen Walker	23.01 seconds	1st	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16

~ -ECAC/IC4A Qualification ^ -MEAC Qualification * -School Record ! -Personal Record

200 Meter Dash					
Name	Time	Place	Meet	Location	Date
Joshua Dacres	23.33 seconds	23rd	Towson Tiger Invitational	New York, N.Y.	1/14/17
Joshua Dacres	23.54 seconds	4th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Devon Rogers	23.69 seconds	5th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Brandon Carter	23.79 seconds	6th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Chidera Egeonu	23.92 seconds	34th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Jeff St. Louis	24.08 seconds	8th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Naje Benton	24.21 seconds	9th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16

400 Meter Dash					
School Record	Allodin Fothergill (46.36 seconds) Ames, Iowa (3/8/2008)				
Name	Time	Place	Meet	Location	Date
Michael Sutton	50.29 seconds!	7th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Michael Rollins	50.81 seconds!	3rd	Navy Open	Annapolis, Md.	1/21/17
Michael Rollins	50.91 seconds	9th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Michael Sutton	51.02 seconds	4th	Navy Open	Annapolis, Md.	1/21/17
Taj Showalter	51.17 seconds!	3rd	Coach O Invitational	Princess Anne, Md.	1/7/17
Michael Rollins	51.31 seconds	14th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Isiah Smith	51.75 seconds	20th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Michael Rollins	51.84 seconds	5th	Coach O Invitational	Princess Anne, Md.	1/7/17
Michael Sutton	51.84 seconds	12th	Villanova Open	Staten Island, N.Y.	2/4/17
Isiah Smith	52.09 seconds	6th	Coach O Invitational	Princess Anne, Md.	1/7/17
Chidera Egeonu	52.92 seconds!	20th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Chidera Egeonu	53.39 seconds	18th	Villanova Open	Staten Island, N.Y.	2/4/17
Devon Rogers	55.45 seconds	3rd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Chidera Egeonu	57.47 seconds	6th	Navy Open	Annapolis, Md.	1/21/17

500 Meter Dash					
School Record	Allodin Fothergill (1:01.74) New York, New York (1/15/2010)				
Name	Time	Place	Meet	Location	Date
Kelsey White	1:07.55	5th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Isiah Smith	1:15.00	4th	Navy Open	Annapolis, Md.	1/21/17

800 Meter Run					
School Record	Zavior Brown (1:49.48) Boston, Massachusetts (3/3/2013)				
Name	Time	Place	Meet	Location	Date
Donovan Mundy	1:54.71^	10th	Villanova Open	Staten Island, N.Y.	2/4/17
Michael Rollins	1:58.05	23rd	Villanova Open	Staten Island, N.Y.	2/4/17
Alberto Guerrero	1:58.16	1st	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Hector Cime	1:59.17	3rd	Navy Open	Annapolis, Md.	1/21/17
Kelsey White	2:07.00	1st	Coach O Invitational	Princess Anne, Md.	1/7/17

1000 Meter Run					
School Record	Khalil Rmidi Kinini (2:30.26) New York, New York (1/24/2015)				
Name	Time	Place	Meet	Location	Date
NO RECORDS SO FAR THIS YEAR					

Mile Run

School Record	Khalil Rmidi Kinini (4:13.06) Princess Anne, Maryland (1/3/2015)				
Name	Time	Place	Meet	Location	Date
Khalil Rmidi Kinini	4:05.08*	1st	Villanova Open	Staten Island, N.Y.	2/4/17
Khalil Rmidi Kinini	4:05.16 ~	1st	Navy Open	Annapolis, Md.	1/21/17
Oussama Chouati	4:14.06 ~ !	7th	Villanova Open	Staten Island, N.Y.	2/4/17
Donovan Mundy	4:19.00^!	3rd	Towson Tiger Invitational	New York, N.Y.	1/14/17
Donovan Mundy	4:19.34	4th	Navy Open	Annapolis, Md.	1/21/17
Oussama Chouati	4:26.30	5th	Navy Open	Annapolis, Md.	1/21/17
Jordan Leon	4:34.54	16th	Villanova Open	Staten Island, N.Y.	2/4/17
Hector Cime	4:41.29	2nd	Coach O Invitational	Princess Anne, Md.	1/7/17

60 Meter Hurdles

Name	Time	Place	Meet	Location	Date
Taj Showalter	8.14 seconds!	4th	Villanova Open	Staten Island, N.Y.	2/4/17
Taj Showalter	8.20 seconds	2nd	Navy Open	Annapolis, Md.	1/21/17
Taj Showalter	8.20 seconds	2nd	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Taj Showalter	8.21 seconds ~	3rd	Towson Tiger Invitational	New York, N.Y.	1/14/17

3000 Meter Run

School Record	Khalil Rmidi Kinini (8:09.34) Princess Anne, Maryland (1/31/2015)				
Name	Time	Place	Meet	Location	Date
Khalil Rmidi Kinini	8:17.12 ~	1st	Towson Tiger Invitational	New York, N.Y.	1/14/17
Oussama Chouati	8:43.02^	5th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Jordan Leon	8:47.21	6th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Donovan Mundy	8:47.59!	10th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Jordan Leon	8:48.86	1st	Navy Open	Annapolis, Md.	1/21/17
Stanley Meli	8:49.38!	2nd	Navy Open	Annapolis, Md.	1/21/17
Jordan Leon	9:00.24^	1st	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Stanely Meli	9:01.45^	2nd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Donovan Mundy	9:02.23^	3rd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Stanley Meli	9:03.85	21st	Villanova Open	Staten Island, N.Y.	2/4/17
Nassor Whitehead	9:06.14	12th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Nassor Whitehead	9:07.58	4th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Stanley Meli	9:08.60	14th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Nassor Whitehead	9:11.61	5th	Navy Open	Annapolis, Md.	1/21/17
Nassor Whitehead	9:11.64	23rd	Villanova Open	Staten Island, N.Y.	2/4/17
Hector Cime	9:12.66!	5th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Hector Cime	9:30.71	12th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Hector Cime	9:31.92	19th	Towson Tiger Invitational	New York, N.Y.	1/14/17

5000 Meter Run

School Record	Khalil Rmidi Kinini (14:15.89) Charlottesville, Virginia (3/8/2015)				
Name	Time	Place	Meet	Location	Date
Khalil Rmidi Kinini	14:17.22 ~	1st	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Jordan Leon	15:10.42^!	2nd	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Stanley Meli	15:28.98^!	5th	Wesley Brown Invitational	Annapolis, Md.	1/28/17



2016-17 Indoor Track Performance List

Men's Scores

5000 Meter Run					
Name	Time	Place	Meet	Location	Date
Oussama Chouati	15:48.38 [^]	8th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Nassor Whitehead	16:01.69	9th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Hector Cime	19:04.72	3rd	Coach O Invitational	Princess Anne, Md.	1/7/17

Distance Medley Relay

School Record Drummond, Burrows, Tomlinson, Togom (10:06.63) Tennessee (1/24/2003)					
Name	Time	Place	Meet	Location	Date
Choutai, Showalter, Leon, Rmidi Kinini	10:06.49 ~ *	1st	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Rmidi Kinini, White, Guerrero, Mundy	10:23.41	1st	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16

4x400 Meter Relay

School Record Fredericks, Splunge, Miller, Smith (3:11.23) Tennessee (3/1/1996)					
Name	Time	Place	Meet	Location	Date
Showalter, Rollins, Mundy, Sutton	3:20.49	5th	Villanova Open	Staten Island, N.Y.	2/4/17
Sutton, Showalter, Rollins, Smith	3:26.47	8th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Dacres, Walker, Rollins, Smith	3:27.40	2nd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Showlater, Sutton, Rollins, Leon	3:28.84	2nd	Navy Open	Annapolis, Md.	1/21/17
Showalter, Rollins, Smith, Sutton	3:29.81	2nd	Coach O Invitational	Princess Anne, Md.	1/7/17
Showalter, Egeonu, Rogers, White	3:44.33	5th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16

4x800 Meter Relay

Name	Time	Place	Meet	Location	Date
Cime, Chouati, Rmidi Kinini, Leon	8:03.11	1st	Navy Open	Annapolis, Md.	1/21/17

FIELD EVENTS

High Jump

School Record Rico Taylor (2.12 meters) New York, New York (2/11/2012)					
Name	Time	Place	Meet	Location	Date
Kevin Stanford	1.97 meters!	5th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Kevin Stanford	1.94 meters	1st	Navy Open	Annapolis, Md.	1/21/17
Kevin Stanford	1.94 meters	1st	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Kevin Stanford	1.89 meters [^]	1st	Coach O Invitational	Princess Anne, Md.	1/7/17
Kevin Stanford	1.87 meters	6th	Villanova Open	Staten Island, N.Y.	2/4/17

Pole Vault

School Record Jamahl Strachan (4.10 meters) Princess Anne, Maryland (2/13/2009)

Name	Time	Place	Meet	Location	Date
NO RECORDS SO FAR THIS YEAR					

Long Jump

School Record Rico Taylor (2.12 meters) New York, New York (2/11/2012)

Name	Time	Place	Meet	Location	Date
Naje Benton	7.59 meters ~	1st	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Brandon Carter	6.95 meters	3rd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Jarrett Belton	6.25 meters	10th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Jarrett Belton	6.23 meters	16th	Villanova Open	Staten Island, N.Y.	2/4/17
Jarrett Belton	6.11 meters	3rd	Navy Open	Annapolis, Md.	1/21/17
Kevin Stanford	6.07 meters!	3rd	Coach O Invitational	Princess Anne, Md.	1/7/17
Naje Benton	6.05 meters	4th	Coach O Invitational	Princess Anne, Md.	1/7/17
Naje Benton	6.00 meters	23rd	Villanova Open	Staten Island, N.Y.	2/4/17
Jarrett Belton	5.91 meters	5th	Coach O Invitational	Princess Anne, Md.	1/7/17
Jarrett Belton	5.86 meters	10th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Jarrett Belton	5.51 meters	20th	Towson Tiger Invitational	New York, N.Y.	1/14/17

Triple Jump

School Record Owen Cain (15.39 meters) Boston, Massachusetts (3/4/2012)

Name	Time	Place	Meet	Location	Date
NO RECORDS SO FAR THIS YEAR					

Shot Put

School Record Dillon Simon (19.30 meters) Boston, Massachusetts (3/1/2015)

Name	Time	Place	Meet	Location	Date
Noah Agwu	15.52 meters^	1st	Coach O Invitational	Princess Anne, Md.	1/7/17
Noah Agwu	15.34 meters	3rd	Navy Open	Annapolis, Md.	1/21/17
Noah Agwu	14.83 meters	7th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Noah Agwu	14.44 meters	8th	Villanova Open	Staten Island, N.Y.	2/4/17
Juwan Richardson	14.01 meters!	11th	Villanova Open	Staten Island, N.Y.	2/4/17
Juwan Richardson	14.00 meters^	10th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Noah Agwu	13.85 meters	12th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Juwan Richardson	13.74 meters	5th	Navy Open	Annapolis, Md.	1/21/17
Juwan Richardson	13.70 meters	1st	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Juwan Richardson	13.38 meters	10th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Juwan Richardson	13.32 meters	3rd	Coach O Invitational	Princess Anne, Md.	1/7/17
Taj Showalter	12.10 meters	2nd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Tamunoibi Dabipi	11.58 meters!	4th	Coach O Invitational	Princess Anne, Md.	1/7/17
Reginald Young	11.40 meters	3rd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Tamunoibi Dabipi	11.39 meters	4th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Tamunoibi Dabipi	10.74 meters	6th	Navy Open	Annapolis, Md.	1/21/17
Brandon Carter	10.37 meters	6th	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16



2016-17 Indoor Track Performance List

Men's Scores

Weight Throw

School Record	Dillon Simon (19.61 meters) Annapolis, Maryland (1/24/2015)				
Name	Time	Place	Meet	Location	Date
Noah Agwu	15.48 meters!	3rd	Navy Open	Annapolis, Md.	1/21/17
Noah Agwu	15.37 meters	5th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Noah Agwu	15.30 meters	8th	Towson Tiger Invitational	New York, N.Y.	1/14/17
Noah Agwu	15.00 meters^	2nd	Coach O Invitational	Princess Anne, Md.	1/7/17
Reginald Young	14.18 meters^	2nd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Tamunoibi Dabipi	13.98 meters!	5th	Navy Open	Annapolis, Md.	1/21/17
Tamunoibi Dabipi	13.82 meters	3rd	Eastern Shore Lid-Lifter	Princess Anne, Md.	12/5/16
Tamunoibi Dabipi	13.52 meters	3rd	Coach O Invitational	Princess Anne, Md.	1/7/17
Tamunoibi Dabipi	13.43 meters	8th	Wesley Brown Invitational	Annapolis, Md.	1/28/17
Tamunoibi Dabipi	12.90 meters	14th	Towson Tiger Invitational	New York, N.Y.	1/14/17

Heptathlon

School Record	Jermol Dix (4705 points) Landover, Maryland (2/19/2011)				
Name	Time	Place	Meet	Location	Date
NO RECORDS SO FAR THIS YEAR					

TEAM SCORES

Meet	Location	Date	Points
Eastern Shore Lid-Lifter	Princess Anne, Maryland	December 5, 2016	162 points
Navy Open	Annapolis, Md.	January 21, 2017	45 points
Towson Tiger Invitational	New York, New York	January 14, 2017	37 points