



Cross Country/Track & Field

**William P. Hytche Athletic Center
Princess Anne, Maryland 21853-1299**

**Office: (410) 651-6710
FAX: (410) 651-7600**

**UMES HIGH SCHOOL COACH O INVITATIONAL
INDOOR
TRACK & FIELD INVITATIONAL**

When: Friday, January 6th, 2012 beginning at 1:00 p.m.

Where: University of Maryland Eastern Shore, William P. Hytche Center, Princess Anne, MD

Eligibility: This meet is certified by the National Federation of State High School Association.

Facility: Newly **resurfaced** 6-Lanes around the turns, 200 meter Connor Synthetic Track, 6 Lanes Straightaway, blocks will be provided, locker rooms are available. Please bring your own towels and locks.

Entry Fee: \$125.00 per team Girls and Boys teams separate for a total of \$250.00 for both teams. Remember entry fees are not participation fees – you pay to be entered in the meet. Make checks payable to University of Maryland Eastern Shore Track & Field. **Please bring your entry fees to the meet on Friday, January 6th, 2012 or mail it in time to get here prior to the meet day.**

Entries: Go online to http://www.coacho.com/meet/entry/md_umes/. Please limit your entries to 3 athletes per event and 1 relay per team.

Due Date: Entries must be done online at http://www.coacho.com/meet/entry/md_umes/ by **Tuesday, 3rd, 2012** It is your responsibility to make sure the entries are done on time.

Scratches: Please e-mail me your **scratches and declarations at egbarrett@umes.edu by Wednesday, January 4th, 2012 by 12:00 p.m.** We will not accept any additions or substitutions to the meet on Saturday. Be sure to e-mail me and declare your entries even if you do not have scratches. If you have questions, **Call (410)651-7751 or (410) 651-6710**

Questions: Ernest Barrett
Head Track and Field Coach
(410) 651- 6710 Office

Javier Olivas
Assistant Track & Field Coach
(410) 651-7751 Office



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UMES HIGH SCHOOL COACH O INVITATIONAL INDOOR TRACK & FIELD INVITATIONAL Friday, January 6th, 2012

START

1:00 P.M.	GIRLS	
	BOYS	FOLLOW
1:00 P.M.	GIRLS	
	BOYS	FOLLOW
3:30 P.M.	GIRLS	
	BOYS	FOLLOW
3:30 P.M.	GIRLS	
	BOYS	FOLLOW

FIELD EVENTS

SHOT PUT
SHOT PUT
LONG JUMP
LONG JUMP
HIGH JUMP
HIGH JUMP
TRIPLE JUMP
TRIPLE JUMP

START

1:00	P.M.	GIRLS
1:15	P.M.	BOYS
1:30	P.M.	GIRLS
1:40	P.M.	BOYS
1:50	P.M.	GILRS
2:00	P.M.	BOYS
2:20	P.M.	GIRLS
2:30	P.M.	BOYS
2:40	P.M.	GIRLS
2:45	P.M.	BOYS
2:50	P.M.	GIRLS
2:55	P.M.	BOYS
3:00	P.M.	GIRLS
3:10	P.M.	BOYS
3:20	P.M.	GIRLS
3:30	P.M.	BOYS
3:40	P.M.	GIRLS
3:50	P.M.	BOYS
4:00	P.M.	GIRLS
4:10	P.M.	BOYS
4:20	P.M.	GIRLS
4:30	P.M.	BOYS
4:40	P.M.	GIRLS
4:50	P.M.	BOYS
500	P.M.	GIRLS
5:15	P.M.	BOYS
5:30	P.M.	GIRLS
5:45	P.M.	BOYS

FIELD EVENTS

SPRINTS MEDLEY RELAYS
SPRINTS MEDLEY RELAYS
60 M HURDLES TRIALS
60 M HURDLES TRIALS
60 M DASH TRIALS
60 M DASH TRIALS
1 MILE RUN
1 MILE RUN
60 M HURDLES FINALS (TOP 6)
60 M HURDLES FINALS (TOP 6)
60 M DASH FINALS (TOP 6)
60 M DASH FINALS (TOP 6)
500 M RUN
500 M RUN
300 M RUN
300 M RUN
1000 RUN
1000 RUN
4 x 800 Relay
4 x 800 Relay
800 M RUN
800 M RUN
4 X 200 M RELAYS
4 X 200 M RELAYS
3200 M RUN
3200 M RUN
4 X 400 RELAYS
4 X 400 RELAY

***Note: If this meet is running ahead of schedule we will stay ahead**



UNIVERSITY of MARYLAND
EASTERN SHORE

Cross Country/Track & Field

**WILLIAM P. HYTCHE ATHLETIC CENTER
PRINCESS ANNE, MARYLAND 21853-1299**

**OFFICE: (410) 651-6496
FAX: (410) 651-7600**

To: All High School Track and Field Coaches

From: Ernest Barrett

Re: Home Meet

Date: September 27th 2011.

Once again the University of Maryland Eastern Shore will be hosting the Annual UMES Coach O H.S. Indoor Track & Field meet that will be open for High School teams. The following meet will be a non-scoring meet for High Schools. Entry fees are \$125.00 per team Boys and Girls Team separate for a total of \$250.00 for both teams.

UMES High School Invitational, Saturday, January, 6th, 2012

Boys _____ Girls _____

We Will Attend _____ We Will Not Attend _____

Coach: _____ E-Mail: _____

School _____

Address: _____

City: _____ State: _____ Zip: _____

Phone#: () _____ - _____ Fax#: () _____ - _____

PLEASE RETURN BY October 31, 2011 TO:
Ernest Barrett or Javier Olivas
MEET DIRECTOR - TRACK & FIELD OFFICE
UNIVERSITY OF MARYLAND EASTERN SHORE
PRINCESS ANNE, MD. 21853
(410) 651-7751 (WORK) or (410)651-6710
(410) 651-7600 (FAX)