



**Cross Country/Track & Field**

**William P. Hytche Athletic Center  
Princess Anne, Maryland 21853-1299**

**Office: (410) 651-6710  
FAX: (410) 651-7600**

**UMES COACH O COLLEGE  
INDOOR  
TRACK & FIELD INVITATIONAL**

**WHEN:** Saturday, January 7th, 2012, beginning at 11:00 A.M.

**WHERE:** University of Maryland Eastern Shore, William P. Hytche Center, Princess Anne, MD

**ELIGIBILITY:** NCAA rules will be followed.

**FACILITY:** Newly **resurfaced** 6-Lanes around the turns, 200 meter Connor Synthetic Track, 6 Lanes Straightaway, blocks will be provided, **locker rooms are available**. Please bring your own towels and locks.

**ENTRY FEE:** \$250.00 per team Women's and Men's teams separate for a total of \$500.00 for both teams. Remember – entry fees are not participation fees – you pay to be entered in the meet. Make checks payable to University of Maryland Eastern Shore Track & Field. **Please bring your entry fees to the meet on Saturday, January 7th, 2012.**

**ENTRIES:** Go online to **to [http://coachoregistration.com/cgi-bin/login.pl?cd=md\\_umes](http://coachoregistration.com/cgi-bin/login.pl?cd=md_umes)** Please limit your entries to 4 athletes per event and 2 relay per team. There will be no limit for entries in the Women's 3000 meter s and Men's 5000 meters

**DUE DATE:** Entries must be done online at to **to [http://coachoregistration.com/cgi-bin/login.pl?cd=md\\_umes](http://coachoregistration.com/cgi-bin/login.pl?cd=md_umes)** by Tuesday, **January 3rd, 2012**. It is your responsibility to make sure the entries are done on time.

**SCRATCHES:** Please go online to **[http://coachoregistration.com/cgi-bin/login.pl?cd=md\\_umes](http://coachoregistration.com/cgi-bin/login.pl?cd=md_umes)** to do your final **corrections on Thursday, January 5th, 2012. by 12:00 noon**. We will not accept any additions to the meet on Saturday. Be sure to declare your entries even if you do not have any changes. If you have questions, **Call (410)651-7751 or (410) 651-6710**

**QUESTIONS:** Ernest Barrett  
Head Track and Field Coach  
(410) 651- 6710 Office  
(410) 334-2149 Home

Javier Olivas  
Assistant Track & Field Coach  
(410) 651-7751 Office  
(443) 783-3904 Cell



UNIVERSITY of MARYLAND  
EASTERN SHORE

Cross Country/Track & Field

William P. Hytche Athletic Center  
Princess Anne, Maryland 21853-1299

Office: (410) 651-6710  
FAX: (410) 651-7600

UMES COACH O COLLEGE  
INDOOR  
TRACK & FIELD INVITATIONAL

Saturday, January 7<sup>th</sup>, 2012

TENTIVE TIME SCHEDULE

<b>START</b>			<b>FIELD EVENTS</b>
11:00 A.M.	WOMEN		WEIGHT THROW
	MEN	FOLLOW	WEIGHT THROW
1:00 P.M.	WOMEN		POLE VAULT (START HGHT-2.70.M)
	MEN	FOLLOW	POLE VAULT (START HGHT 3.90 M)
2:00 P.M.	WOMEN		SHOT PUT
	MEN	FOLLOW	SHOT PUT
3:00 P.M.	WOMEN		LONG JUMP
	MEN	FOLLOW	LONG JUMP
4:00 P.M.	WOMEN		HIGH JUMP
	MEN	FOLLOW	HIGH JUMP
5:30 P.M.	WOMEN		TRIPLE JUMP
	MEN	FOLLOW	TRIPLE JUMP
<b>START</b>			<b>FIELD EVENTS</b>
2:30 P.M.	WOMEN		DISTANCE MEDLEY RELAY
2:45 P.M.	MEN		DISTANCE MEDLEY RELAY
3:00 P.M.	WOMEN		60 M HURDLES TRIALS
3:10 P.M.	MEN		60 M HURDLES TRIALS
3:20 P.M.	WOMEN		60 M DASH TRIALS
3:30 P.M.	MEN		60 M DASH TRIALS
3:40 P.M.	WOMEN		1 MILE RUN
3:55 P.M.	MEN		1 MILE RUN
4:10 P.M.	WOMEN		60 M HURDLES FINALS
4:15 P.M.	MEN		60 M HURDLES FINALS
4:20 P.M.	WOMEN		60 M DASH FINALS
4:25 P.M.	MEN		60 M DASH FINALS
4:30 P.M.	WOMEN		400 M DASH
4:40 P.M.	MEN		400 M DASH
5:00 P.M.	WOMEN		500 M RUN
5:15 P.M.	MEN		500 M RUN
5:30 P.M.	WOMEN		800 M RUN
5:45 P.M.	MEN		800 M RUN
6:00 P.M.	WOMEN		200 M DASH
6:20 P.M.	MEN		200 M DASH
6:35 P.M.	WOMEN		3000 M RUN
6:50 P.M.	MEN		3000 M RUN
7:05 P.M.	WOMEN		4 x 400 RELAY (2 SECTIONS)
7:25 P.M.	MEN		4 x 400 REALYS (2 SECTIONS)



*Men's & Women' Cross Country/Track & Field*

September 28, 2011.

Dear College Track & Field Coaches:

The University of Maryland Eastern Shore invites you to participate in the following meets:

**Saturday, January 7<sup>th</sup>, 2011 UMES COACH O Collegiate Invitational**

Women \_\_\_\_\_ Men \_\_\_\_\_ Both \_\_\_\_\_

\_\_\_\_\_ Yes, we will attend and need more information

\_\_\_\_\_ No, we will not attend

**Saturday, February 11<sup>th</sup>, 2011. UMES Collegiate Invitational**

Women \_\_\_\_\_ Men \_\_\_\_\_ Both \_\_\_\_\_

\_\_\_\_\_ Yes, we will attend and need more information

\_\_\_\_\_ No, we will not attend

Coach: \_\_\_\_\_

Office Phone#: \_\_\_\_\_

Home Phone#: \_\_\_\_\_

E-Mail Address \_\_\_\_\_

School: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

PLEASE RETURN BY October 31, 2011 TO:

Ernest Barrett or Javier Olivas

MEET DIRECTOR - TRACK & FIELD OFFICE

UNIVERSITY OF MARYLAND EASTERN SHORE

PRINCESS ANNE, MD. 21853

(410) 651-7751 Clint Whitaker, Assistant Coach

(410) 651-6710 Ernest Barrett, Head Coach

(410) 651-7600 (FAX)

[www.umeshawks.com](http://www.umeshawks.com)

*William P. Hytche Athletics Center Princess Anne, Maryland 21853*

*Tel: (410)651-6710, Fax: (410) 651-7600,*

*e-mail: egbarrett@umes.edu*



UNIVERSITY of MARYLAND  
EASTERN SHORE

Cross Country/Track & Field

William P. Hytche Athletic Center  
Princess Anne, Maryland 21853-1299

Office: (410) 651-6710  
FAX: (410) 651-7600

UMES COACH O COLLEGE  
INDOOR  
TRACK & FIELD INVITATIONAL

Saturday, January 7<sup>th</sup>, 2012

TENTIVE TIME SCHEDULE

<b>START</b>			<b>FIELD EVENTS</b>
11:00 A.M.	WOMEN		WEIGHT THROW
	MEN	FOLLOW	WEIGHT THROW
1:00 P.M.	WOMEN		POLE VAULT (START HGHT-2.70.M)
	MEN	FOLLOW	POLE VAULT (START HGHT 3.90 M)
2:00 P.M.	WOMEN		SHOT PUT
	MEN	FOLLOW	SHOT PUT
3:00 P.M.	WOMEN		LONG JUMP
	MEN	FOLLOW	LONG JUMP
4:00 P.M.	WOMEN		HIGH JUMP
	MEN	FOLLOW	HIGH JUMP
5:30 P.M.	WOMEN		TRIPLE JUMP
	MEN	FOLLOW	TRIPLE JUMP
<b>START</b>			<b>FIELD EVENTS</b>
2:30 P.M.	WOMEN		DISTANCE MEDLEY RELAY
2:45 P.M.	MEN		DISTANCE MEDLEY RELAY
3:00 P.M.	WOMEN		60 M HURDLES TRIALS
3:10 P.M.	MEN		60 M HURDLES TRIALS
3:20 P.M.	WOMEN		60 M DASH TRIALS
3:30 P.M.	MEN		60 M DASH TRIALS
3:40 P.M.	WOMEN		1 MILE RUN
3:55 P.M.	MEN		1 MILE RUN
4:10 P.M.	WOMEN		60 M HURDLES FINALS
4:15 P.M.	MEN		60 M HURDLES FINALS
4:20 P.M.	WOMEN		60 M DASH FINALS
4:25 P.M.	MEN		60 M DASH FINALS
4:30 P.M.	WOMEN		400 M DASH
4:40 P.M.	MEN		400 M DASH
5:00 P.M.	WOMEN		500 M RUN
5:15 P.M.	MEN		500 M RUN
5:30 P.M.	WOMEN		800 M RUN
5:45 P.M.	MEN		800 M RUN
6:00 P.M.	WOMEN		200 M DASH
6:20 P.M.	MEN		200 M DASH
6:35 P.M.	WOMEN		3000 M RUN
6:50 P.M.	MEN		3000 M RUN
7:05 P.M.	WOMEN		4 x 400 RELAY (2 SECTIONS)
7:25 P.M.	MEN		4 x 400 REALYS (2 SECTIONS)



**Cross Country/Track & Field**

**William P. Hytche Athletic Center  
Princess Anne, Maryland 21853-1299**

**Office: (410) 651-6710  
FAX: (410) 651-7600**

**UMES COACH O COLLEGE  
INDOOR  
TRACK & FIELD INVITATIONAL**

**WHEN:** Saturday, January 7th, 2012, beginning at 11:00 A.M.

**WHERE:** University of Maryland Eastern Shore, William P. Hytche Center, Princess Anne, MD

**ELIGIBILITY:** NCAA rules will be followed.

**FACILITY:** Newly **resurfaced** 6-Lanes around the turns, 200 meter Connor Synthetic Track, 6 Lanes Straightaway, blocks will be provided, **locker rooms are available**. Please bring your own towels and locks.

**ENTRY FEE:** \$250.00 per team Women's and Men's teams separate for a total of \$500.00 for both teams. Remember – entry fees are not participation fees – you pay to be entered in the meet. Make checks payable to University of Maryland Eastern Shore Track & Field. **Please bring your entry fees to the meet on Saturday, January 7th, 2012.**

**ENTRIES:** Go online to **to [http://coachoregistration.com/cgi-bin/login.pl?cd=md\\_umes](http://coachoregistration.com/cgi-bin/login.pl?cd=md_umes)** Please limit your entries to 4 athletes per event and 2 relay per team. There will be no limit for entries in the Women's 3000 meter s and Men's 5000 meters

**DUE DATE:** Entries must be done online at to **to [http://coachoregistration.com/cgi-bin/login.pl?cd=md\\_umes](http://coachoregistration.com/cgi-bin/login.pl?cd=md_umes)** by Tuesday, **January 3rd, 2012**. It is your responsibility to make sure the entries are done on time.

**SCRATCHES:** Please go online to **[http://coachoregistration.com/cgi-bin/login.pl?cd=md\\_umes](http://coachoregistration.com/cgi-bin/login.pl?cd=md_umes)** to do your final **corrections on Thursday, January 5th, 2012. by 12:00 noon**. We will not accept any additions to the meet on Saturday. Be sure to declare your entries even if you do not have any changes. If you have questions, **Call (410)651-7751 or (410) 651-6710**

**QUESTIONS:** Ernest Barrett  
Head Track and Field Coach  
(410) 651- 6710 Office  
(410) 334-2149 Home

Javier Olivas  
Assistant Track & Field Coach  
(410) 651-7751 Office  
(443) 783-3904 Cell



UNIVERSITY of MARYLAND  
EASTERN SHORE

**Cross Country/Track & Field**

William P. Hytche Athletic Center  
Princess Anne, Maryland 21853-1299

Office: (410) 651-6710  
FAX: (410) 651-7600

UMES COLLEGIATE  
INDOOR  
TRACK & FIELD INVITATIONAL  
Saturday, February 11<sup>TH</sup>, 2012

**START**

11:00 A.M.	WOMEN	
	MEN	FOLLOW
11:00 P.M.	WOMEN	
	MEN	FOLLOW
1:00 P.M.	WOMEN	
	MEN	FOLLOW
2:00 P.M.	WOMEN	
	MEN	FOLLOW
3:00 P.M.	WOMEN	
	MEN	FOLLOW
4:30 P.M.	WOMEN	
	MEN	FOLLOW

**START**

2:00 P.M.	WOMEN
2:15 P.M.	MEN
2:30 P.M.	WOMEN
2:55 P.M.	MEN
3:15 P.M.	WOMEN
3:30 P.M.	MEN
3:45 P.M.	WOMEN
4:00 P.M.	MEN
4:15 P.M.	WOMEN
4:30 P.M.	MEN
4:40 P.M.	WOMEN
4:45 P.M.	MEN
4:50 P.M.	WOMEN
4:55 P.M.	MEN
5:00 P.M.	WOMEN
5:15 P.M.	MEN
5:30 P.M.	WOMEN
5:45 P.M.	MEN
6:00 P.M.	WOMEN
6:15 P.M.	MEN
6:30 P.M.	WOMEN
6:40 P.M.	MEN
6:50 P.M.	WOMEN
7:05 P.M.	MEN
7:20 P.M.	WOMEN
7:35 P.M.	MEN

**FIELD EVENTS**

WEIGHT THROW  
WEIGHT THROW  
POLE VAULT (START HGHT-2.21M)  
POLE VAULT (START HGHT 3.54M)  
SHOT PUT  
SHOT PUT  
LONG JUMP  
LONG JUMP  
HIGH JUMP  
HIGH JUMP  
TRIPLE JUMP  
TRIPLE JUMP

**FIELD EVENTS**

DISTANCE MEDLEY RELAY  
DISTANCE MEDLEY RELAY  
5000 M RUN  
5000 M RUN  
60 M HURDLES TRIALS  
60 M HURDLES TRIALS  
60 M DASH TRIALS  
60 M DASH TRIALS  
1 MILE RUN  
1 MILE RUN  
60 M HURDLES FINALS  
60 M HURDLES FINALS  
60 M DASH FINALS  
60 M DASH FINALS  
400 M DASH  
400 M DASH  
500 M RUN  
500 M RUN  
800 M RUN  
800 M RUN  
200 M DASH  
200 M DASH  
3000 M RUN  
3000 M RUN  
4 X400 RELAY (2 SECTIONS)  
4 X400 REALYS (2 SECTIONS)



*Men's & Women' Cross Country/Track & Field*

September 28, 2011.

Dear College Track & Field Coaches:

The University of Maryland Eastern Shore invites you to participate in the following meets:

**Saturday, January 7<sup>th</sup>, 2011 UMES COACH O Collegiate Invitational**

Women \_\_\_\_\_ Men \_\_\_\_\_ Both \_\_\_\_\_

\_\_\_\_\_ Yes, we will attend and need more information

\_\_\_\_\_ No, we will not attend

**Saturday, February 11<sup>th</sup>, 2011. UMES Collegiate Invitational**

Women \_\_\_\_\_ Men \_\_\_\_\_ Both \_\_\_\_\_

\_\_\_\_\_ Yes, we will attend and need more information

\_\_\_\_\_ No, we will not attend

Coach: \_\_\_\_\_

Office Phone#: \_\_\_\_\_

Home Phone#: \_\_\_\_\_

E-Mail Address \_\_\_\_\_

School: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

PLEASE RETURN BY October 31, 2011 TO:

Ernest Barrett or Javier Olivas

MEET DIRECTOR - TRACK & FIELD OFFICE

UNIVERSITY OF MARYLAND EASTERN SHORE

PRINCESS ANNE, MD. 21853

(410) 651-7751 Clint Whitaker, Assistant Coach

(410) 651-6710 Ernest Barrett, Head Coach

(410) 651-7600 (FAX)

[www.umeshawks.com](http://www.umeshawks.com)

*William P. Hytche Athletics Center Princess Anne, Maryland 21853*

*Tel: (410)651-6710, Fax: (410) 651-7600,*

*e-mail: egbarrett@umes.edu*