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## RECRUITING ADVISORY

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For the fall and summer of 2011, the focus of the Maryland Swimming and Diving program's recruiting efforts (i.e. contacts, phone calls, and official visits) will begin with those prospects who have achieved the USA Swimming Junior National time standard, as a minimum.

Please see the official USA standards listed on the next page.

2011 Junior National Championships (8/8-13/2011)

Women			Event	Men		
LCM	SCM	SCY		SCY	SCM	LCM
26.99	26.29	23.39	50 Fr	20.89	23.49	24.29
58.59	56.99	51.09	100 Fr	45.89	51.89	53.09
2:06.19	2:02.99	1:50.09	200 Fr	1:40.69	1:53.39	1:55.89
4:24.09	4:18.29	4:52.99	400/500 Fr	4:33.69	4:00.79	4:07.09
9:03.49	8:50.69	10:05.99	800/1000 Fr	9:26.09	8:19.49	8:35.59
17:20.49	16:58.49	16:48.49	1500/1650 Fr	15:51.49	15:41.49	16:15.49
1:05.69	1:04.49	56.19	100 Bk	51.39	55.99	1:00.09
2:20.99	2:18.59	2:01.19	200 Bk	1:51.39	2:01.99	2:09.59
1:14.29	1:12.29	1:04.29	100 Br	57.89	1:05.09	1:07.79
2:39.99	2:34.99	2:17.99	200 Br	2:06.29	2:18.09	2:27.59
1:03.59	1:02.19	55.59	100 Fl	50.29	55.99	57.39
2:19.69	2:16.89	2:02.49	200 Fl	1:51.99	2:05.59	2:08.39
2:23.09	2:19.89	2:03.49	200 IM	1:52.79	2:08.19	2:11.39
5:02.09	4:55.69	4:20.79	400 IM	3:59.89	4:32.59	4:38.99
3:59.99			4X100 Fr-R			3:38.29
8:36.99			4x200 Fr-R			7:54.99
4:26.19			4x100 Med- R			4:01.99

Qualifying Period: July 1, 2010 to entry deadline.

Women			Event	Men		
LCM	SCM	SCY	Bonus	SCY	SCM	LCM
27.59	26.79	24.09	50 Fr	21.59	23.99	24.79
59.29	57.69	52.19	100 Fr	46.89	52.39	53.99
2:07.59	2:04.39	1:52.09	200 Fr	1:42.49	1:54.89	1:58.09
4:26.59	4:20.19	4:57.09	400/500 Fr	4:36.59	4:03.39	4:09.79
9:09.89	8:57.09	10:14.39	800/1000 Fr	9:36.29	8:27.39	8:40.19
17:38.69	17:14.69	17:00.99	1500/1650 Fr	16:03.49	16:13.59	16:37.59
1:06.89	1:05.69	57.79	100 Bk	52.19	57.89	1:00.99
2:23.59	2:21.19	2:04.19	200 Bk	1:53.09	2:05.79	2:12.29
1:15.29	1:13.29	1:05.29	100 Br	58.69	1:06.79	1:08.79
2:42.19	2:38.19	2:21.39	200 Br	2:07.99	2:25.39	2:29.39
1:04.79	1:03.39	57.27	100 Fl	51.19	57.19	58.59
2:21.99	2:19.19	2:05.69	200 Fl	1:53.99	2:07.79	2:10.59
2:24.49	2:21.29	2:06.89	200 IM	1:54.59	2:09.99	2:13.19
5:05.29	4:59.89	4:28.49	400 IM	4:04.09	4:36.79	4:43.19

Qualifying Period: July 1, 2010 to entry deadline.