



10th Annual University of Maryland Women's Basketball Coaches Clinic

When: Saturday, October 22, 2011, from 9:00 a.m. to 4:00 p.m.

Where: Comcast Center, University of Maryland, College Park, MD

Who should attend: Girls and Boys High School, AAU, Middle School, Rec League, Junior College and College coaches.

The clinic is geared toward coaches of all levels and age groups.

Schedule:

9:00am Check-in (Comcast Center)

9:30am Welcome (Head Coach Brenda Frese)

9:45am Breakout sessions (25 minutes each)

- **Half Court Offensive Principles** – Head Coach Brenda Frese

Does your team struggle to score against a set defense? Does your offense consistently break down in the face of defensive pressure?

Coach Frese will demonstrate, on the floor, the keys to developing a potent attack against an entrenched defense that will teach your players how to read and respond to aggressive defensive positioning

- **Offensive Sets & Team Building** – Associate Head Coach Langley

Chemistry and character are essential components of a championship team. Coach Langley will discuss the finer points of enhancing the interpersonal connections among players and coaches on your team. She will also show several quick hitters against man and zone that will guarantee the right player receives the ball in critical situations.

- **Mastering Secrets of the 1-3-1 Zone Defense** – Assistant Coach Chinn

You have a huge game coming up against your conference rival and need a change-up they have never scouted before. What type of defense should you employ? Coach Chinn will illuminate the blueprint to a successful aggressive 1-3-1 defense that will leave your opponents reeling.

- **Developing a Defensive Culture** – Assistant Coach Adkins

Does your team just play defense as a way to get the ball back on offense, or do they adhere to a series of defensive principles that comprise the essence of your team's identity? Coach Adkins will take an in-depth look at how championship teams commit to getting defensive stops on every possession and why assuming a defensive distinctiveness will set you apart from your opponents.

11:45am Lunch

1:00pm **Strength and Conditioning** – Kyle Tarp, Assistant Director of Basketball Performance
Coach Kyle will provide you with drills that you can use in your program to elevate the performance of your players!

2:00pm Team Practice

4:00pm Closing Statements (Head Coach Brenda Frese)

All future team practices are OPEN for coaches to watch! Please contact Chris Campbell if you wish to come to a practice at a later date. Email: cgc@umd.edu Phone: (301) 314-7013



2011 10th Annual University of Maryland Women's

Basketball Coaches Clinic

Saturday, October 22, 2011

Registration:

Please fill out this form completely and RSVP (must be postmarked by) October 13th:

Cost: \$50 per coach \$135 for a staff of 3 \$150 for a staff of 4

DVD: \$15 per coach if you attend / (40\$ if NOT attending) and/or \$5 per extra DVD

Coach's Name(s): _____

School / Team Name: _____

School / Team Address: _____ City: _____ State: _____ Zip: _____

Coach's Address: _____ City: _____ State: _____ Zip: _____

School phone: _____ Home or cell phone: _____

Email Address: _____

of Coaches Attending: _____

Confirmation will be sent via EMAIL. Please be sure to PRINT YOUR EMAIL ADDRESS CLEARLY

Make checks payable to: Maryland WBB Camps and Clinics

Mail payment and registration by Thursday, OCTOBER 13th:

ATTN: WBB Coaches Clinic 0726 Comcast Center, College Park, MD 20742

For additional questions, please contact us at umdwbbscamps@gmail.com or (301) 226-3141



Directions to the Comcast Center:

FROM BALTIMORE AND POINTS NORTH

Take I-95 South to Washington, D.C.'s Capital Beltway (I-495 West). Take Exit 27 and then follow signs to Exit 25 (U.S. 1 South toward College Park). Proceed approximately one mile south on Route 1; take the exit for 193 West (University Boulevard). At the first light, turn left onto Paint Branch Drive. The Comcast Center will be on your right.

FROM VIRGINIA AND POINTS SOUTH

Take I-95 North to Washington, D.C.'s Capital Beltway (I-495). Continue north on I-95/I-495 toward Baltimore. Take Exit 25 (U.S. 1 South toward College Park). Proceed approximately one mile south on Route 1; take the exit for 193 West (University Boulevard). At the first light, turn left onto Paint Branch Drive. The Comcast Center will be on your right.

FROM VIRGINIA AND POINTS WEST

Take I-66 East or I-270 South to Washington, D.C.'s Capital Beltway (I-495). Go East on I-495 toward Baltimore/Silver Spring. Take Exit 25 (U.S. 1 South toward College Park). Proceed approximately one mile south on Route 1; take the exit for 193 West (University Boulevard). At the first light, turn left onto Paint Branch Drive. The Comcast Center will be on your right.

FROM ANNAPOLIS AND POINTS EAST

Take U.S. 50 West to Washington, D.C.'s Capital Beltway (I-495). Go north on I-95/I-495 toward Baltimore. Take Exit 25 (U.S. 1 South toward College Park). Proceed approximately one mile south on Route 1; take the exit for 193 West (University Boulevard). At the first light, turn left onto Paint Branch Drive. The Comcast Center will be on your right.

FROM WASHINGTON, D.C. (NORTHWEST/SOUTHWEST)

Take 16th St. North which becomes Georgia Avenue North at the Maryland/D.C. line. Go East on I-495 toward Baltimore. Take Exit 25 (U.S. 1 South toward College Park). Proceed approximately one mile south on Route 1; take the exit for 193 West (University Boulevard). At the first light, turn left onto Paint Branch Drive. The Comcast Center will be on your right.

FROM WASHINGTON, D.C. (NORTHEAST/SOUTHEAST)

Take Rhode Island Avenue (U.S. 1 North) which becomes Baltimore Avenue North at the Maryland/D.C. line. Proceed through the city of College Park. Turn left at the main entrance (the intersection of Route 1 and Paint Branch Parkway). Take the immediate right onto Paint Branch Drive. The Comcast Center will be on your left.

- Campus Map and Parking information will be disclosed at a later date -

MARYLAND BASKETBALL

DVD's For Sale

	Quantity	Subtotal
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Clinic DVD's

2011 Coaches Clinic DVD (if you attended the 2011 Clinic)	_____	_____
\$15 for the first DVD, \$5 for each subsequent DVD		

2011 Coaches Clinic DVD (if you did not attend the 2011 Clinic)	_____	_____
\$40 for the first DVD, \$5 for each subsequent DVD		

Instructional DVD's

\$20 each, two for \$30, three for \$40

16 Dynamic Shooting Drills	_____	_____
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Dynamic Quick Hitters	_____	_____
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2-3 Match Up Zone	_____	_____
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2010 Coaches Clinic DVD	_____	_____
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Brenda Frese All-Access \$75	_____	_____
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All 5 DVD's \$100
(All Access, 3 Instruction DVD's, and the 2010 Coaches Clinic)

ORDER FORM:

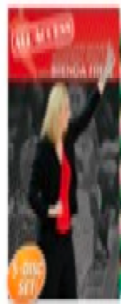
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School: _____

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