



MARYLAND

ACROBATICS & TUMBLING



GENERAL INFO / RECRUITMENT INFO



University of Maryland Acrobatics and Tumbling General Info / Recruitment Info

Coaching Staff and Contact Info

Head Coach: Jarnell Bonds 301-314-2771 jbonds@umd.edu

Assistant Coach: Lura Fleece 240-882-3630 lfleece@umd.edu

<http://www.umterps.com/sports/comp-cheer/md-comp-cheer-body.html>

About the Acrobatics and Tumbling Program

The University of Maryland Acrobatics and Tumbling team is considered by the University as an official varsity sport. Unlike traditional college cheerleading programs (spirit programs), Acrobatics and Tumbling team does not cheer games; their primary purpose is to compete. The Acrobatics and Tumbling team consists of all female members that are selected through an extensive recruitment process that begins with a videotape and application submission. The competitive team officially begins their pre-season training in September, team practices begin October 15th, and the season ends in late April with the NCATA Championships.

2011-2012 Schedule (Tentative)

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| <p>MD @ Quinnipiac University February 4 Home vs. Fairmont State University February 10 Home vs. Quinnipiac University March 9 MD@ Kennesaw State University, University of Oregon March 16-17 (tri) MD @ Baylor University March 24 Home vs. Fairmont State University, Azusa Pacific University March 30 (tri) MD @ Fairmont State University April 13 National Championship April 26-28 @ Baylor University</p> |
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The University of Maryland Acrobatics and Tumbling Team is a member of the NCATA. The National Collegiate Acrobatics and Tumbling Association (NCATA) is the governing body for the sport of Acrobatics and Tumbling at the collegiate level.

The vision of the National Collegiate Acrobatics and Tumbling Association is to provide leadership and governance for the sport of acrobatics and tumbling at the collegiate level based on fair and safe competition while continuing to expand opportunities for female collegiate athletes. Acrobatics and Tumbling is an all-female collegiate sport. The purpose of an acrobatics and tumbling team is to compete on behalf of a university. Acrobatics and Tumbling (A&T) teams are recognized and treated as true sports teams at their respective institutions, and are in compliance and held to the same standards as other sports. These standards include, but are not limited to, minimum grade point averages, academic eligibility requirements, governed athletic seasons, and recruiting guidelines. A&T teams compete in a meet format against one to three other teams. Each team competes between six to eight times per year with the opportunity to qualify for post-season play. The collection of statistics throughout the regular season allows athletes to achieve individual recognition and All-American status. For detailed information about NCATA, please visit: www.thencata.org.



NCATA Members:

Azusa Pacific University, Baylor University, Fairmont State University, University of Maryland, Plymouth State, Kennesaw State, University of Oregon, and Quinnipiac University

Steps for Recruitment

Due to the fact that the University of Maryland Acrobatics and Tumbling Team is recognized as a varsity sport, its program must abide by the NCAA rules that are enforced at the University. The A&T team does not have a spring tryout. They only recruit by video and on-site viewing. If you are interested in being recruited by the University of Maryland program, please follow the steps below.

1. Contact Recruiting Coordinator / Assistant Coach; Lura Fleece at lfleece@umd.edu at 240-882-3630 (cell).
2. Fill out the attached Acrobatics and Tumbling information Request Form and submit with a video.

Video Should Include:

- Brief introduction of yourself
 - 3 or more advanced running tumbling skills (include specialty pass)
 - 3 or more of your most advanced standing tumbling skills
 - Consecutive jump sequences to include gymnastics (ex: triple jump to tuck)
 - Short cheer or dance motion sequences
 - 3 or more of your most advanced partner stunts. If you are able to fly and base, please show variety.
 - (PLEASE SHOW TUMBLING SKILLS ON BOTH HARD FLOOR AND SPRING FLOOR)
3. Best consideration for spots on the team will be given to athletes who send videos before October 1st of their senior year. If mailing a video after December 1st of senior year, athletes should e-mail the coaching staff to notify the video is in transit.

****Minimum Gymnastics Requirements for Recruitment Consideration****

Standing Triple Jump Tuck
Running Round-off Back-handspring Full
Running Specialty Pass through to Full

4. The coaching staff will contact you to let you know that they have received your video and express whether or not they have any interest in proceeding in the recruiting process.

Scholarships

Scholarships available for selected members of the Acrobatics and Tumbling team.

University of Maryland Acrobatics and Tumbling Information Request Form

Directions

For recruitment information complete the following Information Request Form and submit with a video DVD (or an electronic video link or attachment sent via e-mail) of the following skill requirements by October 1, 2011

Video Should Include:

- Brief introduction of yourself
- 3 or more advanced running tumbling skills (include specialty pass)
- 3 or more of your most advanced standing tumbling skills
- Consecutive jump sequences to include gymnastics (ex: triple jump to tuck)
- Short cheer or dance motion sequences
- 3 or more of your most advanced partner stunts. If you are able to fly and base, please show variety.

****Please show minimum skills on both hard and spring floor.****

DVD's and forms should be mailed to the following address:

University of Maryland Acrobatics and Tumbling
 Attention: Lura Fleece
 University of Maryland
 Comcast Center, Room 1735
 College Park, MD 20742

****Minimum Gymnastics Requirements for Recruitment Consideration****

**Standing Triple Jump Tuck
 Running Round-off Back-handspring Full
 Running Specialty Pass through to Full**

For Questions, Contact:

Assistant Coach; Lura Fleece, lfleece@umd.edu or 240-882-3630
 Fax: 240-559-0888, <http://www.umterps.com/sports/comp-cheer/md-comp-cheer-body.html>

| Personal Information | | | | | | | | | | | |
|---|-------------------------------------|----------|--------------------------------|------------------------------------|--------------------------|---------------------------------------|-------------|----------------|-----------|--|--|
| Name | | | Nickname | | | E-mail | | | | | |
| Address | | | | City | | State | | Zip | | | |
| Home Phone | | | Cell Phone | | | Website | | | | | |
| Age | Birth date | | Height | | | Weight | | | | | |
| You live with (mother, father, both, other) | | | | | | | | | | | |
| Mother's Name | | | | Mother's Occupation | | | | Mother's Phone | | | |
| Father's Name | | | | Father's Occupation | | | | Father's Phone | | | |
| Academic Information | | | | | | | | | | | |
| High School | | | School District | | | Phone | | | | | |
| School Address | | | | City | | State | | Zip | | | |
| Athletic Director | | | | Principal | | | | | | | |
| Guidance Counselor | | | | Guidance Counselor Phone | | | | | | | |
| Graduation Date | | | Class Rank | | | Class Size | | | | | |
| SAT/PSAT: | Math Score | | Critical Reading | | Writing Score | | Total Score | | ACT | | |
| GPA | Anticipated Major | | | | | | | | | | |
| Extracurricular Activities | | | | | | | | | | | |
| Other College Interests | | | | | | | | | | | |
| Career Interests | | | | | | | | | | | |
| Athletic Information (Cheer) | | | | | | | | | | | |
| Team #1 | | | | | | | | | | | |
| Team #1 Name | | | # of Year Participation | | | Coach Name | | | | | |
| Coach's Phone | | | Coach's E-mail | | | Team Website | | | | | |
| Circle Team Type: | High School | All-star | Other | Circle Stunt Positions That Apply: | | | Base | Flyer | Back-spot | | |
| Team #2 Name | | | # of Year Participation | | | Coach Name | | | | | |
| Coach's Phone | | | Coach's E-mail | | | Team Website | | | | | |
| Circle Team Type: | High School | All-star | Other | Circle Stunt Positions That Apply: | | | Base | Flyer | Back-spot | | |
| Athletic Information (Gymnastics) | | | | | | | | | | | |
| # of Year Participation | | | Organization, Gym or Team Name | | | | | | | | |
| Standing Tumbling – Please check all that apply: | | | | | | | | | | | |
| <input type="checkbox"/> | Standing tuck | | | | <input type="checkbox"/> | Handspring, handspring, full | | | | | |
| <input type="checkbox"/> | Standing back-handspring, back tuck | | | | <input type="checkbox"/> | Handspring, full | | | | | |
| <input type="checkbox"/> | Toe-touch to tuck | | | | <input type="checkbox"/> | Standing full | | | | | |
| <input type="checkbox"/> | Double Toe-touch to tuck | | | | <input type="checkbox"/> | Standing jump to full | | | | | |
| <input type="checkbox"/> | Triple toe-touch to tuck | | | | <input type="checkbox"/> | Other _____ | | | | | |
| <input type="checkbox"/> | Handspring, handspring, layout | | | | | | | | | | |
| Running Tumbling – Please check all that apply: | | | | | | | | | | | |
| <input type="checkbox"/> | Round-off handspring(s) to tuck | | | | <input type="checkbox"/> | Round-off handspring double full | | | | | |
| <input type="checkbox"/> | Round-off handspring(s) to layout | | | | <input type="checkbox"/> | Specialty pass through to double full | | | | | |
| <input type="checkbox"/> | Round-off handspring(s) to full | | | | <input type="checkbox"/> | Other _____ | | | | | |
| <input type="checkbox"/> | Specialty pass through to full | | | | | | | | | | |
| Maryland Information | | | | | | | | | | | |
| What is your cheerleading style preference: competitions, games or both? | | | | | | | | | | | |
| Which UMD squads are you interested in (circle all that applies) Acrobatics and Tumbling Spirit Squad | | | | | | | | | | | |
| List your top 3 Schools | | | 1). | | | 2). | | | 3). | | |