



THE IN *Terp* RETER

The University of Maryland Office of Athletic Compliance

SUMMER CONDITIONING REMINDER

Coaches: A brief summary of what can and can not be done during the summer break.

YES

YOU MAY:

- In individual sports, (e.g. XC, Golf, Gymnastics, Swimming, Tennis, Track & Field, Wrestling), a coach may participate in individual workout sessions with student-athletes, provided the request for the assistance is initiated by the student-athlete(s).
- Have an individual meeting with a student-athlete, provided it is at the athlete's request and no practice activities occur.
- Design and conduct specific workout programs (only applicable to the Strength and Conditioning Coaches).

NO

YOU MAY NOT:

- In team sports, Coaches may not observe their athletes participating in voluntary weight training and conditioning activities during the summer.
- Require your athletes to attend a voluntary workout.
- Have your athletes submit weight lifting, conditioning, or progress logs to the coaching staff.
- Reward or penalize athletes who choose to participate or elect not to participate in voluntary workouts.
- Record attendance and participation of summer activities.

NCAA COACHES EXAM

WEDNESDAY, MAY 21ST

8:45 AM - REVIEW

9:30 AM - TEST

Location: Comcast Center North Lobby Floor 2

PRACTICE TEST LINK:

[NCAA Coaches Recruiting Practice Test](#)

Camps and Clinics

The beginning of camps/clinics is just around the corner. The information sheet checklist is due 2 weeks before the first date of each individual camp. If you have a camp/clinic with two sessions, an information sheet, as well as all other paperwork must be submitted for Session I & II.

The Camp & Clinic Handbook and necessary forms can be found on the ICA Shared Drive.

Recruiting Calendar

May 15 - June 30

Baseball & Track/Field/XC

May 15 - June 30 Contact Period

Softball

May 15 - May 26 Contact Period

May 27-June 5 DEAD Period

June 6 - June 30 Contact Period
HS Regional and State meets not occurring during a dead period are Evaluation Periods.

Men's Basketball

May 15 - May 21 Quiet Period

May 22 - May 26 DEAD Period

May 27 - May 30 NBA Pre-Draft Camp

May 31 - June 30 Quiet Period

Women's Basketball

May 15 - June 30 Quiet Period

Football

May 15 - May 31 4 weeks Eval Period

May 15 - May 31 Outside 4 weeks

Quiet Period

June 1 - June 30 Quiet Period

Gymnastics

May 15 - June 30 Contact/Evaluation

Men's Lacrosse

May 15 - May 22 Contact Period

May 23 - May 27 DEAD Period

May 28* - June 30 Contact Period

**Contact period begins at noon on May 27.*

Women's Lacrosse

May 15 - May 22 Contact Period

May 23 - May 25 DEAD Period

May 26 - June 30 Contact Period

All Other Sports

Contact / Evaluation

Welcome: New Coaches



Athletics Compliance welcomes Wrestling Head Coach Kerry McCoy and his wife Abbie to Maryland. McCoy comes to College Park after spending 5 years as the head coach at Stanford University.



Athletics Compliance also welcomes Swimming Head Coach Sean Schimmel, wife Tricia and daughter Peyton to Maryland. Schimmel comes to College Park after spending 2 years as Associate Head Coach at LSU.



Compliance Top 5 May Power Rankings

1. **Woman's Lacrosse**
2. **Woman's Soccer**
3. **Volleyball**
- Water Polo**
5. **Men's Golf**

Others receiving votes: Track, Baseball, Woman's Swimming, Football



Testudo's Kudos

Congratulations to the **Green Team** for winning the 1st Annual ICA Staff Wiffle Ball Tournament. The competition was strong but Green finished with a 2-0 record on the day. *Team members are: Captain Marybeth Freeman, Carl Salyer, Brian Pensky, Greg Featherston, Ryan Bowles, Greg Enloe, Kevin Glover, Beth Deskins, Erica Floyd, Vicki Chliszczyk, Gabe Unterman, Shawn Nestor, Adam Straight, Head Coach Laura Watten and Assistant Coach Alissa Smith.*



Compliance Staff

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