



Hit Like A Riverhawk!

UML Winter Hitting Clinic

When:

3 sessions –
January 5, 12, and 19
7:30-9

Where:

Mahoney Gym (UML)

Cost:

\$100 per player

Learn the drills to create lasting muscle memory for proper swing mechanics from stance to follow through. Different drills each week including understanding the mental approach to being the best hitter you can be!

Meet the Coaches

Head Coach **Sean Cotter** joins the UML Softball program after an impressive 10 year career at SUNY Plattsburgh where he compiled a 367-330-4 record, a 2007 4th place finish in the DIII Women's College World Series and among other accolades, was named NFCA Northeast Region Coach of the year and a finalist for NFCA Coach of the Year honors.



Assistant Coach **Jim Cardello** joins the Riverhawks this year as well. Cardello spent the past two years as the assistant at Tufts University where he helped to compile an 85-13 record and a 4th place finish in the DIII Women's College World Series in 2009.



Private lessons available with Coach Cardello, \$25/half hour

Email James_Cardello@uml.edu for more info or to schedule

Registration

Name _____ Home Phone () _____

Address _____ City, State, Zip _____

e-mail _____ School _____ Grade _____

Please Sign: I understand that UMass Lowell and the Softball Clinic will not be liable or responsible for accidents and medical and dental expenses incurred as a result of participation in this program. In the event of injury or illness, the clinic has my permission to seek any emergency medical treatment deemed necessary.

Signature of Parent/Guardian _____ Date _____

Cell # _____ Insurance Company _____

Policy # _____ Medications/Known Allergies _____

Please make checks payable to **UMass Lowell Softball** and mail with registration to:

UMass Lowell Softball Clinics
One University Ave
Lowell, MA 01854

Questions or Concerns? Call the UML Softball Office at (978) 934-3977 or e-mail Jim Cardello at James_Cardello@uml.edu