

UMass Lowell Hitting, Short- Game & Baserunning Clinic Fall '09

Oct. 27 - Dec. 3
Sessions run one hour per
week for 6 weeks.

Girls ages 13-18

Available Sessions

Tuesdays 5 pm-6:30pm
6:45pm-8:15 pm
Thursdays 5 pm-6:30pm
6:45pm-8:15 pm
(max: 25 players per session!)

Cost: \$125
\$200 to attend 2 sessions
per week.

Location
Mahoney Gym - UML

Clinic Objectives:

- To teach proper swing fundamentals with stationary and moving balls
- To teacher hitters about what their best hitting zone is
- To discuss situational hitting
- To introduce aspects of short-game including bunting and slapping
- To teach intermediate to advanced baserunning techniques
- To improve running technique
- To work on various types of sliding

Coaching Staff



Head Coach **Sean Cotter** joins the UML Softball program after an impressive 10 year career at SUNY Plattsburgh where he compiled a 367-330-4 record, a 2007 4th place finish in the DIII Women's College World Series and among other accolades, was named the NFCA Northeast Region

Coach of the year and a finalist for NFCA Coach of the Year



Assistant Coach **Danielle Mason** also begins her first year at ULowell. After a strong career at Stonehill College, Mason spent the 2008-2009 season as the Assistant Coach at Wellesley College where she helped guide the team to a second-place regular season and

tournament finish in the NEWMAC Conference.



Assistant Coach **Jim Cardello** joins the Riverhawks this year as well. Cardello spent the past two years as the assistant at Tufts University where he helped to compile an 85-13 record and a 4th place finish in the DIII Women's College World Series in 2009.

Registration

Name _____ Home Phone () _____

Address _____ City, State, Zip _____

e-mail _____ School _____ Grade _____

Session(s) (Circle): T 5 - 6:30 T 6:30-7:45 TH 5 - 6:30 TH 6:30-7:45

Please Sign: *I understand that UMass Lowell and the Softball Clinic will not be liable or responsible for accidents and medical and dental expenses incurred as a result of participation in this program. In the event of injury or illness, the clinic has my permission to seek any emergency medical treatment deemed necessary.*

Signature of Parent/Guardian _____ Date _____

Cell # _____ Insurance Company _____

Policy # _____ Medications/Known Allergies _____

Please make checks payable to **Sean Cotter** and mailed to:

UMass Lowell Softball Clinics
One University Ave
Lowell, MA 01854

Questions or Concerns? Call the UML Softball Office at (978) 934-3977 or e-mail Danielle Mason at daniellemason3@gmail.com



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