

MARQUETTE

WOMEN'S BASKETBALL™

BIG EAST
CONFERENCE

Center for Health Education and Promotion
Student Health Service

PINK OUT!

HELP US "PACK THE AL" IN PINK AND
JOIN US FOR A WOMEN'S HEALTH FAIR!

Sunday, February 15th at the Al McGuire Center

Time: Noon Health Fair begins on the concourse
1 p.m. Tip-off, Marquette vs. West Virginia

This interactive Health Fair features a wide variety of displays, activities, and educational materials designed to keep you and your families healthy for a lifetime!

HEALTH FAIR BOOTHS

Women and Sports Injuries: Is Your Gear Ready for Landing?
How Wide is Your Span? Meet our Aurora Sports Medicine Institute experts for some interactive sports fun & helpful tips!

Please, Please Don't Smoke: It IS hard to quit, so let us help. If you don't smoke, learn how to help your friends/family. Help Wisconsin become smoke-free one ex-smoker at a time.

Get The Dirt on Germs: Be surprised by our "fun" facts on germs! Play our Germ Game and learn the right way to wash your hands. We'll teach you how to avoid picking up a nasty bug or two this year!

How to Eat, What to Eat: Learn skills to avoid the "Freshman Fifteen," the "Meno-Pot" and other weight challenges. Learn what food choices are healthy at any age!

Women – Explore Your Healthy Life: Learn about health and wellness from the providers at the Midwifery and Wellness Center at Aurora Sinai. Did you know that Midwives deliver more than babies? They deliver great women's care throughout your life span – from adolescence to menopause and beyond.

Test your Heart Health Knowledge: Our heart health nurses will talk about YOUR risk for developing heart problems and offer personalized risk testing and information.

Pink Zone – Breast Health: Breast cancer affects 1:8 women and early detection is the key to cure. Do you know what tests to get and when? How to do a breast self-exam? How important is family history for your risk? Bring your questions – we have answers.

The Power of Touch: Relaxing, therapeutic hand massage.

WBCA
PinkZone

GREAT PRIZES INCLUDING...
Girls Summer Basketball Camp Giveaway,
\$50 Gift Certificate to Neroli Salon & Spa,
Marquette Basketball signed by Terri Mitchell and Buzz Williams
For more info: GOMARQUETTE.com

Keep yourself and your family healthy for a lifetime! Please join us, you don't want to miss this event!

Sponsored by: Aurora Sinai Medical Center
Association of Marquette University Women
Marquette Athletics
Marquette Center for Health Education and Promotion/ Student Health Service
Marquette University Ethnic Alumni Association

 **Aurora Sinai
Medical Center®**

GO MARQUETTE

Marquette vs West Virginia
Sunday, Feb. 15, 2009 1 PM



**WOMEN'S
BASKETBALL**



Pink Out!

WBCA
PinkZone

BIG EAST
CONFERENCE

Sun, Feb. 15 Health Fair
NOON
1 PM. Game

Present this flyer and redeem for **HALF PRICE** admission to the Marquette vs. West Virginia Women's Basketball game.