

# GYMNASTICS

## MAC CHAMPIONSHIP HISTORY

Year	Champion	Score	Head Coach	Site
1981	Kent State	138.00	Rudy & Janet Bachna	Kent, Ohio
1982	Bowling Green	136.10	Charles Simpson	Bowling Green, Ohio
1983	Bowling Green	170.00	Charles Simpson	Muncie, Ind.
1984	Kent State	173.25	Rudy & Janet Bachna	DeKalb, Ill.
1985	Bowling Green	175.80	Charles Simpson	Mount Pleasant, Mich.
1986	Western Michigan	180.65	Kathy Beauregard	Kalamazoo, Mich.
1987	Western Michigan	177.20	Kathy Beauregard	Ypsilanti, Mich.
1988	Kent State	176.60	Rudy & Janet Bachna	Kent, Ohio
1989	Kent State	183.15	Rudy & Janet Bachna	Bowling Green, Ohio
1990	Central Michigan	185.35	Jerry Reighard	Muncie, Ind.
1991	Central Michigan	187.30	Jerry Reighard	Mount Pleasant, Mich.
1992	Central Michigan	187.80	Jerry Reighard	Kalamazoo, Mich.
1993	Central Michigan	187.775	Jerry Reighard	Ypsilanti, Mich.
1994	Kent State	189.175	Brice Biggin	Ypsilanti, Mich.
1995	Central Michigan	189.450	Jerry Reighard	Muncie, Ind.
1996	Kent State	194.475	Brice Biggin	Bowling Green, Ohio
1997	Kent State	194.550	Brice Biggin	Mount Pleasant, Mich.
1998	Central Michigan	194.475	Jerry Reighard	DeKalb, Ill.
1999	Central Michigan	195.425	Jerry Reighard	Kalamazoo, Mich.
2000	Central Michigan	195.575	Jerry Reighard	Ypsilanti, Mich.
2001	Kent State	195.675	Brice Biggin	Kent, Ohio
2002	Ball State	195.375	Mary Roth	Muncie, Ind.
2003	Central Michigan	197.425	Jerry Reighard	Bowling Green, Ohio
2004	Central Michigan	197.525	Jerry Reighard	Mount Pleasant, Mich.
2005	Kent State	195.000	Brice Biggin	DeKalb, IL

### Championships by School

Central Michigan	10
Kent State	8
Bowling Green	3
Western Michigan	2
Ball State	1

### Championships by Coach

Jerry Reighard, CMU	10
Rudy & Janet Bachna, KSU	4
Brice Biggin, KSU	4
Charles Simpson, BGSU	3
Kathy Beauregard, WMU	2
Mary Roth, BSU	1

	Coach of the Year	Gymnast of the Year	Senior of the Year	Freshman of the Year
1981	Rudy & Janet Bachna, KSU	Award Not Given	Award Not Given	Award Not Given
1982	Albert David, EMU	Award Not Given	Award Not Given	Award Not Given
1983	Charles Simpson, BGSU	Award Not Given	Award Not Given	Award Not Given
1984	Rudy & Janet Bachna, KSU	Award Not Given	Award Not Given	Award Not Given
1985	Kathy Beauregard, WMU	Award Not Given	Award Not Given	Award Not Given
1986	Kathy Beauregard, WMU	Award Not Given	Award Not Given	Award Not Given
1987	Steve Wilce, EMU	Award Not Given	Award Not Given	Award Not Given
1988	Jerry Reighard, CMU	Award Not Given	Award Not Given	Award Not Given
1989	Mary Roth, BSU	Award Not Given	Award Not Given	Award Not Given
	Steve Wilce, EMU			
1990	Jerry Reighard, CMU	Award Not Given	Shelby Root, CMU	Award Not Given
1991	Brigitte Laketa, WMU	Award Not Given	Bonnie Boggiano, WMU	Award Not Given
1992	Steve Wilce, EMU	Award Not Given	Allyson Newman, EMU	Award Not Given
1993	Brice Biggin, KSU	Award Not Given	Natalie Leich, WMU	Award Not Given
	Robin Loheide, EMU			
1994	Brice Biggin, KSU	Award Not Given	Alisa Rago, WMU	Award Not Given
1995	Jerry Reighard, CMU	Award Not Given	Jodi Fosberg, EMU	Heather Ferguson, EMU
1996	Brice Biggin, KSU	Award Not Given	Shelly Stambaugh,	KSU Kristine Slam, KSU
1997	Dan Connelly, BGSU	Kim Miller, EMU	Kim Miller, EMU	J.J. Cullom, EMU
	Brigitte Laketa, WMU			
1998	Jerry Reighard, CMU	Selina Nickason, CMU	Selina Nickason, CMU	Andrea Ruhe, WMU
1999	Dan Connelly, BGSU	Marny Oestreg, BGSU	Kelly Dezman, KSU	Marny Oestreg, BGSU
2000	Terry Casperson, WMU	Laura Szczepanski, BSU	Nikki Liphardt, CMU	Natalie Hashimoto, EMU
2001	Brice Biggin, KSU	Natalie Hashimoto, EMU	Laura Chow, CMU	Jessie James, KSU
2002	Dan Connelly, BGSU	Natalie Hashimoto, EMU	Marny Oestreg, BGSU	Kara Reighard, CMU
2003	Brice Biggin, KSU	Kristina Campos, NIU	Natalie Hashimoto, EMU	Ashlee Williams, NIU
2004	Jerry Reighard, CMU	Melissa Popovich, BGSU	Melissa Popovich, BGSU	Rebecca Fuss, EMU
			Jessie James, KSU	
2005	Jerry Reighard, CMU	Kara Reighard, CMU	Sars Bartinsky, CMU	Jolene Worley, EMU

# GYMNASTICS

## INDIVIDUAL MAC CHAMPIONSHIPS

### All-Around

Year	Champion	Score
1981	Sonya McGhee, EMU	35.25
1982	Laurie Garee, BGSU	34.35
1983	Julie Bender, BGSU	34.65
1984	Julie Bender, BGSU	35.60
	Darlene Davis, NIU	35.60
1985	Sharon McNie, EMU	36.60
1986	Sharon McNie, EMU	37.15
1987	Linda Moran, WMU	35.75
1988	Dainty Hiser, KSU	36.85
1989	Sue McCarthy, WMU	37.10
1990	Michelle Owens, BSU	37.50
	Shelby Root, CMU	37.50
1991	Allyson Newman, EMU	37.40
1992	Allyson Newman, EMU	37.95
1993	Robin Loheide, EMU	38.800
1994	Michelle Naessig, KSU	38.225
1995	Jenny Snell, CMU	38.525
1996	Shelly Stambaugh, KSU	39.225
1997	Michelle Naessig, KSU	39.400
1998	Amber Gaskill, CMU	39.100
1999	Marny Oestreg, BGSU	39.525
2000	Marny Oestreg, BGSU	39.450
2001	Sarah Dame, CMU	39.150
	Marny Oestreg, BGSU	39.150
2002	Kara Reighard, CMU	39.425
2003	Kara Reighard, CMU	39.625
2004	Sara Burtinsky, CMU	39.550
2005	Sara Burtinsky, CMU	39.250

### Vault

Year	Champion	Score
1981	Dawn Boyle, BGSU	9.10
1982	Cari Christensen, EMU	8.85
1983	Julie Bender, BGSU	9.15
1984	Julie Bender, BGSU	9.20
1985	Sharon McNie, EMU	9.35
1986	Chris Malis, KSU	9.40
	Sharon McNie, EMU	9.40
1987	Jackie Klein, WMU	9.15
1988	Marianne Darr, KSU	9.25
	Chris Deitrick, KSU	9.25
	Dainty Hiser, KSU	9.25
1989	Cari Dubois, BSU	9.55
1990	Kim Lestan, CMU	9.55
1991	Kim Lestan, CMU	9.50
1992	Natalie Leich, WMU	9.70
1993	Shelly Stambaugh, KSU	9.800
1994	Shelly Stambaugh, KSU	9.800
1995	Shelly Stambaugh, KSU	9.875
1996	Shelly Stambaugh, KSU	10.000
1997	Kelly Dezman, KSU	9.875
	Michelle Naessig, KSU	9.875
1998	Jackie Haft, BGSU	9.850
1999	Marny Oestreg, BGSU	9.875
2000	Marny Oestreg, BGSU	9.875
2001	Tammy Verrinder, CMU	9.925
2002	Shanna Duggan, CMU	9.900
2003	Kara Reighard, CMU	9.925
2004	Jenna Tarkington, BSU	9.950
	Kara Reighard, CMU	9.950
2005	Jessica Surridge, BSU	9.775

### Uneven Bars

Year	Champion	Score
1981	Susie Baxter, KSU	9.00
1982	Laurie Garee, BGSU	8.95
1983	Sonya McGhee, EMU	8.90
1984	Chris Roscover, KSU	9.15
1985	Jill Snyder, NIU	9.40
1986	Alicia Kovalick, KSU	9.35
1987	Sharon McNie, EMU	9.40
1988	Lori Fellabaum, WMU	9.20
1989	Denise Simmons, KSU	9.40
	Debbie Skeppstrom, CMU	9.40
1990	Amy Musgrove, KSU	9.50
1991	Christa Cowden, CMU	9.65
1992	Allyson Newman, EMU	9.60
1993	Christa Cowden, CMU	9.700
1994	Teresa Ijams, BSU	9.675
1995	Naomi Grahm, CMU	9.800
1996	Michelle Naessig, KSU	9.850
1997	Michelle Naessig, KSU	9.900
	Selina Nickason, CMU	9.900
1998	Sandy Menard, NIU	9.875
1999	Marny Oestreg, BGSU	9.900
2000	Heather Langham, KSU	9.850
	Nikki Liphardt, CMU	9.850
	Laura Szczepanski, BSU	9.850
	Tammy Verrinder, CMU	9.850
2001	Marny Oestreg, BGSU	9.875
	Tammy Verrinder, CMU	9.875
2002	Renee Planck, BSU	9.900
2003	Katie Teft, CMU	9.975
2005	Ashlee Williams, NIU	9.875
	Sara Burtinsky, CMU	9.875

#### Vault Champions by School

Kent State	10
Bowling Green	6
Central Michigan	6
Eastern Michigan	3
Ball State	3
Western Michigan	2

#### Uneven Bars Champions by School

Central Michigan	11
Kent State	8
Ball State	3
Bowling Green	3
Eastern Michigan	3
Northern Illinois	3
Western Michigan	1

#### Balance Beam Champions by School

Kent State	8
Central Michigan	7
Bowling Green	6
Eastern Michigan	4
Ball State	2
Northern Illinois	1
Western Michigan	1

#### Floor Exercise Champions by School

Central Michigan	10
Eastern Michigan	7
Kent State	6
Ball State	4
Bowling Green	3
Western Michigan	3

#### All-Around Champions by School

Central Michigan	8
Bowling Green	6
Eastern Michigan	6
Kent State	4
Western Michigan	2
Ball State	1
Northern Illinois	1

# GYMNASTICS

## INDIVIDUAL MAC CHAMPIONSHIPS

### Balance Beam

Year	Champion	Score
1981	Laurie Garee, BGSU	9.00
1982	Amy McKean, KSU	9.00
1983	Debbie Rose, KSU	8.60
1984	Kathy Collett, KSU	9.00
1985	Tiffany Kosmerl, BGSU	9.45
1986	Sharon McNie, EMU	9.35
1987	Michelle Paolucci, CMU	9.25
1988	Dainty Hiser, KSU	9.45
1989	Sue McCarthy, WMU	9.50
1990	Daphne Musgrove, KSU	9.60
1991	Mary Beth Friel, BGSU	9.60
1992	Terri Tubbs, CMU	9.60
1993	Robin Loheide, EMU	9.700
1994	Shannon Gallagher, KSU	9.700
1995	Heather Ferguson, BGSU	9.775
1996	Laura Hambly, BSU	9.850
	Kim Miller, EMU	9.850
1997	Sarah Mikrut, BSU	9.850
1998	Alisha Conahan, NIU	9.850
	J.J. Cullom, EMU	9.850
1999	Nicole Bills, CMU	9.850
	Marny Oestreg, BGSU	9.850
2000	Marny Oestreg, BGSU	9.900
2001	Laura Chow, CMU	9.925
2002	Bethany Couturier, CMU	9.875
2003	Bethany Couturier, CMU	9.875
	April Zentko, KSU	9.875
2004	Sara Burtinsky, CMU	9.975
2005	Erika Linnersten, KSU	9.875

### Floor Exercise

Year	Champion	Score
1981	Sonya McGhee, EMU	9.15
1982	Dawn Boyle, BGSU	8.75
	Karin Kemper, BGSU	8.75
1983	Kathy Collett, KSU	9.00
1984	Kathy Collett, KSU	9.00
1985	Melanie Waite, WMU	9.50
1986	Linda Moran, WMU	9.35
1987	Bonnie Boggiano, WMU	9.20
1988	Amy Trapp, CMU	9.30
1989	Allyson Newman, EMU	9.35
1990	Shelby Root, CMU	9.40
1991	Kim Lestan, CMU	9.50
1992	Cari DuBois, BSU	9.65
1993	Robin Loheide, EMU	9.675
1994	Rachael Coury, KSU	9.775
1995	Sarah Mikrut, BSU	9.650
1996	Regan Maurer, EMU	9.775
1997	Sarah Mikrut, BSU	9.900
1998	Selina Nickason, CMU	9.900
1999	Nikki Liphardt, CMU	9.975
2000	Nikki Liphardt, CMU	9.925
2001	Jenny Eckel, KSU	9.900
2002	Jenny Gantt, BSU	9.900
	Leah Hashimoto, EMU	9.900
	Natalie Hashimoto, EMU	9.900
	Marny Oestreg, BGSU	9.900
	Michele Orloski, CMU	9.900
	Sara Wasilenko, EMU	9.900
2003	Michele Orloski, CMU	9.950
	Kara Reighard, CMU	9.950
2004	Stephanie Langley, CMU	9.950
	Earline Feugill, KSU	9.950
2005	Phylricia Robertson, KSU	9.900

### MAC Championship Meet Records

#### Vault

10.000 Shelly Stambaugh, KSU, 1996

#### Uneven Bars

9.975 Katie Teft, CMU, 2003

#### Balance Beam

9.975 Sara Burtinsky, CMU, 2004

#### Floor Exercise

9.975 Nikki Liphardt, CMU, 1999

#### All-Around

39.625 Kara Reighard, CMU, 2003

#### Team Vault

49.450 Central Michigan, 2004

#### Team Uneven Bars

49.550 Central Michigan, 2003

#### Team Balance Beam

49.350 Kent State, 2004

#### Team Floor Exercise

49.575 Central Michigan, 2003

#### Team Overall

197.525 Central Michigan, 2004

### MAC Record

#### Vault

10.000 Laura Chow, CMU  
Natalie Hashimoto, EMU, 2001  
Tammy Verrinder, CMU, 2001  
Shelly Stambaugh, KSU, 1996

#### Uneven Bars

10.000 Katie Teft, CMU, 2003

#### Balance Beam

10.000 April Zentko, KSU, 2003  
Natalie Hashimoto, EMU, 2000  
Shannon Gallagher, KSU, 1996

#### Floor Exercise

10.000 Kara Reighard, CMU, 2004  
Jessie James, KSU, 2004  
Michelle Orloski, CMU, 2003

#### All-Around

39.725 Natalie Hashimoto, EMU, 2000

# GYMNASTICS

## MAC CHAMPIONSHIPS RESULTS

### 1981

1. Kent State .....	138.00
2. Bowling Green .....	136.95
3. Eastern Michigan .....	136.00
4. Western Michigan .....	129.40
5. Central Michigan .....	125.90
6. Northern Illinois.....	125.45
7. Ball State.....	119.75

### 1982

1. Bowling Green .....	136.10
2. Eastern Michigan .....	135.40
3. Western Michigan .....	131.70
4. Ball State.....	129.80
5. Central Michigan.....	127.10
6. Northern Illinois.....	126.95
7. Kent State .....	125.45
8. Miami .....	105.70

### 1983

1. Bowling Green .....	170.00
2. Kent State .....	169.05
3. Eastern Michigan .....	167.10
4. Western Michigan .....	165.60
5. Northern Illinois.....	164.65
6. Central Michigan.....	158.40
7. Ball State.....	157.95

### 1984

1. Kent State .....	173.25
2. Bowling Green .....	172.25
3. Northern Illinois.....	170.70
4. Western Michigan .....	169.70
5. Eastern Michigan .....	167.40
6. Ball State.....	166.80
7. Central Michigan.....	162.40

### 1985

1. Bowling Green .....	175.80
2. Western Michigan .....	174.50
3. Northern Illinois.....	174.35
4. Eastern Michigan .....	173.10
5. Ball State.....	171.55
6. Kent State .....	171.10
7. Central Michigan.....	169.95

### 1986

1. Western Michigan .....	180.65
2. Kent State .....	179.25
3. Bowling Green .....	178.45
4. Eastern Michigan .....	176.95
5. Northern Illinois.....	175.65
6. Ball State.....	175.15
7. Central Michigan.....	174.35

### 1987

1. Western Michigan .....	177.20
2. Bowling Green .....	176.35
3. Eastern Michigan .....	174.55
4. Central Michigan.....	173.24
5. Kent State .....	171.65
6. Ball State.....	167.45

### 1988

1. Kent State .....	176.60
2. Western Michigan .....	176.40
3. Bowling Green .....	175.55
4. Central Michigan.....	174.60
5. Eastern Michigan .....	174.55
6. Ball State.....	172.20

### 1989

1. Kent State .....	183.15
2. Central Michigan.....	182.95
3. Eastern Michigan .....	181.95
4. Western Michigan .....	181.10
5. Ball State.....	179.85
6. Bowling Green .....	179.75

### 1990

1. Central Michigan.....	185.35
2. Kent State .....	185.00
3. Eastern Michigan .....	184.35
4. Ball State.....	183.50
5. Bowling Green .....	183.20
6. Western Michigan .....	182.15

### 1991

1. Central Michigan.....	187.30
2. Western Michigan .....	183.85
3. Bowling Green .....	183.10
4. Ball State.....	182.50
5. Eastern Michigan .....	182.15
6. Kent State .....	179.75

### 1992

1. Central Michigan.....	187.80
2. Eastern Michigan .....	187.30
3. Ball State.....	184.60
4. Western Michigan .....	183.85
5. Kent State .....	183.50
6. Bowling Green .....	181.90

### 1993

1. Central Michigan.....	187.775
2. Eastern Michigan .....	187.725
3. Kent State .....	186.650
4. Bowling Green .....	186.375
5. Western Michigan .....	185.975
6. Ball State.....	183.150

### 1994

1. Kent State .....	189.175
2. Ball State.....	188.775
3. Central Michigan.....	188.725
4. Eastern Michigan .....	188.175
5. Western Michigan .....	187.550
6. Bowling Green .....	183.975

### 1995

1. Central Michigan.....	189.450
2. Ball State.....	189.100
3. Eastern Michigan .....	187.625
4. Western Michigan .....	186.400
5. Kent State .....	185.850
6. Bowling Green .....	184.125

### 1996

1. Kent State .....	194.475
2. Ball State.....	193.650
3. Central Michigan.....	191.550
4. Eastern Michigan .....	191.150
5. Western Michigan .....	189.175
6. Bowling Green .....	186.800

### 1997

1. Kent State .....	194.550
2. Central Michigan.....	194.025
3. Eastern Michigan .....	193.225
4. Western Michigan .....	193.000
5. Ball State.....	192.450
6. Bowling Green .....	188.925

### 1998

1. Central Michigan.....	194.475
2. Ball State.....	192.525
3. Northern Illinois.....	191.925
4. Kent State .....	191.075
5. Western Michigan .....	190.225
6. Eastern Michigan .....	190.200
7. Bowling Green .....	188.175

### 1999

1. Central Michigan.....	195.425
2. Ball State.....	193.475
3. Kent State .....	192.950
4. Bowling Green .....	192.900
5. Western Michigan .....	190.725
6. Eastern Michigan .....	189.725
7. Northern Illinois.....	189.075

### 2000

1. Central Michigan.....	195.575
2. Ball State.....	195.250
3. Kent State .....	193.200
4. Western Michigan .....	193.100
5. Bowling Green .....	192.850
6. Eastern Michigan .....	191.500
7. Northern Illinois.....	189.000

### 2001

1. Kent State .....	195.675
2. Central Michigan.....	194.900
3. Eastern Michigan .....	194.750
4. Ball State.....	194.600
5. Bowling Green .....	194.400
6. Western Michigan .....	193.450
7. Northern Illinois.....	191.350

### 2002

1. Ball State.....	195.375
2. Central Michigan.....	194.975
3. Kent State .....	194.875
4. Eastern Michigan .....	194.100
5. Bowling Green .....	193.075
6. Western Michigan .....	192.125
7. Northern Illinois.....	190.875

### 2003

1. Central Michigan.....	197.425
2. Kent State .....	196.125
3. Eastern Michigan .....	195.350
4. Bowling Green .....	195.175
5. Western Michigan .....	194.100
6. Northern Illinois.....	192.675
7. Ball State.....	190.125

### 2004

1. Central Michigan.....	197.525
2. Kent State .....	196.850
3. Eastern Michigan .....	195.550
4. Bowling Green .....	194.650
5. Northern Illinois.....	194.600
6. Western Michigan .....	194.025
7. Ball State.....	193.050

### 2005

1. Kent State.....	195.000
2. Central Michigan.....	194.650
3. Northern Illinois.....	193.050
4. Bowling Green.....	192.875
5. Ball State.....	192.850
6. Eastern Michigan.....	192.400
7. Western Michigan.....	190.525

# GYMNASTICS

## ALL-MAC FIRST TEAMS

### 1981

Susie Baxter, KSU  
Dawn Boyle, BGSU  
Laurie Garee, BGSU  
Sonya McGhee, EMU

### 1982

Dawn Boyle, BGSU  
Cari Christensen, EMU  
Laurie Garee, BGSU  
Karin Kemper, BGSU  
Amy McKean, KSU

### 1983

Julie Bender, BGSU  
Kathy Collett, KSU  
Linda Geordano, EMU  
Katie Greaser, BGSU  
Sonya McGhee, EMU  
Jennifer Mills, BSU  
Dawn Roberts, KSU  
Debbie Rose, KSU  
Raeanne Smith, WMU

### 1984

Julie Bender, BGSU  
Kathy Collett, KSU  
Cheri Roscover, KSU  
Debbie Rose, KSU  
Melanie Waite, WMU

### 1985

Brigitte Boyer, WMU  
Dawn Helsten, BSU  
Becky Howe, WMU  
Tiffany Kosmerl, BGSU  
Cindy Mazei, WMU  
Sharon McNie, EMU  
Jill Snyder, NIU  
Shelley Staley, BGSU  
Melanie Waite, WMU

### 1986

Darlene Davis, NIU  
Sharon McNie, EMU  
Tiffany Kosmerl, BGSU  
Alicia Kovalick, KSU  
Chris Malis, KSU  
Linda Moran, WMU  
Shelley Staley, BGSU

### 1987

Suzanne Bell, BGSU  
Bonnie Boggiano, WMU  
Lisa Hillman, BGSU  
Dawn Hintz, EMU  
Jackie Klein, WMU  
Cindy Mazei, WMU  
Sharon McNie, EMU  
Linda Moran, WMU  
Michelle Paolucci, CMU  
Josephine Smith, CMU

### 1988

Marianne Darr, KSU  
Chris Deitrick, EMU  
Lori Fellabaum, WMU  
Dainty Hiser, KSU  
Shelby Root, CMU  
Amy Trapp, CMU

### 1989

Renee Counard, CMU  
Cari Dubois, BSU  
Lori Fellabaum, WMU  
Mary Beth Friel, BGSU  
Sue McCarthy, WMU  
Allyson Newman, EMU  
Shelby Root, CMU  
Denise Simmons, KSU  
Debbie Skeppstrom, CMU  
Adrienne Splain, KSU  
Karen Szilvasi, KSU

### 1990

Meg Griffin, BGSU  
Christine Ebert, CMU  
Kim Lestan, CMU  
Amy Musgrove, KSU  
Daphne Musgrove, KSU  
Melissa Olson, WMU  
Michelle Owens, BSU  
Shelby Root, CMU  
Adrienne Splain, KSU

### 1991

Bonnie Boggiano, WMU  
Christa Cowden, CMU  
Christine Ebert, CMU  
Mary Beth Friel, BGSU  
Kim Lestan, CMU  
Stephanie Pannick, CMU  
Debbie Skeppstrom, CMU  
Cindy Zeits, WMU  
Julie Zickes, BGSU

### 1992

Kathleen Butke, KSU  
Christa Cowden, CMU  
Lori Cummings, BSU  
Cari Dubois, BSU  
Mary Beth Friel, BGSU  
Natalie Leich, WMU  
Jennifer Lippert, BSU  
Robin Loheide, EMU  
Allyson Newman, EMU  
Jamie Nieman, EMU  
Terri Tubbs, CMU  
Amy Woomeer, KSU

### 1993

Christa Cowden, CMU  
Naomi Grahn, CMU  
Kim Holmes, CMU  
Robin Loheide, EMU  
Shelly Stambaugh, KSU  
Terri Tubbs, CMU  
Robin Wall, BGSU  
Nancy Zyne, KSU

### 1994

Rachel Coury, KSU  
Shannon Gallagher, KSU  
Naomi Grahn, CMU  
Teresa Ijams, BSU  
Sarah Mikrut, BSU  
Michelle Naessig, KSU  
Shelly Stambaugh, KSU  
Mieke Weissert, CMU

### 1995

Heather Ferguson, BGSU  
Ginny Goldberg, CMU  
Naomi Grahn, CMU  
Sarah Mikrut, BSU  
Selina Nickason, CMU  
Jenny Snell, CMU  
Shelly Stambaugh, KSU

### 1996

Colleen Currens, BSU  
Amanda Gdovicak, CMU  
Laura Hambly, BSU  
Sarah Mikrut, BSU  
Michelle Naessig, KSU  
Shelly Stambaugh, KSU

### 1997

Nicole Bills, CMU  
Kelly Dezman, KSU  
Shannon Gallagher, KSU  
Sarah Mikrut, BSU  
Kim Miller, EMU  
Michelle Naessig, KSU  
Selina Nickason, CMU

### 1998

Alisha Conahan, NIU  
J.J. Cullom, EMU  
Kelly Dezman, KSU  
Amber Gaskill, CMU  
Jackie Haft, BGSU  
Sandy Menard, NIU  
Selina Nickason, CMU

### 1999

Nicole Bills, CMU  
Bethany Couturier, CMU  
Nicole Liphardt, CMU  
Marny Oestreg, BGSU  
Laura Szczepanski, BSU

### 2000

Heather Langham, KSU  
Nicole Liphardt, CMU  
Marny Oestreg, BGSU  
Laura Szczepanski, BSU  
Tammy Verrinder, CMU

### 2001

Laura Chow, CMU  
Sarah Dame, CMU  
Jenny Eckel, KSU  
Marny Oestreg, BGSU  
Tammy Verrinder, CMU

### 2002

Bethany Couturier, CMU  
Shanna Duggan, CMU  
Jennifer Gantt, BSU  
Leah Hashimoto, EMU  
Natalie Hashimoto, EMU  
Renee Planck, BSU  
Marny Oestreg, BGSU  
Michele Orloski, CMU  
Kara Reighard, CMU  
Sara Wasilenko, EMU

### 2003

Bethany Couturier, CMU  
Michelle Orloski, CMU  
Kara Reighard, CMU  
Katie Teft, CMU  
April Zentko, KSU

### 2004

Sara Burtinsky, CMU  
Earline Feugill, KSU  
Stephanie Langley, CMU  
Kara Reighard, CMU  
Jenna Tarkington, BSU

### 2005

Sara Burtinsky, CMU  
Erika Linnersten, KSU  
Phylcia Robertso, KSU  
Jessican Surridge, BSU  
Ashlee Williams, NIU

# GYMNASTICS

## ACADEMIC ALL-MAC HONOREES

### Ball State

Cassie Anthony.....	2003
Ronna Broyles.....	1989
Kim Cromer.....	2003
Kelli Davis.....	2005
Carisa Geary.....	1998
Laura Gregg.....	1999
Laura Hambly.....	1997
Nicole Heath.....	1994
Teresa Ijams.....	1994, 95
Wendy Kamper.....	1990, 91
Jenny Lippert.....	1995
Sarah Mikrut.....	1995, 96, 97
Mary Picconatto.....	1990, 91, 92
Suzanne Racz.....	1999
Angeline Sunier.....	1994
Laura Szczepanski.....	1998, 99
Jenna Terkington.....	2005
Jenny Taylor.....	2003
Tammy Tyillian.....	1994
Courtney Vojtasek.....	2004
Robin Wallner.....	1990

### Bowling Green

Kim Eddings.....	1991
Kari Elsie.....	2005
Kathy Emerson.....	2003
Jessia Guyer.....	2005
Elisa Martinelli.....	1994
Jennifer Wenrich.....	1995

### Central Michigan

Elizabeth Bailey.....	1987
Sarah Dame.....	2003
Amber Gaskill.....	1998, 99
Selina Nickason.....	1998
Kara Reighard.....	2004, 05
Jenny Snell.....	1995, 96
Mieke Weissert.....	1994

### Eastern Michigan

Lisa Fleming.....	1996
Rebecca Fuss.....	2005
Leah Hashimoto.....	2003, 04
Natalie Hashimoto.....	2003
Laura Holensworth.....	2005
Sheryl Kayser.....	1988
Emily Koechel.....	2005
Regan Maurer.....	1997
Heather Shire.....	1996

### Kent State

Jenny Eckel.....	2003
Earlene Feugill.....	2004
Shannon Gallagher.....	1995, 96, 97
Kristy High.....	1999
Amy Musgrove.....	1992, 93
Danielle Roman.....	1998
Denise Simmons.....	1990
Krissie Slam.....	1997

### Northern Illinois

Anna Gardina.....	2003
Laura Hale.....	2003
Ashlee Williams.....	2004, 05

### Western Michigan

Susan Crowe.....	1994
Cherisse Marier.....	2005
Alisa Rago.....	1994

## Scholastic All-Americans

### Ball State

Amy Jo Fink.....	1996, 97
Carisa Geary.....	1996, 97
Laura Gregg.....	1996, 97
Laura Hambly.....	1996, 97
Nikki Horney.....	1997
Sarah Mikrut.....	1996, 97
Tracy Owens.....	1996, 97
Stacie Slater.....	1996
Ange Sunier.....	1996
Laura Szczepanski.....	1997

### Bowling Green

Jennifer Breneman.....	2000, 01
Amber Curry.....	2001
Kim Eddings.....	1991
Heather Ferguson.....	1997
Sarah Gaertner.....	2001
Emily Gray.....	2001
Jackie Haft.....	1998
Melissa Hunt.....	1997
Jamie Kent.....	2001
Erin Klingenberg.....	1998
Wendy Marsh.....	1993
Lesley Malucci.....	1999, 2000
Elisa Martinelli.....	1995
Kristin Molnar.....	1997, 98, 99, 2000
Marny Oestreg.....	1999
Melissa Popovich.....	2001
Susan Talbott.....	1995, 96, 97
Mindy Untch.....	1999, 2000, 01
Kelly Verhoff.....	1999, 2000
Jennifer Wenrich.....	1993, 94, 95, 96

### Central Michigan

Rachael Adams.....	1995, 96
Tiffani Berra.....	2001, 02
Nicole Bills.....	1997, 98, 99, 2000
Gina Black.....	2001
Sara Burtinsky.....	2002
Theresa Campanaro.....	1997
Tara Cartier.....	2002

Lesli Chambers.....	1997
Laura Chow.....	1998, 99, 2000, 01
Bethany Couturier.....	2001
Sarah Dame.....	2000, 01, 02
Kelly Duce.....	2001, 02
Shanna Duggan.....	2002
Vicki Epple.....	1994, 95, 96
Amber Gaskill.....	1995, 96, 97, 98
Wendy Gross.....	1995, 96
Autumn Hansen.....	1999, 2000
Kim Holmes.....	1993
Nikki Liphardt.....	1999, 2000
Laura McLaren.....	2002
Sarah Nelson.....	2001
Andrea Price.....	1998, 99, 2000, 01
Kerri McKay.....	1998
Christine Mueller.....	1993, 95, 96
Selina Nickason.....	1995, 96, 97, 98
Kara Reighard.....	2002
Jenny Snell.....	1994, 95, 96
Stacey Watson.....	1999
Mieke Weissert.....	1991, 92, 93
Becky Wildgen.....	1997, 99

### Western Michigan

Bonnie Boggiano.....	1991
Susan Crowe.....	1992, 93, 94
Christine Evans.....	1995, 96, 97
Stephanie Grygiel.....	1994, 96
Elizabeth Hanninen.....	1996
Dana Henkel.....	1995, 96
Krista Janette.....	1996
Kera Kelley.....	1995, 96, 97, 98
Kristen Milanowski.....	1992
Holly Nabozny.....	1992
Melissa Olson.....	1992
Mindy Poliski.....	1997, 98
Alisa Rago.....	1992, 94
Kimberly Smith.....	1995, 96, 97
Maria Ventura.....	1996, 97
Heidi Wardinski.....	1996, 97



# GYMNASTICS

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## POSTSEASON APPEARANCES

### NCAA Team Appearance

#### NCAA Regional

Year	Team	Finish.....	Score
1982	Bowling Green	5th .....	134.4
1984	Bowling Green	5th	
1985	Bowling Green	3rd	
1986	Bowling Green	6th	
1987	Bowling Green	7th .....	168.95
1991	Bowling Green	4th .....	186.775
1999	Central Michigan	3rd.....	193.550
	Ball State	4th .....	193.375
2000	Central Michigan	4th .....	193.200
	Kent State	5th .....	193.100
2001	Kent State	6th .....	192.675
2002	Central Michigan	4th .....	193.675
2003	Central Michigan	T-2nd.....	196.350*
<i>*Auburn advanced to the national championship via a sixth-score tiebreaker.</i>			
	Kent State	6th .....	193.950
2004	Kent State	6th .....	194.850
2005	Kent State	6th.....	192.500
	Central Michigan	6th.....	194.125

#### NIT Championship

Year	Team	Finish.....	Score
1998	Central Michigan	1st	
	Northern Illinois	7th .....	188.425
1999	Bowling Green	3rd.....	193.350
	Western Michigan	6th .....	189.475
2000	Central Michigan	1st .....	195.200

### NCAA individual Appearances

#### NCAA Regional Champions

Year	Individual, School Event .....	Score
1995	Rachael Coury, KSU BB .....	9.700
1996	Shelly Stambaugh, KSU V.....	9.925
1997	Michelle Naessig, KSU AA .....	39.125
	Sarah Wolford, KSU V.....	9.875
1999	Marny Oestreg, BGSU FX.....	9.950
2000	Nikki Liphardt, CMU FX.....	9.925*
2004	Sara Burtinsky, CMU UB .....	9.900*

\*Tied for first.

#### NCAA National Champions

Year	Individual, School Event .....	Score
1999	Marny Oestreg, BGSU FX.....	9.925

# GYMNASTICS

## INDIVIDUAL REGIONAL RESULTS

1990

**SHELBY ROOT, CMU**

Event Score..... Place  
V  
UB  
BB  
FX  
AA .....n/a

1994

**SHELLY STAMBAUGH, KSU**

Event Score..... Place  
V  
UB  
BB  
FX  
AA 37.325.....44th

1995

**RACHAEL COURY, KSU**

Event Score..... Place  
BB .....n/a

1996

**SARAH MIKRUT, BSU**

Event Score..... Place  
V  
UB  
BB  
FX  
AA .....7th

**JENNY SNELL, CMU**

Event Score..... Place  
V  
UB  
BB  
FX  
AA .....n/a

**SHANNON GALLAGHER, KSU**

Event Score..... Place  
V  
UB  
BB  
FX  
AA 38.600.....32nd

**SHELLY STAMBAUGH, KSU**

Event Score..... Place  
V  
UB  
BB  
FX  
AA 38.975.....19th

1997

**SARAH MIKRUT, BSU**

Event Score..... Place  
V  
UB  
BB  
FX  
AA .....9th

**SELINA NICKASON, CMU**

Event Score..... Place  
V  
UB  
BB  
FX  
AA .....n/a

**MICHELLE NAESSIG, KSU**

Event Score..... Place  
V  
UB  
BB  
FX  
AA 38.825.....T-28th

**SARAH WOLFORD, KSU**

Event Score..... Place  
V 9.625.....T-36th

1998

**AMBER GASKILL, CMU**

Event Score..... Place  
V  
UB  
BB  
FX  
AA

1999

**MARNY OESTRENG, BGSU**

Event Score..... Place  
V 9.650.....18th  
UB 9.825.....3rd  
BB 9.175.....  
FX 9.950.....1st  
AA 38.600.....11th

2000

**MARNY OESTRENG, BGSU**

Event Score..... Place  
UB 9.825.....10th  
FX 9.900.....5th

**LAURA SZCZEPANSKI, BSU**

Event Score..... Place  
V  
UB  
BB  
FX  
AA .....11th

2001

**AMY BODUS, BSU**

Event Score..... Place  
V  
UB  
BB  
FX  
AA .....15th

**JENNY GANTT, BSU**

Event Score..... Place  
FX .....10th

**LAURA CHOW, CMU**

Event Score..... Place  
V

**NATALIE HASHIMOTO, EMU**

Event Score..... Place  
V .....T-5th

2002

**RENEE PLANCK, BSU**

Event Score..... Place  
UB .....12th

**MARNY OESTRENG, BGSU**

Event Score..... Place  
V 9.725.....n/a  
UB 9.725.....T-13th  
BB 9.675.....n/a  
FX 9.775.....T-8th  
AA 38.900.....5th

**NATALIE HASHIMOTO, EMU**

Event Score..... Place  
V .....T-4th  
UB .....T-15th  
BB  
FX  
AA .....11th

**JESSICA JAMES, KSU**

Event Score..... Place  
V  
UB .....T-15th  
BB  
FX  
AA .....15th

**HEATHER LANGHAM, KSU**

Event Score..... Place  
V  
UB .....T-8th  
BB  
FX .....T-8th  
AA .....4th

**APRIL ZENTKO, KSU**

Event Score..... Place  
BB .....7th

2003

**CASSIE ANTHONY, BSU**

Event Score..... Place  
UB 9.65.....n/a  
BB 9.575.....n/a

**AMY BODUS, BSU**

Event Score..... Place  
V 9.65.....n/a  
UB 9.70.....n/a  
BB 9.70.....n/a  
FX 9.70.....n/a  
AA 38.750.....13th

**QUIANA WILLIAMS, BSU**

Event Score..... Place  
V 9.65.....n/a  
UB 9.625.....n/a  
BB 9.85.....  
FX 9.80.....  
AA 38.925.....10th

**LEAH HASHIMOTO, EMU**

Event Score..... Place  
FX 9.875.....

**NATALIE HASHIMOTO, EMU**

Event Score..... Place  
V 9.850.....  
UB 9.750.....  
BB 9.450.....  
FX 9.800.....  
AA 38.850.....11th

**LAURA HOLENSWORTH, EMU**

Event Score..... Place  
V 9.775

**KRISTINA CAMPOS, NIU**

Event Score..... Place  
V 9.700.....19th  
UB 9.775.....25th  
BB 9.700.....26th  
FX 9.775.....29th  
AA 38.950.....10th

**TRISTIN THOMAS, WMU**

Event Score..... Place  
BB 9.575.....

2004

**MELISSA POPOVICH, BGSU**

Event Score..... Place  
V 9.750.....T-27th  
UB 9.750.....T-20th  
BB 9.675.....33rd  
FX 9.825.....T-14th  
AA 39.000.....12th

**SARA BURTINSKY, CMU**

Event Score..... Place  
V 9.800.....T-17th  
UB 9.900.....T-1st  
BB 9.825.....T-20th  
FX 9.800.....T-20th  
AA 39.325.....4th

**KARA REIGHARD, CMU**

Event Score..... Place  
V 9.800.....T-17th  
UB 9.850.....7th  
BB 8.350.....42nd  
FX 9.825.....T-14th  
AA 37.825.....16th

**BROOKE MORARI, EMU**

Event Score..... Place  
FX 9.200.....42nd

**KRISTINA CAMPOS, NIU**

Event Score..... Place  
V 9.675.....T-27th  
UB 9.800.....T-28th  
BB 9.225.....T-38th  
FX 9.175.....T-41st  
AA 37.875.....19th

**DANNIELLE DACEY, NIU**

Event Score..... Place  
V 9.425.....39th  
UB 9.250.....41st  
BB 9.650.....32nd  
FX 9.275.....39th  
AA 37.600.....20th

**KELLY KRAMER, NIU**

Event Score..... Place  
V 9.800.....T-19th

**KATIE WILLETT, NIU**

Event Score..... Place  
UB 9.800.....T-28th



# GYMNASTICS

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## INDIVIDUAL NATIONAL RESULTS

1996

**SARAH MIKRUT, BSU**

V .....  
UB .....  
BB .....  
FX .....  
AA .....30th

1997

**SARAH MIKRUT, BSU**

V .....  
UB .....  
BB .....  
FX .....  
AA .....24th  
1999

**MARNY OESTRENG, BGSU**

FX 9.925.....1st

**NICOLE BILLS, CMU**

V .....  
UB .....  
BB .....  
FX .....  
AA .....  
2004

**SARA BURTINSKY, CMU**

V 9.850.....T-15th  
UB 9.825.....T-22nd  
BB 9.775.....T-19th  
FX 9.825.....T-31st  
AA 39.275.....23rd

