

**LIBA 144 Syllabus – Fall, 2011**  
*Academic Skills for Student-Athletes*

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Overview: This course covers academic and life skills to help in the successful transition to life as a NCAA Division I student-athlete. Course material includes study skills assessment and implementation, time management evaluation and advice, learning about various life skills to help with living in a collegial environment, preparing for the future both while in school and beyond graduation, participate in a community service project, and bonding with other student-athletes through experiences throughout the semester.

Attendance: You are required to attend a weekly one hour meeting to learn about various academic and/or life skills.

Study Hall: Each week, students who are not in the Academic Monitoring Program, must return their weekly study hall time-sheet to their metal drop box in the Academic Development Center (by Friday at 5pm) that states the time you studied during the week prior (Saturday-Friday).

Weekly Meetings: Each week, you will meet in either a large group or small group structure, depending on the subject or event. Please use the calendar so that you attend the correct class session. If there is only one event listed during the week, then that is the day/time/location you need to attend for that specific week. If there is an event that is listed each night during a specific week, then you need to attend the pre-set time that was decided at the beginning of the semester.

Student-Athlete Mentors: Each first year student-athlete will be placed into a group with other random first year student-athletes. Each group will be led by 3-4 Student-Athlete Mentors (returning student-athletes). The SAM's will facilitate discussions about various topics, create activities that foster group bonding, and provide support to the incoming student-athletes in their transition to college life.

## Course Outline

Week	Day	Date	Topic	Presenter/Assignment
1	SUN.	8/28	Orientation	Complete all compliance paperwork, meet pertinent Administrative and support staff. Organize into semester groups, review the course syllabus, fill out information sheet, including goals and objectives, meet the SAM's.
2	M-TH	8/29-9/2	LASSI	<b><u>Meet with SAM's during weekly scheduled time, in Academic Development Center.</u></b> In addition, complete the Learning and Study Skills Inventory (LASSI) on own time.
3	MON.	9/5	Icebreaker Event	Get to know your SAM's and the entire Freshman Student-Athlete population. in Gersten Pavilion.
4	M-TH	9/12-15	Study Skills	During the week, meet with your assigned group to review your LASSI results, talk about ARC etiquette, study skills, and tutoring availability.
5	M-TH	9/19-22	Time Management	Time Management workshops with the SAM's.
6a	SAT.	9/24	Alumni Speaker	<u>Roger Crawford</u> , 11am, Gersten Pavilion
6b	M-TH	9/26-29	Casual Meeting	Meet with SAM's informally
7	TH-FR.	10/6-7	Depression Screening	Complete the online National Depression Screening.
8	T-W	10/11-12	Classroom Etiquette	Discuss Classroom etiquette with Faculty members.
9	M-TH	10/17-20	Advising/Registration	Go over the procedure for Spring 2012 Registration. Receive important forms and materials to help with the process.
10	SUN.	10/23	Sports Psychologist	Discuss balancing life as a student and an athlete.
10	TH	10/27	Comm. Service	Participate in the Fright Night Community Service Event on campus.
11	M-TH	10/31-11/3	Strengths Quest	Complete the Strengths Quest Inventory, online.
12	M-TH	11/8-11	Diversity	Diversity Program, TBA
13	M-TH	11/14-17	Career Development	Meet during your class session at Career Development Services, to go over the Strengths Quest.
14	SUN.	11/20	SAAC Activity	Powerade Pong Tournament
15	M-TH	11/28-12/1	SAM Activity	Movie Night Sponsored by the SAM's
16	M-TH.	12/5-8	SAM Meetings	Student-Athlete Mentors will offer ideas on how to prepare for finals. Complete the online course evaluation.

\*The professor reserves the right to make any changes to the course outline.