



39th Annual Sean Earl Loyola Lakefront Cross Country Invitational 15th Annual Bill Bradna High School Division

Date: Saturday, October 1, 2011

Race Schedule:

Elementary Boys	8:00am
Elementary Girls	8:20am
Elementary School Awards (boys followed by girls)	8:45am
High School JV Boys	8:45am
High School JV Girls	9:10am
High School Frosh/Soph Boys	9:35am
High School Frosh/Soph Girls	10:00am
High School Varsity Boys	10:25am
High School Varsity Girls	10:50am
Collegiate Men – 8000 meters	11:15am
Collegiate Women – 5000 meters	12:00pm
High School Awards Start at 9:45am	
Collegiate Awards Start at 12:45pm	

Site: Montrose Avenue Beach, 4400 North Lake Shore Drive at Lake Michigan in the city of Chicago – Directions are on our website at www.loyolaramblers.com – go to cross country page and Sean Earl Loyola Lakefront Info on right side of screen.

Course/Map: Course map enclosed and online at www.loyolaramblers.com – cross country site – **Course Map and Directions** link.
Start & Finish area located at the Montrose Avenue Beach House. The course crosses a few asphalt paths but the rest of the course is run entirely on grass. There is one main hill that the course covers three times in the 5k and five times in the 8k. Miles are marked.

Entry: Done **ONLINE!!!**
Due: **11:59pm, MONDAY, September 26, 2011 (College/Elementary)**
11:59pm, TUESDAY, September 27, 2011 (High School)

College/Elementary/JV: Unlimited entries per race.
Frosh/Soph & Varsity: 12 runners per race.

All entries done online – go to www.directathletics.com to enter your team or individuals online – if you have questions go to www.loyolaramblers.com – to the cross country site – to **Online Registration** link for information on how to use Direct Athletics. Open contestants will need to sign a waiver upon packet pickup.

Entry Fees: College - \$150 per men's team and \$150 per women's team. Individual entries \$20
NIRCA - \$100 per men's team and \$100 per women's team.
High School - \$100 per boys team and \$100 per girls team. Individual entries \$10
Elementary - \$50 per school - Individual entries \$10

Checks payable to Loyola University, ATTN: Cross Country, Norville Center,
6526 N Winthrop Ave, Chicago, IL 60626.

Scoring: We will score each race separately.
Top 7 runners will count toward scoring (first 5 score, 6 and 7 displace).
All runners after your seventh finisher will be included in the results.

Results: All races will be using the Championship timing system. Results will be done by the order of finish determined by the chip. The athletes will be wearing one chip on their foot. **Return all chips in the envelope provided to the registration tent following the race. There will be a \$30 charge for all chips not returned.** Copies of the computerized results will be available at the results tent – please use your results ticket to obtain results. Results will also be posted at our website at www.loyolaramblers.com.

Awards: The top 15 finishers and the top 2 teams in each race receive awards.

Packets: Pick up at the Tent behind the starting line.
Friday afternoon from 3:30-5:30 pm
Saturday morning beginning at 7:00 am
Chips will be available at the chip tent adjacent to the registration tent. Pull the numbers of any runners that were registered but not able to run. You will receive chips for all of the runners that are racing. You will also receive an envelope with the total number of chips issued written on it. Please return this envelope with the chips following the race to the chip return tent. **There will be a \$30 charge for all chips not returned.**

Parking: **All Team Bus/Team Van/Spectator parking** – take Wilson Ave exit east from Lake Shore Drive – lot is on the left just north of hill.

Showers: Teams may dress and shower afterwards at Loyola's Norville Center. Bring your own towels. Loyola's Lake Shore Campus is located 3 miles north of the cross country course at 6526 N Winthrop Ave.

Questions: Head Coach Randy Hasenbank – 773-508-2582
Assistant Coach Jackie Kropp – 773-508-2585
Loyola Athletic Department – 773-508-2560
Loyola SID – Bill Behrns – 773-508-2575
Loyola Academy Head Boy's Coach – Dan Seeberg – 847-920-2628