

## 2012 WOMEN'S INDOOR TRACK TOP TIMES DEPTH CHART

### 60m DASH

8.08	Jade Kinney	Gladstein
8.34	Sophia Holy	Illinois St.
8.40	Natalie LeFlore	Iowa
8.77	Brigid Murray	Gladstein

### 60m HURDLES

9.30	Candice Carajohn	HL Champ
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### 200m

25.51	Jade Kinney	Grand Valley
26.21	Candice Carajohn	Meyo
26.39	Sophia Holy	HL Champ
27.14	Brigid Murray	Grand Valley
27.88	Natalie LeFlore	Illinois St.

### 400m

56.68	Jade Kinney	Meyo
58.03	Sophia Holy	HL Champ
58.22	Candice Carajohn	Grand Valley
59.84	Brigid Murray	HL Champ
1:00.51	Jenn Bane	Chicago

### 500m

1:17.68	Candice Carajohn	Iowa
1:18.93	Brigid Murray	Meyo
1:21.62	Sophia Holy	Meyo

### 600m

1:38.88	Mary Whitmore	Gladstein
1:39.17	Brigid Murray	Grand Valley

### 800m

2:15.46	Alyvia Clark	Grand Valley
2:16.83	Mary Whitmore	HL Champ
2:17.89	Jenn Bane	HL Champ
2:18.80	Catherine Crisler	Grand Valley
2:18.92	Kelly Egan	HL Champ

### 1,000m

2:58.67	Catherine Crisler	Meyo
3:01.95	Mary Whitmore	Meyo
3:03.36	Kelly Egan	Meyo
3:05.69	Jenn Bane	Iowa

### Mile

4:50.39	Alyvia Clark	HL Champ
4:55.16	Gina Valgoi	Meyo
5:07.69	Megan Janezic	Grand Valley
5:11.47	Catherine Crisler	Meyo
5:17.03	Liz Butler	Grand Valley

### 3,000m

9:35.39	Gina Valgoi	HL Champ
10:07.36	Megan Janezic	HL Champ
10:24.81	Liz Butler	HL Champ
10:37.48	Ally Spiroff	HL Champ
11:02.52	Grace Moore	M.Bradley

### 5,000m

16:55.90	Gina Valgoi	HL Champ
17:21.61	Megan Janezic	HL Champ

### HIGH JUMP

5-03.75	Candice Carajohn	M.Bradley
5-03.75	Nikolina Madjer	M.Bradley
5-00.25	Eve Hoffman	Chicago
5-00.25	Amy Persson	Chicago

### LONG JUMP

18-07.75	Candice Carajohn	HL Champ
17-09.00	Natalie LeFlore	HL Champ
14-04.00	Amy Persson	M.Bradley

### TRIPLE JUMP

37-09.50	Candice Carajohn	HL Champ
37-04.50	Natalie LeFlore	HL Champ
34-08.50	Eve Hoffman	M.Bradley

### SHOT PUT

40-06.25	Alison Szykowny	HL Champ
33-11.25	Candice Carajohn	M.Bradley
33-10.25	Amelia Games	HL Champ
30-10.25	Robin Bingham	M.Bradley
24-00.25	Amy Persson	M.Bradley

### WEIGHT THROW

53-05.75	Alison Szykowny	M.Bradley
42-04.75	Amelia Games	M.Bradley
41-02.25	Robin Bingham	M.Bradley

### 4x400m RELAY

3:52.55	Holy, Kinney, Whitmore, Carajohn	Grand Valley
3:53.84	Kinney, Murray, Whitmore, Carajohn	Grand Valley
3:55.21	Holy, Whitmore, B.Murray, Carajohn	HL Champ
3:55.58	Kinney, Carajohn, Bane, Holy	Meyo
4:01.75	Holy, Kinney, Carajohn, Murray	Illinois St.

### 4x800m RELAY

9:37.43	Clark, Crisler, Whitmore, Butler	Gladstein
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### Distance Medley RELAY

11:46.80	Clark, Kinney, Bane, Valgoi	Meyo
12:24.96	Crisler, Murray, Whitmore, Clark	HL Champ
12:50.57	Crisler, Murray, Whitmore, Spiroff	Chicago
12:53.78	Egan, LeFlore, Bane, Drolshagen	Chicago

## 2012 WOMEN'S INDOOR TRACK TOP TIMES TOP TIMES

### 60m DASH

8.08	Jade Kinney	Gladstein
8.12	Jade Kinney	Grand Valley
8.17	Jade Kinney	HL Champ
8.34	Sophia Holy	Illinois St.
8.38	Sophia Holy	Iowa

### HIGH JUMP

5-03.75	Candice Carajohn	M.Bradley
5-03.75	Nikolina Madjer	M.Bradley
5-03.25	Nikolina Madjer	Grand Valley
5-03.00	Candice Carajohn	HL Champ
5-03.00	Nikolina Madjer	HL Champ

### 60m HURDLES

9.30	Candice Carajohn	HL Champ
9.40	Candice Carajohn	Gladstein
9.48	Candice Carajohn	Iowa
9.57	Candice Carajohn	Meyo

### LONG JUMP

18-07.75	Candice Carajohn	HL Champ
18-05.00	Candice Carajohn	HL Champ
18-00.25	Candice Carajohn	Gladstein
17-11.75	Candice Carajohn	Meyo
17-09.00	Natalie LeFlore	HL Champ

### 200m

25.51	Jade Kinney	Grand Valley
26.08	Jade Kinney	Meyo
26.21	Candice Carajohn	Meyo
26.24	Jade Kinney	HL Champ
26.39	Sophia Holy	HL Champ

### TRIPLE JUMP

37-09.50	Candice Carajohn	HL Champ
37-04.50	Natalie LeFlore	HL Champ
36-10.50	Natalie LeFlore	Grand Valley
36-05.00	Natalie LeFlore	Chicago
34-08.50	Eve Hoffman	M.Bradley

### 400m

56.68	Jade Kinney	Meyo
56.79	Jade Kinney	HL Champ
57.04	Jade Kinney	Gladstein
58.03	Sophia Holy	HL Champ
58.22	Candice Carajohn	Grand Valley

### SHOT PUT

40-06.25	Alison Szykowny	HL Champ
39-06.50	Alison Szykowny	M.Bradley
38-07.00	Alison Szykowny	Grand Valley
36-06.75	Alison Szykowny	Illinois St.
33-11.25	Candice Carajohn	M.Bradley

### 500m

1:17.68	Candice Carajohn	Iowa
1:18.93	Brigid Murray	Meyo
1:21.62	Sophia Holy	Meyo

### WEIGHT THROW

53-05.75	Alison Szykowny	M.Bradley
52-07.50	Alison Szykowny	HL Champ
50-02.75	Alison Szykowny	Grand Valley
50-00.00	Alison Szykowny	Chicago
45-03.50	Alison Szykowny	Gladstein

### 600m

1:38.88	Mary Whitmore	Gladstein
1:39.17	Brigid Murray	Grand Valley
1:44.79	Brigid Murray	Gladstein

### 4x400m RELAY

3:52.55	Holy, Kinney, Whitmore, Carajohn	Grand Valley
3:53.84	Kinney, Murray, Whitmore, Carajohn	Grand Valley
3:55.21	Holy, Whitmore, B.Murray, Carajohn	HL Champ
3:55.58	Kinney, Carajohn, Bane, Holy	Meyo
4:00.02	Kinney, Carajohn, Bane, Holy	Gladstein

### 800m

2:15.46	Alyvia Clark	Grand Valley
2:15.95	Alyvia Clark	HL Champ
2:16.35	Alyvia Clark	HL Champ
2:16.83	Mary Whitmore	HL Champ
2:17.04	Mary Whitmore	Grand Valley

### 1,000m

2:58.67	Catherine Crisler	Meyo
3:01.95	Mary Whitmore	Meyo
3:03.36	Kelly Egan	Meyo
3:05.69	Jenn Bane	Iowa
3:09.95	Kelly Egan	Iowa

### 4x800m RELAY

9:37.43	Clark, Crisler, Whitmore, Butler	Gladstein
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### Mile

4:50.39	Alyvia Clark	HL Champ
4:55.16	Gina Valgoi	Meyo
4:57.81	Alyvia Clark	Meyo
5:05.37	Alyvia Clark	Gladstein
5:07.69	Megan Janezic	Grand Valley

### Distance Medley RELAY

11:46.80	Clark, Kinney, Bane, Valgoi	Meyo
12:24.96	Crisler, Murray, Whitmore, Clark	HL Champ
12:50.57	Crisler, Murray, Whitmore, Spiroff	Chicago
12:53.78	Egan, LeFlore, Bane, Drolshagen	Chicago

### 3,000m

9:35.39	Gina Valgoi	HL Champ
9:37.19	Gina Valgoi	Grand Valley
9:49.19	Gina Valgoi	Gladstein
10:07.36	Megan Janezic	HL Champ
10:16.91	Megan Janezic	Gladstein

### 5,000m

16:55.90	Gina Valgoi	HL Champ
17:21.61	Megan Janezic	HL Champ
17:52.52	Megan Janezic	Meyo
18:33.45	Gina Valgoi	M.Bradley

## 2012 WOMEN'S INDOOR TRACK TOP TIMES INDIVIDUAL TOP TIMES

### JENN BANE

400m 1:00.51 Chicago  
800m 2:17.89 HL Champ  
1,000m 3:05.69 Iowa

### ROBIN BINGHAM

Weight 41-02.25 M.Bradley  
Shot Put 30-10.25 M.Bradley

### RACHEL BUSH

3,000m 11:29.03 M.Bradley

### LIZ BUTLER

Mile 5:17.03 Grand Valley  
3,000m 10:34.65 Meyo

### CANDICE CARAJOHN

60m H 9.30 HL Champ  
200m 26.21 Meyo  
400m 58.22 Grand Valley  
500m 1:17.68 Iowa  
800m 2:25.35 Gladstein  
High Jump 5-03.75 M.Bradley  
Long Jump 18-07.75 (SR) HL Champ  
Triple Jump 37-09.50 HL Champ  
Shot Put 33-11.25 M.Bradley

### ALYVIA CLARK

800m 2:15.46 Grand Valley  
Mile 4:50.39 HL Champ

### CATHERINE CRISLER

80m 2:18.80 Grand Valley  
1,000m 2:58.67 Meyo  
Mile 5:11.47 Meyo

### NIKI DROLSHAGEN

Mile 5:28.39 Gladstein

### KELLY EGAN

800m 2:18.92 HL Champ  
1,000m 3:03.36 Meyo

### AMELIA GAMES

Weight 42-05.75 M.Bradley  
Shot Put 33-10.25 HL Champ

### EVE HOFFMAN

200m 29.27 Illinois St.  
High Jump 5-00.25 Chicago  
Triple Jump 34-08.50 M.Bradley

### SOPHIA HOLY

60m 8.34 Illinois St.  
200m 26.82 Grand Valley  
400m 58.03 HL Champ  
500m 1:21.62 Meyo

### MEGAN JANEZIC

Mile 5:07.65 Grand Valley  
3,000m 10:16.91 Gladstein  
5,000m 17:21.61 HL Champ

### JADE KINNEY

60m 8.08 Gladstein  
200m 25.51 Grand Valley  
400m 56.68 Meyo

### NATALIE LeFLORE

60m 8.40 Iowa  
200m 27.88 Illinois St.  
Long Jump 17-09.00 HL Champ  
Triple Jump 37-04.50 HL Champ

### NIKOLINA MADJER

200m 29.85 Illinois St.  
High Jump 5-03.75 M.Bradley

### GRACE MOORE

3,000m 11:02.52 M.Bradley

### BRIGID MURRAY

60m 8.77 Gladstein  
200m 27.14 Grand Valley  
400m 59.84 HL Champ  
500m 1:18.93 Meyo  
600m 1:39.17 Grand Valley  
800m 2:37.00 Chicago

### AMY PERSSON

200m 29.99 Illinois St.  
800m 2:43.31 M.Bradley  
High Jump 5-01.00 HL Champ  
Long Jump 14-04.00 M.Bradley  
Shot Put 24-00.25 M.Bradley

### ALLY SPIROFF

800m 2:24.40 Gladstein  
Mile 5:27.69 Iowa  
3,000m 10:39.49 Grand Valley

### ALISON SZYKOWNY

Shot Put 40-06.25 HL Champ  
Weight 53-05.75 (SR) M.Bradley

### GINA VALGOI

Mile 4:55.16 Meyo  
3,000m 9:37.19 Grand Valley  
5,000m 16:55.90 HL Champ

### MARY WHITMORE

400m 1:01.60 Chicago  
600m 1:38.88 Gladstein  
800m 2:16.83 HL Champ  
1,000m 3:01.95 Meyo

### ASHLEY WILE

Mile 5:39.20 M.Bradley  
3,000m 11:36.88 Iowa