

2012 MEN'S INDOOR TRACK TOP TIMES DEPTH CHART

60m DASH

7.02	James McLachlan	Illinois St.
7.16	Bay Abbott	Illinois St.
7.22	Kevin Glastetter	Iowa
7.35	Dennis Kott	Iowa

200m

22.20	Bay Abbott	HL Champ
22.30	Kevin Glastetter	Grand Valley
23.31	Dennis Kott	Meyo
23.84	Kyle Johnson	Illinois St.
24.65	Gabe Perez	Illinois St.

400m

48.29	Bay Abbott	Grand Valley
48.58	Kevin Glastetter	Grand Valley
48.58	Declan Murray	HL Champ
50.47	Ned Brady	Grand Valley
50.69	Christian Lehman	Grand Valley

500m

1:03.30	Declan Murray	Meyo
1:06.22	Nolan Fine	Meyo
1:06.33	Ned Brady	Meyo

600m

1:18.67	Declan Murray	Gladstein
1:19.92	Ned Brady	Gladstein
1:20.72	Kevin Glastetter	Illinois St.
1:23.10	Dennis Kott	Illinois St.
1:23.18	Ryan Van Portfliet	Grand Valley

800m

1:48.46	Declan Murray	Alex Wilson
1:51.33	Ned Brady	Grand Valley
1:53.74	Nolan Fine	Grand Valley
1:56.27	Ryan Van Portfliet	HL Champ
1:56.67	Jake Autio	Gladstein

1,000m

2:24.94	Declan Murray	Iowa
2:29.35	Ned Brady	Iowa
2:30.68	Nolan Fine	Iowa
2:31.06	Oscar Aguinaga	Meyo
2:32.07	Ryan Van Portfliet	Meyo

MILE

4:07.69	Danny Docherty	Grand Valley
4:09.62	Sam Penzenstadler	HL Champ
4:10.89	Jake Autio	HL Champ
4:12.16	Josh Stein	Grand Valley
4:17.79	Alex Thornburg	Grand Valley

3,000m

8:16.12	Danny Docherty	Gladstein
8:18.05	Ben Reifenberg	Grand Valley
8:25.12	Josh Stein	HL Champ
8:36.33	Jared Skrabacz	HL Champ
8:37.29	Sam Penzenstadler	Gladstein

TWO MILE

9:22.29	Ben Reifenberg	Iowa
9:34.81	Jared Skrabacz	Iowa
9:50.20	Khushpal Sangha	Iowa

5,000m

14:15.07	Danny Docherty	Meyo
14:30.62	Josh Stein	HL Champ
14:35.52	Ben Reifenberg	Meyo
14:57.42	Jared Skrabacz	HL Champ
15:06.74	Alex Thornburg	HL Champ

LONG JUMP

25-04.00	James McLachlan	Carthage
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TRIPLE JUMP

49-03.00	James McLachlan	HL Champ
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SHOT PUT

44-07.00	Deven Lopez	Chicago
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WEIGHT THROW

57-01.50	Paul Yovanic	HL Champ
45-10.00	Deven Lopez	Chicago

4x400m RELAY

3:14.40	Abbott, Glastetter, Brady, Murray	HL Champ
3:15.47	Glastetter, Abbott, Murray, Brady	Gladstein
3:16.84	Abbott, Glastetter, Brady, Kott	Grand Valley
3:17.37	Glastetter, Abbott, Murray, Brady	Meyo
3:18.96	Abbott, Lehman, Brady, Kott	Grand Valley

Distance Medley RELAY

10:04.78	Penzenstadler, Kott, Fine, Autio	HL Champ
10:20.90	Autio, Van Portfliet, Lehman, Penzenstadler	Meyo

2012 MEN'S INDOOR TRACK TOP TIMES TOP TIMES

60m DASH

7.02	James McLachlan	Illinois St.
7.04	James McLachlan	Illinois St.
7.05	James McLachlan	Meyo
7.06	James McLachlan	Gladstein
7.10	James McLachlan	Gladstein

200m

22.20	Bay Abbott	HL Champ
22.30	Kevin Glastetter	Grand Valley
22.45	Bay Abbott	HL Champ
22.45	Kevin Glastetter	Meyo
22.50	Bay Abbott	Grand Valley

400m

48.29	Bay Abbott	Grand Valley
48.43	Bay Abbott	HL Champ
48.46	Bay Abbott	HL Champ
48.58	Kevin Glastetter	Grand Valley
48.58	Declan Murray	HL Champ

500m

1:03.30	Declan Murray	Meyo
1:06.22	Nolan Fine	Meyo
1:06.33	Ned Brady	Meyo

600m

1:18.67	Declan Murray	Gladstein
1:19.92	Ned Brady	Gladstein
1:20.72	Kevin Glastetter	Illinois St.
1:22.66	Kevin Glastetter	Iowa
1:23.10	Dennis Kott	Illinois St.

800m

1:48.46	Declan Murray	Alex Wilson
1:48.86	Declan Murray	Washington
1:49.85	Declan Murray	Meyo
1:51.33	Ned Brady	Grand Valley
1:51.79	Ned Brady	HL Champ

1,000m

2:24.94	Declan Murray	Iowa
2:29.35	Ned Brady	Iowa
2:30.68	Nolan Fine	Iowa
2:31.06	Oscar Aguinaga	Meyo
2:32.07	Ryan Van Portfliet	Meyo

MILE

4:07.69	Danny Docherty	Grand Valley
4:09.62	Sam Penzenstadler	HL Champ
4:10.89	Jake Autio	HL Champ
4:11.21	Jake Autio	Grand Valley
4:12.16	Josh Stein	Grand Valley

3,000m

8:16.12	Danny Docherty	Gladstein
8:18.05	Ben Reifenberg	Grand Valley
8:25.12	Josh Stein	HL Champ
8:27.57	Danny Docherty	HL Champ
8:31.41	Josh Stein	Gladstein

TWO MILE

9:22.29	Ben Reifenberg	Iowa
9:34.81	Jared Skrabacz	Iowa
9:50.20	Khushpal Sangha	Iowa

5,000m

14:15.07	Danny Docherty	Meyo
14:30.07	Danny Docherty	HL Champ
14:30.62	Josh Stein	HL Champ
14:33.10	Josh Stein	Meyo
14:35.52	Ben Reifenberg	Meyo

LONG JUMP

25-04.00	James McLachlan	Carthage
24-10.00	James McLachlan	HL Champ
24-04.25	James McLachlan	NCAA Champ

TRIPLE JUMP

49-03.00	James McLachlan	HL Champ
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SHOT PUT

44-07.00	Deven Lopez	Chicago
44-06.75	Deven Lopez	Gladstein
44-02.00	Deven Lopez	HL Champ
43-11.75	Deven Lopez	M.Bradley
43-08.50	Deven Lopez	Illinois St.

WEIGHT THROW

57-01.50	Paul Yovanic	HL Champ
53-06.50	Paul Yovanic	Gladstein
53-03.00	Paul Yovanic	Iowa
52-04.75	Paul Yovanic	M.Bradley
52-01.00	Paul Yovanic	Grand Valley

4x400m RELAY

3:14.40	Abbott, Glastetter, Brady, Murray	HL Champ
3:15.47	Glastetter, Abbott, Murray, Brady	Gladstein
3:16.84	Abbott, Glastetter, Brady, Kott	Grand Valley
3:17.37	Glastetter, Abbott, Murray, Brady	Meyo
3:18.96	Abbott, Lehman, Brady, Kott	Grand Valley

Distance Medley RELAY

10:04.78	Penzenstadler, Kott, Fine, Autio	HL Champ
10:20.90	Autio, Van Portfliet, Lehman, Penzenstadler	Meyo

2012 MEN'S INDOOR TRACK TOP TIMES INDIVIDUAL TOP TIMES

BAY ABBOTT

60m	7.16	Illinois St.
200m	22.20	HL Champ
400m	48.29	Grand Valley

OSCAR AGUINAGA

800m	1:59.88	Gladstein
1,000m	2:31.06	Meyo
Mile	4:20.25	Iowa
3,000m	8:49.25	Grand Valley

JAKE AUTIO

800m	1:56.67	Gladstein
Mile	4:10.89	HL Champ

NED BRADY

400m	50.47	Grand Valley
500m	1:06.33	Meyo
600m	1:19.92	Gladstein
800m	1:51.33	Grand Valley
1,000m	2:29.35	Iowa
Mile	4:27.31	Illinois St.

DANNY DOCHERTY

Mile	4:07.69	Grand Valley
3,000m	8:16.12	Gladstein
5,000m	14:15.07	Meyo

NOLAN FINE

400m	51.47	Gladstein
500m	1:06.22	Meyo
800m	1:53.74	Grand Valley
1,000m	2:30.68	Iowa
Mile	4:18.46	Grand Valley

KEVIN GLASTETTER

60m	7.22	Iowa
200m	22.30	Grand Valley
400m	48.58	Grand Valley
600m	1:20.72	Illinois St.

MIKE JANUSEK

Mile	4:34.38	M.Bradley
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KYLE JOHNSON

200m	23.84	Illinois St.
400m	53.69	Illinois St.

DENNIS KOTT

60m	7.35	Iowa
200m	23.31	Meyo
400m	50.98	Meyo
600m	1:23.10	Illinois St.

CHRISTIAN LEHMAN

400m	50.69	Grand Valley
600m	1:23.56	Grand Valley

DEVEN LOPEZ

Shot Put	44-07.00	Chicago
Weight	45-10.00	Chicago

JAMES McLACHLAN

60m	7.02	Illinois St.
Long Jump	25-04.00 (7.72m)	Carthage
Triple Jump	49-03.00 (15.01m)	HL Champ

DECLAN MURRAY

400m	48.58	HL Champ
500m	1:03.30 (SR)	Meyo
600m	1:18.67 (SR)	Gladstein
800m	1:48.46 (SR)	Alex Wilson
1,000m	2:24.94	Iowa
Mile	4:21.73	Illinois St.

SAM PENZENSTADLER

Mile	4:09.62	HL Champ
3,000m	8:37.29	Gladstein

GABE PEREZ

200m	24.65	Illinois St.
400m	56.05	Illinois St.

BRIAN PETERS

Mile	4:29.73	Chicago
3,000m	8:58.34	Grand Valley

BEN REIFENBERG

Mile	4:19.16	Gladstein
3,000m	8:18.05	Grand Valley
2 Mile	9:22.29	Iowa
5,000m	14:35.52	Meyo

KHUSHPAL SANGHA

Mile	4:28.29	Grand Valley
3,000m	8:48.29	Meyo
2 Mile	9:50.20	Iowa
5,000m	15:46.38	Gladstein

JARED SKRABACZ

Mile	4:19.78	Grand Valley
3,000m	8:36.33	HL Champ
2 Mile	9:34.81	Iowa
5,000m	14:57.42	HL Champ

JOSH STEIN

Mile	4:12.16	Grand Valley
3,000m	8:25.12	HL Champ
5,000m	14:30.62	HL Champ

ALEX THORNBURG

Mile	4:17.79	Grand Valley
3,000m	8:49.89	Meyo
5,000m	15:06.74	HL Champ

RYAN VAN PORTFLIET

600m	1:23.18	Grand Valley
800m	1:56.27	HL Champ
1,000m	2:32.07	Meyo

MIKE WETZEL

600m	1:30.66	Illinois St.
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JIM WININGS

Mile	4:34.55	Grand Valley
3,000m	10:01.97	M.Bradley

PAUL YOVANIC

Weight	57-01.50	HL Champ
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