



LOUISVILLE

TRACK AND FIELD

2010-11 UPDATED RECORD BOOKS

WOMEN'S INDOOR

TRACK

Event	Name	Mark	Meet	Date
55 Meters	Angela Mula	7.05	Bearcat Open	1/23/99
60 Meters	Saravia Richardson	7.26	Virginia Tech Final Qualifier	3/6/10
200 Meters	Elisabeth Slettum	23.93	BIG EAST Championships	2/17/07
400 Meters	Heather Trimiew	55.18	BIG EAST Championships	2/21/09
500 Meters	Ahivia Spencer	1:13.37	BIG EAST Championships	2/20/11
600 Meters	Heather Trimiew	1:34.24	Indiana Open	1/28/06
800 Meters	Kat Alcorn	2:10.22	Alex Wilson Invitational	3/7/09
1,000 Meters	Kat Alcorn	2:51.34	BIG EAST Championships	2/20/10
1,500 Meters	Stephanie Edgar	4:45.9h	Metro Conference Championships	2/15/92
Mile	Tarah McKay	4:40.18	BIG EAST Championships	2/22/09
3,000 Meters	Taryn Gibson	9:39.04	BIG EAST Championships	2/24/08
5,000 Meters	Michelle Borgert	16:25.71	BU Terrier Classic	1/27/95
55-Meter Hurdles	Theresa Lewis	7.31	Tiger Indoor Invitational	2/10/07
60-Meter Hurdles	Theresa Lewis	8.41	BIG EAST Championships	2/17/07

FIELD

Event	Name	Mark	Meet	Date
High Jump	Rachel Gehret	1.82m/5-11.50	Virginia Tech Last Chance	3/7/09
Pole Vault	Jacey Hughes	3.96m/12-11.75	BIG EAST Championships	2/19/06
Long Jump	Amaka Omenyinma	6.23m/20-5.25	BIG EAST Championships	2/21/09
Triple Jump	Seidre Forde	13.23m/43-5.25	NCAA Championships	3/15/08
Shot Put	Jere' Summers	17.0m/55-9.25	Notre Dame Meyo Invitational	2/4/10
Weight Throw	D'Ana McCarty	22.76m/74-8.25	NCAA Championships	3/12/10
Pentathlon	Kelly Faber	3,621 points	C-USA Championships	2/27/04

RELAYS

Event	Names	Mark	Meet	Date
4x200-Meter	McDonald, Mestelle, Moore, Hedgepeth	1:51.72	Ball State Open	1/11/03
4x400-Meter	Spencer, Brown Lockhart, Harris	3:42.47	BIG EAST Championships	2/20/11
4x800-Meter	Trimiew, Moore Trainor, Eugene	9:18.62	BIG EAST Championships	2/19/06
Distance Medley	Borsare, Mullany-Banks Alcorn, Cunningham	11:52.21	BIG EAST Championships	2/20/10

Converted from hand time (add 0.24 seconds to 100m/200m/110m Hurdles; add 0.14 to 400m/4x100m/4x400m)

^ Converted from English to Metric (yards to meters)



LOUISVILLE

TRACK AND FIELD

2010-11 UPDATED RECORD BOOKS

WOMEN'S OUTDOOR

TRACK

Event	Name	Mark	Meet	Date
100 Meters	Saravia Richardson	11.57	Cardinal Twilight	5/15/09
200 Meters	Elisabeth Slettum	23.58	NCAA Mideast Regional	5/25/07
400 Meters	Elisabeth Slettum	55.0h	Baldy Castillo Invitational	3/17/07
800 Meters	Tarah McKay	2:09.30	Cardinal Twilight	5/17/08
1,500 Meters	Tarah McKay	4:19.10	Canadian Championships	6/27/09
3,000 Meters	Bettina Bard	9:20.13	NCAA Championships	6/6/97
5,000 Meters	Michelle Borgert	16:32.41	Penn Relays	4/27/95
10,000 Meters	Michelle Borgert	33.43.0h	Mt. SAC Relays	4/15/95
3,000-Meter Steeplechase	Monica Hernandez	10:32.32	Mt. SAC Relays	4/14/11
100-Meter Hurdles	Theresa Lewis	13.52	BIG EAST Championships	5/5/07
400-Meter Hurdles	Heather Trimiew	58.34	BIG EAST Championships	5/7/06

FIELD

Event	Name	Mark	Meet	Date
High Jump	Kelley Bowman	1.86m/6-1.25	NCAA Championships	6/9/06
Long Jump	Charachesicia Lockhart	6.24m/20-5.75	NCAA East Preliminary	5/27/10
Triple Jump	Seidre Forde	13.35m/43-9.75	Texas Relays	4/4/08
Pole Vault	Jennifer Hartig	3.90m/12-9.50	BIG EAST Championships	5/6/06
Shot Put	D'Ana McCarty	16.97m/55-8.25	NCAA East Preliminary	5/27/11
Discus	Jere' Summers	57.68m/189-3	Cardinal Twilight	5/17/08
Hammer	Jere' Summers	63.20m/207-4	Purdue Mike Poehlein Invitational	4/2/10
Javelin	Trish Young	49.02m/160-10	Butler Twilight	5/4/02
Javelin (old style)	Cheryl Kopatz	44.68m/146-7	Becky Boone Relays	4/27/84
Heptathlon	Jen Carlsen	4,986 points	C-USA Championships	5/11/00

RELAYS

Event	Names	Mark	Meet	Date
4x100-Meter	Lewis, Slettum, Trimiew, Durias	45.25	NCAA Mideast Regional	5/25/07
4x200-Meter	Mestelle, Mula, Carlsen, Shannon	1:41.55	Alabama Relays	3/26/00
4x400-Meter	Harris, Gehret Brown, Jackson	3:43.17	BIG EAST Championships	5/8/11
4x800-Meter	Weir, Moore, Trainor, Haworth	9:21.91	Sea Ray Relays	4/15/06
4x1,500-Meter	Grieshaber, Hernandez, Davidson, Borsare	19:02.09	Alabama Relays	3/27/11
Distance Medley	Gomes, Bard	11:51.96	Alabama Relays	3/36/95
Sprint Medley	Bowman, Borgert			
	Lewis, Lockhart, Brown, Alcorn	4:00.06	Penn Relays	4/23/10
Shuttle Hurdle	Mula, Faber, Carlsen, Haynes	1:00.76	Alabama Relays	3/26/00

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