

APPLICATION

Name: _____

Address: _____

City, State, ZIP: _____

Phone Number: _____

Email: _____

ALL INFO WILL BE SENT VIA EMAIL SO PLEASE PROVIDE US WITH A LEGIBLE EMAIL ADDRESS THAT YOU CHECK REGULARLY

Date of Birth: _____ Age: _____ Grade: _____

School Attending in Fall: _____

High School/Club Coach: _____

Coach Phone Number/Email: _____

Primary Position _____


T-Shirt Size: Adult: S M L

***ATTACH A COPY OF MEDICAL HISTORY FORM**
Players cannot participate without filling out the medical history form

For More Registration Information
Visit www.uoflsports.com
Contact Kyle Singer @ 502-852-2095
k.singer@louisville.edu

Make checks payable to:
Cardinal Soccer Academy

Return to: Karen Dayes
 Head Women's Soccer Coach
 University of Louisville
 2100 South Floyd St, SAC E201
 Louisville, KY 40292


Cardinal Soccer Academy
Women's Soccer Office
University of Louisville
2100 South Floyd ST. SAC E201
Louisville, KY 40292



L O U I S V I L L E S O C C E R

2006 AND 2007 NCAA TOURNAMENT
5 ALL AMERICANS - 3 ACADEMIC ALL AMERICANS - 24 ALL CONFERENCE PLAYERS - 15 ALL REGION PLAYERS

WINTER ELITE ACADEMY

FEBRUARY 5th, 2012



THE ELITE ACADEMY

This camp is one to any and all female soccer players ages 14-18

Have you ever wondered what the life of a Division I soccer player is REALLY like?

Do you want to experience the same high level training environment as Louisville Soccer players do each day?

The Winter Academy is a **one day camp** designed to give high school aged soccer players a day long experience in the life of a high level Division I soccer player at the University of Louisville. Players will take part in the same types of training sessions that Cardinal soccer players see day in and day out during their college career, working in a hands on environment directly with the Louisville Soccer coaching staff. They will take part in a strength and conditioning workout run by the Louisville Sports Performance Staff for Louisville Soccer, as well as learning the importance of injury prevention and nutrition to performance. Players will meet with Athletics Compliance Staff to learn the rules and regulations surrounding the recruiting process and the admissions process to ensure they understand the steps they need to take to be eligible to play soccer at the Division I level. In one day they will experience nearly every facet of being a Division I soccer player. The camp will be held in the brand new Trager Center, a full field indoor Field Turf facility adjacent to Papa John's Cardinal Football Stadium.

Space in the camp is limited to 50 players so that each player will receive individual attention from the University of Louisville coaching staff. There will be no specialized goalkeeper training offered due to the size of the camp. Goalkeepers can take part for most of the day as field players and play in goal when we play in games.



THE COACHING STAFF



KAREN FERGUSON DAYES
Camp Director
University of Connecticut '94

University of Louisville Head Coach
2011 Big East Coach of the Year
2011 Big East National Division Championships and Tournament Runner up
2011 NCAA Tournament
Former US National Team Member
Former Assistant Coach US U-21 NT
US Soccer Region II Coach
NCAA All-American

KYLE SINGER
Assistant Camp Director
Boston College '03

University of Louisville Associate Head Coach
US Soccer Region II Coach
US Under 17 National Team Member
Played professionally for New England Revolution
BIG EAST Goalkeeper of The Year
Former Asst. Coach at Minnesota, Boston College, and Northeastern



NATALIE COCCHI
Assistant Camp Director
West Virginia '08

University of Louisville Asst. Coach
WVU '06, '07 Big East Champions
US Soccer Region II Coach
Former Duquesne Univ. Asst. Coach

Louisville Sports Performance

The University of Louisville is pleased to have one of the finest strength and conditioning staffs in the country. As part of your experience, a member of this acclaimed group of performance coaches will direct a session on speed, agility, and strength development.



CAMP SCHEDULE AND INFO

Schedule

9:00 - 9:30am Registration
9:30 - 9:45am Staff Introductions and Welcome
9:45 - 11:00am Training Session I
11:00 - 11:45am Strength and Conditioning Session
12:00 - 12:30 Lunch at Papa John's Stadium
12:30 - 1:00pm Compliance Session
1:15 - 2:00pm Training Session II
2:15 - 3:45pm Games and Tactical Development
3:45 - 4:00pm Concluding Thoughts

Check in

Registration will be held in the lobby of the Trager Center beginning at 9:00am on the 5th. Please come prepared to address our athletic trainer with any ongoing medical issues. Players should be prepared for both on and off the field activities throughout the day. Players will need to bring:

CLEATS
SHIN GUARDS
RUNNING SHOES
WARMUPS
WATER BOTTLE
BALL

*****MEDICAL HISTORY FORM**

(players will not be able to train without filling this out)

DIRECTIONS TO TRAGER CENTER:

The Trager Center is located opposite the UofL Football Stadium on Floyd Street. From Highway 264 follow signs to Papa John's Cardinal Stadium and proceed to the back parking lot. For more info on directions visit:
<http://uoflsports.cstv.com/genrel/121800aaa.html>

Cost and Deposit

The cost of the camp is \$115 (Price is in US dollars). Registrations received by January 1st will receive a discounted price of \$105. Camp size will be limited so that players will receive individualized attention from the Louisville Coaching Staff. Each Camper will receive a Louisville Soccer T-Shirt at registration.

A \$50.00 *non-refundable* initial deposit is required with the application and will be subtracted from the total camp fee. All balances are due in full at registration. All cancellations must be received in writing 10 days prior to the first day of camp in order to qualify for a refund - less \$50.00 deposit. Failure to meet this deadline will result in forfeiture of all payments.

**Cardinal Soccer Academy
Medical History**

Player _____ Date of Birth _____

Emergency Contact & Phone # _____

Health Insurance Info

Company _____

Company Address _____

Policy # _____

Medical Conditions (Please include current illnesses, asthma, injuries, and past surgical procedures)

Medications Currently Taking

Allergies

Medical Authorization

I hereby grant permission for my child _____ to receive necessary medical treatment for any condition or injury suffered while she is attending the Cardinal Soccer Academy. I understand that I am responsible for any expenses incurred on her behalf in connection with treatment. I give my daughter permission to participate in the camp and will not hold the University of Louisville or its staff members responsible for any accident or injury to my daughter.

Signature _____

Printed Name _____