



LOUISVILLE

2008 OUTDOOR TRACK & FIELD

▶ 2007 BIG EAST Men's Cross Country Champion ▶ 2008 BIG EAST Women's Outdoor Champion

▶ '07 NCAA Men's Indoor Long Jump Champion

▶ '07 NCAA Men's Indoor Triple Jump Champion

▶ '07 Men's NCAA Finishes:
Indoor: 10th, Outdoor: 7th
Cross Country: 9th

NCAA Championships

June 11-14 / Wednesday-Saturday
Drake Stadium
Des Moines, Iowa

University of Louisville

Location Louisville, Ky.
Founded 1798
Enrollment 21,000
Nickname Cardinals
Colors Red and Black
Affiliation NCAA Division I
Conference BIG EAST Conference
President Dr. James Ramsey
Faculty Representative Elaine Wise
Director of Athletics Tom Jurich
Senior Woman Admin. Julie Hermann

Track & Field Coaching Staff

Head Coach Ron Mann, 4th season
Alma Mater Northern Arizona '72
E-Mail ron.mann@louisville.edu
Distance/Recruiting Brice Allen
Alma Mater Allegheny College '01
Multi-Events Mary Banker
Alma Mater Wisconsin-Oshkosh '00
Throws Dale Cowper
Alma Mater Western Michigan '01
Jumps Jake Jacoby
Alma Mater Boise State '85
Sprints/Hurdles Willie Randolph
Alma Mater Central Michigan '98
Office Phone (502) 852-0106/0194
Office Fax (502) 852-0815
Stadium Cardinal Park (2,200)

Track & Field Support Staff

Athletic Trainer Kevin Ozimek
Academic Counselor Lynlee Phillips
Facilities Rick Bell
Equipment Manager Scott Norton

Sports Information

Assistant SID (Track & Field) Garrett Wall
Phone (502) 852-3088
Fax (502) 852-7401
Mobile Phone (502) 553-8030
E-Mail g0wall01@louisville.edu
Associate AD/SID Kenny Klein



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School Record 10 Cardinals Advance to NCAA Championships

The Louisville track and field program will have a school record 10 athletes competing in Des Moines, Iowa on June 11-14 at Drake Stadium at the 2008 NCAA Outdoor Championships.

The BIG EAST champion women will have five athletes competing led by sophomore Jere' Summers (shot put, hammer). Joining Summers from the women's team will be senior captain ZeNai Savage (hammer), junior Seidre Forde (triple jump), sophomore Rachel Gehret (high jump) and sophomore Tarah McKay (1,500m).

Leading the way for the men's team is junior Andre Black, who earned automatic bids in the triple jump and long jump. Joining Black will be senior Chris Danks (800m), senior Soimo Kiplagat (10,000m), junior Rudon Bastian (long jump) and freshman Michael Eaton (10,000m).

Cards at the NCAA Championships

Wednesday, June 11 (All times Central)

1:30 PM Women's Hammer - Qualifying
(ZeNai Savage, Jere' Summers)
3:30 PM Men's Long Jump - Qualifying
(Rudon Bastian, Andre Black)
4:00 PM Women's High Jump - Qualifying
(Rachel Gehret)
5:15 PM Men's 800m - Round 1
(Chris Danks)

Thursday, June 12 (All times Central)

6:25 PM Men's 800m - Semifinal
(Chris Danks)
6:55 PM Women's 1,500m - Semifinal
(Tarah McKay)
7:15 PM Women's Shot Put - Qualifying
(Jere' Summers)
7:30 PM Men's Long Jump - Final
(Rudon Bastian, Andre Black)
8:50 PM Men's 10,000m - Final
(Michael Eaton)

Friday, June 13 (All times Central)

3:15 PM Women's Hammer - Final
(ZeNai Savage, Jere' Summers)
4:15 PM Men's Triple Jump - Qualifying
(Andre Black)
4:45 PM Women's High Jump - Final
(Rachel Gehret)
7:00 PM Women's Triple Jump - Qualifying
(Seidre Forde)

Saturday, June 14 (All times Central)

1:00 PM Men's Triple Jump - Final
(Andre Black)
1:30 PM Women's Shot Put - Final
(Jere' Summers)
3:00 PM Women's Triple Jump - Final
(Seidre Forde)
3:28 PM Men's 800m - Final
(Chris Danks)
4:12 PM Women's 1,500m - Final
(Tarah McKay)

Women 8th, Men 10th at NCAA Midwest Regional

The Louisville women earned a school record eighth-place finish at the NCAA Midwest Regional, while the men finished 10th overall. The Cards earned a combined seven automatic bids to the NCAA Championships at the regional event.

Louisville Women Win First Ever BIG EAST Outdoor Team Title

The University of Louisville women's track and field team capped a record-setting weekend on May 4 by winning the program's first ever conference team title at the 2008 BIG EAST Outdoor Championships in Philadelphia.

The Cards won four event titles and scored 106 points overall for the team title. Pittsburgh was second with 87 points. Winning event titles for the women were Jere' Summers (discus, shot put), Rachel Gehret (high jump) and ZeNai Savage (hammer).

On the men's side, the Cards were third overall as Andre Black won his sixth career BIG EAST title with a win in the triple jump.

Cards Sweep Field Event Honors at BIG EAST Championships

The University of Louisville swept the field event awards at the 2008 BIG EAST Outdoor Championships as sophomore Jere' Summers was named Most Outstanding Women's Field Performer of the Meet after winning the discus and shot put titles with meet record marks in each, while junior Andre Black was named Most Outstanding Men's Field Performer of the Meet after winning his third straight outdoor triple jump title and finishing second in the long jump. Black, the 2007 NCAA indoor triple jump champion, has six career BIG EAST titles, including a perfect 5-for-5 in the triple.

2008 Louisville Outdoor Track & Field Schedule/Results

Date	Meet	Site	Times/Results
March 22	at Austin Peay Spring Fling	Clarksville, Tenn.	No Team Scores
March 28-29	at Raleigh Relays	Raleigh, N.C.	No Team Scores
March 28-29	at Yellow Jacket Invitational	Atlanta, Ga.	No Team Scores
April 3-5	at Texas Relays	Austin, Texas	No Team Scores
April 5	at Austin Peay Invitational	Clarksville, Tenn.	No Team Scores
April 9-12	at Sea Ray Relays	Knoxville, Tenn.	No Team Scores
April 17-19	at Mt. SAC Relays	Walnut, Calif.	No Team Scores
April 19	LENNY LYLES/CLARK WOOD INVITE	CARDINAL PARK	Women: 1st / Men: 1st
April 24-26	at Drake Relays	Des Moines, Iowa	No Team Scores
April 24-26	at Penn Relays	Philadelphia, Pa.	No Team Scores
May 1-3	at BIG EAST Championships	Philadelphia, Pa.	Women: 1st / Men: 3rd
May 17	CARDINAL TWILIGHT	CARDINAL PARK	No Team Scores
May 30-31	at NCAA Midwest Regional	Fayetteville, Ark.	Women: 8th / Men: 10th
June 11-14	at NCAA Championships	Des Moines, Iowa	1:30 / 6:25 / 3:15 / 1:00 p.m.

*All times Central and subject to change; Home meets in ALL CAPS





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2008 NCAA Outdoor Championships Roster

Women

NAME	YR	EVENTS	HOMETOWN (HIGH SCHOOL/PREVIOUS SCHOOL)
Seidre Forde	Jr.	Triple Jump	Green's St. George, Barbados (Queen's Coll./Missouri Baptist)
Rachel Gehret	So.	High Jump	Altoona, Pa. (Altoona Area HS)
Tarah McKay	So.	1500m	St. Clements, Ont. (Elmira District SS)
ZeNai Savage	Sr.	Hammer	Indianapolis, Ind. (Warren Central HS)
Jere' Summers	r-So.	Hammer, Shot Put	Oakland, Calif. (Berkeley HS/Cal State Northridge)

Men

NAME	YR	EVENTS	HOMETOWN (HIGH SCHOOL/PREVIOUS SCHOOL)
Rudon Bastian	Jr.	Long Jump	Nassau, Bahamas (C.R. Walker HS/Paul Quinn College)
Andre Black	Jr.	Long Jump, Triple Jump	Mobile, Ala. (McGill Toolen HS)
Chris Danks	Sr.	800m	Florence, Ky. (Saint Henry District HS)
Michael Eaton	r-Fr.	10000m	Bowling Green, Ky. (Greenwood HS)
Soimo Kiplagat	Sr.	10000m	Kapsabet, Kenya (Kursung HS/Lindenwood Univ.)

Head Coach: Ron Mann, 4th season at U of L
Assistant Coach / Distance & Recruiting: Brice Allen, 4th season
Assistant Coach / Multi Events: Mary Banker, 1st season
Assistant Coach / Throws: Dale Cowper, 2nd season
Assistant Coach / Jumps: Jake Jacoby, 3rd season
Assistant Coach / Sprints & Hurdles: Willie Randolph, 2nd season

Pronunciation Guide

Seidre (SEE-eh-dray) Forde (FORD)
 Soimo (SOY-mo) Kiplagat (KIP-luh-GOT)
 Tarah McKay (Mac-EYE)
 ZeNai (Zuh-NAY) Savage
 Jere' (JUR-aye) Summers
 Rudon (ROO-Don) Bastian



2008 NCAA Championships Qualifiers / Profiles



Seidre
FORDE

JUMPS • JUNIOR
GREEN'S ST. GEORGE, BARBADOS
QUEEN'S COLL./MISSOURI BAPTIST

• School record holder in the indoor, outdoor triple jump and outdoor long jump
2006-07: Competed in the outdoor and indoor triple and long jumps for the Cardinals ... Finished first in the long jump at the BIG EAST Outdoor Championships with a jump of 42-07.50 ... NCAA Mideast Regional qualifier in the triple jump ... Won first place in the long jump at the Cardinal Invitational ... Placed second in the long jump at the LSU Tiger Classic ... Best indoor finishes were two second place results at the SIU Fast Start Invite in the triple and long jump.
Prior to UofL: Competed for Missouri Baptist and was a member of the 2006 NAIA national champions in indoor and outdoor track and field ... Earned All-America honors in indoor and outdoor triple jump ... Won NAIA triple jump national title ... Top mark in the triple jump is 43-03 (13.18m).
High School: Competed in triple jump, long jump, high jump, 200m and 100m for Queen's College ... Won sprint championship at junior games in Mexico in 2004.
Personal: Born on Sept. 24, 1985 in Bridgetown, Barbados ... Daughter of Rosalyn and Lester Forde ... Has three siblings, Ronlee, Shamara and Renaldo ... Majoring in business management with a minor in justice administration.

• 2008 Outdoor Results

Triple Jump

Outdoor PR: * 13.35m/43-09.75 (4/4/08)

*#13.35m/43-09.75	Texas Relays (4/4)	1st
#13.01m/42-08.25	Lenny Lyles/Clark Wood Invite (4/19)	1st
#12.99m/42-07.50	BIG EAST Championships (5/4)	2nd
#12.93m/42-05.25	Sea Ray Relays (4/12)	2nd
12.86m/42-02.25	Drake Relays (4/26)	2nd
12.57m/41-03.00	NCAA Mideast Regional (5/31)	9th

Long Jump

Outdoor PR: * 6.23m/20-05.25 (5/30/08)

*6.23m/20-05.25	NCAA Mideast Regional (5/30)	10th
#6.15m/20-02.25	Cardinal Twilight (5/17)	2nd
#6.02m/19-09.00	Lenny Lyles/Clark Wood Invite (4/19)	1st
5.81m/19-00.75	Drake Relays (4/26)	14th
5.80m/19-00.50	BIG EAST Championships (5/3)	8th

High Jump

Outdoor PR: 1.61m/5-03.25 (4/19/08)

1.61m/5-03.25	Lenny Lyles/Clark Wood Invite (4/19)	2nd
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Rachel
GEHRET

JUMPS • SOPHOMORE
ALTOONA, PA.
ALTOONA AREA HS

2006-07: Competed in four outdoor and four indoor events for the Cardinals ... Finished in first place at the LSU Tiger Classic in the high jump with a 5-03.25 effort over the bar ... Best finish at the BIG EAST Championships was fifth also in the high jump ... Showed well in the indoor long jump at the BIG EAST Championships with a third-place finish.
High School: Three-year letterwinner in track at Altoona Area High School ... Personal best marks as a prep included 5-08.50 in the high jump, 19-01.25 in the long jump and 39-03 in the triple jump ... Other events were 200 meters, the 4x400-meter relay and the 4x100-meter relay ... Won the Penn Relays her junior year ... Won the state triple jump title in 2004, her sophomore year ... Also lettered in basketball three years and volleyball three years.
Personal: Born August 29, 1988 ... Daughter of Cory and Lisa Gehret ... Has three siblings: Lauren, Matthew and Brady ... Major is undecided.

• 2008 Outdoor Results

High Jump

Outdoor PR: 1.81m/5-11.25 (5/4/08)

#1.81m/5-11.25	BIG EAST Championships (5/4)	1st
A1.81m/5-11.25	NCAA Mideast Regional (5/31)	3rd
#1.80m/5-10.75	Cardinal Twilight (5/17)	1st
#1.79m/5-10.50	Drake Relays (4/25)	1st
#1.75m/5-08.75	Texas Relays (4/4)	1st
#1.75m/5-08.75	Sea Ray Relays (4/11)	4th
1.71m/5-07.25	Lenny Lyles/Clark Wood Invite (4/19)	1st

Long Jump

Outdoor PR: 5.81m/19-00.75 (5/3/08)

5.81m/19-00.75	BIG EAST Championships (5/3)	7th
5.79m/19-00.00	Sea Ray Relays (4/12)	16th
5.69m/18-08.00	Lenny Lyles/Clark Wood Invite (4/19)	3rd



2008 NCAA Championships Qualifiers / Profiles



McKAY Tarah McKAY

DISTANCE • SOPHOMORE
ST. CLEMENTS, ONT.
ELMIRA DISTRICT SS

- Team captain for the 2007-08 and 2006-07 seasons
- School record holder in the outdoor 800m

2007 Cross Country: Was the first U of L runner through the finish line in all six events, just as she was in 2006 ... Finished first overall two times on the year, first at the Mid-America Opener and again at the Navy Invitational ... Placed ninth overall at the BIG EAST Championships out of 132 other runners to earn All-BIG EAST honors ... Earned All-Region honors at the Southeast Regional with a ninth-place finish overall.

2006-07: Competed in three events for the Cardinals during the indoor season ... Posted a second place finish at the Gladstein Invite in the 3000m ... Ran a 5:04.13 minute mile at the BIG EAST Championships which was good for 12th place.

2006 Cross Country: First UofL woman to race at the NCAA Championships, and finished 106th overall ... Named All-BIG EAST and All-Region as a freshman ... Finished 11th at the Big EAST Championships and 15th at the NCAA Regionals ... Was the first finisher for the Cardinals in all seven races she ran ... Won the Greater Louisville Classic.

High School: Three-year member of the Canadian Junior Team at the World Cross Country Championships ... Canadian Cross Country Champion in 2003 ... Bronze medalist in the 1500 meters at the Canada Summer Games ... Nine-time Provincial medalist ... Personal best times as a prep were 4:28.80 in the 1500m, 2:10 in the 800m and 9:49 in the 3000m.

Personal: Born May 1, 1987 ... Daughter of Wendy and Blair McKay ... Has one sister, Amber ... Majoring in exercise science.

• 2008 Outdoor Results

1500m

Outdoor PR: 4:25.00 (4/21/07)

4:25.25.....	NCAA Mideast Regional (5/31).....	5th
#4:26.32 (p).....	BIG EAST Championships (5/3).....	5th
4:26.32 (p).....	NCAA Mideast Regional (5/30).....	5th
#4:26.77.....	BIG EAST Championships (5/4).....	5th
4:29.85.....	Drake Relays (4/24).....	4th
4:31.68.....	Lenny Lyles/Clark Wood Invite (4/19).....	1st
4:34.33.....	Austin Peay Invitational (4/5).....	1st
4:34.54.....	Sea Ray Relays (4/12).....	14th
4:40.48.....	Raleigh Relays (3/29).....	8th

800m

Outdoor PR: 2:09.30 (5/17/08)

#2:09.30.....	Cardinal Twilight (5/17).....	1st
2:15.5h.....	Lenny Lyles/Clark Wood Invite (4/19).....	3rd



SAVAGE ZeNai SAVAGE

THROWS • SENIOR
INDIANAPOLIS, IND.
WARREN CENTRAL

- Team captain for the 2007-08 and 2006-07 seasons
- School record holder in the hammer

2006-07: NCAA Outdoor Championships qualifier in the hammer throw ... BIG EAST champion in the outdoor shot put with a career best mark of 48-06.75 ... BIG EAST runner-up in hammer throw, indoor shot put and weight throw ... Finished seventh in the hammer at the NCAA Mideast Regional with a career best mark of 196-01.

2005-06: Finished third in the shot put at the BIG EAST Indoor Championships ... Finished sixth in the hammer and 10th in the shot put at the BIG EAST Outdoor Championships ... Won the outdoor shot put at the Oliver Nikoloff Invite with a career-best mark of 46-00 ... Finished second in the hammer at the Ohio River Challenge with a career-best mark of 171-10 ... Won the indoor shot put at Illinois.

2004-05: Redshirted, but did compete unattached at several regional meets.

2003-04: Competed in the shot put and hammer throw during the outdoor season and in the shot put and weight throw during the indoor season ... Earned a fourth-place finish in the outdoor shot put at the Indy Relays with a personal-best mark of 43-0.50 ... Earned four top-6 finishes in the indoor shot put.

High School: Four-year letterwinner in basketball and track and three-year letterwinner in volleyball at Warren Central High School ... Three-time Indiana state qualifier in shot put and discus ... Finished sixth in shot put at 2003 state meet ... Named Marion County Player of the Year in volleyball by the *Indianapolis Star* ... All-county selection in basketball, volleyball and track.

Personal: Born Everlla ZeNai Savage on June 10, 1985 in Ft. Wayne, Ind. ... Daughter of Howard & Everlla Savage ... Majoring in accounting.

• 2008 Outdoor Results

Hammer

Outdoor PR: * 61.35m/201-03 (5/17/08)

*#61.35m/201-03.....	Cardinal Twilight (5/17).....	1st
A60.02m/196-11.....	NCAA Mideast Regional (5/30).....	4th
#59.97m/196-09.....	BIG EAST Championships (5/4).....	1st
#58.46m/191-09.....	Stan Lyons Invite (4/26).....	2nd
52.91m/173-07.....	Sea Ray Relays (4/11).....	9th
52.34m/171-09.....	Lenny Lyles/Clark Wood Invite (4/19).....	4th
FOUL.....	Yellow Jacket Invite (3/28).....	--
FOUL.....	Texas Relays (4/3).....	--

Shot Put

Outdoor PR: 15.58m/51-01.50 (4/12/08)

#15.58m/51-01.50.....	Sea Ray Relays (4/12).....	8th
#15.33m/50-03.50.....	Lenny Lyles/Clark Wood Invite (4/19).....	2nd
#15.18m/49-09.75.....	Yellow Jacket Invite (3/29).....	2nd
#15.17m/49-09.25.....	Cardinal Twilight (5/17).....	4th
14.78m/48-06.00.....	BIG EAST Championships (5/3).....	6th
14.36m/47-01.50.....	NCAA Mideast Regional (5/31).....	22nd

(p) Preliminary Race

* School Record

NCAA Regional Qualifier

A NCAA Championships Qualifier



University of Louisville • Men's & Women's Track & Field



2008 NCAA Championships Qualifiers / Profiles



Jere' SUMMERS

THROWS • SOPHOMORE
OAKLAND, CALIF.
BERKELEY HS/CAL STATE NORTHRIDGE

• School record holder in the outdoor shot put & discus, and indoor shot put and weight throw
Prior to UofL: Competed at Cal State Northridge for two indoor seasons and one outdoor season ... Qualified in the shot put and discus for the IAAF World Junior Track & Field Championships in 2006 ... Big West Conference champion in shot put in 2006 ... WAC indoor champion in the shot put in 2007 ...
High School: Competed in shot put and discus primarily at Berkeley High School ... Named to Contra Costa Time Top 100 Prep Athletes Award list in 2003 and 2005 ... Four-time CCAL league champion in shot put and a three-time champion in the discus ... Also lettered in golf, lacrosse, rugby, wrestling and football at Berkeley High School.
Personal: Born Jere' Chardonae Summers on May 21, 1987 in Oakland, Calif. ... Daughter of James and Carrie Summers ... Has four siblings, James T., James A., Chayla and Shekinah ... Majoring in exercise science with a minor sports administration.

• 2008 Outdoor Results

Hammer

Outdoor PR: 61.13m/200-07 (4/19/08)

#61.13m/200-07	Lenny Lyles/Clark Wood Invite (4/19)	1st
#60.68m/199-01	Texas Relays (4/3)	2nd
#58.97m/193-06	Cardinal Twilight (5/17)	2nd
#58.57m/192-02	Yellow Jacket Invite (3/28)	2nd
57.71m/189-04	NCAA Mideast Regional (5/30)	7th
#55.87m/183-04	Sea Ray Relays (4/11)	8th
37.03m/121-06	BIG EAST Championships (5/4)	18th

Shot Put

Outdoor PR: * 16.90m/55-05.50 (5/31/08)

*A16.90m/55-05.50	NCAA Mideast Regional (5/31)	2nd
#16.76m/55-00.00	Texas Relays (4/5)	4th
#16.60m/54-05.50	BIG EAST Championships (5/3)	1st
#16.48m/54-01.00	Lenny Lyles/Clark Wood Invite (4/19)	1st
#16.28m/53-05.00	Cardinal Twilight (5/17)	1st
#16.23m/53-03.00	Sea Ray Relays (4/12)	6th
#15.42m/50-07.25	Yellow Jacket Invite (3/29)	1st

Discus

Outdoor PR: * 57.68m/189-03 (5/17/08)

*#57.68m/189-03	Cardinal Twilight (5/17)	1st
#56.67m/185-11	BIG EAST Championships (5/3)	1st
#52.20m/171-03	Sea Ray Relays (4/12)	2nd
#50.02m/164-01	Lenny Lyles/Clark Wood Invite (4/19)	1st
46.86m/153-09	Yellow Jacket Invite (3/29)	2nd
46.36m/152-01	Texas Relays (4/4)	11th
35.64m/116-11	Stan Lyons Invite (4/26)	23rd
FOUL	NCAA Mideast Regional (5/30)	--

Louisville Women's Outdoor Records

Track

100 Meters	Elisabeth Slettum	11.80	BIG EAST Championship	5/5/07
200 Meters	Elisabeth Slettum	23.58	NCAA Mideast Regional	5/25/07
400 Meters	Elisabeth Slettum	55.0h	Baldy Castillo Invitational	3/17/07
800 Meters	Tarah McKay	2:09.30	Cardinal Twilight	5/17/08
1,500 Meters	Bettina Bard	4:23.07	Northeast Twilight	5/10/97
3,000 Meters	Bettina Bard	9:20.13	NCAA Championships	6/6/97
5,000 Meters	Michelle Borgert	16:32.41	Penn Relays	4/27/95
10,000 Meters	Michelle Borgert	33:43.0h	Mt. SAC Relays	4/15/95
3,000-Meter Steeplechase	Marea Ingwersen	11:11.13	C-USA Championship	5/10/02
100-Meter Hurdles	Theresa Lewis	13.52	BIG EAST Championship	5/5/07
400-Meter Hurdles	Heather Trimiew	58.34	BIG EAST Championship	5/7/06

Field

High Jump	Kelley Bowman	6-01.25 (1.86m)	NCAA Championship	6/9/06
Long Jump	Seidre Forde	20-05.25 (6.23m)	NCAA Mideast Regional	5/30/08
Triple Jump	Seidre Forde	43-09.75 (13.35m)	Texas Relays	4/4/08
Pole Vault	Jennifer Hartig	12-9.50 (3.90m)	BIG EAST Championship	5/6/06
Shot Put	Jere' Summers	55-05.50 (16.90m)	NCAA Mideast Regional	5/31/08
Discus	Jere' Summers	189-03 (57.68m)	Cardinal Twilight	5/17/08
Hammer	ZeNai Savage	201-03 (61.35m)	Cardinal Twilight	5/17/08
Javelin	Trish Young	160-10 (49.02m)	Butler Twilight	5/4/02
Javelin (old style)	Cheryl Kopatz	146-7 (44.68m)	Becky Boone Relays	4/27/84
Heptathlon	Jen Carlsen	4,986 points	C-USA Championship	5/11/00

Relays

4x100-Meter	Lewis, Slettum,	45.25	NCAA Mideast Regional	5/25/07
.....	Trimiew, Durias			
4x200-Meter	Mestelle, Mula,	1:41.55	Alabama Relays	3/26/00
.....	Carlsen, Shannon			
4x400-Meter	Eugene, Trimiew,	3:46.78	BIG EAST Championship	5/7/06
.....	Moore, Durias			
4x800-Meter	Weir, Moore,	9:21.91	Sea Ray Relays	4/15/06
.....	Trainor, Haworth			
Distance Medley	Gomes, Bard,	11:51.96	Alabama Relays	3/26/95
.....	Bowman, Borgert			
Sprint Medley	Carlsen, Shannon,	4:09.43	Alabama Relays	3/26/00
.....	Wooten, Cavender			
Shuttle Hurdle	Mula, Faber,	1:00.76	Alabama Relays	3/26/00
.....	Carlsen, Haynes			

(p) Preliminary Race

* School Record

NCAA Regional Qualifier

A NCAA Championships Qualifier



University of Louisville • Men's & Women's Track & Field



Women's Outdoor All-Time Top Five Performances

100 Meters

1. Elisabeth Slettum (2007)	11.80
2. Elisabeth Slettum (2007)	11.81
3. LaShondra Durias (2006)	11.84
4. LaShondra Durias (2007)	11.86
5. LaShondra Durias (2006)	11.87

200 Meters

1. Elisabeth Slettum (2007)	23.58
2. Elisabeth Slettum (2007)	23.59
3. Elisabeth Slettum (2007)	23.65
4. Elisabeth Slettum (2007)	23.78
5. Elisabeth Slettum (2007)	23.89

400 Meters

1. Elisabeth Slettum (2007)	55.0h
2. Elisabeth Slettum (2007)	55.32
3. Anita Winters-Dixon (2005)	56.13
4. Jen Carlsen (1998)	56.35
5. Jen Carlsen (2000)	56.46

800 Meters

1. Tarah McKay (2008)	2:09.30
2. Kat Alcorn (2008)	2:10.67
3. Alicia Cavender (2002)	2:10.83
4. Bettina Bard (1997)	2:10.89
5. Alicia Cavender (2002)	2:10.97

1,500 Meters

1. Bettina Bard (1997)	4:23.07
2. Tarah McKay (2007)	4:25.00
3. Tarah McKay (2008)	4:25.25
4. Tarah McKay (2008)	4:26.32
5. Tarah McKay (2008)	4:26.77

3,000 Meters

1. Bettina Bard (1997)	9:20.13
2. Bettina Bard (1997)	9:24.39
3. Bettina Bard (1997)	9:25.13
4. Michelle Borgert (1995)	9:39.04
5. Bettina Bard (1994)	9:40.79

5,000 Meters

1. Michelle Borgert (1995)	16:32.41
2. Michelle Borgert (1993)	16:54.76
3. Michelle Borgert (1993)	16:58.15
4. Eileen Ferguson (1998)	17:11.36
5. Eileen Ferguson (1999)	17:12.68

10,000 Meters

1. Michelle Borgert (1995)	33:43.0h
2. Taryn Gibson (2008)	34:40.11
3. Taryn Gibson (2008)	35:40.15
4. Lisa Witty (1984)	36:00.14
5. Laura Deneau (1997)	36:17.93

3,000-Meter Steeplechase

1. Marea Ingwersen (2002)	11:11.13
2. Laine Hamman (2004)	11:17.16
3. Marea Ingwersen (2002)	11:22.13
4. Ashley Ruberg (2006)	11:22.89
5. Kortni Dukes (2007)	11:24.79

100-Meter Hurdles

1. Theresa Lewis (2007)	13.52
2. Theresa Lewis (2007)	13.65
3. Theresa Lewis (2008)	13.84
4. Theresa Lewis (2008)	13.89
5. Theresa Lewis (2008)	13.91

400-Meter Hurdles

1. Heather Trimiew (2006)	58.34
2. Heather Trimiew (2006)	58.68
3. Heather Trimiew (2006)	59.05
4. Heather Trimiew (2006)	59.23
5. Heather Trimiew (2006)	59.44

High Jump

1. Kelley Bowman (2006)	6-01.25 (1.86m)
2. Kelley Bowman (2006)	6-00.00 (1.83m)
3. Kelley Bowman (2006)	5-11.00 (1.81m)
Rachel Gehret (2008)	5-11.00 (1.81m)
4. Rachel Gehret (2008)	5-10.75 (1.80m)
5. Rachel Gehret (2008)	5-10.50 (1.79m)

Pole Vault

1. Jennifer Hartig (2006)	12-09.50 (3.90m)
2. Jacey Hughes (2004)	12-07.50 (3.85m)
3. Jennifer Hartig (2005)	12-06.00 (3.81m)
4. Jennifer Hartig (2005)	12-05.50 (3.80m)
Jennifer Hartig (2006)	12-05.50 (3.80m)

Long Jump

1. Seidre Forde (2008)	20-05.25 (6.23m)
2. Seidre Forde (2008)	20-02.25 (6.15m)
3. Amaka Omenyinma (2008)	20-01.75 (6.14m)
4. Seidre Forde (2008)	19-09.00 (6.02m)
Amaka Omenyinma (2008)	19-09.00 (6.02m)
5. Ify Akubeze (2005)	19-08.25 (6.00m)

Triple Jump

1. Seidre Forde (2008)	43-09.75 (13.35m)
2. Seidre Forde (2008)	42-08.25 (13.01m)
3. Seidre Forde (2007)	42-07.50 (12.99m)
Seidre Forde (2008)	42-07.50 (12.99m)
4. Seidre Forde (2008)	42-05.25 (12.93m)
5. Seidre Forde (2008)	42-02.25 (12.86m)

Shot Put

1. Jere' Summers (2008)	55-05.50 (16.90m)
2. Jere' Summers (2008)	55-00.00 (16.76m)
3. Jere' Summers (2008)	54-05.50 (16.60m)
4. Jere' Summers (2008)	54-01.00 (16.48m)
5. Jere' Summers (2008)	53-05.00 (16.28m)

Discus

1. Jere' Summers (2008)	189-03 (57.68m)
2. Jere' Summers (2008)	185-11 (56.67m)
3. Jere' Summers (2008)	171-03 (52.20m)
4. Chinwe Okoro (2008)	168-02 (51.25m)
5. Chinwe Okoro (2008)	164-07 (50.16m)

Hammer

1. ZeNai Savage (2008)	201-03 (61.35m)
2. Jere' Summers (2008)	200-07 (61.13m)
3. Jere' Summers (2008)	199-01 (60.68m)
4. Emily Turland (2007)	198-00 (60.36m)
5. Emily Turland (2006)	197-06 (60.19m)

Javelin

1. Trish Young (2002)	160-10 (49.02m)
2. Trish Young (2002)	160-03 (48.84m)
3. Trish Young (2000)	158-03 (48.24m)
4. Trish Young (2002)	154-01 (46.98m)
5. Trish Young (2002)	153-09 (46.87m)

Heptathlon

1. Jen Carlsen (2000)	4,986 points
2. Kelly Faber (2004)	4,958 points
3. Kelly Faber (2004)	4,896 points
4. Kelly Faber (2004)	4,886 points
5. Christine Krellwitz (2007)	4,860 points

4x100-Meter Relay

1. Lewis, Slettum, Trimiew, Durias (2007)	45.25
2. Lewis, Slettum, Trimiew, Durias (2007)	45.48
3. Lewis, Slettum, Trimiew, Durias (2007)	45.65
4. Lewis, Slettum, Trimiew, Durias (2007)	45.96
5. Hedgepeth, McDonald, Mestelle, Shannon (02)	46.31
Lewis, Slettum, Trimiew, Durias (2007)	46.31

4x200-Meter Relay

1. Mestelle, Mula, Carlsen, Shannon (2000)	1:41.55
2. (2001)	1:42.24
3. Hedgepeth, Shannon, Jackson, Akubeze (2003)	1:44.79
4. Showell, Krellwitz, Durias, Bowman (2006)	1:45.04
5. Foree, Southern, Boulware, Just (1980)	#1:48.44

4x400-Meter Relay

1. Eugene, Trimiew, Showell, Durias (2006)	3:46.78
2. Mula, Wooten, Faber, Shannon (2000)	3:47.51
3. Slettum, Durias, Trimiew, McKay (2007)	3:47.88
4. Alcorn, Gehret, Trimiew, McKay (2008)	3:48.96
5. Mula, Wooten, Faber, Carlsen (2000)	3:49.60

4x800-Meter Relay

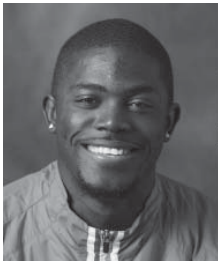
1. Weir, Moore, Trainor, Haworth (2006)	9:21.91
2. Weir, Moore, Trainor, Ruberg (2006)	9:22.43
3. Edgar, Dowd, Meeks, Borgert (1992)	9:25.80
4. (1993)	9:36.16
5. (1992)	9:36.16

Distance Medley Relay

1. Gomes, Bard, Bowman, Borgert (1995)	11:51.96
2. Dowd, Phillips, Edgar, Borgert (1993)	11:58.94
3. Dowd, Phillips, Edgar, Borgert (1993)	12:07.58
4. Dowd, Phillips, Edgar, Borgert (1993)	12:10.29



2008 NCAA Championships Qualifiers / Profiles



Rudon BASTIAN

JUMPS • JUNIOR
NASSAU, BAHAMAS
C.R. WALKER HS/PAUL QUINN

2006-07: NCAA Mideast Regional qualifier in the long jump ... Won the outdoor long jump title at the Baldy Castillo Invitational ... Finished third in the long jump at the Cardinal Invitational and fifth at the LSU Tiger Classic ... Earned four top three finishes in the long jump during the indoor season with second place finishes at the Meyo Invitational, Rod McCravy Memorial and the Alex Wilson Invitational ... Finished third in the long jump at the BIG EAST Indoor Championships ... Finished fourth in the triple jump at the BIG EAST Indoor Championships.

Prior to U of L: Named Athlete of the Year in 2006 at Paul Quinn College ...

Was Freshman of the Year, Field Event Athlete of the Year and NAIA long jump All-American at Paul Quinn ... Finished 11th in the long jump at the World Junior Championships in Beijing, China in 2006 representing his home country.

High School: Competed in track and field for three years at C.R. Walker High School ... Named Bahamas Junior National Male Athlete of the Year in 2006 ... Junior boys long jump title school record holder ... Also lettered in volleyball for two years and basketball for one year.

Personal: Born Rudon Jahu Bastian on Jan. 13, 1987 in Nassau, Bahamas ... Son of Prince Bastian and Mona Ferguson ... Has two siblings, Naaman Bastian and Monique Stewart ... Majoring in exercise science at U of L with a minor in sociology.

• 2008 Outdoor Results

Long Jump

Outdoor PR: 7.91m/25-11.50 (5/30/08)

A7.91m/25-11.50	NCAA Mideast Regional (5/30)	3rd
#7.87m/25-10.00	Sea Ray Relays (4/12)	1st
#7.51m/24-07.75	Texas Relays (4/4)	4th
#7.41m/24-03.75	BIG EAST Championships (5/3)	3rd
7.30m/23-11.50	Drake Relays (4/25)	5th
FOUL	Cardinal Twilight (5/17)	--

Triple Jump

Outdoor PR: 15.44m/50-08.00 (4/19/08)

#15.44m/50-08.00	Lenny Lyles/Clark Wood Invite (4/19)	2nd
14.96m/49-01.00	BIG EAST Championships (5/4)	5th
14.73m/48-04.00	NCAA Mideast Regional (5/31)	22nd



Andre BLACK

JUMPS • JUNIOR
MOBILE, ALA.
MCGILL TOOLEN HS

- Team captain for the 2007-08 and 2006-07 seasons
- Second athlete in school history to win a track and field national championship with his indoor triple jump title in 2007 ... School record holder in the outdoor and indoor triple jump.

2006-07: Won the NCAA title in the indoor men's triple jump with a school record mark of 53 feet, 5.5 inches ... Finished second in the long jump at the NCAA Outdoor Championships with an effort of 53-00 ... NCAA Regional qualifier in the outdoor long jump and triple jump ... Won three outdoor long jump titles, and three triple jump titles ... Won five indoor triple jump titles and one indoor long jump title.

2005-06: NCAA Championships qualifier in the triple jump and finished 13th overall ... Competed in the triple jump at the World Junior Championships and finished 16th overall ... Finished fifth in the triple jump at the NCAA Mideast Regional ... BIG EAST champion in the outdoor triple jump and the indoor triple jump ... NCAA regional qualifier in the long jump ... Won three outdoor triple jump titles ... Won two indoor triple jump titles and two indoor long jump titles.

High School: Three-year letterwinner at McGill Toolen High School where he won the 2005 Alabama indoor long jump state title and the 2004 outdoor state title ... Was ranked 10th in the nation in the indoor triple jump when he signed with U of L in the spring of 2005 ... Named All-State, all-region and all-county ... Named Nike All-American in triple jump as a senior ... Also lettered in basketball and football.

Personal: Born on May 21, 1987 in Mobile Ala. ... Son of Sharon and Broderick McCants ... Has one brother, B.J. McCants ... Majoring in CIS.

• 2008 Outdoor Results

Triple Jump

Outdoor PR: * 16.25m/53-03.75 (5/26/07)

#16.04m/52-07.50	BIG EAST Championships (5/4)	1st
A16.02m/52-06.75	NCAA Mideast Regional (5/31)	3rd
#15.86m/52-00.50	Sea Ray Relays (4/12)	2nd
#15.66m/51-04.50	Drake Relays (4/26)	5th
#15.48m/50-09.50	Lenny Lyles/Clark Wood Invite (4/19)	1st
#15.45m/50-08.25	Cardinal Twilight (5/17)	1st

Long Jump

Outdoor PR: 7.86m/25-09.25 (5/30/08)

A7.86m/25-09.25	NCAA Mideast Regional (5/30)	4th
#7.70m/25-03.25	Texas Relays (4/4)	2nd
#7.68m/25-02.50	BIG EAST Championships (5/3)	2nd
#7.56m/24-09.75	Lenny Lyles/Clark Wood Invite (4/19)	1st
#7.53m/24-08.50	Drake Relays (4/25)	2nd
7.42m/24-04.25	Cardinal Twilight (5/17)	2nd

200m

Outdoor PR: 22.67 (4/21/07)

22.78	Austin Peay Spring Fling (3/22)	6th
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2008 NCAA Championships Qualifiers / Profiles



DANKS Chris DANKS

MIDDLE DISTANCE • SENIOR
FLORENCE, KY.
SAINT HENRY DISTRICT HS

• School record holder in the outdoor 800m

2006-07: Competed in the 800m for the Cardinals ... Ran a personal best time of 1:52.47 at the BIG EAST Championship to place 11th ... Finished second in the Cardinal Invite with a time of 1:52.75 ... Ran a time of 1:55.96 at the Missouri Relays placing him fifth ... Did not compete during the indoor season.

2005-06: Competed in five outdoor events for the Cards and two indoor events ... Won the outdoor 800m at the Ohio River Challenge ... Finished second in the 800m at the Oliver Nikoloff Invite with a career best time ... Finished 18th in the BIG EAST in the 800m ... Finished 16th in the BIG EAST in the indoor mile.

2005 Cross Country: Competed in five events for the Cards ... Best finish was 10th at the Indiana State Invitational.

2004-05: Competed in the 800m and 1500m ... Best finish was fifth in the 1500m at the Stan Lyons Invite ... Finished 10th in the 1500m at the C-USA Outdoor Championship with a career-best time of 3:58.31.

2004 Cross Country: Competed in four events during the fall ... Best finish was 17th at the Woodford Trials.

2003 Cross Country: Ran in all eight events in the fall ... Ran season-best 8K time of 26:30.60 at Conference USA Championship to place 33rd ... Did not compete in track and field in 2004.

High School: State champion in both the 1600m and 3200m in 2003 ... Also captured state title in cross country as a senior ... Named Class A Runner of the Year as a senior ... Ran state's Class A fastest 800m time of 1:57.89 in 2003.

Personal: Born Christopher Joseph Danks on April 30, 1985 in Covington, Ky. ... Son of Mark and Becky Danks ... Majoring in marketing and management.

• 2008 Outdoor Results

800m

Outdoor PR: * 1:48.41 (5/4/08)

*#1:48.41	BIG EAST Championships (5/4)	2nd
1:48.92 (p)	NCAA Mideast Regional (5/30)	8th
1:49.48	NCAA Mideast Regional (5/31)	8th
#1:50.19 (p)	BIG EAST Championships (5/3)	4th
#1:50.25	Lenny Lyles/Clark Wood Invite (4/19)	1st
1:50.85	Yellow Jacket Invite (3/29)	1st
1:50.98	Drake Relays (4/26)	4th
1:52.83	Sea Ray Relays (4/12)	9th

400m

Outdoor PR: 48.14 (5/17/08)

48.14	Cardinal Twilight (5/17)	1st
49.61	Austin Peay Invite (4/5)	1st

1500m

Outdoor PR: 3:56.71 (3/22/08)

3:56.71	Austin Peay Spring Fling (3/22)	2nd
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EATON Michael EATON

DISTANCE • R-FRESHMAN
BOWLING GREEN, KY.
GREENWOOD HS

• School record holder in the 10,000m

2007 Cross Country: Finished as the Cards' fourth runner and 10th overall to earn All-BIG EAST honors at the BIG EAST Championships with a time of 24:05.15 ... Earned All-Region honors with a 13th-place finish in the field of 200 at the NCAA Southeast Regional ... Was U of L's fourth runner and 71st overall at the NCAA Championships.

2006-07: Redshirted during the track & field season and did not compete.

2006 Cross Country: Battled back from a summer foot injury to become the Cards' fourth runner at the NCAA Southeast Regional and NCAA Championships ... Earned All-Region honors with an 22nd-place finish overall.

High School: One of the most highly decorated prep athletes to sign with the Cardinal track and field program, Eaton represented Team USA at the 2006 World Junior Cross Country Championships in Japan ... Two-time qualifier for the Footlocker Nationals and finished 13th as a senior ... 2005 Footlocker South Regional champion ... Earned 2005 High School Cross Country All-America honors ... Also earned 2006 High School Indoor All-America honors in the 3,200m ... 2004 and 2005 Kentucky state cross country champion ... 2006 and 2004 state champion in the 3,200m ... 2005 state champion in the 1,600m ... Personal best times as a prep included 14:35 in the 5000m and 9:10 in the 3200m ... Also ran on Greenwood's 4x800m relay team.

Personal: Born on June 9, 1987 in Princeton, Ind. ... Son of Steve and Lori Eaton ... Has one brother, Ryan ... Majoring in physics at UofL.

• 2008 Outdoor Results

10000m

Outdoor PR: * 28:41.96 (4/17/08)

*A28:41.96	Mt. SAC Relays (4/17)	2nd
29:32.86	BIG EAST Championships (5/3)	3rd

5000m

Outdoor PR: 13:54.72 (3/28/08)

#13:54.72	Raleigh Relays (3/28)	3rd
14:19.43	NCAA Mideast Regional (5/30)	8th
14:38.34	BIG EAST Championships (5/4)	9th

1500m

Outdoor PR: 3:55.39 (4/12/08)

3:55.39	Sea Ray Relays (4/12)	10th
3:57.06	Austin Peay Invite (4/5)	1st
4:03.59	Austin Peay Spring Fling (3/22)	4th



2008 NCAA Championships Qualifiers / Profiles



SOIMO KIPLAGAT

DISTANCE • SENIOR
KAPSABET, KENYA
KURSUNG HS/LINDENWOOD

2007 Cross Country: Finished as the Cards' second runner in five of seven events ... Placed sixth out of 116 runners in the 8k course at the BIG EAST Championship to earn All-BIG EAST honors ... Was seventh of 200 runners to earn All-Region honors at the NCAA Southeast Regional ... Was 65th of 250 runners at the NCAA Championships ... Finished second out of 100 participants in the 8k at the Navy Invitational ... Earned a top seven finish in six of seven events in 2007.

2006-07: Competed in four outdoor events for the Cardinals ... Finished fifth in the 10000m at the BIG EAST Championships with a time of 30 minutes, 01.55 seconds ... Best finish was second in the 3000m at the Baldy Castillo Invite.

2006 Cross Country: Earned All-Region honors with an 11th-place finish at the NCAA Southeast Regional ... Won the Indiana 5K to open the season ... Earned Top 10 finishes at the UT Invitational and the Greater Louisville Classic.

2005-06: Finished fourth in the BIG EAST in the 10000m ... Was eighth in the 1500m at the Cardinal Invite and eighth in the 5000m at the Raleigh Relays ... Did not compete during the indoor season.

Prior to UofL: Competed two seasons for Lindenwood University where he won the 2004 and 2005 NAIA individual cross country national championship at E.P. "Tom" Sawyer Park in Louisville, Ky. ... Also was a member of Lindenwood's indoor national championship team ... Top marks prior to joining UofL were 29:50 in 10,000m, 4:06 in mile, 23:35 in 8km, 3:52 in the 1,500m and 8:06 in the 3km.

High School: Primary events at Kurgung High School in Kenya were 1,500m and 8km run.

Personal: Born Dec. 28, 1984 in Kapsabet, Kenya ... Son of Rev. James Bassey and Margaret Bassey ... Majoring in psychology with a minor in anthropology.

• 2008 Outdoor Results

10000m

Outdoor PR: 29:03.07 (4/17/08)

P29:03.07 Mt. SAC Relays (4/17)3rd
29:17.85..... BIG EAST Championships (5/3)3rd

5000m

Outdoor PR: 14:11.22 (4/13/06)

14:12.38..... Raleigh Relays (3/28) 10th
14:12.98..... Cardinal Twilight (5/17)2nd
14:36.30..... BIG EAST Championships (5/4)7th

1500m

Outdoor PR: 3:55.11 (4/22/06)

3:58.50..... Sea Ray Relays (4/12)..... 17th
4:01.45..... Austin Peay Invite (4/5).....2nd
4:15.14..... Austin Peay Spring Fling (3/22)5th

Louisville Men's Outdoor Records

Track

100 Meters	Edmund Yeboah	10.39	Sea Ray Relays	4/11/08
100 Yards	Lenny Lyles	9.64#		1956
200 Meters	Riley Fitzpatrick	21.54#		1981
220 Yards	Lenny Lyles	20.84#		1956
400 Meters	Audley Gordon	47.03	Metro Conference Champ.	5/17/86
800 Meters	Chris Danks	1:48.41	BIG EAST Championship	5/4/08
1,500 Meters	Wesley Korir	3:45.57	Cardinal Invitational	4/21/07
Mile	Dave Rafferty	4:12.1h	Morehead State Relays	4/4/76
3,000 Meters	Wesley Korir	8:13.01	Baldy Castillo Invitational	3/17/07
5,000 Meters	Wesley Korir	13:40.47	NCAA Championships	6/8/07
10,000 Meters	Michael Eaton	28:41.96	Mt. SAC Relays	4/17/08
3,000-Meter Steeplechase	Cory Thorne	8:49.41	Mt. SAC Relays	4/13/07
110-Meter Hurdles	Zek Parker	14.12	C-USA Championship	5/15/99
400-Meter Hurdles	Brad Keys	52.03	BIG EAST Championship	5/7/06

Field

High Jump	Tone Belt	7-03.75 (2.23m)	Sea Ray Relays	4/15/06
Long Jump	Tone Belt	26-01.00 (7.95m)	IAAF World Junior Champ.	8/16/06
Triple Jump	Andre Black	53-03.75 (16.25m)	NCAA Mideast Regional	5/26/07
Pole Vault	Kyle Gann	16-02.75 (4.95m)	BIG EAST Championship	5/4/08
Shot Put	Steven Hnat	56-08.00 (17.27m)	Cardinal Invitational	4/21/07
Discus	James Dennis	197-07 (60.22m)	Purdue Invitational	4/24/99
Hammer	Damien Kalvar	204-02 (62.25m)	Eastern Illinois Invitational	4/9/93
Javelin	Arthur Turland	202-01 (61.61m)	BIG EAST Championship	5/6/07
Javelin (old style)	Jack Valvo	205-00 (62.48m)		1951
Decathlon	Robbie Moore	6,649 points	BIG EAST Championship	5/5/07

Relays

4x100-Meter	Jackson, Coleman	40.34	C-USA Championship	5/13/00
	Bickett, Parker			
4x200-Meter	McAndrew, Combs	1:27.27	Alabama Relays	3/21/04
	Bridgeman, Jager			
4x400-Meter	Webb, Amedee	3:13.12	BIG EAST Championship	5/7/06
	Belt, Black			
4x800-Meter	Akam, Sensenbrenner	7:41.2h^	Florida Relays	3/26/76
	Hagan, Rafferty			
4x1500-Meter	Gentry, Davis	16:14.90	Alabama Relays	3/21/04
	Seacat, Jesse			
4x1600-Meter	Embry, Zickel	17:28.2h		1983
	Oberhausen, Ford			
Distance Medley	Akam, Judah	10:09.0h^	Florida Relays	3/27/76
	Rafferty, Hagan			
Sprint Medley	Robie, Bridgeman	3:29.26	Alabama Relays	3/24/02
	McCleney, Persinger			
Shuttle Hurdle	Harrison, Twyman	1:01.00	Penn Relays	4/30/94
	Farrell, Windham			

(p) Preliminary Race

* School Record

NCAA Regional Qualifier

P NCAA Championships Provisional Qualifier



University of Louisville • Men's & Women's Track & Field



Men's Outdoor All-Time Top Five Performances

100 Meters

1. Edmund Yeboah (2008)	10.39
2. Robert Amedee (2006)	10.47
3. Robert Amedee (2006)	10.51
4. Mark Chambers (1976)	# 10.54
5. Tony Baffour (2008)	10.61

200 Meters

1. Riley Fitzpatrick (1981)	# 21.54
2. Brian Bickett (2000)	21.55
3. Jonathan Combs (2004)	21.57
Marques Robie (2003)	21.57
5. Brian Bickett (2000)	21.59

400 Meters

1. Audley Gordon (1986)	47.03
2. Jonathan Combs (2004)	47.62
3. Audley Gordon (1986)	47.80
4. Audley Gordon (1986)	47.86
Shaquan Brown (2007)	47.86

800 Meters

1. Chris Danks (2008)	1:48.41
2. Chris Danks (2008)	1:48.92
3. Chris Danks (2008)	1:49.48
4. Chris Danks (2008)	1:50.19
5. Chris Danks (2008)	1:50.25

1,500 Meters

1. Wesley Korir (2007)	3:45.57
2. Dave Rafferty (1976)	3:45.90
3. Wesley Korir (2006)	3:49.52
4. Jeff Beyst (1992)	3:52.03
5. Cory Thorne (2008)	3:53.18

3,000 Meters

1. Wesley Korir (2007)	8:13.01
2. Jim Estes (1988)	8:17.1h
3. Jim Estes (1989)	8:17.6h
4. Wesley Korir (2006)	8:22.95
5. Michael Jesse (2004)	8:31.87

5,000 Meters

1. Wesley Korir (2007)	13:40.47
2. Wesley Korir (2007)	13:50.44
3. Wesley Korir (2007)	13:50.64
4. Michael Eaton (2008)	13:54.72
5. Cory Thorne (2008)	13:55.56

10,000 Meters

1. Michael Eaton (2008)	28:41.96
2. Soimo Kiplagat (2008)	29:03.07
3. Wesley Korir (2007)	29:06.83
4. Soimo Kiplagat (2008)	29:17.85
5. Michael Eaton (2008)	29:32.86

3,000-Meter Steeplechase

1. Cory Thorne (2007)	8:49.41
2. Cory Thorne (2007)	8:54.22
3. Cory Thorne (2007)	8:55.25
4. Cory Thorne (2008)	9:03.42
5. Cory Thorne (2006)	9:05.61

110-Meter Hurdles

1. Zek Parker (1999)	14.12
2. Doug Calhoun (1993)	14.17
3. Doug Calhoun (1992)	# 14.24
4. Doug Calhoun (1992)	14.26
5. Doug Calhoun (1992)	14.29

400-Meter Hurdles

1. Brad Keys (2006)	52.03
2. Brad Keys (2006)	52.27
3. Brad Keys (2006)	52.28
4. Tommy LaPaille (1981)	52.31
5. Brad Keys (2006)	52.37

High Jump

1. Tone Belt (2006)	7-03.75 (2.23m)
2. Tone Belt (2006)	7-03.25 (2.22m)
3. Tone Belt (2007)	7-03.00 (2.21m)
4. Tone Belt (2006)	7-02.50 (2.20m)
5. Tone Belt (2006)	7-02.25 (2.19m)

Pole Vault

1. Kyle Gann (2008)	16-02.75 (4.95m)
2. Eric Cockley (2003)	16-00.75 (4.90m)
Kyle Gann (2008)	16-00.75 (4.90m)
3. Mike Wolfe (2001)	15-11.75 (4.87m)
Cary Cox (1998)	15-11.75 (4.87m)
4. Mike Wolfe (2002)	15-11.00 (4.85m)
5. Eric Cockley (2003)	15-09.00 (4.80m)
Eric Cockley (2003)	15-09.00 (4.80m)

Long Jump

1. Tone Belt (2006)	26-01.00 (7.95m)
2. Rudon Bastian (2008)	25-11.50 (7.91m)
3. Rudon Bastian (2008)	25-10.00 (7.87m)
4. Andre Black (2008)	25-09.25 (7.86m)
5. Tone Belt (2006)	25-09.25 (7.85m)
Tone Belt (2007)	25-09.25 (7.85m)

Triple Jump

1. Andre Black (2007)	53-03.75 (16.25m)
2. Andre Black (2006)	53-00.75 (16.17m)
3. Andre Black (2007)	53-00.00 (16.15m)
4. Andre Black (2008)	52-07.50 (16.04m)
5. Andre Black (2008)	52-06.75 (16.02m)

Discus

1. James Dennis (1999)	197-00 (60.22m)
2. James Dennis (1997)	193-04 (58.94m)
3. James Dennis (1997)	193-04 (58.92m)
4. James Dennis (1999)	191-02 (58.28m)
5. James Dennis (1998)	191-02 (58.27m)

Javelin

1. Arthur Turland (2007)	202-01 (61.61m)
2. Arthur Turland (2004)	194-10 (59.40m)
3. Arthur Turland (2006)	194-06 (59.28m)
4. Arthur Turland (2004)	192-11 (58.80m)
5. Arthur Turland (2004)	191-00 (58.22m)

Hammer

1. Damien Kalvar (1993)	204-02 (62.25m)
2. Damien Kalvar (1993)	203-06 (62.04m)
3. Damien Kalvar (1995)	202-07 (61.76m)
4. Arthur Turland (2006)	202-07 (61.75m)
5. Arthur Turland (2007)	199-04 (60.76m)

Shot Put

1. Steven Hnat (2007)	56-08.00 (17.27m)
2. Steven Hnat (2007)	55-09.75 (17.01m)
3. Steven Hnat (2007)	55-07.50 (16.95m)
4. James Dennis (1999)	55-05.50 (16.90m)
5. James Dennis (1998)	55-04.75 (16.88m)

Decathlon

1. Robbie Moore (2007)	6,649 points
2. Robbie Moore (2007)	6,436 points
3. Robbie Moore (2006)	6,368 points
4. Robbie Moore (2008)	6,356 points
5. Robbie Moore (2006)	6,355 points

4x100-Meter Relay

1. Jackson, Coleman, Bickett, Parker (2000)	40.34
2. McDonald, Coleman, Bickett, Parker (1999)	40.87
3. Bailey, Fitzpatrick, Dandridge, LaPaille (1981)	41.05
4. McCune, Robie, Perkins, Hassell (2003)	41.11
Webb, Carter, Guy, Brown (2007)	41.11
5. (2000)	41.31

4x200-Meter Relay

1. McAndrew, Combs, Bridgeman, Jager(2004)	1:27.27
2. Williams, Green, Dandridge, Hampton (1980)	# 1:28.84
3. Perkins, Robie, Bridgeman, Combs (2003)	1:30.40
4. (1998)	1:30.90
5. Guenther, Calhoun, Money, Myles (1992)	1:32.14

4x400-Meter Relay

1. Webb, Amedee, Belt, Black (2006)	3:13.12
2. Combs, McAndrew, Perkins, Stringer (2004)	3:13.31
3. Combs, McAndrew, Perkins, Bridgeman (2004)	3:13.65
4. Mudd, Wolff, Bridgeman, McCleney (2002)	3:14.85
5. Wolff, Bridgeman, McAndrew, Combs (2004)	3:15.08

4x800-Meter Relay

1. Akam, Sensenbrenner, Hagan, Rafferty (1976)	^ 7:41.2h
2. Wolff, Stephen, Franxman, Barczak (2003)	7:42.98
3. (1992)	7:44.24
4. Danks, Persinger, Thorne, Schroeder (2006)	7:46.34
5. Persinger, Byrne, Thorne, Danks (2006)	7:52.00

Distance Medley Relay

1. Akam, Judah, Rafferty, Hagan (1976)	^ 10:09.0h
2. Persinger, Newell, Byrne, Danks (2006)	10:17.23
3. Gordon, Crask, Kuntz, Simms (1985)	10:19.8h
4. Lilley, Gamble, Doherty, Beyst (1992)	10:20.1h
5. (1985)	10:22.1h

Sprint Medley Relay

1. Robie, Bridgeman, McCleney, Persinger (2002)	3:29.26
2. Money, Calhoun, Gamble, Peters (1992)	# 3:30.34
3. Money, Calhoun, Gamble, Peters (1992)	3:30.35
4. (1999)	3:33.22
5. (1993)	3:36.79





LOUISVILLE

2008 OUTDOOR TRACK & FIELD

▶ 2007 BIG EAST Men's Cross Country Champion ▶ 2008 BIG EAST Women's Outdoor Champion

- ▶ '07 NCAA Men's Indoor Long Jump Champion
- ▶ '07 NCAA Men's Indoor Triple Jump Champion
- ▶ '07 Men's NCAA Finishes: Indoor: 10th, Outdoor: 7th Cross Country: 9th

2008 NCAA Mid-east Regional / Championship Qualifiers

Men's NCAA Mid-east Regional Qualifiers (10)

800m (1:50.40)

Chris Danks..... 1:48.41..... BIG EAST Championships

3,000m Steeplechase (9:07.00)

Cory Thorne..... 9:03.42..... BIG EAST Championships

5,000m (14:12.00)

Michael Eaton..... 13:54.72..... Raleigh Relays

Cory Thorne..... 13:55.56..... Mt. SAC Relays

Long Jump (7.34m)

Rudon Bastian..... 7.87m/25-10.00..... Sea Ray Relays

Andre Black..... 7.70m/25-03.25..... Texas Relays

Triple Jump (15.00m)

Andre Black..... 16.04m/52-07.50..... BIG EAST Championships

Rudon Bastian..... 15.44m/50-08.00..... Lenny Lyles/Clark Wood Invite

Discus (51.70m)

Josh Greenwald..... 55.59m/182-04..... Lenny Lyles/Clark Wood Invite

Andrew Hackney..... 55.29m/181-05..... Cardinal Twilight

Men's NCAA Championships Automatic Qualifiers (1)

10000m (28:45.00)

Michael Eaton..... 28:41.96..... Mt. SAC Relays

Men's NCAA Championships Provisional Qualifiers (1)

10000m (29:30.00)

Soimo Kiplagat..... 29:03.07..... Mt. SAC Relays

Breakdown of NCAA Qualifiers

- A combined total of 18 athletes have earned the Cards' 27 regional bids
- A total of 20 athletes have earned regional or championship marks for 2008
- 11 women have earned 17 regional qualifying bids this season
- 12 women have earned regional or championship marks for 2008
- Seven men have earned 10 regional qualifying bids this season
- Eight men have earned regional or championship marks for 2008

Women's NCAA Mid-east Regional Qualifiers (17)

100m Hurdles (13.92)

Theresa Lewis..... 13.84..... Cardinal Twilight

400m Hurdles (1:00.82)

Heather Trimiew..... 1:00.30..... BIG EAST Championships

800m (2:09.80)

Tarah McKay..... 2:09.30..... Cardinal Twilight

1500m (4:27.80)

Tarah McKay..... 4:26.32..... BIG EAST Championships

High Jump (1.75m)

Rachel Gehret..... 1.81m/5-11.25..... BIG EAST Championships

Long Jump (6.00m)

Seidre Forde..... 6.15m/20-02.25..... Cardinal Twilight

Amaka Omenyinma..... 6.05m/19-10.25..... Sea Ray Relays

Triple Jump (12.32m)

Seidre Forde..... 13.35m/43-09.75..... Texas Relays

Discus (47.30m)

Jere' Summers..... 57.68m/189-03..... Cardinal Twilight

Chinwe Okoro..... 50.16m/164-07..... Stan Lyons Invite

Hammer Throw (54.15m)

ZeNai Savage..... 61.35m/201-03..... Cardinal Twilight

Jere' Summers..... 61.13m/200-07..... Texas Relays

Lindsey Cook..... 56.64m/185-10..... Cardinal Twilight

D'Ana McCarty..... 54.99m/180-05..... Cardinal Twilight

Shot Put (14.30m)

Jere' Summers..... 16.76m/55-00.00..... Texas Relays

ZeNai Savage..... 15.58m/51-01.50..... Sea Ray Relays

Chinwe Okoro..... 15.02m/49-03.50..... BIG EAST Championships

Women's NCAA Championships Provisional Qualifiers (1)

10000m (35:00.00)

Taryn Gibson..... 34:40.11..... Mt. SAC Relays



2008 Outdoor Meet Recaps

Austin Peay Spring Fling Clarksville, Tenn. March 22, 2008

CLARKSVILLE, Tenn. – The University of Louisville men's and women's track and field teams opened the 2008 outdoor season by winning 21 event titles and earning one NCAA regional qualifying mark at Saturday's Austin Peay Spring Fling.

Led by freshman Josh Greenwald's win in the discus with an NCAA Mideast Regional qualifying mark, the Louisville men won nine event titles on the day. Greenwald, a native of Indianapolis, Ind., had a throw of 174 feet, 5 inches to win his first career title.

Joining Greenwald with wins on Saturday for the Cardinal men was Shawn Spalding in the 400m (50.13), Joey Hodges in the 400m hurdles (54.75), Thad Schroeder in the 3000m (8:59.85), Phil Feinberg in the high jump (6-06.00), Brandon Newell in the long jump (22-01.00), Kyle Gann in the pole vault (15-01.00), Andrew Hackney in the hammer (174-04) and Weston Banks in the shot put (47-06.25).

The Louisville women opened the season with 12 event titles at Austin Peay led by sophomore Lindsey Cook with wins in the discus and hammer. A native of Borden, Ind., Cook had a throw of 147-08 to win the discus and a throw of 168-08 to win the hammer.

Joining Cook with wins on Saturday was Theresa Lewis in the 100m hurdles (13.89), Heather Trimiew in the 400m hurdles (1:05.62), Kat Alcorn in the 800m (2:19.14), Kortni Dukes in the 1500m (4:48.11), Christine Krellwitz in the high jump (5-05.00), Andrea Sabbatine in the pole vault (11-07.75), Holly Geibel in the javelin (124-11), Chinwe Okoro in the shot put (44-09.50), the team of Seidre Forde, Rachel Gehret, Amaka Omenyinma and Jenean Pressley in the 4x100m relay (48.82) and the team of Heather Trimiew, Theresa Lewis, Danielle Burbage and Rebecca Scott in the 4x400m relay (4:09.34).

Yellow Jacket Invitational Raleigh Relays March 28-29, 2008

ATLANTA – The University of Louisville earned three NCAA Mideast Regional qualifying marks and won two event titles Saturday at the rain-shortened Yellow Jacket Invitational hosted by Georgia Tech. Eight running events and five field events were cancelled due to the weather conditions in downtown Atlanta.

Leading the way for the Louisville women was the trio of Jere' Summers, D'Ana McCarty and Chinwe Okoro, who each earned NCAA regional marks in the shot put on Saturday. Summers, a sophomore from Oakland, Calif., won the shot put title with a throw of 50 feet, 7.25 inches, the second best throw in school history. McCarty, a freshman from Indianapolis, Ind., was fifth with a regional mark of 49-09.75, while freshman Chinwe Okoro, from Russell, Ky., was seventh overall with a regional throw of 47-00.25.

Summers also added a second-place finish in the discus on Saturday and was second in the hammer on Friday with an NCAA regional mark in that event as well.

Leading the way for the Louisville was senior Chris Danks with his victory in the 800m run with a time of 1:50.85, the second best time in school history. The Cards had one athlete, Tarah McKay, compete on Saturday at the Raleigh (N.C.) Relays as the sophomore earned an eighth-place finish in the 800m run.

On Friday in Raleigh, the U of L men earned two NCAA regional marks as redshirt freshman Michael Eaton with a third-place finish in the 5,000-meter run, while junior Cory Thorne finished seventh in the race.

Day One

The University of Louisville men's and women's track and field teams combined to earn four NCAA Mideast Regional qualifying marks Friday at the Raleigh Relays in North Carolina and the Yellow Jacket Invitational in Georgia.

Leading the way for the Louisville men was red-shirt freshman Michael Eaton with a third-place finish in the 5,000-meter run on the first day of competition at North Carolina State's Raleigh Relays with an NCAA Mideast Regional qualifying time of 13 minutes, 54.72 seconds. Joining Eaton with a regional qualifying time in the 5,000m was junior Cory Thorne with a seventh-place time of 14:04.36.

Meanwhile, at Georgia Tech's Yellow Jacket Invite in Atlanta, the Louisville women earned a pair of regional qualifiers in the hammer throw, led by sophomore Jere' Summers' career-best and second-place throw of 192 feet, 2 inches. Joining Summers with a Mideast regional mark was sophomore Lindsey Cook with a personal best throw of 182-04 to finish fourth overall and her first ever regional qualifying bid.

Texas Relays Austin Peay Invitational April 10-12, 2008

AUSTIN, Texas – On Saturday, junior Jere' Summers set a school record in the shot put at the Texas Relays with the second-best throw in the nation this season, while the University of Louisville track and field team won 17 event titles at the Austin Peay Invitational in Clarksville, Tenn.

Summers, a native of Oakland, Calif., led the way for the Cards on the final day of action at the Texas Relays at Mike A. Myers Stadium on the campus of the University of Texas with a school record and NCAA Mideast Regional qualifying throw of 55 feet to finish second among collegiate throwers and fourth overall in the shot put. The throw was more than four feet better than the previous U of L school record of 50-08 set by Shola Kadiri in 2002.

Joining Summers with a regional qualifying mark on Saturday in Texas was senior captain ZeNai Savage with a personal best throw of 50-05 to finish seventh overall.

Also on Saturday, the Cards had a group of athletes competing at Austin Peay, where they won 17 event titles, led by nine for the Louisville women. Freshman D'Ana McCarty led the way with a pair of wins in the discus and shot put. Also earning titles for the women on Saturday was Kat Alcorn in the 400m, Tarah McKay in the 1500m, Kathryn Long in the 5000m, Brittany Hotaling in the high jump, Amaka Omenyinma in the long jump, Jenean Pressley in the triple jump and Andrea Sabbatine in the pole vault.

The Louisville men won eight event titles on Saturday at Austin Peay. Seniors Chris Danks, Brad Keys and Nathan Navaro led the way for the Cards. Danks won the 400m, Keys won the 110m hurdles and Navaro won the 400m hurdles. Other wins on Saturday were posted by Michael Eaton in the 1500m, Neil Angermeier in the high jump, Kyle Gann in the pole vault, Andrew Hackney in the discus and Weston Banks in the shot put.

Day Two

The University of Louisville track and field team earned five NCAA regional qualifying marks, won two event titles and set one school record on Friday at the Texas Relays at Mike A. Myers Stadium on the campus of the University of Texas.

Leading the way for the Cardinal women was junior Seidre Forde with her victory in section B of the triple jump with a school record and NCAA Mideast

Regional qualifying leap of 43 feet, 9.75 inches, the best outdoor leap in the nation entering the weekend. The leap also shatters Forde's previous outdoor school record of 42-07.50 set in winning last year's BIG EAST Championship.

Joining Forde with an event title and a regional qualifying mark was sophomore Rachel Gehret in section B of the high jump with a personal best cleared height of 5-08.75. The leap earns Gehret her first career berth at the NCAA Mideast Regional, set for May 30-31 in Fayetteville, Ark.

The final regional bid of the day for the women was turned in by freshman Chinwe Okoro with a fifth-place finish in the shot put with a personal best throw of 47-04.50.

Friday's highlights for the Louisville men came in the long jump as junior Andre Black returned to competition for the Cards for the first time since last June's NCAA Outdoor Championships by earning an NCAA Mideast Regional bid and finishing second overall in the long jump with a leap of 25-03.25. Black, the 2007 NCAA indoor triple jump champion and a two-time NCAA All-American, redshirted during the 2008 indoor season in preparation for the outdoor season and his attempt to earn a spot on Team USA for the 2008 Summer Olympics in Beijing in Aug.

Joining Black with a regional bid in the long jump was junior Rudon Bastian with a fourth-place leap of 24-07.75. Bastian moved into the national scene in March when he finished 10th in the long jump at the NCAA Indoor Championships.

Day One

University of Louisville sophomore Jere' Summers set a new school record and finished second overall in the women's hammer throw to lead to the Cards during Thursday's action at the Texas Relays at Mike A. Myers Stadium.

A native of Oakland, Calif., Summers had a throw of 199 feet, 1 inch to finish second in the field of 16 throwers on Thursday afternoon. The throw, which ranks 11th in the nation this season, is 13 inches better than the previous U of L record of 198-00 set by Emily Turland last March in Arizona.

Also competing on Thursday for the Cards was senior ZeNai Savage in the hammer and junior Heather Trimiew in the 400m hurdles.



2008 Outdoor Meet Recaps

Sea Ray Relays Knoxville, Tenn. April 9-12, 2008

KNOXVILLE, Tenn. – The University of Louisville track and field team earned six NCAA regional qualifying marks, set two school records and won one event title during the final day of competition at the Sea Ray Relays Saturday at Tom Black Track at LaPorte Stadium on the campus of the University of Tennessee.

Leading the way for the Cards on Saturday was sophomore Jere' Summers with one school record and two NCAA regional qualifying performances. A native of Oakland, Calif., Summers finished second in the discus with a school record throw of 171 feet, 3 inches and earned a bid to the NCAA Mideast Regional in a third event (shot put, hammer). Her throw shattered the previous school record in the discus of 158-11 set by Emily Turland at the 2006 Cardinal Invitational. Summers also earned an NCAA regional mark in the shot put with a throw of 53-03 to finish sixth overall in that event.

Another school record performance was turned in by sophomore Amaka Omenyinma with a leap of 20-01.75 to finish fifth overall in the long jump and shatter the previous school record of 19-08.25 set by Ify Akubeze in 2005. The leap was an NCAA regional qualifying mark but was disallowed for qualifying purposes because it was a wind-aided mark (4.7 mps) with a helping wind of more than 4.0 meters per second.

Also earning NCAA regional marks on Saturday for the Louisville women was junior Seidre Forde with a second-place finish in the triple jump with a leap of 42-05.25, while senior captain ZeNai Savage was eighth in the shot put with a personal best throw of 51-01.50.

On the men's side, junior Rudon Bastian earned his second career win in the outdoor long jump with a personal best leap of 25-10.00, the second best outdoor jump in the nation this season and the second best leap in school history.

Saturday also marked the return of junior Andre Black to the triple jump after redshirting during the indoor season. The native of Mobile, Ala., and the 2007 NCAA indoor triple jump champion was the top collegiate finisher and second overall with an NCAA regional qualifying leap of 52-00.50, the sixth best jump in the nation this season. As a team, the Cards now have 15 total qualifiers (nine women, six men) for the NCAA Mideast Regional, set for May 30-31 in Fayetteville, Ark.

Day Three

The University of Louisville track and field team earned three NCAA Mideast Regional qualifying marks and set one school record before severe thunderstorms forced the postponement of many of Friday's events at the Sea Ray Relays.

At 5:11 p.m. ET, officials stopped the meet due to lightning near the stadium and after persistent heavy rains continued into the evening, Friday's events were officially postponed for the night at 8:07 p.m. Meet officials plan to complete Friday's event schedule on Saturday at 8 a.m. ET and then will begin Saturday's original meet schedule later in the day.

Leading the way for the Cards prior to the storms was freshman Chinwe Okoro, who earned a third-place finish in the women's discus with an NCAA regional qualifying mark of 156 feet. Also adding regional marks on Friday for the Louisville women was sophomore Rachel Gehret in the high jump with a cleared height of 5-08.75 to finish fourth overall, while sophomore Jere' Summers finished eighth in the hammer with a regional mark of 183-04.

On the men's side, freshman Edmund Yeboah set a new school record in the 100-meter dash with a wind-aided time of 10.39 seconds to finish 17th overall. The time breaks the previous school record of 10.47 set by Robert Amedee at the Cardinal Invitational in 2006.

Day Two

The University of Louisville completed Thursday's competition at the Sea Ray Relays with the second and final day of action in the multi-events at Tom Black Track at LaPorte Stadium.

Leading the way for the Cards on Thursday was senior captain Robbie Moore with a 10th-place finish in the decathlon with 6,356 points. Moore moved up four positions from his first day standing of 14th place. Also competing on Wednesday for the Louisville men was freshman Andrew Blaser, who finished 15th overall with 5,885 points. Tennessee's Jangy Addy won the event with 7,595 points.

On the women's side, senior captain Christine Krellwitz finished the two-day heptathlon in 11th place overall with 4,095 points. Indiana State's Erica Moore was the highest finishing collegiate athlete with 5,368 points.

Day One

University of Louisville freshman Andrew Blaser stands in eighth-place after five of 10 events in the decathlon at the Sea Ray Relays, while senior Christine Krellwitz is in ninth in the heptathlon after four of seven events Wednesday at Tom Black Track at LaPorte Stadium on the campus of the University of Tennessee.

Blaser, a native of Meridian, Idaho, scored 3,450 points after the first of two days competition in the decathlon. He had career best marks in the 100m (11.43), high jump (6-02.75) and long jump (22-03.50). Also competing for the Louisville men on Wednesday was senior captain Robbie Moore, who scored 3,255 points and is in 14th-place after the first day. Tennessee's Jangy Addy leads the way at the halfway point with 4,096 points.

On the women's side, Krellwitz finished with 2,875 points after four events to stand in ninth overall in the heptathlon. A native of Big Rapids, Mich., and a team captain, Krellwitz had a career high cleared height of 5 feet, 7.75 inches in the high jump to score 879 points and lead the field in that event. West Virginia's Chelsea Carrier is the top collegiate athlete in the heptathlon through the first four events with 3,178 points.

Mt. SAC Relays Walnut, Calif. April 17-18, 2008

WALNUT, Calif. – University of Louisville redshirt freshman Michael Eaton earned an automatic bid to the NCAA Outdoor Championships with his school record time in the 10,000-meter run on Thursday night at the Mt. SAC Relays at Hilmer Lodge Stadium.

Eaton, a native of Bowling Green, Ky., finished with a U of L record time of 28 minutes, 41.96 seconds to earn second place overall in the field of 39 runners and finish as the top Division I runner. His performance, which is the eighth best time in the nation this season, breaks the previous school record of 29:06.83 set by Wesley Korir in winning last year's BIG EAST Championship and is more than three seconds faster than the automatic qualifying standard for the NCAA Championships.

Joining Eaton with a strong finish on Thursday night was senior Soimo Kiplagat, who finished third overall with a personal best time of 29:03.07. The performance, which was also faster than Korir's previous school record time, is a provisional qualifier for the NCAA Outdoor Championships, set for June 11-14 in Des Moines, Iowa.

Day Two

University of Louisville junior Cory Thorne earned an NCAA Mideast Regional qualifying bid in the men's 5,000m run, while senior Taryn Gibson earned a provisional qualifying time in the women's 10,000m run Friday night at the prestigious Mt. SAC Relays at Hilmer Lodge Stadium.

Thorne, a native of Portsmouth, N.H., finished with a personal best time of 13 minutes, 55.56 seconds to take fifth place overall in the field of 26 runners and finish fourth among collegiate runners. The time ranks 10th nationally this season and is an improvement of more than eight seconds over his previous best time set earlier this season.

Gibson, a native of Canonsburg, Pa., finished 14th overall in the field of 21 runners as was ninth among collegiate runners with a time of 34:40.11, the second best time in school history. The time is nearly 20 seconds faster than the minimum time needed to earn a provisional bid to the NCAA Outdoor Championships and it ranks among the top 30 in the nation this season.



2008 Outdoor Meet Recaps

Lenny Lyles/Clark Wood Invitational Cardinal Park, Louisville, Ky. April 18-19, 2008

LOUISVILLE, Ky. – In the inaugural Lenny Lyles/Clark Wood Invitational, the University of Louisville men's and women's track and field teams combined to win 15 event titles, earn 12 NCAA regional marks and set two school records in sweeping the team titles on Saturday at Cardinal Park.

The event featured scored dual events between the Cards, Air Force, East Tennessee and Indiana State. The Louisville men earned a 95-91 win over Air Force, a 119-52 win over East Tennessee and a 95-93 win over Indiana State. On the women's side, the Cards earned a 106-47 win over Air Force, a 104-46 win over East Tennessee and a 94-81 win over Indiana State.

"It's great to have a scored meet with winners and losers, and fortunately for us, we were able to come out on top today," said Cards' head coach Ron Mann. "This was a terrific competition for us with 12 regional marks and this is the kind of meet we'd like to continue to host at the University of Louisville for years to come."

Leading the way for the Louisville women was sophomore Jere' Summers with three wins, three regional marks and one school record on Saturday. A native of Oakland, Calif., Summers won the hammer throw with a school record throw of 200 feet, 7 inches, breaking her previous U of L record of 199-01 set two weeks ago at the Texas Relays. She also earned wins in the discus (164-01) and shot put (54-01) with regional qualifying throws, while the shot put mark was a Cardinal Park record.

Junior Seidre Forde added a pair of wins with regional qualifying marks in the triple jump and long jump. The native of Green's St. George, Barbados, won the triple with a Cardinal Park stadium record leap of 42-08.25 and the long jump with a personal best jump of 19-09.00. Also adding a regional qualifying performance on Saturday for the Louisville women was senior captain ZeNai Savage with her second-place throw of 50-03.50 in the shot put.

The Louisville men also had six regional qualifying performances on Saturday, led by junior Andre Black's regional qualifying leaps to win the long jump and triple jump titles. A native of Mobile, Ala., Black won the long jump with a leap of 24-09.75 and the triple jump with a distance of 50-09.50.

The Cards also added three new qualifiers for the NCAA Mideast Regional, led by senior Chris Danks in the 800m run with a school and Cardinal Park record time of 1:50.25 to win the event title and earn his first ever regional bid. Junior Rudon Bastian added a regional qualifying mark in the triple jump with a second-place leap of 50-08.00 and earn a regional bid in a second event. The native of Nassau, Bahamas, has also qualified in the long jump and is ranked third in the nation (25-10.00). And junior Andrew Hackney earned his second career NCAA regional bid with a throw of 179-08 to finish second overall in the discus to teammate Josh Greenwald, who improved on his regional ranking with a personal best throw of 182-04.

Overall, the Cards now have a combined 19 qualifiers for the NCAA Mideast Regional, set for May 30-31 in Fayetteville, Ark. The Cards also have one automatic bid (Michael Eaton, 10,000m) and two provisional bids to the NCAA Outdoor Championships.

Also winning event titles on Saturday for the Louisville women was sophomore Theresa Lewis in the 100m hurdles (14.03), sophomore Kat Alcorn in the 800m (2:12.1h), sophomore Tarah McKay in the 1,500m (4:31.68) and sophomore Rachel Gehret in the high jump (5-07.25). Other event winners for the Louisville men on Saturday included sophomore Chris Brautzsch in the 110m hurdles (14.55), and Nathan Navaro in the 400m hurdles (53.07).

Day One

University of Louisville senior Holly Geibel finished second in the women's javelin, while senior Robbie Moore was fifth in the men's javelin during Friday's lone events at the Lenny Lyles/Clark Wood Invitational at Cardinal Park.

Geibel, a native of Butler, Pa., had a season's best throw of 128 feet, 6 inches to finish second in the field of eight throwers from U of L, Air Force, East Tennessee and Indiana State. Air Force's Katie Weber won the event with a regional qualifying throw of 153-08.

On the men's side, Moore, a multi-event specialist from Eminence, Ky., finished fifth overall in the field of 11 with a throw of 142-00, while Connor Van Fossen from the Air Force Academy won the event with a throw of 194-06.

Drake Relays Des Moines, Iowa April 24-26, 2008

DES MOINES, Iowa – University of Louisville junior Seidre Forde earned a runner-up finish in the women's triple jump, while senior Chris Danks was fourth in the men's 800m and junior Andre Black was fifth in the men's triple jump on the final day of competition Saturday at the Drake Relays.

Forde, from Green's St. George, Barbados, had a regional qualifying leap of 42 feet, 2.25 inches to finish second overall in the field of 18 collegiate triple jumpers. Kansas senior Crystal Manning won the college event with a leap of 42-07.50.

Leading the way for the Louisville men on Saturday was Danks' fourth-place time of 1:50.98 in the field of 11 runners in the 800m, the second best time of his career. Last week, Danks (Florence, Ky.) earned his first career bid to the NCAA Mideast Regional with a career-best time of 1:50.25.

In the men's triple jump, Black (Mobile, Ala.) finished fifth in the field of 16 with a regional qualifying leap of 51-04.50. Black is a qualifier for the NCAA Mideast Regional, set for May 30-31 in Fayetteville, Ark., in both the triple jump and long jump.

Day Two

University of Louisville sophomore Rachel Gehret used a career-best leap to win her fourth career high jump competition and lead the Cards on a cool and windy Friday at the prestigious Drake Relays.

Gehret, from Altoona, Pa., cleared height of 5 feet, 10.5 inches to defeat a field of 29 other jumpers from around the nation. The jump is a career best for Gehret and the 10th best mark of the season. Gehret's previous best mark was a cleared height of 5-08.75 at the Texas Relays earlier this season, which clinched her first ever bid to the NCAA Mideast Regional.

Leading the way for the Louisville men on Friday at the Drake Relays was junior Andre Black who shared first-place honors in the men's long jump with a regional qualifying leap of 24-08.50. The mark matched the leap for Arizona State senior Matt Turner, though Black's leap was earned into a head wind, while Turner's jump came with the wind at his back. Louisville junior Rudon Bastian finished fifth overall in the field of 24 long jumpers with a leap of 23-11.50.

Day One

University of Louisville sophomore Tarah McKay finished fourth in the women's 1,500m run, while sophomore Luc Schout was 10th in the men's 1,500m during Thursday's Distance Carnival at the Drake Relays.

McKay, a native of St. Clements, Ont., finished with a time of 4 minutes, 29.85 seconds finishing fourth out of a field of 11 in the 1,500m race. In the men's race, Schout finished with a time of 3:57.43 to finish 10th in the field of 14 runners.

Stan Lyons Invitational Indianapolis, Ind. April 26, 2008

INDIANAPOLIS, Ind. – The University of Louisville earned four regional qualifying marks and won three event titles on Saturday at the Stan Lyons Invitational hosted by Butler University.

Leading the way for the Louisville men was the duo of Josh Greenwald and Andrew Hackney who swept the top two spots in the discus with NCAA Mideast Regional qualifying throws. Greenwald, a freshman from Indianapolis, won the discus with a throw of 181 feet, 6 inches, while Hackney, from Lawrenceville, Ga., was second with a throw of 178-05.

Leading the way for the U of L women was the trio of Chinwe Okoro, ZeNai Savage and Holly Geibel. Okoro, a freshman from Russell, Ky., won the discus with a personal best and regional qualifying throw of 164-07. Savage, a senior captain and a native of Indianapolis, was the top collegiate thrower and second overall in the hammer with a regional qualifying throw of 191-09. With the mark, Savage secures bids in two events (shot put, hammer) for the NCAA Mideast Regional on May 30-31 in Fayetteville, Ark.

Another event victory was recorded on Saturday by senior Holly Geibel in the javelin. A native of Butler, Pa., Geibel won the event with a throw of 130-09 to defeat a field of 17 other throwers.



2008 Outdoor Meet Recaps

BIG EAST Championships Philadelphia, Pa. May 2-4, 2008

PHILADELPHIA – The University of Louisville women's track and field team capped a record-setting weekend on Sunday by winning the program's first ever conference team title at the 2008 BIG EAST Outdoor Championships at Villanova Stadium. On the men's side, the Cards finished third overall in the team race.

The Louisville women, which earned runner-up honors at last year's BIG EAST Outdoor meet, finished this year's three-day event with 106 points, while Pittsburgh was second with 87 points. In the men's race, Notre Dame won the team title with 122.5 points, followed by Connecticut with 105 and the Cards in third with 93.

Along with winning the team trophy, head coach Ron Mann and the Louisville assistant coaches were named 2008 BIG EAST Women's Coaching Staff of the Year, while sophomore Jere' Summers was named Women's Field Performer of the Meet after winning the discus and shot put titles on Saturday with meet record performances.

Leading the way for the Louisville women on Sunday was senior captain ZeNai Savage and sophomore Rachel Gehret. Savage won the hammer throw with a personal best and regional qualifying mark of 196 feet, 9 inches. The win is her second career outdoor BIG EAST title and her third overall.

The Cards' fourth event title of the weekend on the women's side was clinched by Gehret in the high jump with a personal best and regional qualifying cleared height of 5-11.25. The leap moves Gehret into the nation's top 10 in the event this week.

On the men's side, the Cards won one event title on Sunday as junior Andre Black won his third straight BIG EAST outdoor triple jump title with a regional qualifying and season's best leap of 52-07.50. Black was also named the Men's Field Performer of the Meet after his runner-up finish in the long jump on Saturday, and the native of Mobile, Ala., has now won six BIG EAST titles overall in the jumps events to go along with his 2007 NCAA indoor triple jump title.

The Louisville women also added two additional Mideast Regional qualifiers on Sunday as junior Heather Trimiew had a season's best time of 1:00.30 to finish third in the 400m hurdles and sophomore Tarah McKay had season's best time of 4:26.77 to finish fifth in the 1500m. With those two additions, the Cards now have 23 total qualifiers for the NCAA Mideast Regional, including 14 women and nine men.

Also winning medals for the Louisville women on Sunday was junior Seidre Forde with a second-place finish in the triple jump with a leap of 42-07.50 and sophomore Lindsey Cook with a third-place finish in the hammer with a throw of 177-05.

Also winning medals for the Louisville men was senior Chris Danks in the 800m run with a school record time of 1:48.41 to finish second overall, while junior Andrew Hackney was third in the hammer with a throw of 181-11. The time for Danks breaks his own previous school record of 1:50.25 set earlier this season at the Lenny Lyles/Clark Wood Invite in Louisville and moves him into the nation's top 10 in the event.

A second school record performance for the men was also turned in by freshman Kyle Gann, who finished fourth overall in the pole vault with a cleared height of 16-02.75, an improvement of two inches over the previous U of L record of 16-00.75 set by Eric Cockley in 2003.

Overall, the Cards won five event titles, including four for the women and one for the men, and set three school records over the weekend.

Day Two

Sophomore thrower Jere' Summers won two event titles and set two meet records to lead the University of Louisville women's track and field team to the lead after Saturday's action at the 2008 BIG EAST Outdoor Championships at Villanova Stadium. On the men's side, the Cards won six medals and stand in second place after Saturday's competition.

The Louisville women scored 51 points on Saturday to lead the field of 16 teams through eight scored events, while Notre Dame is second with 38 points. Syracuse is third with 31 points, followed by USF in fourth with 26 points.

In the men's race, the Cards finished with 54 points through the first eight scored events to trail Notre Dame's 58 points. Connecticut is third with 35 points, followed by Rutgers in fourth with 34 points.

Leading the charge for the Louisville women was Summers with wins in the discus and shot put. In the discus, she had a throw of 185 feet, 11 inches, the third best mark in the nation this season and an impressive improvement on her previous school record throw of 171-03. The throw, which broke the previous meet record of 184-08 set by Cheree Hicks of Syracuse in 2000, is also a "B" qualifying mark for the US Olympic Trials and could put Summers in position to compete for a spot on Team USA for the 2008 Summer Games. In the shot put, Summers set another meet record with her first-place mark of 54-05.50, breaking the previous BIG EAST record of 54-05.25 by Hicks in 2000.

Joining Summers with medal-winning performances for the Louisville women on Saturday was freshman Chinwe Okoro with third-place finishes in the discus and shot put. In the discus, she had a regional qualifying and personal best throw of 168-02, while in the shot put, she had a mark of 49-03.50 to clinch her second bronze medal of the day.

The Louisville men won six medals on Saturday led by silver medal winning performances from Andre Black, Soimo Kiplagat and Cory Thorne. Black finished second in the long jump with a regional qualifying leap of 25-02.50, while Kiplagat was second in the 10,000m with a time of 29:17.85. Thorne finished second in the 3,000m steeplechase with a regional qualifying time of 9:03.42 in his first steeplechase race this season.

Also earning medals for the men on Saturday was junior Rudon Bastian with a third-place finish in the long jump with a leap of 24-03.75, redshirt freshman Michael Eaton in the 10,000m with a time of 29:32.86 and freshman Josh Greenwald with a third-place finish in the discus with a throw of 171-03.

Other point-scorers for the women on Saturday include Taryn Gibson (fifth) in the 10,000m; Amaka Omenyima (fourth), Rachel Gehret (seventh) and Seidre Forde (eighth) in the long jump; Andrea Sabbatine (seventh) in the pole vault; D'Ana McCarty (seventh) and Lindsey Cook (eighth) in the discus; and ZeNai Savage (sixth) in the shot put.

Also scoring points for the men on Saturday was Phil Feinberg (fourth) in the high jump and Andrew Hackney (fourth) and Weston Banks (seventh) in the discus.

The U of L women had three athletes advance to event finals with strong performances on Saturday, led by junior Heather Trimiew in the 400m hurdles with a season's best time of 1:00.98 to finish second overall on Saturday. Sophomore Tarah McKay will compete in the 1500m final after finishing fifth in the prelims with a time of 4:26.32, while Theresa Lewis finished seventh in the prelims of the 100m hurdles with a time of 14.03.

The men's team had two athletes advance to event finals on Saturday as senior Chris Danks finished fourth in the prelims of the 800m with a regional qualifying time of 1:50.19, while senior Nathan Navarro was seventh in the prelims of the 400m hurdles with a time of 52.88.

Cardinal Twilight Cardinal Park, Louisville, Ky. May 17, 2008

LOUISVILLE, Ky. – The University of Louisville had a pair of new regional qualifiers among the 45 total regional qualifying marks achieved at Saturday's Cardinal Twilight at Cardinal Park. The Cards also added 10 event titles and three new school records in their final event prior to the NCAA Mideast Regional.

Tarah McKay and D'Ana McCarty added to the Cards' school record list of regional qualifiers on Saturday. McKay won the 800m run with a school record setting time of 2:09.30, breaking the previous school record of 2:10.83 set by Alicia Cavender in 2002. McKay is also a regional qualifier in the 1,500m.

McCarty finished fourth overall in the hammer with a career best throw of 180 feet, 5 inches to earn her first career regional bid. Overall, the Cards now have 27 total qualifiers for the NCAA Mideast Regional, including 17 for the BIG EAST champion women's team and 10 for the men's squad. The total is one better than last year's previous best total of 26.

Along with McKay's time, the Cards set two additional school records on Saturday with winning performances in the throwing events. Leading the way was junior Jere' Summers with a school record throw of 189-03 to win the discus and move up to No. 2 in the national rankings in the event. The throw was more than three feet better than her previous school record mark of 185-11 set in winning the BIG EAST title two weeks ago.

The third school record was turned in by senior captain and 2008 BIG EAST hammer throw champion ZeNai Savage with a mark of 201-03 to win Saturday's hammer throw and move into the nation's top 20 in the event. The throw was eight inches better than the previous school record of 200-07 set by Summers last month at the Texas Relays.

Summers also added a win in the shot put on Saturday with a regional qualifying mark of 53-05, while Rachel Gehret won the high jump with a cleared height of 5-10.75. Sophomore Teresa Lewis won the 100m hurdles with a season's best and regional qualifying time of 13.84, while Andrea Sabbatine won the pole vault with a cleared height of 12-01.50.

On the men's side, Andre Black led the way with a win in the triple jump with a regional qualifying mark of 50-08.25 and the native of Mobile, Ala., also added a second-place finish in the long jump with a leap of 24-04.25. The long jump was won by Tone Belt, competing unattached, with a leap of 24-11.75. Belt also won Saturday's high jump with a cleared height of 7-00.50.

Other first-place performances for the Louisville men included a win for senior Chris Danks in the 400m with a time of 48.14 and freshman Kyle Gann in the pole vault with a cleared height of 16-00.75.

It was also a good day for former Cardinal athletes Arthur Turland (discus, 194-04) and Wesley Korir (5,000m, 14:12.93) earned event wins on Saturday.



2008 Outdoor Meet Recaps

NCAA Mideast Regional Fayetteville, Ark. May 30-31, 2008

FAYETTEVILLE, Ark. – The University of Louisville men's and women's track and field teams added four automatic qualifiers for the NCAA Championships and earned a pair of top 10 team finishes on Saturday at the 2008 NCAA Mideast Regional at the University of Arkansas' John McDonnell Field.

Overall, the Louisville women scored 26 points to earn a school record eighth-place finish and earned a school record four automatic qualifiers. The Cards' previous best finish at a regional was 21st at last year's NCAA Mideast Regional in Columbia, Mo. LSU won the women's regional title with 119 points, while Tennessee was second with 66 points.

On the men's side, the Cards finished 10th overall with 19 points and earned three automatic qualifiers over the two days. LSU also won the men's title with 88 points, while Auburn was second with 73.5 points.

The Cards earned a school record seven automatic bids to the NCAA Championships at the regional meet and have a total of eight overall. The Cards also expect to earn additional at-large selections when the final field of athletes for the national championships is announced on Tuesday.

Sophomore Jere' Summers, a native of Oakland, Calif., and a transfer from Cal State Northridge, led the way for the women on Sunday with a school record mark of 55-05.50 to finish second overall in the shot put and earn her first career bid to the NCAA Outdoor Championships. The 2008 BIG EAST champion in the shot put, Summers is ranked in the top 10 nationally in the outdoor shot put after finishing 12th in the event at the NCAA Indoor Championships in March.

Rachel Gehret, a sophomore from Altoona, Pa., earned her first career bid to the NCAA Outdoor Championships after clearing a height of 5-11.25 to finish third overall in Saturday's high jump competition. The cleared height matches a personal best for the 2008 BIG EAST champion and ranks in the top 10 nationally.

Tarah McKay, a sophomore from St. Clements, Ont., earned the Cards' third automatic bid to the NCAA Outdoor Championships and the first of her career after a fifth-place finish in the 1,500-meter run with a season's best time of 4:25.25.

Junior Andre Black earned his second NCAA Championships bid of the weekend after a third-place finish in the triple jump with a leap of 52-06.75. A native of Mobile, Ala., and the 2007 NCAA indoor triple jump champion, Black earned an automatic bid to the national championships in the long jump on Friday with a fourth-place finish.

Also competing for the Cards on Saturday was senior Chris Danks with an eighth-place finish in the men's 800m with a time of 1:49.48, junior Seidre Forde with a ninth-place finish in the women's triple jump with a leap of 41-03.00, freshman Chinwe Okoro with an 18th-place finish in the women's shot put with a mark of 47-09.00, senior captain ZeNai Savage with a 22nd-place finish in the women's shot put with a mark of 47-01.50, junior Rudon Bastian with a 22nd-place finish in the women's triple jump with a leap of 48-04.00, junior Andrew Hackney with a 24th-place finish in the men's discus with a throw of 169-03 and freshman Josh Greenwald with a throw of 164-11 to finish 28th in the men's discus.

Day Two

The University of Louisville earned three automatic bids to the NCAA Outdoor Championships and advanced to a pair of regional event finals during Friday's first day of competition at the 2008 NCAA Mideast Regional at John McDonnell Field on the campus of the University of Arkansas.

Overall, the Louisville men scored 12 points on Friday to close the day tied for fourth place, while No. 9 Auburn leads after day one with 24 points. No. 1 LSU is second with 22 points, followed by No. 7 Arkansas in third with 16 points. On the women's side, the Cards are in eighth place with eight points after day one, while Akron and Southern Illinois lead the way with 14 points each.

Juniors Rudon Bastian and Andre Black became the first automatic qualifiers for the NCAA Outdoor Championships for the Cardinal men after top five finishes in the long jump on Friday. Bastian, a native of Nassau, Bahamas, had a personal best leap of 25 feet, 11.50 inches to finish third in the field of 33 jumpers and earn his first ever bid to the outdoor national championships and his second NCAA appearance after finishing 10th in the long jump at the NCAA Indoor Championships in March.

Black, a native of Mobile, Ala., had a personal best jump of 25-09.25 to finish fourth overall and clinch his second straight NCAA Championships appearance in the event. Black, the 2007 NCAA indoor triple jump champion, and Bastian will return to action on Saturday at the NCAA Mideast Regional in the triple jump.

On the women's side, senior captain ZeNai Savage earned the Cards' first automatic bid to the NCAA Outdoor Championships with a fourth-place finish in the hammer throw. The native of Indianapolis, Ind., had a throw of 196-11 and clinch her second straight bid to the national championships in the event. Savage will return on Saturday to compete in the shot put.

Savage led a strong attack for the Cards in the hammer throw as U of L had three of the nine finalists and earned a pair of personal best marks. Sophomore Jere' Summers finished seventh overall with a throw of 189-04 and will be in position to earn an at-large bid to the NCAA Championships with the finish.

However, Summers did foul on all three attempts in the discus throw and will not advance to the NCAA Championships in that event. She entered the weekend ranked second in the nation in the discus with a school record throw of 189-03 earlier this season, but needed a top-12 finish in the region to advance to the national championships.

"When you have an opportunity like she had, you have to capitalize and she didn't do that today," Mann said. "Even if it means just getting a safety throw in, you have to do everything possible to finish in the top 12. Hopefully, she'll learn from that mistake for her future successes and that starts with Saturday's shot put."

Sophomore Lindsey Cook, ranked 20th in the region entering the meet, had a personal best throw of 188-08 on her second attempt of the day in the hammer to finish eighth overall in her first ever appearance at the regional meet. Her throw was nearly three feet better than her previous best throw of 185-10 earlier this season. Freshman D'Ana McCarty also had a personal best mark with a throw of 180-08 to finish 15th.

Sophomore Michael Eaton had a time of 14:19.43 to finish eighth in the men's 5,000-meter run, while junior Cory Thorne was 10th with a time of 14:30.14. Eaton, a native of Bowling Green, Ky., will advance to the NCAA Outdoor Championships in the 10,000m after earning an automatic bid earlier this year with a school record time of 28:41.96 at the Mt. SAC Relays.

In the women's long jump, junior Seidre Forde had a school record leap of 20-05.25 to finish 10th overall and break her previous record of 20-02.25 set two weeks ago at the Cardinal Twilight. The native of Green's St. George, Barbados, will return to action on Saturday in the triple jump.

Sophomore Tarah McKay advanced to the final in the 1500m with a time of 4:26.32 to finish third in her heat race and earn an automatic bid. The time matches her season-best performance at the BIG EAST Championships on May 3.

Senior Chris Danks advanced to the final in the 800m with a time of 1:48.92 to finish third in his heat and eighth overall. The time is the second best ever for the native of Florence, Ky., who entered the week ranked 18th in the nation in the event with a school record time of 1:48.41.

Also competing for the Cards on Friday was junior Heather Trimiew with a season's best time of 59.99 to finish 14th in the prelims of the 400m hurdles, sophomore Amaka Omenyinma with a leap of 19-01.25 to finish 20th in the long jump, freshman Chinwe Okoro with a throw of 149-09 to finish 24th in the discus and sophomore Theresa Lewis with a time of 13.91 to finish 29th in the prelims of the 100m hurdles.

