

Loyola College Women's Outdoor Track & Field Records

EVENT:		ATHLETE	MEET / YEAR
100 m	12.65	Eve Mizerak	MAAC Championships 2007
200 m	26.17	Paige Thomas	Morgan State 2007
400 m	59.51	Paige Thomas	MAAC Championships 2007
800 m	2:21.01	Andrea Rovegno	Widener Invitational 2005
1500 m	4:33.30	Andrea Rovegno	ECAC 2005 - Princeton
3000 m Steeple	11:41.52	Jackie Truncellito	Terrapin Invite 2004
3000 m	9:52.21	Andrea Rovegno	Penn Relays 2005
5000 m	16:59.40	Andrea Rovegno	MAAC Championship 2005
10,000 m	37:05.51	Jackie Truncellito	ECAC Princeton 2005
100 m Hurdles	15.75	Ashley Kennedy	Maryland Invite 2007
400 m Hurdles	67.72	Ashley Kennedy	Towson Invite 2007
4 x 100 m Relay	49.71	Edwards, Thomas, Kennedy, Mizerak	TCNJ Invite 2007
4 x 400 m Relay	4:08.31	McDonald, Reid, Thomas, Mizerak	MAAC Championships 2007
4 x 800 m Relay	9:37.74	Wolf, Scott, McVann, Rovegno	Penn Relays 2006
Distance Medley	13:22.11	Truncellito, Rovegno, Spencer, Scanlon	Morgan Legacy Meet 2005
Marathon	3:13.46	Adrienne Blauvelt	Philadelphia Marathon 2004
5K Race Walk	27:59.88	Shannon Gillespie	Penn Relays 2005
High Jump	1.65m 5'5"	Kim Amaducci	Widener Invite 2009
Long Jump	5.19 m 17'0 ½"	Melanie Mitchell	Baltimore Metro Meet 2009
Triple Jump	10.10m 33' 01.5"	Jasmine Conner	Terrapin Invite 2006
Shot Put	10.32m 33' 10.25"	Suzanne Mufareh	MAAC Championship 2005
Discus	33.56m 110' 06"	Carolyn Kennington	MAAC Championship 2004
Javelin	40.17m 131' 09"	Carolyn Kennington	MAAC Championship 2005
Hammer	28.60m 93'10"	Suzanne Mufareh	MAAC Championship 2005
Heptathlon	3,902	Melanie Mitchell	Penn Relays 2009