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Athletics Mission Statement

In accordance with the Loyola College motto, "Strong Truths Well Lived," the Department of Athletics is committed to maintaining a climate that encourages excellence in both academic and athletic pursuits.

Through competition and training in 18 NCAA Division I programs, 10 for women and eight for men, the Department of Athletics challenges its student-athletes to learn, lead and serve in the Jesuit tradition.

Student-athletes at Loyola College will learn and develop skills in teamwork, sportsmanship and dedication that will serve them while on campus and throughout their lives. They will become leaders within their teams, their campus and their communities, and strive to be well-rounded individuals. They will serve others by helping to create pride and community among Loyola

students, alumni, faculty and staff, and they will serve themselves by striving for the highest in personal development both in athletic competition and in the classroom.

In addition, student-athletes at Loyola will be nurtured by a staff and administration that is committed to the ultimate development and well-being of the student-athlete and to allow for the best possible athletic and academic experience. The Department of Athletics will provide equitable opportunities, and foster an atmosphere of diversity and tolerance among its staff of men and women.

The Department of Athletics is committed to this educational mission and to its responsibility to assist its student-athletes in growth and leadership in a diverse and changing world.

Credits

The Loyola College women's basketball media guide was produced for the use of the media in coverage of Loyola women's basketball and is a product of the Loyola College Athletic Communications Office © 2007. The guide was written, edited, designed and approved by Ryan Eigenbrode. Editorial assistance by Joe DelBalso, Tom Milajewski and the Loyola women's basketball staff. Research contributions by Danielle Watkins, Brendan Thomas and Nathan Green. Special thanks to Sara Day for her contributions. Photography by Lawrence French, NBA Entertainment (p. 101, right), Loyola College Athletic Communications archives, Erin Brady, Ryan Eigenbrode, and Loyola opponent sports information departments. Printing by Webb Mason (Hunt Valley, Md.).

On the covers

Front: Meghan Wood, Vika Sholokhova and Tynisha Davis.

Inside Front: Class Photos

Inside Back: Baltimore, Loyola

Back: 2007-2008 Team

General Information

School..... Loyola College
 Location Baltimore, MD 21210
 College Websiteloyola.edu
 Founded..... 1852
 Enrollment3,500 undergraduates
 Nickname.....Greyhounds
 ColorsGreen and Grey
 Affiliation.....NCAA Division I
 ConferenceMetro Atlantic Athletic
 President..... Rev. Brian Linnane, S.J.
 Alma Mater, Year Boston College, 1977
 Director of AthleticsJoe Boylan
 Alma Mater, YearLafayette, 1960
 Department of Athletics Phone.....(800) 221-9107
 Department of Athletics Fax.....(410) 617-2008

Facility

Home Court..... Reitz Arena
 Capacity.....3,253
 Dedicated..... 1984

Basketball History

First-Year at Loyola 1971-1972
 All-Time Record..... 407-498

Coaching Staff

Head CoachJoe Logan
 Alma Mater, Year Loyola, 1996
 Record at Loyola, Years at Loyola 38-22, entering 3rd
 Career Record, Years.....Same
 Assistant Coaches (Alma Mater, Year).....
 Marti Whitmore (St. Bonaventure, 1985)
 Alisha Mosley (Wake Forest, 2000)
 Erin Brady (St. Joseph's, 2003)
 Women's Basketball ChaplainFr. Michael French
 Athletic TrainerSteve Austin
 Strength & Conditioning.....Rob Taylor

Athletic Communications

Assistant Athletics DirectorJoe DelBalso
 Director of Athletic Communications Tom Milajewski
 Assistant Director of Athletic Communications (WBB)...
Ryan Eigenbrode
 E-mail.....rceigenbrode@loyola.edu
 Office Phone Number(410) 617-2337
 Cell Phone Number.....(443) 622-0550
 Athletic Communications Fax Number...(410) 617-5029
 Website.....loyolagreyhounds.com

Team Information

2006-2007 Overall Record..... 18-12
 2006-2007 MAAC Record/Finish..... 12-6/3rd
 Letterwinners Returning/Lost..... 7/4
 Starters Returning/Lost..... 2/3



Welcome to Loyola College



THIS IS LOYOLA COLLEGE

Since its founding, Loyola College has challenged itself to remain grounded in a centuries-old tradition of Jesuit liberal arts education, while continually seeking to adapt to changing circumstances. In this balance between values and the desire to serve the greater community, the College has managed to create itself anew, time and again.

Loyola College in Maryland rose from humble beginnings in 1852. The first college in the United States to bear the name of Saint Ignatius Loyola, the College was initially headquartered in a house on Holliday Street in downtown Baltimore – a site marked by a commemorative plaque in what is now Baltimore's War Memorial Plaza.

Due to its increasing enrollment, the College moved in 1855 to a new facility at Calvert and Madison Streets – now the home of Center Stage, Baltimore's intimate theatre for professional drama groups and the St. Ignatius Loyola Academy, a Catholic high school. The College moved to its present home on the Charles Street Campus in 1921.

Today, Loyola College is a Catholic comprehensive university with approximately 6,000 undergraduate and graduate students representing two-thirds of the United States and numerous foreign countries. The College adheres to its Jesuit, liberal arts tradition

through its modern studies programs. Designed to give the student greater expertise in his or her own field, the program blends traditional with innovative.

A loyal alumni population, strong corporate and civic support, a diverse body of undergraduate and graduate programs, and the dedication and expertise of the faculty have all helped make Loyola College in Maryland the institution it is today and assure that the education received at the College will remain relevant in an ever-changing world.

Mission

Loyola College in Maryland is a Jesuit Catholic university committed to the educational and spiritual traditions of the Society of Jesus and to the ideals of liberal education and the development of the whole person.

Accordingly, the College will inspire to learn, and serve in a diverse and constantly changing environment.

Vision

The education of men and women of compassion and competence, with the desire to seek in all things the greater glory of God, represents the enduring aspiration of Loyola College in Maryland. That ideal, first educated by Saint Ignatius of Loyola, founder of the Society of Jesus and namesake of this college, continues to guide Loyola as it strives to lead students, faculty, staff, alumni and friends forward to the promise of an examined life of intellectual, social, and spiritual discernment.

In pursuing these goals, Loyola asserts to bold ambition: that the College will be among the top Catholic universities in the United States. The standards by which we measure that achievement will be many: the enrollment of outstanding students; the creation of a diverse and supportive community; the cultivation of a rigorous

intellectual climate; the scholarly achievements of the faculty; the recognition of peers; the intellectual and professional attainments and generosity of spirit of the alumni.

Loyola will do so by providing undergraduate students with a liberal education that transforms them, that ensures they place the highest value on the intellectual life; and that instills in them an understanding that leadership and service to the world are intimately connected.

In all of this, Loyola will remain ever mindful of the Jesuit precept that the aim of all education ultimately is the ennoblement of the human spirit.

Values

From the time of their founding four-and-a-half centuries ago, Jesuits – beginning with their founder, Saint Ignatius Loyola – have had a distinctive way of looking at life. Their characteristic Ignatian worldview has permeated their educational and spiritual apostolates and has been shared with hundreds of thousands of women and men formed by Jesuit teaching and pastoral care. This Ignatian worldview includes the following characteristic notes or emphases:

- Openness and enthusiasm toward the whole of God’s richly diverse creation and for the human person as its crowning glory;
- Hopefulness and pragmatism in seeking graced solutions to

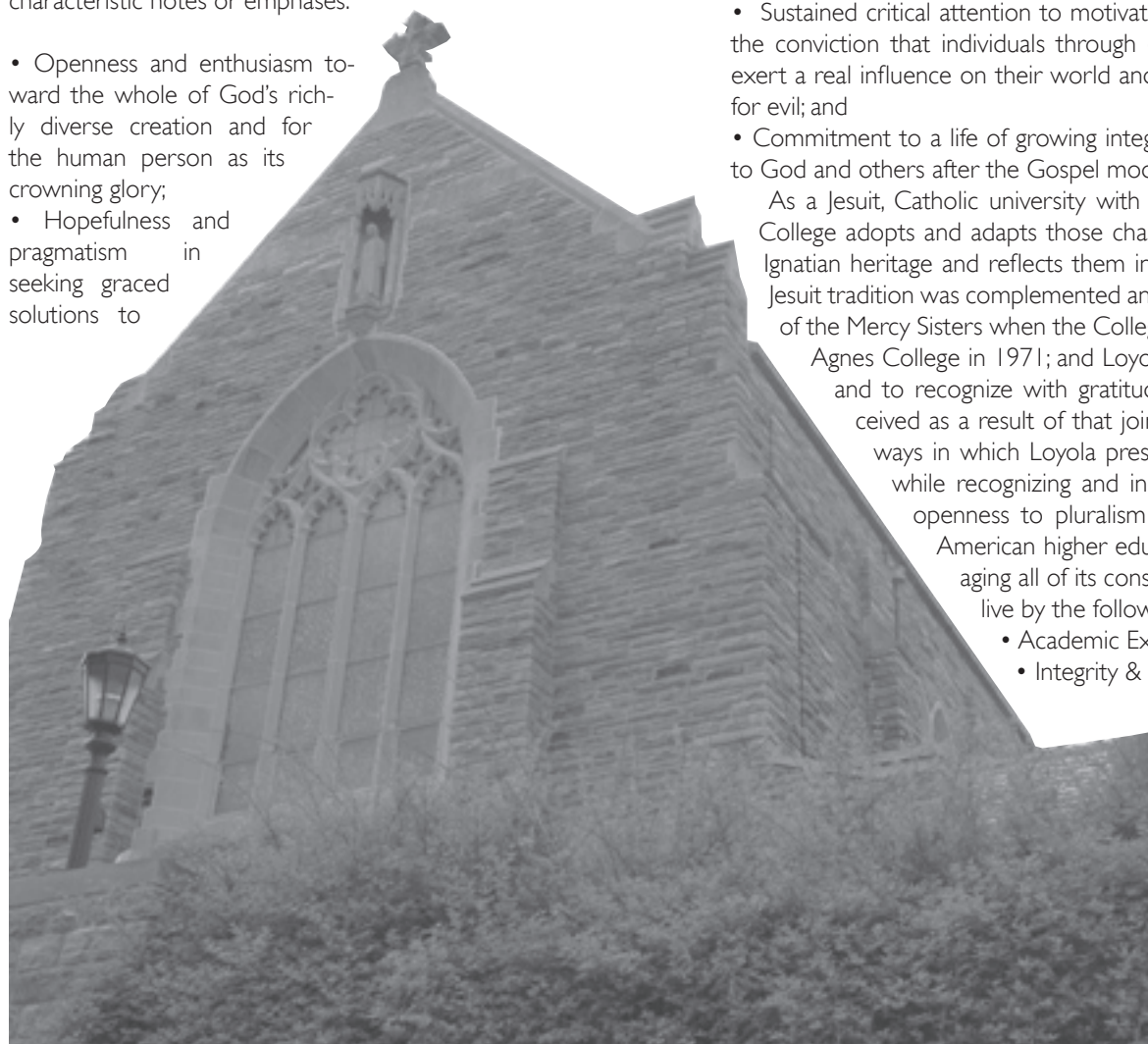


life’s challenges through creative use of all available gifts and resources, tempered by realism and compassion about the reality of human weakness;

- Sustained critical attention to motivations and choices based on the conviction that individuals through exercise of their freedom, exert a real influence on their world and one another for good or for evil; and
- Commitment to a life of growing integrity and increasing service to God and others after the Gospel model of Jesus Christ.

As a Jesuit, Catholic university with a 150-year history, Loyola College adopts and adapts those characteristic emphasis of the Ignatian heritage and reflects them in its life and work. Loyola’s Jesuit tradition was complemented and enriched by the tradition of the Mercy Sisters when the College joined with Mount Saint Agnes College in 1971; and Loyola continues to remember and to recognize with gratitude the gifts that it has received as a result of that joining. One of the particular ways in which Loyola preserves its religious heritage while recognizing and incorporating the necessary openness to pluralism which is characteristic of American higher education today is by encouraging all of its constituents to cultivate and to live by the following core values.

- Academic Excellence
- Integrity & Honesty
- Focus on the Whole Person
- Diversity
- Community
- Justice
- Service
- Leadership
- Discernment
- Constant Challenge to Improve





Diversity

Loyola College values the benefits in diversity and is committed to creating a community that recognizes the inherent value and dignity of each person. As a community, the College actively promotes an awareness of race, gender, ethnicity, national origin, culture, sexual orientation, religion, age and disabilities among students, faculty, administrators and staff.

Loyola College Athletics Mission

In accordance with the Loyola College motto, "Strong Truths Well Lived", the Department of Athletics is committed to maintaining a climate that encourages excellence in both academic and athletic pursuits.

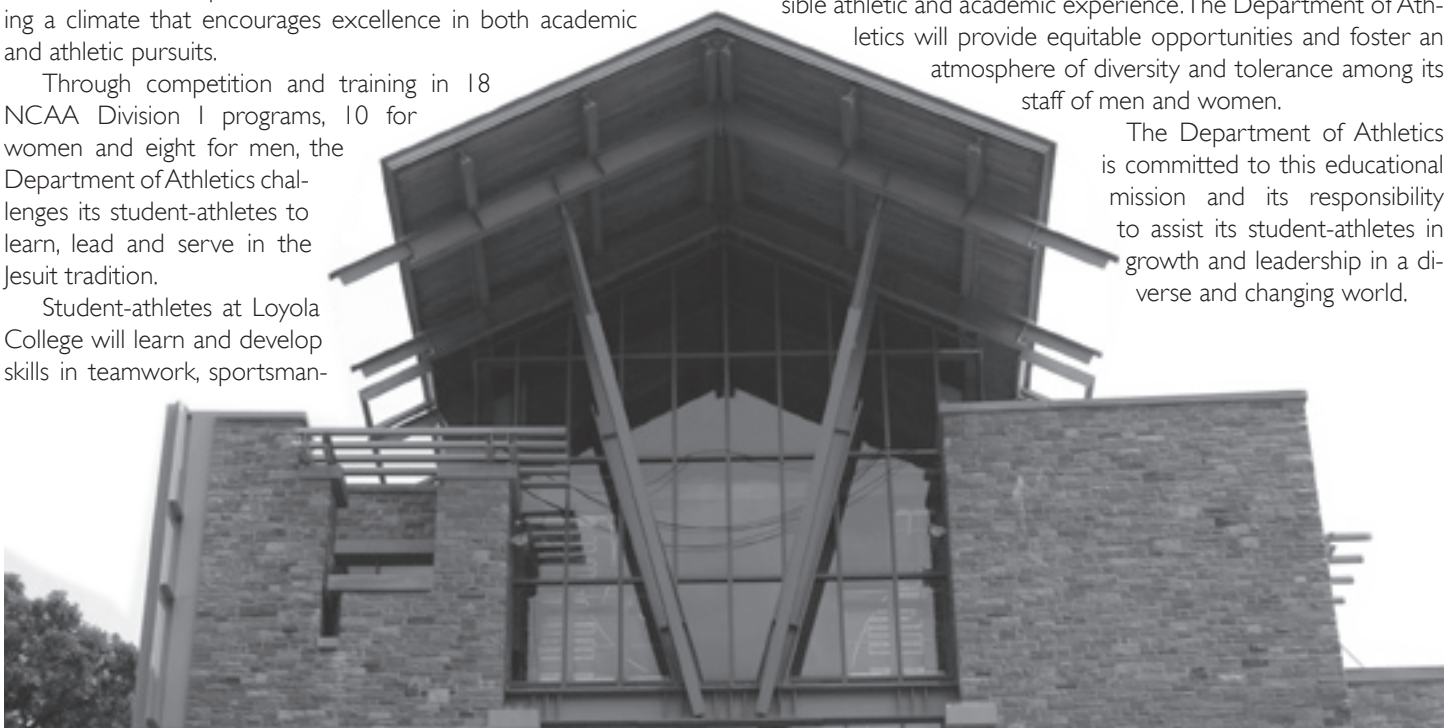
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Rev. Brian Linnane, S.J.

President of Loyola College

The Rev. Brian F. Linnane, S.J., President of Loyola College in Maryland, brings a wealth of experience as an educator deeply immersed in the Jesuit traditions of academic excellence and the promotion of faith and justice. A native of Massachusetts, he formerly served at a sister Jesuit institution, the College of the Holy Cross in Worcester, Mass., where he was Assistant Dean and an Associate Professor of Religious Studies.

Born August 25, 1955, Fr. Linnane entered the Society of Jesus in 1977 and was ordained to the Roman Catholic priesthood on June 14, 1986. He earned an A.B. degree, magna cum laude, from Boston College in 1977 and an M.A. from Georgetown University's Department of Government in 1981

before undertaking divinity studies at the Jesuit School of Theology at Berkeley, where he received a master's degree in 1986 and a Licentiate in Sacred Theology in 1988. He earned master's degrees from the Yale Department of Religious Studies in 1990 and 1991, and a Ph.D. in 1994.

Fr. Linnane joined the Religious Studies Department at Holy Cross in 1994. His scholarly publications are extensive, covering the disciplines of fundamental moral theology, health care ethics and virtue ethics. He served as Assistant Dean at Holy Cross from 2003 to 2005 and was named a Loyola College Trustee in 2000.

He currently is a Trustee of the College of the Holy Cross in Massachusetts, a



Trustee of the Caroline Center in Baltimore, a Trustee of the Gilchrist Center for Hospice Care in Baltimore.

Fr. Linnane also serves as a trustee of the Institute for Christian and Jewish Studies in Baltimore, a member of the NCAA Division I Committee on Athletics Certification, a member of the Greater Baltimore Committee's President's Advisory Council and a member of the Board of Directors of the Downtown Partnership in Baltimore.

Fr. Linnane is serving as the Vice President of the Metro Atlantic Athletic Conference in 2007-2008.

In July 2005, Fr. Linnane became the 24th President of Loyola College in Maryland.



Joe Boylan

Director of Athletics

Joe Boylan, a Baltimore native and former college basketball coach, is in his 17th year as Director of Athletics at Loyola College. Guiding an 18-sport department at Evergreen, Boylan and the Greyhounds have experienced continued success and growth over the years.

Under his direction, Loyola has won its share of Metro Atlantic Athletic Conference titles, representing the College with the highest level of sportsmanship.

Boylan has also been able to showcase

Loyola nationally by hosting the 2003, 2004 and 2007 NCAA Men's Lacrosse Championships with Johns Hopkins, Towson and UMBC. The Greyhounds also landed the 2005 NCAA Men's Golf Championships and became the smallest school ever to host an NCAA Championship by itself. The nation's best golfers came to Caves Valley Golf Club and Loyola put on quite an event, having the championships televised (The Golf Channel) for the first time.

Before coming to Loyola, Boylan spent

17 years at Rutgers, the State University of New Jersey. While there, he helped the Scarlet Knights earn their highest national ranking ever. From 1973-85 he was associate head basketball coach under Tom Young. During his tenure, Rutgers compiled an outstanding 238-114 record, reaching the NCAA Final Four in 1976. Rutgers was ranked fourth in the nation that year. The Scarlet Knights also appeared in the 1975, 1979 and 1983 NCAA tournaments and in the NIT in 1974, 1977, 1978 and 1982.

A native of Baltimore and a 1956 graduate of Milford Mill H.S., Boylan was an outstanding student-athlete himself. He received a Bachelor of Arts degree in history from Lafayette in 1960. He earned varsity letters in both basketball and soccer before receiving his Master of Arts from Johns Hopkins in 1969. From 1961 to 1963, Boylan served in the U.S. Army.

Boylan and his wife, Molly, have a grown daughter, Heather, and a grandson named Jake. Heather is married to former Greyhound basketball player Dave Wojcik.



**Dr. Susan
Donovan**
**Vice President,
Dean of Students**

Dr. Susan Donovan, the first female Vice President at Loyola College, is Vice President for Student Development, as well as Dean of Students, and oversees the athletic department along with her responsibilities for the Student Development Division.

Donovan has been at Loyola since accepting the Director of Resident Life position in 1985. She was promoted to Dean of Students in the summer of 1988 and named Vice President in 1991.

Prior to her arrival at Evergreen, Donovan worked at Saint Louis University, where she earned her Ph.D. in higher education/administration in 1985. She received a masters in student personnel from Florida State University in 1981 and completed undergraduate work at Buena Vista University in 1980.

A native of Woodbine, Iowa, Donovan oversees the Student Development Division comprised of the Student Counseling Center; Career Development, ALANA Services, the Student Health Center; New Student Programs and Leadership, Alcohol and Drug Education and Support Services, Student Life, the Women's Center, Student Activities, Recreational Sports and Disability Support Services.

Dr. Donovan is married to Bill Donovan, an associate professor of history at Loyola College. The couple has twin daughters, Caitlin and Meghan.



**Joe
Artuso**
**Assistant Director
of Athletics/Director of
Sports Medicine**

Joe Artuso was named Director of Sports Medicine in 2003 and was promoted to Assistant Director of Athletics in the summer of 2004. Still Loyola's head athletic trainer, Artuso is now in his 21st year of service at Evergreen.

Artuso came to Loyola College in 1986 after three years at West Point. The 1980 SUNY-Cortland graduate has served as head athletic trainer at Tomkins-Cortland Community College (1979-80) and Moniteau High School (1981-82) while working as a graduate assistant at Slippery Rock. Artuso received a masters in education and athletic training from Slippery Rock in 1982 and worked as Rutgers University's football trainer during that fall season.

At Loyola, Artuso works directly with men's soccer and men's lacrosse while overseeing the entire athletic training staff. He and his wife Gretchen have four children – Ryan (24), Darren (22), Adam (16) and Felice (14) – and reside in Westminster, Md.



**Teddi
Burns**
**Associate Director
of Athletics**

Therese "Teddi" Burns was named Associate Director of Athletics in 2003 after serving eight seasons as Loyola's Assistant Director of Athletics for Facilities and Operations.

Burns, Loyola's Senior Women's Administrator, worked as Loyola's athletics facilities manager for two seasons and has been a member of the Loyola athletic staff for the past 20 years. She currently oversees the daily operations of the athletic department, including scheduling and game management.

A native of Pennsauken, N.J., Burns graduated from Loyola College in 1986 with a degree in sociology. She played both field hockey and lacrosse as an undergraduate and went on to earn her master's of education in counseling from Loyola in 1990.

Burns and her husband Judd live in Elkridge, Md., and have two children – daughter Cassidy and son C.J.



**Dave
Gerrity**
**Associate Director
of Athletics**

Dave Gerrity, a Loyola graduate, is in his first year as Associate Director of Athletics for Business Affairs after spending the previous eight as Assistant Director of Athletics. Prior to that, Gerrity served as Loyola's athletic business manager for nine years and has worked as both a coach and administrator at Evergreen.

Gerrity manages the department's budget and oversees the ticket sales and information technology program. In addition, he serves as administrator of several varsity sports, issuing budget status and fiscal reports for Loyola's 18-sport program.

A native of Camp Springs, Md., Gerrity was a four-year letterwinner for the men's soccer program at Loyola, earning his bachelor's degree in writing/media in 1987. He received his Masters of Business Administration (MBA) from Loyola in December of 1998 and currently teaches writing courses at Evergreen.

As a coach, Gerrity led the Loyola women's soccer program from its inception in 1992 until 1997. Over the course of six seasons, he guided the Greyhounds to a 71-37-12 overall record, including two MAAC Championships in 1994 and 1996. For his outstanding coaching efforts, Gerrity received the conference's Coach of the Year award on two occasions.

He and his wife, Nina, reside in the Stonleigh area of Towson, Md., with their sons, Andrew and Egan, and daughters, Mackenzie and Riley.



Joe DelBalso
Assistant Director of Athletics

Joe DelBalso came to Loyola as a marketing and media consultant in 2006 and was named an Assistant Director of Athletics in July 2007.

DelBalso serves as the primary media contact for men's basketball in addition to managing the operation of the Athletic Communications Office. He also is charged with overseeing new media for all of the Greyhounds sports programs, including television, radio and the athletics website, www.loyolagreyhounds.com.

Prior to joining the staff at Loyola, DelBalso served as an Assistant Commissioner at the Metro Atlantic Athletic Conference with sport-supervision responsibilities for football, men's basketball and baseball. Working in that capacity for three years, he served as Tournament Manager for three MAAC Men's and Women's Basketball Championships (2004-06) and Tournament Director for three MAAC Baseball Championships (2004-06). He also served as the Tournament Manager for the 2004 NCAA Men's Basketball Championship First and Second Rounds held at HSBC Arena in Buffalo, N.Y. He also successfully submitted bids awarding that location with similar events in 2007 and 2010.

DelBalso spent time as the Director of Programming at a pair of regional sports networks – Empire Sports Network (1992-2003) based in Buffalo, N.Y., and Mid-Atlantic Sports Network (2006-07) in Baltimore. His first jobs out of college were as the Assistant Director of Sports Information at the United States Military Academy (1989-90) and the Assistant Director of Media Relations at Fordham University (1990-92).

A 1989 graduate of St. Bonaventure University, DelBalso spent time as an undergraduate working with the Buffalo Bills Public Relations Team. He twice has been appointed by the NCAA Division I Baseball Committee to serve as an NCAA Game Representative, overseeing the competition at the Charlottesville (2006) and Oxford (2007) Regionals.

Loyola College Support Staff



Darren Artuso
 Facilities Manager



Joann Austin
 Administrative Asst.



Bernetta Casseri
 Administrative Asst.



Skip Evans
 Facilities Manager



Fr. McManamin
 Athletics Chaplain
 Emeritus



Len Novotny
 Facilities Manager



Wally Woodford
 Facilities Manager



Marty Kelly
Assistant Director of Athletics

Marty Kelly joined Loyola Athletics in December 1999 as the Assistant Director of Athletics for External Affairs.

Formerly a Dean in the Undergraduate Admissions Office, where he served the College since his graduation from Loyola in 1985, Kelly is responsible for the marketing and promotion of Loyola Athletics. As Executive Director of the Loyola College Athletic Club (the LCAC), he is also responsible for the fund raising and corporate sponsorship linkages with Loyola's Development Office and the Baltimore business community.

A 1985 Phi Alpha Theta and Who's Who graduate of Loyola with a bachelor of arts in political science, Kelly is also a graduate of Loyola's prestigious Executive MBA Fellows Program. He moderates Loyola's Own Committee On Spirit (LOCOS) and is an advisor to the Student-Athlete Advisory Council (SAAC). Kelly is the chief liaison with the College's Admissions and Development offices.

Kelly has served both as a Co-Chair of the Anniversary Gift Committee for the Class of 1985 and as a consultant to the Undergraduate Admissions Office. Kelly and his wife, Kerry, have a daughter, Meghan Joy, and son, Gavin. The Kellys reside in Hunt Valley, Md.



Bill Wnek
Assistant Director of Athletics

Bill Wnek was named Assistant Director of Athletics for Compliance in 2004 after spending nine seasons as assistant soccer coach at Loyola College. A Loyola graduate himself, Wnek starred on both the soccer field and tennis court as a student-athlete.

As a soccer player, Wnek led the Greyhounds to four Metro Atlantic Athletic Conference titles, earning three All-MAAC honors as well as MAAC Player of the Year recognition in 1994, when he led the league in scoring with 14 goals and eight assists. He currently ranks 14th among Loyola's career scoring leaders with 34 goals and 14 assists for 82 career points. After his soccer career ended, Wnek became a mainstay for the men's tennis team, earning team Most Valuable Player honors in 1996.

A 1995 graduate of Loyola with a bachelor of science degree in business administration, Wnek then received his M.B.A. from Loyola in 1997. As a coach, he helped Loyola win six regular season MAAC titles while taking two conference tournament championships.

A native of Lawrenceville, N.J., Wnek and his wife, Jennifer, reside in Towson with their daughter, Madison.



Colleen Campbell

**Director of
Academic Affairs
for Varsity Athletics**



Adriana Mason

**Assistant Director of
Academic Affairs
for Varsity Athletics**



Jen Porreca

**Coordinator of Academic
Affairs for Varsity
Athletics/Compliance**

academic support programs for every student-athlete to balance the demands of being both a student and an athlete. Although student-athletes have an athletic commitment, it is the College's belief that academics come first.

Mission Statement

The mission of the Office of Academic Affairs for Student-Athletes is to provide quality academic support programs, as well as need-based services that will enhance the academic progress, facilitate the career development and encourage the psychosocial growth of every student-athlete.

Programs and Services

New Student-Athlete Orientation

The purpose of this program is to introduce the prospective stu-

It is the educational mission of Loyola College to challenge students to learn, lead and serve in a diverse and changing world. The College has always been devoted, not only to the transmission of knowledge, but also to the development of mind and character.

Due to the demanding expectations on Loyola's student-athletes, the Office of Academic Affairs for Varsity Athletics provides



dent-athlete to the academic community and provide information regarding rights and responsibilities as a Loyola student-athlete.

In addition, this program affords student-athletes an opportunity to ask questions concerning the form of academic support and type of resources available to student-athletes.

Academic Advising

Academic counseling consists of regularly scheduled appointments with the Office of Academic Affairs for Varsity Athletics. Such meetings provide the opportunity for student-athletes to discuss their academic goals and for developing a strategy for achieving such goals, as well as to share concerns and successes regarding academic performance.

Academic Monitoring

During each semester, the office surveys the professors who teach every course in which each of student-athletes have enrolled. This progress report is designed to assess each student-athlete's academic performance; professors are asked to give feedback on such things as class attendance, assignment completion, participation, test and quiz scores and essay grades.

In order to address issues of concern, the office utilizes these progress reports to develop a plan for reported academic performance deficiencies with the student-athlete.

Structured Study Hall

The Office of Academic Affairs for Varsity Athletics recognizes the importance of assisting student-athletes in making the transition from high school to college. Therefore, all freshmen and transfer student-athletes are required to participate in a study hall program designed to teach students how to structure their study time and to take advantage of available resources.

In addition, upperclass student-athletes who do not achieve the specified grade-point average established by the Office of Academic Affairs for Varsity Athletics are required to participate in the study hall program to ensure they utilize available support.



Tutorial Support

Tutorial support is designed to introduce, teach and reinforce appropriate study habits and strategies. Its focus is on addressing the individual needs of student-athletes who are referred to, or request, such support.

To secure quality instruction, the majority of the tutorial support staff consists of upper-level undergraduates and graduate students and is free of financial charges for student-athletes. A tutor session report is created by the tutor after each tutorial appointment to be utilized by the Office of Academic Affairs for Varsity Athletics in providing encouragement and constructive feedback in regards to the specific student-athlete.

Student-Athlete Computer Lab

Adjacent to the individual offices of the Director and Assistant Director is a newly renovated computer lab for student-athletes for use throughout the day. This lab consists of six 34 IBM NetVista personal computers running the latest Windows operating systems. Also, a 2007 state-of-the-art Mac laptop computer for those students taking graphics classes, a network printer, and a 47-inch LCD flat screen television with computer/network access for student-athletes to use for practicing presentations.

The Study

Completed just prior to the 2001-02 academic year, The Study has become the centerpiece of Loyola College's on-campus academic facilities. This spacious facility is located centrally on the main Evergreen Campus on the top floor of Jenkins Hall.

The room includes 34 IBM NetVista personal computers running the latest Windows operating systems. There are also seven extra workstations and desks and two advanced flatbed scanners. A JVC flat screen television and video recorder, a Panasonic television with telesensory capability and a powerful photocopier machine are also among the technology available.

From a comfort standpoint, the room has 18 lounge chairs and four full-size couches. The numerous computer workstations are also equipped with the latest in ergonomic technology to make the learning experience as comfortable as possible.

For larger groups of students or student-athletes, The Loyola College Study includes two separate meeting rooms, each with an impressive conference table and a large dry-erase board equipped with BoardFax technology. There is also a more private study room, as well as larger tables in the main study area that can accommodate larger groups.

The athletic training department coordinates the management and reconditioning of all athletic injuries suffered by any student-athlete participating in a varsity sport at Loyola College.

The athletic training staff combines experience in Joe Artuso, Director of Sports Medicine and head athletic trainer since his arrival on campus in 1986, with the skills and enthusiasm of assistants Steve Austin, Jamaal Collier, Mike Harnden, Kate Hill and Pam Sommerhauser.

In September of 2004, the College inked a deal with MedStar SportsHealth as its official medical provider for its 18 intercollegiate programs. A team of talented doctors, including Dr. John O'Donnell, Dr. Bill Howard and Dr. Andy Tucker, who work with Loyola and Artuso, providing comprehensive medical coverage to Greyhounds student-athletes at games and clinics on campus with immediate access to Union Memorial Hospital's facilities.

With seven hospitals, nearly 40 outpatient care facilities, 22,000 employees and over 4,000 physicians, MedStar Health is the Baltimore-Washington region's top health care provider.

The athletic training staff evaluates and modifies training and conditioning programs in an attempt to design the ultimate program in a safe, competitive environment for all student-athletes.

To that end, every student-athlete undergoes a comprehensive medical and orthopedic examination prior to competition every year. Results of those examinations are combined with a detailed medical and athletic injury history to produce a risk profile of the individual. Risk profiles are evaluated by the athletic training staff to design preventive and/or corrective conditioning programs for every student-athlete. When risk profiles are combined for all members of a team, sport specific injury patterns frequently emerge. Those profiles provide valuable insight to coaches in their efforts to eliminate high-risk practice activities.

The training room, located on the main level of DeChiaro College Student Center, was recently refurbished to better serve Loyola's student-athletes. It includes a hydrotherapy area, as well as state-of-the-art rehabilitation equipment.

Athletic Training Staff



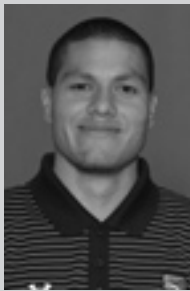
Joe Artuso



Steve Austin



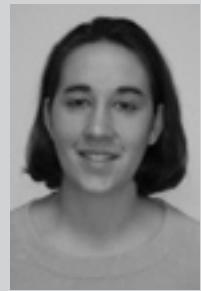
Jamaal Collier



Mike Harnden



Kate Hill



Pam Sommerhauser



The Greyhound way is INTENSITY. It is maximum gains in the minimum amount of time. The student-athletes invest their time in the weight room; they do not spend their time doing non-productive things. Everything we do is for a reason and a purpose. Consequently, our strength workouts are very intense, relatively brief, and never more than three times per week. Loyola's student-athletes reach their potential for size and strength by the time they graduate.

Strength training for athletes is only valuable in the context of the sport. We are not a weightlifting team, nor are we marathon runners. Too much emphasis in one area of training will leave the athlete deficient in other areas.

Overall fitness, specific to the needs of the game, is our priority. Several elements make up the Greyhound level of fitness. They are muscular strength, cardiovascular fitness, flexibility, sports nutrition, skill acquisition, speed development, agility training, and rest and recovery.

Intensity of effort is the key to proper training. It is the reason for strength and conditioning gains, not magical formulas, super hero routines, miracle supplements, or 400 clubs. Intensity includes:

- Perfect repetitions performed with maximum effort.
- Complete concentration throughout a workout session.
- Continuous effort, even when the body is in severe oxygen debt.
- Hard work, as there is no greater reward than success through hard work.

Our conditioning program is approached in the same fashion as our strength program, with our goal to be in peak shape by the start of practice. As with strength training, we will ask more effort of the athlete each



day. The cardiovascular system adapts to the stresses placed on it, similar to skeletal muscle. Therefore, the stresses placed on the cardiovascular system will be monitored and recorded similar to the strength program.

The student athlete is able to complete their strength and conditioning requirements on a one-on-one basis with Head Strength Coach Robert Taylor. Individualized workouts allow for a prudent and productive approach for all of the student athletes. The student athletes can schedule appointments for individualized workouts in addition to the various scheduled sessions for the varsity teams.

The weight room floor space is devoted entirely to workout equipment. Free weight work stations, power rack stations, Hammer Strength equipment, dumbbells, and treadmills allow for a wide range of physical development.

External motivation in the weight room comes from many sources. The Varsity Weight Room is equipped with computer tracked work-

outs, Sony televisions, and JBL stereo. Our coaches, student-assistant strength coaches, and your hard-working teammates are as excited about each workout as the first one. All of these things help make each workout as fun and productive as it can be.

The Varsity Weight Room is located on the ground floor of the DeChiaro Student Center.



Baltimore, a bustling city built on tradition and civic pride, is an American success story. Since the redevelopment of the Inner Harbor in the late 1970s, Baltimore has set the standard for urban renewal and is now a major travel destination, welcoming nearly 13 million business and leisure visitors each year.

The crown jewel of Baltimore is the Inner Harbor, a scenic and popular waterfront area with dozens of retail stores, restaurants and attractions. This, combined with Baltimore's easy accessibility, makes the city unique. What most people don't realize is that most sites and neighborhoods are within walking distance of each other, and this makes the Charm City an ideal place for business as well as pleasure.

The fun and festive atmosphere of the harbor is enhanced by street entertainers, open-air concerts, fireworks, parades, paddle boats, cruise boats and sand volleyball courts.

But there's more to Baltimore than is seen at first glance.

Charming historic neighborhoods surround the Inner Harbor, each offering their own character, history and cuisine. Little Italy is a pasta lover's paradise with outdoor movies on summer weekends, festivals of San Gabriel and St. Anthony, and two bocce ball courts. Fells Point is the oldest section of Baltimore and still has the feel of an old English neighborhood with cobblestone streets, unique shops and plentiful pubs and restaurants. And,

there's Inner Harbor East, a bustling waterfront stop with its own attractions, retail shops, restaurants and two new hotels on the way.

The best view of the city is from the top of Federal Hill on the south side of the Inner Harbor. The surrounding neighborhood has a variety of boutiques and restaurants and one of the city's most popular markets. Mount Vernon, the cultural center of the city, was the address for the rich and famous during the 18th and 19th centuries. Their legacies include the first architectural monument to George Washington; Peabody Conservatory of Music; The Walters Art Gallery; and the Basilica of the National Shrine of the Assumption, the first Roman Catholic cathedral in the United States. To the east is Canton, where you will find one of the city's hottest neighborhoods, where old factories have been converted into a thriving retail and entertainment hub.

Baltimore has restaurants to satisfy nearly every craving. Dining options include elegant gourmet cuisine, ethnic foods from around the world and plenty of fresh seafood from Maryland's Chesapeake Bay. Baltimore is known for its fabulous crabs, and dining at one of the city's many seafood restaurants or crab houses is a must for all who visit.

Baltimore is a dynamic city that continues to evolve while holding on to its maritime heritage. Since 1600, Baltimore waterways have been a passage for ships carrying commercial cargo and new citizens. It lies farther west than any other major Atlantic port, a point that endeared its harbors to shippers. Baltimore now ranks fourth among United States ports for container cargo on the East Coast. Forty million tons of cargo pass through the port of Baltimore every year.

Established in 1729 to serve the economic needs of 18th century Maryland farmers, the town of Baltimore gradually began to take on a life of its own. Baltimore played a crucial role in the War of 1812, when soldiers, stationed at Fort McHenry, successfully held off a British attack on Baltimore. That victory for Baltimore was commemorated in a poem by Francis Scott Key and is now our national anthem.

When the war ended in early 1815, Baltimoreans resumed their



Meghan Wood and Devon Carey stand outside the ESPN Zone in Baltimore's Inner Harbor. Filled with shops, restaurants and attractions, the Inner Harbor is one of the most popular locations in Baltimore.



Vika Sholkhova and Siobhan Prior explore Canton, formerly an industrial district that's now a rejuvenated area with housing, fantastic restaurants and entertainment.



Ashley Alexander, Meghan Wood, Tynisha Davis and Devon Carey enjoy a sunny day at the Inner Harbor. The National Aquarium, located directly behind the student-athletes, is home to over 650 species of animals.



The Maryland Zoo in Baltimore, located 10 minutes from Loyola's campus, features a wide selection of animals, including polar bears.

vigorous foreign trade efforts and Baltimore grew into the second largest city in the United States. Baltimore's overseas trade was principally with the Caribbean Islands and South America, regions undergoing economic and social changes. At the same time, the American frontier was pushing even farther west, threatening to leave Baltimore behind in its economic wake. The state of Maryland concentrated its efforts on completing the Chesapeake & Ohio Canal, designed to link the Potomac and Ohio River valleys, but the city of Baltimore supported an overland link in the form of the Baltimore & Ohio Railroad. Although the two competed for routes and freight, to the eventual ruin of the canal and the financial embarrassment of the state, Baltimore's railroad reached Cumberland in 1842 and, by 1874, stretched to Chicago.

The canning industry was also an important economic engine for Baltimore's future. Canning became key as the riches of the Chesapeake Bay began (for the first time) to be preserved and shipped to other parts of the country. Older industries, such as shipbuilding and transportation, remained industrially strong, and the city continued as an active port of entry for European immigrants and rural residents from the upper South. In 1904, however, the city's progress suffered a rude setback when a fire consumed most of its business district, including a number of historic structures.

The devastated area was rapidly rebuilt, perhaps even stimulating economic life, and Baltimore prospered through the first World War and into the 1920s. The Depression, however, was too great an obstacle for local initiative to over-



Sabatino's is one of almost 20 eateries in the Little Italy section of Baltimore. Famous for its Bookmaker Salad, Sabs creates an ambience of eating in an Italian city. During summer months, visitors to Little Italy can enjoy 'Cinema al Fresco,' an outdoor movie night with classics projected on the walls of a Little Italy rowhome.

come, and physical developments in the city were retarded, first by economic distress and then by controls imposed by World War II.

After the war, Baltimore's economy continued to thrive as people spent heavily on consumer goods. As their standard of living increased, city residents were attracted to new housing developments beyond Baltimore's borders, and many people left. The city, which had grown in popularity every year since the mid-century, actually began to shrink as adjacent counties experienced growth.

Much to everyone's delight, the city began to come back strong in the 1970s. The city encouraged a redoubling of efforts from the municipal, business and volunteer partnership, and tapped into ambitious federal programs for urban renewal. The municipality managed to revitalize the downtown area, where dilapidated wharves and warehouses were torn down and replaced by attractions, restaurants and retail shops such as Harborplace, which opened in 1980 to tremendous fanfare. The National Aquarium in Baltimore, Maryland Science Center and hotels soon followed.

The construction of Oriole Park at Camden Yards, widely heralded as one of the premier baseball stadiums in the world, brought tourists from all over North America to Baltimore for the first time, which has contributed to a continuously evolving waterfront community. In 1998, the NFL returned to Baltimore, bringing the Ravens and a state-of-the-art new stadium, which sits next to Oriole Park. M&T Bank Stadium was also home to the 2003 and 2004 NCAA Men's Lacrosse National Championship, successfully co-hosted with Loyola College in Maryland. The 2007 NCAA Men's Lacrosse Championships returned to Baltimore and M&T Bank Stadium, where a record crowd was in attendance.

Today, development is moving both east and west of the Inner Harbor with more projects on the way. Baltimore is currently enjoying a second renaissance with more than \$1 billion in new development planned. Included in his development is a new museum highlighting African American history, new hotels, additional retail shops and increased arts and cultural venues. Look for Baltimore to become a "Digital Harbor," the next hub for high-tech and Internet business.



Erica DiClemente and Kaitlin Grant stand outside Cross Street Market in the Federal Hill area of Baltimore. The market is one of the best places in the city for fresh produce, seafood, meat and flowers.



Canisius College
Buffalo, N.Y.



Fairfield University
Fairfield, Conn.



Iona College
New Rochelle, N.Y.



Loyola College
Baltimore, Md.



Manhattan College
Riverdale, N.Y.



Marist College
Poughkeepsie, N.Y.



Niagara University
Niagara Univ., N.Y.



Rider University
Lawrenceville, N.J.



Saint Peter's College
Jersey City, N.J.



Siena University
Loudonville, N.Y.



With 10 institutions strongly bound by the sound principles of quality and integrity in academics and excellence in athletics, the Metro Atlantic Athletic Conference enters its 27th year of competition during the 2007-2008 academic year.

The MAAC was founded in 1980 by six charter members: the U.S. Military Academy, Fairfield University, Fordham University, Iona College, Manhattan College and Saint Peter's College. Competition followed one year later in the fall of 1981 with members competing in the sports of men's cross country and men's soccer. On January 2, 1982, Army traveled to Iona for the first MAAC men's basketball game and the MAAC story had begun.

Today, Conference members include: Canisius College, Fairfield University, Iona College, Loyola College (Md.), Manhattan College, Marist College, Niagara University, Rider University, Saint Peter's College, and Siena College. In addition, associate members Duquesne University and LaSalle University compete in football. Le Moyne College competes in baseball and women's lacrosse, while Mount St. Mary's College, Providence College, Saint Joseph's University, Virginia Military Institute and Wagner College compete in men's lacrosse. St. Francis (N.Y.) College, Villanova University and Wagner College are all associate members of the MAAC Women's Water Polo League. The MAAC will support 25 sports and conduct 24 championships during the 2007-2008 academic year.

The 2008 MAAC Basketball Championships moves to Albany's Pepsi Arena. By having an excellent working relationship with these facilities like the Pepsi Arena, the MAAC has been able to attract a number of NCAA Championship events. In 1995, the MAAC and Siena hosted the highly successful First and Second Rounds of the Division I Men's Basketball Championship. In 2000, the MAAC, along with Canisius and Niagara, again received rave reviews as they hosted the First and Second Rounds of the NCAA Division I Men's Basketball Championship at the HSBC Arena in Buffalo, NY. The MAAC, Rider and Siena co-hosted the 2002 NCAA Division I Wrestling Championships at the Pepsi Arena. The MAAC and Siena successfully hosted the 2003 NCAA Division I Men's Basketball Championship East Regional at the Pepsi Arena. Additionally, the MAAC, Canisius and Niagara served as hosts for the

2003 Division I Men's Ice Hockey Championship, also at the HSBC Arena. In 2004 and 2007, the MAAC, Canisius and Niagara once again successfully hosted the NCAA Division I Men's Basketball Championship First and Second Rounds at the HSBC Arena. All three parties will host that event again in 2010. The MAAC and Rider University will co-host the 2009 NCAA Division I Women's Basketball Championship Regional as well 2010 NCAA Division I Women's Basketball Championship First and Second Rounds at the Sovereign Bank Arena in Trenton, New Jersey after recording the third highest attendance figure for the women's championship with the First and Second Rounds last season.

MAAC Associate Sports

In January of 1993, the conference announced the formation of the MAAC Football League, which began play in September 1993. The league, which is part of the NCAA Division I-AA classification, consists of the three football-playing MAAC schools – Iona, Marist and Saint Peter's – and two associate members Duquesne and La Salle. The MAAC Football League is a Division I-AA league, which keeps costs to a minimum through a series of innovative conference rules involving travel squad size, length of the practice season, and a limited number of full-time coaches. Most importantly, however, there are no athletic scholarships, just need-based financial aid.

In June of 1995, the MAAC continued to develop opportunities for student-athletes as the conference announced the formation of the MAAC Men's and Women's Lacrosse Leagues. The men's league began competition in the spring of 1996, while the women's league commenced in the spring of 1997. The men's league consists of four MAAC schools – Canisius, Manhattan, Marist, and Siena – and five associate members – Mount St. Mary's, Providence, Saint Joseph's, Virginia Military Institute and Wagner. The women's league consists of MAAC institutions Canisius, Fairfield, Manhattan, Marist, Niagara and Siena, plus Le Moyne.

In 2002, the MAAC added the MAAC Women's Water Polo League, making it the 25th sport that the conference sponsors. The league is made up of three MAAC schools – Iona, Marist and Siena – as well as three associate members, St. Francis (N.Y.), Villanova and Wagner.

Academics and Athletics

The MAAC prides itself on the accomplishments of its student-athletes in the classroom, as well as on the field. Mary Beth Riley, a 1991 graduate of Canisius, was the first recipient of the NCAA Woman of the Year Award. In the fall of 1998, Erin Whalen, a member of the Iona women's rowing team, was awarded one of the nation's 32 Rhodes Scholarships for academic achievement and civic leadership. Jose Vargas, a Loyola student, was also awarded a Rhodes Scholarship in 1999.

First-class facilities are the rule with MAAC schools, as teams regularly play in top-notch arenas, such as Madison Square Garden, the Continental Airlines Arena, HSBC Arena, Pepsi Arena, the Arena at Harbor Yard and Sovereign Bank Arena. The other MAAC championships boast their share of outstanding locales as well, such as Dutchess Stadium in Fishkill, N.Y., home of the baseball championship, and the fabled Van Cortlandt

Park in the Bronx, where the cross country championships are contested. This year, the MAAC will take its Volleyball Championship as well as Men's and Women's Golf Championships to Orlando, Florida, where it will conduct its post-season championships at Disney's Wide World of Sports Complex. In 2007, the MAAC Men's Soccer Championship will be at Walt Disney World.

In the past several years, several of the MAAC schools have also enjoyed success in NCAA Tournaments. MAAC schools have made a total of 69 NIT appearances and 37 NCAA appearances. Combined with recent bracket expansion in several sports, the MAAC possesses 11 automatic bids in men's and women's basketball, baseball, softball, men's and women's soccer, volleyball, men's golf, men's and women's tennis, and men's lacrosse. In 2003, the Iona College men's cross country team finished fourth – just one point out of third place – at the NCAA Division I Cross Country Champi-

onships. Canisius softball, Manhattan track, Manhattan and Marist baseball and Loyola soccer and lacrosse have also flourished on the national stage.

The MAAC has also been a leader in the forefront of technology, expanding the notoriety of the league into cyberspace. In 2001, the league retained Host Communications, Inc. to sponsor the MAAC web page. Launched in November 1999, www.maacsports.com has been a great success, providing fans with up-to-date contest results, fan polls and an online merchandise store.

The MAAC President for the 2006-2007 academic year is Rev. Joseph L. Levesque, C.M., the President of Niagara University. The Vice President is Loyola's President, Rev. Brian F. Linnane, S.J. Bill Maher, Director of Athletics at Canisius College, will chair the Committee on Athletic Administration, and Loyola College Associate Director of Athletics/Senior Women's Administrator Teddi Burns will serve as Vice Chair.

2007 MAAC Basketball Championships**Arena at Harbor Yard
Bridgeport, Conn.****First Round - Thursday, March 1**

#7 Saint Peter's 74, #10 Rider 53
#8 Manhattan 57, #9 Niagara 53

Quarterfinals - Friday, March 2

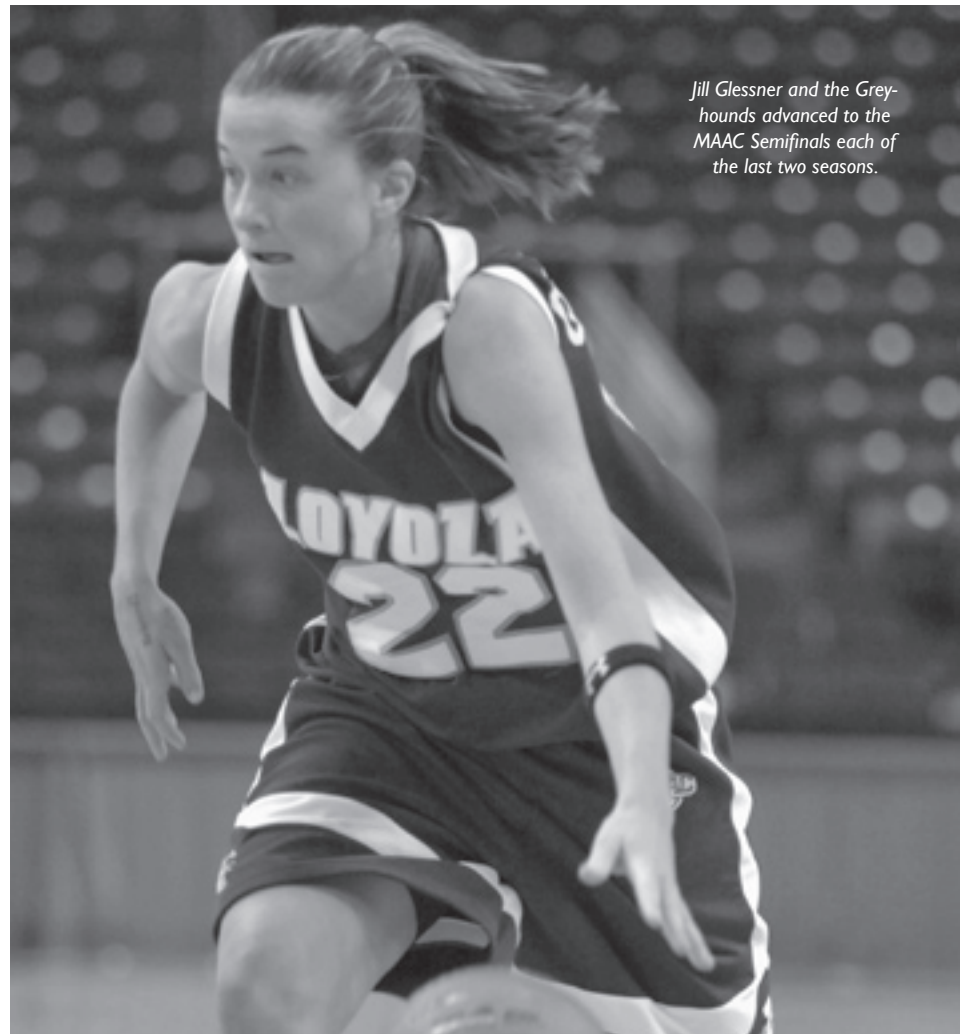
#2 Iona 63, #7 Saint Peter's 54
#3 Loyola 63, #6 Canisius 60
#1 Marist 55, #8 Manhattan 42
#5 Siena 56, #4 Fairfield 55

Semifinals - Saturday, March 3

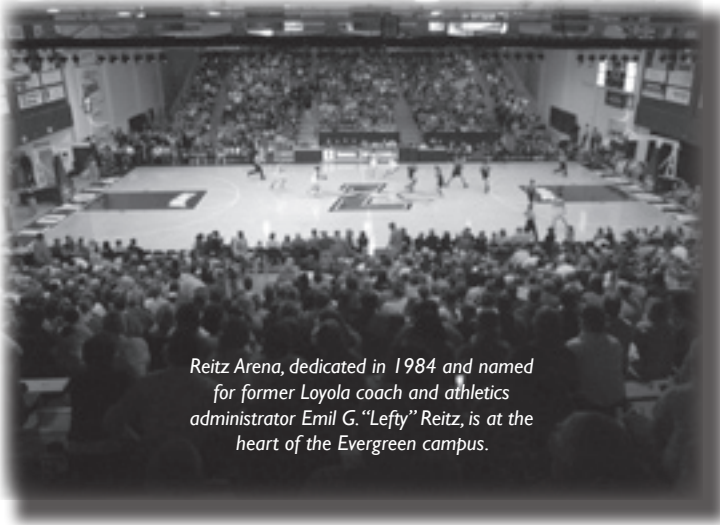
#2 Iona 62, #3 Loyola 58
#1 Marist 71, #5 Siena 59

Championship - Sunday, March 4

#1 Marist 64, #2 Iona 57 OT



Jill Glessner and the Greyhounds advanced to the MAAC Semifinals each of the last two seasons.



Reitz Arena, dedicated in 1984 and named for former Loyola coach and athletics administrator Emil G. "Lefty" Reitz, is at the heart of the Evergreen campus.



The weight room is located on the ground floor of the DeChiaro Student Center



The film room was recently refurbished and is located near the weight room. It is equipped with state-of-the-art entertainment and projection equipment



The women's basketball locker room was renovated in 2005 and features comfortable seating, a flat screen television and spacious lockers.

