



Lewis University Athletic Training

One University Parkway
Romeoville, IL 60446-2200
Fax (815) 836-5835
www.lewisu.edu

To: Incoming Student Athletes (Non-Preseason Sports) and Parents/Guardians

From: Elizabeth D'Elia, ATC, Head Athletic Trainer
Rachael Patera, ATC, Assistant Athletic Trainer

Re: Completion of Medical Forms

Welcome to Lewis University. Each incoming student athlete must complete the following forms:

- 1) Pre-Participation Medical History Form
- 2) Condition of Participation
- 3) Medical Consent Authorization
- 4) Student-Athlete Acknowledgement and Assumption of Risk
- 5) Authorization to Use or Disclose Protected Health Information
- 6) LU Insurance Introduction Letter
- 7) Parent/Guardian and Student Information Form

Please refer to the following website in order to download the appropriate forms:
<http://www.lewisflyers.com>. On the left you will find the link to the Athletic Training webpage.

This is very important. The **NCAA now requires** all student athletes who take **medication for ADD/ADHD** to have the following documentation on file in the athletic training room: doctor's documentation stating diagnosis of the condition, test results, explaining the course of treatment, current medication prescribed and dosage. If you have never completed any testing for the diagnosis, you will be required to have this done. Lewis University Leckrone Academic Resource Center (LARC) offers this service to all Lewis students.

If you have a **heart murmur** and have had an **echocardiogram** and **clearance from a cardiologist**, you must also send a copy of the echocardiogram, the echocardiogram report and a letter of clearance from the cardiologist.

You will have a physical for participation in Athletics during the first week of classes. All student athletes are required to be cleared by our physicians in order to participate in Lewis University Athletics. Please make sure that you complete all necessary paperwork/physicals for Lewis University Student Health Services.

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Please complete all forms and return with a copy of your primary health insurance card in the enclosed return envelope.

NO ATHLETES WILL BE ALLOWED TO PARTICIPATE UNTIL ALL FORMS HAVE BEEN COMPLETED AND RETURNED TO THE ATHLETIC TRAINING DEPARTMENT.

If you have any questions, please feel free to contact us:

Liz (802) 598-1217

deliael@lewisu.edu

Rachael (815) 836-5446

paterara@lewisu.edu

Wishing you a safe and successful year!

Sincerely,

Elizabeth D'Elia

Elizabeth D'Elia, MEd, ATC
Head Athletic Trainer

Rachael Patera

Rachael Patera, ATC
Assistant Athletic Trainer