

# **SOFTBALL INFORMATION**

## **COACHING STAFF**

Kim Sowder	Head Coach	562-985-1506
Stephanie Swenson	Assistant Coach	562-985-8565
Tairia Flowers	Assistant Coach	562-985-2100

## **GAME PERSONNEL**

Mark Edrington	Event Manager	562-985-5661
Roger Kirk	Sports Information Contact	562-985-8569
Kelly Field	Ticket Office Contact	562-985-7449
TBA	Athletic Trainer	562-985-4660

## **GENERAL INFORMATION**

### **Parking**

Long Beach State Softball Complex

Parking for visiting teams in lots 11 and 12 in front of the George Allen Field Soccer Complex. Five passes will be mailed to the Head Coach. The passes are valid the day before the game and the day of your game. Make sure to place the pass on your dashboard or you will receive a ticket. If traveling by bus, you may be dropped off at the south side of Lot 12 nearest the softball complex. The bus must park in lot 12 after dropoff. Spectators must purchase permits from the yellow boxes in the lots at a cost of \$5.00.

Mayfair Park

Parking is available on the streets adjacent to the facility. Parking lots are also located on the corner of Clark and South streets.

### **Office Site**

The softball offices are located in the Pyramid Annex adjacent to the Walter Pyramid.

### **Game Site**

Long Beach State Softball Complex

The softball complex (Capacity 750) is located on Atherton between Palo Verde and Bellflower Blvd.

Mayfair Park

Located at 5050 Clark Avenue, Lakewood, CA and will be used for the Long Beach Invitational.

## **Game Length**

All games shall be of NCAA regulation length.

For double headers there will be 20 minutes allotted between the conclusion of the first game and the start of the second game in a doubleheader. Any variations to this will be approved by the head coach of both teams in consultation with the umpire-in-chief.

For the tournament: Games will not start before scheduled time but there will be a minimum of 30 minutes between games which will include 10 minutes of lines drills. If the tournament falls behind schedule and teams are ready to play the 30 minutes may be reduced by mutual consent.

## **Pregame Protocol**

### **PREGAME COUNTDOWN**

CLOCK	ACTIVITY
90:00	Home Team Batting Practice - 30 minutes
60:00	Visiting Team Batting Practice - 30 minutes
30:00	Home Team Infield
20:00	Visiting Team Infield
10:00	Umpires and coaches at home plate
7:00	Team Introductions – Visiting team lines up in front of dugout, facing dugout; first player lines up nearest home plate, with last person named lining up nearest first base. Entire team is introduced. Home team lines up in front of dugout, facing dugout, first player lines up nearest home plate, with last person named lining up nearest third base. Entire team is introduced. Introduction of umpires. Umpires stand behind home plate.
3:00	National Anthem
1:00	Ceremonial first pitch (if included)
0:00	Game begins

The countdowns shall be as indicated in this section but may be adjusted to accommodate special promotions such as Senior Day or television requirements. A updated countdown sheet will be posted in the dugouts each day.

## **Practice Times**

To schedule a practice time please call Stephanie Swenson at 562-985-8565. Please allow enough time prior to your team coming into town to make these arrangements; times are limited due to classes held in all facilities.

## **Game Day Practice Protocol**

### **Batting Practice**

On campus we have batting cages that may be used or open fields. If teams wish to use the batting cages on campus the following schedule will be used. The home team shall take batting practice first. This 30-minute batting practice session shall occur at least 90

minutes prior to the start of the game. The visiting team batting practice session shall follow and be for 30 minutes. If a team would like to just use an open field rather than the batting cages please make arrangements with Stephanie Swenson.

For the tournament at Mayfair both teams can use the open fields located beyond the right field fence for warm-ups. The team listed first will use field 1 which is directly behind right field. The Second team listed will use field 2. a field just outside the competition site will be available for the teams up next on the competition field 2 hours before their game.

### Infield Practice

Non Conference and Conference: Follow timing sheet available above.

Tournament: Ten minutes is scheduled for lines drills before the game begins no pregame will be available.

### Visiting Team Locker Room

If you would like to use a locker room please contact Mark Edrington (562)985-5661 to make this request. If you wish to take showers towels are available upon if requested prior to the day of the games.

On campus the locker room is located in the Physical Education Complex in the West Gym. Locker rooms will be available before and after the game, if requested. An event staff will be available to show your team to a locker room and provide towels, if requested in advance.

At Mayfair locker rooms are available on a limited basis. They are located at the pool located next to the softball field.

### Visitor's Dugout

The visitor's dugout is located on the third base side of the field. Water and cups will be provided at the bench.

Tournament: Teams listed first on the document attached to your game contact will occupy the first base dugout.

### Video Taping

Video taping can be done behind home plate in the stands. The camera will be located in the same area as the fans so there could be movement when individuals walk by in the bleachers.

### Laundry

We are sorry, but at this time we do not have a laundry service or laundry facility available for visiting teams.

### **Training Room**

You may access our main athletic training room, which is located in the Kinesiology/Physical Education building #86. A map can be found on the website listed below in our letter from the trainer. A Certified Athletic Trainer and athletic training student(s) will be present during each game. In the event of an emergency, Long Beach Memorial Hospital is located near the campus and a map will be available if necessary. Our team physician will either be present or on call for all games.

The athletic training room will be available to you two hours prior to competition time as well as for any scheduled practices. The main athletic training room is fully equipped with the following modalities and rehabilitation equipment. We will provide drinking water, cups, ice, facial tissues, and a biohazard blood kit on your sideline. Any other necessary emergency equipment will be available on the home sideline for your convenience.

A letter from our trainer is attached.

### **Entry Gates**

Ticketed patrons should enter at main gate where there will be athletic staff collecting for the game. Player will call is located at the main entrance. Gates will open approximately one hour prior to the start of the game.

### **Tickets**

Ticket Prices for Doubleheaders or Single games:

Adults - \$6.00

Youth/Senior Citizen - \$4.00

Ticket Prices for Tournament at Mayfair:

Adults - \$10.00

Youth/Senior Citizen - \$5.00

Gates open one hour prior to first pitch. If you have fans that wish to purchase tickets prior to their arrival they can call the Athletic Ticket Office at 562/985-4949.

There are no visiting team complimentary tickets. If you wish to purchase tickets for your team and have a player pass list please contact Kelly Field at 562/985-7449 to arrange for payment of these ticket ahead of time.

### **Uniforms**

For non conference games: Long Beach State will wear lighter uniforms. The visiting should wear a contrasting color.

For tournament games: Uniform colors must be of contrasting colors. The home team should wear light uniforms and the visiting team should wear dark uniforms. If the

visiting team has a neutral-colored uniform, the visiting team is required to call the home team prior to the series.

For conference games: Uniform colors must be of contrasting colors. On the first day of a conference series, the Long Beach State will wear light uniforms and on the second day Long Beach State shall wear dark uniforms. If the visiting team has a neutral-colored uniform, the visiting team is required to call the home team prior to the series.

### **Credentials**

Credentials are required for all media. All requests and questions regarding credentials should be directed to the Sports Information Department and Roger Kirk at 562-985-8569. Credentials must be requested from the SID office 48 hours in advance of the event.

### **Sports Information**

General information for athletic media relations may vary slightly from sport to sport. If you have any questions please contact the main office at 562-985-7797. Statistics after each game will be distributed to the media at press row/box, the visiting SID and to both team's benches/locker rooms. Final box score will be faxed immediately following the game to all media.

## **DIRECTIONS TO LONG BEACH STATE ATHLETIC FACILITIES**

### **From Los Angeles:**

- Take the San Diego Freeway (405) South to the Palo Verde Avenue off-ramp.
- Go right at light (South) onto Palo Verde.
- Stay on Palo Verde for approximately 1/4 mile, turn left into lot 12 adjacent to the Carpenter Art Center.
- The softball complex is on the right of the George Allen Field.

### **From Orange County:**

- Take the San Diego Freeway (405) North to the Palo Verde Avenue off-ramp.
- Go left at light (South) onto Palo Verde.
- Stay on Palo Verde for approximately 1/4 mile, turn left into lot 12 adjacent to the Carpenter Art Center.
- The softball complex is on the right of the George Allen Field.

### **From 605 Freeway:**

- Take the 605 South to 7<sup>th</sup> Street/22 West.
- Stay on 7<sup>th</sup> street/22 West for approximately 1/2 mile, until Studebaker Road off-ramp and head North.
- Stay on Palo Verde for approximately 1/4 mile, turn left into lot 12 adjacent to the Carpenter Art Center.
- The softball complex is on the right of the George Allen Field.

### **From our Trainer**

Dear Softball Athletic Trainer,

The Long Beach State 49er athletic training staff would like to welcome you to our campus for the 2008 season. The game will be held at the Softball Complex on CSULB campus. You may access our main athletic training room, which is located in the Kinesiology/Physical Education building #86. A map can be found on the website listed below. A Certified Athletic Trainer and athletic training student(s) will be present during each game. In the event of an emergency, Long Beach Memorial Hospital is located near the campus and a map will be available if necessary. Our team physician will either be present or on call for all games.

If an athletic trainer will not be traveling with your team and your athletes require treatment, advance notice is appreciated so that our staff will be able to accommodate your team's needs. Therapeutic modalities will only be administered by your team's athletic trainer or with a note requesting treatment be done by our staff. If you would like more visiting team information, such as directions, facilities, and things to do please visit <http://longbeachstate.com/local/TRAINERS/visitors.html>

The athletic training room will be available to you two hours prior to competition time as well as for any scheduled practices. The main athletic training room is fully equipped with the following modalities and rehabilitation equipment. We will provide drinking water, cups, ice, facial tissues, and a biohazard blood kit on your sideline. Any other necessary emergency equipment will be available on the home sideline for your convenience.

If you have additional questions or if we can be of any help to you or your team, please feel free to contact us at (562) 985-4660 between the hours of 10am and 6pm, or leave a message. Good luck to your team this softball season.

Sincerely,

Joshua Stone, MA, ATC, NASM-PES  
Assistant Athletic Trainer

**Emergency Numbers:**

Police/Fire/Medical Emergencies	911
Non-Emergency (Long Beach Campus)	(562) 985-4101
Non-Emergency (City of Long Beach)	
Police	(562) 435-6711
Fire	(562) 570-2500

**Long Beach Area Hospitals:**

**Long Beach Community Medical Center**

1720 Termino Avenue  
(562) 498-1000  
Pacific Coast Highway and Termino

**Los Alamitos Medical Center**

3751 Katella Avenue  
(562) 598-2411  
Katella and Los Alamitos

**St. Mary's Medical Center**

1050 Linden Avenue  
(562) 491-4000  
10<sup>th</sup> Street and Atlantic

**Long Beach Memorial Medical**

2801 Atlantic Avenue  
(562) 933-2000  
Atlantic and Columbia

**Pacific Hospital of Long Beach**

2776 Pacific Avenue  
(562) 595-1911  
Pacific and 27<sup>th</sup> Street

# CALIFORNIA STATE UNIVERSITY, LONG BEACH

1250 BELLFLOWER BOULEVARD, LONG BEACH, CA 90840

