

LEARN TO PLAY

"Forty-Niner Softball"

Our camps are staffed by Long Beach State Softball coaches and players. We pride ourselves in playing the game the right way, the "forty-niner" way.

It is this philosophy and tradition that has led Long Beach State to be one of the top college softball programs in the country."

49er Coaching Staff



Kim Sowder, Head Coach - 13th year overall. Kim took the helm on August 18, 2006 after long time Head Coach Pete Manarino's retirement. During her tenure the 49ers have compiled a .626 overall winning percentage, five conference championships, and have made nine NCAA appearances. A 1998 inductee into the Long Beach State Athletics Hall of Fame, former All-American shortstop.



Stephanie Swenson, Assistant Coach - 6th year. Swenson was a standout pitcher at UCLA under former Bruin coach Sue Enquist. Swenson was an honorable mention All-Pac 10 in 2000. She posted a 10-1 record with five shutouts and three one-hitters. Swenson finished the 2000 campaign with a 0.81 ERA in 77.2 innings pitched. After her playing days, Swenson helped out the Bruin coaching staff with recruiting.



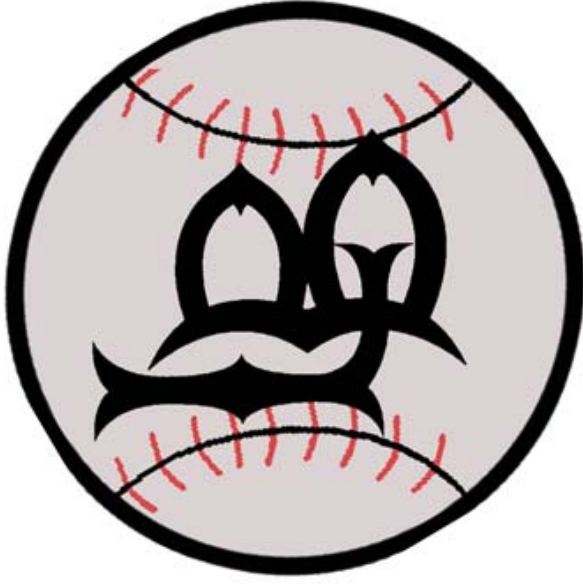
Tairia Flowers, Assistant Coach - 2nd year. A four-year letterwinner at UCLA, three-year Women's College World Series participant and two time All American. Flowers been a member of the USA National Team since 2001 and took home a gold medal in the 2004 Olympic games. She also won gold medals at the 2003 Pan Am games, the 2002 and 2006 World Championships and the 2001 U.S. Cup. Last season she was the assistant coach at UC Riverside.



Ralph Levy, Volunteer Assistant - 19th year. Ralph brings a wealth of knowledge to Long Beach State as he starts his 18th year as volunteer assistant. Levy's duties include assisting new Head Coach Kim Sowder with game preparation and management. Levy's association with the Long Beach State softball program began in 1984 under longtime former Head Coach Pete Manarino. Levy was Manarino's good friend and classmate at Pius X High School in Downey (Class of 1971).



Long Beach State Softball
1250 Bellflower Blvd. - PA
Long Beach, CA 90840



Long Beach State Softball Camp

July 14th – July 17th, 2008
Or
July 28th – July 31st, 2008



LBSU SOFTBALL HISTORY

- 2005 Big West Champions
- NFPCA West Region Staff of the Year 2005



- 5 College World Series Appearances
- 17 NCAA Regional Appearances
- 5 Regional Titles
- 5 Conference Titles

SOFTBALL CAMP

The Long Beach

State Softball Camps offer a low coach to camper ratio. We emphasize fundamentals in throwing, hitting, bunting, field mechanics, outfield play, base-running, and pitching. Afternoon scrimmages help each participant develop new skills and elevate their level of play. Optional afternoon swim time. The camp staff prides itself in hands-on instruction and making the Long Beach State Softball Camp an enjoyable and rewarding experience.

SOFTBALL CAMP INFORMATION

- ❖ **Who:** Girls, ages 7 to 14
- ❖ **Where:** Long Beach State Softball Complex
- ❖ **When:** July 14th – July 17th, 2008
July 28th – July 31st, 2008
- ❖ **Time:** 9:00 a.m. to 3:00 p.m.
- ❖ **Fee:** \$185.00
- ❖ **Includes:** Camp T-Shirt
- ❖ **Required Equipment:** Each camper must bring his or her own bat, glove, helmet, cleats, pants, and lunch.
- ❖ **Registration:** Complete the attached registration form and mail in with payment. Final registration will be the first day of each camp, provided space is available. Registration will begin at 8:30 a.m. All cancellations are subject to a \$50.00 processing fee prior to camp date.
- ❖ **Insurance:** Each camper attending the Long Beach State Softball Camp must be covered by his or her parents' insurance. Signature of parent is required and will serve as a medical release. Any and all medical expenses resulting from injury or illness will be the responsibility of the camper's private insurance company.
- ❖ **Athletic Trainers:** An athletic trainer will be provided during camp. In the event of an emergency the EMS will be called.

REGISTRATION FORM

Please check the camp(s) you would like to attend.

- Session 1 - July 14th through July 17th, 2008
- Session 2 - July 28th through July 31st, 2008

Camper's Name	Age
Position(s) Played	League Affiliation
Parent's Name	
Address	
City, St, Zip	
Home #	Cell #
T-shirt Size – Please Circle One: Youth S M L Adult S M	
Allergies, please list	
Emergency Contact Name #	
I hereby authorize the staff of Long Beach State to act on my behalf according to their best judgment in the event of any emergency requiring medical attention. I hereby waive and release the University Camp from any and all liability for any injury or illnesses occurring while my child is attending camp. I have no knowledge of any physical impairment that would be affected by the above named camper's participation in the Long Beach State Softball Camp as outlined in the brochure.	
Parent or Guardian Signature	Date
Make Checks payable to: Long Beach State Softball Academy	
Total payment enclosed \$ _____	

Please mail completed registration form to:
Long Beach State Softball
1250 Bellflower Blvd - PA
Long Beach, CA 90840

