

LEARN TO PLAY

"Forty-Niner Softball"

Our camps are staffed by Long Beach State Softball coaches. We pride ourselves in playing the game the right way.

It is this philosophy and tradition that has led Long Beach State to be one of the top college softball programs in the country.

49er Coaching Staff



Kim Sowder, Head Coach - 15th year overall. Kim took the helm on August 18, 2006 after long time Head Coach Pete Manarino's retirement. During her tenure the 49ers have compiled a .626 overall winning percentage, six conference championships, and have made 11 NCAA appearances. Kim was a 1998 inductee into the Long Beach State Athletics Hall of Fame, and a former All-American shortstop.



Stephanie Swenson, Assistant Coach - 7th year. Swenson was a standout pitcher at UCLA under former Bruin coach Sue Enquist. Swenson was an honorable mention All-Pac-10 selection in 2000. She posted a 10-1 record with five shutouts and three one-hitters. Swenson finished the 2000 campaign with a 0.81 ERA in 77.2 innings pitched. After her playing days, Swenson helped out the Bruin coaching staff with recruiting.



Tairia Flowers, Assistant Coach - 4th year. A four-year letterwinner at UCLA, four-time Women's College World Series participant and two time All-American. Flowers has been a member of the USA National Team since 2001, winning gold medals at the 2003 & 2007 Pan Am games, the 2002 and 2006 World Championships, 2001 U.S. Cup, and 2004 Olympics along with a Silver medal at the 2008 games in Beijing.



Ralph Levy, Volunteer Assistant - 21st year. Ralph brings a wealth of knowledge to Long Beach State as he starts his 21st year as volunteer assistant. Levy's duties include assisting Head Coach Kim Sowder with game preparation and management. Levy's association with the Long Beach State softball program began in 1984 under longtime former Head Coach Pete Manarino. Levy was Manarino's good friend and classmate at Pius X High School in Downey (Class of 1971).

Long Beach State Softball
Skills Showcase Camp
1250 Bellflower Blvd. - PA
Long Beach, CA 90840

Long Beach State
SOFTBALL



Long Beach State
Showcase
Softball Camp

January 16, 2010

Visit our web site at www.longbeachstate.com
or call (562) 985-2100 for more information.
E-mail: longbeachstatesoftball@gmail.com

LBSU SOFTBALL HISTORY

- 2004, 2005 & 2008 Big West Champions
- 2005 NFCA West Region Staff of the Year
- 5 College World Series Appearances
- 19 NCAA Regional Appearances
- 5 Regional Titles
- 6 Conference Titles

SKILLS CAMP

The Long Beach State Softball showcase camps have been in such high demand that we have decided to offer another skills showcase camp to allow each athlete to display their abilities and work ethic. You will train using many of the same methods and facilities that the Long Beach State team utilizes. The showcase will also consist of skill & game evaluation, an educational clinic/Q&A focused on the recruiting needs of an NCAA Division I athlete, and a tour of our campus. Instruction is conducted by the Long Beach State coaching staff. This showcase is limited only to the **FIRST 40 campers** registered, offering a low coach to camper ratio, therefore creating a more thorough evaluation of each student-athlete. The camp staff prides itself in hands-on instruction and making the Long Beach State Softball showcase an enjoyable and rewarding experience.

Skills Camp

This is an excellent opportunity for you to meet the Long Beach State coaching staff and familiarize yourself with the 49ers softball program. The Showcase will provide you with valuable instruction for your development as a player and an opportunity for you to display your talents.

CAMP INFORMATION

- ❖ **Who:** **OPEN to ANY and ALL** High school aged girls interested in playing softball at the collegiate level.
- ❖ **Where:** Long Beach State Softball Complex
- ❖ **When:** January 16th, 2010
- ❖ **Time:** 9:00 a.m.-4:00 p.m. (All skills)
Campus tour at 3:15 p.m.
- ❖ **Fees:** \$140.00 if signed up before January 9th
\$160.00 if signed up after January 9th
Team Rate (Group of 8 or more): \$100/person
- ❖ **Includes:** Camp T-Shirt
- ❖ **Required Equipment:** Each camper must bring her own bat, glove, helmet, and cleats.
- ❖ **Registrations:** Complete the attached registration form and mail in with payment. Final registration will be the first day of each camp, provided space is available. All cancellations are subject to a \$25.00 processing fee prior to camp date. Once camp application is received, a confirmation letter, parking permit, and directions will be mailed to you.
- ❖ **Insurance:** Each camper attending the Long Beach State Softball Camp must be covered by her parents' insurance. Signature of parent is required and will serve as a medical release. Any and all medical expenses resulting from injury or illness will be the responsibility of the camper's private insurance company.
- ❖ **Athletic Trainers:** An athletic trainer will be provided during camp. In the event of an emergency the EMS will be called.

Please mail completed registration form to:
Long Beach State Softball
1250 Bellflower Blvd - PA
Long Beach, CA 90840

REGISTRATION FORM

Sign up for: **Time** **Price**
 All Skills Camp 9:00-4:00 \$140.00

 Camper's First & Last Name

 Position(s) Played Age

 HS and/or Travel Ball Team

 Address

 City, St, Zip

 Home # Cell #

 Email Address

T-shirt Size – SM MED LG

 Allergies, please list

 Emergency Contact Name #

The undersigned (parent/guardian if under 18 years of age) understands that the applicant will be engaging in physical activity during the program which contains an inherent risk of physical harm and undersigned assumes the risk and holds harmless Long Beach State University, its officers, trustees, agents, and employees, including specifically all persons employed or hired by Long Beach State to conduct the Softball Camp, from any and all liability for personal injury or property damaging arising out of the applicants participation in the softball camp program. I hereby authorize the staff of Long Beach State to act on my behalf according to their best judgment in the event of any emergency requiring medical attention. I hereby waive and release the University Camp from any and all liability for any injury or illnesses occurring while my child is attending Camp. I have no knowledge of any physical impairment that would be affected by the above named camper's participation in the Long Beach State Softball Camp as outlined in the brochure.

 Parent or Guardian Signature Date

Make Checks payable to:
 Kim Sowder Softball Academy
 Total payment enclosed \$ _____