

2016 LONG BEACH STATE CROSS COUNTRY

	(Sept. 1) Pepperdine Invitational 4K Alumni Park Malibu, Calif.	(Sept. 17) UC Riverside Invitational 6K UCR Ag/Ops Course Riverside, Calif.	(Oct. 1) Sac. Capital Cross Challenge 5K Haggin Oaks Golf Complex Sacramento, Calif.	(Oct. 15) Highlander Invitational 5K UCR Ag/Ops Course Riverside, Calif.	(Oct. 29) Big West Championships 8K UCR Ag/Ops Course Riverside, Calif.	(Nov. 11) NCAA West Regional 6K Haggin Oaks Golf Complex Sacramento, Calif.
Personal Bests						
WOMEN	5K / 6K	20th of 20 (605)	18th of 19 (511)	7th of 7 (180)	9th of 9 (246)	35th of 35 (1056)
Bartsch, Lauren (Jr.)	23:41 / --	19:42.31 (43)				
Carrera, Ashley (Sr.)	18:12 / 22:16		23:17.3 (125)	18:31.35 (26)	23:47.7 (44)	
Florez, Mikayla (Jr.)	18:12 / 22:16					
Frank, Alyssa (Jr.)						
Lambert, Jodi (Sr.)		19:13.74 (39)	27:58.20 (82)	24:11.47 (59)	30:19.1 (74)	
Lathos, Alexandra (Jr.)	18:34 / 22:57	16:39.96 (19)	23:25.57 (69)	24:01.1 (153)	27:36.4 (72)	28:31.2 (238)
Lynch, Katy (So.)	23:05 / --	20:04.73 (44)				
Mandel, Pauline (Sr.)	18:37 / 21:42	15:22.68 (2)	22:18.4 (81)	18:18.14 (20)	23:29.9 (36)	22:47.9 (186)
Nesbit, Christie (Fr.)		16:35.64 (16)	23:57.20 (77)	23:42.9 (141)	25:39.6 (67)	24:17.7 (225)
Salazar, Janet (Sr.)	19:05 / 23:03					
Utash, Charlotte (Jr.)	19:18 / 23:14	19:27.68 (41)	26:54.57 (81)	22:17.51 (58)	28:07.3 (73)	26:17.5 (237)
Vargas, Julie (Fr.)		16:44.48 (22)	24:07.76 (79)	23:49.4 (147)	24:34.3 (57)	23:24.7 (204)

	(Sept. 1) Pepperdine Invitational 5K Alumni Park Malibu, Calif.	(Sept. 17) UC Riverside Invitational 8K UCR Ag/Ops Course Riverside, Calif.	(Oct. 1) Sac. Capital Cross Challenge 6K Haggin Oaks Golf Complex Sacramento, Calif.	(Oct. 15) Highlander Invitational 6K UCR Ag/Ops Course Riverside, Calif.	(Oct. 29) Big West Championships 8K UCR Ag/Ops Course Riverside, Calif.	(Nov. 11) NCAA West Regional 10K Haggin Oaks Golf Complex Sacramento, Calif.
Personal Bests						
MEN	8K / 10K	5th of 23 (153)	13th of 23 (386)	1st of 6 (38)	4th of 8 (109)	23rd of 30 (692)
Bautista, Sam (Jr.)	24:56 / 32:26					
Burciago, Patrick (So.)		17:37.29 (23)		19:42.38 (41)	29:05.0 (61)	
Daseler, Robert (Fr.)		17:01.56 (19)	27:10.91 (60)	26:58.1 (148)	28:16.1 (57)	34:01.4 (179)
Ford, Cameron (Jr.)	25:14 / 32:24	16:30.59 (12)	25:16.73 (25)	25:09.1 (63)	18:19.36 (10)	26:19.0 (29)
Lapham, Kaden (Jr.)	26:31 / --			20:01.68 (45)		
Martinez, George (Jr.)		25:59.92 (43)	25:04.6 (59)	18:34.46 (18)	26:19.9 (30)	31:46.1 (94)
Nunez, Emilio (Jr.)	24:44 / 32:05	16:37.79 (13)	24:42.24 (10)	24:43.1 (32)	18:26.87 (14)	25:57.5 (21)
Orozco, Jacob (Jr.)		18:41.96 (26)	28:24.04 (66)	28:24.9 (165)	19:54.63 (44)	32:23.0 (63)
Pantoja, Cameron (R-Sr.)	24:42 / 32:46					
Ramirez, Kevin (Jr.)	24:42 / 32:40	15:59.03 (2)	24:43.15 (11)	24:55.5 (47)	26:30.0 (34)	34:29.9 (187)