

CROSS COUNTRY/TRACK & FIELD INFORMATION

COACHING STAFF

Andy Sythe	Head Coach	(562) 985-4666
Patrick Cunniff	Assistant Coach	(562) 985-2318
Shaun Meinecke	Assistant Coach	(562) 985-1700

EVENT PERSONNEL

Andy Sythe/Patrick Cunniff	Event Manager	(562) 985-4666/2318
Andrea Ohta	Sports Information Contact	(562) 985-8569
Kelly Field	Ticket Office Contact	(562) 985-7449
TBA	Athletic Trainer	(562) 985-4660

GENERAL INFORMATION

Office Site: The cross country/track & field offices are located in the new Barrett Center located next to the Walter Pyramid.

Event Site: The Jack Rose Track & Field Complex (Capacity 1,500) is on Atherton between Palo Verde and Bellflower.

Practice Times: To schedule a practice time please call Patrick Cunniff at (562) 985-2318. Please allow enough time prior to your team coming into town to make these arrangements; times are limited due to classes held in all facilities.

Parking: Parking for visiting teams is in lots 13 and 14 in front of the Pyramid. If you bring a bus have the bus drop you off at the Pyramid and then park in lot 14 near the recycling center. Spectator parking will be available in lot 13 and 14 at a charge of \$5 per car.

Video Taping Area: Video taping is allowed in various areas around the track and field area.

Laundry: We are sorry, but at this time we do not have a laundry service or laundry facility available for visiting teams.

Entry Gates: Ticketed patrons should enter at the main gate of the Jack Rose Track & Field Complex. Teams should enter at the main gate.

Player Complimentary Tickets: No complimentary tickets are provided, unless the coach has made prior arrangements with the visiting team. If you do have complimentary tickets they can be picked up at the main ticket gate at the Jack Rose Track & Field Complex. Please have all guests bring photo identification. Tickets will not be released without proper identification. If your institution would like to purchase tickets please call the ticket office at (562) 985-4949.

Ticket Office During events the ticket booth area is at the entrance of the Jack Rose Track & Field Complex. The main ticket office is located at the front, gold entrance of the Pyramid. If fans would like to purchase tickets ahead of time they can call the ticket office at (562) 985-4949. Tickets can also be purchased online at www.longbeachstate.com using a major credit card. Tickets can be picked up at the ticket office.

Ticket Prices: Meet ticket prices are set by the track and field coach and are yet to be determined. If you have questions regarding ticket prices please call the Pyramid Box Office at (562) 985-4949.

Credentials: Credentials are required for all media. All requests and questions regarding credentials should be directed to the Sports Information Department and Andrea Ohta at (562) 985-8569. Credentials must be requested from the SID office 48 hours in advance of the event.

Media Relations: General information for athletic media relations may vary slightly from sport to sport. If you have any questions please contact the main office at (562) 985 7797.

DIRECTIONS TO LONG BEACH STATE ATHLETIC FACILITIES

From Los Angeles:

- Take the San Diego Freeway (405) South to the Palo Verde Avenue off-ramp.
- Go right at light (South) onto Palo Verde.
- Stay on Palo Verde for approximately 1/2 mile, until Atherton Street, and turn right.
- Turn left at first light, which is Merriam Way. The Pyramid will be on the left.

From Orange County:

- Take the San Diego Freeway (405) North to the Palo Verde Avenue off-ramp.
- Go left at light (South) onto Palo Verde.
- Stay on Palo Verde for approximately 1/2 mile, until Atherton Street, and turn right.
- Turn left at first light, which is Merriam Way. The Pyramid will be on the left.

From 605 Freeway:

- Take the 605 South to 7th Street/22 West.
- Stay on 7th street/22 West for approximately 1/2 mile, until Studebaker Road off-ramp and head North.
- Stay on Studebaker Road for approximately 1 mile, until Atherton Street, and turn left.
- Stay on Atherton for approximately 1 mile, until Merriam Way, and turn left. The Pyramid will be on the left.

EMERGENCY NUMBERS

Police/Fire/Medical Emergencies	911
Non-Emergency (Long Beach Campus)	(562) 985-4101
Non-Emergency (City of Long Beach)	
Police	(562) 435-6711
Fire	(562) 570-2500

LONG BEACH AREA HOSPITALS

Long Beach Community

Medical Center

1720 Termino Avenue

(562) 498-1000

Pacific Coast Highway and Termino

Long Beach Memorial

Medical Center

2801 Atlantic Avenue

(562) 933-2000

Atlantic and Columbia

Los Alamitos Medical Center

3751 Katella Avenue

(562) 598-2411

Katella and Los Alamitos

Pacific Hospital of Long Beach

2776 Pacific Avenue

(562) 595-1911

Pacific and 27th Street

St. Mary's Medical Center

1050 Linden Avenue

(562) 491-4000

10th Street and Atlan