



PACIFIC COAST INTERCOLLEGIATE

Jack Rose Track • Long Beach State University

Thursday, April 13, 2017

TENTATIVE TIME SCHEDULE: Final Schedule will be posted on April 10, 2017

FIELD EVENTS TIME SCHEDULE

Time	Event	Location	Flights	Field Size
09:00 a.m.	Women's Javelin	South Runway	3 flights	Top 39 entries
09:00 a.m.	Men's Hammer Throw	North Ring-Outfield	3 flights	Top 39 entries
09:30 a.m.	Women's Long Jump	East Runway	2 flights	Next 20 entries
10:00 a.m.	Men's High Jump	West Pit	1 Flight	Top 10 entries
10:00 a.m.	Women's Long Jump	West Runway	1 flight	Top 10 entries
10:00 a.m.	Men's High Jump	East Pit	1 flight	Next 10 entries
10:30 a.m.	Women's Pole Vault	East Runway	1 flight	Next 25 entries
11:20 a.m.	Men's Javelin	South Runway	2 flights	Top 26 entries
12:00 p.m.	Women's High Jump	West Pit	1 flight	Top 10 entries
12:00 p.m.	Men's Pole Vault	West Runway	1 flight	Top 15 entries
12:00 p.m.	Women's High Jump	East Pit	1 flight	Next 10 entries
12:00 p.m.	Men's Long Jump	East Runway	2 flights	Next 20 entries
12:00 p.m.	Women's Hammer	North Ring-Outfield	3 flights	Top 39 entries
12:30 p.m.	Men's Long Jump	West Runway	1 flight	Top 10 entries
01:15 p.m.	Men's Discus	Infield	3 flights	Top 39 entries
02:15 p.m.	Women's Shot Put	East Ring	2 flights	Top 20 entries
02:15 p.m.	Men's Pole Vault	East Runway	1 flight	Next 25 entries
02:15 p.m.	Women's Shot Put	West Ring	3 flights	Next 30 entries
02:45 p.m.	Women's Pole Vault	West Runway	1 flight	Top 15 entries
03:00 p.m.	Women's Triple Jump	East Runway	2 flights	Top 20 entries
03:00 p.m.	Men's Triple Jump	West Runway	2 flights	Top 20 entries
03:15 p.m.	Women's Discus	Outfield	3 flights	Next 39 entries
04:30 p.m.	Men's Shot Put	East Ring	3 flights	Top 20 entries
04:30 p.m.	Women's Discus	Infield	1 flight	Top 13 entries
04:30 p.m.	Men's Shot Put	West Ring	3 flights	Next 30 entries

TRACK EVENTS TIME SCHEDULE

Start	Event	Heats	Field Size
11:55 a.m.	<i>NATIONAL ANTHEM</i>		
12:00 p.m.	Women's 4x100 Meter Relay	2 heats	Top 18 entries
12:10 p.m.	Men's 4x100 Meter Relay	2 heats	Top 18 entries
12:20 p.m.	Women's 3,000 Meter Steeple Chase	1 heat	Top 15 entries
12:40 p.m.	Men's 3,000 Meter Steeple Chase	1 heat	Top 15 entries
12:55 p.m.	Women's 1500 Meters	2 heats	Top 30 entries
01:10 p.m.	Men's 1500 Meters	2 heats	Top 30 entries
01:25 p.m.	Women's 100 Meter Hurdles	6 heats	Top 54 entries
01:50 p.m.	Men's 110 Meter Hurdles	4 heats	Top 36 entries
02:10 p.m.	Women's 400 Meters	4 heats	Top 36 entries
02:30 p.m.	Men's 400 Meters	4 heats	Top 36 entries
02:50 p.m.	Women's 100 Meters	4 heats	Top 36 entries
03:05 p.m.	Men's 100 Meters	4 heats	Top 36 entries
03:20 p.m.	Women's 800 Meters	4 heats	Top 36 entries
03:40 p.m.	Men's 800 Meters	4 heats	Top 36 entries
04:00 p.m.	Women's 400 Meter Hurdles	3 heats	Top 27 entries
04:10 p.m.	Men's 400 Meter Int. Hurdles	3 heats	Top 27 entries
04:20 p.m.	Women's 200 Meters	6 heats	Top 54 entries
04:40 p.m.	Men's 200 Meters	6 heats	Top 54 entries
05:00 p.m.	Women's 5,000 Meters	1 heat	Top 30 entries
05:25 p.m.	Men's 5,000 Meters	1 heat	Top 30 entries
05:45 p.m.	Women's 4x400 Meter Relay	1 heat	Top 9 entries
05:55 p.m.	Men's 4x400 Meter Relay	1 heat	Top 9 entries